TRI-VILLAGE BUZZ



October 2013 Issue 163

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HAPPY 25TH BIRTHDAY WASA COMMUNITY HALL

COME ONE - COME ALL - LET'S CELEBRATE!

In recognition of this momentous occasion, the Wasa Recreation Society is hosting a:

SPAGHETTI SUPPER

Saturday, October 19[™] 2013

With memories of good times had in the gatherings of old, our insightful and energetic locals took on the construction and maintenance of a hall that would serve the community and area for years to come. With the receipt of the first of three installments of \$33,000 from the Expo Legacy Grant, volunteers started work in June 1988. Through the knowledge, skills, labour and sweat of numerous dedicated volunteers, the building was standing by the end of the summer. The remaining allocation of funds was used to install the water and septic systems and complete the gyproc, doors and siding so that the hall could host its first event, the Harvest Hoot in October 1989.

An endless array of activities has occurred over the last quarter of a century in this attractive, functional and well maintained building. Auctions, archery, conferences, craft fairs, elections, exercise, dances, meetings, memorials, readings, reunions and weddings have imprinted and sealed love, laughter and tears in the walls of the Wasa Community Hall.

Please come out with family and friends to reminisce and celebrate 25 years of this infamous focal point of our community.







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In Loving Memory



Tammy Jean Hollett Feb 6, 1962 - Sept 12, 2013

A gathering of friends and family was held at the Hollett residence to remember Tammy who passed away on September 12, 2013. Tammy, the loving wife of Rick and mother of Kaitlin and Travis will be sadly missed by everyone that new her and will be forever remembered for her caring way and wonderful sense of humour.

The

sports Den



with Mario Carelli



The journey of a hockey player(an excerpt from the book "Deceived" by MC)

Chapter 1

Marc Charlebois was 11 years old when he stood at the corner of Despins and Fleury waiting for his school bus on a wintry morning in November. Across the way in a weathered, beat up, snow covered tennis court were a group of older boys playing shinny. These teenagers' classes started later than the elementary school that Marc attended, thereby affording these boys the opportunity of frolic in the morning. While most of Marc's friends were already on hockey teams, just waiting for the outdoor rinks at parks to freeze over to begin their seasons, Marc himself, a bit of an introvert, never did join an organized team due to a lack of confidence. But that morning his whole future was about to change.

While he began learning to skate at age 4, play hockey at age 5, he never could see himself being part of a team oriented, structured sport. Of course, as most Quebecois kids do, he played recreational hockey with his friends after school, on weekends and thoroughly enjoyed himself. He was one of the faster skaters amongst his peers and just loved to score goals (even though how rare they were).

When he arrived at school that morning he searched out Guy Lamothe and asked him if Guy's dad would be willing to give Marc a tryout with his pewee team. Mr. Lamothe was a well known minor coach in Chaboogamoo and getting on his team would be a daunted task. Guy and his younger brother, Serge, played on the same team and were already highly recognized hockey players in the area. Guy and Marc were friends and classmates and Guy was well aware of Marc's skating abilities as they regularly played pick-up hockey after school. With Guy's recommendation, a tryout with Mr. Lamothe's team was foregone conclusion.

The Chaboogamoo Braves (CB'S) were a highly touted organization and this coming year the pewee Braves were fore casted to achieve much success. Of course all this was new to Marc as all he wanted to do was to play hockey on an organized team in a regular league. That whole day Marc's studies suffered as his mind wandered to days of playing for the Stanley Cup with the New York Rangers (what you saythe New York Rangers) yes, Marc was a bit of an enigmatic soul amongst his French brethren choosing to cheer for an American team before the beloved Canadiens. Upon arriving at home after school, he sought his rusty, tattered and just plain over used CCM's and began, in earnest, to shine the blades with steel wool and shine the leather with Pledge. Oh how those blades glistened (as best they could) and the leather shone to a point of distinction that you could actually tell it was some semblance to leather. He could hardly wait to tell his mother when she came home from her job, as a custodian, at the local O'Keefe brewery. The Charlebois' were a relative poor family, by today standards, but could still afford to put food on the table and clothing on their backs. Mom Anne Charlebois worked her shifts religiously taking on extra ones, when available, to afford Marc and his sister Celene some extra and finer necessities. Their father, Pierre Charlebois, was a father by proxy after being caught dipping into the neighbours funds. The neighbour, Helene, was one of Anne's best friends, so this affair caused guite a stir in the apartment complex. Not being able to afford to move. Mom stuck out the embarrassment and proceeded to be the best mom that she could be to her children. To make matters worse Helene was Celene's permanent babysitter when Marc was not around. Pierre still came around, time to time, (probably to check on Helene's plumbing), would drop by to see his family, then vanish again for longs periods of time.

When Anne arrived home from work, Marc couldn't hide his enthusiasm, had a brilliant aura about him and had a beaming smile that Anne hadn't't seen since the birth of his sister (oh how Marc adored his baby sister). Calm down young man blurted Anne as she awaited with baited breath to hear the story that was so important to her son. Mrs.Charlebois, not being a sports fan whatsoever, couldn't understand the feverish gibberish that was escaping from her child's mouth, (tryout, hockey, team,) what was all this nonsense she was hearing? All Anne could register were dollar signs being associated with all this ranting. Marc assured his mom that he had all the equipment necessary for the tryout (a pair of skates???) and that there may be a minimum registration fee if he made the team. Anne provided little resistance and allowed her only son to follow his dream (for the moment).

When Marc arrived in his classroom the following morning, Guy told him the good news and said Marc could tryout for the CB's as soon as the ice was ready in the local parks (time could not elapse quick enough). Just 2 weeks went by when Marc received a phone call to be at Parc St. Andre's the following Saturday at 2 pm (the ice was ready). Freshly painted blue and red lines on the ice, newly installed boards, tightly woven nets and dangling 200 watt (not energy saving) bulbs awaited Marc and others as he anticipated the most important 2 hours of his life. Getting to the park was a chore in itself as the family had no personal modes of transportation and the quickest way to the park was a 3 hour ride bus trip. After the tedious 3 hour trek, Marc was unnerved as he began skating and stick handling through Mr. Lamothe's drills, never before experiencing such laborious tasks. The coach was not one to dillydally and after the 2 hours of tryouts, after consulting with his assistant coaches (there were none back then lol) named his team Marc had made it and boy how he had made it!!!!

Coach offered him a ride home (gotta be kidding) and along with Guy and Serge sang songs and joked all the way to the apartment complex. Marc could count on one hand the number of times he had been in an automobile. The previous 3 hour bus ride was miraculously turned into a 1/2 hour journey. Coach could see that the 3 lads were a bonded unit and hoped that their enthusiasm and camaraderie would be infectious throughout the team. Life seemed to be fairy tale come true for Marc. Coach Lamothe dropped off the newly crowned team hockey player at his doorstep, introduced himself to mama Charlebois, congratulated her on raising such a fine boy, bid his adieus and let Marc tell his mom the good news (well—good news for Marc that is).

Even though Marc worked 2 daily paper routes, earning sufficient monies to pay the registration fee, mama Charlebois felt that family needs circumvented any sports activities and put his route earnings towards daily household expenses. Marc was crushed and thinking that his dreams of becoming a hockey player on a real life team had evaporated, put forth a petition, passed it around the apartment complex, begging for the \$25.00 registration fee. When coach L and his wife, Gisele, found out about this scenario, Gisele immediately wrote a \$25.00 cheque to the Chaboogamoo Minor Hockey System allowing for Marc to chase his dreams. Coach L gave Marc some of Guy and Serge's old equipment. (i.e. gloves, shin, shoulder and

elbow pads-no helmets back then). The fast skating, shy kid and sport fanatic from the complex was well on his way to living his dream.(not realizing it at this time of course) The season that followed was a magical journey into a kingdom where only dreams are made of and movies are created..... Chapter?...... could be in a future issue

Ice Shavings

The Red Deer Rebels spoiled the Kootenay Ice's 2013/14 season home opener before a respectable crowd of 2,399 by edging the locals 4-2. Three 3rd period unanswered goals proved to be the demise for the hometown lads. The Rebels struck early in the deciding period tallying at the 34 and 42 second marks. The sole power play marker of the game by the Rebels midway thought he frame proved to be the proverbial nail-in-the coffin goal. The Rebels peppered the Ice net and goalie Mackenzie Skapski with 20 shots in the last frame providing the away team with enough ammo to secure the victory. Prior to the 3rd period collapse, the boys were playing with the defensive discipline that coach Ryan McGill's teams are noted for (hard working and defense first attitude).

The Ice fared no better in the following night rematch losing by the score of 6-3 in hard fought battle. Once again 3-3rd period unanswered goals proved to be the demise for the Cranbrook Crew. At this early point of the campaign, it looks like the boys have to focus on better preparation out of the dressing room to begin play for the final period. The fans are hoping that last years' strong second half showing would provide the catalyst for a fast start to the current campaign. A slow start to last year's season almost cost the Ice a playoff spot and this years' 0-2 start looms murky for the future. (panic mode asisde-we at the TVB encourage the fans to support the team on their quest for the WHLchampionship and attend as many games as possible) Sam Reinhart begins his potential 1st round selection in next years' NHL draft on a positive note going 1g and 2a in his first 2 games. !Go Ice Go!

Dynamiter Dynamics

The Blast Crew began their 2013/24 season with impressive 3-0-1 start. A newly formed coaching staff and a new general manager look to provide stability after a tumultuous 2012/13 season. Local and respected head coach Jerry Bancks (ex of the Ice), local assistants Jeff Kiever and Mike Reid along with gm Rocky Allan seem to be the right ingredients for this years) edition.

There is definitely an east kootenay flavour to the current edition with no less than 11 locally grown and bred players. (shop locally seems to pertain to more than just foods). Holdovers, veterans and locals Jared Marchi (Kimberley) and Jason Richter (Cranbrook) look to provide the bulk of the offensive spark while the defense is bolstered by local Bryce Perpelitz (Cranbrook-3 goals to start the season) and imports Tanner Gray (Bellingham, Wa.) and Darren Martin (Calgary). The goalie tandem Jeremy Mousseau (Kimberley-1.96gaa and .927 sp) and Tyson Brouwer(Lethbridge-1.71 gaa and .947 sp) are looking to backstop the Nitros a KIJHL championship. Lets give these boys our TVB support as they provide the community with a much deserving hockey outletto cheer on. !Blast Off Nitros!

Remember, local sports is our passion and any stories or anecdotes of local residents accomplishments would be appreciated at mcarelli52@gmail.com (note new e-mail address)

See ya all next issue



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To receive a newsletter by e-mail contact **Patti King**

(pking753@gmail.com) or go to: www.wasalake.com/buzz

Tri-Village Buzz Newsletter Box 169 Wasa, BC V0B 2K0

Remembering Marty



Feb 6, 1975 to Oct 21, 2011



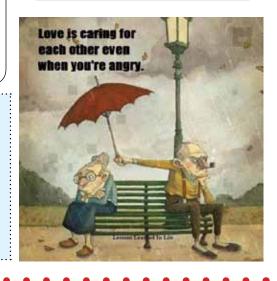
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For More Information Contact:

Susan: 250.422.3510 Irene: 250.422.3686 1.800.932.8677 (Toll Free) www.tops.org

Wasa Recreation Society's November BINGO

November's BINGO is our "Bring a Friend Bingo"

When you bring a friend "New to Bingo"

you get an extra table draw.

The Wasa Bingo is looking for people who can help out with the kitchen, floor walk and calling.

Phone: Jane at 250-422-3469



Proposed Wasa and Area Official Community Plan



If the OCP is adopted, when would I need to apply for a Wasa and Cameron Pond Shoreline Development Permit?

- Development Permits are only required in the Orange and Red Zones per the Sensitive Habitat Inventory and Mapping Report prepared by Interior Reforestation Co. Ltd., Dec. 2010.
- An approved Development Permit is required prior to construction, addition or alteration of a building or alteration of the land, including the removal of vegetation, site grading, deposition of fill, beach creation or dredging.
- A Development Permit is not required if the activity is limited to internal alterations to buildings, renovation the proposed increases the existing footprint by less than 25% of the existing footprint, the activity is limited to removal of hazardous trees, emergency repairs, activity conducted under the direction of the Provincial Emergency Program or maintenance of existing beach areas conducted under the direction of BC Parks or Wasa Lake Land Improvement District.

All development proposals are still subject to the applicable Federal and Provincial requirements and approval processes. The submission of proof of acquiring all required permits and approvals from the responsible jurisdictions may be a condition of issuance of the Development Permit.

The draft Wasa and Area Official Community Plan and additional information regarding the planning process can be viewed at www.rdek.bc.ca.

Questions or Comments, contact Michele Bates, Planner 250-489-0311 or mbates@rdek.bc.ca.

Wasa Community Hall Celebrates 25 Years in the Community

Spaghetti Dinner and Fundraiser

Saturday, October 19, 2013

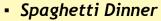
Dinner Served Between: 5:00 pm - 8:00 pm Entertainment: 7:30 pm - 11:00 pm Beer & Wine Cash Bar: 5:00 pm - 11:00 pm

Advance Tickets:

Adult \$10.00 Children (10 years and under) \$ 5.00 Family (Immediate Family) \$30.00

Tickets at the Door

Adult \$12.00 Children (10 years and under) \$ 7.00 Family (Immediate Family) \$35.00



- Regular and Gluten-Free Pasta
- Two Sauces (Meat & Vegetarian)
 - Salad Garlic Bread
 - Desserts Birthday Cake
 - Juice Coffee Tea

Purchase Tickets at:

- Slim Pickens Gas & Goods
- Recreation Society Members
- User Groups

Thank you from Kay and Lister Canning to family, friends and neighbours for all the kindness you showed during Kay's recovery

Thank you!







By Area E Director Jane Walter

OFFICIAL COMMUNITY PLAN

A meeting was held where Michele Bates presented and reviewed the Official Community Plan. We asked for comments to be submitted by September 23rd.

A newsletter will be distributed advising of any revisions based on the meeting and comments received.

CHERRY CREEK FALLS

The Ministry of Forests, Lands, and Natural .Resources Organization has given the RDEK a License of Occupation for approximately 40 acres.

The next step is to get permission from the Minister of Transportation for a parking lot.

TOWN MEETING (News Release from the RDEK)

The Electoral Area E Volunteers of the Year were recognized at the Area E Town Meeting on September 25th.

Hugh and Orlena Campbell work tirelessly in and around Wasa area and contribute significantly to the success of the community. "Volunteers truly define the character of our rural communities. We are so lucky in Area E that we have so many dedicated volunteers who give tirelessly to support their friends and neighbours," says Area E Director Jane Walter. "Hugh and Orlena are two of these hardworking volunteers and it was an honour to be able to pay tribute to them and thank them for their dedication and

kindness.

The Campbells are involved extensively with the Wasa Lions Club assisting with pancake breakfasts or maintaining the Lions Trail. They have run the community bingo for several years volunteer with Wasa Fun Days; and purchase and



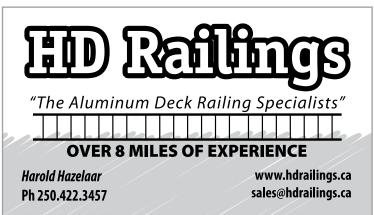
prepare all the food for the Lions Club Supper and Dance.

The second part of the Town Hall Meeting featured presentations on the 5-Year Financial Plan, Wasa / Ta Ta Creek / Skookumchuk Mosquito Control Program and Invasive Plant Management.

Have a good month.

Jane Walter, RDEK Director,

Phone: 250-427-2577







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Issue 163 OCTOBER 2013 Tri-Village Buzz

News From the Pews

By Pastor Gary Semenyna



Thanksgiving offers the opportunity to do something we should really be doing every day of the year: Thinking about, and expressing, what we're grateful for. What are you thankful for? We can be thankful for the smell of coffee in the morning, the laughter of children when you are sitting down and tired with exhaustion. We can be thankful for the fact that we are truly a blessed nation. Thanksgiving is an intentional action of gratitude for our many blessings. Unfortunately, in today's society we are so overwhelmed with our day to day tasks, we lose sight of our many blessings. We fail to stop to and be thankful for all that we have. It is easy to be thankful because of all the good things, but can we be thankful in the difficult trials of life?

With life come trials. Will we answer the call and be thankful in those moments. When the Old Testament character Job was being attacked, physically, financially, and personally he still took the time to worship God. These are the hardest moments to praise God because we feel so defeated. It takes all our energy just to lift our head. But if we choose to praise God during the storms of life, it is then that we truly see Christ face to face.

This Thanksgiving season pause, and take a moment to be thankful,

not to compare, or say what we don't have, but to focus on what we do have. What is filling up our time? Between spouse, kids, work, etc. we are pulled in so many directions, but we need to turn our quantity time into quality time. We shouldn't try to cram as much as we can in a week, but rather focus on a few things and truly enjoy and appreciate those moments. Busyness is half the battle of losing appreciation. We are so focused on the next moment that we disregard the present, in our haste to survive the day.

May we learn to appreciate the moment in all its fullness, bowing our head in humble thanksgiving to the only One who deserves our praise. May we finally see the world with untainted eyes and hearts and be grateful.

Wasa Community Church will be having a Thanksgiving Service on Sunday, October 13, at 10:30 a.m. You are all welcome to come and be a part of this time of Thanksgiving. For those ladies interested in a Bible Study, there is one scheduled on Monday's at 1:00 pm, and will be at the Church.

If any of you have any spiritual questions please feel free to give me a call at 250 422-3344.

Pastor Gary Semenyna

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The true sign of intelligence is not knowledge but imagination.

- Albert Einstein

THANK YOU

The Hollett Family would like to thank our family and friends for their awesome support during the loss of Tammy.

> TAMMY HOLLETT FEB 8, 1962 - SEPT 12, 2013





WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

Submitted by Naomi Miller

The flooding of 2013 has taken its toll on "The Old Highway" which became the dyke where our Flood Mitigation Gate is installed at the south end of Cameron Pond. Water pressure from the slough plus high water levels in the Pond has caused considerable erosion on that "dyke." RDEK, Water Stewardship and Ministry staff have visited the site and application has been made by the WLLID for Flood Disaster Relief funding for repairs to this structure. Discussions with Highways are ongoing.

During the flooding concerns about water quality were questioned by WLLID and RDEK as there were septic systems and well casings underwater. (Residents are encouraged to raise their well casings well above flood levels!) Thanks to Jane Walter and RDEK funds were made available to assist us in doing water testing at various areas around the lake as Parks tests only the park beaches. Tests done showed no e-coli present in any samples. We continue to do various tests until freeze up. Monitoring of the lake gives indication of health of this lake which we all depend on.

Due to the resignation of Clay Tippett from our board we have elected Alex Jensen as our new chair.

We pause to remember Frances West, the first secretary of WLLID. She served under chair Alan Askey and subsequent WLLID committee heads. This community minded lady volunteered for seemingly every local event or project. She was a very valuable member of the team which prepared the local history book then was the dynamo who organized the Homecoming and Book Launch of Kootenay Ripples. Frances and Donald (Joker) lived long enough to celebrate their 60th wedding anniversary in March 2013. May this good citizen now Rest in Peace.

Questions or concerns may be forwarded to WLLID at Box 133, Wasa, V0B 2K0 or Wllid@shaw.ca.

The next meeting of this volunteer committee will be on November 18th, 2013.



- New Construction and Design
- HPO New Home Warranty Program
- Renovations and Repairs
- Insurance Restorations
- Property Management

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Frances Mary West (1932- 2013)

Born Brindon, Manitoba

December 10, 1932

Passed away: Kimberley, BC

September 15, 2013

At the age of 80

Celebration of the life of Frances West

September 21, 2013

at the home of Donald West

Wasa Community Church

~ Pastor Gary Semenyna ~ office: 250.422.3344 home: 250.422.9226



Sunday W<mark>orsh</mark>ip Service 10:30 am

> Thursday Bible Study 7:00 pm.

The Lions Den

SUBMITTED BY KATHY MILES-BOUE

WASA LIONS FRANKS 'N THANKS

On Saturday, September 7th the Wasa Lions held their Annual Franks 'N Thanks at the Lions Grounds. The weather wasn't very co-operative but everyone who came enjoyed meeting with their friends and neighbours. All who attended enjoyed the burgers, hot dogs and corn on the cob and the live music was awesome.

KOOTENAY ROCKIES GRAN FONDO RACE

The next day, Sunday, September 8th, the Wasa Lions manned a water station for the First Annual Kootenay Rockies Gran Fondo Race. There were riders from all over and they were very grateful for the rest/water stations set up along the way. For the volunteers manning these stations, it was a pleasure to help out at such an event. The Lions who helped out had a lot of fun and look forward to next year's race.

WASA LIONS CONDOLENCES

It is with great sadness that we recently said good-bye to a much loved member of the community and the wife of one our members. Our heartfelt condolences go out to Rick Hollett, his family and their many friends. You will be missed, Tammy, but never forgotten.

The Lions would also like to extend their condolences to the West family on the passing of community pioneer -Frances. She was a long-time resident who did a lot for our community over the years and we are all grateful to Frances for her dedication to Wasa and area.

"Sometimes memories sneak out of my eyes and roll down my cheeks."

WASA & DISTRICT LIONS ANNUAL CHRISTMAS DINNER & DANCE

The next upcoming events for the Lions will be their Annual Christmas Dinner and Dance (December 7th) and the Annual Christmas Light-Up Contest (date TBA). Watch the community calendar for dates the dance tickets go on sale and the date your Xmas lights need to shine bright.

The Wasa & District Lions Club can be contacted at:

P.O. Box 10, Wasa, B.C. VoB 2Ko

or e-mail: wasalions@gmail.com.

CHICKEN & POPCORN STUFFING FANNY'S FAVORITES

Here is a turkey recipe that also includes the use of popcorn as a stuffing -- imagine that. When I found this recipe, I thought it was perfect for people like me, who just are not sure how to tell when poultry is thoroughly cooked, but not dried out. Give this a try.

8 - 10 lb. Turkey

- 1 cup melted butter
- 2 cup stuffing
- 1 cup uncooked popcorn Salt/pepper to taste

Preheat oven to 350 degrees. Brush chicken well with melted butter salt, and pepper. Fill cavity with stuffing mixed with popcorn. Place in baking pan with the neck end toward the back of the oven.

Listen for the popping sounds. When the chicken's behind blows the oven door open and the chicken flies across the room and lands on the table, it's done and ready to eat. Happy Thanksgiving Everybody!

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From the Ashram

Words of Wisdom



HAVE YOU DONE WHAT YOU HAD TO DO IN THIS LIFE?

Traditionally, an ashram is a spiritual Hermitage directed by a spiritual teacher called a "Guru" belonging to an ancient lineage of Spiritual Masters. I am Gurudev Hamsah Nandatha, the Guru of the Adi Vajra Shambhasalem Ashram in Wasa. Here, I continue the Mission of my Master Shri Swami Hamsananda Sarawati, also called His Holiness the Lord Hamsah Manarah because of his high recognition as a Divine Incarnation by the most renowned Yogis and spiritual Figures of His time.

One of the most important Goals of the Teaching of my Master was about Fraternity and Unity; to make all followers of different spiritual Traditions get closer to one another around the undeniable loving Principle of the Unity of God (the Divine). To do so, the Ashram is furnished with different statues representing the various Rays of the Divine as expected by the most prominent Religions on earth. In light of this, at the Ashram, the Cosmic Christ and the Buddha Maitreya are at the Universal Messiah's side symbolizing the perfect harmony between all Faces of the Divine. Christian. Jewish, Muslim and Hindu traditions all have their special place in our Ashram with a representation that is consistent with each respective Religion. Needless to say the Ashram equally receives people coming from all creeds, traditions and Religions as long as they can respect the simple Principle of Oneness, the Unity of God. I regularly give teachings concerning the diverse Spiritual Traditions existing among human beings and we sometimes have the joy of listening to other people talking about their religion and how they turn their hearts toward God. Indian Swamis, Tibetan Monks, Christian Priests and Pastors as well as Rabbis and teachers from any Tradition are always welcome to share with us their experience on the Path of Light and to enjoy the numerous Teachings and Meditation classes that are given here at the Ashram.

The main Teaching at the Ashram revolves around a few essential questions in life that cannot be ignored, such as: "What is the true purpose of existence?", "Who are we beyond our body and mind?", "What is the True Nature of one's Self?" and "How to achieve Self-Realization?" The practice of a logical and pragmatic inquiry through the Universal techniques Yoga helped aspirants to progressively remove the veil of ignorance in order to experience the true meaning of "Self-Realization".

It has been exactly 10 years since we opened the Ashram, which was the last will of my Spiritual Teacher before he passed away. The quality of the spiritual atmosphere here, my first book, and the kindness of our dedicated community have attracted more and more people from all over the world who have come to listen to Teachings on the wonderful adventure of their own consciousness. The flags of all of their countries stand proudly, high along the pathways of the beautiful gardens of the Ashram, reminding us that our world is becoming one vast village.

If you would like to visit the Ashram, you can make an appointment with our secretary or come on any Friday evening at 7 pm for the public Teaching and Meditation class during September through June.

I hope this will help you better understand the selfless and formidable work that we do at the Ashram to increase Fraternity, Unity and Love among humans.

Warmly yours with Blessing and Love.

Ven. Gurudev Hamsah Nandatha Adi Vajra Shambhaslem Ashram, Wasa, BC, Canada

Ven. Gurudev Hamsah Nandatha recently published a book entitled, In the Presence of Truth.

Discovering the Being Within, which is a road map to Self-Realization.

To learn more about this wonderful book and its author, visit www.inthepresenceoftruth.com

HELP STARTS HERE...

HELP STARTS HERE...

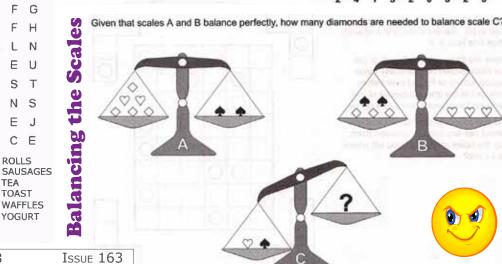
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"MARIO'S FUN PAGE" **Answers Page 12** 7 3 1 ACROSS 8 3 6 5 1. Noodles 6. Assist in crime 9 5 2 1 10. Bucket 14. Electronic letters 9 6 2 15. Identical 5 16. Sea eagle 4 3 6 2 17. French for "Queen" 5 1 18. Narrow opening 19. Poop 8 9 6 20. Beneath 22. Walking stick 9 2 8 3 4 23. Small slender gull 1 5 4 2 24. Found at the end of a pencil 6 26. Sharp intake of breath 30. And so forth 7 3 1 6 31. 16 1/2 feet 8 32. Dwarf buffalo 33. Weight loss plan 2 4 6 5 35. Flexible 39. A member of the Cosa Nostra 9 7 4 41. Corridor 5 3 43. African antelope 8 6 44. An aromatic ointment 5 9 4 46. Not pre-recorded 47. New Zealand parrot DOWN 3 7 9 1 6 49. Floral necklace 1. South American 13. Pariah 42. French farewell 50.1111 7 5 1 country 21. Requires 45. Lively tempo 51. Extreme cruelty 2. Ends a prayer 25. Somersault 48. Talisman 54. Dregs 9 6 3. Told 26. Contest 51. Rope fiber 56. False god 4. Prong 27. A Freudian stage 52. Love intensely 57. Utility What's the difference between the Titanic 5. Watchful 28. Couch 53. Drench 63. Essence 6. Claim 29. Analgesic 55. Slumber and the Calgary Flames? 64. Corporate image 7. Equilibrium 34. Treble 58. Fly high 65. Creepy 8. Send forth 36. Identical or fraternal 59. Roman emperor They both look good until they hit the ice! 66. Backside 9. Leash 37. Possess 60. God of love 67. Nobleman 10. Indiscretion 38. Visual organs 61. On the left or right 68. Wear away 40. Poems 11. Tapestry **Battleships** 62. Views 69. Lascivious look 12. Absurd 70. Stepped Can you place the vessels into the diagram? Some parts of vessels or sea squares have already 71. Models been filled in. A number to the right or below a row or column refers to the number of occupied **Find a Word** squares in that row or column. Any vessel may be positioned horizontally or vertically, (Breakfast) but no part of a vessel touches part of any other vessel, ~ Fiind and circle all of the breakfast items that are hidden in either horizontally, vertically or diagonally. the grid. The remaining letters spell a popular breakfast drink. Empty Area of Sea: = GURTOMELETSE S Е Aircraft Carrier: G Battleships: Cruisers: S Submarines: 1 3 2 0 Given that scales A and B balance perfectly, how many diamonds are needed to balance scale C? Scales В S Н Ν



.

HOT CHOCOLATE

HASH BROWNS

S

JELLY

MILK

MUFFINS

OATMEAL

OMELETS

PANCAKES

PORRIDGE

MARMALADE

С

ROLLS

TOAST

WAFFLES

YOGURT

TEA

G D S

EGGS

FRUIT

HAM

JAM

HONEY

GRANOLA

UES

M **BACON**

BAGELS

BREAD

CEREAL

COFFEE

CROISSANTS

DOUGHNUTS

BISCUITS



T. O. P. S.

Submitted by Arla Monteith

A Tidbit from Wasa TOPS...

We have all had a wonderful summer and were enjoying getting back into the swing of things in September, so much so, that the deadline for our TOPS tidbits article went 'flying by'!

In July, three of us attended IRD, International Recognition Days, in Calgary. There were about 1500 delegates representing every Canadian province and every State, except Hawaii. We were inspired by all the success stories. We were informed by knowledgeable keynote speakers. And we were entertained. There were tears .. of joy lots of love, laughter and hugs and photos galore! The TOPS organization truly reaches out and helps thousands of people. Confirmation for us that by making lifestyle changes we can become healthier and be more active people.

We enjoyed, as always, doing the pancake breakfasts. This year we donned our new TOPS aprons and "I am TOPS" visors and displayed our new banner.

Jennifer, our Area Captain, is very proud and supportive of our chapter. She has come out to Wasa to present programs, awards, and give encouragement, and also came out to our August breakfast and set up an information table. She is also in charge of organizing our Fall Area Rally which is September 20 and 21st in Nelson this year.

So a new year for TOPS has begun! We invite not only new, but past members, to join us. At at cost of only \$32 per year, (no that's not a typo!), it's a very affordable way to learn about healthy choices and gain the support of others trying to make good choices.

Golf Tournament

Submitted By Dona Bannenberg

The first annual Ta Ta Creek Golf Tournament held at the beautiful par 3 Coys Golf Course in Fairmont was a great success.

Ta Ta Creek

Fifteen players participated and even a few more showed up for the barbecue dinner afterwards.

Joseph Bannenberg organized this event for the neighbourhood. It turned out to be an international one, because there were guests from Holland and Switzerland.

The weather was gorgeous, the course was in good shape and each tee box was decorated with the most colourful flowers.

Everyone had a good time.

The winner of the Trophy was Harry Stienwand. Congratulations!

See you all next year again.

Where do you take...



While visiting, exploring and digging for Klondike Gold in the area around Dawson City, Yukon Karen and Jim took a day trip up the Dempster Highway through Tombstone Territorial Park, viewing stunning arctic tundra landscapes and wildlife. In Dawson City and area they experienced the RUSH of the living history of the Klondike.»

- Send me a photo of you in your travels pictured with the Tir-Village
- Include a brief description of where you went and the names of the people in the photo.
- I'll publish all photos received.
- The name of the person sending me the photo will be entered in a draw for a \$50.00 Gift Certificate redeemable at any one of the advertisers (of your choice) advertised in 2013 in the Tri-Village Buzz.
- The draw will take place December
- One winner will be drawn, enter as many times as you like (one photo per destination please).
- Open to all readers of the Tri-Village





11

email: trivillagebuzz@gmail.com



HISTORY BYTES

BY NAOMI MILLER



FRENCH CANADIAN LIEUTENANT GOVERNORS OF BC

Sir Henri Gustave Joly de Lotbiniere served as Lieutenant Governor of British Columbia from 1900-1906. Judith Guichon was sworn in to that position on November 2nd, 2012. The time difference between the two allows for contrasting personalities and backgrounds.

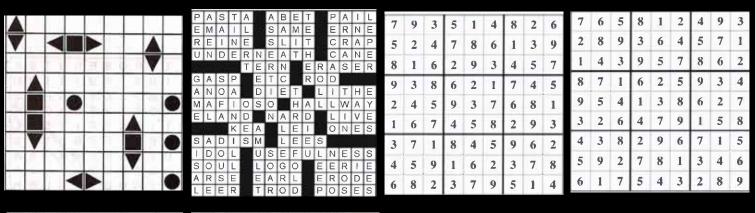
Henri Joly was born December 5, 1829 in Eparnay, France to a seigneur from Lotbiniere, Quebec and a Swiss Protestant mother, Julia de Lotbiniere. He came to Canada as a small child, had schooling in Canada and Paris. He was called to the Lower Canada bar in 1855, married Margareta of Quebec City in 1856 and became a Queens Councillor in 1878. The couple had three sons and three daughters. He was elected to the Legislature of United Canada which later became the House of Commons 1861-67.He sat as head of the Liberals in the Quebec Legislature plus holding his federal seat 1867-74. After abolition of dual representation he retained his seat in the provincial legislature 1874-1885. He was appointed premier in 1878 but lost the post in the 1879 elections.

Henri Joly had represented the riding of Lotbiniere all his political life so he assumed his mother's family name in 1888. Wilfred Laurier appointed him to be Lieutenant Governor of British Columbia in 1900 during a time when quarrelling politicians needed guidance and discipline to thoughtfully administer the western province. The French Canadian gentleman enjoyed his time in BC and was welcomed by citizens across the province. He visited Fort Steele when it was still a bustling community. Locals treated him with respect but privately thought that their former MP Hewitt Bostock should be in that office.

Our modern French Canadian LG was born in Montreal in 1947. She grew up on a farm near Hawkesbury, Ontario close to the Quebec border. Her family chattered interchangeably in English and French. She met and married Lawrence Guichon, fourth generation of a BC ranching family. They had four children. Lawrence was killed in a motorcycle accident in 2003. She retains the name Guichon though now is married to Bruno Mailloux with a home in Nicola. The Guichon Ranch commenced in 1878 covering 90,000 acres. In earlier generations there was

competition between other large spreads but now there is cooperative planning and exchange of ideas. Mrs. Guichon has not allied herself with a political party. She studied Holistic Management describing the method as "ecological ranching. We try to leave the land we operate in better shape than when we took it over. We use as little fossil fuel as possible. We are in the process of converting sunshine the most renewable resource on the planet." She was elected president of the BC Cattlemens's Association 2010-12. She cheerfully declared that two of her children were taking over the operation of the ranch and being in Victoria should stop her directing their every move.

When Her Honour commenced she was assigned a female army officer as her aide-de –camp. Since then a Colonel who applied for the job from his tent in Afghanistan has become her aide and secretary. She is also accompanied by the official piper, now in his 31st year serving BC's Lieutenant Governors. That gentleman wearing a SEAFORTH shoulder patch also doubles as official photographer. Mrs Guichon is a good public speaker and worthy British Columbian since her arrival out west in 1972.



16 – Substitute the 2 spades in scale B with their value (ie 2 hearts + 4 diamonds) in scale A, so that 3 diamonds + 2 hearts + 4 diamonds =

3 hearts (scale B). Thus 7 diamonds = 1 heart. In scale A, 2 diamonds + 1 heart = 1 spade – and 1 heart = 7 diamonds (above), so 9 diamonds = 1 spade. There is 1 heart (the same as 7 diamonds, above) and 1 spade (the same as 9 diamonds, above) in scale C. Thus 16

diamonds are needed to balance scale C.

ANSWERS

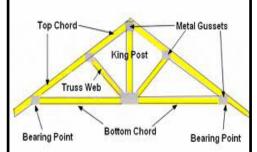
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The Wasa Recreation Society's

main objective is to generate funds to keep the Wasa Hall running. Wasa Recreation Society members meet in the basement of the Wasa Hall in the Quilters Room on the last Tuesday of each month. Everyone is invited to attend.

Listed below are some of the user groups and contacts:

- Hall Rentals and Information Karen Markus 250.422.3514 Lorraine Colton 250.422.3640
- Gym Sonia Blackwell 250.422.9201
- TOPS Susan 250.422.3510
- Library Brenda Rauch 250.422.3335

In addition, BINGO's are held on the second Tuesday of each month at the Wasa Hall. Early bird starts at 6:45 pm and regular at 7:00 pm.

Get the Girls to do it!

Let us help with:

- √ House Cleaning
- √ Gardening
- ✓ Yard Care
- ✓ Indoor/Outdoor Painting



- ✓ House & Pet Sitting
- ✓ Home Security Checks
- √ Storage Organization

250-581-0780

sarahlshields@gmail.com

Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- $\hfill\square$ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign- in desk
- ☐ All users are required to wear "gym shoes" no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!

In the morning 7:30 am to 8:30 am...

Mondays, Wednesdays and Fridays
10 am to 11 am Mondays and Wednesdays
Contact: Sonia Blackwell 250,422,9201



We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.



D# 166060

6260 Wolf Creek Road, Wasa BC









PROPERTY DETAILS

3 Beds 2 Baths

Age: 30 Levels: 2

Space: 2,000 sq. ft. (186 m²)

Flooring: Carpet, Hardwood, Linoleum

Foundation: Poured concrete Heat Method: Baseboard Heat Energy: Electricity, Wood

Zoning: RS1

Lot Size: 2,090,880 sq.ft./48.00 ac (194,243 m²)

Watersource: Natural Resource. Well



SELLER PHONE 250-422-9272



ID# 166061

Buck Crescent, Wasa BC









\$165,000

SELLER NAME Doug Ross

SELLER PHONE 250-422-9272

PROPERTY DETAILS

Beds N/A Baths N/A

Zoning: R1

Watersource: Well

PropertyGuys.com
Where today's buyers and sellers connect

866-237-8281

WASA COMMUNITY LIBRARY



Hours: Tues. 11 am - 1 pm and Wed. 6:30 pm - 8 pm

SUBMITTED BY IDA CALE

Your library is open once again for your explorations of just the right read now that we are settling in to the rhythms of autumn. One event that will be especially exciting to participate in is the recognition of the 25th anniversary of our hall. Why not celebrate the history of our community in general with an adventure through literature. The library has a collection of newsletters and binders of articles that capture a variety of events and bios of local residents. If you don't have you own, there are a two copies of Kootenay Ripples, the fascinating history of the Wasa, Ta Ta Creek, Skookumchuk area, that will enrapture you for many, many sittings.

Our local history is related in a variety of other books like the "East Kootenay Chronicle – A story of settlement, lawlessness, mining disasters and fires in south eastern BC'; 'The Forgotten Side of the Border, BC's Elk Valley and Crowsnest Pass'; and writings of Fort Steele by our own Naomi Miller. If the activities of Fisherville, located near Fort Steele, are of interest then you may want to read 'The Trail of 1858: British Columbia's Goldrush Past' or if mining strikes your fancy then a review of 'History of Tunnel and Rock

Workers in BC may be a read for you. From a different perspective, RM Patterson offers you a vivid picture of the beauty and isolation of the Rocky Mountains in his books like 'The Buffalo Head'.

For a bigger picture of geography you can review the 'Historical Atlas of BC and Pacific North West' or have some fun with the volume of '101 British Columbia Place Names' which offers gems of information of the naming of places in BC. Why not take a ride with the 'Frontier Cowboys and the Great Divide' or the RCMP' history or perhaps climb aboard the sagas of the Canadian railway with Pierre Burton. If politics and sociology is more your bent then check out 'Canadian History, Our Nation Since Confederation' or 'Canada - A story of Challenge, major facts of history and main faces which shaped it from earliest times'.

Whether your interest is national, provincial or local, your library offers little jewels to be discovered for your personal journey through history. Come and visit on Tuesday between 11:00 a.m. and 1:00 p.m. and Wednesday from 6:30 to 8:00 p.m.

I just wanted to send along some information regarding upcoming REACH training events in your area. If you need more details, let me know. Thanks.

Preventing Legal Pitfalls Essential Tips and Best Practices for Non Profit Organizations

Are you working for a non-profit organization? Or volunteering your time as a board member?

Wonder if your organization could use a refresher on common legal pitfalls and best practices to stay out of them?

Attend this workshop and gain:

- Best practices and useful tips
- Top resources and materials

PLUS meet and share with peers and colleagues in the nonprofit sector.

This full-day interactive workshop will cover core best practices in the following areas of law:

Governance

- HR/Employment
- Privacy
- Contracts
- Compliance

These workshops are FREE, however space is limited,

Register for a *FREE workshop in:

CASTLEGAR September 30th

CRANBROOK October 28th

GOLDEN October 29th

REVELSTOKE November 21st

*This is a project of The Kootenay Boundary Community Services Cooperative with funding provided by: Columbia Basin Trust and The Law Foundation of British Columbia register online now at www.basinreach.ca

Best regards,
Eva Hernandez
REACH Program Coordinator
Kootenay Boundary Community Services Co-operative
eva@thekoop.ca
250-352-6786 ext. 6

October 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sanday	Tionady	1 Lions Meeting	2	3	4	5
6 Church	7	8 BINGO	9	10	11	12
ICE HOCKEY			DYNAMITERS HOCKEY			DYNAMITERS HOCKEY
13 Church	Thanksgiving	15 Lions Meeting	16	17	18 Cut off for Nov. Newsletter	Spaghetti Supper
ICE HOCKEY	Thanksgiving				ICE HOCKEY	DYNAMITERS HOCKEY
20 Church	21	22	23	24	25	26
27	20	20	20	24	ICE HOCKEY	ICE HOCKEY
27 Church	28	29	30	Happy Halloween	Ashram - Visitors are welcome by appointment. Our teaching and meditation sessions will resume in November. For more information call (250) 422-9327.	

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Church Service 10:30 am
Gym (M,W,F 7:30-8:30am
& 10-11 M,W)

BINGO 6:45pm Rec Society 7:00 pm

Lions 7:00 pm

- Library Tues 11am 1pm and Wed 6:30pm -8:30 pm
- TOPS Wed 6:30 pm
- Quilters Tues 10am to 4pm

Special Events and Days Down the Road.

- Sunday, November 3rd Daylight Savings Time ends
- Saturday, December 7th
 Wasa Lions Christmas Dinner &
 Dance

We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.

I NUMBERS AT A GLANCE I

I	Chase Saddle and Leather250.427.5517
I	Clay Excavating & Trucking250.422.3330 Custom Cut Lumber250.422.9337
	Doug & Fran Ross (Prop Sale)250.422.9272
	Econobuilt250.421.7813
ı	Hi Heat Insulating250.422.3457
ı	HD Railings250.422.3457
	Kootenay Kwik Print250.489.4213
ı	Kootenay Monument Installations422.3414
ı	Mardis Lumber250.422.9229
	Slim Pickens Gas & Goods250.422.9271
ı	The Girls (Sharon & Sarah)250.581.0780
ı	TOPS250.422.3510/422.3686
Ċ	Post Office250.422.3122
ℯ	Victim Services250.427.5621
ı	Wasa Community Church250.422.3344
•	Wasa Hall250.422.3514/422.3640
	Wasa Lake Truss250.422.3618
l	Wasa Lions (President)250.422.3210