



FREE MONTHLY PUBLICATION

# TRI-VILLAGE BUZZ

October 2023 ISSUE 265

Visit: [www.wasalake.com](http://www.wasalake.com)

## INSIDE THIS ISSUE

Trunk or Treat	3
Tops Spot	4
WLLID	5
Memorial Garden	6
Wasa Community Church	7
RDEK	8
Lions Roar	10
Wasa Fire Prevention	10
Words of Wisdom - Ashram	12
National Day of Reconciliation	13
Firewood Info	14
Calendars	16

## COMMUNITY VOLUNTEERING - What's the Motivation?

If you've been reading the Buzz, following the Wasa Community facebook page, or even just talking to your neighbours - you know a great deal of discussion has gone on regarding our community's need for volunteers. In every community organization. We have been very fortunate to have the dedicated individuals we do have, holding down the fort in various areas. But that resource is thinning - and new volunteers are definitely needed!

What has kept these trusted few so faithful? What motivates them? Is it the occasional free breakfast? Unlimited access to new donations to the Library? The satisfying social interaction? And how can we trigger that motivation in new community members? Younger residents?

A few motivations are:

1. Civic mindedness - they believe its the 'right thing to do' for their community. The organizational goals align with their personal values.
2. Because I have to - they feel pressured by someone or something in their lives. It's either a requirement of their religion, or community service, perhaps a way to earn school credits.
3. They find volunteering fun and entertaining. They have an opportunity to socialize with others that have similar goals. Sometimes these opportunities involve international travel and are often a one-time and done situation. Unfortunately online socializing seems to have taken the place of the undeniable richness of face-to-face group socializing. Somehow we have to communicate the importance of getting back to the physical face-to-face interaction.

4. Visibility and recognition - a need to have others acknowledge their selflessness, or special set of skills. "Look at me!"

**And the absolute WORST reason to volunteer; and one I hope we can avoid at all costs in our community:**

5. Personal benefit over community concerns. Individuals who chose a position in an organization to further their own personal agenda. This can take the form in theft of funds, sabotaging information required to run the organization efficiently, or even bullying other members to push an agenda that benefits them personally. These individuals are toxic and will end up tearing apart a community rather than unite and build it.

We need volunteers in a community as small as ours; individuals who have a heart for the community's interests over their own. Individuals who are willing to sacrifice a few hours a month of their personal time to support the success of a community endeavour. Consistently.

Are you up for the challenge?

## POWER OUTAGE PLANNED

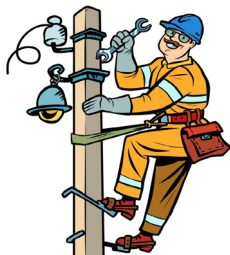
October 19th

9 a.m. to 5 p.m.

Wasa, TaTa Creek  
Skookumchuck area

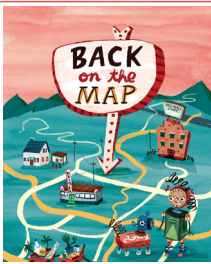
to complete  
inspection  
and testing of  
equipment

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**GREAT NEWS  
WASA LAKE IS  
BACK ON THE MAP!!**

The Community Connector  
Bus Will Now Pick Up Wasa  
Residents bound for Cranbrook

Tuesdays and Thursdays  
at 10:30 at Gas Station

Return from Cranbrook Hospital, 3 pm  
Tuesdays and Thursdays  
stopping at Gas station 3:30.

This bus continues up to Golden if you need.

**Price is \$2.50 each way.**

Medical patients have first priority. If  
there is room, others can ride this bus.

Phone 250.427.7400 to Book  
your ride.



# FIRE

**IN WASA**

## WHO DO YOU CALL?

In a fire emergency, first call BC Wildfire  
1-800-663-5555 or \*5555 on a cell phone.

**Then call these Wasa volunteers until  
someone answers.**

- Mike Gall 250-417-9422**
- Lyle Zaksauskas 250-421-2650**
- Bill Walkley 250-427-1049**
- Sharon Prinz 250-417-7654**
- Darcy Tagg 250-417-6617**
- Kathy McCauley 250-427-6637**

The people listed are members of the  
Wasa Volunteer Fire Prevention and Sup-  
pression committee. In the event of  
fire, they will arrange to activate the com-  
munity water trailer and call others with  
water trailers to help.

The aim is to prevent fire from spreading,  
NOT to put out house fires.

The community water trailer is only avail-  
able mid-April to mid-October. It does not  
operate during freeze-up months.

## Vendors Wanted

We are excited  
to invite you to our

### Christmas Arts & Craft Sale

**Saturday November 25, 2023**  
10:00 a.m. to 3:00 p.m.  
Wasa Community Church

Box 69  
6734 Hwy 93 Wasa BC VoB 2K0

Space limited

Confirm table rental by mailing \$20.00 to  
the address above by October 15th, 2023

For more information call  
**Judy Grant or Trinda Tarling**  
1.250.422.3433 1.250.793.9491





**COME TREAT THE GHOSTS AND GOBLINS  
AT THE WASA LIONS' GROUNDS**

**October 29 from 4-5:30 pm**

**Hosted by**

**Wasa Lions and Wasa Recreational Society  
Hot Chocolate and Hot Dogs for the "Trick or Treaters."**



## TOPS SPOT

submitted by - Norma Williams

**What's so nutritional about Nutritional Yeast?** The fall season has us starting to think about warm, comforting, nutritious foods. A great way to make your food more nutritious is to add nutritional yeast. Not just for vegans anymore! People love sprinkling a couple of tablespoons of nutritional yeast onto pasta, popcorn, and soup—but if you've got questions about this whole "eating yeast" thing, you're not the only one.

**What is it?** Nutritional yeast flakes add a cheesy, nutty flavor to foods. It actually is yeast – a species called *Saccharomyces cerevisiae*. But, unlike the yeast you use to make bread, the cells in nutritional yeast are deactivated (pasteurized). It is also typically fortified with nutrients.

**Where do you get it?** It is available in most grocery stores, and there are many different brands.

**What are the benefits of Nutritional Yeast?** A typical serving of nutritional yeast (2 Tbsp) yields 40 calories, 0 g fat, 50 mg sodium, 6 g carbohydrates, 4 g fiber, 0 g sugar and 10 g protein. Nutritional yeast:

- provides a complete protein (all nine essential amino acids)
- offers some solid fiber
- provides much-needed vitamin B12
- could help lower your cholesterol
- packed with antioxidants
- can stabilize blood sugar levels

**How can I use it?** Nutritional yeast is a healthy source of protein, fiber, and B vitamins. Its cheesy flavor makes it a great addition to all sorts of dishes, like pasta, mashed potatoes, and more. A favourite recipe I use comes from the Whitewater cookbook series:

### *Glory Bowl Dressing*

- 1/2 cup nutritional yeast flakes
- 1/3 cup water
- 1/3 cup soy sauce or tamari
- 1/3 cup apple cider vinegar
- 2 cloves of garlic, crushed
- 1 1/2 cups vegetable oil
- 2 Tbsp tahini

Adams, Shelley and Whitewater Winter Resort (2006). Whitewater Cooks: Pure, Simple and Real Creations from the Fresh Tracks Café. Whitecap Books Ltd.



### Want to learn to Quilt?

Looking to advance your skills or learn a new one? Join the Wasa Country Quilters Group and learn with a talented group of quilters!

We meet every Tuesday from 10-4 in our own space in the basement of the hall. Drop in any Tuesday! We'd be more than happy to show you the endless possibilities in this creative atmosphere! No previous experience required.


Call Gayle Andrews 250-422-3095 for more information.



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### WLLID AGM

The Wasa Lake Land Improvement District (WLLID) held its Annual General Meeting (AGM) on 27th September at the Community Hall. The agenda, last years AGM minutes and 2022 financial statements are on the WLLID website – [www.wasalake.ca](http://www.wasalake.ca).

A review of results from the 2023 water season was presented along with a report on algae growth and the Cameron Pond culvert clean out.

This year there were three open Trustee positions available on the Board. Three local residents stepped forward to fill those positions. Phil Godsave, Larry Gould and Nowell Berg were nominated and accepted their nominations. They were formally brought onto the Board at the end of the AGM.

Sharon Prinz and Darren Plested will return for the final year of their Board term.

The WLLID Board would like to thank Tom Braumandl for his participation over the past 3-years. If you have any questions or concerns regarding WLLID, please email [admin@wasalake.ca](mailto:admin@wasalake.ca).



**Dale Gray**

Phone: 250.422.3638

Cell: 250.421.1746

email: [dale58@shaw.ca](mailto:dale58@shaw.ca)

Box 245 Wasa, BC V0B 2K0

## DOCK SYSTEMS



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  - Swim Ladders
  - Wood Frame Docks
  - Metal Frame Docks
  - Floats & All Hardware
- most items in stock**

Today it is still summer,  
 Tomorrow will be fall.  
 I see the purple asters,  
 I hear the autumn's call.  
 I feel the warm sun shining  
 As a balmy south wind blows;  
 I see the flowers blooming,  
 And I see the grass still grows;  
 The goldenrod is waving,  
 The bees are in the clover.  
 I hear a distant honking--  
 The geese are flying over  
 The maple leaves are golden,  
 The pumpkins, round and yellow;  
 The apple cheeks are rosy,  
 The pears are getting mellow.  
 The nuts are growing rounder,  
 The cornstalk brown and sear.  
 By twenty lovely tokens,  
 I know that fall is near.  
 Today it is still summer,  
 Tomorrow will be fall.  
 Today I still am barefoot--  
 Oh how I love it all!

--by Nona Keen Duffy

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Support Local Scholarships & Lions Grounds Maintenance



# Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Kate Kelly



With fall in full swing, it's nice to reflect on the quiet days which are upon us. The beauty of the Memorial Garden takes on many looks – blue skies and crisp air made for a lovely late September days. A huge thank-you for the hard work put in by our dedicated volunteers did this season to make the garden look so ahhh-mazing & splendid!

Our Annual AGM was held on 07 Sept and it was suggested that our District Historical Assoc. & Memorial Garden Group “membership” could use some ‘growth’. We kindly ask that Wasa residents (both recreational & permanent) to consider a \$5/per person lifetime membership. Having a large ‘membership’ helps us apply for government grant monies which keep our garden looking great. Please contact Judy Reimer at mjlrreimer@shaw.ca or by phone 250-422-3343 to join. Thank you for your consideration!

Volunteers are always welcome. If you enjoy gardening & have been looking for a way to meet neighbors in the community, please contact Sherry Shields at her email address: slshields27@gmail.com

## 2019 Columbarium Niche & Plaque Costs

### UNIT 1 Columbarium

Upper levels - \$1000.00 + engraving

Bottom Row – \$900.00 + engraving

### UNIT 2 Columbarium (new)

Niche cost - \$1100.00 + engraving

Niche Engraving - \$275.00

Memorial Plaque - \$300.00

(engraving costs are subject to change)

### Contact info:

Pat Walkey @ 250 422-3530 or

pwalkey@shaw.ca.

**KOOTENAY RIPPLES HISTORICAL BOOKS NOW SOLD-OUT**



*“Autumn teaches us the beauty of letting go. Growth requires release – it’s what trees do.” ~ka’ala*



## HAY FOR SALE

Thank you for another great season!  
www.lantz farms.ca | @lantz farms



**Tuesdays**  
**October 10**  
**December 12**

Wasa

**Community Hall**

**Doors Open at 5:30**

**Early Bird 6:30**

**Regular Bingo 6:45**

**Concession**



Wasa & District Lions Club  
Recycling program  
250 417-7654



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## Wasa Community Church

*Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. (Colossians 3:16 ESV)*

While our church services aim to include the elements of singing to God in both hymns and newer songs, thanking Him for what He's done as we bring praise items and prayer requests to Him, and teaching the Word of God, which normally brings encouragement, but doesn't shy away from bringing up ways in which we need to improve, this verse goes deeper than that. It doesn't restrict itself to a certain day of the week, but extends beyond with the goal to fill our entire lives. Letting the Word of Christ dwell in us richly doesn't mean just listening to the preacher read out of it one morning of the week. It means daily drawing from the well that is the Bible, meditating on its words and keeping them in mind with the help of God's Holy Spirit. Teaching and admonishing one another in all wisdom is not simply the job of the pastor. As Christians see each other from day to day, they can talk about what they're learning and they can encourage one another, but they can also be honest about areas of their lives that should change. Spiritual songs and hymns are a great way to remember the Lord's goodness from day to day as they pop into your mind. Last, but certainly not least, thanksgiving should always be in the heart.

A life that brings hardship can often leave us feeling like we have nothing to be grateful for, but if we set our gaze beyond our discomforts, our pains, our trials and our troubles, we'll find that there are blessings beyond what we can count. Sometimes they're the smallest things. Maybe you find your keys after thinking they're lost. Maybe an employee at the store happens to show you kindness. Maybe the weather happens to be particularly nice. There are all sorts of things we can count as blessings to be thankful for. The biggest blessing, though, we see in Scripture. The love of God, our Creator, shown in His coming to earth as Jesus, living as a human and dying on the cross as an innocent man for the sins we were all guilty of. Rising again, He paved the way to eternal life for those who hold to His Lordship, believing in Him and what He did for us. By His Spirit, He sealed us for heaven. This life where things are difficult is short. The next life where things are perfect is forever. Therefore, as Paul says in 2 Corinthians 9:15, so should we say always: *"Thanks be to God for his inexpressible gift!"*

Pastor Jon Malpass, Wasa Community Church, (250) 464-4419



### **VOLUNTEER WITHIN THE COMMUNITY**

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out. Wasa & District Lions Club, Wasa Recreational Society, Tri-Village Buzz Newsletter, Wasa Gym, Wasa Lake Land Improvement, Wasa Pancake Breakfast, Wasa & District Historical Association/Garden Group are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

*"Volunteering is a work of heart"*

# RDEK NEWS

KDEK NEWS



Summer seemed to come and go, I would like it if the summer could be little longer. Those of us that garden have had very delicious produce to enjoy.

## Wasa Lake

There has been a lot of talk about the recreation use for a few years. Then the RDEK received a petition to reduce the speed in the North end of Wasa, following that the RDEK received a petition from the supporters of boating.

Both sides has very strong opinions on the recreation use. I do not live at Wasa , so it was very hard for me to make a decision on what the RDEK should do with these requests. So I have hired Living Lakes Canada to do a survey of the Recreational use. I asked for a count of motorized and non-motorized watercrafts.

I also asked for Wake Boats to be counted because there is a possibility of those boats causing environmental damage to the foreshore and the lake floor in shallow lakes. If you are using a wake boat be very careful not to be to close to the shore, because the wake does damage to the foreshore. Also try not to go over the same path repeatedly as that is what does the damage to the floor of the lake.

When I receive the study I will be making sure that the results will be made public.

Would anyone be interested in trying to form a lake steward group? That could work with various lake users. These groups have worked very well at various lakes.

## Pancake Breakfast

I was able to volunteer at some of the breakfasts, I also came out to enjoy some of the breakfasts.

I want to thank Karen Markus and Jim Hill for all of their efforts in keeping the breakfasts going on for the summer. Jane Gendron and Marilyn Bowen came forward to help Karen this summer as well. I want to thank everyone who came out and volunteered to produce the breakfasts for everyone. Also thank you to the people that came out to entertain everyone.

I hope everyone had a great summer. If you have any comments or questions please call me at 250-427-2577 or email me at s.janewalter@gmail.com.

Thank You

Jane Walter



### Are you interested in First Aid Training?

The Wasa Lions Club is sponsoring a 4 hour Basic First Aid CPR A Course for up to 10 community members. Date to be determined.

Contact 250 417-7654 for further information.

## WASA LIONS MEDICAL LOAN CUPBOARD

BOX 10 WASA, BC,  
VOB 2K0

### Medical Equipment Loan Service Contacts?

Sharon 250 417-7654  
Trinda 250 793-9491  
Jocelyn 250 505-4752

Equipment is loaned free of charge  
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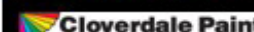


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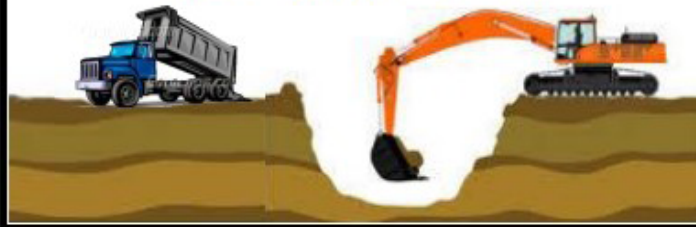
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The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fund-raising, volunteering & rentals, we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- Hall Rentals & Information:**  
Karen Markus 250.422.3514 or  
Jane Gendron 250-421-2535
- Gym:**  
Sonia Blackwell 250.421.3019 or  
Rod 250.422.3253
- TOPS:**  
Heidi Wright 250-919-3675
- Library:**  
Rose Smith 250-422-3088
- Quilter's Club:**  
Gayle Andrews 250-422-3095

**Land For Sale in WASA BC**

**3/4 Acre Lot**

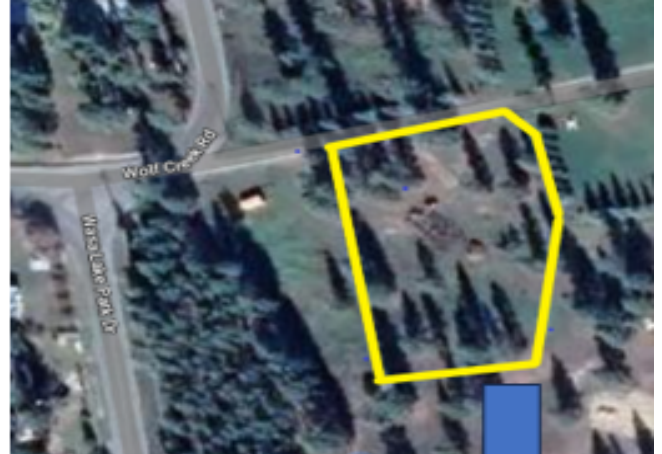
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## **The Lions Den Lions Roar**

*Wasa & District Lions Club – Serving Wasa & Area since 1976*

submitted by Terry Marvel

The hot, dry summer is behind us and the cooler days of fall are here.

The Wasa Lions are gearing up for our annual Trunk or Treat to be held at the Wasa Lion's Grounds on October 29th from 4:00-5:30. Bring your littles and your treats and do the trick or treating from your trunks! Hot dogs and hot chocolate will be provided by the Lion's. It's a great way for the kids to have a trick or treating good time and not have to drive them all over town. It's a one stop shop!

The Lions assisted with the Gran Fondo again this year. There was a pavilion set up at the North end of Wasa and it provided snacks and drinks for the cyclists. The weather was perfect for the occasion. The Lions receive a donation from the Gran Fondo organizers which helps with our fund raising.

And let us not forget the Wasa Lion's Dinner and Dance to be held December 2nd. Tickets will go on sale November 4th at the Wasa Hall. Price has not been decided yet, because of the boomeranging price of food. It promises to be one of the highlights of the year with raffle prizes and a dance after. It's about time we had a good old community get-together!

Enjoy the cooler weather and prepare for Old Man Winter. If only we could predict what kind of winter we are in for. Nestle in and make the most of it!



## **WASA VOLUNTEER FIRE PREVENTION & SUPPRESSION**

submitted by Kathy McCauley

Fall is here after another super hot summer fraught with wildfires licking at our doorstep! Although the fire hazard rating has declined considerably and the danger for this year is likely over, there is still plenty to be done. Chances are it will be another hot, dry summer in British Columbia next year and wildfires will once again be upon us. NOW is the time to prepare.

Fall and spring are the BEST times to get your yard cleaned up and FireSmarted, and the Regional District of East Kootenay is once again offering free chipper service to both Wasa and Lazy Lake residents. The chipper will be making its rounds right after the Thanksgiving holiday weekend so sign up NOW by contacting Kathy McCauley 427-6637 if you live in Wasa. Contact Dwayne Bach 403-795-9656 if you live at Lazy Lake. If you were really clever and had your water cubes and pumps ready to fight fire all summer, it will soon be time to get them put away. Any water left in your system will freeze and wreck your equipment.

The fire group will be cleaning up and putting the community water trailer in storage by mid-October. Water, hoses, and pumps all freeze up in winter weather so please be aware that water trailers will NOT be available to fight fires. We will continue to work on the FireSmart Demonstration Site on the corner of Wasa Lake Park Drive and School Road. We have some clean up planned and we're hoping to get our Interpretive signs installed before the snow flies.

We'll be back in action by mid-April of 2024. In the meantime, if you'd like any information about FireSmart, go to [firesmartbc.ca](http://firesmartbc.ca) or [wasafire.weebly.ca](http://wasafire.weebly.ca) Contact [kathyemccauley@gmail.com](mailto:kathyemccauley@gmail.com) if you seek specific information from our group.

The Wasa Volunteer Fire Group wishes everyone a Happy Thanksgiving!

**AN OPPORTUNITY TO SERVE  
YOUR COMMUNITY**

**Wasa Lions is a fun way to give back to your community.**

**It's About Fundraising**

- Annual Christmas Dinner/Dance/Raffle
- Yard Sale/ Pancake Breakfasts
- Bottle Recycling
- Gran Fondo/ Triathlon
- Lions Grounds Rental



**It's About Giving**

- Wasa Lions Path/Skating Rink
- Tennis & Basketball Courts
- Pickleball Courts
- Ball Diamond
- Scholarships
- We Care We Serve community funding
- Medical Loan Cupboard
- Eyeglass & Hearing Aid Recycling



**It's About Fun & Socializing**

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**Wasa Lions Grounds Rentals**

Contact Person: Linda Gold @  
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## The Power of the Prayer taught by Jesus of Nazareth Part 6

We continue on the series of articles that we have started on the powerful Prayer of Jesus offered to His disciples according to the interpretation of the Essene texts found not far from the Dead Sea in 1947. This prayer is called: **Prayer of the Son to the Father.**

**“Our father who art in heaven,  
Hallowed be thy name,  
Thy kingdom come,  
Thy will be done on earth as in  
heaven.  
Give us today our daily bread.  
Forgive us our trespasses, as  
we forgive  
those who have offended us.  
And don’t let us enter into  
temptation,  
but deliver us from evil.  
Amen.”**

Jesus begins by saying **“Our Father”** which makes us all Brothers and Sisters in God; then he continues by adding **“Our Father who art in Heaven.”** Our Father, the Law, the Creator, is “in heaven” because He is the highest and greatest. **“Who art in heaven”** evokes the Cosmic Ocean of Consciousness, which is beyond the world of matter. **“Hallowed be thy name.”** The Name of the Creator has always been considered absolute, as something impossible to express by a limited or formal definition, because there is no name that can convey the meaning of the Creator. **“Thy kingdom come.”** The kingdom, in the Essene Tradition, is in harmony with the Law of Evolution toward God. **“Thy will be done on earth as in Heaven.”** For the Essenes, as for us at the Ashram, life is about aspiring to the Divine Will for the

good of all sentient beings rather than our own. **“Give us today our daily bread.”** This means that we need to be guided by Wisdom, warmed by Love and nourished by the Natural Force of God (Holy Spirit or “Shakti” in Sanskrit) every day, so that our Consciousness, our mind and our body can be in harmony with the Totality. **“Forgive us our trespasses, as we also forgive those who have offended us.”** To forgive is to forget, for there is no other way of achieving forgiveness. We live in a world where the sons of men very often stray from the Law of Forgiveness and consequently create lower currents of thought, emotion and deed. **“And lead us not into temptation but deliver us from evil.”** Temptation is the first step in the deviation from the Law of Evolution toward God. The great anti-God in Man is his mind, which leads him to think, speak and act wrongly.

### **“But deliver us from evil.”**

We know that evil has no reality, that whatever was created and found to be “Good” for this world was an expression of the Law of Evolution and of the Creative Force. Evil is simply the product of deviation – of all our past deviations – from the Law of Evolution. But even if we have deviated, we are not slaves to the past, because we all have the potentialities expressed by the representatives of God on earth. The “Kingdom” is always accessible to us, and the knowledge of the Truth will free us from all bondage to the past. The moment we begin to co-act with the Law of God, which is a Law of Evolution and Unity, then the evil resulting from our past deviations loses its reality and disappears from our lives. We can achieve this by continually making ourselves

receptive to the “daily bread” of wisdom and love. **“Give us today our daily bread.”** “Today” means that the greatest reality for us is the present – the here and now. We should not worry about the past or the future. The past is past, and our future depends entirely on how we live the Truth and the Law of Evolution toward God in the present. Therefore, living today in Harmony with Divine Law delivers us from evil, and will set us free from the karmic consequences of past deviations.

In the writings of the Essene Dead Sea Texts, we find this additional sentence added in the Prayer of the Son to his Father:

**“For thou possess the kingdom, and the power, and the glory, forever.”**

The “Kingdom” is the Divine Realm. The “Kingdom” is the Synthesis of all the Superior Forces: it is the Spiritual World and the material world, the infinite Cosmic Oceans of Life and Consciousness, and it is Man, Law of Evolution, Cosmos, and the Creator—the Totality of the Manifestations of the Law of Oneness. The “Power” represents all the powers and all the forces that bring the “Kingdom” to life; the Spiritual Powers, the natural Forces, the Power of Wisdom, Love and Life... the sum total of all the powers that bring the “Kingdom” or Divine Realm to life.

We will continue and conclude our study on the Powerful Prayer of Jesus in our seventh and final article on the subject.

May all that is good and beneficial for your Evolution toward God be granted to you all.

Warmly yours

Om Om Om

H.H. Gurudev Hamsah Nandatha

## National Day for Truth and Reconciliation September 30, 2023

There are a number of activities going on around the East Kootenay to commemorate the upcoming National Day for Truth and Reconciliation. The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. The public can participate in listening and learning opportunities scheduled throughout the region leading up to and on September 30.

### Events in our region:

#### ?aq'am

Truth & Reconciliation Walk, September 30 at 10am – St. Eugene Mission. Consider carpooling as parking is very limited and please adhere to directions provided by the security team.

#### Ktunaxa Interpretive Centre – St. Eugene Resort

The Ktunaxa Interpretive Centre is holding two beading workshops. Learn how to bead a one-of-a-kind orange shirt pin. All supplies provided for \$55 a person. September 26 & 28.

#### Shuswap Band and Invermere

Movie screening of Bones of Crows on September 30. Meet at 12pm at the Shuswap Health Centre to walk to the Columbia Valley Centre. **\*\*Warning: This film could be triggering for some viewers. This film contains disturbing content not recommended for audiences under 16 years old.**

**Truth and Reconciliation Day at the Invermere Library** on September 30. Storytime, crafts, an introduction to Secwepemctsin language, and book discussion. Begins at 10:30am.

#### Yaqit ?a:knuqli'it and Fernie

Yaqit ?a:knuqli'it Flag Raising at Fernie City Hall at 10am on September 30.

If you are part of an event that you do not see listed here, please email the details to [lmcmahon@rdek.bc.ca](mailto:lmcmahon@rdek.bc.ca) and they will be added to our webpage, linked below.

If you are not able to attend local events, there are many, many free resources available. Find those and any additional event information added after today,

[https://www.rdek.bc.ca/about/national\\_day\\_for\\_truth\\_and\\_reconciliation/](https://www.rdek.bc.ca/about/national_day_for_truth_and_reconciliation/)



### 2nd annual Adam's Army Craft market and spaghetti dinner on November 18th.

Market from 10 a.m. to 3 p.m. at the Wasa Community Hall. Tables for vendors are \$20

Spaghetti supper to follow from 5 p.m. to 8 p.m.

Supper includes spaghetti, meatballs/sauce, caesar salad, buns, beverage and dessert



Youth & Adults 13+ are \$20

Children 12 & under are \$10

2 and under are free



Tickets available at the door. Advance tickets or to book a table for the market, call or text

Lorrie Leask at 780.668.5977

Door prizes, silent auction

**All proceeds go to Adam's Army Charitable Foundation**

## Firewood permits

Members of the public who wish to cut firewood on Crown land for personal use must have a "Free Use Permit for Firewood" from each Natural Resource District where they intend to cut, issued by the appropriate District Manager or designate.

### Only dead or downed trees may be cut for firewood

There is no charge for this privilege, only a commitment to abide by a number of simple rules that are outlined in the permit. Each permittee must:

- Carry the permit and associated maps at all times
- Read and understand the conditions of the permit prior to signing, conditions differ between districts
- Produce the permit at the request of a Natural Resource Officer, Conservation Officer or Peace Officer

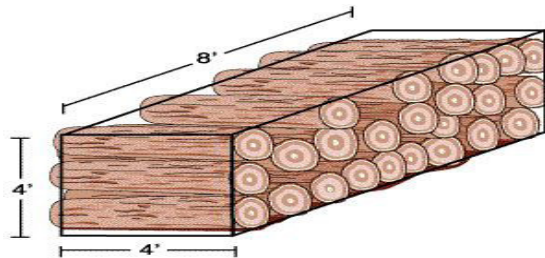
Cutting firewood on Crown land without this permit may result in confiscation of the wood and charges. It is up to the permit holder to determine whether they are cutting on "vacant Crown land" and not private land or First Nations reserves.

Moving firewood can spread invasive species and diseases. B.C.'s forests are threatened by non-native insects that can damage trees. Moving firewood from one area to another increases the risk of spreading disease, fungi and pests. Plan to burn firewood in the area where you collect it or buy it. Learn more about stopping the spread of invasive species and diseases.

Each district is operated differently so please contact the individual districts where you plan on cutting for more information, and remember to carry your permit with you at all times.

Any firewood cut under this permit is for personal use only and cannot be sold. For information on commercial firewood cutting permits, please contact your local Ministry office and inquire about the Small Scale Salvage program.

<https://www2.gov.bc.ca/gov/content/industry/natural-resource-use/natural-resource-permits/firewood-permits>



### HOW TO MEASURE FIREWOOD

A cord, cubic foot, cubic yard, stacked cubic metre are the only volume measurements for firewood legally defined under Industry Canada's Weights and Measures. It's not illegal to buy or sell firewood using other measures, but they are often open to interpretation.

Firewood is typically sold by the cord, which is neatly stacked split firewood measuring 4 feet high, 4 feet wide, and 8 feet long (or 1.2m x 1.2m x 2.4m in metric measurements). In volume, a cord is about 128 cubic feet or 3.6 cubic metres of stacked wood. One cubic metre is about 35.3 cubic feet.

A cord is defined as: 128 cubic feet of stacked roundwood (whole or split, with or without bark) containing wood and air space, with all bolts of similar length piled in a regular manner with the longitudinal axes approximately parallel.



## TRI-VILLAGE BUZZ NEWS TEAM

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### Advertising Rates Per Issue

1 column width .....\$16  
or \$80 / 5 issues  
\$144 / 10 issues

(1 column width = 2.5")

business card .....\$8

2 column width .....\$26

3 column width .....\$37

Full page.....\$49.50

For more information or to  
place an ad, please contact  
Lori Vandette

250.417.1570 or email

trivillagebuzz@gmail.com

Tri-Village Buzz Newsletter

Box 169 Wasa, BC V0B 2K0



## Cranbrook & Kimberley HOSPICE SOCIETY

127C Kootenay St. N. Cranbrook, B.C.  
V1C 3T5

Phone: (250) 417.2019

Fax: (250) 417.2046

Toll Free: 1.855.417.2019

Email: [info@ckhospice.com](mailto:info@ckhospice.com)

Website: [www.ckhospice.com](http://www.ckhospice.com)

### Volunteer Today!

Cranbrook / Kimberley Hospice  
Society needs volunteers to help  
with Client and Family

Companioning & Grief Support



A United Way  
Sponsored Agency

United Way  
of Canada



# Welcome Neighbours & Visitors

Groceries  
Ice Cream  
Fast Food

Cold Beer  
Wine & Spirits  
Lotto!

## Wasa Lake Gas & Food

250.422.9271

Groceries    Ice Cream    Fast Food  
Cold Beer    Wine & Spirits  
Recreational Gear  
Lotto    ATM  
Gas & Diesel    Propane

Open Daily 6 a.m. – 9 p.m.

Contact store for Weekend/Holiday/Winter hours

When I was out walking the other day, I saw a shrub covered in bacon.  
When I went to take a closer look, I got mugged.  
Turns out it was a hambush....

### Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" – no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



For Gym Schedule  
please contact:  
Sonia Blackwell at  
250.421.3019 or  
Rod at 250.422.3253

Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.

GYM HOURS AND INFO

# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Church 10:30 am	<b>2</b>	<b>3</b>  Wasa Lion's Mtg 7 pm	<b>4</b>  <b>NATIONAL TACO DAY</b>	<b>5</b>	<b>6</b> 	<b>7</b>
<b>8</b> Church 10:30 am	<b>9</b> 	<b>10</b>  BINGO!	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> 
<b>15</b> Church 10:30 am	<b>16</b>	<b>17</b>  Wasa Lion's Mtg 7 pm	<b>18</b>  National Chocolate Cupcake Day	<b>19</b>  Power outage 9 - 5	<b>20</b>	<b>21</b> 
<b>22</b> Church 10:30 am	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>  Worldwide Howl at the Moon Night	<b>27</b>	<b>28</b> 
<b>29</b> Church 10:30 am  Trunk or Treat 4-5:30 pm	<b>30</b>	<b>31</b> 				

**LEGEND**

Church Service 10:30 a.m.    Lions 7 p.m.  
 Quilters 10 - 4                      Tops; friday 9 a.m.  
 Lion's meetings 1st & 3rd Tuesday of every month



**SPECIAL EVENTS**

## and Days Down the Road

- TOPS every Friday morning at the Wasa Hall. Weigh in at 9 - 9:30 AM - mtg 9:30 to 10:30
- Pickleball - every Monday & Wednesday 9 - 12, in the Community Hall
- Oct 29 - Trunk or Treat 4-5:30
- Adam's Army Fundraiser November 18



**NUMBERS AT A GLANCE**

Ashram Meditation & Yoga.....	250.422.9327
BC Wildfire..... *5555.....or .....	1.800.663.5555
Catamount Contracting.....	250.422.3694
Conservation - Emergency.....	1.877.952.7277
Cranbrook/Kimberley Hospice.....	250.417.2023
Econobuilt.....	250.421.7813
<b>EMERGENCY.....</b>	<b>1.800.663.5555 (*5555)</b>
Hi Heat Insulating.....	250.422.3457
HD Railings.....	250.422.3457
Kootenay Kwik Print.....	250.489.4213
Kootenay Monument Installations.....	422.3414
Lantz Farm (Hay).....	250.420.1660
Rascal Dock Systems.....	250.421.1746
TOPS.....	250.919.3675
Wasa Country Pub & Grill .....	250.422.3381
Wasa Hall.....250.422.3514.....	422.3795
Wasa Hardware & Building Ctr.....	250.422.3123
Wasa Lake Gas & Food.....	250.422.9271
Wasa Lions Med Eqp...250.417-7654.....	793.9491
Wasa Lions Trail Donations.....	250.417-7654
Wasa Memorial Garden (Pat Walkey).....	422.3530
Wasa Post Office.....	250.422.3122

