



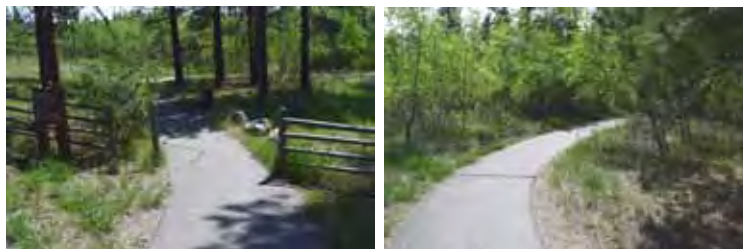
Tri-Village Buzz



June 2016 Issue 190

VISIT: [WWW.WASALAKE.COM / BUZZ](http://WWW.WASALAKE.COM/BUZZ)

PATHWAY ETIQUETTE



by Nowell Berg

Keep it safe on the Lions Wasa Way during the busy summer season.

The Wasa Lions Club built the pathway around the lake in 1997. At almost 8 km of paved pathway, it is very popular with locals and tourists all year but especially during the summer season.

Currently, the Lions Club is seeking donations for pathway repairs. A donation box is located at the North end of the pathway next to School Road. If you or your company would like to make a donation, please mail it to: Wasa Lions, Box 10, Wasa, BC, V0B 2K0.

During peak times, there can be dozens of bicycles ridden by children and adults as well as numerous people walking, jogging, roller blading or pushing baby strollers along the pathway. The key is for everyone to share the path and be courteous.

Here are some common sense rules of the pathway:

1. Cyclists should use extra caution at pinch points and gates entering or exiting Park land. Always ride on the right side of the path and pass on the left.
2. Parents should review the cycling rules of the road with their children.
3. Dog owners should keep their pet leashed and under control.
4. Cyclists should reduce speed at blind spots and hidden corners.
5. Walkers should move to a single file in congested areas using only the right half the pathway so as not to block the flow of other users.
6. Dog owners should clean up any mess from their pet. No turds on the trail.
7. Cyclists should use a bell, horn or their voice to warn others of their approach.
8. Walkers should not stop on the path to chat or rest, step off the path. Be sure to look both ways before re-entering the path.
9. The pathway travels along private land, please respect all property rights.
10. Clean up litter. Do not leave glass, paper, cans, plastic, or any other debris. Be a community helper and remove any litter you find along the pathway.

Continued on Page 3

Tri Village Buzz Young Writers Contest

See page 2
for details

May Lookey... ...Lookey Contest Winner

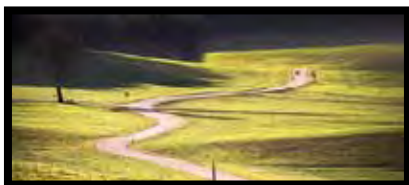
We had 10 entries to our May Lookey Lookey contest. **Cyndi Flanders** name was drawn and will receive a \$25.00 gift certificate to a Tri Village Buzz advertiser of her choice. Thank you to everyone that participated.

Remember to "Fire Safe" your property. The wet and rainy weather we've recently had doesn't mean we are safe from wildfire. Remember... WE DO NOT HAVE FIRE PROTECTION (until BC Forestry becomes involved) and we are especially vulnerable given our close proximity to forests. Go to: www.bcwildfire.ca to check the latest updates on campfire bans and wildfires in the area.

The Wasa Lions need your HELP with donations for Garage Sale items. Contact Val @ 250.422.3499

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FOLLOWING THE TRAILS OF

By Judy McPhee

Yesterday

For the past several months Judy McPhee has provided readers with the true life stories of many of our senior residents and neighbours. She had a few stories lined up for the upcoming months, but sometimes life gets busy and the story has to be put on hold.

We look forward to reading the life stories of Ken Miles, Sebastian Fichtl, Allan Askey and Stu Laurie.

If you are over 80 and wish to tell your story, please give Judy a call at 250-422-3766. Thank you Judy for all your hard work in coordinating this column.

PRIZES GALORE!

PRIZES GALORE!

PRIZES GALORE!

Tri-Village Buzz Young Writers Contest

Age Categories:

- 6 to 8 years - 9 to 12 years - 13 to 16 years

Young writers, try your hand at writing a short story (510 words or less) or a poem on any topic you are interested in - funny or heartwarming, whatever you like! Your submissions can be either fiction or non fiction. You have the spring and summer to get your thoughts together and down on paper! Contest ends Sept. 10th 2016.

Extra prizes will be issued for:

GREAT PRIZES!

- Content
- Originality
- The use of good imagery and description
- Submitting a **Handwritten** copy - The art of handwriting is slowly disappearing and we encourage you to drop off a handwritten copy of your submission to the Wasa Country General Store (next to the Wasa Country Pub and Grill) between 8 a.m. and 11 p.m. before September 10th. Please note an emailed copy must also be sent to: trivillagebuzz@gmail.com
- Illustrations or any additional means of highlighting your submission (hand drawn pictures, photos, or clippings from magazines etc.)

Accept our challenge, you will be surprised at what you can write. If you are writing factual material, please, please check your facts. If you are stating your opinion, please tell us why. Maybe you know someone that has influenced your life and you'd like to write a "Following the Trails of Yesterday" article. The sky is the limit, use your imagination and have fun!

Contest Rules:

1. One entry per person please. Please include your name, age and contact information on your submission.
2. Entries must be received by September 10th, 2016 by email to: trivillagebuzz@gmail.com
3. The parent or legal guardian of all entrants must provide consent for their child's name, age and submission to be published in the Tri Village Buzz Newsletter.
4. Prizes will be awarded on content and originality and a few secret items of our choice!
5. This contest will be overseen by members of the Tri-Village Buzz Newsletter Committee who will arrange for judging and awarding of prizes.
6. Entrants do not need to be residents of the Tri Village Area. This contest is open to our residents and visitors alike.

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or go to: **www.wasalake.com/buzz**

Tri-Village Buzz Newsletter

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Glenn Johnson 250.489.4213

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PATHWAY ETIQUETTE

Continued from Cover

The Wasa pathway runs along several local roads – Aspen, Balsam, Cottonwood, Dogwood, Ponderosa and Poplar – where vehicles, bicycles and pedestrians use the same space. Drive slow when the road is congested with pathway users. Kids and pets can be unpredictable. Pathway users be aware of vehicles on roadways.

Always use due care and caution, that way all pathway users will have a safe and enjoyable time.



Photos Nowell Berg

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WELCOME TO THE WORLD!!

Daniel Gordon Day

Born: May 9, 2016

Special thanks to everyone in the community for warm wishes and welcomes for baby Danny!



CORNER

Attention Readers: Use this space to advertise your Wanted Ads, For Sale Ads or Garage Sale Ads FREE email: trivillagebuzz@gmail.com

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COMMUNITY

By Laurie Kay

Return of the Beavers

After unplugging the culvert between Cameron Pond and the Wasa Sloughs last month, the beavers returned with a vengeance and tried to plug the other end. The culvert diameter was blocked about two thirds and water was not running into the sloughs. The culvert elevation is set at 770.35 m by the Ministry of Environment. That elevation ensures adequate water entering the sloughs for aquatic life. A cleared culvert also allows high water recede during flood times. The WLLID Beaver Patrol got it unplugged.

Water Quality

Testing numbers to date are following usual patterns. E.coli testing starts in late June.

Low Lake Levels

The B.C. River Forecast Center reports that the overall snow pack is at record lows for May. The East Kootenay snowpack is at 42% of what you would normally see in mid May. With a very low lake level to start and a low snowpack we will probably have low lake levels later this summer. It seems to be a sign of the times. As of May 11th the water level has increased 110 cm. Lots of rain and a burst of hot weather would make a difference.

Aquatic Plant Growth

As mentioned several times before in The Tri Village Buzz, the WLLID was asked by residents at an invasive plant meeting to look into the northern native milfoil growth in Wasa Lake. We do not have European invasive milfoil. Native milfoil does provide habitat and some food for fish and water fowl. In abundance, however it can spread and adversely affect the activities the lake offers which in turn draw residents and visitors to the area. In late May the WLLID and volunteer residents will experiment on removing some milfoil. Permission has been granted by M.O.E. If successful, further attempts will take place later in summer when the lake level has dropped. For continued action a community group will have to be formed to establish and implement some form of aquatic plant management programme.

The WLLID is preparing a notice board and also pamphlets for distribution, with more information on location, identification, prevention and awareness.

Milfoil is spread by fragmentation. At this time it is too low for boats to make contact. As the lake drops and the milfoil becomes visible we ask boaters to avoid the area by staying to the east side (mountain side) of the lake when passing by the bay on the west side, mid way down the lake.

Aquatic plant growth is influenced by Weather, Nutrients and Human Activities.

Measures such as cutting, pulling or using herbicides can control growth but the best way to combat excessive growth is awareness and prevention.

Temperatures, rainfall and snowpack are beyond control, but we can all help to control the growth if we:

- provide access to the lake but also maintain a buffer zone of vegetation to grow along the shoreline, preventing soil erosion and reducing nutrients entering the lake.
- reduce the amount of lawn and garden treatments near the lake shore and elsewhere in the lake's watershed. Aquatic plants gobble up phosphorus and nitrogen.
- keep septic systems working properly and avoid leakage
- reduce bringing in the amount of foreign material for foreshore infilling
- follow the DRAIN, CLEAN DRY message when taking boats out of any lake
- avoid power boating in known abundant plant growth area.

The other aquatic plant mentioned in last months Buzz has been identified as a native macro algae called Chara. It is low growing. It is the dark areas you see in lower water.

WASA LIONS EVENT

SATURDAY, JUNE 18TH at the WASA LIONS GROUNDS

Pancake Breakfast

9:00 a.m. - 11:30 a.m.



Community Garage Sale 9:00 a.m. - 1:00 p.m.

Planter & 250 Draw





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PROPERTY DETAILS

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Levels: 2

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Flooring: Carpet, Hardwood, Linoleum

Foundation: Poured concrete

Heat Method: Baseboard

Heat Energy: Electricity, Wood

Zoning: RS1

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SELLER NAME

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PROPERTY DETAILS

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Baths N/A

Zoning: R1

Watersource: Well

\$165,000

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HISTORY BYTES

BY NAOMI MILLER



Phyllis Munday- Achieving Great Heights

Phyllis James was born in Ceylon in 1894. Her father moved the family to Canada where he worked briefly in Nelson then Vancouver where his two daughters attended Grandview School. As a teenager Phyllis found friends to go to North Vancouver by ferry, then hike up local mountains. The girls had to wear a skirt when in transit, hide the skirt and switch to gym bloomers and puttees for climbing. When Girl Guides started after 1910 Phyl's mother started one of the earliest companies which followed outdoor activity frequently. She also learned first aid from St. John Ambulance. Her father hoped she would concentrate on tennis but her passion was climbing mountains.

During WW I Phyl became a V.A.D. working at Shaughnessy Military Hospital in Vancouver then was asked to transfer to New Westminster Military Annex. There she met a member of the 47th Battalion invalided home from France. His name was Don Munday, a climber of note, and a member of the BC Mountaineering Club. She made a point of serving him in hospital then went on to become a member who went on every outing or assisted with projects. They were married February 4, 1920 at Christ Church Cathedral. After a 9 a.m. service attended by family and friends they went home, changed clothes, grabbed their backpacks and caught the 11 a.m. ferry to North Vancouver. They spent their honeymoon at a cabin on Dam Mountain. "A glorious week above the fog in bright sunshine and a clear blue sky. We climbed every day." Don won a contract to build a new trail up Grouse Mountain, plus a log cabin at the top, and to supervise construction of a chalet. The couple bought a house on Kings Road, North Vancouver but lived in a tent atop Grouse Mountain when the log cabin was being built. A group of surveyors camped close by and arranged for Mrs. Munday to feed them. Groceries were obtained downtown and backpacked up the mountain. When one of the surveyors slipped and fell on his double bitted axe Mrs. Munday taped the gash carefully at intervals and allowed the poor fellow to walk down to see a doctor. The doctor left her first aid untouched and the wound healed perfectly! In the spring of 1921 a daughter, Edith, was born. After 8 weeks at the Kings Road residence Edith was backpacked up whichever mountain they opted to hike. One story which Phyl loved to tell was of the time they ended up at a logging camp after a wet and chilly outing. The cook provided a large roasting pan, warm water and a big towel. When the baby was clean and changed she was left in the roasting pan set on the

open door of the oven. Mrs. Munday stepped away to change her own clothes and heard a logging foreman holler, "COOK! Are you planning to serve baby for supper?"

The Mundays attended their first annual Alpine Club summer camp in 1921, and every subsequent year thereafter. The 1924 camp was near Mt. Robson. Swiss Guide Conrad Kain led a small group to the top. Phyllis was the only woman and became the first woman to reach that summit. She also claimed that honor on peaks in the Selkirks, Rockies and Coast Mountains. In the spring of 1926 when atop Mt. Arrowsmith on Vancouver Island they spotted twin peaks on the mainland and determined to climb there. They first attempted (September 1926) to reach it via Bute Inlet and Homathko River but further climbs started up Knight Inlet and Klinaklini River. They achieved one of the twin peaks July 28, 1928 and led friends up 8 subsequent climbs up this 130,700 ft. / 4016 meter mountain which they called Mt. Waddington. Mundays declined to have this mountain take their name so government designated a nearby 11,500 ft. peak as Mt. Munday. Don took meticulous compass readings and both took many photos to make it possible for map makers to document this area. They also collected specimens of flowers and insects for the provincial museum. Don wrote numerous articles for the Alpine Club Journal and later devoted his book "The Unknown Mountain" to this challenging twin peak.

Phyllis James became a Guide leader in 1915 and continued after she was married. She planned her trips down from Grouse Mountain to give her shopping time, then to attend meetings with the girls and hike up after the meeting. In evenings she used her "buglight" which was a candle inside a can with a handle. During this era some of her girls moved to rural homes where there was no active Guide Company. Mrs. Munday developed lessons by mail for these girls. Soon there was a flood of requests for other girls to join by this method. Mrs. Munday created Lone Guides and recruited active guiders to handle the program for scattered members, officially starting LONE Guides in 1924. Each leader devised the monthly mail outs BUT included a page of Nature Challenges written by herself. (Which I first read when I was twelve). Mrs Munday ran Lone Guides for over 20 years. In 1955 she organized the first All Canada Guide Adventure Camp at Lake O'Hara in Yoho National Park. There were 100 Canadian Girls plus guiders and a dozen US. Girl Scouts plus leaders. Girls watched as Mrs. Munday sat quietly till a bird or a squirrel ate from her hand. To others she

demonstrated simple tricks for photographing wild flowers, plus leading hikes and teaching how to light a fire even in very wet conditions. Her enthusiasm was infectious. She was awarded the Beaver and Honorary Membership in Guiding.

Work for St. John Ambulance Brigade was given time, energy and commitment parallel to her other undertakings. In 1940 she was asked to organize a Nursing Division in North Vancouver. She served there until 1949 when she was appointed Provincial Superintendent. She took every possible training offered to members of St. John's groups, then passed on her knowledge by instructing others. She was part of a team trained to do blood groupings for large crews of logging or mining camps. During the 1948 flood she and her sister Betty McCallum spent ten days in a small boat out of Hatzic Prairie, rowing over fences and meadows to give first aid and moral support to isolated homes. She was awarded the rank of Dame of Grace in 1967 and transferred reluctantly to the Auxiliary.

Her beloved Don died in 1950. She no longer had to help him prepare his VETERANS WEEKLY, so she volunteered to edit the Alpine Club Journal, an annual book printed in Banff. Phyl remained as editor until 1969. She held an honorary membership in A.C.C. starting in 1938. In 1967 The American Alpine Club made Mrs. Munday and Edward Feuz(of Golden) Honorary members of the U.S. Organization. Starting in 1971 Phyl attended each Alpine club as first aider no longer a hike leader and trainer. She grumbled that she was "flown in with the groceries." Many Kootenay hikers who had attended A.C.C.camps fondly remember," the lady who Fixed Feet."

The three organizations she had served so well nominated her for the Order of Canada. In September 1975 a giant reception was held in Vancouver where she was honored by colleagues before flying to Ottawa for presentation by the Governor General. In 1982 CTV flew her to Homathco Ice Field to view the summit of Mt. Waddington where she climbed with Don in 1928. A later award was an honorary Doctor of Laws from University of Victoria 1983. Her slides of flowers were often shown to promote the idea of God in Nature. One favorite slide was captioned "Only God can make a rainbow." A gentleman viewing this commented" I can make a rainbow with my hose." Munday quietly asked, "Who gave you the water? Who gave you the sunshine" to which the fellow slunk away muttering "Oh!" This grand old lady lived to age 96, fondly remembered by colleagues and those enriched by her work and enthusiasm

Hints From Vi

By Vi Cockell



Hello Readers, Hope all is great for you. Sure nice to see this rain to help keep our lawns green.

1. Did you remember not to cut the leaves off your tulips and other bulbs before they were dry? This helps to make food for the next year.
2. For faster development of peppers and tomatoes mix 2 Tbsp of Epson Salt to 1 gallon of water applying a pint to each of the plants just as the blooms begin.
3. Got grubs, slugs or cutworms in your garden? Place a few cucumber slices in a small tin pie plate. The chemicals in the cucumbers reacts with the aluminium to give off scents and drive garden pests crazy.
4. Before transplanting flowers or veggies mix up this formula: 1 cup sugar, 1 cup Epson Salt and 3 cup bone meal. Mix well and apply a pinch to each hole as you are planting. This gives them something to munch on as they grow.
5. This was sent to me by a friend: Having trouble with ants on your humming bird feeders? Soak a string in Canola oil and hang it at the top of feeder. Ants will be gone in no time!

Until next time Happy Gardening!

WASA MEMORIAL GARDEN

Submitted By Sandy Kay



Good news most of the garden projects are winding down. With such an early spring we got the planters in before the usual date of June 1st, hooray! Lovely to have some extra colour earlier than usual. Don Korschuh repaired a basket to replace the one that was rotten and we thank him for doing that.

We heard that our application for funding was recommended to RDEK. The cheque hasn't been received yet but soon, very soon. Thank you CBT Community Initiative Program.

J.C. buried what had been temporary waterlines in the "Friend's of the Garden" space. Laurie cut down the weeds from the bottom of all the blue spruce trees and I plan to get some pine needles spread at the base of each tree to help retain moisture during the dry days of summer. That particular area certainly looks more loved! Thanks to all!

Most of the weeks during the summer garden tending have been spoken for but we still have a couple in August free. If you think you could volunteer to do a week please call me at 250-422-3288. Judy McPhee and Sandy Jensen have just been recruited for the garden during the summer, thanks very much ladies.

Wednesday May 25th at the Wasa Community Hall a few enthusiastic folks gathered to discuss a possible date for the official unveiling of the "Friend's of the Garden", how to showcase the Lion's facilities as well as an open house at the Hall. This is an exciting event for our area and a wonderful opportunity to let the district and beyond know about us and what we have to offer. The date is set tentatively for August 21st. Our plan is to be a part of the Lion's 40th Anniversary celebration on that day. The details will be made available in the next "Buzz" issue but right now PLEASE HOLD THAT DATE. You will all be invited so until we chat again enjoy the start of summer.



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Volunteers for BC Bat Counts

The Kootenay Community Bat Project (KCBP) is seeking volunteers for the annual BC Bat Count. This citizen-science initiative encourages residents to count bats at local roost sites. "Bat counts are a wonderful way for residents to get involved in collecting important scientific information" says Leigh Anne Isaac, Coordinator for the KCBP. "No special skills are needed, kids can be involved, and you can relax in a deck chair while counting."

This year the annual BC Bat Count will help the BC Ministry of Environment (MoE) collect baseline data on bat populations before the devastating White Nose Syndrome fungal disease affects bats in the province.

"White Nose Syndrome is estimated to have killed more than six million bats since it was first discovered in eastern North America a decade ago," says Dr. Purnima Govindarajulu, MoE biologist. "In March 2016, the disease was detected just east of Seattle. This has greatly increased our urgency to understand bat populations in BC. We need the public's help to census local bat populations. The summer of 2016 may be our last year to obtain population estimates before White Nose Syndrome causes widespread declines in western North America." Volunteers wait outside a known roost site, such as a bat-house, barn, bridge or

attic, and count bats as they fly out at twilight. They record the final number along with basic information on weather conditions. Ideally, 1-2 counts are done between June 1 and 21 before pups are born, and 1-2 more between July 21 and August 15 when pups are flying.

"We know relatively little about bats in [your region] including basic information on population numbers" says Isaac. "This information will be extremely valuable, particularly if it is collected annually. If people want to get involved but don't have a roost site on their property, we will try to match them with a roost site nearby."

Funded by the Habitat Conservation Trust Foundation and with support of the BC Conservation Foundation, Columbia Valley Local Conservation Fund, and the Columbia Basin Trust, the KCBP provides information for people dealing with bat issues on their property or have questions about how to



Volunteers counting bats, Juliet Craig photo.

attract bats. To find out more about or to register for a bat count, or to get assistance dealing with bat issues, visit www.bcbats.ca call 1-855-9BC-BATS ext. 14 or email us at kootenay@bcbats.ca.

WASA PANCAKE BREAKFAST and MARKET Every Saturday



Rain or Shine

**The Wasa Pancake Breakfast will take place every
Saturday from July 2nd to September 3rd, 2016
at the Wasa Lions Picnic Grounds**

<p>Pancake Breakfast from 8:30 a.m. to 11:00 a.m.</p> <p>Breakfast includes:</p> <ul style="list-style-type: none"> ▫ Pancakes ▫ Scrambled Eggs ▫ Sausages ▫ Juice or Coffee <p>Large \$6.00 / Small \$5.00</p> <p>Just Coffee/Juice \$1.00</p>	<p>Market from 9:00 a.m. to 11:00 a.m.</p> <p>Come out and visit the vendors</p> <ul style="list-style-type: none"> ▫ Home Baking ▫ Crafts ▫ Gently Use Items ▫ Jewelry <p><i>Vendor Tables No Charge</i></p>
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2016 Pancake Breakfast Schedule

June 18	Lions	August 6	Lakers Ball Team
July 2	Wasa Rec Society	August 13	Wasa Gym
July 9	Lions	August 20	Quilters
July 16	Valley Community Church	August 27	Historical Society
July 23	Library	Sept 3	TOPs
July 30	Lions		

Wasa Country Market and Pancake Breakfast Committee:

▫ Karen Markus / Jim Hill

▫ Bonnie Meena

▫ Val Dmytriw

WASA COMMUNITY LIBRARY

**Hours: Tues. 11 a.m. - 1 p.m. &
Wed. 6:30 p.m. - 8 p.m.**

SUBMITTED BY JUDY MCPHEE

"Little things do mean a lot"

What we learn from reading including the Tri Village Buzz and from family, friends and acquaintances may prove useful many years later.

Our Community Library closes for the summer on Tuesday, June 14th at 1:00 p.m. and reopens in the fall on Tuesday, September 14th at 11:00 a.m.

Do try your luck this month finding the perfect books for summer relaxation. You may keep them until the fall. Bring a bag and fill it with books of your choice.

I suggest some of your reading material include books by Danielle Steele. Her books are full of love, hope, courage and thought provoking stories. They are meaningful and based on significant life experiences. Each book has choices and forks in the plot. Her razor sharp mind has allowed her to write about 128 books including 3 picture books and a book of love poems.

We have acquired 3 new Danielle Steel books:

- Property of a Noblewoman
- Country
- Undercover



We also have a large selection of children's books for your summer visitors. For men we have non fiction books, novels, detective books and many history books.

Happy reading this summer from the library staff, Marg, Brenda, Rose, Rea, Lin and myself.

"Seeds of ideas- once planted and rooted- contain their own ideas"

QUINOA RHUBARB STRAWBERRY CRUMBLE

Fanny's Favorites

8 thin red rhubarbs (around 500 g / 1 lb)
2 handfuls (225 g / 8 oz) fresh or frozen strawberries
1 apple
2 Tbsp unheated honey or maple syrup
1 tsp vanilla
juice from ½ orange or lemon

Crumble

1 cup (110 g) rolled Quinoa flakes (can be subbed for rolled oats or rolled millet)
1 cup (110 g) rolled buckwheat flakes (can be subbed for rolled oats or rolled millet)

1 pinch sea salt
15 fresh soft dates, stoned
6 Tbsp cold-pressed coconut oil (room temperature) + more for greasing the dish

Preheat the oven to 350°F. Grease a 9 inch baking dish or pie tin with coconut oil.

Slice rhubarb, halve the strawberries and dice the apples. Place in a baking dish and toss with vanilla, orange juice and honey. Prepare crumble in a separate bowl. Start by mixing Quinoa, buckwheat flakes and salt. Chop the dates and add to the mixed flakes together with the coconut oil. Use your hands to mix until large crumbs are formed. Pour the crumble filling evenly over the fruit. Bake in the oven for 30 minutes until the fruit juices are bubbling around the edges and the crumble is firm and brown.



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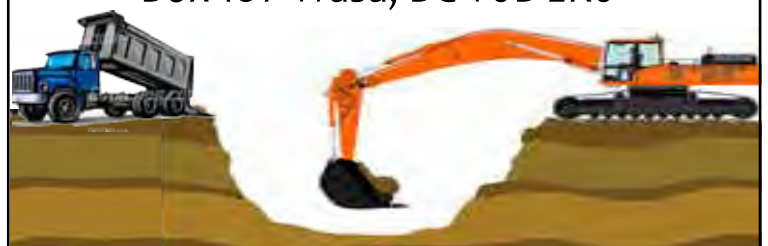
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Guy Winkleman

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Box 181 Wasa, BC VoB 2K0





What is your relation to prosperity through money?

In the last article we clearly demonstrated that one cannot get what one wants through the use of the "law of attraction" as it is often fraudulently proclaimed by many new age currents. In fact, you only get according to what you deeply and intimately are within yourself.

The concept of prosperity does not only concern money. Prosperity regroups a vaster ensemble of meanings. Prosperity is the state of flourishing, thriving, and having good fortune and/or a successful social status. Prosperity often encompasses wealth but also includes other factors that can be independent from wealth to some degree, such as happiness, health and absence of adversity.

What do you need the most? To be happy, or to be rich and wealthy? You can be happy and not be rich at all, and you can be rich and wealthy and not be happy at all. On rare occasions, rich people look happy, and unhappy people can be rich. The common ground in all these situations depends upon the way we are within ourselves.

To better understand your relation to money, you must first remember that everything that happens to you corresponds to you. Nothing is ever completely good or bad; there is just what happens for the evolution of your own consciousness or process of awakening. Some people complain because they don't have enough money, or they find it unjust that other people are richer than they are and they fall into excessive jealousy. But clearly, if it is really money that one wants, one must ask oneself: "What have I done to get richer?" People who spend their life complaining about their lack of money never get richer; they often only get grumpier.

Money is a "physical body" for the energy of prosperity. Whether it is one cent or one billion dollars, money connects you to the vast dimension where prosperity flows all around us. Everyone receives a little bit from the energy of prosperity. By the simple fact of being alive you are receiving an essential part of prosperity. This life is so precious! There are billions of souls around the earth that do not have the immense chance of experiencing a physical life for their own evolution.

You do not get financially rich because you want it; you get financially rich because it is necessary for your evolution. And again, at what point would you consider yourself to be rich? If you give a fifty-dollar bill to a beggar in the street, he could easily think of himself as suddenly rich. But what is being rich for you? Having three unpaid new cars and a big mortgage for a beautiful house in British Columbia is certainly not being rich for Bill Gates; it's only being a slave of the banking system. More than 75% of the population in Calgary drive only partially paid brand new cars; their cars belong to the banking system. So next time you see someone with a brand new car, please do not envy their monthly payments for it and do not think that they are rich. They are not rich; they are only dependent!

So, what is your relation to prosperity through money? In fact, nobody really needs to be rich, but everybody needs to receive what is needed. So, at this moment of your life, what do you need and for what purpose do you need it? Most people who are terrified of lacking money are so paralyzed by fear that they are more connected to fear than to prosperity. I told you that

you don't get what you want, rather you always get according to what you are. For instance, if your present feeling is that you don't have enough money, then you need to prepare a plan to make it flow towards you in a larger quantity. You will never see money falling from the sky. If you are in a situation where money is insufficient, then you must put yourself in another situation where you can acquire at least the amount you need. I promise that you can spend all day meditating on being rich, while doing nothing about it, and you will not become richer. Do not "think rich"; "become prosperity". This is the right motto.

First of all, nobody needs to be richer but everyone needs to be happier. Naturally, maybe having more money can make you a little bit happier, but it is not because you don't have all the money that you want that you cannot be happy.

Prosperity is a package deal: happiness and financial wealth are inseparable. If you are an unhappy, negative, grumpy and fearful person, then you disconnect yourself from all the good that can bring you prosperity. If you are simply happy with what you have, recognizing that life itself makes you fortunate, and if you have a positive and joyous temperament, then you are directly connected to the powerful flow of prosperity. It doesn't mean that you are going to get billions of dollars in your bank account, because, then, you don't need that, but the course of events in your life will surely bring you what you need for yourself and for others.

If you really need more money, then change your inner attitude and work out a plan that is going to invite more income into your life. Do not sit and wait for the rain of money to fall from the sky. A joyous, positive attitude with a good deal of effort should rapidly bring you what you need financially. Do not disconnect yourself from the flow of prosperity by being depressed or discouraged by life.

My Master, who was a great Self-Realized Being, always told us: "Get ready, the best is yet to come!" The best is coming for you too; you just don't know it or sometime you stop believing in it. No matter what, everyone constantly receives subtle signs from the Universal Force of Prosperity. Sometimes you have more, sometimes you have less, sometimes it seems you have it all and sometimes it seems you have nothing, but that is how the Energy of Prosperity helps you mature and grow on the Path of Evolution.

Through a positive and dynamic attitude, remain in harmony with the flow of prosperity surrounding you and waiting for your heart to open up to it.

May prosperity, wealth and health be with you and especially with those who are in need right now. With blessing and love on the Path of Life. Warmly yours!

OM OM OM

Venerable Gurudev Hamsah Nandatha

Adi Vajra Shambhasalem Ashram, Wasa, BC, Canada

Venerable Gurudev Hamsah Nandatha greets all seekers and aspirants on the Path of Light with an enlightening and practical Teaching for everyone to use in their daily lives. The Teachings have been moved to **Thursdays at 7 p.m.** All are welcome. Please note that the June 16th teaching is the last before our summer recess. For more info or to arrange for a visit, call 250-422-9327.

Annual Adopt-A-Highway

The Annual Adopt-A-Highway clean up was a success. It is nice to see that the sides of our roads along the Adopt-A-Highway route are looking fresh and clean. Amazing to see how many bags of trash are picked up along the highway each year. Imagine what this stretch of highway would look like if this annual event didn't take place! Thank you to everyone who participated in this event this year (and in the past)!

Annual Dog Walk - Sunday, May 29th

In the early 1980's Lions Clubs across Canada sought to develop a national project to reflect their service to Canadians with visual impairments. Since then the Foundation has grown to include additional Dog Guide programs such as hearing impairments, seizure response, autism assistance and, newly introduced, diabetic alert. The three local Lions Groups will get together on

Sunday May 29th to help raise money for these programs with a dog walk-a-thon around the lake along Lions Way Trail. What a great way to get some exercise and raise money at the same time!

Garage Sale

If you have any gently used household or yard items in good working condition that you would like to donate, please contact Val Dymitriw or Sharon Prinz to arrange pick up. (Due to a lack of indoor storage, we are not able to accept any clothing donations).

Lions Event - Saturday, June 18th

The day starts with a pancake breakfast from 9:00 to 11:30 a.m. at the Lions Grounds. The Garage Sale opens at 9:00 and items are available for sale until 1:00 p.m. or until we are sold out, whichever comes first! Tickets will be available for the Annual Planter Draw, which will take place at 1:00 p.m. The 250 draw will take place on this day as

well. This is a great family day – have a yummy breakfast, buy some useful or crazy items for a few dollars and buy a ticket that could win you a beautiful planter. We look forward to hosting this event and seeing you there!!

Columbia Basin Trust Community Initiatives Program

Are you thinking of taking an adult education course? Do you have a course you want to offer the community but need some funding to do it? Are you putting together a community event and extra funds would be helpful? Pick up a CBT CIP application at the Wasa Post Office and fill it out for the Wasa Lions CBT CIP Committee to review. There may be some funding available to you if your request falls within the guidelines and policies of this program.

The Wasa & District Lions Club can be contacted at P.O. Box 10, Wasa, B.C. V0B 2K0 or by e-mail at: wasalions@gmail.com.



Dale Gray

Phone: 250.422.3638

Cell: 250.421.1746

email: dale58@shaw.ca

Box 245 Wasa, BC V0B 2K0

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WASA LIONS KITCHEN UPGRADES COMPLETE!!



Marilyn Bowen submitted the above photo showcasing the upgrades to the Wasa Lions kitchen. "Without the help of our many volunteers a project like this could never happen", said Marilyn. A committee was formed within the Wasa Lions Club to tackle the many upgrades and renovation.

Thank you to everyone that helped out, we appreciate your hard work and will be especially grateful when volunteering for the Pancake Breakfasts this summer!!

Donate your pop cans and liquor bottles to the Wasa and District Lions Club to help with their scholarship fund.



Please call Val at 250-422-3499 to make arrangements for drop-off at the Lions Grounds.

Old School vs. Today's School

Scenario #1: Jack goes duck hunting before school and then pulls into the school parking lot with his shotgun in his truck's gun rack.

1957- Vice Principal comes over, looks at Jack's shotgun, goes to his car and gets his shotgun to show Jack.

2016- School goes into lock down. RCMP called, Jack is hauled off to jail and never sees his truck or gun again. Counsellors are called in for traumatized students and teachers.

Scenario #2: Ryan and Murray get into a fist fight after school.

1957- Crowd gathers. Ryan wins. Ryan and Murray shake hands, end up buddies and share a couple of brewskis afterwards.

2016- Police are called in and SWAT team arrives. Ryan and Murray are arrested and both are charged with assault and expelled from school even though Ryan started it.

Scenario #3: Danny will not sit still in class and disrupts other students.

1957- Danny is sent to the Principal's office and given a good paddling. He then returns to the class, sits still and does not disrupt the class again.

2016- Danny is given huge doses of Ritalin. He becomes a Zombie and is then tested for ADD. The family gets extra money from the government because Danny has a disability.

Scenario #4: Garth breaks a window in his neighbour's car and his dad gives him a whipping.

1957- Garth is more careful next time, grows up normal?, goes to college and becomes a successful businessman.

2016- Garth's dad is arrested for child abuse. Garth is removed to foster care and joins a gang. The psychologist is told by Garth's sister that she too remembers being spanked and their dad is carted off to prison.

Scenario #5: Pedro fails high school English.

1957- Pedro goes to summer school, passes English and goes on to college.

2016- Pedro's cause is taken up by a radical group. Newspaper articles appear nationally explaining that teaching English as a requirement for graduation is racist. A class action lawsuit is filed against the school system and Pedro's English teacher. English is then banned from the basic curriculum. Pedro is given his diploma anyway, but end up mowing lawns for a living because he cannot speak English.

Scenario #6: Johnny falls while running during recess and scrapes his knee. His found crying by his teacher, Sandy. Sandy hugs and comforts him.

1957- In a short time Johnny feels better and goes on playing.

2016- Sandy is accused of being a sexual predator and loses her job. She faces three years in prison and Johnny undergoes five years of therapy.

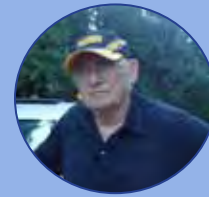
Only us who were in school during the 50's, 60's and 70's truly understand these scenarios.

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"MARIO'S FUN PAGE"

Enlightenment Ponders

This story tells of two friends Amanda and Margot who were walking together on the edge of the Sahara Desert in north Africa. During some point on the journey, they had an argument and Margot slapped the other one in the face. Amanda, who got slapped but was not hurt and without saying anything, wrote in the sand: "Today my best friend, Margot slapped me in the face".

They kept on walking until they found an oasis, where they decided to take a bath. Amanda, who had been slapped, got stuck in the mire and started drowning and naturally her friend, Margot, saved her by pulling her out of the quicksand. After she recovered from the near drowning, Amanda wrote on a stone "Today Margot, my best friend, saved my life". Margot, who had slapped and saved her best friend, asked Amanda "After I slapped you, you wrote in the sand and now you write on a stone, why?". Amanda replied with a knowing smile, "When someone hurts us, we should write it down in the sand where the winds of forgiveness will erase it, but when someone does something good for us, we must engrave in stone so no wind can ever erase it".

Learn to write your hurts in the sand and carve your blessings in stone.



TAKE OFF POUNDS SENSIBLY

T. O. P. S.

TAKE OFF POUNDS SENSIBLY

Every Friday

Weigh-in 8:30 a.m.

Meeting 9:00 - 10:00 a.m.

Wasa Community Hall

More Information Contact:

Susan: 250.422.3510

Irene: 250.422.3686

1.800.932.8677 (Toll Free)

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Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or Have plans for Surgery? The Lions may be able to assist with a 3-month loan of Medical Equipment.

For loan information or equipment donations to the Cupboard Contact:
Sharon 250-422-3227
or Val 250-422-3499

Wasa Memorial Garden has something for every soul who should be remembered or needs a final resting place.

There is a Columbarium with Niches large enough to hold two sets of cremains or the option to purchase a memorial plaque in honor of your loved ones. Check out the space at the end of Schoolhouse Road in Wasa. Call Bev Rauch at 250.422.3335 for information



Wasa Memorial Garden



The headrest of car seats are deliberately kept detachable and sharp so that they can be used to break open glass of a car windshield or window from inside a vehicle, in case of fire or emergency.

Cherry Creek Falls Regional Park (Area E)

The official grand opening of the Cherry Creek Regional Park will be held on Sunday, June 12th at 2:00 p.m. The park is located in Meadowbrook and signs with directions to the park will be posted. Please come out and enjoy some refreshments and see what we have accomplished. The falls are very beautiful.

A brief history of the park ...

In 2011 a resident heard that there was going to be a rock quarry opening at the falls area of the Cherry Creek Falls. After many individual attempts to stop the quarry, residents formed the Meadowbrook Community Association (MCA). The MCA raised \$55,000.00 which enabled them to purchase the tenure. The claim was forfeited by the Gold Commissionaire and future mining was prohibited on the 400 + acres. The RDEK was issued a license to create a 40 acre park in 2014. The RDEK with assistance from the MCA have designed and implemented a plan for the park. Thanks to the MCA for their on going efforts in obtaining donations and in turn reduced expenses to the Area E tax payers.

The **WASA RECREATION SOCIETY'S** main objective is to generate funds to keep the Wasa Hall running. Wasa Recreation Society members meet in the basement of the Wasa Hall in the Quilters Room on the last Tuesday of each month. Everyone is invited to attend. Listed below are some of the user groups and contacts:

- Hall Rentals and Information
Karen Markus 250.422.3514
Lorraine Colton 250.422.3640
- Gym
Sonia Blackwell 250.422.9201
- TOPS
Susan 250.422.3510
- Library
Judy McPhee 250.422.3766

In addition, BINGO's are held on the 2nd Tuesday of each month at the Wasa Hall. Early bird starts at 6:30 pm and regular at 6:45 pm.

Wasa Transfer Station

If you are unsure of what items can be discarded through the Transfer Station please call the RDEK at 1-888-478-7335 for clarification.

I received a call from the owner of the car pictured in last months Tri Village Buzz, who stated that a business told them they could dispose of the vehicle by taking it to the Wasa Transfer Station and it would be picked up from there. But in reality, the RDEK taxpayers pay Columbia Salvage to come and deal with the vehicles. Please double check with the RDEK if you have any questions about what can be dumped.

Invasive Weeds

This is a reminder to everyone to continue to pull and remove invasive weeds. We want everyone to keep working on removing these weeds and to remember when you are recreating

on your bikes or quads and you see the invasive weeds, please stop and pull them. Don't drive through the area and spread the weeds further.

Town Hall Meeting

The Town Hall meeting has been postponed until the fall due to the very busy spring schedule.

Fire Prevention

Even with the rain we have had over the last few days, we still need to be very careful with our campfires. Please make sure that you keep them small and that they are properly put out before you leave them. Also please take extra caution with your cigarette butts and don't toss them out.

I hope everyone has a safe and healthy month.

Jane Walter, RDEK Area E Director
Phone 250-427-2577 / Email:
s.janewalter@gmail.com



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FATHER'S DAY BUFFET

Sunday, June 19th

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Pork Ribs
Baked Potato
Vegetables and Salad
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Tea or Coffee
Drink Special: Pint of Beer \$4.00
Bottled Beer \$4.50
\$19.95 each

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June 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.			1	2	3	4 ● New Moon
5 Church 10:30 a.m.	6	7 Wasa Lions 7 p.m.	8	9 Teaching at the Ashram 7 p.m.	10	11 Triathlon
12 Church 10:30 a.m.	13	14 Flag Day Library Closes for Summer BINGO 6:30 Early Bird 6:45 Regular	15	16 Teaching at the Ashram 7 p.m. Last teaching before summer recess	17	18 WASA LIONS EVENT 9 AM - 1 PM Pancake breakfast Garage Sale Planter /250 Draw
19 Father's Day Father's Day Buffet Pub 4pm - 9pm Church 10:30 a.m.	20 ○ Full Moon Summer	21 Wasa Lions 7 p.m.	22	23	24	25
26 Church 10:30 a.m.	27	28	29 Rec Soc Mtg 7pm	30 Superior Propane see page 8 for offer		

LEGEND

- Church Service 3 p.m.
- Gym (M,W,F 8-9 a.m.)
- BINGO 6:30 p.m.
- Rec Society 7:00 p.m.
- Lions 7:00 p.m.
- Library Tues. 11 a.m. - 1 p.m. & Wed 6:30 p.m. -8:00 p.m.
- TOPS Fri 8:30 a.m. Weigh in & Meeting 9 a.m. - 10 a.m.
- Quilters Tues. 10 a.m. - 4 p.m.

Special Events and Days Down the Road

- Summer Pancake Breakfast begin Saturday, July 2nd
- NO NEWSLETTER IN AUGUST
- Tentative date unveiling "Friends of the Garden" Sunday, Aug 21st, 2016
- Lions Anniversary Celebration August (TBA)
- Lions Fall Fair (TBA)
- Young Writers Contest Ends Sept, 10th, 2016
- Library reopens Tuesday, Sept 14th, 2016
- Remember to email your "Where do you Take your Buzz" photos

NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....	250.422.9327
Catamount Contracting.....	250.422.3694
Doug Ross Property Sale.....	250.422.9272
Econobuilt.....	250.421.7183
Hi Heat Insulating.....	250.422.3457
HD Railings.....	250.422.3457
Kootenay Kwik Print.....	250.489.4213
Kootenay Monument Installations....	422.3414
Leave it at the Lake Storage.....	250.919.3798
Rascal Dock Systems.....	250.421.1746
RM Events (Triathlon).....	www.rmevents.com.
Superior Propane.....	250.409.4102/422.3123
The Girls.....	250.581.0780
TOPS.....	250.422.3510/422.3686
Wasa Country Pub & Grill.....	250.422.3381
Wasa Lake Gas & Food.....	250.422.9271
Wasa Hall.....	250.422.3514/422.3640
Wasa Hardware & Building Ctr....	250.422.3123
Wasa Lions Med Equip.....	422.3227/422.3499
Wasa Lions Trail Donations.....	250.422.3773
Wasa Memorial Garden (Bev Rauch).	422.3335
Wasa Post Office.....	250.422.3122