



TRI-VILLAGE BUZZ



September 2026

ISSUE 294

Visit: www.wasalake.com

FREE MONTHLY PUBLICATION



Ta Creek and St. Mary Lake area that all caused Evacuation Alerts and Orders, it was a reminder that emergency events can happen any time and anywhere. And, in the midst of it all, I am reminded about the power of community.

From the friends and neighbours who checked in on each other, helped move animals and assist people in evacuating, and who helped support one another through a very difficult time, there were so many examples of how the community rose up to help one another.



And then, as things improved and Alerts and Orders were rescinded, it was so heartwarming to see the community come together to thank and honour those who worked tirelessly to get the upper hand on the fires, ensure everyone's safety and support all those affected. I want to thank the Pancake Breakfast Committee: Jim, Karen, Pat, Marilyn and Jane for having the idea to host the firefighters, emergency management personnel, Emergency Support Services volunteers and Search and Rescue volunteers for breakfast.

A huge thank you as well to the army of volunteers they had helping throughout both breakfasts. What an incredibly touching morning that first breakfast as people clapped when the firefighters walked in. It was so heartwarming to hear the stories shared, to watch the firefighters taking photos of the banner made by the Wasa & Area Kids Club, and to see the expressions of gratitude. We had such wonderful feedback from the BC Wildfire Service about the morale boost that attending the breakfast was for the firefighters and how much pride they had seeing the impact of their work. To each and everyone who attended the breakfasts, who donated towards them, or who just was there for breakfast and showed our community's gratitude... thank you!



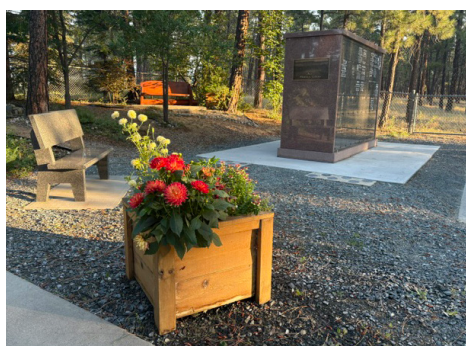
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Serving Skookumchuk, Ta Ta Creek and Wasa Lake

Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Wendy Davis



As we witness the golden days of summer come to its inevitable end it seems a natural reaction to ponder days gone by.

If you had only a few words to describe our past summer, which words would you choose?

Wildfire? Evacuation? Mosquitoes?

How about Community and Gratitude?

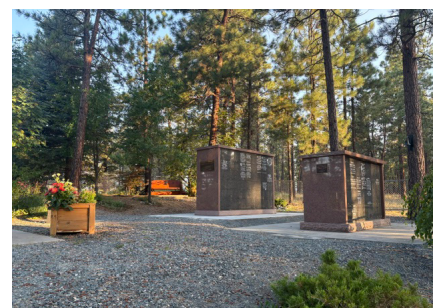
Our Memorial Garden is a symbol of a community that came together to create and maintain a beautiful calming

space honouring family, friends and neighbours that passed on.

For each volunteer, our hearts are filled with gratitude not only for the tireless hours spent maintaining our beautiful garden but for keeping our community alive.

Allow yourself the pleasure to walk through the garden paths and to feel the unchanging peacefulness, the sense of community and the heartfelt gratitude for all those that give so much.

Remember to mark your calendars for Tuesday, September



29 at 7:00 pm for the Wasa and District Historical Association and Memorial Garden Groups AGM. We look forward to seeing some new faces, everyone is welcome to attend. Thank you to the many people who have generously signed up to volunteer to help with the weekly care in and around the garden. We are always in need of volunteers; if you're interested in volunteering, please contact Sherry Shields via email at: slshields27@gmail.com

We continue to look for new members in our Wasa and District Historical Association & Memorial Garden Group. Did you know that it's only \$5/per person for a lifetime membership? Having a large 'membership' helps us apply for government grant monies which keep our garden looking great. We kindly ask that Wasa residents (both recreational & permanent) to consider a \$5/per person lifetime membership. Please contact Judy Reimer at mjlreimer@shaw.ca or by phone 250-422-3343 to join. Thank you for your consideration!



**KOOTENAY RIPPLES HISTORICAL
BOOKS NOW SOLD-OUT**



**Wasa Lions
Grounds Rentals**

**Contact Person:
Danielle @
778.877.2201**

2024 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels - \$1,000 + engraving
Bottom Row - \$900 + engraving

UNIT 2 Columbarium (new)

Niche cost - \$1,100 + engraving

Niche Engraving - \$290

Memorial Plaque - \$350

(Engraving costs are subject to change)

Contact info:

Pat Walkey @ 250.422.3530 or
pwalkey@shaw.ca

How Healthy is My Shoreline?

The condition of our shorelines has a direct impact on the health of our lakes. Did you know that healthy, natural shorelines help filter runoff, reduce erosion, provide important habitat for fish and wildlife, and play an important role in protecting water quality?

To help encourage shoreline stewardship, we have included our "How Healthy Is My Shoreline?" brochure in this newsletter. It contains a simple shoreline checklist, practical tips, and a short self-assessment to help waterfront property owners better understand the health of their shoreline and identify ways to improve it.

Please feel free to download, print, and share this brochure with your neighbours, lake association members, or anyone who lives along the shoreline. The more people who understand the value of healthy shorelines, the better protected our lakes will be.

<https://www.bclss.org/wp-content/uploads/2026/07/Shoreline-Health-Brochure.pdf>




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Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" – no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



**For Gym Schedule
please contact:
Sonia Blackwell at
250.421.3019 or
Rod at 250.422.3253**

GYM HOURS AND INFO

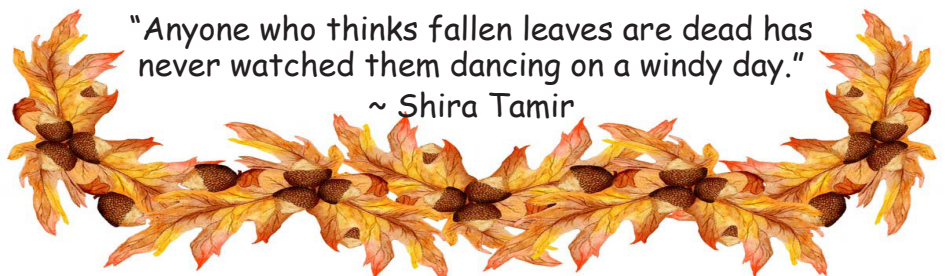


Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.

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Jocelyn 250 505-4752
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*"Anyone who thinks fallen leaves are dead has
never watched them dancing on a windy day."*

~ Shira Tamir





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A Helpful Strategy for Back to School

It's the beginning of a new school year! But going back to school can give rise to fear or anxiety among both parents and students.

Philippians 4:7 says, "Be anxious for nothing but in everything by prayer and petition, let your requests be made to God with thanksgiving."

Try using the acronym **CALM** as a simple way to remember strategies that can help when kids (or parents) are feeling anxious or overwhelmed.

"C" – Celebrate God. "Be full of joy in the Lord always" (Philippians 4:4). When we remember who God is and what he has done, we feel full of joy and celebrate him through worship.

"A" – Ask God for help. "Pray and ask God for everything you need" (Philippians 4:6). We can teach our kids to be quick to pray in every little thing. Prayer helps us turn every fear over to God and let him take our worries from us.

"L" – Look on the bright side. "Always giving thanks" (Philippians 4:6). Paul encourages us to present our requests with thanksgiving. Anxiety and gratitude never share the same heart. Thanking God for the good things in our lives can be a powerful practice in reducing anxiety.

"M" – Meditate on good things. "Think about things that are good and worthy of praise. Think about the things that are true and honorable and right and pure and beautiful and respected" (Philippians 4:8). Don't focus on the negative. Fill your mind with good things. Think about what you are thinking about!

C.A.L.M. And remember, anxiety may knock at the door, but you don't have to invite it in for dinner.

We also want teachers to know they are appreciated and supported as they guide and teach our children!

If you are a teacher, this special encouraging prayer is for you. If you know a teacher, please pass it along.

At that time the disciples came to Jesus and asked, "Who, then, is the greatest in the kingdom of heaven?" Jesus called a little child to him and placed the child among them. And he said, "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of Heaven" (Matthew 18:1-3).

Father God, you have created so many gifts in this world. Praise your precious name! Daily give me wisdom to know how to love the children in my class, even in the tough moments. Give me patience to deal with unexpected classroom situations. Fill my heart with sweet memories of every child.

Bless each student in my class, especially those from troubled homes. Let them feel my love and attention, and please protect their innocence. Show me how to be their steady, dependable guide.

Thank you for the sweetness and goodness of children. Thank you for calling me to the task of teaching these young ones and for honoring me with this precious responsibility.

In Jesus name, amen.

<https://maxlucado.com/a-helpful-strategy-and-prayer-for-back-to-school/>



TOPS SPOT

submitted by - Sonia Blackwell

Ozempic or Wegovy for Weight Loss

Being a Tops member, I eat healthy and exercise regularly to maintain my weight. I've heard of these new medications that are supposed to help you lose weight without the hard work, especially for people considered obese.

Does Ozempic or Wegovy work for weight loss? I found this info provided by the Cleveland Clinic.

Ozempic is a once weekly medication used to help manage blood sugar levels for people living with Type 2 diabetes. Wegovy has a higher dose of semaglutide. Ozempic and Wegovy are in a class of medications known as GLP-1 receptor agonists. These medications mimic a hormone released from your digestive tract called glucagon-like peptide (GLP-1), which helps lower blood sugar and promotes a feeling of fullness.

When you take GLP-1 medication, your body makes more GLP-1, which naturally decreases your appetite and makes you feel fuller.

In one landmark study, people with obesity who used semaglutide in combination with lifestyle interventions lost about 15% of their body weight in 68 weeks. They lost about 34 pounds on average. Research participants who didn't take the medication lost about 6 pounds on average. But weight loss isn't the only benefit. When combined with a healthy nutritional plan and regular exercise, semaglutide can - improve blood sugar levels, improve cholesterol levels, improve blood pressure and reduce risk of major cardiovascular issues, like stroke and heart attack.

As semaglutides slow down digestion, you may experience side effects and gastrointestinal issues like - nausea or vomiting, diarrhea, constipation, bloating, increased gas or heartburn.

It isn't safe for everyone you should avoid taking it for weight loss if you have- pancreatitis or other pancreatic- related issues, kidney disease or other kidney- related issues,

Type 1 diabetes related retinopathy, pregnant or breast feeding, under the age of 18, personal or family history of medullary thyroid cancer (MTC) or other thyroid issues, or personal or family history of multiple endocrine neoplasia (MEN) or other endocrine issues.

If your interested in taking (GLP-1) medication to help lose weight, talk to your doctor, this medication isn't for everyone. It could be expensive and not covered by health plans.

Semaglutides can help with weight loss, but they shouldn't be used for short term weight loss. One of the most common misconceptions is that people believe they could take a medication for a few months, then stop and maintain their weight. However, you're likely to regain the weight once the medication is stopped. So it's a long time commitment and could get expensive over time.

It's great that they have these new medications for people who are obese and don't have other options. I prefer putting in the work and maintaining my healthy eating and exercise plan.



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Over the next few months I would like the Community to take a closer look at the numerous volunteer opportunities we have in the area!

The Buzz will be highlighting the different groups; what it takes to join, what their purpose is, etc. I encourage everyone to take a look and see where you may fit in, what you can do to make our Community even more awesome!



The Lions Den Lions Roar

Wasa & District Lions Club – Serving Wasa & Area since 1976

submitted by Terry Marvel

As summer winds down, I look back on all the things that have been going on this year and the most vivid one is the horrific wildfire season we have had. Thank god there haven't been any loss of lives or much property but the close calls! The firefighters have done a remarkable job at keeping the fires at bay from most of the dwellings. I have nothing but respect for those people that risk their lives every day to protect us. I was in a situation a few years ago that seemed impossible to believe but they managed to pull it off. Except for the dense smoke and the inconvenience of evacuations, it has been nothing short of miraculous.

The Lions have had to postpone our 50th anniversary celebration due to the wildfire situation and the heavy smoke. It was to be August 15th and wouldn't you know it; we got rain and the smoke cleared up a little too late to continue, so we have rescheduled it for September 19th. The District Governor will hopefully be in attendance and at least one other club will be there. We are hoping some of our founding members will be able to be there as well. The event is open to all Wasa Lions members and any other clubs in the vicinity.

The Lions Grounds have taken on a whole new look with painting and the stage in the eating area is now cleaned up and painted. We are very proud of our grounds and it shows! Many thanks to the people that have worked tirelessly to make it a place to be proud of.

What do you call a bullet-proof Irishman?

Rick O Shea!

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8:30 am to 11:00 am

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Just Coffee/Juice \$2.00

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Come out and enjoy a great breakfast
served by our local community groups.



Music Most Weekends



The Company log scaler had to use the outhouse one afternoon. It was situated a couple hundred feet south of the big planer building. So he is sitting in there doing his business. A gust of wind blew the door open. It stayed that way because he couldn't reach it to close it.

Low and behold ... some tourists from Alberta were driving around in the mill yard. Where they had no business to be. They saw him and started yakking with him about the place. Of course he is sitting there with his pants down and couldn't leave. They thought he was some kind of gate keeper or something. He finally had to tell them they were trespassing and had to leave.

I still chuckle when I think of that story. And ... speaking of said outhouse ...

I was pretty young ... but ended up going out on "Damage Night" with some of the older boys from town. They thought it would be great fun to push the outhouse over. Well ... that outhouse was heavy. It took the whole bunch of them to lift it and get it tipping. Unfortunately..the shortest fellow reached and reached ... a bit too far.

As the outhouse finally toppled he stretched out so far he couldn't back away and he fell face first into the hole. We all started laughing so hard we couldn't help him out until he was a mucky mess.

Other things I remember ... the shaving piles were so big you could barely see the planer building from the north.

Camerons had the nicest house in Wasa for many years. Colin was a kind man that looked after his employees. Queenie was always that ... very well dressed, always wore makeup and nice clothes. If I remember right she used to teach piano lessons.

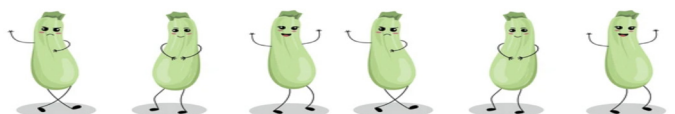
I often wonder what Wasa would have been like if the mill had kept going. Apparently Nils Hansen had a huge mill at Wasa many years before Colin did but his mill was the heartbeat of the community for almost 20 years. His legacy is a part if Wasa history that I'm glad I was there to see.

PINEAPPLE ZUCCHINI LOAF

3 eggs
1 cup oil
2 cups sugar
2 tsp vanilla
2 cups zucchini, peeled, seeds removed, shredded
1 cup crushed pineapple, drained
3 cups flour
2 tsp baking soda
1 tsp salt
½ tsp baking powder
¾ tsp nutmeg
1 ½ tsp cinnamon
1 cup finely chopped nuts
Beat eggs; add oil, sugar & vanilla. Continue beating until thick & foamy, Stir in the zucchini & pineapple. Mix the flour, baking soda, salt, baking powder, nutmeg & cinnamon together. Stir into zucchini mixture until well blended. Add chopped nuts. Stir well.
Bake in 2 greased loaf pans. 350° for 1 hour.

Zucchini Blues

Took it for granted When it was planted
That I had just enough
Now during my days I'm trying new ways
To use up all this stuff.
My basement is crammed, It's been jellied and jammed
Made into bread and cake
It's been chopped and sliced And grated and diced
There's nothing else to make.
I've baked it & canned it Boiled it & panned it
And frozen all I need
I have had my fill There's too much - & still
It's growing like a weed.



Hints by Vi

I had the privilege of meeting Vi only a few times before she passed away in September 2016. Vi contributed monthly to the Tri Village Buzz and her column was always one of my favourites. I hope I can do this sweet and lively little lady justice.



How to detoxify from wildfire smoke:

Your body naturally cleanses itself of wildfire smoke particles when you stop exposure, stay hydrated, and support your lungs with clean air, rest, and saline nasal rinses. There is no medical “detox” drink or kit that clears your lungs, but you can help your body recover safely.

- Drink extra water to keep your throat and airway moist, which helps trap and push out dust.
- Rinse your nose with a saline spray or neti pot to wash out trapped soot particles.
- Breathe in steam from a hot shower or a bowl of warm water to loosen mucus in your chest.
- Rest your body and avoid heavy exercise so your lungs do not have to work as hard.
- Eat antioxidant-rich foods like berries, leafy greens, and citrus fruits to lower stress on your cells.

Preventing more exposure:

- Stay inside with your windows and doors tightly shut.
- Run a HEPA air purifier in the rooms where you spend the most time.
- Wear an N95 mask if you must go out into smoky air. Have a great month everyone!

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The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fund-raising, volunteering & rentals, we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- **Hall Rentals & Information:** Karen Markus 250.422.3514
- **Gym:** Sonia Blackwell 50.421.3019 or Rod 250.422.3253
- **TOPS:** Nicky Popowich (250) 422-9248 or Sonia Blackwell (250) 421-3019
- **Quilter's Club:** Gayle Andrews 250-422-3095



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Want to learn to Quilt?
Looking to advance your skills or learn a new one? Join the Wasa Country Quilters Group and learn with a talented group of quilters!
We meet every Tuesday from 10-4 in our own space in the basement of the hall. Drop in any Tuesday! We'd be more than happy to show you the endless possibilities in this creative atmosphere! No previous experience required.
Call Gayle Andrews 250-422-3095 for more info

Vote

X **Berg**, Nowell

Director, Area E

RDEK

General local elections

17 October 2026

Authorized by Nowell Berg, financial agent,
nowellberg@gmail.com

Golden – Cranbrook Route

Runs: Tuesdays and Thursdays. The bus leaves Golden at 8:00am, Invermere (hospital) at 9:20am, Invermere (Chamber of Commerce) at 9:25am, and arrives in Cranbrook at approximately 11:15am with stops at a number of health facilities by request. The return schedule departs the East Kootenay Regional Hospital at 3:00pm and arrives in Invermere at 5:00pm and Golden at 6:30pm.

To book your space: Contact 1-877-343-2461 Option 1 or direct 250-364-3262 at least 24 hours in advance to book your seat.

*Integrity is choosing your thoughts
and actions based on values rather
than personal gain.*

*Personal accountability requires
mindfulness, acceptance, honesty
and courage*

Scientists have created a
dolphin with legs.



Animal rights
groups want the
legs removed.

Scientists argue
that would de-
feet the porpoise....

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Wasa BC

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- Yard Sale/ Pancake Breakfasts
- Bottle Recycling
- Gran Fondo/ Triathlon
- Lions Grounds Rental



It's About Giving

- Wasa Lions Path/Skating Rink
- Tennis & Basketball Courts
- Pickleball Courts
- Ball Diamond Scholarships
- We Care We Serve community funding
- Medical Loan Cupboard
- Eyeglass & Hearing Aid Recycling



It's About Fun & Socializing

A Great Reason to become a Lion!
For Information call 250 422-3210

Like meeting new people? Wishing to make a difference in someone's life? Want to work with seniors in the community?

Summit Community Services is now accepting volunteer applications in the Wasa area. Opportunities include friendly visiting, assistance with grocery shopping, offering rides and accompanying a senior to events such as bingo or the farmer's market. You will also get to participate in special events from time to time, such as the seniors picnic, day trips and group outings, as well as our annual Christmas dinner. Applications are now available, and a criminal record check will be required (fees will be waived).

If you are interested, please call or email the volunteer coordinator, Tamara Duggan at 250.427.8733, summithelpingseniors@summitfamily.ca

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SUDOKU

answer on page 19

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	7						9	
6		8	1		4			7



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"In the hazy days at summer's end
 When the air's still warm and the green near spent
 When the days grow short and the evenings tall
 Then you feel in a whisper,
Fall."

Laura Jaworski

Hello everyone,

My name is Brodi McRae and I am running in the October 17th RDEK election for the position of Area E Director. I have two teen children who attend Selkirk Secondary School in Kimberley, and my husband is a third generation self-employed builder. My professional life has included positions in Hospitality and Tourism, Health and Wellness, Retail and Education sectors.

We have lived on a beautiful rural property for 17 years in the St. Mary valley, where we enjoy the rural lifestyle, recreational opportunities and being close to nature. Our family has maintained a cabin and now year round home in Wasa for over 65 years, where my sister and her family now reside.

I care deeply about our ability to maintain our rural and small town lifestyles, manage development responsibly, and have a strong voice in the stewardship of the landscape and environment we reside in. I am planning on being at the September 5th Pancake Breakfast to meet and mingle with folks, hear about what is important to you, and generally get to know one another better. In the meantime, if you wish to reach out to me, please do so at: brodimcrae@gmail.com or (250)-427-6335.



HELP STARTS HERE ...



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WASA Community Church

Garage Sale

September 12th

10 a.m. to 2 p.m.

Everything is by donation

**Funds being raised for new
windows in the church.**



The Librarian is in!

Starting in August every Thursday 6-7 PM
Chris Stanyer will be present in the Wasa Library
to enable anyone in Wasa and surrounding area to
browse and borrow books.

The library is located in the
basement of the Wasa Recreation Hall.
(Information: 236-878-3960)

WILDLIFE IN DISTRESS? Call



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or Northern Lights:

250.877.1181 or Kim Balcom:

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Lake Study

I asked as the Director of Area E that the WLLID present to the RDEK Board at the August 13/14 meetings. I asked the Chair of WLLID to highlight 2 pieces of information, the Larratt Aquatic Scientific Study and the online presentation by Sara Knezevic from Larratt Aquatic that had been hosted by the WLLID on June 17/26.

The WLLID made a concerted effort by online technology to reach out to those community members not able to attend the June meeting in person.

The purpose of my request was to inform all 15 Directors at the RDEK about the information in the study and the online presentation. I will not be in office after the election this fall and I wanted the information documented.

The WLLID Board unanimously approved my request to appear at the RDEK Board meeting. All 4 members of the WLLID Board unanimously supported the request - Nowell Berg, Phil Godsave, Shawna Maybe and Luke Anderson.

As a background to my request a similar study by Larratt Aquatic had been done for Lake Windermere in 2022. Both Wasa Lake and Lake Windermere have similarities due to the shallow sandy nature of both lakes. And through these similarities they have similar issues.

Also, at the August RDEK Board meeting another group presented, The East Kootenay Coalition of Safe Lakes. This group is working towards a Regional Lake Suitability Initiative on behalf of a newly formed informal coalition of nongovernmental conservation, Lake Stewardship, and community organizations concerned about impacts of motorized boating on Lakes within the RDEK.

The RDEK Board passed two motions, directing the information to the Ministry of Transport Canada asking that it develop objective science-based criteria assessing where power boats use would threaten lake health and apply restrictions to applicable lakes using a standardized approach.

The second motion was that consideration of the WLLID request to engage with the community to find solutions to environmental concerns at Wasa Lake be referred to the next Strategic Priority Setting process. (This process will take place next year with the newly elected Board).

The East Kootenay Coalition of Safe Wakes was also approved for their application to be moved to the Strategic Priority process.

When I asked the WLLID Board to do the presentation I was not banning or limiting docks. The ministry of Forests are responsible for docks. That was just a wild rumor!!!!!!

I was not going to ban Boats effective in August 26 - another rumor!!!!!!

I am concerned about the health of Wasa Lake. My family spent a lot of time recreating at Wasa, we water skied, tubed, and spent time swimming. None of us got swimmers itch, which is now occurring, I do not remember the lake smelling like it smells now. Also, I understand that the contour of the lake is changing. Is this because of climate change, or because of the wakes from the wake boats or is it from the sand being hauled on to owners' beaches? All these possibilities could be causing damage to the lake. That is why I believe that we need science-based answers and solutions.

I do hear from many Lake users that they want the lake to stay healthy so their grandkids can enjoy the lake like we did.

So *please* could we not all work together to find a solution to protect the lake for everyone?

Thank You Jane Walter

I was unable to attend the RDEK Planning meeting so I was on Zoom so I could watch and hear the meetings. I have been having some health issues this year, that is why I am not putting my name forward for the next election.

I want to thank Alternate Director Susanne Ashmore for all the work she has done for me and the community.
Jane



On August 12th , 2026, the WLLID Board held its regular monthly meeting.

An over-flowing crowd of residents showed up at the WLLID office.

Spilling out into the hall, most people were protesting the Larratt Aquatic report and its findings. Prior to the meeting, two of the dissenters demanded

the Board not present the Larratt findings at the next day's RDEK Board meeting.

A minority in attendance at the Community Hall were there to support the WLLID and the Larratt report.

The WLLID, created by the BC government, has many powers, including taxation. The Board is duly elected to carry out activities according to its mandate. The Letters Patent can be found here: https://wasalake.ca/wp-content/uploads/2025/08/letters_patent.pdf

The current discussion in the community is healthy for democracy, the lake and the community.

These conversations, even debates, must remain civil, respectful and professional.

The Board approved the date for the next AGM and elections. It will be held October 29, 2026, starting 7pm at the Wasa Community Hall. Further communications on elections, nominations and deadlines will be reported soon on the WLLID website, in the Newsletter and the October Buzz.

On 13 August, 2026, Nowell Berg and Shauna Maybe presented an over-view of the findings from the Larratt Report.

Below is the opening remarks as written and read by Nowell Berg.

Hello, I am Nowell Berg, Chair of the Board of Trustees, WLLID. With me is Trustee Shauna Maybe. Thank you to the Jane Walter and RDEK for the opportunity to present.

WLLID does not have a formal or informal policy regarding boats because we do not have jurisdiction or authority to restrict them. As you know, this is a Federal responsibility (Transport Canada) and Provincial jurisdiction (Water Act).

At this time, ID is not advocating for restricting boats. Two reasons:

- First, the ID and the community need more information into whether or not there is a link between water quality and other negative impacts, and power boating. For some people its pretty clear there is a link. For others there is no link at all.
- Second, establishing a position as divisive as boat restrictions would only be taken by the ID after extensive discussion and input from all taxpayers to determine their support for or against such a policy.

I have advocated for the ID to lead an engagement process that would lead to community-based solutions. This, I believe, is preferential to having regulations imposed by higher levels of government.

The Larratt study is the first such research done at Wasa and was designed to provide a baseline of data to which future observations and measurements can be compared.

The ID did not prescribe any report conclusions, they are solely those of the Larratt researchers.

After a video presentation of the Larratt report by the lead researcher, ID gathered feedback from participants who were a mix of ID taxpayers and others. This feedback provides a snap shot of the 72 people who returned a survey. So, its findings may or may not reflect the opinions and position of the 400 taxpayers who are members of the ID.

While the ID facilitated the feedback survey, it was never designed to be the final statement, but a starting point for further community discussions. The ID Board will continue listening to all taxpayers, a majority of which have yet to express any thoughts on the issue.

Given the email response from a vocal minority, there is obviously differences of opinion about the Larratt report and what to do at Wasa. They have asked for an opportunity to participate and they will have multiple chances.

The bottom line, the ID and the community need more science data and information in order to make an informed decision about a highly emotional issue.

The Larratt study concludes:

- Water quality at Wasa is “suitable for recreational use”
- Green algae, while growing more extensive, “poses no risk” other than a swimmers response
- of “ick” or “its really slimy and dirty.”
- Cyanobacteria is present, but “densities do not pose a health risk to recreators”

Sediment Quality – Given the history of a mining concentrator at the SE corner of Wasa that used Cameron Pond as its tailings pond and a number of sawmills, it is surprising the EPH concentrations are not higher.

The Larratt report points to sediment remobilization as an issue that detracts from water quality.

This is an area that needs further study, which the ID is willing to undertake.

Total Metals:

Larratt concluded that “calcium, strontium and sulfur concentrations surpassed regional averages at all sample sites.” Larratt also said these concentrations “are not commonly associated with boating, but likely local geology.” (p19)

When you look at the water chemistry, there are some parameters that exceed Provincial / Federal guidelines, but nothing that is detrimental to the health of persons.

Invasive Mussels – the risk at Wasa is extreme due to the high concentration of Calcium in the water and the number of access points (6) around the lake.

The primary source of invasive mussels are large and small boats.

The environmental and economic impact of invasive mussels getting into Wasa would be devastating to the whole community and the RDEK.

Back in 1988, in a Brief sent to (at the time) Ministry of Lands, Parks and Housing, the ID Board raised the issue of restricting boat access to prevent the spread of milfoil.

They suggested there should be only one launch point. They also said, “Uncontrolled boat access to Wasa Lake represents the most significant problem relating to control of water quality.”

The present day Board would concur.

The fix for reducing the likelihood of invasive muscle introduction at Wasa is a single point of entry.

I’ll turn it over Shauna to finish the presentation.

Later that day, I (NB) learned the RDEK would be asking “Transport Canada to develop science-based criteria for when powerboat use could threaten lake health.” As others have said, without Transport Canada’s support, nothing will happen.

<https://www.cbc.ca/news/canada/british-columbia/wasa-lake-assessment-9.7308430>

Another presentation at the 13 August meeting, from a group at Invermere, presented a plan for a regional Columbia Valley – EK view on wake boating restrictions.

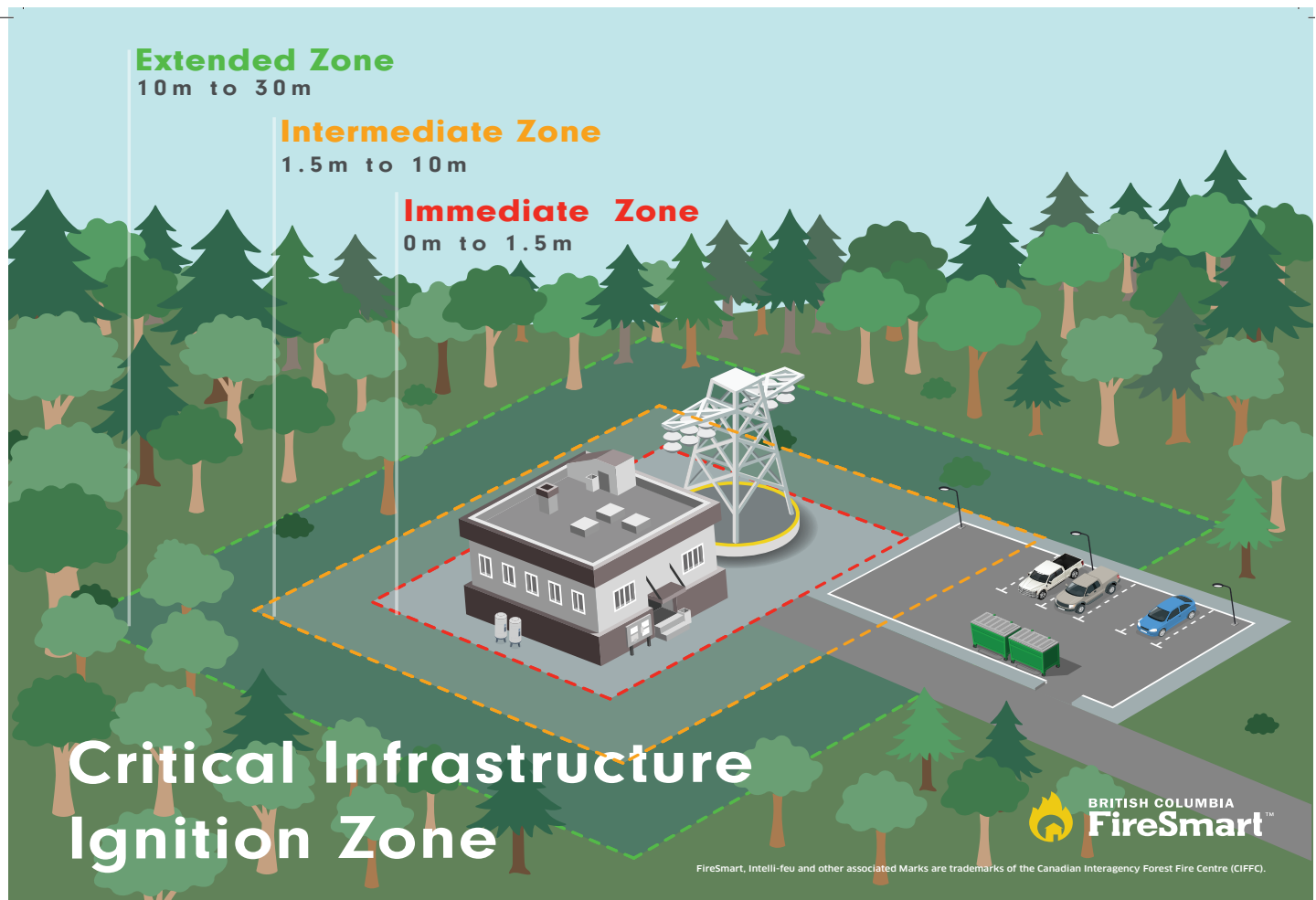
I bring this information up to show that the WLLID and Wasa are a very small part in the debate around wake-boats. It has moved way beyond the our jurisdiction. The current Board will not be part of, nor contribute to, any future processes or decisions coming from higher levels of government.

Two reports will be forth coming and will be posted in the Reports section of the website. One, a response from Larratt Aquatic replying to questions raised by residents at the June 17th pubic meeting. The other is a WLLID report answering questions it received at the same meeting.

The next WLLID regular Board meeting is 9 September, 2026. Lower level, Wasa Community Hall starting at 7pm. The public is welcome to attend.

If you want to make a presentation to the Board, please send an email requesting a time slot on the Board agenda at least two weeks in advance of the meeting. On the Monday before the Wednesday meeting, please provide a copy of your presentation to the Board. Email to admin@wasalake.ca.

Please note there are no provisions for a PowerPoint presentation, nor an internet connection.



Work with your partners to address overlapping priority zones.

Immediate Zone (0-1.5 metres)	Reduce the chance of wind-blown embers igniting materials near your structure. A non-combustible surface should extend around the entire structure and any attachments, such as decks. Creating a non-combustible surface can be as easy as clearing vegetation and combustible material down to mineral soil. To add to your landscape design, use non-combustible materials such as gravel, brick, or concrete in this critical area adjacent to your structure. Woody shrubs, trees or tree branches should be avoided in this zone, any that are present should be properly mitigated.
Intermediate Zone (1.5-10 metres)	Create a landscape that will not easily transmit fire to the structure. A FireSmart property includes making smart choices for your plants, shrubs, grass and mulch. Selecting fire-resistant plants and materials can increase the likelihood of your structure surviving a wildfire. Plant a low density of fire-resistant plants and shrubs. Avoid having any woody debris, including mulch, as it provides potential places for fires to start. Storing items such as construction materials, tools and decorative pieces against or near a structure is a major fire hazard. Move storage sheds and other combustible structures out of this zone and into Zone 2. Mitigate sheds and other structures to the same standards as those of your structure.
Extended Zone (10-30 metres)	If your property extends out to this zone, thin and prune evergreen trees to reduce hazard in this area. Within 30 metres of your structure, selectively remove evergreen trees to create at least 3 metres of horizontal space between the single or grouped tree crowns and remove all branches to a height of 2 metres from the ground on the remaining evergreen trees. If possible, pruning trees up to 100 metres from your structure (Zone 3) is recommended. Regularly clean up accumulations of fallen branches, dry grass and needles from on the ground to eliminate potential surface fuels. Consider seeking the guidance of a forest professional with wildland fire knowledge on appropriate management options for this zone.

FIRE!

IN WASA

WHO DO YOU CALL?

In a fire emergency, first call BC
Wildfire 1-800-663-5555 or *5555 on a
cell phone.

Then call these Wasa volunteers until
someone answers.

Mike Gall 250-417-9422
Lyle Zakauskas 250-421-2650
Sharon Prinz 250-417-7654
Kathy McCauley 250-417-6637

The people listed are members of the Wasa
Volunteer Fire Prevention and Suppression
committee. In the event of fire, they will
arrange to activate the community water
trailer and call others with water trailers to
help.

The aim is to prevent fire from
spreading, NOT to put out house fires.

The community water trailer is only available
mid-April to mid-October. It does not operate
during freeze-up months.

Summer Recap Photo Contest

What did you see this summer
that made you reach for a cam-
era, a desire to save the moment to
look back on later? An epic pic of
our resident fox pups? One of the many beauti-
ful sunsets or sunrises? A priceless moment with
family?



The Tri-Village Buzz is looking for your photos!
which will be put to a vote with the Community
and prizes will result!

Personally, I am seldom without a camera in my
hands, or in my vehicle. Photography has been a
passion since I got my first black and white Pola-
roid as a child. I have had several cameras since,
each one a favourite for different reasons.

I love birds - of any kind! But I love the scenic
shots too, from local plants to distant mountains.
It all holds its own beauty and fascination for
me. And insects! so cool to find and be able to
photograph.

I challenge you to send in your favourites with a
chance to win a gift certificate from a Tri-Village
advertiser. When I see what is sent in, I can make
categories for the Community to vote on. email:
trivillagebuzz@gmail.com

"It was a lovely
afternoon - such
an afternoon as
only September
can produce
when summer
has stolen back
for one more day
of dream and
glamour."

— L.M. Montgomery



Bookkeeping

Quickbooks software

Lori Vandette
250.417.1570

lorivandette@hotmail.com



No One Owes You Anything

One of the greatest causes of human suffering stems from the expectations we have of others. We offer a service, advice, a gesture of affection, a gift, a smile, or material assistance, and then—often without even realizing it—we hope that one day all of this will be returned to us. When this expectation isn't met, disappointment sets in, followed by bitterness, resentment, and sometimes even a breakdown in the relationship. Yet life teaches us a truth of immense simplicity: no one ever owes you anything.

This statement may seem harsh, but it is actually profoundly liberating. It does not mean that human beings should not be grateful or respectful. It means that our inner peace can never depend on the reaction of others. The moment we make our happiness dependent on gratitude, a reward, or a favor given in return, we cease to be free. We become prisoners of our own expectations.

Giving is a sacred act when done with a pure heart. However, it loses some of its beauty when it becomes an investment intended to yield a future benefit. Those who give in the hope of receiving are no longer truly giving; they are unconsciously entering into a contract of which the other person is often unaware. This is why so many relationships become burdensome and complicated. Some believe they have given a great deal, while others are not even aware that an invisible debt is being demanded of them.

True generosity keeps no score. It keeps no record of favors. It does

not constantly remind others of the sacrifices made. It acts because it is right to act, because it is good to serve, because kindness is its own reward. Those who act in this way remain at peace, regardless of the world's reactions.

This does not mean we must accept injustice or allow others to take advantage of our kindness. Wisdom lies in giving with discernment, not in allowing ourselves to be exploited. But even when we choose to help, we must do so freely, without creating a moral debt in our minds. As soon as we believe that someone is indebted to us, we forge a psychological bond that often becomes a source of conflict, frustration, and suffering.

Life possesses its own intelligence. What we give with a pure heart never disappears. However, this return does not necessarily come from the person to whom we gave something. It can take entirely different forms, appear at another moment in our lives, or come from an unexpected source. Wanting to control the way Life responds to us amounts to limiting its infinite capacity for balance.

It is therefore essential to learn to offer what we have to offer, and then to let go of that gesture without holding anything back. A word of comfort, a lesson, an act of justice, a smile, or material or moral support must be placed in the flow of Life like a seed entrusted to the earth. The gardener does not dig up his seed every day to check if it is growing; he does his work, and then he trusts in the laws of nature. The same is true of our actions.

We must expect nothing from others,

but neither should we believe that we owe them our entire existence. Each of us is responsible for our own growth. When we fulfill our duties with justice, fairness, honesty, and generosity, we have already fulfilled our mission. Going beyond that out of guilt or a need to be loved rarely leads to balance.

Inner freedom arises when we stop living by a system of merit-based accounting. We no longer compare what we have given with what we have received. We no longer measure affection, services, or acts of kindness as if they were a financial balance sheet. We then discover a much lighter way of living, where every act becomes a natural expression of our Consciousness rather than a disguised demand.

Give because your heart is rich. Help because it is the right thing to do. Forgive when possible. Serve when Life offers you the opportunity. But expect nothing in return. Those who expect nothing cannot be disappointed, and those who are no longer disappointed gradually discover a peace that no one can take away from them. The most beautiful generosity is that which is offered freely, without calculation, without conditions, and without expectations. It is in this freedom that humanity learns to truly love and, in turn, becomes a source of peace for the world.

With much love to each and every one of you.

Ven. Gurudev Hamsah Nandatha





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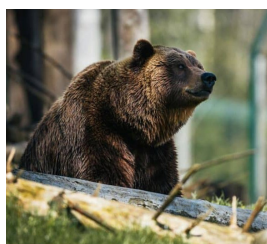
Tri-Village Buzz Newsletter

Box 169 Wasa, BC V0B 2K0

10 WEIRD FACTS:

1. The first oranges were green - they turn orange in cooler climates.
2. A "butt load" is an actual historical measurement - 126 gallons of wine.
3. The King of Hearts is the only king in cards without a mustache.
4. Your liver is the only organ that can regenerate from 25%.
5. The first emails were sent in 1971 - before the internet existed.
6. A group of rhinos is called a "crash".
7. The average person produces enough saliva to fill two swimming pools.
8. Reindeer eyes turn blue in winter for better low-light vision.
9. The dot over the letter "i" is called a "tittle".
10. There's enough iron in the human body to make a 1-inch nail.

Bears in the Fall



Before hibernation, bears engage in hyperphagia, a stage where they consume massive quantities of food to build essential fat reserves. These deposits become their primary energy source throughout the hibernation months. The strategic accumulation of both brown and white fat enables bears to maintain their core body temperature and survive prolonged periods without food intake.

As the days grow shorter and temperatures dip, bears exhibit noticeable behavioral changes. They become increasingly sedentary, minimizing energy expenditure, and their foraging patterns become more intense. This behavior assists them in gathering the needed nutrients and calories required to sustain them through the winter.

During the pre-hibernation phase, bears undergo significant physiological adjustments. They experience hormonal changes that facilitate the storage and metabolism of fats, improve insulin sensitivity, and help minimize muscle atrophy. These adaptations ensure their bodies remain strong and capable throughout the dormant period.

<https://www.animalsaroundtheglobe.com/how-bears-pre-prepare-for-hibernation-and-what-we-can-learn-9-311213/>

7	2	3	4	9	1	8	5	6
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8	7	9	6	2	5	3	4	1
9	1	5	8	4	3	7	6	2
2	3	4	1	7	9	5	6	8

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Wasa Lion's Mtg 7 pm	2	3	4	5 
6 Church 10:30	7 	8	9 WLLID Mtg 7 pm	10 	11	12
13 Church 10:30 am	14	15 October Buzz submis- sions due!	16 	17	18 	19
20 Church 10:30 am	21	22	23	24	25 	26 
27 Church 10:30 am	28	29	30 	1	2	3 

LEGEND

Church Service 10:30 a.m. Lions 7 p.m.
Quilters 10 - 4 Tops; wednesday 9 a.m.
Lion's meetings 1st & 3rd Tuesday of every month



**SPECIAL
EVENTS**

and Days Down the Road

- TOPS every Wednesday morning at the Wasa Hall. Weigh in at 9 - 9:30 AM - mtg 9:30 to 10:30
- Pickleball - every Monday & Wednesday 9 - 12, Community Hall
- Next WLLID Board mtg September 9th
- WLLID AGM Oct. 29th



NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....250.422.9327
BC Wildfire.....*5555.....or1.800.663.5555
Catamount Contracting.....250.422.3694
Conservation - Emergency.....1.877.952.7277
Cranbrook/Kimberley Hospice.....250.417.2026
Econobuilt.....250.421.7813
EMERGENCY.....1.800.663.5555 (*5555)
Hi Heat Insulating.....250.422.3457
HD Railings.....250.422.3457
Kootenay Kwik Print.....250.489.4213
Kootenay Monument Installations.....422.3414
Lantz Farm (Hay).....250.420.1660
Rascal Dock Systems.....250.421.1746
TOPS.....Nicky Popowich..... (250) 422-9248
Wasa Country Pub & Grill250.422.3381
Wasa Hall.....250.422.3514.....422.3795
Wasa Hardware & Building Ctr.....250.422.3123
Wasa Lake Gas & Food.....250.422.9271
Wasa Lions Med Eqp...250.417-7654.....793.9491
Wasa Lions Trail Donations.....250.417-7654
Wasa Memorial Garden (Sherri Shields).....email-
Wasa Post Office.....250.422.3122

