

INSIDE THIS ISSUE

When the Moon Hits Your Eye	2
Lest We Forget	4
Harry Robinson Remem- bers	6
Wasa Community Church	7
RDEK	8
Wasa Volunteer Fire Pre- vention	9
Memorial Garden	9
Tops Spot	10
Lion's Roar	10
WLLID	12
Words of Wisdom - Ash- ram	14
Where Do You Take Your Buzz	15
November Calendar	16





Visit: www.wasalake.com

Going to the Dogs....Through the ages, canines have benefited humans in numerous ways. We have the collies and sheep dogs that help the farmers and ranchers. Terriers trained to hunt vermin. Hunting dogs like the retrievers and labradors. But none have so noble a calling as those chosen to serve with our military.

Dogs have accompanied men into war since at least 600 BC. Used to storm the enemies ranks sowing discord and confusion before the main attack, filling the roles of sentries, scouts and couriers.

The introduction of true industrial war in World War I brought other changes to animal service, including the beginning of dogs acting as engineers. Dogs were fitted with cable-laying equipment and would place new communication lines when necessary, providing a smaller target for enemy soldiers trying to prevent Allied communication networks.

The first airborne dogs jumped into combat on D-Day, accompanying British paratroopers as they fought the German armies.

In Iraq and Afghanistan, dogs have served primarily in explosive detection roles, helping American and allied forces avoid IEDs and mines. They've also served on assault teams with special operators.

While some of the dogs in modern special operations are trained to engage directly with the enemy, others are there to search out hidden passages, enemies, or weapons.

And as their roles evolved, so did the choice of breeds used. There are 10 top breeds that make the best military dogs:

- 1. Belgian Malinois
- 2. German Shepherd
- 3. Labrador Retriever
- 6. Alaskan Husky 7. Airedale Terrier
- 8. Giant Schnauzer
- 9. Boxer

4. Doberman

vorkshire terrier.

- 10. Rottweiler
- 5. Yorkshire Terrier Some of these have surprised you, haven't they? But not all dogs are chosen for their brawn. There are needs within the military that require a dog of a smaller stature, such as the

* Belgian Malinois are a favourite because of their common attributes with a German Shepherd, but have a smaller stature, which is useful for narrow passages, or parachuting.

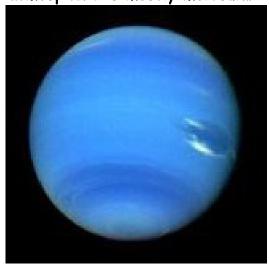
continued pg 5

Serving Skookumchuk, Ta Ta Creek and Wasa Lake

WHEN THE MOON HITS YOUR EYE

submitted by Barry Morvai

Hello village people and hello November. Is everyone ready for the cold days of winter? I know I'm not still working on getting wood and getting rid of hoses and putting away everything that doesn't need to be buried under the snow when it comes I am such a procrastinator. Having said that, lets discuss the next planet on our list before I forget why I'm here. The last planet in our solar system Neptune. (I know, you're thinking "what about Pluto?", we'll talk about that later). Named after Greek and Roman mythology, Neptune was discovered with mathematical equations before it was seen through a telescope that's a lot of math best I can do is figure out how much money I need to get me through to next payday lol. Neptune orbits the sun at a distance of about 2.8 billion miles and takes about 165 years to make one orbit, although a day is only 16 hours. The atmosphere is mostly molecular hydrogen, atomic helium and methane with some ammonia



above a small rocky core. With the core being around the size of mother earth and Neptune being 4 times the size of us, that's a lot of gas. These gasses are fast moving and can reach speeds of 1500 mph, the fastest detected in the solar system so far.

Neptune has 14 known moons, which are named after sea gods in Greek mythology. The gassy planet also has at least 5 main rings of ice and rock and also 4 more ring arcs, which are clumps of dust and debris likely formed by the gravity of a nearby moon. No spacecraft has orbited the planet to study it up close, but voyager 2 did a flyby and sent back information while on its way to the outer solar system.

(image credit: NASA)

One more cool fact, because of Pluto's elliptical orbit, Pluto ends up inside Neptune's orbit. Calculations say this happens every 248 years for about 20 years at a time. So, there you go, a little more knowledge to amaze your friends with.

Now lets see what's happening in the night sky for November, shall we.

Nov. 4, 5 - **Taurids Meteor Shower**. This long running shower is unusual in that it consists of two separate streams. The first is from dust left behind from asteroid 2004 TG10, and the second is from debris left behind from Comet 2P Encke. This shower runs annually from September 7 to December 10 and peaks on the night of November 4. This years nearly full moon will block out all but the brightest, but if you are patient, you can still see some good ones.

Nov. 8 - Full Moon. This moon is known by early Native American tribes as Beaver Moon, as this was the time of year to set beaver traps before swamps and rivers froze up. On the flip side, this is when beavers finished preparations for winter and retreated to their lodges. Other names for this moon are Deer Rutting Moon, Freezing moon, Frost Moon, Whitefish moon and finally, Digging/Scratching Moon.

Nov. 8 - Total Lunar Eclipse. According to the information I can locate, this eclipse will be visible in western and central North America. Hopefully we have clear skies for this.

Nov. 17, 18 - Leonids Meteor Shower. The Leonids is an average shower, producing around 15 meteors per hour. This shower has a cyclonic peak every 33 years where hundreds of meteors per hour can be viewed in the sky with the last one occurring in 2001. Produced from dust grains left behind by comet Tempel-Tuttle, which was discovered in 1865, this shower runs annually from November 6-30 and peaks on the evening of the 17th. Best viewing will be after midnight away from city lights.

Nov. 23 - New Moon. You know what that means that's right best time to observe galaxies and star clusters in the night sky.

So there you have it folks, all your space info to amaze your friends with. Enjoy what the night sky has to offer and happy viewing.

This pic was taken during October's full moon from my front yard with a Nikon cool pix 950.

Hope you like it





info@kootenaymonument.ca

Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" no street shoes permitted
- All users must use the safety key on the Walking
- Cost is a loonie or twoonie
- Have fun and be safe!



For Gym Schedule please contact: Sonia Blackwell at 250.421.3019 or Rod at 250.422.3253 **GYM HOURS**

AND

Let's get the most out of our gym. If a group of at least 3 people Ξ are interested in using the gym other than Mon-Wed-Fri 8-9 am, чi when a group already goes, or evenings, & willing to commit for Ο at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.

Here are some steps you can take to prepare your home and family in case of an emergency; Home escape planning:

Draw a map of your home, marking two ways out of each room, including windows and doors.

Children, older adults, and people with disabilities may need assistance to wake up and get out. Make sure they are part of the plan, and someone will help them.

Make sure all escape routes are clear and that doors and windows

Pick an outside meeting place (something permanent like a neighbour's house, a light post, mailbox, or stop sign) that is a safe distance in front of your home where everyone can meet.

Everyone in the home should know the local emergency number and how to call once safely outside.

Practice! Practice! Practice day and night-time home fire

For more tips:

https://www2.gov.bc.ca/gov/content/safety/emergency-management/educationprograms-toolkits/fire-safety-education-programs/fire-prevention-week

Lest We Forget

Lest we forget Don't let the soldiers regret Why they choose to fight Those brave souls doing what is right They fight to keep us free They believe in us, believe in our country The cost of freedom can be so very high Many brave soldiers have given their lives *The battle does not end with the war Though the shelling and bombs may stop* For many the war still rages inside Fighting the demons for peace and quiet Trying to forget all they have seen Memories that will last a lifetime it seems We cannot give them peaceful dreams For in sleep they relive the horrors, the screams My ďad fought ín the war He didn't talk about what he done or what he had seen He dídn't show his purple heart He came back in one piece, tried to forget it seemed But at times the look in his eyes *You knew he was scarred for life* We must do our part To keep them in our hearts We must remember they are a sister, a mother a daughter Someone's son, a brother, someone's father submitted by Chris Stanyer

CONGRATULATIONS!! to our very own "pumpkin queen", Sherry Shields, on winning second place in the annual Top Crop Pumpkin Challenge!! You are amazing!

The contest was held on October 1st at the Cranbrook Top Crop location.

Sherry's beauty weighed in at 235 pounds. And now we all want to know her secret, lol!



4 - ISSUE 256 - November 2022 - TRI-VILLAGE BUZZ

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Going to the Dogs....continued

* German Shepherds have every attribute required of a military dog. They are strong, agile, loyal, highly trainable and will stay calm in even the most hostile environment.

* Labrador Retriever's amazing sense of smell makes them the perfect canine soldier for sniffing out explosives. And like the shepherd, they keep their cool under stress.

* Dobermans have earned the nickname 'the Devil Dog of the Marines' since first serving during World War 2. Their strength and athleticism makes them a great choice for a patrol dog.

* Yorkshire Terrier's diminutive size, combined with a fearless nature, means they can carry out tasks that bigger dogs simply can't. During World War Two, they were used to pull tele-graph wires down thin tunnels to allow communication.

* Alaskan Husky excel in colder climates. They are strong, loyal, and can pull sledges weighed down with equipment for miles in snowy conditions without a break.

* Airedale Terrier's natural suspicion of strangers can prove invaluable when on patrol. An excellent sense of smell means they are frequently used in search and rescue missions.

* Giant Schnauzer was the dog of choice for the Soviet Union army in the 1940s and arguably remain the best patrol dog - with their extreme territorialism meaning no stranger will go unnoticed without the alarm being raised.

* Boxer are still recruited to the armed forces today, thanks to their strength, agility and loyalty. Often used as messengers, scouts and patrol dogs.

* Rottweiler's devotion to their handlers still makes them a popular four-legged recruit.

Military working dogs are some of America's hardest working service members. They find IEDs, drugs, victims of natural disasters, and dozens of other things. They also serve beside special operators and engage enemies with their human counterparts. Unfortunately, they also live shorter lives than their humans.

Sgt. Stubby: One of the most famous military dogs. Stubby was described as a dog



of "uncertain breed," Ann Bausum wrote that: "The brindle-patterned pup probably owed at least some of his parentage to the evolving family of Boston Terriers, a breed so new that even its name was in flux: Boston Round Heads, American...and Boston Bull Terriers." Stubby was found wandering the grounds of the Yale University campus in New Haven, Connecticut in July 1917, while members of the 102nd Infantry were training. He hung around as the men drilled and one soldier in particular, Corporal James Robert Conroy (1892-1987), developed a fondness for

him. When it came time for the outfit to ship out, Conroy hid Stubby on board the troop ship. As they were getting off the ship in France, he hid Stubby under his overcoat without detection. Upon discovery by Conroy's commanding officer, Stubby saluted him as he had been trained to in camp, and the commanding officer allowed the dog to stay on board. In 1917, Stubby joined a group of American soldiers training for the trenches of World War I. He deployed with the men overseas and proved himself in battle multiple times, waking soldiers as he sensed incoming artillery attacks and infantry assaults that human sentries hadn't yet detected. His most heroic moment came when he found and seized a German spy moving near the American position. He bit into the German's pants and raised a ruckus, holding the spy in place until the infantrymen could relieve him of his prisoner. Despite being caught in multiple gas attacks, Sgt. Stubby survived the war and the supreme commander of American Forces in World War I, Gen. John Pershing, personally awarded him a gold medal in 1921 for his efforts.

https://www.scotsman.com/lifestyle/family-and-parenting/military-dogs-these-are-10-breeds-of-lovable-dog-thatmake-the-best-military-and-service-dogs-including-the-loving-labrador-3550770 https://www.military.com/undertheradar/2017/03/brief-history-dogs-warfare https://www.wearethemighty.com/mighty-heroes/7-greatest-animal-war-heroes/

Harry Robinson remembers his uncle Roy

Roy was my uncle and was shot down over France. Uncle Roy spent his after-war years selling farm implements in rural Manitoba, based out of Brandon. I can't imagine the hours he spent driving around the province by himself, and the nights in Motels, his war history surely must have weighed heavily on him. He had three children, my cousins, two girls and a boy. They have been contacted about a French produced documentary about their dad's war time experience, but to date as far as I know this has not been finalized.

A French historian has unearthed some answers for a family in Brandon, Man. about the whereabouts of their father and husband, John Roy Tolmie, during the heat of the World War II, as well as who they have to thank for him making it back to Canada alive.

Born in the summer of 1917, Tolmie was in his mid-twenties as he flew his Wellington Bomber over northern Italy for the Royal Canadian Air Force. While flying back to the safety of allied territory in England, his plane was attacked.

Tolmie and his crew bailed from the plane before it smashed into the ground below but were then separated in German-occupied France. Somehow Tolmie survived the cold December in 1942 and found his way to a train station where a member of the French Resistance, Gaston Brogniart, recognized his accent and offered to help him.

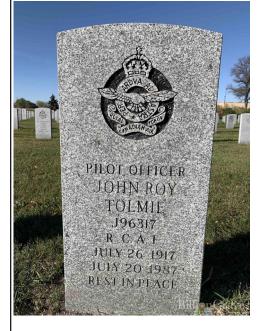
Through a series of personal connections and tight hiding spaces, Brogniart tried to get Tolmie out of harm's way, unfortunately, one of those personal contacts informed the Germans of what Brogniart and company were up to.

This is one of the building Celerse believes that Tolmie was hidden in by Gaston Brogniart of the French Resistance. (Submitted by Greg Celerse)

Tolmie and his rescuers were captured by German forces, resulting in three of Tolmie's heroes being executed in 1943.

Those members of the Resistance – Gaston Brogniart, Andre Baleuw and Roger Snoeck – have been celebrated as war heroes in France since the end of the war but it wasn't until now that the French knew who it was Tolmie who they had died to protect.

https://www.cbc.ca/news/canada/manitoba/a-manitoba-family-gets-answers-about-their-father-s-time-in-ww-ii-1.3030878



John Roy Tolmie Born: 26 Jul 1917 - Died: 20 Jul 1987



This is one of the building Celerse believes that Tolmie was hidden in by Gaston Brogniart of the French Resistance. (Submitted by Greg Celerse)

Wasa Community Church

This world certainly throws a lot at us and does a good job at wearing us down. Physical injury, disease and aging do their parts at making our bodies less functional than they once were.

While in most cases, we can take steps to slow that process down and keep healthy, even the bodies that thrive and flourish the most will one day stop working. One of the promises that we see in the Word of God, though, is that for those in Christ, when our old bodies are left behind, we will receive new bodies in heaven. Paul says to the church in Philippi, "... our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself" (Philippians 3:20-21). There's an upgrade that comes with crossing over to eternal life. The brokenness of the body of Christ on the crucifix has made the way accessible for the restoration of every body. This is a blessing given to heaven's citizens, and citizenship is granted to those who place their faith in Christ and what He did on the cross and in His resurrection. Even on earth right now, everyone who genuinely believes in Jesus already has citizenship in His kingdom. This means that though their bodies may be wearing down on earth, a new eternal body will be ready for them once they've finished their time here. There is such joy in knowing that that's coming, but what is the true prize?

I remember, as a teenager, being asked the question, "If Jesus wasn't in heaven, would you still want to go?" It's an interesting thought to ponder that really digs into the motives of your own heart. Is Jesus just the means to an end, or is He the true treasure? I don't think there's anything in existence more valuable than a literal God who foresaw every despicable thing you'd ever do or think, knowing so intimately the deepest parts of your heart, and still found you worth dying for in one of the most shameful and painful ways. Heaven is a bonus. New glorious incorruptible bodies that will experience perfect bliss for eternity are a bonus. I want Jesus.

Pastor Jon Malpass, Wasa Community Church, (250) 464-4419



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Cranbrook Kimberley HOSPICE SOCIETY

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By Area E Director Jane Walter

I want to thank everyone who supported me during the election. I am hoping that we will be able to get together more often, so I can hear what is needed at Wasa and area.

I also want to thank Nowell for putting his name forward to run. I believe that it provides a choice for the residents.

During the last RDEK Board meeting we said goodbye to 5 directors who had decided to retire. There were 2 Directors who did not win their seats. So there will be 7 seven new Directors on our Board.

I will continue to try to attend all of the Fire Smart meetings. They have worked very hard since they started the program.

Wasa and area groups are looking for volunteers so that they can continue to provide services for all of the residents. If you have an hour to spare, can you let the groups know - this will help them keep functioning.

I hope everyone has a safe and healthy month. If you have any questions or concerns phone me 250-427-2577 or email me; s.janewalter@gmail.com

Thanks, Jane Walter



WASA VOLUNTEER FIRE PREVENTION & SUPPRESSION

submitted by Kathy McCauley

Another summer in the Kootenays has come and gone! From a wildfire perspective, Wasa was fortunate that no major fires were licking at our doorstep (unlike 2021) and no fires were reported on private property. Hence, it was a quiet summer for the community water trailer and the volunteers who care for it. Now that October 15th has passed, the trailer will be drained and stored for the winter as it is not set up for use when the temperature dips below zero.

It's time for property owners to stow away their water cubes and equipment also, and it's not too late to continue to work on FireSmarting properties by cleaning up yard debris and junk piles before the snow flies.

Although there were no fires to contend with, the Wasa Volunteers were busy with development of the FireSmart Demonstration Site, located on the corner of Wasa Lake Park Drive and School Road, and organizing the annual FireSmart Day on May 7. The Demo Site, a work in progress, not only shows how good FireSmarted land can look, but provides a central and highly visible location for the current fire hazard rating, and the information kiosk where important notices such as NO FIREWORKS are posted by the local fire warden.

Another larger initiative started this year is the Wildfire Risk Reduction project, coordinated by the RDEK, which aims to reduce the fire hazard in the forests surrounding us. Residents are encouraged to provide input into the planning process by attending public meetings, the most recent of which was held on October 27 at the Wasa Community Hall. Our group is not involved in this project but like everyone else, we are certainly interested in the outcome.

We could accomplish very little without community support, and funding from generous sponsors: Columbia Basin Trust, BC Hydro, Regional District of East Kootenay, and FireSmart Canada.

Thank you and have a wonderful winter season!

8 - ISSUE 256 - November 2022 - TRI-VILLAGE BUZZ

Wasa and District Historical Assoc. & Memorial Garden Group

With the very mild dry fall we are experiencing, our spruce trees surrounding the garden area required additional watering to prepare for winter along with pruning of mistletoe blight. Thank you

to Caroline and Larry Kelly for your generous help! Thank you also to Stan Kneller of the Wasa Lions for extending the shutdown of the water system! It was much needed and most appreciated. The water wheel and wood benches have been covered for the winter season.

The Memorial Garden is always happy to welcome new volunteers. Please contact Sherry Shields at our new email address: wasamemorialgarden@gmail.com to have your name added to next summer's gardening maintenance schedule.

KOOTENAY RIPPLES

There are a few books remaining for sale. \$50.00/ea Contact Pat Walkey @ 250 422-3530 or pwalkey@shaw.ca.

State The sale The

"In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below."

~John McCrae



Wasa Lions Medical Equipment Loan Cupboard A recent Injury? Plans for Surgery? The Lions November be able to assist with a 3-month loan of Medical Equipment. For Loan information or Equipment Donations to the Cupboard Contact: Jocelyn 250 505-4752 or Trinda 250 793-9491



submitted by - Kate Kelly

2019 Columbarium Niche & Plaque Costs UNIT 1 Columbarium Upper levels - \$1000.00 + engraving Bottom Row - \$900.00 + engraving

UNIT 2 Columbarium (new) Niche cost - \$1100.00 + engraving

Niche Engraving - \$275.00 Memorial Plaque - \$300.00 (engraving costs are subject to change) **Contact info:** Pat Walkey @ 250 422-3530 or pwalkey@shaw.ca.

> LISA WINKELMAN Scentsy Independent Consultant

250-421-8143 lisam1020@gmail.com https://zardworks.scentsy.ca



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tops

Last month Sonia Blackwell wrote about the marvellous benefits of mild to moderate exercise as being almost as good as "a magic pill" for improving one's health. I was struck by the very powerful sentence: "If your mind is ready, your body will follow."

TOPS SPOT

How do you know if you are ready, you ask? And if you are ready, how do you get started? Give yourself a little self-evaluation and determine if you are ready or too distracted to lose weight. Some points to consider may include:

Are you ready to learn new strategies?

Do you use food to cope with stress?

Do you use food to comfort yourself or alleviate boredom?

Are you willing to develop healthier habits?

You realize you need to make permanent changes to your lifestyle to improve your health. (Perhaps you have had a medical scare or injury?)

The first step to fitness and better health was making the decision that you are indeed ready. By following the 5 points below it will be much easier to develop and stay with a plan.

1. Find an accountability buddy. Choose someone who is on your side and avoid anyone who is judgemental or will sabotage your efforts.

2. Find your inner motivation. Only you can lose your weight and get yourself fit. No one can do this for you. What is important to you? What needs to change? What will give you the burning desire to do the work?

3.Food. Eat a diet of clean, minimally processed, nutrient dense foods. Avoid sugar as much as possible, except naturally occurring sugars in fruits. Minimize high fat dairy, meats and high fat foods. Read Labels.

4.Get active. 30 minutes of exercise most days will literally change your life. Make scheduled appointments with yourself (and your buddy) to practice your chosen exercise.

5.Change your perspective. Remember you want to be your ideal weight and to be healthy and fit for life, not just a few weeks. Identify your hurdles and plan for them. With a solid plan it is easier to manage the obstacles and deal with small setbacks. Achieving your goal is a process.

Changing lifelong habits alone can be daunting. TOPS provides the support—the accountability buddy—that we all need.

The Lions Den Lions Roar Wasa & District Lions Club – Serving Wasa & Area since 1976 submitted by Terry Marvel

By the time this issue comes out, I'm sure the weather is going to be a lot different than it is right now. The Indian Summer just doesn't seem to want to leave. No complaints here! It's time to take advantage of the nice weather and get prepared for old man winter.

The Lion's have not had a lot on our plate at this time. We were pleased to host the District Governor, Harry Lippencott as well as some Cranbrook Lions. DG Harry gave a short presentation on Lionism which was very informative. This was at our last regular meeting on October 4th.

The water lines have been drained on the ball field and the outdoor kitchen. Many thanks to the people that are responsible for doing this chore. Without your hard work and dedication, our grounds would not be what they are.

We continue to welcome recyclable bottles and cans at our recycle area at the grounds. It goes a long way towards our grounds upkeep and the scholarship fund. Many thanks to the sorters as well!

Til next month, have a very scary Halloween and a safe and happy November. 10 - ISSUE 256 - November 2022 - TRI-VILLAGE BUZZ



Christmas Bingo Tuesday November 29, 2022 Wasa Community Hall

Doors Open at 5:30 Early Bird 6:30

Regular Bingo 6:45

Gift Exchange Bring a gift, Get a gift (\$5.00 value)

LIBRARY OPEN Tuesday is Library day



Second Tuesday of each month October 11 November 8 December 13

11:00 am to 12:00 Noon Located in the Wasa Community Hall Basement

Library contact Rose Smith 250 422-3088

Dale Gray

Phone: 250.422.3638 Cell: 250.421.1746 email: dale58@shaw.ca Box 245 Wasa, BC V0B 2K0

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Cloverdale Pain

ninum Roilings





The annual general meeting of the Wasa Lake Land Improvement District (WLLID) was held Wed. October 5th.

The WLLID Chair, Sharon Prinz, provided an over-view of the past years activities. A taxation report and water report were also pre-

sented to the AGM audience. All reports are available on the WLLID website, wasalake.ca.

One item of interest was the appointment of Lori Vandette, editor of the Tri Village Buzz as the Corporate Officer (CO). Lori replaces Becky Knight, a new Wasa resident. The WLLID benefited from Becky's experience in municipal government through her position at the City of Cranbrook. The WLLID wants to thank Becky, and we look forward to Lori being the new CO.

The WLLID operates with 5 trustees. This year, after the retirement of trustee Phil Godsave, no one stepped forward to fill the position which leaves only 4 trustees.

While a trustee is an elected position, participation is done as a non-paid volunteer.

The eligibility criteria for becoming a trustee requires a person to be a BC resident and landowner within the WLLID jurisdiction.

This also leads to the situation where some non-residents feel left out of the governing process.

The question arises whether a different organizational model might be a workable alternative to the WLLID that would support the inclusion of all residents and property owners within the WLLID jurisdiction.

The WLLID Board will continue discussions on its future with all stakeholders and residents of Wasa and area.



12 - ISSUE 256 - November 2022 - TRI-VILLAGE BUZZ

Christmas Arts & Craft Sale

Awesome, Unique Gifts

Door Prizes

Saturday November 26, 2022

10:00 a.m. to 4:00 p.m.

Wasa Community Church

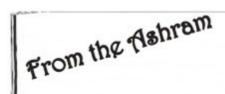
6734 Hwy 93 Wasa BC

Admission: Non-perishable food item for Christmas Hamper

For more information call

Judy Grant or Trinda Tarling 1.403.281.2612

1.250.793.9491



Words of Wisdom



"When the disciple is ready, the Master appears"

When the disciple is ready, the Master appears. But this appearance of the Master does not just happen at random. It is only when the embodied being has wandered in his illusions enough to sacrifice his ego, his false beliefs and false ways of life that he becomes ready to welcome a higher level of Wisdom and Spiritual Light. It is never the disciple who meets his Master, but rather the Master who appears in the life of the disciple. This means you cannot order a Master to come to you. Even seeking a Master is an illusion of the eqo-mind since the Action of the Divine Force is constantly around the Master, on the move, provoking his revelation or presence in the disciple's life.

It is important to understand the difference between meeting "a Spiritual Master" and meeting your Spiritual Master. It is not because someone has talked to you about a great Spiritual Teacher that this Master is the one you must follow. I am speaking here to the people who are able to fully consider the grace of meeting their Spiritual Master, their true Guru. A Guru is always a Spiritual Teacher who shares his experience on the Path of Light. The Spiritual Master, whether physical or subtle, never represents anything but the Divine Part that an incarnated being hasn't been able to realize as being the Absolute in him.

It is an immense chance to follow a Master who has already left his body of flesh. But it is an even greater grace to meet one's own Spiritual Master in the physical matter while still among us in the world, such that we can meet him, talk to him and benefit from his "Darshan", entering into the radiance of this Embodied Master.

The Guru strives to awaken the inner Master within the disciple. The true Guru is careful not to entertain the infant tendencies of some aspirants. He patiently prepares them to listen to the Wisdom of the Supreme Self within them. The Bhagavad-Gita says that: *"In the heart of all the living resides a Master who makes it act as if by a hidden mechanism. Take refuge in Him with all your soul; by his Grace, you will attain Supreme Peace, the Eternal Abode."*

For this Awakening to happen, in the majority of cases, an Intermediary who is connected to the Divine presents himself. "A true Guru," says Vivekananda, "is the One by whom we receive our spiritual influx. He is the channel through which the current flows to us."

This transmission is called: Shakti – Shankar.

The power is transmitted to those who are worthy of it. The transmission is done in different ways:

- By Sight (Darshana)
- By Will (Mananath, Sankalpa)
- By Touch (Sparshanat)

The disciple who receives the initiation, or Diksha, must not remain inactive in his spiritual life. He must persevere in his spiritual inquiry and cultivate the qualities of discernment, logic and objectivity. This inner work is called "Sadhana" or the practice of spiritual disciplines such as study, meditation, praying, and physical activities such as Moksha Yoga, Martial Arts, Tai Chi, breathing techniques, etc. The elevation of the disciple's consciousness can be reached only after the control of the senses and an intense inner work, the duration of which varies according to the disciple.

The Spiritual Master takes into consideration the aptitude of the disciple and his conditions of life, particularly regarding the time he can devote to his training in the environment in which he lives. The Guru is generally extremely vigilant in choosing his disciples. *"Not everyone can become a disciple,"* goes the saying.

The kindness and high understanding of the Guru are the highest signs of His Evolution and Spiritual Realization... and true kindness always coexists with humility. Most great Masters or Gurus emerge to the disciple in an unexpected appearance and at an unexpected time. What creates the connection between the Master and the disciple is their immediate sense of mutual recognition, as if the story between the two had begun a long, long time ago... often over many past lifetimes. The true and only bond between Master and disciple is Love.

May your inner Guru guide you toward your Divine Master.

With Love and Blessing in the Lord.

OM OM OM

H.H. Gurudev Hamsah Nandatha



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VOLUNTEER WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out.

Wasa & District Lions Club, Binao, Wasa Recreational Society, Armchair Traveler, Tri-Village Buzz Newsletter, Wasa Ğym, Wasa Commu-nity Library, Wasa Lake Land Improvement, Wasa Pancake 🛇 Breakfast, Wasa & District His- 🕅 torical Association/Garden Group are a few of the areas that would welcome new mem-Step up, step out, bers. expand your horizons. We would love to see you!

Volunteering is a work of heart"

Mike and Kathy spent the summer travelling across Canada and exploring the Maritimes. Here they are at Cape Enrage, New Brunswick, named for its turbulent waters. Some of the other nearby attractions include Bay of Fundy and Hopewell Rocks.





TRI-VILLAGE BUZZ - November 2022 - ISSUE

November 2022									
Sunday	Monday	Tuesday	Wed	nesday	Thursday	Friday	Saturday		
		1	2		3	4 Happy KING TUT Day Nov.4	5		
6 Church 10:30 am	7 hug a bear day	8	9		10	Remembrance Day	12		
13 Church 10:30 am	14	15	16		17	18	19 Happy Interactional Bagpipe Day!		
20 Church 10:30 am	21	22	23		24	25 Saloo Nafional Jukebox Day	26		
27 Church 10:30 am	28	29 Square DANCE DAY	30						
Church Service 10:30 a.m. Lions 7 p.m. Rec Society 7 p.m. Quilters 10 - 4 Library; tuesdays 11 - 12 Bingo 6:30 p.m. Armchair Traveller 7:30 p.m. Tops; friday 9 a.m. We shall not eleep, though poppies grow in Flunders Field Ashram Meditation & Yoga250.422.932 BC Wildfire*5555or1.800.663.555 Catamount Contracting250.422.366 Conservation - Emergency1877.952.72 Cranbrook/Kimberley Hospice250.421.783 EMERGENCY							250.422.9327 .800.663.5555 .250.422.3694 .877.952.7277 .250.417.2022 .250.421.7813 .5555 (*5555) .250.422.3457 .250.422.3457 .250.422.3414 250.420.1660 250.421.1746 422.3686 250.422.3381 422.3795 .250.422.3123 .250.422.3123 .250.422.9271 54793.9491 250.417-7654 ey)422.3530		