



# TRI-VILLAGE BUZZ

June 2023 ISSUE 262

Visit: www.wasalake.com

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# **Our Community:**

New to the community?
Wondering how you can get involved?
Meet your neighbours?

There are numerous opportunities available to you for community involvement; yoga, quilters, local library, service organizations, fire prevention, and the list goes on ...

And the benefits? Knowing your neighbours, having extra eyes on your property if you are away, a helping hand when you need it and that list goes on too.



# Ride and Survive!!

It is that time of year - no more risk of icy roads so the two wheelers can come out! And with the extra traffic on the roads comes the need for a reminder about bicycle safety.

# Cyclist Rules

Always inspect your bike prior to riding.



- The seat should be adjusted to the proper height and locked in place
- Make certain all parts are secure and working properly
- Check that the tires are inflated properly
- Make sure the bike is equipped with reflectors on the rear, front, pedals and spokes
- A horn or bell, a rear-view mirror and a bright headlight also are recommended

Make certain drivers can see you.

- Wear neon, fluorescent or other bright clothing
- Whenever possible, ride during the day
- If you must ride at night, wear reflective clothing and use flashing lights

Wear a properly fitted helmet.

Follow the rules of the road.

Get acquainted with traffic laws; bicyclists must follow the same rules as motorists.

- Ride single-file in the direction of traffic
- Remain alert, keep your head up and look around; watch for opening car doors and other hazards
- Use hand signals when turning and use extra care at intersections
- Never hitch onto cars
- Before entering traffic, stop and look left, right, left again and over your shoulder

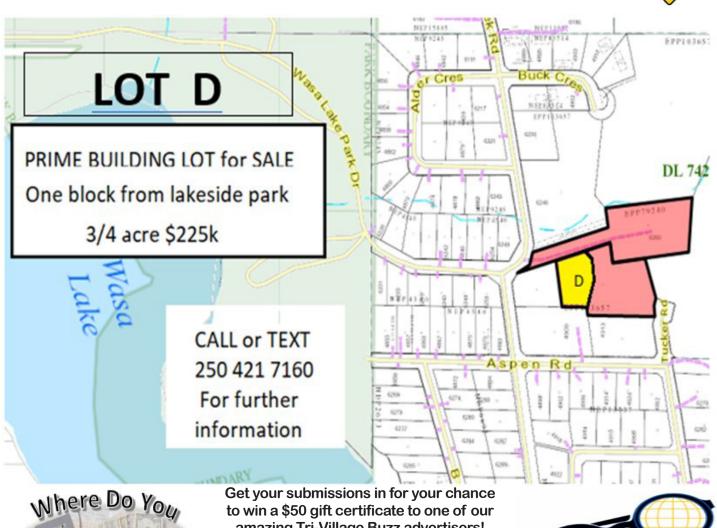
If you're using the same path as pedestrians, announce your presence when you ride up behind them, to avoid accidents - either by bell or calling out.

### Driver Rules

While cyclists have a responsibility to cycle safely, drivers of vehicles have a responsibility to be aware of their surroundings and keep cyclists - as well as themselves - safe.

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- Even though cyclists are required to ride as near as practicable to the right side of the of the road, they may need to veer towards the centre of the lane in order to avoid obstacles such as stones, potholes, manhole covers or a slippery patch of road.
- When passing a cyclist, change lanes if safe to do so to create as much separation as possible.
- When exiting a vehicle parked along a curb, always check your mirrors and blind spots before slowly opening your car door. A collision with a parked car can result in serious injuries for cyclists.
- Cyclists do not have brake lights to warn you when they are slowing or stopping. Always keep a safe distance.
- When making a right turn at an intersection, always use your indicator, and check your mirrors and blind spot before making a right turn.
- Bike lanes are reserved for cyclists. Do not drive in bike lanes and always yield to cyclists when crossing bike lanes to access driveways or parking spots.





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# WASA VOLUNTEER FIRE PREVENTION & SUPPRESSION

submitted by Kathy McCauley











Saturday, May 13, was the day of our annual FireSmart event and it was lots of fun! It was a lovely warm day and people seemed happy to be out and about. Our committee members welcomed about 100 visitors to the FireSmart Demonstration Site on the corner of Wasa Lake Park Drive and School Road.

Besides lots of chat about good FireSmart practices, and the distribution of a record number of information brochures, we also gave out a lot of hotdogs, drinks, and cookies. There was a pretty pink rose for the first dozen moms (this was Mother's Day weekend, after all) and a draw for a \$50 gift certificate generously donated by Top Crop. Cranbrook's Save-On Store provided a 10% discount on all groceries and went to a great deal of trouble to hunt down a dozen roses for us, which were in short supply because... you guessed it... Mother's Day! The lucky winner of the Top Crop gift certificate was Gary Javorsky from Lazy Lake.

Our star attraction was Ember the Fox, the provincial program mascot, who waved at all the motorists and gave the

kids hugs and candies. Thank you to everyone for coming out. Let's continue to work towards creating a FireSmart Wasa! It's in everyone's best interest. Wasa Volunteer Fire Prevention and Suppression

PS: Community Water trailer is ready for the fire season. Check the Who To Call list in this Buzz to see what to do in case of fire in Wasa. For more general information about FireSmart, Google www. firesmartbc.ca or www.wasa-fire.weebly.com



# Algae - to Report or Not?

A few weeks back residents expressed concern over an algae bloom on Wasa Lake. It was identified as a non-toxic green filamentous algae, which was promptly removed by one of the WLLID trustees and volunteers who joined him in the effort. Thankfully, this algae bloom was harmless, though nasty - but there is always the potential for something less friendly to the area.

### What are algae?

Algae are a very diverse group of simple plants that can be found in freshwater and marine environments throughout British Columbia. While they are often considered to be aquatic organisms, algae are found in a wide range of habitats, including:

- In the soil
- Growing on rocks and on snow
- Growing in association with plants, fungi (as lichens) and with animals (such as corals).

They provide important ecosystem functions, including supporting fisheries as the base of the aquatic food chain and supplying much of the oxygen we breathe. Algae can range in size from microscopic single cells (microalgae) to large seaweeds (macroalgae). While most species are microscopic, several can form colonies or long filaments and accumulate together where they can become visible to the naked eye.

**Cyanobacteria** (also known as blue-green algae) are naturally occurring microscopic bacteria that are common to freshwater ecosystems across B.C.

They are commonly called blue-green algae as they share some key features with algae, such as being aquatic organisms that are capable of photosynthesis. With the advent of high-powered microscopes, cyanobacteria were correctly identified as bacteria.

In most circumstances, cyanobacteria cause no apparent harm in waterbodies, but when conditions favour their growth (e.g., warmer water temperatures, high nutrient concentrations, stable conditions), they can multiply very quickly and create a bloom. These "cyanoblooms" can occur in a variety of colours including blue-green, green, brown, blue, white, and red. Also, depending on the species and abundance, their appearance in waterbodies can be quite varied (e.g., pea soup or paint-like, small grass clippings, globular or bead-like, fluffy or pom-pom-like).

Cyanobacteria blooms are of particular concern as there are several species capable of producing toxins that can be harmful to humans, domestic animals, and livestock. They can produce potent liver toxins, neurotoxins, as well as skin irritants. However, not all cyanobacteria are toxic, and even toxic species do not always produce toxins.

### What causes an algae bloom?

Algae are a natural part of all aquatic ecosystems, but prolific growth can cause a dense mass of algae (called a bloom) to form. Algae blooms can occur when a combination of suitable environmental conditions exist for abundant algal growth (e.g., increased nutrients, warmer temperature, abundant light, and stable wind conditions). When these conditions are favorable for one species over another, it allows for one organism to become dominant and form a bloom.

Some human activities (such as agricultural run-off or poorly functioning septic systems) can make blooms more likely, and excessive amounts of nutrients within a lake can markedly increase the risk and severity of algal blooms. However, excessive nutrients may not lead to a bloom if other factors are unfavourable. For example, in a turbid shallow lake there may be insufficient light to support a bloom despite having high nutrient concentrations and warm water.

There are many causes for algal blooms in freshwaters and it is often difficult to pinpoint specific reasons why a bloom forms. In many cases, a set of unique environmental conditions occur in a waterbody, which can lead to a particular species dominating and triggering a bloom.

While bloom formation is waterbody specific, the most common factors for bloom formation are timing, nutrients, temperature, light, and stable conditions.

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### How to recognize an algae bloom

Algae blooms come in many shapes and sizes, and harmful cyanobacteria blooms can look very similar to harmless algae blooms.

The only way to definitively identify a cyanobacteria or algae bloom is through microscopic analysis of cells at a certified laboratory. However, the following guide provides some basic guidance on recognizing and describing algae blooms.

First, determine whether the algae bloom type is filamentous or planktonic

You can do this with a simple finger test (or you can use a stick). Wearing gloves, scoop up a handful of the bloom and let the water drain between your fingers.

If "long stringy masses" are left on your hand, it is filamentous algae.



If only "small bits" are left on your hand, it is planktonic algae.



Second, find the descriptor that best defines what you are looking at

Once you have determined whether the bloom is filamentous or planktonic, check out the website below to help determine the best descriptor for the bloom.

https://www2.gov.bc.ca/gov/content/environment/air-land-water/water-quality/algae-watch/recognize-algae

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# Lake report raises concerns about cyanobacteria

Posted by Lyonel Doherty | May 19, 2023 | Local News

A report on recreational impact and sediment quality in Lake Windermere showed elevated levels of arsenic, copper and lead in the lake, as well as very high densities of an algal-bloom forming and potentially toxic phytoplankton cyanobacteria at Kinsmen Beach.

The study was meant to assess the impact of recreation on environmental values (such as habitat disruption and lakeshore erosion), on sediment quality and suspension; and on drinking water (as plumes containing contaminants can travel from disturbed areas to drinking water intakes on the lake).

"Wake turbulence is particularly concerning given the extensive shallow areas, or littoral zone, of Lake Windermere. Fine organic and silty sediments accumulated on these shallows are easily resuspended with wake turbulence from prop wash, which can be exacerbated when large ballasts are present in boats to create larger wakes," read the report.

..... Sediments cores taken during these measurements found elevated arsenic, copper and lead, to a level exceeding the 80 per cent of maximum allowable concentration warning threshold.

### For the entire article, please visit:

https://www.columbiavalleypioneer.com/lake-report-raises-concerns-about-cvanobacteria/

# Wasa Lions Pancake Breakfast June 10 9am-noon Wasa Lions Grounds Pancake



# Bring Your Appetite All are Welcome

If you would like to entertain at the breakfast, please contact Karen Markus at 250 422 3514

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### **TOPS SPOT**

submitted by - Wilma Harding

TOPS stands for Take Off Pounds Sensibly. But, it is not only about weight loss, it is about a healthy lifestyle. Shedding those extra pounds, or Kilograms, if you prefer, leads to better health. For every pound you lose you lose four pounds of

wear and tear on your knees with every step. You reduce your risk of heart disease, stroke, hypertension (high blood pressure), high cholesterol and type two diabetes. You will find it easier to move and wear well fitting clothes.

Your diet does not need to be bland or boring and you can enjoy a wide range of foods. Our March/April magazine gives us some tips.

- 1. Eat fewer unhealthy fats. Choose lean meats, canola or olive oil, low fat dairy.
- 2. Go light on salt. Choose herbs, spices and other flavourings such as vinegar, lemon,garlic and onion. Use fresh and frozen vegetables without added salt.
- 3. Limit sugar. Cut your added sugar in half when baking. Boost the flavour with almond, vanilla, orange, cinnamon or nutmeg. Most fruits and dairy products contain natural sugar. Your body doesn't care what the source of sugar is, all sources are digested equally.
- 4. Eat more fiber. Choose fresh whole fruits and vegetables, whole grain products, beans and lentils. Drink about eight cups of water each day.
- 5. Pay attention to serving sizes. Labelling on many packaged foods give you larger servings than you need. Be especially careful when eating out. TOPS literature gives us

simple calculations and guidelines for appropriate serving sizes.

Now that warm weather is here, we will have access to more fresh food from our gardens. The extra exercise is a bonus.

Information taken from: Real Life — A Hands-on Pounds-off Guide from TOPS CLUB INC 6 - ISSUE 262 - June 2023 - TRI-VILLAGE BUZZ



The East Kootenay FireSmart Program, in collaboration with the Kootenay Livestock Association, will host the RDEK Agricultural Wildfire Preparedness Forum at Fort Steele Heritage Town on June 3.

This forum will focus on emergency preparedness for wildfire events as it relates to farms and ranches. The day will include guest speakers, door prizes, demonstrations, and testimonials, as well as discussion on wildfire risk mitigation, animal-related emergencies, and support systems currently available. Lunch and refreshments will be provided.

There is no cost for the session, however, registration is required in advance. Please email kla@kootenaylivestock.ca no later than 12 PM on May 31, 2023.

When: June 3, 9:30 AM - 3:00 PM

Where: Fort Steele Heritage Town (9851 Hwy 95)

Who: All welcome

To learn more about the East Kootenay FireSmart Program, visit: engage.rdek.bc.ca/firesmart

# Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



For Gym Schedule please contact: Sonia Blackwell at 250.421.3019 or Rod at 250.422.3253

Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.

### What Do Dads Want?

• A day with family: 41%

• Cash: 33%

• Dinner at a restaurant: 29%

Gift cards: 25% Clothes: 23%

• Food & Beverage: 21%

To be the father of a nation is a great honor, but to be the father of a family is a greater joy.

\_ Nelson Mandela'

The Wasa Recreation Society manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fundraising, volunteering & rentals. we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

### Hall Rentals & Information:

Karen Markus 250.422.3514 or Jane Gendron 250-421-2535

• *Gym:* 

HOURS

AND

Sonia Blackwell 250.421.3019 or Rod 250.422.3253

TOPS:

Susan 778.524.0012

• Library:

Rose Smith 250-422-3088

Quilter's Club:

Gayle Andrews 250-422-3095

# Wasa Community Church

One word that you will never find in the Scriptures is the word 'trinity.' You might find it in your Study Bible notes, you may see it in the square brackets of the Amplified Bible, but it's not in the actual Biblical text itself. However, just because the specific word isn't used in the Bible, doesn't mean the concept isn't taught in there.

The term 'trinity' refers the Biblical teaching that the One True God exists in three different Persons: The Father, the Son and the Holy Spirit. When writing a Psalm to God, David says, "... take not your Holy Spirit from me" (Psalm 51:11). It is clear here, as well as in a few other verses (Isa. 63:10-11, 1 Thes. 4:8), that the Holy Spirit is indeed God's own Holy Spirit; therefore, there are very few arguments against the Holy Spirit being God. The greater argument comes from whether or not Jesus, the Son, is God.

The biggest supporting text in favour of Christ's divinity is the very beginning of the apostle John's Gospel, where he says, "In the beginning was the Word, and the Word was with God, and the Word was God" (John 1:1). Here, the One that John calls the Word is Jesus, as it later says in verse 14, "And the Word became flesh and dwelt among us..." Other notable places in Scripture that show us it holds to Jesus being God are John 8:58, John 20:18, Titus 2:13, Colossians 2:9 and Hebrews 1:8.

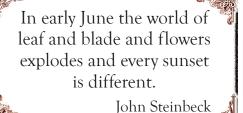
What this means is that it wasn't just a really good man that loved us enough to die for our sins on the cross. It was the Creator of everything in existence. It was the most powerful being in the universe. God humbled Himself to the form of a servant and gave His perfect life up for our imperfect lives. Therefore, through a genuine and repentant belief in Christ and His Lordship, His death and His resurrection, we are granted access to eternal life with God our Saviour Himself.

There are so many more questions that come up about the trinity, more than are even possible to answer. John Wesley famously said, "Bring me a worm that can comprehend a man, and then I will show you a man that can comprehend the Triune God." Just like a worm can't understand what your text messages say, or how you're talking to someone on the other side of the world, we, as beings that don't have the same brain capacity as God, can't understand many things about how He works. Nevertheless, it is a comfort to know that we are loved, not just by some guy who wandered the earth a couple thousand years ago, but by the Almighty God Himself.

Pastor Jon Malpass, Wasa Community Church, (250) 464-4419







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Effective Noon Pacific Time (1pm Mountain Time) on Thursday May 18th, Category 2 and 3 open burning will be prohibited in the Southeast Fire Centre, which includes the East Kootenay.

NOTE: Setting-off of fireworks, sky lanterns, binary exploding targets, burn barrels and air curtain burners are also prohibited starting Thursday.

At this time, campfires that are 0.5m high x 0.5m wide or smaller, cooking stoves that use gas, propane or briquettes are still allowed.

These restrictions (and any issued by the BCWS) apply to all rural land in the RDEK. If you live in a municipality, it's always good to check with your municipal office to see if they have any additional bylaws in effect.

As always, it's important to check www. bcwildfire.ca before doing any burning to ensure you know what restrictions are in effect.



# Do You Know Where Father's Day Came From?

Father's Day was inaugurated in the United States in the early 20th century to complement Mother's Day in celebrating fathers, fathering, and fatherhood.

Father's Day was founded in Spokane, Washington at the YMCA in 1910 by Sonora Smart Dodd from Arkansas. Its first celebration was in the Spokane YMCA on June 19, 1910. Her father, the Civil War veteran William Jackson Smart, was a single parent who raised his six children there. After hearing a sermon about Anna Jarvis's Mother's Day at Central Methodist Episcopal Church in 1909, she told her pastor that fathers should have a similar holiday honoring them.

It did not have much success initially. In 1957, Maine Senator Margaret Chase Smith wrote a proposal accusing Congress of ignoring fathers for 40 years while honoring mothers, thus "[singling] out just one of our two parents". In 1966, President Lyndon B. Johnson issued the first presidential proclamation honoring fathers, designating the third Sunday in June as Father's Day. Six years later, the day was made a permanent national holiday when President Richard Nixon signed it into law in 1972.

Harry C. Meek, member of Lions Clubs International, claimed that he had first the idea for Father's Day in 1915. Meek claimed that the third Sunday of June was chosen because it was his birthday (it would have been more natural to choose his father's birthday). The Lions Club has named him "Originator of Father's Day". Meek made many efforts to promote Father's Day and make it an official holiday.

 $https://en.wikipedia.org/wiki/Father%27s\_Day\_(United\_States)\#:\sim:text=4.1\%20Sources-, History, who%20was%20borm%20in%20Arkansas.$ 

# RDEK NEWS

RDEK NEWS



By Area E Director Jane Walter

# **Rural Connectivity**

Columbia Basin Trust has started construction of the 35 km fibre optic backbone between Kimberley and Wasa, which will serve as a high speed launching platform for internet service providers (ISPs) wishing to offer their services to residents or businesses in the area. Residents may see cable placing activities along the route, as well as the construction of shelters, which will protect the equipment at points of presence of locations and provide access points for ISPs. The goal is to complete this project by the end of the year. The \$2.7 million project is being funded by the federal Canadian Radio - television and Telecommunications Commission, the provincial Connecting BC program, the Regional District of East Kootenay and the Trust.

# **FireSmart Community Event**

I want to Thank all of the members of the Firesmart committee for arranging this event. They had information for anyone that attended. The food was great and Ember the Fox did a great job.

### **WLLID**

The RDEK has been approached by members and the Ministry, about the possibility of taking over the role of WLLID. I have some concerns; the RDEK would not do water testing, and I am not sure that the Trial Mitigation flood gates actually stop the flooding of Wasa. I believe that it only gives the residents a day or two before the highwater impacts Wasa residents. I believe that the RDEK would need to see a report that proves that the system is working to prevent flooding.

I hope everyone has a great month. If you have any questions or concerns Please call me at 250-427-2577 or email me at s.janewalter@gmail.com

Thank you, Jane Walter

# Welcome Neighbours & Visitors

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# SOMETHING TO REMEMBER

There will not be
a Tri-Vilage Buzz in July.
See you again in August!



# **IN WASA**

# WHO DO YOU CALL?

In a fire emergency, first call BC Wildfire 1-800-663-5555 or \*5555 on a cell phone.

Then call these Wasa volunteers until someone answers.

Mike Gall 250-417-9422 Lyle Zaksauskas 250-421-2650 Bill Walkley 250-427-1049 Sharon Prinz 250-417-7654 Darcy Tagg 250-417-6617 Kathy McCauley 250-427-6637

The people listed are members of the Wasa Volunteer Fire Prevention and Suppression committee. In the event of fire, they will arrange to activate the community water trailer and call others with water trailers to help.

The aim is to prevent fire from spreading, NOT to put out house fires.

The community water trailer is only available mid-April to mid-October. It does not operate during freeze-up months.

# AN OPPORTUNITY TO SERVE YOUR COMMUNITY

# Wasa Lions is a fun way to give back to your community.

# **It's About Fundraising**

- Annual Christmas Dinner/Dance/Raffle
- Yard Sale/ Pancake Breakfasts
- Bottle Recycling
- Gran Fondo/ Triathlon
- Lions Grounds Rental

# We Serve

# **It's About Giving**

- Wasa Lions Path/Skating Rink
- Tennis & Basketball Courts
- Pickleball Courts
- Ball Diamond
- Scholarships
- We Care We Serve community funding
- Medical Loan Cupboard
- Eyeglass & Hearing Aid Recycling

# **It's About Fun & Socializing**

A Great Reason to become a Lion! For Information call 250 422-3210





# VOLUNTEER WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out. Wasa & District Lions Club, Wasa Recreational Society, Tri-Village Buzz Newsletter, Wasa Gym, Wasa Lake Land Improvement, Wasa Pancake Breakfast, Wasa & District Historical Association/Garden Group are a few of the areas that would welcome new members. Step up, step out, expand your horizons.

Volunteering is a work of heart,"

We would love to see you!

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July is named for Julius Caesar - a Roman general, statesman, and historian who conquered Gaul (what is now part of Italy, France, Belgium, and the Netherlands), changed the structure of the Roman government into a dictatorship, was assassinated in legendary fashion, and most importantly for our purposes, helped make the calendar what it is today. July was named in honor of Julius Caesar. Quintilis, which was his birth month, was renamed July when he died. Quintilis means "fifth month" in Latin, which represents where this month originally fell in the Roman calendar.

# **Muskrat Mischief**



The Wasa Lake Land Improvement District (WLLID) is mandated to monitor the quantity and quality of water at Wasa.

To slow Kootenay River water flow into Wasa Lake during floods two trial mitigation flapgate culverts were installed by the WLLID over 30 years ago. Back in the day Kootenay River water flowing by Wasa was laden with pollutants from the pulp mill and so the thought of this water entering the lake was troubling. With modern pollution control on pulp mill effluent the water quality is much better, but we would still like to slow the inflow of river water in a flood.

The project was designed to prevent Kootenay River water flowing into Wasa Lake by:

- replacing the old highway waterbar (dip in the road surface) on the south end of Cameron Pond with a flapgate culvert as a trial flood mitigation control for water from the south,
- installing a flapgate where Hansen channel flows under Highway 95 to mitigate water from the west

During high water, as seen in the past few years, river water rises pushing water into the sloughs and closing the flapgate on the south of Cameron Pond. This results in slowing water flow northwards into Wasa but groundwater will still cause the lake to rise. As well, Lewis Creek water may enter Wasa Lake from the south due to the closed flap gate not allowing Lewis Creek to drain into

Recently, some muskrats, beavers, or otters decided that they would like Cameron Pond to be a little deeper and so attempted to plug the entrance to the flap gate with debris.

On May 5th, a WLLID trustee cleaned out the debris and restored the flow of

the slough.

water through the culvert. Photos show the debris plugging the culvert and dramatically reduced water flow. After the clean out water flow returns to normal.

If you would like to become part of the Wasa water monitoring team or any other WLLID activity, please send an email to admin@wasalake.ca.

The 2023 water monitoring campaign is underway. Check out www.wasalake. ca for frequent updates.

There was an algae bloom on Ida's bay covering about 250 sq. meters of lake that was discovered in late April. It turns out that it was a non-toxic variety (a type of green filamentous algae). These blooms occur when nutrient levels increase along with temperatures in the presence of calm water. Although it may have been non-toxic had it spread it would have been extremely unpleasant for lake users. WLLID organized some folks and we removed about 10 wheelbarrows full of the algae. We will continue to monitor to make sure this isn't a recurring problem.

WLLID also organized a road side cleanup of Wasa Lake Park Drive in May. It seems that trash volumes are down from previous years. Enjoy the cleaner roadside and let's keep it that way.

**As mentioned in previous Buzz articles**, WLLID is short a trustee and some of us are running out of energy, so it is vital that people step up and volunteer to run for the

board. The alternative is that we turn over this work to another level of government. Send your inquires or expressions of interest to admin@wasalake.ca . Looking forward to an infusion of energy!



# The Lions Den Lions Roar

# Wasa & District Lions Club - Serving Wasa & Area since 1976

submitted by Terry Marvel

I tried to draw a circle, but it was pointless

Well, summer is here with a bang! The sudden heat wave is drying things out with alarming speed. Please everyone, make sure you are very careful with any fires. And Firesmart your homes! Take it from one who knows.

Don't forget to mark June 10th on your calendars for the first Pancake Breakfast of the year in conjunction with the Wasa Lake Triathlon. A great breakfast at a great price!

The concrete floor is to be poured soon and the back storage room will have to be put back in order. Many volunteers will be needed for this to be done quickly. Many volunteers are always needed and remember, you don't have to be a Lion's member.:

The Lion's Club has decided to offer adult bursaries for continuing education for up to 4 people per year at \$250 for as much as 2 consecutive years training. This is largely due to your overwhelming support of our recycling program. Contact a Lion member for more information. Also, as usual, we will be presenting our scholarship(s) to grade 12 students who wish to continue their education.

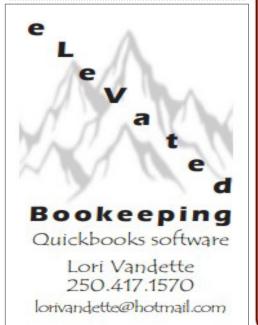
Any community members who wish to join the Lion's can contact Sharon Prinz or Marilyn Bowen. And remember: we don't turn down help regardless of your age, sex or religion.

In case you missed it in the last issue of the Buzz, the Wasa Lion's Dinner and Dance and raffle will be held again this year on December 2nd. Tickets will be going on sale November 20th. A gala you don't want to miss!

In closing I would like to wish everyone a bronze (not ouchy red) and fruitful summer.

# Wasa Lions Grounds Rentals

Contact Person: Linda Gold @ 250 421-6302



Dale Gray
Phone: 250.422.3638
Cell: 250.421.1746
email: dale58@shaw.ca
Box 245 Wasa, BC V0B 2K0

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When I lose the TV controller, it's always hidden in some remote destination.

My cat swallowed a ball of wool a few months ago. She just had mittens.

# Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Kate Kelly

Another Spring Clean-up in the books... a HUGE thank you to the Memorial Garden Volunteers who helped ready the garden for summer: Charlie Vereshagen, Sarah Shields, Jocelyn Martin, June Sobocinski, Phil Lamb, Sandi Lamb, Mitsu Oishi, Diane Douglas, Ken Boechler, Sherry Walkley, Arla Monteith, Heather Jensen, Doreen Carrick, Sherry Shields (Missing from picture Ron Hrisook)



Volunteers are always welcome. If you enjoy gardening & have been looking for a way to meet neighbors in the community, please contact Sherry Shields at our new email address:

wasamemorialgarden@gmail.com

KOOTENAY RIPPLES HISTORICAL BOOKS



And since all this loveliness cannot be Heaven, I know in my heart it is June. Abba Gould Woolson



A much needed repair has been done to our wellloved water wheel; thank you Charlie Vereshagen for getting it working for another season!

Thank you to Rob & Collette Wollman donated flowers and planted the garden boxes:

"Summer's lease hath all too short a date." ~Shakespeare



# 2019 Columbarium Niche & Plaque Costs

**UNIT 1** Columbarium

Upper levels - \$1000.00 + engraving Bottom Row - \$900.00 + engraving

**UNIT 2** Columbarium (new) Niche cost - \$1100.00 + engraving

Niche Engraving - \$275.00 Memorial Plaque - \$300.00 (engraving costs are subject to change) Contact info:

Pat Walkey @ 250 422-3530 or pwalkey@shaw.ca.



1.800.477.9996

info@kootenaymonument.ca

# From the Ashram

# Words of Wisdom



# The Power of the Prayer taught by Jesus of Nazareth Part 3

We have started a series of articles on the powerful Prayer that Jesus offered to His disciples according to the interpretation of the Essene texts found not far from the Dead Sea in 1947. This prayer is called:

Prayer of the Son to the Father.
Our father who art in heaven,
Hallowed be thy name,
Thy kingdom come,
Thy will be done on earth as
in heaven.
Give us this day our daily
bread.

Forgive us our trespasses, as we forgive
Those who have offended us.
And don't let us enter into temptation,

But deliver us from evil.

Amen.

Jesus begins by saying "Our Father" which establishes us all as Brothers and Sisters in God. He then continues by adding, "Our Father who art in Heaven". Our Father, the Law, the Creator, is "in heaven" because He is the highest and greatest, because He is above all things, because He is the Supreme Treasure. It is impossible to represent "our Father" with images belonging to the material and limited world: "Who art in heaven" evokes the Cosmic Ocean of Consciousness which is bevond the world of matter. The "Heavenly Father" who is infinite and eternal cannot be described in terms of what is finite and temporary, for "our Father"

is in heaven; not in the formal dogmas of theological systems, nor in churches and buildings, nor in the limited formulas by which men strive to reduce this Father to limited forms. The sky of "heaven" is the Cosmic Ocean of Consciousness, but at the same time it is within ourselves, because we are present to the infinite Cosmic Ocean of Consciousness, and thus it is within us. The kingdom of heaven, therefore, is within us.

# "Hallowed be thy name"

The Name of the Creator has alwavs been considered absolute. something impossible to express by a limited or formal definition. because there is no name that can convey the immensity of the Creator. It is for this reason that when the Essenes of the Brotherhoods needed to name or symbolize the Creator, or the Father, they did not pronounce His Name and remained silent. For them, formless silence was the only way to express the Father and the internal voice with which He speaks to us. Silence contains all sounds, just as white contains all colors. Above all. silence expresses the relationship between the Creator and Man. between the Father and the son.

This is also why, at the Ashram, at the end of each prayer session, we observe a moment of silence and mental void in order to leave room for God in our hearts.

# "Thy kingdom come"

In the Essene Tradition, the kingdom is in harmony with the Law of Evolution towards God or, to use the Aramaic and Hebrew term, in "Peace" with the Law. It represents peace with the Divine Law and with all the forces which unite with the Law of Evolution and Selection towards the Divine in the spiritual and material universe. In its totality, the "Kingdom of God", or "Plan of the Absolute", is "Peace" in seven paths: peace in the sensitive body, in the thinking body and in the material body, peace with the family and with society, and peace with the Earthly Mother and the Heavenly Father. The Kingdom of God is in harmony with the infinite Cosmic Ocean of Consciousness and the infinite Cosmic Ocean of Evolutionary Life. This "Kingdom" is accessible to us whenever we enter into peace and harmony with the Supreme and Cosmic Law. When we achieve this, then we have everything; because from this, everything else will come. The Kingdom is therefore our greatest treasure, our most precious possession. The most important of all the good news that the Essenes brought to the world through the mouths of Saint John the Baptist, Jesus and Saint John is that the Kingdom of the Absolute is accessible to each and every one of us.

We will continue this fascinating study of Jesus' Prayer next time because we must respect the number of lines assigned to us in our articles.

Peace be with you and the Kingdom of the Absolute will be open to you.

Much love to everyone.
Om Om Om
H.H. Gurudev Hamsah Nandatha

16 - ISSUE 262 - June 2023 - TRI-VILLAGE BUZZ

### **BC Annual Bat Count**



Spring is here, and with warmer nighttime temperatures our BC bats are now returning to summer roost sites.

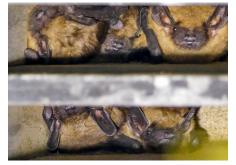
One of our more familiar species in buildings and bat boxes is the Little Brown Myotis. Like all BC bats, the Little Brown Myotis is an essential part of our ecology, consuming many insect pests each night. Unfortunately,

the Little Brown Myotis is endangered in Canada due to white-nose syndrome (WNS), a fungal bat disease. The fungus responsible has recently been detected in BC for the first time, sounding the alarm bell for BC's bats.

A simple way to support bats is to participate in the BC Annual Bat Count this June. The BC Com-

munity Bat Program is requesting colony reports and volunteer assistance for this citizen-science initiative that encourages residents to count bats at local roost sites.

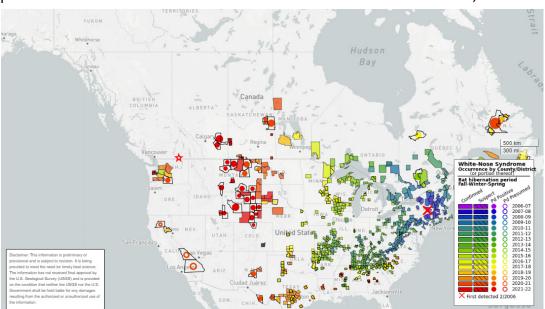
If you are new to counting or wish to meet other volunteers, the Kootenay Community Bat Project (KCBP) is organizing Bat Count Workshop in different regions of the Columbia Basin. If you are interested check out our registration page at https://www.kcbp.ca/bat-count-workshops/. It is a free and family friendly event.



The BC Annual Bat Count is easy, fun, and safe, not to mention vital for monitoring bat populations. "The counts are a wonderful way for people to get outside, learn about bats, and be involved in collecting important scientific information" says Elodie Kuhnert, coordinator of the KCBP. Volunteers wait outside a known roost site, such as a bat-box, barn, or attic, and count bats as they fly out at twilight. A guano sample can also be sent in to identify the species of bat at the roost site. Find more information at https://bcbats.ca/get-involved/counting-bats/.

The count data helps biologists understand bat distribution and monitor for impacts of the devastating bat disease called white-nose syndrome. WNS is an introduced fungal disease, fatal for bats but not for other animals or humans. Results from the Bat Count may help prioritize areas in BC for research into treatment options and recovery actions.

Funded by the Habitat Conservation Trust Foundation, the Forest Enhancement Society of BC, the Habitat Stewardship Program, the Columbia Basin Trust and Kootenay Local Funds, and with support of the BC Conservation Foundation and the Province of BC, the BC Community Bat Program



provides information for people dealing with bat issues on their property or who have questions about how to attract bats. To find out more about bat counts or whitenose syndrome, to report a dead bat, or to get advice on managing bats in buildings, visit www.bcbats.ca or call 1-855-9BC-BATS.

# Spring Cleaning time!



Wasa Lions Club is accepting Clean,
Gently Used Donations
For the Upcoming Yard Sale



Please contact Sharon @ 250 417-7654 prinzsharon@gmail.com

No clothing or TVs accepted



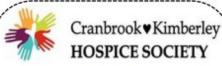
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Fax: (250) 417.2046
Toll Free: 1.855.417.2019
Email: info@ckhospice.com

Website: www.ckhospice.com

### Volunteer Today!

Cranbrook / Kimberley Hospice Society needs volunteers to help with Client and Family Companioning & Grief Support





# June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	NATIONAL DONUT DAY	3
Church 10:30 am	5	Wasa Lion's Mtg 7 pm	7	8 NATIONAL BEST FRIEND DAY	9	10
11 Church 10:30 am	WLLID's Mtg 7 pm	WEED YOUR GARDEN	14	15	16	17
Church 10:30 am	19	Wasa Lion's Mtg 7 pm	21	22	23	24
25 Church 10:30 am	26	27	When Thunder Roars, Go Indoors!	29	30	

<sup>&</sup>quot;It was June, and the world smelled of roses. The sunshine was like powdered gold over the grassy hillside."



Maud Hart Lovelace, Betsy-Tacy and Tib



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Tom Braumandl Jon Malpass

Kathy McCauley

Ven. Gurudev Hamsah Nandatha

# **Advertising Rates Per Issue**

Wasa, BC V0B 2K0

# **July 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						*CANADA*
Church 10:30 am	3	<b>4</b> Wasa Lion's Mtg 7 pm	5	6  Matter State  CHICKEN  Day	7	8
Church 10:30 am	The Teddy Bear's Picnic	11	12	13	14	15
16 Church 10:30 am	17	18 Wasa Lion's Mtg 7 pm	19	20	21	PaJaMa
<b>23/30</b> Church 10:30 am	24/31	25	26	27	28  National Chili Dog Day	29

THEFT DE

Church Service 10:30 a.m. Lions 7 p.m.

Quilters 10 - 4 Tops; friday 9 a.m.

Lion's meetings 1st & 3rd Tuesday of every month



100	
,	Ashram Meditation & Yoga250.422.9327
	BC Wildfire*5555or1.800.663.5555
뗏	Catamount Contracting250.422.3694
LANC	Conservation - Emergency1.877.952.7277
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	Wasa Memorial Garden (Pat Walkey)422.3530
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