



FREE MONTHLY PUBLICATION

TRI-VILLAGE BUZZ

August 2024 ISSUE 273

Visit: www.wasalake.com

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Dear Editor,

Wasa lake residents are up in arms over proposed OCP and zoning changes (RDEK Bylaws 3245 & 3246) that would allow an urban style sub-division

to be built on 10 hectares of land at Wasa Lake Park Drive and Lazy Lake Road.

Developer Richard Haworth and landowner Jesse Mallard want changes to the Wasa OCP and zoning to allow for a sub-division with 16 properties and homes to be built across the road from the lake. Neither party live at Wasa, nor have they provided any evidence to support their assertion the aquifer (potable water) would not be adversely affected by such a concentration of homes and septic systems. This alone should stop their proposal until an adequate aquifer study can be undertaken to determine if the local ground water can sustain such a development, at their expense.

This development is a threat to the aquifer and the quality of the water in the lake.

Wasa doesn't have a potable water delivery system, does not have a wastewater treatment system, and does not have a fire department nor emergency first responders.

This type of concentrated sub-division is best suited for places like Cranbrook and Kimberley, not Wasa. If it were proposed in either municipality, the developer would be subject to requirements like green space, parks, playgrounds and bike paths. Here at Wasa, Howarth gets a free pass and a blank cheque to create a threat to the lake, the aquifer and the community for the next 25 years.

The RDEK and Area E Director have turned a deaf ear to Wasa residents denying them a public hearing. RDEK will only hold a ZOOM meeting (July 30) for selected registrants. Many seniors at Wasa do not know Zoom nor have access to it. Most non-residents are unaware of what is being proposed.

Providing residents with a forum to listen to the proponent's proposal and present their concerns in an open in-person meeting is the first responsibility of an elected official. The Area E Director's lack of support for Wasa is appalling. A Zoom meeting is underhanded.

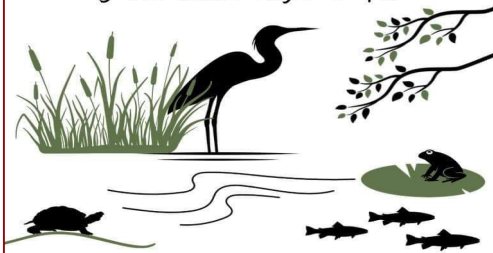
The RDEK has systematically failed to protect Wasa from over development by applying haphazard sub-division rules over the past 40 years. More recently ignoring Interior Health's "best practices" suggesting property sizes should be no smaller than 1 hectare.

continued on pg 2

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There are properties at Wasa that can have a septic system, but not a water well because it's too small to meet new well and septic regulations. No wonder people at Wasa are concerned about the RDEK's support for these Bylaw's. Who supports the local community? Who is listening to Wasa residents?

When institutions (RDEK) and elected officials (Area E Director) fail to listen to the people in the affected area and go out of their way to hinder any real opportunity to engage in open discussion, citizens get upset and angry. The Area E Director's undemocratic actions and tone-deaf responses fuels citizen outrage.

The irony of the whole situation is; not one RDEK Director lives at Wasa, and, by supporting these OCP and zoning changes they will forever destroy the character of this rural community now and for future generations.

Please show your support for Wasa.

Email your objection to RDEK Bylaws 3245 & 3246 to:

planningdept@rdek.bc.ca

director.schnider@rdek.bc.ca

director.walter@rdek.bc.ca

mayor@kimberley.ca

director.gay@rdek.bc.ca

wayne.price@cranbrook.ca

director.mcdonald@rdek.bc.ca

norma.blissett@cranbrook.ca

director.doehle@rdek.bc.ca

mayor.doherty@canalflats.ca

director.clovechok@rdek.bc.ca

I am opposed to RDEK Bylaws 3245 & 3246.

Nowell Berg
Wasa

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We're launching the bat shirt and hoodie fundraiser!

All areas of BC. The Community Bat Programs of BC invite you to embrace your connection to bats by wearing clothing that supports bat conservation. These unique clothing items have been created by BC artists passionate about bats. Fundraising efforts will go to the Community Bat Programs of BC to raise

awareness about bats, help coordinate Annual Bat Counts, and monitor for White-nose Syndrome.

"Bats usually have a bad reputation, but all 15 species of bats found in BC are important in our environment. They are considered wildlife and are protected under the BC Wildlife Act," says Paula Rodriguez de la Vega, BC Community Bat Program coordinator.

The fundraiser includes the sale of three clothing items. One is a t-shirt available in both youth and adult sizes. It has a bat echo locating and catching a moth. "Some bats eat half their weight in insects every night," says artist Jamie Minnie from Vancouver, who designed the artwork.

Another shirt is long-sleeved and has a bat flying over a wetland with a catchy phrase BATS COUNT. "BC bats are major predators of night-flying insects. Many of these insects are pests affecting BC forests, crops, and people," says artist Megan Olson from Vernon. "This is a fun shirt that was developed as a result of the BC Annual Bat Count". Bat counts are held at maternity colonies in the summer to monitor how bat populations are doing. Everyone is welcome to help.

The last item is a hoodie with the anatomy of a Little Brown Myotis including a bat skull. "This important species is often found roosting in human-made structures. The Little Brown Myotis is

Endangered in Canada due to white-nose syndrome and other factors," says artist Aysha McConkey from Chilliwack. "This is my way of helping this amazing nocturnal wildlife species."

Bats need our help. Half of BC's species are in trouble. The BC Community Bat Programs are helping monitor for white-nose syndrome, one of the big threats to bats. Your support with this fundraiser will go towards continued monitoring efforts, outreach and education about the importance of bats, helping homeowners to co-exist with bats safely, and building Bat Friendly Communities.

This fundraiser has been made possible thanks to the support of The Grist Mill, Jan Veroti, dedicated artists, the BC Community Bat Programs fundraising committee, and EmoChoice Canada. Order your shirt before July 15th through the Old Grist Mill at <https://www.oldgristmill.ca/bc-bats/>. Thank you for supporting the BC Community Bat Program! We are looking forward to seeing our swag in the community.

Cheers, Elodie



How it works?

Order your items online with our partners at the Old Grist Mill in Keremeos.


Order before July 15th - receive your items at the beginning of August.

Order between July 16th and September 15th - receive your items at the beginning of October.


Thank you for your support of the BC Community Bat Program! We are looking forward to seeing our swag in the community.

bcbats.ca/store






WILDLIFE IN DISTRESS? Call
Little Mittens Rescue: 250.939.8085
or Northern Lights:
250.877.1181 or Kim Balcom:
250.602.9693





Wasa & District Lions Club
Recycling program
250 417-7654

**BOOKS BY
DONATION**



@Wasa Lions Grounds
Supporting the Wasa Lions & the Wasa Recreation Society

FIRE!

IN WASA

WHO DO YOU CALL?

In a fire emergency, first call BC
Wildfire 1-800-663-5555 or *5555 on a
cell phone.

Then call these Wasa volunteers until
someone answers.

Mike Gall 250-417-9422
Lyle Zaksauskas 250-421-2650
Sharon Prinz 250-417-7654
Kathy McCauley 250-427-6637

The people listed are members of the Wasa
Volunteer Fire Prevention and Suppression
committee. In the event of fire, they will
arrange to activate the community water
trailer and call others with water trailers to
help.

The aim is to prevent fire from
spreading, NOT to put out house fires.

The community water trailer is only available
mid-April to mid-October. It does not operate
during freeze-up months



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**Invasive Species
Council of BC**

**Wasa Provincial
Park Boat Launch**
August 2 - Time TBD

Join us at the upcoming boat launch day
where we'll be featuring an interactive play
called "Invasive Mussel on Trial". This en-
gaging performance highlights the destruc-
tive effects of Mr. Zebra Mussel and edu-
cates about invasive species. Save the date
and come spend at day at the lake with us!

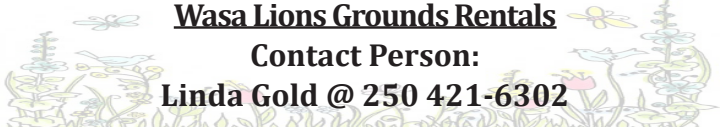
*The brilliant poppy flaunts her head, Amidst the ripening grain,
And adds her voice to sell the song, That August's here again.*



Helen Winslow

Wasa Lions Grounds Rentals

Contact Person:
Linda Gold @ 250 421-6302



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The Lions Den Lions Roar

Wasa & District Lions Club – Serving Wasa & Area since 1976

submitted by Terry Marvel

First of all, I would like to apologize for this heat wave. I'm sure it's because I complained about the cold last winter. Karma can be nasty.

A very heartfelt thank you goes out to everyone that donated to our annual Garage Sale this year. The funds raised go toward the upkeep and maintenance of our Grounds and buildings. The book sale will continue continuously until September. The price of the books are by donation.

Don't forget about the weekly Pancake Breakfasts held every Saturday morning from 8:30 til 11:00. The proceeds from the breakfasts are split between the various user groups that host the event. Your participation is gratefully appreciated.

The Highway Cleanup was held this year with members of the club and community participating. Lots of garbage along the highway!

A scholarship was presented to a graduating student at the ceremonies in Kimberley for the Selkirk graduating class in June. This is an annual event sponsored by all the great people that donate their recyclables to the Lions recycle program. A reminder that the drop-off place is by the green door beside the garage sale area. Thank you for all donations. Also a huge thank you goes out to the people (Lions Sharon, Marilyn, Greg and Gary mainly) who do the sorting and hauling of the empties.

The Lions continue to apply for grants to upgrade our facilities. Our current goal is for replacing the aging vinyl siding on some of our buildings with cement board siding which is fireproof. A thank you is always going out to the Wasa Fire Suppression group which stands by with a water pump trailer manned by volunteers of the community to prevent the spread of fires to any surrounding areas of a fire.

In conclusion, I would like to extend a wish for a bountiful harvest of everyone's efforts to reap a harvest of their gardens and flower beds. You all make our community more beautiful for us and our visitors.



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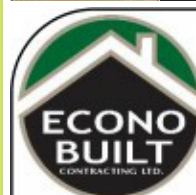
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After an informative presentation by Susanne Ashmore at the last board meeting, WLLID Trustees have a better understanding of the extensive research that is required to begin any water related projects and studies necessary to follow our mandate. What is our mandate? To maintain a good quality and quantity of water at Wasa.

We cannot do this without your involvement. We have a rich resource of individuals, resident or non-resident, with diverse skill sets that could help with a range of projects - water testing, aquifer evaluation, impacts of low water levels on water quality. We are interested in hearing from members of the community who have a background in biology, ecology and hydrology.

Does this mean you have to be a Trustee of WLLID? Not at all. Any resident of Wasa can step forward and offer to help. If interested, please email admin@wasalake.ca.

You can also speak with us in person at the Saturday morning pancake breakfasts. We're there every week. Please stop by and tell us about the best experience you've ever had at Wasa and pick up a WLLID tote bag.

Our next Board meeting is August 14th @ 7pm in the WLLID office; basement of the Wasa Hall.

Enjoy a fun and safe summer on and in the water.



Eric Morrison took the buzz to Paris at the end of May - seen standing in front of the Eiffel Tower. There is fencing in the frame as the Paris 2024 Olympics will be held in August, - they will be holding the beach volleyball games on the lawn (which is subsequently fenced off).

Get your submissions in for your chance to win a \$50 gift certificate to one of our amazing Tri-Village Buzz advertisers!
Where do you take your Buzz?

Take a photo of you with the Buzz and email your travel stories to me. Your picture will be featured in the current issue of the Buzz "2024 Where Do You Take Your Buzz contest".

Email: trivillagebuzz@gmail.com



Vassili and Linda Arkhanguel-ski took their Buzz to Salt Cay, Turks and Caicos - on a diving adventure.

Tracy Eriksen took her Buzz to Sandals South Coast Jamaica Mon. What a beautiful way to end a tour of Jamaica. Great food, lovely people and an amazing spot.



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O Sweet Exchange

-Thomas Kinrade

"You brought me this man as one who was inciting the people to rebellion. I have examined him in your presence and have found no basis for your charges against him. Neither has Herod, for he sent him back to us; as you can see, he has done nothing to deserve death. Therefore, I will punish him and then release him."

With one voice they cried out, "Away with this man! Release Barabbas to us!" (Barabbas had been thrown into prison for an insurrection in the city, and for murder.) (Luke 23:14–19 NIV)

Like Barabbas, we sit on the floor of the dusty cell, awaiting the final moment. Our executioner's footsteps echo against stone walls. Head between knees, we don't look up as he opens the door; we don't lift our eyes as he begins to speak. We know what he is going to say. "Time to pay for your sins." But we hear something else.

"You're free to go. They took Jesus instead of you."

The door swings open, the guard barks, "Get out," and we find ourselves in the light of the morning sun, shackles gone, crimes pardoned, wondering, What just happened?

Grace happened.

Christ took away your sins. Where did he take them? To the top of a hill called Calvary, where he endured not just the nails of the Romans, the mockery of the crowd, and the spear of the soldier but the anger of God.

Saturate your heart in this, the finest summary of God's greatest accomplishment: "God in his gracious kindness declares us not guilty. He has done this through Christ Jesus, who has freed us by taking away our sins. For God sent Jesus to take the punishment for our sins and to satisfy God's anger against us. We are made right with God when we believe that Jesus shed his blood, sacrificing his life for us" (Rom. 3:24–25 NLT, emphasis mine).

God didn't overlook your sins, lest he endorse them. He didn't punish you, lest he destroy you. He instead found a way to punish the sin and preserve the sinner. Jesus took your punishment, and God gave you credit for Jesus' perfection.

https://groups.io/g/AgapeLovePrayerWarriors/topic/an_encouraging_word_from_max/76217280#:~:text=%22Time%20to%20pay%20for%20your,%2C%20wondering%2C%20What%20just%20happened%3F

The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fund-raising, volunteering & rentals, we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- **Hall Rentals & Information:**
Karen Markus 250.422.3514
- **Gym:**
Sonia Blackwell 250.421.3019
or Rod 250.422.3253
- **TOPS:**
Heidi Wright 250-919-3675
- **Library:**
Rose Smith 250-422-3088
- **Quilter's Club:**
Gayle Andrews 250-422-3095

AN OPPORTUNITY TO SERVE YOUR COMMUNITY

Wasa Lions is a fun way to give back to your community.

It's About Fundraising

- Annual Christmas Dinner/Dance/Raffle
- Yard Sale/ Pancake Breakfasts
- Bottle Recycling
- Gran Fondo/ Triathlon
- Lions Grounds Rental



It's About Giving

- Wasa Lions Path/Skating Rink
- Tennis & Basketball Courts
- Pickleball Courts
- Ball Diamond
- Scholarships
- We Care We Serve community funding
- Medical Loan Cupboard
- Eyeglass & Hearing Aid Recycling



It's About Fun & Socializing

A Great Reason to become a Lion!
For Information call 250 422-3210

Have You Registered for the BC Services Card App?

When it comes to emergency preparedness, many people have heard about the importance of having an emergency plan, making an emergency kit, and having a grab and go kit as part of their emergency preparedness planning; however, a newer tool in the preparedness toolbox is a piece of technology: the BC Services Card App.

The RDEK's Emergency Support Services (ESS) teams spring into action during times of crisis to help support residents who have been evacuated from their homes. Historically, you had to physically check-in to a Reception Centre and there was a paper process to receive support services such as hotel and meal vouchers. While the paper system is still in effect, there is a new option that allows people to self-register AND potentially receive supports directly by e-transfer.

Though we all hope we will never need to evacuate, getting registered in advance for the Provincial BC Services Card is a really good idea as it involves a few steps and can be a huge timesaver and far less stressful than trying to do it if you're in the midst of an emergency. The app is available on the Apple App Store and on Google Play, and you can search for "BC Services Card". Once you have that set up, here are the steps:

1. You will choose how to secure the app and create a safe password
2. You have to scan or take photos of your ID
3. You add your primary address and email
4. They verify your identity – this step involves sending a video, making a phone call or doing an in-person confirmation. It is important to note that it can take a couple of days to be verified

Once you've registered, you are set up and you don't have to go through these steps again. This is why it's a good idea to get this done when you are not in the midst of an emergency (especially because there can also be longer wait times if hundreds of people are also trying to register at the same time).

In an emergency if you are evacuated and want to self-register for ESS, there are a separate set of steps to follow to pre-register. You can learn more at ess.gov.bc.ca.

If you have not already registered for the Regional Evacuation Notification System, this is a great time to do that as well. This system notifies you if a property you have "pinned" is the subject of an evacuation alert or order (and it also lets you know when these alerts or orders are lifted). It is free and it is a simple sign-up process. You must "pin" at least one location in the East Kootenay, but can mark as many as you like. Details can be found on the Emergency Information page on www.rdek.bc.ca (and you can click right on the "BE ALERT" photo on our main page to be directly linked as well).

If you need assistance or would like more information, please reach out to the RDEK and they will connect you to a member of the Protective Services or Communications team and they will be happy to provide assistance or answer your questions.

VOLUNTEER WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. Take a look at the list below and call existing members to see where you can help out.

Wasa & District Lions Club, Wasa Recreational Society, Tri-Village Buzz Newsletter, Wasa Gym, Wasa Lake Land Improvement, Wasa Pancake Breakfast, Wasa & District Historical Association/Garden Group are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

"Volunteering is a work of heart."

Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Kate Kelly

What beautiful summer it has been! Many thanks to ALL the volunteers! It is because of your hard work that the Memorial Garden is looking so lovely! A special thank you to Collette and Rob Wollmann for the beautiful flower boxes you've planted! Another big thank you to Richard Alessio for taking care of our mowing & whipper-snipping the garden area. We're blessed to have such dedicated caretakers!

A reminder that the Memorial Garden & District Historical Association will hold its public AGM Thursday, September 12 at 7:00pm. Everyone is welcomed and new members are encouraged to join. If you enjoy gardening & have been looking for a way to connect with neighbors in the community volunteering in the Memorial Garden is a great place to start! Please contact Sherry Shields via email at: slshields27@gmail.com



KOOTENAY RIPPLES HISTORICAL BOOKS

NOW SOLD-OUT

“Someone is sitting
in the shade today
because someone
planted a tree a
long time ago.”

— WARREN BUTLER

2024 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels - \$1,000 + engraving

Bottom Row - \$900 + engraving

UNIT 2 Columbarium (new)

Niche cost - \$1,100 + engraving

Niche Engraving - \$290

Memorial Plaque - \$350

(Engraving costs are subject to change)

Contact info:

Pat Walkey @ 250.422.3530 or

pwalkey@shaw.ca



Cranbrook & Kimberley HOSPICE SOCIETY

127C Kootenay St. N. Cranbrook, B.C.
V1C 3T5

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Fax: (250) 417.2046

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2024 SEASON

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www.lantz farms.ca | @lantz farms

Want to learn to Quilt?

Looking to advance your
skills or learn a new one?

Join the Wasa Country
Quilters Group and learn
with a talented group of
quilters!

We meet every Tuesday
from 10-4 in our own space
in the basement of the
hall. Drop in any Tuesday!
We'd be more than happy
to show you the endless
possibilities in this creative
atmosphere! No previous
experience required.

Call Gayle Andrews

250-422-3095 for more info



This Saturday, July 20

Wasa Country Breakfast



Breakfast served 8:30 am to 11:00 am

Coffee at 8:00

Wasa Lions Picnic Grounds

Breakfast includes:

Pancakes, Mixed Berries
Scrambled Eggs, Sausages
Juice or Coffee

Large \$10.00 Small \$8.00

Just Coffee/Juice \$2.00

Cash Only

Hosting this breakfast

Wasa Gym

Vendors on Site

**Music by
Ghost Coyote**



*to Marilyn Bowen, our 2024 Area E
Volunteer of the Year!! She has given
tirelessly to benefit her community and all
those around her.*



For the community members that are unaware, the RDEK is hosting a "Zoom" meeting on July 30 @ 5pm in regards to the bylaw 3245 & 3246 subdivision behind the Wasa hotel (25 acres). Contact RDEK for more info. If you can not attend or disagree with the bylaw send your letters to RDEK deadline July 29th.

No public meeting will be held. Phone Krista Gilbert to book your "Zoom" call.

Krista Gilbert, Planning Technician
planningdept@rdek.bc.ca

Tracy Van de Wiel, RDEK 19- 24 Ave S,
Cranbrook BC V1C 3H8



We are passing along some information from the Ministry of Forests regarding a hand-treatment fuel reduction project in the Wasa area. The work, which will begin soon, is being done by the Provincial Wild-fire Risk Reduction Program and will be completed in the Spring of 2025. There will be two treatment areas, north and east of Wasa Lake, consisting of 22.2 ha collectively.

To view a map of the treatment area:

https://cdn.cyberimpact.com/clients/32610/public/e228c53b-4aff-4bf8-2520-49d924e26f68/files/WRR_Wasa_North.pdf

Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" – no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



**For Gym Schedule
please contact:
Sonia Blackwell at
250.421.3019 or
Rod at 250.422.3253**



Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.

GYM HOURS AND INFO

Haworth Development Consulting have submitted to the RDEK for zoning approval to develop 16 residential lots on a 10.4ha (25.7 acre) property at Wasa Lake Park Drive and Lazy Lake Road. The proposed layout is as shown on the plan below.

The plan for the site proposes 5 lots, each not less than 1.0ha (2.5 acres), and 11 lots, each not less than 0.4 ha (1.0 acre). The larger lots to the north will be provided with an on-site well and on-site septic field on each lot. The smaller lots to the south will be provided with an on-site well on each lot and these lots will all be connected to a community sewer system. The community sewer system will include a sewer connection to each of the 11 lots which goes to a community treatment facility. The treatment facility will be located on the parcel labelled Common Lot Septic. The system is underground and is odour free.

The north portion of the site is proposed to be zoned RR-1. This zone requires a minimum 1.0ha lot size. The south portion of the site is proposed to be zoned RS-4. This zone requires a minimum 0.4ha lot size. Based on the proposed zoning, the number of lots shown on the plan below are the total number of lots possible on the property.

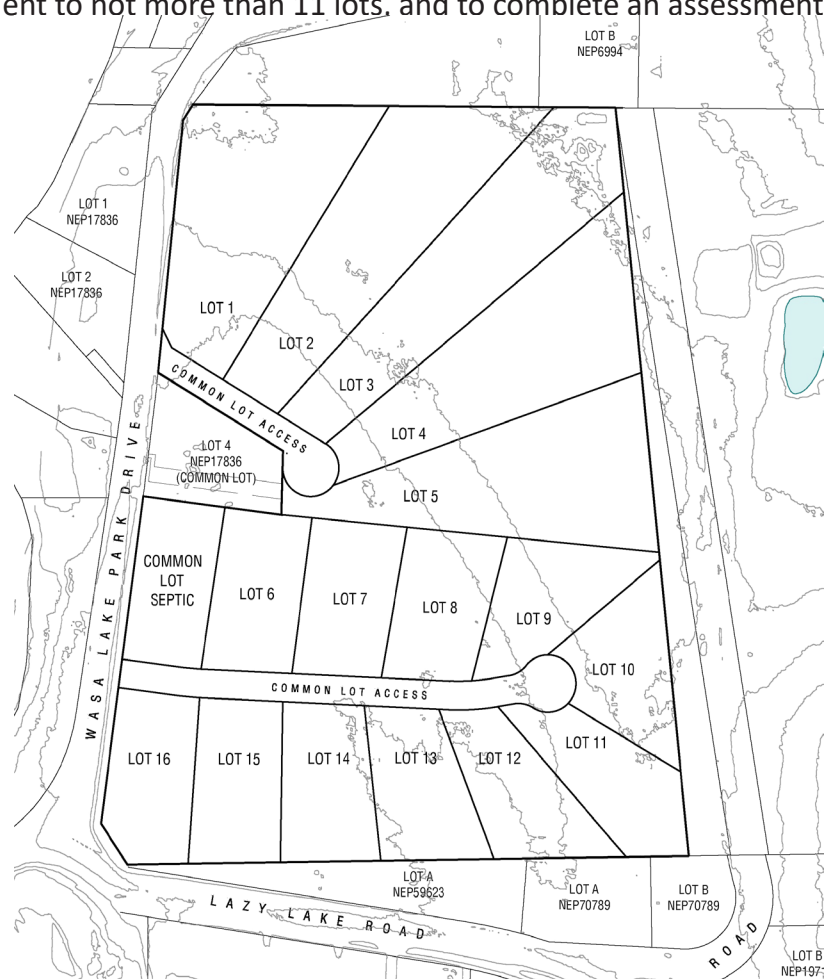
To ensure that all development occurs as proposed by the applicant, the RDEK are requiring a covenant to be registered on title. This covenant is enforced by the RDEK at the time of subdivision. If the applicant does not meet the requirements of the covenant, the RDEK does not permit the subdivision to proceed. The covenant will require:

- Connection to a community sewer system for any lot created that is less than 1.0ha (this will require all the south lots to be connected to the community sewer system).
- Completion of an Archaeological Impact Assessment prior to any earthmoving on the property.
- A limit on the size of each of development to not more than 11 lots, and to complete an assessment of any wells drilled for each new phase to confirm there is no effect on neighbouring wells.

In addition to these covenants, a covenant is proposed to limit RVs on the property.

- No more than 2 recreational vehicles shall be stored or placed on a lot.
- Any recreational vehicle stored or placed on a lot must be registered to the owner of the property on which it is located.
- Any recreational vehicle stored or placed on a lot must be sited in accordance with the applicable zoning bylaw setback requirements for accessory buildings and structures.
- No recreational vehicle shall be occupied as a dwelling unit or seasonally occupied, except that during construction of a dwelling unit on a lot (as permitted by the RDEK).

If you have any questions about this proposal, please feel free to reach out to Richard Haworth at Haworth Development Consulting at richard@haworthconsulting.ca



The month of August got its name from the Ancient Romans who named this month for Augustus Caesar. Augustus made adjustments to the calendar since the extra day that was supposed to be every four years was actually every three years. He also named August after himself since Julius Caesar named July after himself.



Wasa Volunteer Fire Society

submitted by Kathy McCauley

We have lots of news to report!

Since we began in 2018, we have called our informal group “Wasa Volunteer Fire Prevention and Suppression” and although it does accurately describe our purpose, it’s an awkward handle and we can barely remember our own name, let alone our acronym WVFPS. However, we recently received society status, so we have a shorter, easier name, Wasa Volunteer Fire Society. Although our purpose will not change, our structure and our responsibilities to report to the public will. To this end, we will hold an Annual General Meeting (AGM) within 15 months. Please watch for notice of our first AGM.

On Sunday July 14, our group and other volunteers received calls to attend a highway fire near Moen Road. A trailer loaded with hay bales caught on fire enroute to Cranbrook but volunteers responded quickly and extinguished the fire before it spread. Thanks to all who attended, **GOOD WORK!**



The May 11 Firesmart event was a great success! More than a hundred property-owners turned out to enjoy free burgers and cake at the grand opening of the FireSmart

Demonstration Site on the corner of Wasa Lake Park Drive and School Road. Our RDEK Area E Director,

Jane Walter, was on hand to introduce the volunteer committee and to cut the celebratory cake. We certainly appreciate that Jane has consistently encouraged our fire prevention and response efforts. Thanks to Columbia Basin Trust and FireSmart Canada for sponsoring the event.

Our next event is the July 27 Pancake Breakfast at the Lions Grounds. This regular summer happening is an important fundraiser for the volunteer groups that keep Wasa going so please support the community through your attendance. Besides, the breakfasts are fun!



A Province-wide campfire ban was declared July 12 and applies to both public and private property until October 28 or until further notice. Note that FIREWORKS are also banned and the current fire hazard rating for our area is **EXTREME**. Keep your eyes on the information kiosk on the FireSmart Demonstration Site for further wildfire notices or stay up to date through www.bcwildfire.ca

Learn how to reduce the risk of wildfire destroying your home at www.firesmartbc.ca or our website www.wasafire.weebly.com

Here’s hoping we get through another fire season safely!

GREAT NEWS -

WASA LAKE IS BACK ON THE MAP!!

The Community Connector Bus Will Now Pick Up Wasa Residents bound for Cranbrook Tuesdays and Thursdays at 10:30 at Gas Station - Return from Cranbrook Hospital, 3 pm Tuesdays and Thursdays stopping at the Gas station 3:30. This bus continues up to Golden if you need.

Price is \$2.50 each way. Medical patients have first priority. If there is room, others can ride this bus. phone 250.427.7400 to book your ride.



TOPS SPOT

submitted by - Norma Williams

The Slight Edge

Recently, I read a book recommended to me by a nutritionist and naturopath called "The Slight Edge", by Jeff Olson. I found, much to my surprise, that it was helpful on my journey to becoming healthier. I'm not a huge fan of self-help books, to be honest, I would rather read to escape and entertain myself with a page-turner. However, I did enjoy this book - it was a quick read and Jeff does a good job of making his point.

Everybody wants to be successful, but why are some people able to accomplish their goals and others struggle? According to Jeff, many people fall into the trap of thinking that overnight success is feasible, when in fact achieving excellence is often the compound result of many years of making the right decisions and daily commitment. It is the small, little habits you have that add up over time. These are the things that are "easy to do and easy not to do". We all really know what to do to live healthier lives but if I commit to exercising, for example, a typical scenario for me goes like this:

At the beginning: Find an exercise program and get excited about the changes it promises to bring. Exercise hard!

Awhile later: I'm a bit sore, and I have that appointment today, I'll do it tonight . . . and then tonight comes and I'm tired and would rather watch TV and relax. I'll do it tomorrow morning ...

And later still: I still don't feel or look any different, it's hard to stay motivated . . .

"The Slight Edge" teaches you how to start doing little things - adopting small, day to day changes in your life that will pay off in the long run. Every day we all make choices that put us either on a path to success or one to failure. This philosophy can apply to your health, finances, relationships - everything. You can either decide to have a winning mind-set of taking responsibility for your actions, especially when life throws challenges at you, OR you can have a blaming mind-set that makes you the victim and you find yourself at the whim of fate or misfortune.

If you think that small, everyday choices don't make a difference, think again. These mundane things that are part of a daily routine seem invisible while you're doing them, but as they add up in time they build your future. Successful people know this, and leverage this concept to their benefit. In contrast, unsuccessful people live in the moment and go by the philosophy that what they're doing in the moment doesn't matter. We can all do that 15 minute workout, or not. We can choose to eat a healthy meal today, or go for the junk food.

Having a "slight edge" means you have taken responsibility and the book gives many examples of little, everyday actions that will compound into much larger changes (good or bad) in your life.

Here's a quote from the book:

"The truth is, what you do matters. What you do today matters. What you do every day matters. Successful people just do the things that seem to make no difference in the act of doing them and they do them over and over and over until the compound effect kicks in".



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How Spiritual Life Can Transform Humanity's Catastrophic Destiny

Humanity is currently going through a period of multiple crises: climate change, social inequality, political conflict and moral decline. These challenges threaten not only our collective well-being, but also our future on this planet. But Spiritual Life offers a potential way out. A Spiritual Life lived with Faith and Connection to the Sovereign Divine Force can offer a profound transformation of moral and ethical values, thus changing the catastrophic course of our destiny.

What Is the Nature of Spiritual Life?

Spiritual Life is a dimension of human existence that transcends the material and connects with the Sacred. It involves a Quest for Meaning, Truth and Communion with a Higher Reality, often personified as a Sovereign Divine Force. This Quest is universal, and it manifests itself through various religions and philosophies around the world. Moral and ethical values are guiding principles that dictate human behavior. From a Spiritual Perspective, these values are rooted in Sacred Teachings and are intended to harmonize the relationship between individuals as well as between humans and the Divine. They include Love, Compassion, Justice, Truth and Respect for Life.

Social Transformation Comes Through Faith.

Faith, defined as deep trust

and belief in a Sovereign Divine Force, is essential to integrating and living by these values. Faith offers a transcendental motivation to act morally, even in the absence of material rewards or social recognition.

Connecting to the Sovereign Divine Force can be achieved through Prayer, Meditation, Religious Rites and Acts of Devotion. This connection strengthens awareness of the Divine Presence in daily life and inspires behavior that is aligned with spiritual values.

Spiritual Life Has an Impact on our Current Crises.

Spirituality can play a crucial role in resolving the ecological crisis. Spiritual traditions often teach respect for nature as a Divine Creation. An active spiritual life can thus encourage sustainable practices and a reduced ecological footprint.

Spiritual teachings often emphasize Equality and Social Justice. The values of Love and Compassion motivate individuals to fight inequality and help the less fortunate. Spirituality can also offer solutions to political conflicts by encouraging dialogue, tolerance and reconciliation. Spiritual leaders such as Mahatma Gandhi and Martin Luther King Jr. have demonstrated how faith can be a powerful force for peace and social justice. Their spiritual commitment has inspired non-violent movements that have transformed entire societies.

Moral decline, visible in the rise of corruption, injustice and the loss

of meaning, can be countered by spiritual renewal. An authentic spiritual life guides individuals toward a life of integrity and responsibility based on sound moral principles. It encourages honesty, faithfulness and respect for others, counterbalancing the destructive tendencies of our times.

In conclusion, spiritual life, lived with Faith and Connection to the Sovereign Divine Force, can be a powerful response to humanity's current crises. By strengthening moral and ethical values, it offers a path to a more harmonious and just future. Humanity's destiny, though currently catastrophic, can be transformed by a genuine spiritual conversion, in which every individual and every community commits to living in accordance with sacred principles for the good of all and the preservation of our planet.

May your Spiritual Life be profound and sincere so you can help the world from where you live!

Faith is God's Power in Action; it has no borders... it travels everywhere instantly.

With Love and Blessings in the Lord Supreme.

OM OM OM

**H.H. Gurudev Hamsah Nandatha
Adi Vajra Shambhasalem Ashram**





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Clever Life Hacks From 100 Year Ago That Surprisingly Still Work

Ever thought you'd turn to the early 1900's for life hacks? Probably not - but surprisingly there are published pointers that are still relevant today. The New York Library digitized the cigarette cards. Gallaher cigarettes, a UK-based tobacco giant that was once bigger than an influencer's ego, had this quirky idea to print a series of nifty how-to's on their cards. These ranged from basic stuff like boiling potatoes (because apparently, that needed explaining) to wild, action-hero scenarios like stopping a runaway horse.

- **How to Pick up Broken Glass:** use a soft damp cloth, for it takes up all the small splinters. Use an old rag that can be thrown away with the glass.



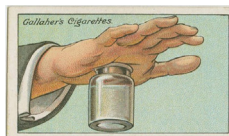
- **To Fit a Large Candle:** instead of paring the end of the candle to fit in a smaller holder, get a bowl of hot water and hold the bottom of the candle in it until it softens. If the candle is now pressed into the candlestick it will fit firmly.



- **How to Revive Cut Flowers:** plunge the stems into hot water and allow them to remain until the water has cooled. By that time the flowers will have revived. The end of the stems should be cut off and the flowers placed in cold water as usual.



- **How to Extract a Splinter:** fill a wide mouth bottle with hot water nearly to the brim, press affected part of hand tightly against the mouth of the bottle. The suction will pull down the flesh and the steam will draw out the splinter



Why do bananas use sun screen?

Because they peel.

https://canyouactually.com/16-incredibly-clever-life-hacks-from-100-year-ago-that-surprisingly-still-work/?fbclid=IwZXh0bgNhZW0CMTEAAR07dqASlQjLTKy1jD1fotvhK2rMv7GuaPR0L3N-cPRvhGO-clXwo-1JzF5Q_aem_AdzbZ1HEFFXYbYtCqa-BOR9ls_Gr7i-oWK9u-SeLarUuehRMrjiogS8yvBELjwMrR6gseYz1uGxuUcd8tUWxZD9un

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August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 	3
4 Church 10:30 am	5 	6 Wasa Lion's Mtg 7 pm	7	8	9	10
11 Church 10:30 am	12 	13 	14 WLLID Board Mtg 7 pm	15	16	17 
18 Church 10:30 am	19 	20 Wasa Lion's Mtg 7 pm	21	22 	23	24
25 Church 10:30 am	26 	27 Rec Soci- ety Mtg 7 pm	28	29	30 	31

LEGEND

Church Service 10:30 a.m. Lions 7 p.m.
Quilters 10 - 4 Tops; friday 9 a.m.
Lion's meetings 1st & 3rd Tuesday of every month



SPECIAL EVENTS

and Days Down the Road

- TOPS every Friday morning at the Wasa Hall. Weigh in at 9 - 9:30 AM - mtg 9:30 to 10:30
- Pickleball - every Monday & Wednesday 9 - 12, in the Community Hall
- RDEK Zoom mtg - July 30th @ 5 pm
- WLLID board mtg August 14th 7 p.m.
- BINGO September 10th
- Memorial Garden AGM Sept 12th



NUMBERS AT A GLANCE

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TOPS.....	250.919.3675
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Wasa Hall.....	250.422.3514.....422.3795
Wasa Hardware & Building Ctr.....	250.422.3123
Wasa Lake Gas & Food.....	250.422.9271
Wasa Lions Med Eqp...250.417-7654.....	793.9491
Wasa Lions Trail Donations.....	250.417-7654
Wasa Memorial Garden (Sherri Shields).....	email-
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