



Tri-Village Buzz



December 2017 Issue 204

Visit: [www.wasalake.com / buzz](http://www.wasalake.com/buzz)

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SUCCESSFUL WASA HALLOWEEN FOR OLD AND YOUNG ALIKE



by Helen Kelly

This year Wasa celebrated Halloween in style. A flat bed trailer carried 18 children, of many ages, to trick or treat around the community. The journey took a lot longer than had been planned, due to the number of children and the many residents who were open to receiving their spooky visitors. The children were all dressed beautifully as you can see. This year the start place was Aspen Road moving on to Balsam and back up Wolfcreek Road. Trudy Sigfusson, stated that the journey started at 6 pm and finished at 8 p.m. which was not enough time to get to all the residents who had signed up for a visit. She sends apologies to all those who were disappointed and had made preparations for the trick or treaters. She is already planning different options for next year which may include two trailers going in different directions, finishing at the Lions grounds or starting one trip at 4 p.m. and another at 6 p.m. The truck did make another trip out later in the evening, to try and reach some of the other families that had asked for them to stop by and they completed that run by a pit stop at the Wasa Bar and the gas station.

The event was supported by Steve from Wasa Gas & Foods, who donated hot dogs and buns and The Lions who donated hot chocolate. At the end of the evening Karen and Jim were there to welcome everyone back and serve up these goodies.

Trudy wants to give a big shout out to the older kids who passed candy back to the younger kids when there wasn't enough to go round. She went on to say that she wanted to organise the event for everyone to enjoy, for people to take care of each other and also to promote a value base of taking pride in our community, young and old alike.

Thanks to Steve and The Lions and also to Jeff Zalent for providing a hook up for some of the lights. Thanks also to Karen and Jim for keeping the home fires going and serving up warming treats at the



Photos courtesy Tanya Yost-Munro

Wasa Lions Winterfest Event

Sun., January 31st
at the
Peter Vereshagen
Memorial Rink
in Wasa
Noon to 4:00 p.m.

See Page 13 for
details

Wishing all of our
readers, advertisers
and volunteers a
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and a Safe and
Happy 2018.

Thank you for
supporting our
newsletter!



Christmas Eve Mass, Dec. 24th
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FOLLOWING THE TRAILS OF

By Judy McPhee

Yesterday

KEN MILES



***"A lighted candle goes
a long way in the dark"***

Ken lights up the world around him. It is evident by his life surrounded by family, friends, pets, vibrant healthy flowers in the summer, his knowledge of our area - both past and present, the pluralistic world and his absolute clarity in regaling everyone with stories of the past and the different people he has met in his 87 years of life.

Ken bakes, he cooks great meals for his family, prolifically reads historical books and non fiction books, welcomes all who come to his door with a welcome smile and "come on in, I'll put the coffee pot on". Ken is a man who has seen great changes in our society, the outlook of youth and the scale of values which have somewhat changed. He is a steady influence in his families lives - a man of many talents, Ken has done many different jobs in his life, and a man who helped people when he could.

Ken's father, Frederick Albert Miles, an English gentleman "to the core" landed in Canada, by ship, in Halifax just as WW 1 started. He immediately returned to England to support his country's war efforts, joining the West Kent Regiment. He was posted to the Khyber Pass where he worked for five years. He witnessed a Hindu Calvary mounted on horses attacking some Turks. After the war, he came home to England with many tales of his adventures.

Back to Canada, Fred came and worked his way across Canada ending up in the Bull River area. His first job was working for the C.P.R. hauling supplies by horse and wagon from the sawmill in Bull River to Camp 6.

In 1922, fire scorched and burnt the land from Montana to Bull River and beyond. About 500 men were let go from the C.P.R. including Ken's dad.

He then lived in a two man camp and hauled wooden staves for an 8 inch wooden trough to carry water to the E. K. Power Dam (he thinks that was the name). The trough is still there above the dam.

His next job was in Kimberley working at the concentrator as a 4th Class Steam Engineer.

Fred Meets Edith Grey and Marries

Ken was the third child of Fred and Edith and was born on September 30th, 1930 in the Kimberley hospital. He had an older brother, Fred and a baby sister who had passed away before Ken was born.

Kimberley was a Cominco town. As an example, if you wanted an ambulance, call Cominco, if there was a fire, call Cominco. Wooden sidewalks graced the town. Most people walked and in those days children were not driven anywhere.

In the 1930's his parents leased a cottage at Main Beach in Wasa for a few summers where Ken enjoyed fishing, swimming and exploring.

Two elementary schools were in Kimberley when he started school. Watkins School had another building with two rooms on the property and was used for music. There was also a one room elementary school in Marysville. McKim School held grades 7-13 and grade 13 was held on alternate years, interdigitating with Cranbrook. Buses met the children half way and Ken went to school midway through grade 11. He was responsible for buying his own clothes from age 13 on, as well as providing his own spending money. He held many part time jobs at the same time, which was easy to do then when you lived in town.

He worked for Fabro's as a "running man" doing various jobs, making 20 cents an hour.

Ken also worked for Madame Violet Brown at one of two "sporting houses" in town, looking after her chickens behind the property. He cleaned the chicken coops, gathered eggs and helped get the chickens to market for an amazing salary of .50 cents an hour. In 1942, her business was closed down and Ken lost his high paying job.

At 13 years, he worked on fire patrol, helping make fire guards and patrolling for embers. He also put up hay for Pete Woods' father, John.

Upon finishing school, Ken received a job as dishwasher and was one of two men washing dishes for Cominco at the cookhouse. At that time about 325 men were working at Cominco and six bunkhouses held the single men. Two cooks, one baker and two dishwashers staffed the kitchen.

Homes and Family

In 1949, his brother, Fred and Ken bought a ranch from Andy Findlay on St. Mary's Prairie, (north of Wycliffe and the airport). The airport is located at the

Continued Page 4



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WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

Great Canadian Shoreline Cleanup Report

By Kathy McCauley

Wasa BC 2017

October 14, 2017 was a cold and stormy day, but nevertheless, eighteen volunteers turned out to help clean the shoreline at Wasa Lake, BC. It was so windy that volunteers often had trouble holding their garbage bags open long enough to deposit the trash as they picked it up. At no point in the afternoon did the sun peek out from behind the clouds to glitter on the bits of broken glass to aid in their discovery. Despite the weather, the record number of volunteers picked up a record amount of trash, 125 lbs altogether, including a motor and an anchor which added to the weight considerably! The oddest item found was a homemade spear gun.



The clean up crew found the usual items they have come to expect: plastic drink wrappers, cans, and glass. They were alarmed at the number of cigarette butts they collected; not only are cigarette filters a hazard to the physical environment and to wildlife, but considering the severity of the 2017 fire season, no one should have been smoking on the beach...and some would say anywhere else either. The amount of Styrofoam collected was also disturbing. Obviously, private docks are breaking down and wave action scatters the chunks and bits all along the shoreline.

The trustees of the Wasa Lake Land Improvement District wish to thank all the members of the community who so willingly helped, and also the Lions who provided litter pick up sticks and safety vests. Great big thank you to BC Parks for providing supplies for the cleanup, and for the barbecue which followed the work. It was fun to celebrate when the job was completed. See you again next year!

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Ken Miles...Continued from Page 2

southend of St. Mary's Prairie. It was known to have grown 40 bushels of wheat to the acre. But Ken and Fred were not interested in growing wheat. They raised cattle, logged and sold Christmas trees. Ken homesteaded next to the ranch for five years, made improvements and was deeded the property.

During this time he worked part time for the Forestry surveying Christmas Tree properties.

In 1956, Ken married Sophia Dishman who was born and raised in Creston. Ken and Sophia had four children, Julie, married Stan Kneller. Kathy married Christian Boue, David married Nicole and Rodney who never married. Julie and Kathy live in Wasa, David lives in Vancouver and Rodney lives in Radium. Ken enjoys visits from them all.

Included in the next generations are; Tanya, Cindy, Duane, Colton, Gaitan, Kylie, Katie, Cheyanne, Lucas and J.D.

Ken and Sophia sold the ranch in 1966 to Cominco and purchased 7 acres in Ta Ta Creek which was parcelled off from Ted and Helen Cale's land.

In 1974, they sold that place and came to Wasa, purchasing a home at the corner of Wolf Creek Road and Wasa Lake Park Drive.

In March of 1975 they had a fire at their home, losing almost everything. The community rallied together and built them a prefab home. They moved back in June or July.

In 1994 they bought land on Poplar Road, built their home and fixed up the yard.

A community minded man, in the 1980's, Ken organized and led a "Hunter Training Course" in Wasa for the youth. He taught gun safety, recreation and outdoor safety for about 25 years.

Ken was also a School Board Trustee for 17 years, suggesting many good solutions to the problems of the day. This included the suggestion of putting in a new elementary school at Wasa for the bulging student population.

He also assembled bird houses, taking them to the school for the students to put together.

Ken was a Millwright at the Concentrator Plant and a Training Officer. He taught Industrial Safety and, overseen the training and also travelled up north to teach safety on the rigs for cranes etc.

Ken retired around 1989. In around 2004, Sophia started to get Alzheimer's and spent the last four years in the Green Home in Cranbrook, she passed away on November 18th, 2010.

Words of wisdom from Ken: *"Do not feel sorry for yourself, money is not everything!"*

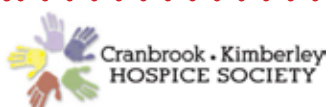
On November 17th, Ken made these Christmas **CHEESE STRAW NIBBLES** which is an old family recipe. They can be made with either Gluten Free flour which makes a "lighter" nibble or regular flour.

5 cups of flour 1 pound of soft butter
1/2 tsp. salt 8 cups extra old cheddar cheese, grated
6-8 shakes of cayenne pepper (adds a snap to them) be careful when adding.

Mix cayenne pepper and salt with flour, cut in butter like pastry, add FRESH grated cheese. Mix by hand.

Roll about 1/4 inch thick. Cut in little 1/4" by 1 1/4" rectangle pieces. Bake 350° for about 12-15 minutes. WATCH CAREFULLY. Store in tin, freeze until Christmas.

Ken really does light up the world!!!



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Donate your pop cans and liquor bottles (no dairy please) to the Wasa and District Lions Club to help with their scholarship fund. Please call Val at 250-422-3499 to make arrangements for drop-off at the Lions Grounds.

Wasa and Area Official Community Plan (OCP)

The proposed amendments to the OCP will be going to the RDEK Board during the January Board meeting on January 4th and 5th, 2018. If the Board supports the proposed amendments, their will be a Public Hearing during the month of January.

There is a change for the proposed Detached Secondary Suite Bylaw. The bylaw will include all properties that currently allow secondary suites excluding the community of Wasa, which will remain status quo as residents cited concerns regarding potential increase in density, water usage, vehicle and lake traffic. As well concerns that the suites could become rental accommodations.

Kootenay East Regional Hospital District (KERHD)

Construction is underway for the MRI building and the permanent MRI site. The completion date is set for spring of 2018.

Thank you to everybody that has worked on or has contributed to the Tri Village Buzz Newsletter, the stories and information are key to keeping everyone informed about what is happening in our area.

I would also like to thank Wendy Davis for designing the Wasa Lions Christmas Poster and tickets. Wendy has done them for many years.

I hope that everyone will be able to come and enjoy the Wasa Lion's Winter Festival on December 31st. It's a great opportunity to meet and visit with friends and neighbours.

I hope everyone has a Merry Christmas and Best Wishes for 2018. Please be safe over the holidays.

Jane Walter, Area E Director

email: s.janewalter@gmail.com or phone 250-427-2577

TRI VILLAGE Kids Club

From the Halloween run The Tri Village Kids Club has evolved. The committee comprises of Britta Jensen, Tanya Yost-Munro, Trudy Sigfusson and Jessie Dare. They

are planning more activities for the growing number of children in our area, ages 1-18 (numbers being collected but believed to be around the 60 mark). Proposed events are a Christmas party (already posted on Facebook), a Valentine's Day dance and an Easter event.

The committee are working hard sending out donation requests to local businesses and The Lions Club, RDEK and CBT. The Wasa Library is donating musical instruments and arts and crafts materials with a generous offer of storage for the materials.

by Helen Kelly



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Helpful Hints

In Memory of Vi Cockell

By Sherry Shields



1. Leftovers

To reheat a pizza so the base is out-of-the-oven crisp, heat your leftover slices in a fry pan on low/medium heat on the stove until warm. No more soggy or chewy microwave pizza.

2. A "Bouquet"

Cut flowers will last longer if you add ¼ tsp of bleach per 1 litre of vase water.

3. Home Maintenance

Once a year, vacuum the refrigerator coils underneath the appliance. These coils cool and condense the refrigerant. When the coils are clogged with dirt and dust, they can't efficiently release heat

"It's been my experience that you can nearly always enjoy things if you make up your mind firmly that you will."

~ Lucy Maude Montgomery

- Anne of Green Gables ~

Wasa Country
Pub & Grill

Annual Fundraising Fishing Derby

Saturday, January 13th, 2018



PRIZES

- Age 19 yrs & over - 1st, 2nd, 3rd
- Age under 19 yrs - 1st, 2nd, 3rd
- Hidden weight

- Fish any lake within a 50 km radius of the Wasa Country Pub (White Swan & St. Mary's Included)
- Final weigh in is 6:00 p.m. at the Wasa Pub
- Entry fee must be paid by Friday, January 12th at the Wasa Pub
- "Trout Only Please"
No spawners
- Minors under age of 19 are welcome until 10:00 p.m. (must be accompanied by parent or legal guardian)
- 1/2 of all entry fees will be donated to the **East Kootenay Foundation for Health directed to Palliative Care.**

Entry Fee: Under 19 years - \$ 15.00 19 and over - \$ 25.00

Includes spaghetti dinner, bun, coffee or tea or hot chocolate



HISTORY BYTES

BY NAOMI MILLER



Amy Woodland and Muriel Baxter

Amy Woodland was born in Somerset, England in 1885. Her parents brought Amy, two brothers and one sister to Canada in 1912. Miss Woodland had teacher training so applied for a job in the East Kootenay. For the 1912-1914 school years she taught in the two roomed schoolhouse at Fort Steele. She moved into Cranbrook in 1914 and was assigned to the two roomed South Ward School. Next, Miss Amy was appointed principal of Central School which had ten classrooms in 1920 and several additions in following years. Miss Woodland remained as principal until June 1943 when she left to marry Archie Raworth. This revered teacher was active in Cranbrook musical groups and sang in the choir of Christ Church Anglican. Her name was chosen for the newest elementary school in 1958. She died in Mount St. Francis in Nelson in November 1959, returned to be remembered at Christ Church and was interred in Westlawn Cemetery.

Muriel Baxter was born in Cranbrook in 1903, eldest of a family of four girls and one brother. She went to Central School, then High School (Tenth Avenue School). After grad she went to the Normal School in Victoria for teacher training from 1919-1920. Returning home, she first spent two years at Wycliffe's two roomed school then came into town starting as a Grade Six teacher. Each summer she conscientiously attended Summer School. One of those summer instructors was H.B. Maclean, originator of MacLean Method Writing. Miss Baxter was known thereafter as the expert in that graceful penmanship. She taught Grade Seven for a few years then moved up to Grade Eight when she became Vice Principal under Amy Woodland in 1928. New terminology did not make Miss Baxter a direct successor as Principal. Mr. R.C. Lucas served 1943-49 as Supervising Principal and Mr. C.T. Randle until 1950. The school population was booming so in 1950 Miss Baxter became Supervising Principal of Central Elementary School. By 1956 many of the new teachers came from colleges other than BC Normal School. The need to have all staff comfortable with local rules and procedures saw Miss Baxter appointed as Supervisor of Elementary Schools in District 1 and 2. This new role was enjoyed by Muriel from 1956 to 1963 when she opted to retire. Retirement was filled with travel and visiting. She made her home base with her mother at 232 Garden (12th Avenue South) from where she watched her former students grow up, start careers and families. Her fantastic ability to recognize and correctly name individuals persisted until she suffered a major stroke in 1974. She passed away on Christmas Day 1980 aged 77.

Central School began in 1889 as a small wooden building on Cranbrook Street. In 1902 a ten roomed school was built on that site. Both buildings burned in 1909. Classes were diverted to the Methodist Church, curling rink and other buildings. By 1912 a ten roomed brick building was completed plus a Manual Training School which still sits beside the Cranbrook Library. Additions to Central happened

as enrolment increased through the years. It was discontinued as Central School in 1979, but was used for some months while Steeples and Pinewood were under construction. Muriel Baxter School was opened in 1970 under principal Rod Joyce. This was the same year as Parkland Junior High under principal Dusan Tadey. Mr. Tadey was one of Muriel Baxter's favorite students in that old Central School! The schoolboard sold the old brick Central School to Crestbrook Forest Industries (later Tembec) as office space and it now serves the Ktunaxa for office space. The old building is in the news again having more renovations. It is still a landmark which we all drive by when we go to "town".

Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or Have plans for Surgery? The Lions may be able to assist with a 3-month loan of Medical Equipment. For loan information or equipment donations to the Cupboard Contact: Sharon 250-422-3227 or Val 250-422-3499

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Well, it's that time of year again. Time to start thinking about Christmas and the spirit of giving. Just a reminder that the Wasa Lions annual Dinner and Dance will take place on December 2nd. Tickets



Submitted by Terry Marvel

are sold out, so an early arrival will ensure the best seating. Doors open at 5:30 cocktails at 6:00. Dinner will be served at 7:00 with around the world appy's, roast beef and ham. A raffle begins right after Dinner so be sure to buy your tickets from our floor walkers for a

chance to win some of the wonderful donated cash and prizes. After the prizes have been raffled off, dance your feet off to the band Valley Forge. Please don't forget a non-perishable food item or cash for the Kimberley Food Bank.

This year the Wasa Lions will be sponsoring a Kids Christmas Party organized by the Tri Village Kids Club. Other possible events include a teens Valentines Day Dance. Look forward to more events from them.

The Lions will be sponsoring their annual Christmas Light-up Contest again this year. It will take place December 17th so get those lights and decorations up and show your support for the holidays! Judging will begin at 6:30 p.m. Notify a Lions member if you live in a remote location. We will try to get to everyone.

Another of our popular events is the annual Winterfest held at the Lions Grounds. There is fun for the whole family with hot dogs, hamburgers and hot chocolate and coffee. Its just another way the Wasa Lions have of saying thank you to our great community.

As weather permits, our awesome outdoor rink will be operational, depending on you, our public for volunteers to help flood and maintain it.

And so with everything else happening at this time of year, The Wasa Lions would like to wish Happy Holidays to everyone in the area and have the best New Year!

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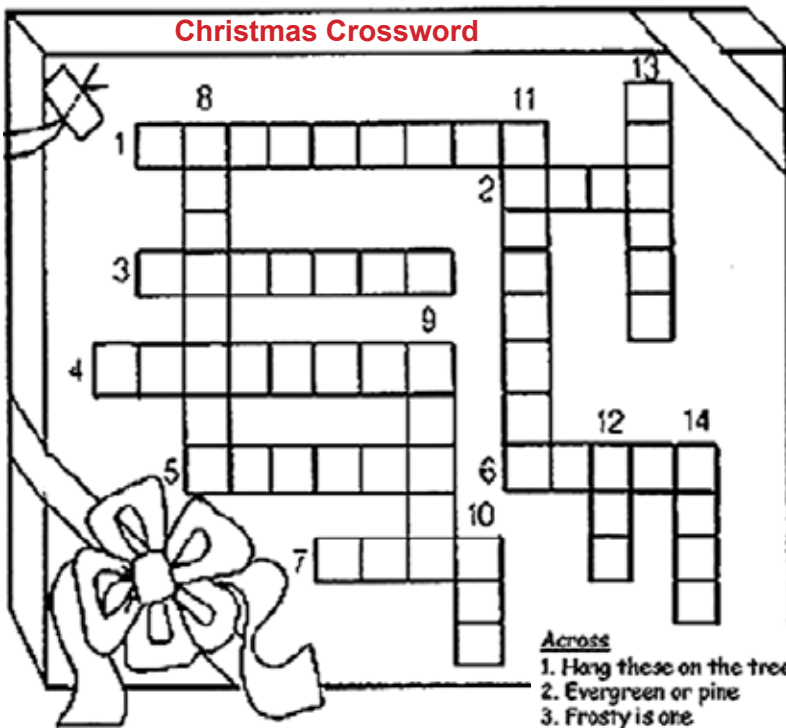
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Christmas Crossword



Across

1. Hang these on the tree
2. Evergreen or pine
3. Frosty is one
4. You give and receive these
5. Tie this on your package
6. A Christmas color
7. For the top of the tree

Down

8. Rudolph
9. Jolly toymaker
10. Color of Santa's suit
11. Hang this from the mantle
12. Santa's Helper
13. Santa's transportation
14. Christmas carol



SPOT 10 DIFFERENCES



Find and circle all of the Christmas Tree words that are hidden in the grid. The remaining 53 letters spell a secret message

- | | | |
|-------------|------------|--------------|
| ANGEL | GREEN | SMALL |
| ARTIFICIAL | LARGE | SPRUCE |
| BRANCHES | LIGHTS | STAND |
| CANDY CANES | NEEDLES | STAR |
| CELEBRATION | ORNAMENTS | TAKING DOWN |
| DECEMBER | PINE | TINSEL |
| DECORATE | PRESENTS | TOPPER |
| DECORATIONS | PURCHASE | TRADITION |
| FESTIVE | REAL | TREE FARM |
| FRESH CUT | SCENT | TREE LOT |
| GARLAND | SETTING UP | TRUNK |
| GIFTS | SKIRT | WATER YEARLY |

MERRY CHRISTMAS FROM MARIO'S FUN PAGE!!



CHRISTMAS WORD SCRAMBLE

1. dnorewadnl
2. escrogo
3. asnat lacsu
4. teesrns
5. uhrdplo
6. ejssu
7. mashcris eert
8. bwos
9. enol
10. wnmosan
11. rwehta
12. ndyca ance
13. yollh
14. ftgis
15. nirgch
16. emryr
17. ngtsioke
18. gnwraipp
19. tooeicadrsn
20. eblls



Christmas Tree

T	S	T	N	E	S	E	R	P	D	N	L	L	A	M	S	G
T	O	P	P	E	R	P	I	N	E	W	I	H	R	E	D	R
O	T	E	V	I	T	S	E	F	C	O	G	R	E	R	N	E
F	R	E	S	H	C	U	T	E	O	D	H	A	T	A	A	E
D	D	N	A	T	S	I	G	T	R	G	T	T	A	I	L	N
O	S	N	A	O	F	R	H	A	A	N	S	S	W	V	R	I
E	S	N	N	M	A	G	A	R	T	I	F	I	C	I	A	L
S	E	A	O	L	E	G	N	A	E	K	C	H	R	Y	G	S
A	T	M	S	I	I	N	O	I	T	A	R	B	E	L	E	C
H	T	S	R	E	T	T	T	R	D	T	M	A	A	N	S	S
C	I	S	T	A	L	A	A	S	R	E	R	G	A	R	E	E
R	N	E	P	O	F	D	R	E	T	L	C	C	I	H	R	L
U	G	K	I	R	I	E	E	O	Y	R	Y	E	C	F	E	G
P	U	I	N	T	U	L	E	E	C	D	I	N	M	S	T	L
N	P	A	I	U	O	C	T	R	N	E	A	K	N	B	A	S
E	D	O	I	T	R	N	E	A	T	R	D	I	S	E	E	G
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**Please text or call Mike
at 250-420-1660**

The Lions Request Community Help

The Rink on the Lions Grounds is for the Community. We are looking for volunteers to help maintain the ice this winter. This includes snow removal and flooding. If you can commit to some assistance please contact Sharon at 250 417-7654 or email Prinzs@shaw.ca for further information.

The **Wasa Recreation Society's** main objective is to generate funds to keep the Wasa Hall running. Wasa Recreation Society members meet in the basement of the Wasa Hall in the Quilters Room on the last Tuesday of each month. Everyone is invited to attend. Listed below are some of the user groups and contacts:

- Hall Rentals and Information
Karen Markus 250.422.3514
Lorraine Colton 250.422.3640
- Gym
Sonia Blackwell 250.422.9201
- TOPS
Susan 250.422.3510
- Library
Judy McPhee 250.422.3766

In addition, BINGO's are held on the 2nd Tuesday of each month at the Wasa Hall. Early bird starts at 6:30 pm and regular at 6:45 pm.

Wasa Community Church



Receiving presents is usually a great thing. There are times where we get things we don't really want, but for the most part, it's good to get a gift. Often, it costs the giver a lot for the purchase, but they usually find it to be worth it.

When we look at the birth of Jesus, a lot of things come into play. God came down and became human. A legitimate human. He didn't just appear one day as a full grown man. He started human life being born like anyone else. We can picture him there, a tiny baby in a manger. A beautiful treasure to Mary, Joseph, the wise men and shepherds and so many more. However, he wasn't just a baby that would grow into a child, then eventually to an adult. He was a payment. There was strategic reasoning behind God becoming human. He was the cost for the greatest gift we could ever receive: eternal life in His heavenly presence.

All of us are far from perfect. Everyone in history has been far from the perfection we need in order to enter heaven. Everyone except Jesus. There's a verse in the Bible, located in Romans 6:23, that says this: *"For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord."*

That means, because we all have sin in our lives, we deserve to die. However, God had a plan in place so that our fates could be different. He wanted for us to receive eternal life. He wanted us to be free from sin. That came at the cost of the only life that didn't deserve death ending on the cross in place of all the lives that did deserve death. Our penalty for sin was taken by Jesus. Afterward, He rose from the dead, showing His power that can raise anyone to eternal life. There are times where gifts get rejected. God's gift of eternal life often does, but it is still available to anyone. If they choose to acknowledge that they are sinful, turning from their sinful path, and believe in Jesus and what He has done, they will be forgiven of their sin and receive God's gift of eternal life that was bought for them on the cross.

That sweet little child residing in the manger reminds us that there was a great plan in place for a great gift to be purchased for us. It cost God a lot for the purchase, but it was a cost that He found to be worth it, so that we would be allowed to live in heaven with Him forever. There is a great cause to celebrate Jesus.

Pastor Jon Malpass, Wasa Community Church (250) 464-4419

Service Sundays @ 10:30 a.m.

Safety guidelines and things you need to know:

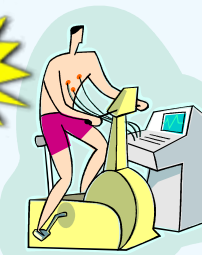
- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign- in desk
- ☐ All users are required to wear "gym shoes" - no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!

- Mondays, Wednesdays and Friday Mornings from 7:30 a.m. to 8:30 a.m.
- Monday to Friday Mornings (inclusive) from 10:00 a.m. to 11:00 a.m.



Contact: Sonia Blackwell 250.422.9201

We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.



GYM HOURS AND INFO



Wasa Country Pub & Grill

Winter Hours

Sun - Thurs 11 am-10 pm

Fri - Sat 11 am - 12 pm

- Cold beer •Great Food
- Free Wifi •ATM Machine
- Pool Table & Dart Board
- Jukebox •Off Sales
- TSN back on TV line-up

Minors welcome until 8:00 p.m.
must be accompanied by a parent or guardian

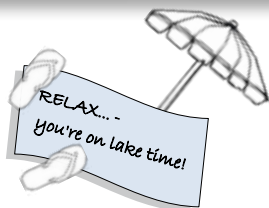
Take Out Available
Call 250-422-3381

New Special starting

Monday, December 4th **ALL DAY**
Steak Sandwich with Garlic Toast
and one side \$9.95

(Add extra piece of steak for \$5.50)

Menu & Specials on
our FaceBook page & www.wasapub.com



Wasa Country Pub & Grill Holiday Hours

***Closed - Sunday, December 24th**

***Closed - Monday, December 25th**

***Open - Tuesday, December 26th**
11:00 a.m. to 8:00 p.m.

***Monday, January 1st open @ 4:00 p.m.**

- Regular Hours - Wednesday,
December 27th and on

WASA COMMUNITY LIBRARY

**Located in the Basement
of the Wasa Hall**

Submitted by Judy McPhee

December, 2017 hours: Tuesdays- 11:00 a.m. to 1:00 p.m.

Open on request contact Marg Burin at (250)- 422-3565
or Rose Smith will open the library at gym time, Mon. Wed. Fri.
from 10:00 a.m. to 11:00 a.m.

Our last day before the Christmas break is Tuesday, December 13th

We open in the New Year, ONE THURSDAY ONLY in 2018, on
Thursday, January 4th from 11:00 a.m. to 1:00 p.m. and back to
Tuesdays.

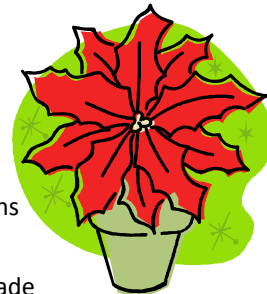
Brenda Rauch has served in the Library for 22 years and she and Bev will celebrate their 63rd Wedding Anniversary on December 20th. Brenda has now retired from helping out at the Library. Thank you Brenda, for your many, many years of service to our Library. Much appreciated by all citizens.

For the new families in our area, we have an excellent children's
and youth section, including many puzzles for the young ones.
Perhaps there is a need to resume "Children's Time" at the
Library. Please let Marg know.

Christmas books are light refreshment and entertaining this time
of year. Included in our collection are the following books.

PIONEER CHRISTMAS BOOKS

- The Westward Brides
- A Prairie Christmas
- The Twelve Brides of Christmas
- Pioneer Christmas Collections
- First Gift of Christmas by Richard Evans
- Skipping Christmas by John Grisham
- The Christmas Angel by Thomas Kinkade
- A Wish For Christmas by Thomas Kinkade



The Library staff wish you a blessed and happy Christmas.

Hopefully a tapestry of memories and good memories
cheer your heart. Happy reading from Judy

Wasa and District Historical Association

by Sherry Shields

A blanket of snow has covered our garden
- So quiet, So peaceful.

Reminder:

As the price of bronze is rising we will be forced to raise our
cost for plaques and niches in January 2018. Plaques are
available until December 31, 2017 for \$275.00. We are in the
process of marking the plaques and niches that have already
been reserved. January 1, 2018 the price will increase to
\$300.00.

For Columbarium Niche prices please contact Pat Walkey at
250-422-3530.



***"Those we love don't go away.
They walk beside us everyday"***





Sagati Yoga: Always Expect the Unexpected

It is common, by the year's end, to reflect upon everything that has happened to us during the year. We planned so many things, hoping that the outcome would be according to what we expected. For very few of our expectations, the outcome was according to what we were anticipating. But it is easy to agree that all along the year, what happens to us on a daily basis is more a succession of unexpected events than the manifestation of what we had in mind.

There are two kinds of events that occur in life. First, there are inner events, such as our physiological and mental changing conditions, which constantly provoke our unexpected ability or disability to act or react harmoniously. Second, there are outer events, that is, everything that happens outside of us, over which we have little direct control.

This means that the slightest change in your metabolism or fluctuation in your emotional mood provokes a series of unexpected inner alterations in your perception of reality. While you are planning to do something a certain way, and expecting a certain outcome, there also exists a powerful dance of outer circumstances all around you that provoke all kinds of modifications in your surroundings. These moving inner and outer circumstances will constantly interfere with what you are planning in your mind. This is what we call "**unknown unexpected events**".

If we could just go from what we plan in our head to the direct realization of it, then we wouldn't be so tired by the end of the day. Essentially, our physical and mental fatigue comes from our constant obligation to fight and adapt to all kinds of unexpected events, whether big or small. You want to go to the grocery store; you have an idea about the way it is going to happen: you see yourself in your car driving to the store, getting a cart and putting everything you need into it, paying for your stuff and going back home. Unless you train yourself for this, your mind doesn't at all take into consideration the mass movement of circumstances constantly rearranging themselves within and all around you. You don't know if your car will start, if you'll be stopped on the road because of an accident, or if you will be called for an emergency and then, at the end of the day, find yourself not even have gone to the grocery store. That is a classical series of unexpected events that is easily encountered in daily life. So, if going to the grocery store was very important to you and you cannot do it because of unexpected events, then this is when you start to feel frustrated, nervous, aggressive, uncomfortable, or even unhappy.

Now think about everything you do every day and, even if in the end you get what you want, you can admit that it would be wise to include the possibility of unexpected events in every one of your projects. You wanted to have a nice evening with someone, but unfortunately you end up at the hospital for surgery. You wanted to be kind with the people around you, but you have a hormone imbalance in your system and everybody annoys you. You expected to have a merry Christmas with your family and friends, but someone very dear to you passes away... This is what we call in yoga: uniting yourself with the "Unknown" and the "Unexpected". This yoga of constant adaptation with the Real is the most powerful way to pacify yourself while radiating your harmonious presence for others.

We want to be happy and we want everyone around us to be happy. If you remember that happiness is a state of total absence of conflict

and contradiction within yourself, then the practice of this **Yoga of Adaptation (Sagati Yoga)** in front of any unexpected or unknown circumstances is going to transform you into a **True Master of Absolute Contentment**, called "**Santosha**" in Sanskrit.

For instance, if your personal plan meets some unexpected obstacles, and if you practice this **Sagati Yoga or Yoga of Adaptation**, then you will willingly and sincerely accept the nature of the situation as it is, in order to keep your peace of mind. If someone doesn't have a correct attitude according to your criteria and expectations, you will recognize the right of this person to be as he or she is, sensibly fighting all energies of frustration that arise within you.

Sagati Yoga is a powerful weapon against adversity. You will use lucidity and acceptance to face any unexpected development in your life. Intelligently, you know that you don't have control over everything in your life, and that the rising of the unexpected must absolutely be kept in mind in order to always be ready to recognize and accept it. Remember that in your head, only your personal mental plans exist, but in reality, there are far more unexpected and unknown forces at work that must be taken into consideration from now on.

From here, your life will be like *driving on the Highway of Happiness*, as you are now able to recognize that you meet more unexpected events than expected ones at every minute.

May the practice of **Sagati Yoga** be a part of your daily activities.

May all negative emotions be destroyed by the simple acceptance of the possibility of *unknown unexpected* events happening in your life.

May peace, love and harmony be always in your life.

Warmly yours from the Adi Vajra Shambhasalem Ashram.

Merry Christmas and Happy New Year to each of you!

OM OM OM

Venerable Gurudev Hamsah Nandatha

Adi Vajra Shambhasalem Ashram, Wasa, BC Canada

If you like these articles by the Venerable Gurudev Hamsah Nandatha, you can re-read them in the book *Words of Wisdom*, a collection of the articles published in this column from 2008 to 2015. This book is available at the Ashram and at the Wasa General Store.

Since Venerable Gurudev Hamsah Nandatha is in a more intense Yogic life retreat, he will be less visible and accessible to the world. Therefore, he will only be giving a public Dharma teaching and meditation class once every two months. The next class will be on **Thursday, February 22, 2018 at 6 p.m.**
To contact the Ashram, please call (250) 422-9327

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Wasa & District Lions Celebrate the 4th Annual



December 31 Noon- 4pm

AT THE PETER VERESHAGEN
MEMORIAL RINK IN WASA.

JOIN US FOR AN AFTERNOON OF FAMILY FUN!

Keep warm by the fire!

SKATING, SLEIGH RIDES, FOOD AND MORE!

HD Railings AND Screenrooms

"The Aluminum Deck Railing Specialists"

**OVER 9 MILES OF EXPERIENCE &
MILLIONS OF FRUSTRATED INSECTS!**

- Manual and remote control awnings
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- Aluminum fencing
- Retractable screen doors for large openings
- Storm Doors

Harold Hazelaar

www.hdrailings.ca sales@hdrailings.ca
Ph 250-422-3457 Cell 250.342.7656

Moose Milk

Navy Moose Milk

This is a tradition of the Canadian Navy. It was basically the last minute findings found in the cooks galley to mix with the leftover alcohol. Mixed in a big batch in the big mixing bowl. Though other branches of the military service (army, air force, RCMP) claims to have the original or best, don't be fooled! Navy comes out on top!

- 1 gal. vanilla ice cream
- 1 pot cold coffee
- 1/2 gallon milk
- micky of vodka
- micky of Kahlua
- micky of dark rum
- dark chocolate piece



Fanny's Favorites

Royal Canadian Air Force Moose Milk

- | | |
|--|-------------|
| 12 Egg yolks | 1 Cup Sugar |
| 40 Oz Canadian Whiskey | |
| 40 Oz Rum | 5 Oz Kahlua |
| 10 Oz Maple Syrup | |
| 40 Oz Milk (homogenized – don't use skim!) | |
| 40 Oz Heavy Whipping Cream (not canned) | |

Method:

Beat yolks until fluffy and well mixed. Add sugar and beat mixture until thick. Stir in milk and liquor. Chill at least 3 hours. Best if can sit overnight. Then: Whip cream until good and thick (canned whip cream will go flat, so avoid canned cream) Fold in whipped cream (it will appear as if it has totally thinned out, but don't worry, that is normal)

Chill for another hour. Sprinkle the top with nutmeg and cinnamon. Should be kept chilled because of the raw eggs. This should not be a problem as Moose Milk disappears quite quickly.

Should serve a crowd of fifty....Or ten pilots.



the Armchair Traveller

2018 ARMCHAIR TRAVELLER SERIES

Join us at the Wasa Community Hall for another year of stress free travel! Please note that the shows are scheduled for alternate **THURSDAY** evenings instead of Wednesdays. **Start time of 7:30 p.m.** remains the same.

Mark the dates:

- **Thursday, January 18th** presented by Gerry Warner
"Custer's Last Stand" (Yellowstone Park)
- **Thursday, February 1st** presented by Cliff Youngs
New Zealand
- **Thursday, February 15th** video shows by Kimberley's Dave White
France and Quebec
- **Thursday, Mar 1st** presented by Alex and Heather Jensen
Elephants and People (Africa!)
- **Thursday, March 15th** presented by Kathy McCauley
Road Trip Through the American South West

Admission is by donation; all proceeds help support our community hall.

Looking forward to seeing you!

Call Kathy at 422-3759 if you would like more information.



Dale Gray

Phone: 250.422.3638

Cell: 250.421.1746

email: dale58@shaw.ca

Box 245 Wasa, BC V0B 2K0

DOCK SYSTEMS



- Boat Whips
- Dock Boxes
- Dock Bumpers & Fenders
- Swim Ladders
- Wood Frame Docks
- Metal Frame Docks
- Floats & All Hardware

most items in stock

A GREAT BIG THANK YOU

to all who helped and encouraged me since I broke my arm in June.

Special commendation goes to:

Donna Eyford who took me to dozens of appointments.

Sandy and Laurie Kay and Donna and Fred Bialkoski who solved several problem situations.

Thanks to the mysterious maker of turkey soup after Thanksgiving.

Greetings and Best Wishes for Christmas and the Coming Year

Naomi Miller



TAKE OFF POUNDS SENSIBLY

T. O. P. S.

Take Off Pounds Sensibly

Every Friday

Weigh-in 8:30 a.m.

Meeting 9:00 - 10:00 a.m.

Wasa Community Hall

More Information Contact:

Susan: 250.422.3510

Irene: 250.422.3686

1.800.932.8677 (Toll Free)

www.tops.org

WASA LIONS HOCKEY BOARDS FOR SALE

Be noticed in your community!

Advertise your Business Name, Family Name or Group Name.

Renewal price will be determined after 3 years.

Support your local Lions Ice Rink. For info call Marilyn at 250-422-3210



**BOARDS \$250. EACH
4' X 8' SPACE FOR 3 YEARS**

December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.					1	2 Lions Christmas Dinner & Dance
3 Church 10:30 a.m. ● Full Moon Tri-Village Kids Club Christmas Party 3:30 p.m.	4	5	6	7	8	9
10 Church 10:30 a.m. Sip'n Doodle at the Pub 2:00 p.m.	11	12 BINGO 6:30 Early Bird 6:45 Regular	13 Library Closes for Christmas	14	15	16
17 Church 10:30 a.m. ● New Moon Christmas Light-Up 6:30 p.m.	18	19	20	21	22	23
24 Christmas Eve Mass 	25 	26	27	28	29	30
31 Church 10:30 a.m. Winter Fest Noon to 4 p.m. 	Plaques are available until December 31, 2017 for \$275.00. Price increases to \$300.00 January 1st See Page 11 Wasa & District Historical Association					

**Join the Wasa and District Lions
for our Annual
Community Christmas Light Up Contest
December 17 @ 6:30 pm
Light Up Wasa!
Big or Small we enjoy them all!**

Wasa Memorial Garden

Wasa Memorial Garden has something for every soul who should be remembered or needs a final resting place.

There is a Columbarium with Niches large enough to hold two sets of cremains or the option to purchase a memorial plaque in honor of your loved ones. Check out the space at the end of Schoolhouse Road in Wasa. For Information call Pat Walkey at 250.422.3530

Where do you take...
YOUR BUZZ?



2017 proved to be another busy year for readers of the Tri Village Buzz.

Our little newsletter accompanied travellers to China, Mexico, Greece and Punta Cana, and also to various places in our own beautiful country.

A draw will be held at the Annual Meeting in January and the winner will be announced in February's edition.

Thank you to everyone that participated in the "Where do you take Your Buzz" contest it was great to see all the places our newsletter has travelled!

The Howard's and the Davis' pose with the Buzz in beautiful Punta Cana where friends and family gathered to witness the wedding celebration of Jeff and Alana Ryan. What a glorious and memorable week it was. Congratulations Jeff and Alana!

The winner of this years contest will win a \$50.00 gift certificate to any one of the 2017 Tri Village Buzz advertisers of their choice.

Issue 204 December 2017 Tri-Village Buzz

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No Newsletter in January	1 	2	3	4	5	6
				RDEK Board Mtg	RDEK Board Mtg	
7 Church 10:30 a.m.	8	9	10	11	12	13 Wasa Pub Fishing Derby 
		BINGO 6:30 Early Bird 6:45 Regular				
14 Church 10:30 a.m.	15	16 ● New Moon	17	18 Armchair Traveller 7:30 p.m. Library Opens	19	20
21 Church 10:30 a.m.	22	23	24	25	26	27
28 Church 10:30 a.m.	29	30	31 ● Full Moon Rec Society Mtg 7 pm	<i>We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.</i>		

LEGEND

- Church 10:30 a.m.
- Gym (M,W,F 7:30-8:30 a.m. Mon to Fri 10 a.m. to 11 a.m.)
- BINGO 6:30 p.m.
- Rec Society 7:00 p.m.
- Lions 7:00 p.m.
- Library Tues. 11 a.m.-1 p.m.
- TOPS Fri 8:30 a.m. Weigh in & Meeting 9 a.m. - 10 a.m.
- Quilters Tues. 10 a.m.-4 p.m.

Special Events and Days Down the Road

- Watch for exciting contest opportunities announced in February Tri-Village Buzz
- Thursday, February 1st & 15th, 2018 Armchair Traveller
- TBA - Tri Village Kids Club Valentines Party
- Thursday, February 22nd, 2018 Ashram Teaching & Meditation
- Sunday March 11th, 2018 Daylight Savings Begins

Note: The Tri Village Buzz is also available on the homepage of the Wasa Lake Land Improvement District www.wasalake.ca

NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....	250.422.9327
Bruno's Plumbing.....	250.342.5105
Catamount Contracting.....	250.422.3694
Cory's Dog Grooming.....	250.427.2311
Cranbrook/Kimberley Hospice...	250.417.2019
Econobuilt.....	250.421.7813
Hi Heat Insulating.....	250.422.3457
HD Railings.....	250.422.3457
Kootenay Kwik Print.....	250.489.4213
Kootenay Monument Installations....	422.3414
Lantz Farms (Hay).....	250.420.1660
Pos n Go.....	sales@posngo.com
Randy's Home Rejuvenations....	250.420.7471
Rascal Dock Systems.....	250.421.1746
TOPS.....	250.422.3510/422.3686
Wasa Country Pub & Grill.....	250.422.3381
Wasa Lake Gas & Food.....	250.422.9271
Wasa Hall.....	250.422.3514/422.3640
Wasa Hardware & Building Ctr...	250.422.3123
Wasa Lions Med Equip.....	422.3227/422.3499
Wasa Lions Trail Donations.....	250.422.3773
Wasa Memorial Garden (Pat Walkey).	422.3530
Wasa Post Office.....	250.422.3122