



## INSIDE THIS ISSUE



Life / Range cont'd	2
WLLID	3
Wasa Memorial Garden	4
Where Do You Take Your Buzz	5
Following the Trails	6
RDEK	8
Lions Den	9
Wasa Community Church	11
Helpful Hints	12
Wasa Fire Suppression	13
Road Condition Mtg August 6th	14
Wasa Community Library	15
Wasa Country Breakfast	17
From the Ashram	18
Kid's Fun Page	19



# TRI-VILLAGE BUZZ

September 2019 Issue 221 Visit: [www.wasalake.com/buzz](http://www.wasalake.com/buzz)

## Life on the Range

submitted by Kathleen Hart

Karen Barraclough owns the B-E Ranch in Skookumchuk. She and her husband Doug took over management of the family ranch from her father in 1991. She's seen lots of changes over her many years on the ranch, but the work and challenges of a rancher's life remain constant, from working outdoors in all seasons and all weather to keeping an ever-watchful eye on what's happening on the range.



This includes keeping cattle where they should be. To make sure cattle are grazing the right land at the right time of year, while keeping them out of sensitive habitat, ranchers like the Barracloughs must use items like fencing and cattle guards.

To better control the movements of their cattle, the Barracloughs took advantage of the Trust's Grassland and Range Enhancement Program (GREP). Delivered by the Kootenay Livestock Association, GREP supports projects that help ranchers protect grassland, aquatic and riparian resources on Crown lands where cattle graze. The goal is to promote the stewardship of grassland habitats while ensuring compatibility between livestock management and the many other ways the land is used by people and wildlife.

In 2018, GREP funded 21 projects that included building or



repairing livestock fencing, controlling invasive plants, developing water sources, upgrading cattle guards, refurbishing pastures and installing signage to educate the human users of these areas too. Together, these projects have benefited

approximately 2,500 hectares of terrestrial habitats and 2.25 hectares of aquatic habitats.

*continued on page 2*

The Barracloughs themselves are now working on a project in the Wolf Creek area to protect its extensive wetlands.

“We are replacing the fence right around the watering lane to keep cattle out of the wetland,” says Doug. They’ll also be moving a gate that currently crosses a public road so it won’t accidentally be left open anymore. Plus, they’ll improve an old water hole that’s connected to Wolf Creek by a watering channel. Over time, the channel has filled in with silt and vegetation, choking off the flow of water into the dugout and driving cattle to move into the wetland to drink. “We are going to lay geo-textile fabric and put clean fill in the bottom of the channel to maintain the integrity of the channel and keep it free-flowing into the dugout.”

This isn’t the first time the Barracloughs have used the program. Previously, they fenced around Gina Lake to ensure the cattle were using it appropriately. They also replaced five cattle guards and added fencing on Wolf Creek Road to control cattle movement while enhancing the pastures where both cattle and wildlife graze.

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“With the support of this program, you have fewer problems with cattle encroaching onto sensitive habitat,” says Doug. In addition to encompassing wetlands, their land provides winter grazing for elk and bighorn sheep, plus includes a provincially protected area with habitat for the at-risk American badger and long-billed curlew. “Our ranch sits on a special management area for ungulates and we have to keep 52 kilometres of our range fences maintained.”

For Doug and Karen, the place they call home is precious to them and, with the right efforts, ranching and the health of the Basin’s water and land can be balanced and enhanced.

Doug says, “We hope that, in our work, we are making sure these areas remain for future generations.”

*Article originally published: <https://stories.ourtrust.org/protecting-habitat-supporting-a-livelihood/>*

*“We abuse land because we regard it as a commodity belonging to us. When we see land as a community to which we belong, we may begin to use it with love and respect.”*

*- Aldo Leopold*







## TRI- VILLAGE BUZZ NEWS TEAM

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## MILFOIL REMINDER

Over the last several years, residents have expressed concern about the growth of Native Milfoil in Wasa Lake. The hot dry summers of 2017-18 lowered the lake water level to the

point that underwater vegetation became very obvious. Trustees would like to remind boaters to avoid the milfoil patches in Wasa Lake because propellers will chop up vegetation and spread its growth. There is a sign posted on the new BC Parks kiosk at the Main Boat Launch showing where patches are located around the lake. Also, please remove and dispose of any milfoil fragments on propellers. (Please note that Wasa Lake milfoil is a non-invasive native species, not the dreaded Eurasian Milfoil.)

### SHORELINE CLEANUP SEPTEMBER 22, 2019 2:00 – 5:00 PM

Join the trustees, staff, and their families for the 4th annual Great Canadian Shoreline Cleanup on September 22, 2019. This event is registered at [www.shorelinecleanup.ca](http://www.shorelinecleanup.ca) and cleanup data will be submitted to the national website in order to track trends across Canada. More details to come.

### FIRE BAN

(Call BC Wildfire: \*5555 or 1.800.663.5555)

Don't forget that although we have had cooler temperatures and rain, the FIRE BAN is still on until official notice from the South-East Fire Centre. The following are prohibited:

- campfires more than .5 metre wide x .5 metres high
- fireworks, air curtains, sky lanterns, or binary exploding targets
- stubble or grass fires

The next regular board meeting will be held August 28th at 7 PM at the Wasa Community Hall.

Stay safe this summer!

WLLID TRUSTEES

## HAY FOR SALE

Please call Mike to make arrangements  
250.420.1660



LANTZ  
FARMS

*I know my leaf is turning,  
what colour will it be?  
Oh to be bright and beautiful  
and floating just barely free!  
Cindy Smith*



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[myra@kootenaymonument.ca](mailto:myra@kootenaymonument.ca)

# Wasa & District Historical Assoc. & Memorial Garden Group

submitted by Sherry Shields

## 2019 Columbarium Niche & Plaque Costs

### UNIT 1 Columbarium

Upper levels - \$1000.00 + engraving

Bottom Row - \$900.00 + engraving

### UNIT 2 Columbarium (new)

Niche cost - \$1100.00 + engraving

Niche Engraving - \$275.00

Memorial Plaque - \$300.00

### Contact info:

Pat Walkey @ 250 422-3530 or  
pwalkey@shaw.ca.

*The AGM for the memorial garden is September 19th @ 10:00 am in the meeting room downstairs in the Wasa Hall.*

*This is an open meeting; we invite anyone interested in our garden or becoming a member to attend.*



*I often sit in my Garden and think of you a while,*

REMEMBERING WONDERFUL MOMENTS, MY SADNESS BECOMES A SMILE,

*For sitting in my Garden*

IS MY FAVOURITE PLACE TO BE

*For I know in my heart, You'll be sitting next to me.*

## Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or have plans for Surgery?

The Lions may be able to assist with a 3-month loan of Medical Equipment.

For loan information or equipment donations to the Cupboard

Contact: Sharon 250.422.3227  
or Val 250.422.3499

## Welcome Neighbors & Visitors

**Groceries**

**Ice Cream**

**Fast Food**

**Cold Beer**

**Wine & Spirits**

**Lotto!**

## Wasa Lake Gas & Food

**250.422.9271**

**Groceries @ Ice Cream @ Fast Food**

**@ Cold Beer @ Wine & Spirits**

**@ Gas & Diesel @ Premium**

**@ Propane @ Wash Bay**

**@ Lotto @ ATM**

**Open Daily**

**Summer: 6:00 a.m. to 10:00 p.m.**

**Winter: Contact store for hours**

**www.wasagasandfood.com**

The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is have a Community Hall that is viable for events and recreation of the community. Through fundraising, volunteering and rentals we are able to have an economical community hall for our community. The Recreation Society meets the last Wednesday of each month at 7:00 in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- Hall Rentals and Information

Karen Markus 250.422.3514

Bonnie Meena 250.422.3795

- Gym-Sonia Blackwell  
250.421.3019

- Rod 250.422.3253

- TOPS - Susan 778.524.0012

- Library-Judy McPhee 250.422.3766

- Quilter's Club - Linda Sungaard  
778.524.4456

- In addition, BINGO's are held on the **2<sup>nd</sup> Tuesday of each month** at the Wasa Hall. Early bird starts at 6:30 p.m. and regular at 6:45 p.m.



Donate your pop cans & liquor bottles (no dairy please), to the Wasa & District Lions Club to help with their scholarship fund.

Please call Val @ 250.422.3499 to make arrangements for drop off at the Lions Grounds





Email your photos with "The Buzz" Your picture will be featured in the current issue of the Buzz and your name will go into a draw for the **"2019 Where do you take Your Buzz"** contest.

Email:  
trivillagebuzz@gmail.com

## Beverley and Pat Falkiner:

We flew to Anchorage where we met Bev's son Dick and his wife Lena. From there we drove to Tok, AK and over to the Top of the World Highway to Dawson City. From there we traveled to Tuktoyaktut, NWT. I forgot the Buzz in Inuvik! So we have two photos; the one with the paper is in Fort McPherson. A marvelous journey. If I were younger, I would do it again to see the colours of the tundra in the Fall.



**Mike Gall and Kathy McCauley** spent most of May 2019 exploring the Islands and Highlands of Scotland. This photo was taken at the Hermaness Nature Reserve, Shetland Islands, at the most northerly point of the United Kingdom.

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# FOLLOWING

# THE TRAILS OF

# Yesterday

from the photo collections of Judy McPhee



*The tide may erase our footprints but only for a moment, for having walked here once we remain always.*

*Charles Eegin*



1. Dr. Alan Askey hiker, horseback rider, canoeist around all the mountains and area around here and beyond 2. Judy Sims Grant – Grampa's farm (George & May Sims) East side Kootenay River XL Ranch, Wolf Creek Rd., 3. Martin Fichtl, Mt Fischer May 1995, 4. Locke family w/ mini horses on Pine Rd., 5. Wasa Community Thrift Store, making money for the church, 1989. Dekker children. 6. Berg child early 1960 in Hanson Channel, 7. Locke family going to Charles Dixon's bday July 1955 past Wasa ice house, 8. Aerial view of Wasa 1998, 9. Naomi Miller, 36 years of hiking, biking, swimming, canoeing and walking in the surrounds of Wasa., 10. Shoes thru the ages, 11. Hiking thru the years



# Bringing Our Story to Life:



1. "Supervisor" Pat Bodin, Doug Macdonald, Anna Wilson, Kevin Anderson, Sandy Kay 'patiently' waiting their turn in the amphicar 2. Sis McKenzie at inaugural launch Ponderosa Rd. 3. Sandy Kay, amphicar, "oh no! I can even see the bats on the roof!" 4. Laurie Kay's amphicar launch, mid 1990's Build between 1960-1965, lovingly restored by Laurie Kay, Lions member, swimming instructor in the 60's & 70's at Wasa of all McPhee children and kids at Wasa. Sandy Kay, mother of 3, hairdresser, chief volunteer and specialist in gardening & swimming, superb help 5. Mario & Myrna Liberto, 1987 Hitchin Post 6. Pete Lum, 1898-2000, big game hunting guide/ lived at Sheep Creek & Bob Jamieson, big game guide, Ta Ta Creek 7. Susanne Ashmore and Bev Rauch at Grayson Ford's Memorial Service, Aug. 4, 2019 8. Bev Rauch always has a smile, 2016. 9. Brenda Rauch community volunteer, 47 years with husband, Bev 10. Frank Robinson 1999 flower garden 11. Francis West 2003 selling the Kootenay Ripples History Book. Raised lots of money for the history book on TaTa Creek, Skookumchuck and Wasa extremely vigilant lady – always looked for ways to raise money and sell the history books

*those who have  
walked before*



## Wasa Roads Public Meeting (August 6)

MLA Doug Clovechok organized this meeting so we could give the residents a opportunity to meet the Ministry of Transportation staff and get the information first hand about Seal Coating. Mainroads also had 2 representatives there.

The Attendees were:

MLA *Doug Clovechok*

RDEK *Jane Walter*

MOTI District Operations Manager, *Jason Templeton*

MOTI Area Manager Roads, *Hilary Barnett*

Mainroad EK Contracting, *Patrick Johnson*

Mainroad EK Contracting, *Rob Bishop*

During the meeting we heard the process of the work and their expectations of the future road surface. Also, some of the residents have made the decision to do a petition to present to Doug Clovechok. Doug will then present the petition to the House in Victoria.

## Columbia River Treaty

The treaty discussions are proceeding; we are hoping to have a modernized treaty.

We want to retain the benefits. There is also concerns about the environmental damage done to the area, maintaining better water levels in the reservoirs, etc. These are just a few of the items being discussed. For more information please go to <http://engage.gov.bc.ca/columbiarivertreaty>

We will be holding public meeting later in the fall - I hope you will be able to attend and learn about what we are hoping to achieve. I do not have the dates or time at this point.

If you have any concerns please call me at 250-427-2577 or email me at [s.janewalter@gmail.com](mailto:s.janewalter@gmail.com)

I hope everyone has a good month.



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How do you fix a broken pumpkin? With a pumpkin patch

Did you hear about the tree that had to take time off of work in autumn?  
It was on paid leaf.

## VOLUNTEER OPPORTUNITIES WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out.

- |  |                            |
|--|----------------------------|
| • Wasa & District Lions Club                                     | TriVillage Buzz Newsletter |
| • Wasa Recreational Society                                      | Bingo                      |
| • Armchair Traveller   | Wasa Pancake Breakfast     |
| • Wasa & District historical Association & Memorial Garden Group | Wasa Community Library     |
| • Wasa Lake Land Improvement                                     | Wasa Gym                   |
| • Tri-Village Kids Club  |                            |

.....are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

**"Volunteering is a work of heart"**





Here is hoping the summer has been a great one for everyone. Now it's back to school and the old grind.

The Wasa Lions have made a few improvements to the skating rink that should make the facility a better place to skate in the coming winter months. New energy-efficient LED lighting has been installed around the perimeter of the rink. These new lights are a great improvement over the old ones as they light it up like daylight! The Lions now need to set up a schedule for rink maintenance for the upcoming winter. Last year went well with the volunteers keeping ahead of the weather, but more volunteers will make easier work of it. A committee will be set up to organize the work and next month's Buzz will have the contact information.

**A special thank you goes out to Jim Large** for the use of the manlift for installing the lighting on the rink. It could not have been done without it. And **many thanks to Rob of MandR Electric** for the amazing job of installing the lights. It also would not have happened without the grants from the RDEK and BCHYDRO. We have many activities in the area for the summer months, but now the winter as well!

The Lions initiated a Meet and Greet in July for everyone in the community to get to know one another and meet the various other organizations in the area. It was well attended with about 120 people coming out.

**The Lion's next project is to replace the wood floor in the pancake breakfast kitchen with a new concrete one. The old one has decayed over the years and is not safe. We would appreciate as many volunteers as possible to make this possible starting after the Labour Day weekend. Please call 250-422-3755 if you are able to assist in any way.**

Enjoy the dog days of summer and have a wonderful fall!



## Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- ☐ All users are required to wear "gym shoes" - no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!



GYM HOURS AND INFO

**For Gym Schedule Please Contact:**

- Sonia Blackwell at 250.421.3019 or
- Rod at 250.422.3253

*We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.*



## Wasa Road Group

If you would like to have a voice going forward in a group format concerning our road conditions, please email: [wasagr422@shaw.ca](mailto:wasagr422@shaw.ca)  
Send your questions, suggestions, experiences and we will see them forwarded to our elected officials and other appropriate persons.

## The BUZZ needs you!

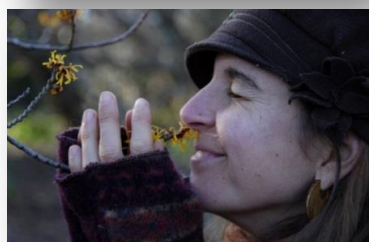
**We are looking for volunteers! How would you like to try your hand at submitting one of the following?**  
Fun page, History Bytes (or similar), Articles of interest.

Email: [trivillagebuzz@gmail.com](mailto:trivillagebuzz@gmail.com) or call Lori @ 250.417.1570



### **Darlene Turner: "Mastering Your Body"**

- *Learning the Magic of Cells & How They Can be Transformed.  
A Guided Meditation.*



### **Denise Holden: "Green Breath "**

- *Rooting Into Peaceful Presence with Ponderosa Pine  
in Green Breath.*



### **Claire Dupuis: "Tibetan Bowls"**

- *Family Constellation Healing Generational Trauma  
& Tibetan Bowl Meditation.*



**Call Darlene at 250.420.7052 or**

**Purchase your tickets at [eventbrite.ca](https://www.eventbrite.ca)**





## Wasa Community Church

It's not uncommon for people to turn to God for help and rely on Him during hard times. Sometimes that's almost forced upon them if it feels like they have nowhere else to turn. A lot of people lean on God to get them through the difficult times, when they are desperately in need, but what about when things are going great? Is there still a need for God, or can we push Him to the side until something tricky comes up again?

There's an old hymn where the words 'I need Thee every hour, most gracious Lord' are sung out, and the rest of the song follows that exact theme. I couldn't agree more with those lyrics. I don't just need God when I'm going through a rough time, I need Him in the good times too. I need Him during every hour, not just during the bad ones.

When things are going well, and we're happy and enjoying life, without any burden to ask the Lord to help us with, it's so easy for us to forget Him. We can easily get to the point where we treat Him more like a first aid kit rather than a person, simply going to Him when in desperate need rather than actually having a relationship with Him. The other thing is that He is our guide through life, and if we only seek that help and guidance when things are bad, we can lead ourselves into places we don't want to be when things are good.

We, as individuals, are weak. For example, I don't think I'd ever want to be a pastor at a megachurch with thousands of attendees. My ego would likely grow and my pride would probably heighten because I'm weak. The fame and fortune could easily get to my head and I'd be a different person. I would need God to keep me humble, keep me thinking about others and their needs. Keeping me thankful to Him for what He's done for me. However, that doesn't simply apply to people who make it big or become famous, because I still need help to be thinking of others and remaining humble in my good times right now. All our good times have the potential to build our selfish ambition and carelessness, and who better to look to for help in those times than the One who, being God, still humbled Himself to be crucified on the cross for all our sins, making the way to heaven as simple as believing in Him and His death and resurrection? When the going gets really good, let's not let ourselves get out of hand, because even then, we are not without need.

*"Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths"* (Proverbs 3:5-6 ESV).

- Pastor Jon Malpass, Wasa Community Church (services Sunday @ 10:30am), (250) 464-4419

*I have always thought of Fall colours as the result of the pastels of Spring steeping thru the heat of Summer, like a good tea, to become deep and rich in tone.*

*Lori Vandette*



*Can you tell the location and history of this spot? Email the [trivillagebuzz@gmail.com](mailto:trivillagebuzz@gmail.com) I would love to know the details!*

### Sheep Creek



**Saturday**  
**September 14th**  
**10 a.m. to noon**

Meet at the corner of Sheep Creek Road and Premier Lake Bridge  
Contact: Dwayne Vogel 250.422.9215 [dkvogel2010@gmail.com](mailto:dkvogel2010@gmail.com)

Have you got a helpful hint you would like to share?

Email: [trivillagebuzz@gmail.com](mailto:trivillagebuzz@gmail.com)

Subject: Helpful Hint



## Helpful Hints

By Sherry Shields

In Memory of Vi Cockell



### Zucchini

Zucchini contains zero fat, and is high in water and fiber. It also contains significant amounts of vitamins B6, riboflavin, folate, C, and K, and minerals, like potassium and manganese. The summer squash also contains antioxidant and anti-inflammatory phytonutrients. This makes zucchini, also known as courgette, a nutrient-dense food that you should include in your diet.

Thought I would share ONE of my favourite zucchini recipes.

### Zucchini Lemon Loaf

#### Ingredients

#### For the bread:

3 cups all-purpose flour

1 teaspoon salt

1 teaspoon baking soda

1 teaspoon baking powder

2 cups granulated sugar

Zest of 2 large lemons

3 large eggs

1 cup light olive oil not extra-virgin

1 tbsp fresh lemon juice

1 1/2 tsps vanilla extract

2 cups grated zucchini

#### For the lemon glaze

2 c powdered sugar

3 tbsp fresh lemon juice

-Preheat oven to 325. Grease & flour 2-8x4 pans

-In a large bowl, whisk together the flour, salt, baking powder, and baking soda. Set aside

In a medium bowl, combine sugar and lemon zest. Rub together with your fingers until fragrant.

-In a large bowl, whisk together the lemon sugar mixture, eggs, olive oil, lemon juice, and vanilla.

-Whisk until smooth. Stir in the dry ingredients until combined, the batter will be thick. Stir in the zucchini and pour the batter into the prepared loaf pans.

-Bake for 60-65 minutes, or until tester inserted in the center comes out clean.

-Place the loaves on a cooling rack and cool for 15 minutes. Loosen the sides of the bread with a knife. Carefully remove the loaves from the pans. Let cool completely on rack.

--While the bread is cooling, make the lemon glaze. In a small bowl, combine powdered sugar and lemon juice. Whisk until smooth. Drizzle the glaze over the loaves. Slice and serve.

### Cooking Hints (Thank you Helen Kelly)

To prevent filling the oven with smoke and your house with a burnt door, sprinkle juices that have run out of pies with salt immediately.

A dash of salt in cream or eggs makes them whip faster.

When making hamburgers or meatloaf place the onions, egg and spice in a blender and you will achieve a more delicate and consistent flavor.

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[brunosplumbing@shaw.ca](mailto:brunosplumbing@shaw.ca)



Serving The Columbia Valley



## WASA VOLUNTEER FIRE PREVENTION AND SUPPRESSION

What a difference between the summer of 2019 and the previous 2 years! Cooler temperatures and lots of rain have prevented wildfires at our door; what a relief! Nevertheless, weather can change, so it's important to be ready because the possibility of wildfire still exists if the autumn is hot and dry. Also, fires break out for other reasons than heat, so we always have to be prepared.

Our community is fortunate in that we not only have the community fire trailer ready to go in an emergency, but we also have a number of privately-owned water trailers prepared to move at short notice. Homeowners' interest in learning about and implementing FireSmart strategies for their homes has been awakened and hopefully, will continue to grow from now on. Thirteen homeowners took advantage of the RDEK sponsored chipper on July 7 and set out branches and tree debris to be picked up and disposed of. And great news...we just learned that RDEK will sponsor another chipper day on October 15, so get ready to do more Firesmart cleanup this fall! Watch for more info to come.

Many local homeowners have invested in gutter-mounted sprinkler systems and set up water cubes with gas powered pumps to protect their own properties if fire threatens. If you are one of the many recipients of water cubes delivered to you, please remember that although the cubes are obtained free from the Skookumchuck Pulp Mill, it costs the volunteers money to deliver them and we would very much appreciate a donation (suggested amount is \$25/cube) to our fire prevention efforts. We guarantee that all donations will be put to good use in helping to keep the fire prevention and suppression momentum moving forward. **A big shout-out to those who have already donated!**

Our final project of 2019 is to build a secure shelter for the community fire trailer at the Wasa Lion's Grounds. **Calling all carpenters, handymen and handywomen:** WE NEED YOUR HELP to complete this project! Please watch for more info to come; you may receive a call or email asking for your participation. Contact Kathy at 422-3759 or kathyemccauley@gmail.com to let us know you would like to help or to arrange a donation for your water cube.

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**WILDSIGHT APPLE CAPTURE** The East Kootenays is home to many fruit trees. When the fruit is left to fall off the tree and rot, it attracts local wildlife—including deer and bears. Wildsight's Apple Capture is here to help you keep up with your fruit harvest or to share it with someone who can use it. Together, we can turn a wildlife attractant into a locally sourced, nutritious food.

Here is how we do it:

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We have a tree sharing board.

We organize community picking and juice pressing events.

<https://wildsight.ca/programs/apples/>

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## Wasa Road Upgrades Info Session

MLA Doug Clovechok & RDEK representative Jane Walters arranged an info session on August 6th for the members of the Wasa Community, regarding our recent road upgrades. The meeting was attended by 31 concerned community members. Also attending this session were representatives from MOTI (Hilary Barnett & Jason Templeton) & Mainroads, (Rob Bishop & Pat Johnson) & Rachel Loganberg, MLA Clovechok's assistant.

The session was opened by Mr. Clovechok, stating he would like to approach this situation from a public safety viewpoint. He (& others present) are well aware of what the issues are – having received numerous letters, emails & phone calls. He would like to focus on what we can do moving forward, apologizing for the lack of communications before the project was begun. He then turned it over to Hilary, who apologized on behalf of MOTI & Mainroad for the lack of communication before any work took place.

Hilary explained chip sealing was done at this time, because it is allegedly more effective if applied before a road degrades too far. MOTI did not want to wait until the roads became quilted (numerous pothole patches). According to Jason, the cost of this chip sealing was \$644,000 – 10% of what it would have cost to have asphalt put down (\$6,440,000). The job was allegedly done by the same company that did Rosen Lake, Tie Lake, etc. & MOTI has been happy with their work. A link to the chip sealing process is provided at the end of the article.

The main concerns raised were:

- What size of crush is acceptable – The acceptable size of crush used is between 4.75 – 16 mm, & the larger sizes should only account for 10% of what is put down, as stated by Jason. MOTI website states the largest size should be 4.75 mm (up to 50%), with up to 15% being .6 mm & the balance at .075 mm (section 508, Graded aggregate seal coat (eps))
- Who is going to be responsible for the pitted & or cracked windshields individuals are experiencing from the loose gravel still evident – there is a claim process you can go through with both Mainroad & MOTI, links provided below.
- How / when are the issues of potholes & jagged road edging going to be addressed – Mainroad will monitor the roads, but likely no repairs or solutions will be presented until next year. Did anyone take into account that we have a different community dynamic than i.e. Rosen Lake, Tie Lake, Baynes Lake Rd? We experience far more foot / bicycle traffic than other communities & the current road conditions severely curtail these activities.
- When the contract was tendered, was the dollar value the only consideration? Or was individuals safety & concerns taken into account – Tenders are based on who submits the lowest bid, period.
- Possibility that the current state of the roads will cause the cancellation of the Wasa Triathlon – this is something Hilary stated she would look into with the organizers of the event.
- A question to ask: If it cost 3.1 million dollars in 2009 to pave the highway from the Cranbrook turn off to the junction of highway 95 (just past the bridge), why are we being quoted a cost of over 6 million dollars to pave Wasa??

*There was a lot of back & forth, but the bottom line is this:*

**Time** will solve all our issues. **Time** will reduce the noise level of vehicles passing. **Time** will pack down the crush so we have a smoother surface. We are stuck with this product for the next few years (chip seal is supposed to have a lifespan of up to 20 years). Mainroads will monitor the pooling water in the areas where potholes were obviously not fixed before the work was done. Berming on the shoulders will be reduced to provide better drainage into the roadside ditches. Jagged road edges will have gravel applied & packed down to reduce the drastic transition from the chip seal to gravel. Elm street will receive a gravel layer that will be sprayed on a regular basis with calcium, to reduce dust & most of this will not occur until next year.

One resident suggested a contact person be set up within our community that can compile our concerns & be the conduit to MOTI, on a regular basis – our RDEK representative, Jane Walter was suggested.

The final note of the meeting was Mr. Clovechok's promise he will lobby on our behalf for a better option for our roads, i.e. asphalt. He suggested we continue to write letters voicing our concerns, including photos, etc. Continue with a government approved petition format, getting signatures from everyone this situation impacts, not just full-time residents. ***Be the squeaky wheel, and continue to be the squeaky wheel.*** If you have to have windshields replaced, or other repair work done, document it and send in copies of your claims. ***Address your letters to the Minister of Transportation (Honourable Claire Trevena), but send through Mr. Clovechok's office.***

doug.clovechok.MLA@leg.bc.ca  
362 Wallinger Avenue Kimberley, BC B1A 1Z4  
Phone 250-432-2300 Toll Free 1-844-432-2300  
Fax 250-344-4815

MOTI District Manager: Ron Sharp  
ron.sharp@gov.bc.ca  
MOTI Operations Manager: Jason Templeton  
jason.templeton@gov.bc.ca

Chip seal link:

<https://www.tranbc.ca/2015/05/14/what-is-sealcoating-and-why-are-we-doing-it-on-bc-highways/>

MOTI claims link: <https://www2.gov.bc.ca/gov/content/transportation/driving-and-cycling/licensing-and-insurance/highway-claims>  
***Mainroad had not responded with a contact for claims at time of printing .....***





# WASA COMMUNITY LIBRARY



Open Tuesday 11:00 am to 1:00 pm or by appointment (call Marg Burrin @ 250.422.3565 or Rose Smith @ 250.422.3088)

submitted by Judy McPhee

OPENING AGAIN: Tuesday, September 3, 2019, 11:00am-1:00pm.  
LIBRARIANS: Marg Burrin-250-422-3565      Rose Smith- 250-422-3088

***"Time is like the Mississippi River, it only flows in one direction, you can never go back"***

*--except in memories which are a cushion for old age!*

As I look back at our community of Wasa, I realize as do probably each of you, that we are interdependent on each other. It takes all of us to do our bit of volunteering to make this a cohesive community, one which has a variety of things to do, organizations to join and a safe, wonderful place to live and belong to.

I hope as fall approaches us, you can contemplate how YOU can help to continue to make our community a great place to live, a place to volunteer your time and/or expertise and meet other community members.

For new people in our community, we, Wasa residents welcome you.

Please check out the TVB for events happening and organizations to attend.

What ever your interests are, we may have just the book to read. Please check us out any Tuesday from 11:00-1:00. Marg and or Rose will help you find just what you are interested in reading.

If you would like to volunteer to help in the library, please let Marg know. Thank you.

For mothers interested in taking their young children to story time at our community library, please phone Marg Burrin at 250-422-3565 - time for the children in our community each week or bi-weekly.

Have a wonderful fall and do not forget to relax with a good book!

Over time, there will be many new memories for each of us, new books to read, to learn from, to ponder over.

Please enjoy the beautiful landscape around us.



## ***Pumpkin Gingerbread***

"Wonderfully flavorful and fragrant bread for the holidays."

### **Ingredients**

3 cups sugar	1 teaspoon ground cinnamon
1 cup vegetable oil	1 teaspoon ground cloves
4 eggs	3 1/2 cups all-purpose flour
2/3 cup water	2 teaspoons baking soda
1 (15 ounce) can pumpkin puree	1 1/2 teaspoons salt
2 teaspoons ground ginger	1/2 teaspoon baking powder
1 teaspoon ground allspice	

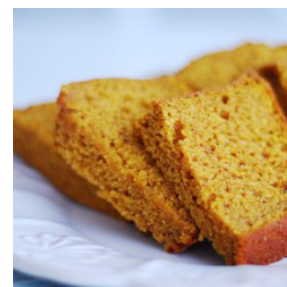
### **Directions**

Preheat oven to 350 degrees F (175 degrees C). Lightly grease two 9x5 inch loaf pans.

In a large mixing, combine sugar, oil and eggs; beat until smooth. Add water and beat until well blended. Stir in pumpkin, ginger, allspice cinnamon, and clove.

In medium bowl, combine flour, soda, salt, and baking powder. Add dry ingredients to pumpkin mixture and blend just until all ingredients are mixed. Divide batter between prepared pans.

Bake in preheated oven until toothpick comes out clean, about 1 hour.



## Garden Facts & Fables

The gardening season is coming to a close - which is both a time of sadness and relief. How did your garden do this year? What changes are you going to make for next year? Were any of the tips I shared over the last few months helpful? What would you like this page to contain, going forward? The Buzz is about community - and sharing with one another, whether it is hard-earned knowledge, a joke you had a good laugh at, a fond memory ..... we all want to hear it!



Michael O'Leary was waiting at the bus stop with his friend, Paddy Maguire, when a lorry went by loaded up with rolls of turf.

O'Leary opined, 'I'm gonna do that when I win de lottery, Maguire.'

'What's that, Michael?' responds his mate.

'Send me lawn away to be cut,' concludes O'Leary.

### September Chores for the Garden

- Stop pruning and fertilizing
- Start fall clean-up in the flower beds, cutting back anything that has finished blooming or is diseased. \*\*Now I do not entirely agree with the 'cutting back' part - leaving dried flowers in the garden can add interest in the winter, food for winter birds, and homes for over-wintering insects.
- Divide and move perennials
- Start planting spring flowering bulbs
- Harvest remaining vegetables, including green tomatoes. Wait for a hard freeze before harvesting brussel sprouts.
- Pick herbs for drying or freezing
- Plant trees and shrubs, but keep them WELL watered until freeze up.
- Clean up fallen fruit - keeps volunteers to a minimum, but even more important, reduces unwanted winter visitors!

"The breezes taste of apple peel.  
The air is full of smells to feel-  
Ripe fruit, old footballs, Burning brush,  
New books, erasers, chalk, and such.  
The bee, his hive. Well-honeyed hum,  
And Mother cuts chrysanthemums.  
Like plates washed clean with suds, the days  
Are polished with a morning haze."  
- John Updike, September

Bananas contain a natural chemical which can make people feel happy!

Apple is 25% air, that is why it floats on water!

Apple, potatoes and onions have the same taste, to test this eat them with your nose closed!

Around 2000 different types of plants are used by humans to make food!

Eating lots of onions will make you sleepy, as it acts as a sedative!

*Knowledge  
is knowing a tomato  
is a fruit;  
Wisdom is not putting it  
in a fruit salad*



## Wasa Country Breakfast

by Nowell Berg

Morning breakfast wouldn't be complete without the slab of quick fried batter, toasted golden brown outside, fluffy inside. Hot and steaming, spread on the (real) butter then pour out a healthy shot of pure Canadian maple syrup. For added zest spread on fruit like blueberries, strawberries - even banana slices. Topped with a dollop of whipped cream, a feast for any hungry soul.

The weekly Saturday Wasa Country Breakfast attracts hundreds of eager kids, women and men all hungry for fresh cooked pancakes complemented with scrambled eggs, pork sausage along with juice or coffee. Each week a group of 12 volunteers start the set-up process at 7 am for an 8:30 am start. Two persons on scrambled eggs, two on the



sausage grill, one mixing pancake batter and two cooks flipping discs of batter. They stack cooked pancakes four or five deep in a warming container.

Cooks use two fry pans to churn out scrambled eggs. Sausages are boiled first, then finished and browned on a large flat metal grill

holding five dozen encased minced pork packs. Pancake flour, oil and water dumped into a mixing bowl. Stir until smooth and pour into the pancake dispenser. Bowl after bowl of batter to keep pace with orders. Pancakes fly off the grill as fast as they can be made.



Out front one volunteer sells tickets. At the order windows, two more friendly volunteers take patrons large or small request. Calling out each order, two additional food servers load eggs, sausage and pancakes onto paper plates. The work is steady for 2.5 hours.

Sometimes an order is for one or two plates, but many times they are much larger. Five to eight, even eleven orders can be placed at one time. The last minute rush before the kitchen closes keeps all volunteers on their toes. Then comes the clean up. Lots of bowls, pots, pans, jugs and utensils. Profits from the breakfast sales are pooled and then shared equally between local Wasa community groups.

Get out and support great community causes. And, taste a country breakfast. Last Saturday breakfast is 31 August.

HELP STARTS HERE...

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"Ah, September! You are the doorway to the season that awakens my soul... but I must confess that I love you only because you are a prelude to my beloved October."

Peggy Toney Horton

Many of you have a story, adventure or life stories about people you know in our area that happened in years past and you are eager to share so that the history is not lost. I would like to include them in the "Following the Trails of Yesterday" page. Please phone me if you would like to contribute to the column at 250-422-3766 or email me at

--  
judymcphoe9@gmail.com--

## Words of Wisdom



### In the Pursuit of the True Self

*"An adventure to be followed" –  
Part 6*

*In the previous five articles we clearly stated that the real "you", as Pure and Unlimited Consciousness, is covered by five main layers or sheaths. Since we are at the pursuit of our True Self, it becomes capital to experience the clear distinction existing between our True Self and those coverings. Remember that you cannot be what you are observing since the observer is not what he is observing.*

*From the most exterior moving in, the coverings on the Self that we find are as follows:*

*1- the Physical Body, 2- the Emotional Body, 3- the Mind or Intellect, 4- the Superior Mind, 5- the Supramental Consciousness (Pure Awareness)*

*Fifth covering of the Self: The Supramental Consciousness or Bliss sheath*

*There exist different stages of awareness; we are not what we think we are; we are much more than that! As body, emotions and mind, we only perceive the limits of our own virtual prison. This is because of a programming process that makes us believe no other reality exists outside the one we live in.*

*Accessing a higher level of awareness is your privilege, if your consciousness is free to circulate through the different coverings of your Self... from the physical body to the emotional body to the mind, then to Vijnanamaya Kosha and finally the pure consciousness... all without being identified to or limited by any of these mere*

*"relative" appearances. Beyond your body, mind and superior mind exists a superior You. At this stage, an individualized consciousness called "Jiva" exists that is a higher, vaster, and less self-centered Consciousness. It is not yet the realization of the Atman (the immaterial Self) but a consciousness that is completely unaffected by the different coverings of the Self. It is still you, but a "you" that is no longer disturbed by the phenomenal world.*

*Because no conceptual or emotional limitations reside in this "you", one experiences such a sense of Freedom that one is filled with an overwhelming Joy, Love and Oneness, also known as "Bliss" or "Anandamaya Kosha", the sheath made of felicity, free from suffering and self-egoistic limitations.*

*Anandamaya Kosha is a very subtle covering of the self, very thin and light. Anandamaya Kosha corresponds to the Causal Body. At this level, the residual sense of your own ego reaches an extreme subtlety and the plenitude of the Atman (Divine Self) is already perceptible. Here, you are at the edge of discovering the Ultimate, which surpasses all descriptions or definitions, which is a pure, blissful Void, an infinite Silence full of Bliss. It is the Non-Born of the Buddha, the experience of the Transcendence. But contrary to what has been wrongly taught in traditional Buddhism and Hinduism, this is not the end of the Sadhana Practice (Practice of concentration and meditation). It is just a step, as once you achieve Self-Realization, a Sadhana which takes you beyond matter, time and space begins.*

*You must never forget this to avoid being stuck in a world of false light! Achieving your condition of Buddha is just a step, not the end of the Path... this is so important to understand because there is always more to discover.*

*In Anandamaya Kosha, the consciousness is at peace and there is no need for reacting because every action corresponds to the reality. People who have achieved Self-Realization are often called "Perfect Beings", "Siddha Yogis" or "Purna Yogis" because they are in direct contact with the reality of the world, no longer acting as the puppets of their Samskaras (emotions) and Vasanas (egoistic desires), as everything they do corresponds perfectly to what must be done. For a true Master who has established his consciousness into Anandamaya Kosha, no matter if you practice his teaching or not, he will remain the same: Sat-Chit- Ananda, Pure Presence, Pure Existence, and Pure Bliss.*

*In our next article we will study the concept of the Atman, the true Self that you are beyond this human life.*

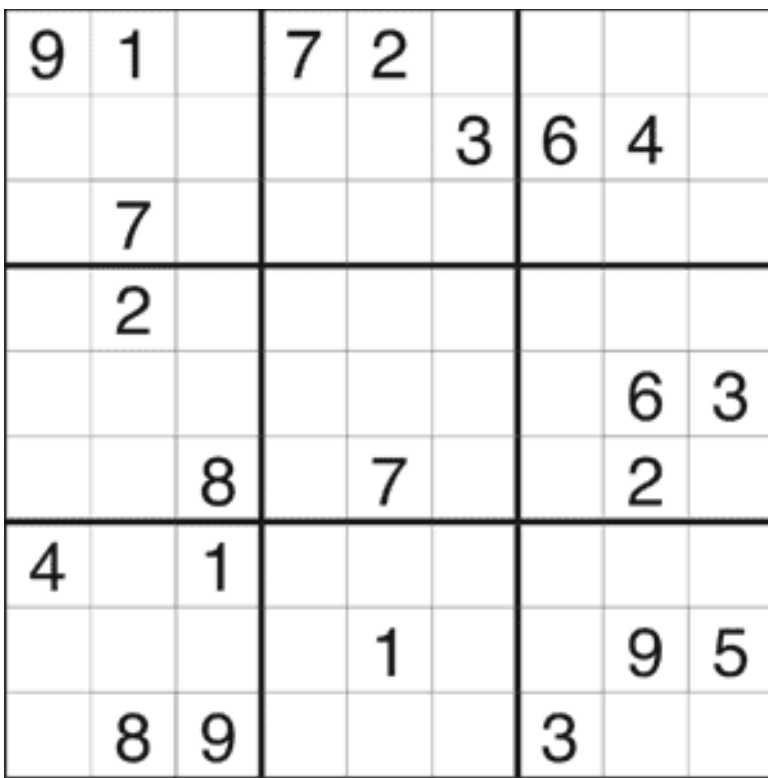
*May the Best be granted to each of you.*

*With Blessing and Love,*

**Venerable Gurudev Hamsah  
Nandatha**

*Venerable Gurudev Hamsah Nandatha has withdrawn from regular public teachings to intensify his prayers and meditations for the world. To be notified of occasional lectures, you can request to be added to our emailing list. Visits of the Ashram are by appointment only. For more information, please contact the Ashram at [ashram@adivajra.ca](mailto:ashram@adivajra.ca) or (250) 422-9327.*





**Q: What do toads drink on a hot summer days?**

**A: Ice cold Croak-o-cola.**

**Q: How do yellow jackets get to school in the morning?**

**A: By school buzz**

**Q: What do sheep do on nice summer days?**

**A: Go to a baa-baa-cue.**



ARTICHOKE HEARTS	CRUST	JALAPENOS	PROVOLONE
ASIAGO	EGGPLANT	MONTEREY JACK	RICOTTA
ASPARAGUS	FETA	MOZZARELLA	SALAMI
BACON	GARLIC	MUSHROOMS	SAUSAGE
BANANA PEPPERS	GOAT CHEESE	OLIVE OIL	SHRIMP
BASIL	GOUDA	ONIONS	SPINACH
BELL PEPPERS	GREEN OLIVES	OYSTERS	TOMATO SAUCE
BLACK OLIVES	GROUND BEEF	PARMESAN	TOMATOES
BROCCOLI	HAM	PEPPERONI	ZUCCHINI

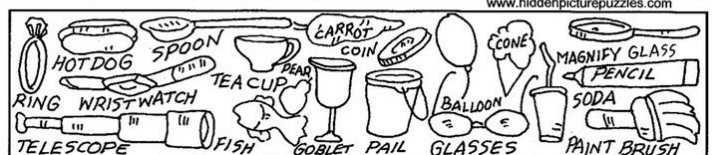
**Want something fun to do with your spare time?**  
**We are looking for a new "Fun Page" submitter**



## Tree Word Scramble



ogdowdo \_\_\_\_\_  
 ceehb \_\_\_\_\_  
 nlatwu \_\_\_\_\_  
 itraocp \_\_\_\_\_  
 urmelbyr \_\_\_\_\_  
 octootnodw \_\_\_\_\_  
 laceyuustp \_\_\_\_\_  
 hrcery \_\_\_\_\_  
 ibchr \_\_\_\_\_  
 uctthesn \_\_\_\_\_  
 hcirkoy \_\_\_\_\_  
 liowwl \_\_\_\_\_  
 pelpbraac \_\_\_\_\_  
 erdoowd \_\_\_\_\_  
 sutcol \_\_\_\_\_  
 lmepa \_\_\_\_\_  
 byukcee \_\_\_\_\_  
 iaonamlg \_\_\_\_\_  
 dclear \_\_\_\_\_  
 lmap \_\_\_\_\_



# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>  <b>LABOUR DAY</b>	<b>3</b>	<b>4</b>	<b>5</b> ☾	<b>6</b>	<b>7</b>
<b>8</b> Church 10:30 a.m.	<b>9</b>	<b>10</b> <b>BINGO</b> 6:30 Early 6:45 Regular	<b>11</b>	<b>12</b>	<b>13</b> ○	<b>14</b>
<b>15</b> Church 10:30 a.m.	<b>16</b> <i>Collect rocks day</i> 	<b>17</b>	<b>18</b>	<b>19</b> Memorial Garden AGM 10 a.m.	<b>20</b>	<b>21</b> ☾
<b>22</b> Church 10:30 a.m.	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> ● Good Neighbour Day 
<b>29</b> Church 10:30 a.m.	<b>30</b>					

## LEGEND

Church Service 10:30 am  
Rec Society 7:00 pm  
Quilters 10 am - 4 pm  
Library Tuesdays 11 am - 1 pm  
TOPS Fri 8:30 am Weigh in & Mtg. 9-10 am  
Armchair Traveller 7:30 pm

BINGO 6:30 pm  
Lions 7:00 pm

## Special Events and Days Down the Road

- Aug 31 - last pancake breakfast
- Sept. 3 - Library opens
- Sept. 14 - Sheep Creek hwy cleanup
- Sept 19 - AGM Wasa Memorial Garden - 10 a.m.
- Sept 22 - WWLID shore clean up, 2-5 p.m.
- Sept 27-29 - Wellness Weekend
- October 15th - RDEK sponsored chipping day

## NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....	250.422.9327
BC Wildfire .....	*5555 or ..1.800.663.5555
Brunos Plumbing.....	250.342.5105
Catamount Contracting.....	250.422.3694
Cranbrook/Kimberley Hospice.....	250.417.2019
Econobuilt.....	250.421.7813
<b>EMERGENCY.....</b>	<b>1.800.663.5555 (*5555)</b>
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HD Railings.....	250.422.3457
Kootenay Kwik Print.....	250.489.4213
Kootenay Monument Installations.....	422.3414
Lantz Farm (Hay).....	250.420.1660
Rascal Dock Systems.....	250.421.1746
TOPS.....	778.524.0012.....422.3686
Wasa Hall.....	250.422.3514.....422.3795
Wasa Hardware & Building Ctr....	250.422.3123
Wasa Lake Gas & Food.....	250.422.9271
Wasa Lions Med Eqp...250.422.3227..	422.3499
Wasa Lions Trail Donations.....	250.422.3773
Wasa Memorial Garden (Pat Walkey)..	422.3530
Wasa Post Office.....	250.422.3122

