



# TRI-VILLAGE BUZZ

May 2023 ISSUE 261

Visit: www.wasalake.com

INSIDE THIS ISSUE	$\mathbf{I}$
-------------------	--------------

Tops Spot	2
RDEK	3
Tips to Help Bats	4
WLLID	7
Lion's Roar	8
Memorial Garden	9
Wasa Fire Prevention	14
Wasa Community Church	15
Words of Wisdom - Ash- ram	16
Bear Spray - Fact & Fiction	18
Fire - Who to Call?	19
May Calendar	20

### Our Community:

New to the community? Wondering how you can get involved? Meet your neighbours?

There are numerous opportunities available to you for community involvement; yoga, quilters, local library, service organizations, fire prevention, and the list goes on ...

And the benefits? Knowing your neighbours, having extra eyes on your property if you are away, a helping hand when you need it - and that list goes on too.



### **Fireworks**

You either love them. Or you hate them. And with everyone seeming to grasp at any

occasion or opportunity to set them off, maybe we should look at the origins of the practice. And review some guidelines about their proper use.

Although we've been lighting fireworks for the last 2000 years or so, modern fireworks were only invented in the 1830s. When Henry VII had fireworks at his wedding in 1486, how did they look? Firecrackers fireworks were created by accident... and by the search for immortality. Around 200 BC, the Chinese unintentionally invented firecrackers by tossing bamboo into fire, but it took another thousand years before true fireworks came alive. As the story goes, around 800 AD, an alchemist mixed sulfur, charcoal, and potassium nitrate (a food preservative) hoping to find the secret to eternal life. Instead, the mixture caught on fire, and gunpowder was born! When the powder was packed into bamboo or paper tubes and lit on fire, history had its first fireworks! In 800 A.D. paper fireworks were used to scare evil spirits or to celebrate weddings and births and were simply thrown onto a fire, not blasted into the air. There were no added colors, so a "fireworks show" was just a series of small, noisy explosions.

By 1200, China had built the first rocket cannons, using gunpowder to aim and blast projectiles at their enemies. Off the battle field, however, this technology led to something beautiful: the first aerial fireworks.

If you attended a fireworks show in 1600, the science would not have been much different from ancient China, but it was a lot more entertaining! Now used for military victories, religious events, or royal celebrations, aerial fireworks (still plain orange -- no color yet!) were run by "firemasters" and their assistants, "green men". Before the show, the green men, named for the leaves they wore to protect themselves from sparks, would tell jokes to the crowd while they prepared the celebration. Being a green man, however, was a highly dangerous position, and many were injured or killed when their fireworks malfunctioned.

The explosions like those we see today would not be created for another sixty years when Italian inventors added in metals like strontium or barium.

continued pg 5

#### **TOPS SPOT**

submitted by - Nicky Popowich

We all set goals. From time to time we desire to change or improve some aspect of our lives: be thinner, fitter, richer, smarter, faster, become punctual,

or do something else remarkable. Sadly though, many of these goals—even the well thought out ones—aren't achieved. Life can get in the way. We procrastinate. If we don't get the results we desire quickly enough, we relapse into our old familiar ways. Old habits are comfortable and familiar. The tricky thing about the bad habits though, is they steal away our other options. There is a great deal of wisdom in performing tasks at the same time every day or week so that they become second nature. We have already established many good habits. Some of these were developed in childhood such as brushing teeth or morning showers, or Saturday laundry or cleaning. With a good system in place change is possible.

Some experts believe the single biggest reason for not achieving specific goals is lack of having a working system in place. We need to keep our options open and have a good plan at our fingertips. So whatever it is that you were hoping to achieve this year, check on the systems you have developed. It's never been easier to enlist technology to prompt you.

Stop struggling to focus on that far away goal. Instead, design a system of habits that are enjoyable and rewarding. Have some fun. Systems such as setting gym times or going for a walk at a set time each day, logging food or measuring the quantities of it will keep you on track. Cook together as a couple or family. It is time to focus on the process. Find the process that rewards you by making you feel good and successful. If you like it you will be encouraged to keep doing it. Remember process first, progress will follow. Ultimately the goal will take care of itself.

Being aware of what you are eating is the first step in the weight loss process. Ask yourself why you want to eat? (Are you hungry, bored, lonely, angry, being sociable) What food should you choose? How do you eat? (Slowly/quickly, fork/fingers, plate/bowl) How much food? What are you going to do with the energy? (You need to burn it: walk, golf, run, swim...) Remember April's article on metabolism: the only way to lose weight is to burn more calories than you take in. You have to spend the energy. On that note, I think it's time to get outside and burn some calories in the garden.

Information taken from: Real Life — A Hands-on Pounds-off Guide from TOPS CLUB INC

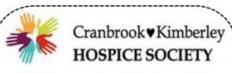


What starts growing in the spring and then goes POP?

May-ze

We produced a play about the weather and needed eight children to be clouds.

We ended up having twelve so we were a bit overcast ....



127C Kootenay St. N. Cranbrook, B.C. V1C 3T5

Phone: (250) 417.2019
Fax: (250) 417.2046
Toll Free: 1.855.417.2019
Email: info@ckhospice.com
Website: www.ckhospice.com

#### Volunteer Today!

Cranbrook / Kimberley Hospice Society needs volunteers to help with Client and Family Companioning & Grief Support









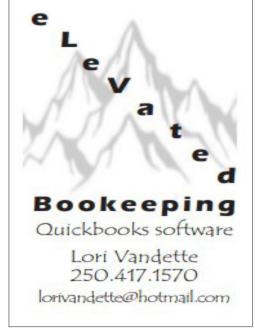
Granite & Bronze Memorials, Dedication Plaques, Benches, Memorial Walls, Gravesite Restorations, Sales & Installations

In-Home Consultation or Visit Our Showroom

> 6379 HIGHWAY 95A TA TA CREEK, bc

> > 250.422.3414 1.800.477.9996

info@kootenaymonument.ca



#### **VOLUNTEER WITHIN THE COMMUNITY**

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out.

Wasa & District Lions Club, Wasa Recreational Society, Tri-Village Buzz Newsletter, Wasa Gym, Wasa Lake Land Improvement, Wasa Pancake Breakfast, Wasa & District Historical Association/Garden Group are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

Volunteering is a work of heart."





Cinderella was annoyed when her photos hadn't arrived. She said, "Someday my prints will come."

### RDEK NEWS



RDEK NEWS

By Area E Director Jane Walter

# WASA LIONS MEDICAL LOAN CUPBOARD

BOX 10 WASA, BC, V0B 2K0

Medical Equipment
Loan Service
Contacts?

Sharon 250 417-7654 Trinda 250 793-9491 Jocelyn 250 505-4752

Equipment is loaned free of charge on a temporary basis for up to 3 months.



Spring has finally arrived, winter felt like it was never going to come to an end.

Please be careful around rivers and streams because of fast moving water. Also please be very careful when burning outside, we have already had some grass fires in the area.

#### Columbia Basin

I attended a Columbia Basin meeting in Kimberley, they are looking for public input on which direction they should be moving. Over the years they have provided funds for many non profit groups, Agriculture initiatives and many environmental groups. The comment period will be open for opinions for a couple of months. If you would like to put in your input you can go online to Columbia Basin Trust and complete a survey.

Wasa and Area has been very fortunate. Some of the projects that they have funded are: solar panels on the hall, skating rink boards, tennis and basketball courts. Another very large project is running a high speed fiber line (internet) from the City of Kimberley to the Wasa junction, they will be starting that project this year. There will be more information coming.

### Please remember to Firesmart your Property

I hope everyone has a great month. If you have any concerns or questions please call me 250-427-2577 or email me at s.janewalter#gmail. com

Thank You, Jane Walter







### JENNIFER HIEBNER

REALTOR®

Mobile: 250-407-3503

Office: 250-426-8700 ext 242

928 Baker Street
Cranbrook BC, V1C 1A5
Each office is independently
owned and operated.
om

Email: jenniferhiebner.cbkrealtor@gmail.com



Wasa & District Lions Club Recycling program 250 417-7654



BOTTLE & CAN RECYCLING

Donate your Clean Liquor, Pop, Water, Milk & Juice Containers to the

Wasa & District Lions Club

Support Local Scholarships & Lions Grounds Maintenance





### Easy Backyard

### **Tips to Help Bats**

Plant native plants and trees – especially light-coloured flowers that stay open at night and attract moths which bats love to eat.

Leave dead trees that don't pose a safety or property risk as a place for bats to roost.

Avoid using pesticides. Bats help with pest control by eating almost half of their body weight in insects every night! A single bat can catch up to 1,000 mosquito-size insects an hour

Provide a water source. Bats obtain water by swooping down to a water surface, taking a drink, and flying back up and away from the water. Therefore, bats need an unobstructed "swoop zone" to safely retrieve water.

Keep cats indoors at night, especially in summer month when bats are feeding their young.

Turn off unnecessary outdoor lights and provide a dark environment. Light pollution can disrupt bats.

Install a bat house for shelter and protection. Your bat house should receive at least six hours of direct sunlight every day, while in cooler climates, even more sunlight will be necessary. Ideally, bat houses should be attached to a building structure at 15-20 feet with no overhangs, balconies, or roofs blocking the path beneath the bat house. Avoid mounting your bat house to

trees, as they often offer limited sun exposure and allow predators (mostly owls) to perch on nearby branches. If a tree is your only option, select a sunny spot that's as far from potential predator perches as possible.









At long last, in the 1830s, our modern fireworks were born, and celebrations took on an entirely new light. When you see fireworks now, you will witness over 2000 years of danger, invention, and beauty wrapped into a simple package. From exploding bamboo to parcels of gunpowder and metals, our science -- and our world -- have come a long way in the past millennia!

### Fireworks Etiquette

We all enjoy celebrations throughout the year, but do so respectfully. Consider the impact you fun may have on those around you.

- 1. Fireworks are very traumatic for some of our veterans. The unexpected crack and boom can be reminiscent of enemy fire. It can signify approaching danger to them and have them feel their neighbourhood is a warzone. This reaction can be reduced or alleviated by advertising the date of your fireworks and setting a clear beginning and end time.
- 2. Avoid setting off fireworks on week nights. You may be on holiday, but there is likely a large portion of your neighbours who have to get up for work the next day.
- 3. Keep in mind the anxiety many pets, livestock and wildlife experience when fireworks are being set off. Frightened animals will often try to flee their homes to escape the noise - which results in a lot of lost pets; some of which are never found again.
- 4. Clean up your mess! Your neighbours should not have to deal with the results of your celebration. Following proper disposal methods is also important. There is a slight chance of fireworks reigniting, so you are better off leaving the fireworks in water overnight before disposing of them.

At home fireworks should be capped by 2 hours after dusk. You don't have to be a veteran to be upset and annoyed by fireworks going off late into the night.

https://ssec.si.edu/stemvisions-blog/evolution-fireworks https://www.unh.edu/sites/default/files/departments/military\_veteran\_ services/general\_fireworks\_etiquette.pdf

https://blackcatfireworks.com/what-is-considered-proper-fireworks-etiquette/



Get your submissions in for your chance to win a \$50 gift certificate to one of our amazing Tri-

Village Buzz advertisers!

Where do you take your Buzz?

Take a photo of you with the Buzz and email your travel stories to me. Your picture will be featured in the current issue of the Buzz "2023 Where Do You

Take Your Buzz contest".
Email: trivillagebuzz@gmail.com

TRI-VILLAGE BUZZ - May 2023 - ISSUE 261 - 5

The Wasa Recreation Society manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fund-raising, volunteering & rentals, we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

Hall Rentals & Information:

Karen Markus 250.422.3514 or Jane Gendron 250-421-2535

• *Gym:* 

Sonia Blackwell 250.421.3019 or Rod 250.422.3261

TOPS:

Susan 778.524.0012

• Library:

Rose Smith 250-422-3088

Quilter's Club:

Gayle Andrews 250-422-3095

### WILDLIFE IN DISTRESS? Call

Little Mittens Rescue: 250.939.8085

or

Northern Lights: 250.877.1181

or

Kim Balcom: 250.602.9693



We would like to thank everyone for your expressions of kindness and love in Gary's passing. It was so good to have his memorial in the Wasa Community Hall. Thank you to the Lions for making that possible. Whether you dropped off flowers or food or just came by to give us a hug...it was all appreciated. We miss him very much and are blessed to have such good support arround us.

The Semenyna's



### Your ONE STOP SHOP for property maintenance.

Home/Office Reno's
Demolition
Indoor/Exterior Painting
Property Maintenance
Janitorial
Site/Yard Clearance

Landscaping
Fences/Decks
Tree/Hedge Care
Underground Irrigation
Pressure Washing
And so much more!!

#### **Wasa Lions Grounds Rentals**

Contact Person: Linda Gold @ 250 421-6302

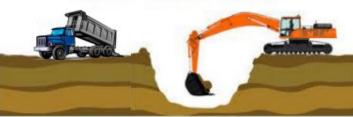
### **CATAMOUNT CONTRACTING**

### Over 30 years experience

- Excavating Landscaping
  Road Building
- Land Clearing Tree & Stump Removal
  - Top Soil, Sand & Gravel Hauling
    - Snow Removal & Sanding Ice

### **Guy Winkleman**

Bus: 250.422.3694 Cell: 250.417.9728 Box 181 Wasa, BC V0B 2K0





#### WLLID Water Monitoring (2023)

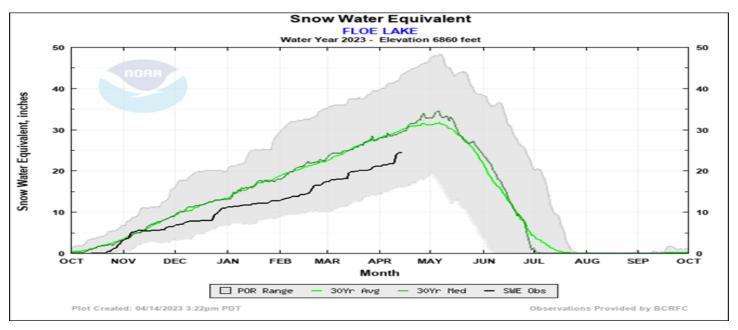
As part of its mandate to monitor the quantity and quality of water at Wasa Lake, WLLID volunteers undertake hundreds of hours measuring and sampling water.

From mid-May to early October, WLLID volunteers use several different measures to gauge the status of lake water, and any changes with it. Ice-on and ice-off dates are also recorded.

WLLID takes daily depth readings at the lake and Kootenay River. These values are entered into a database where changes in water level are recorded and graphed. Reports on water levels are posted on the WLLID website (wasalake.ca).

WLLID statistical analysis on historical water levels at Wasa shows that 86% of the variability in the water level is accounted for by the amount of snow measured with the snow pillow at Floe Lake. (https://www.nwrfc.noaa.gov/snow/snowplot.cgi?FLKQ2)

On April 14th, the snow water equivalent at Floe Lake was 81% of normal for this time of year. Last year at this time, the snow pillow had an additional 10 inches of snow water equivalent.



As freshet progresses, rising water levels are used to calculate an estimate of the expected peak water level. WLLID releases this estimate on June 1st. It is posted on the WLLID website.

A number of parameters are used to gauge the quality of water, which has a direct impact on aquatic life, water fowl, and people using the lake.

Starting in mid-June, WLLID volunteers take weekly measurements of dissolved oxygen (DO) and temperatures at one meter intervals from the surface to the bottom at a location in the SE portion of the lake known as Deep Station. Secchi readings, used to determine water transparency, are also taken at the same time. Data recording sheets are filled out and a spreadsheet contains all readings.

Before and after each summer long-weekend (July, August, September), WLLID volunteers collect water samples from six public beaches. These samples are sent to Interior Health (IH) for E. coli testing. Results are posted on the IH website: https://services.interiorhealth.ca/publichealthprotection/watersamples.aspx At the end of the water monitoring season, WLLID volunteers upload the yearly data to the Columbia Basin WaterHub (https://data.cbwaterhub.ca/). Historic and current water data is housed there so that any person with an interest in water at Wasa can view and graph water level changes going back to 1996.

If you would like to become a volunteer and help with water monitoring for the 2023 season, please contact the WLLID at admin@wasalake.ca. Training sessions will begin in late May or early June, depending on water levels.

We look forward to your help with the program and if you have any questions please contact the above email address. Enjoy the lake as it rises.



### The Lions Den Lions Roar

### Wasa & District Lions Club - Serving Wasa & Area since 1976

submitted by Terry Marvel

Hello fellow Lion's members and community at large. There's very few traces of snow left, so I guess the spring cleaning can resume. It's about time!

The Lion's Club have a few projects on the go and we're going to need help from anyone that is not busy when they begin.

First and foremost is the floor in the storage room at the back of the Lion's kitchen. The old floor was removed and the wet ground revealed. We just have to get it dried up and the gravel placed, then we can compact it and lay the reinforcement mesh. We'll get professionals to place and finish the concrete. A cry for volunteers will go out when we need help with this undertaking. Remember, the pancake breakfasts are prepared in this room, so if you plan to attend any of them, you might do well to help with this.

The first pancake breakfast is slated for June 10, which coincides with the Wasa Lake Triathlon. It will be open to the public. The first regular breakfast will be on July 1st. which is Canada Day, then every Saturday thereafter from 8:00-11:30. Bring your friends, family and visitors. It's a great deal for a great meal!

The annual Lion's Garage Sale will happen again this year at an as yet to be determined date. So bring your gently used items to the sale so that someone else may make good use of them. No clothing or TV's please. Contact Sharon Prinz at 250-417-7654 for your donations. This is a fun event with many useful items for sale.

Don't forget to purchase your raffle tickets from Lion's members or Marli at the Post Office. 1st prize is \$1000 Cash! 2nd prize is \$250 cash and the third prize is \$100. Proceeds go toward support of the EKRH Foundation for Oncology. Let's help keep our medical testing local! Draw date SATURDAY, SEPTEMBER 2, 2023

The annual spring highway clean-up is scheduled for May 6th. We meet at the Lion's

Grounds at 10:00 for a signup sheet and garbage bags. You don't have to be a Lion's member to partake, just bring good, sturdy shoes and gloves. A Hi-Vis vest will be provided. No minors.

And as usual, the greatest non-profit organization in the world (Lion's Club International) is always looking to increase our membership. Contact any Lion's member for sponsorship. We welcome everyone with a sense of volunteerism and community spirit. Mark your calendars! DECEMBER 2nd. Yes it's back! The WASA LION'S DINNER AND DANCE. Dinner, raffles, bar and dance with Lili the DJ. It's the community's biggest Gala of the year, so you don't want to miss it! A call out to volunteers will also be going out to finish the soffitting on the remainder of the eating area of the Lion's Country Kitchen. It brightens the area up considerably.

So, with spring in full swing, let's get gardening and mowing and pruning etc. Have a wonderful May!

# Beautify our Community

Join the Wasa Lions in the Annual Highway Cleanup!

May 6/23 @ 10am.



Meet at the Lions Grounds for supplies.

Age 19 & over

### Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Kate Kelly

The Memorial Garden bell and mounting plaque were in need of some major TLC. As our community is filled with helpful and talented people, it didn't take long for help to be offered. Thank you to Doug & Dawn Bryant for volunteering your time to repair the bell in honour of Dawn's Mom & Dad. Our bell is polished and the plaque has been beautifully rebuilt. The Wasa Memorial Garden relies on its many & generous volunteers and is always happy to welcome new members. We are actively looking for weekly garden volunteers to add to this summer's gardening maintenance schedule. If you've been looking for a way to meet neighbors in the community, please contact Sherry Shields at our new email address: wasamemorialgarden@gmail.com

A before & after look

- Many hands make light work -



KOOTENAY RIPPLES HISTORICAL BOOKS NOW SOLD-OUT

> Happy Mother's Day May 14

Mothers hold their Niche Engraving - \$275.00 a short while, but ~unknown pwalkey@shaw.ca.

#### 2019 Columbarium Niche & Plaque Costs

**UNIT 1** Columbarium Upper levels - \$1000.00 + engraving Bottom Row - \$900.00 + engraving

**UNIT 2** Columbarium (new) Niche cost - \$1100.00 + engraving

children's hands for Memorial Plaque - \$300.00 (engraving costs are subject to change) Contact info: their hearts forever. Pat Walkey @ 250 422-3530 or

### **HELP STARTS HERE ...**



**VICTIM SERVICES** 250.427.5621 Call Anytime 24/7



JIM LARGE PROJECT MANAGER

- New Construction and Design
- **HPO New Home Warranty** Program
- Renovations and Repairs
- Insurance Restorations
- **Property Management**

250.421.7813

BOX 265 WASA, BC VOB 2KO



### **Dale Gray**

Phone: 250,422,3638 Cell: 250.421.1746 email: dale58@shaw.ca Box 245 Wasa, BC V0B 2K0

### **SYSTEMS**



- Boat Whips
- Dock Boxes
- Dock Bumpers & Fenders
- Swim Ladders
- Wood Frame Docks
- Metal Frame Docks
- Floats & All Hardware most items in stock

### Let's get FireSmart™!

 O
 C
 P
 R
 E
 P
 A
 R
 E
 B
 M
 E
 P
 H

 E
 W
 O
 E
 R
 C
 L
 E
 A
 N
 I
 A
 R
 I

 T
 R
 O
 M
 C
 O
 N
 I
 F
 E
 R
 O
 U
 S

 F
 Y
 U
 O
 B
 E
 N
 R
 E
 S
 U
 E
 N
 D

 I
 F
 G
 T
 D
 U
 E
 U
 K
 E
 E
 G
 I
 D

 R
 A
 R
 K
 C
 P
 S
 C
 A
 B
 I
 N
 N
 E
 E
 G
 I
 D
 B

 B
 B
 F
 C
 U
 I
 T
 I
 I
 I
 I
 I

ROOF PREPARE FOX **DEBRIS** DECK COMBUSTIBLE DECIDUOUS STICKS **FIRESMART** BRANCHES CLEAN WOODPILE CONIFEROUS TREES **LEAFY LEAVES** STRUCTURE **EMBER** CABIN PRUNING



### Welcome Neighbours & Visitors

Groceries Ice Cream Fast Food Cold Beer Wine & Spirits Lotto!

### Wasa Lake Gas & Food

250.422.9271

Groceries Le Cream Fast Food
Cold Beer Wine & Spirits
Recreational Gear
Lotto ATM
Gas & Diesel Propane
Wash Bay

Open Daily
Contact store for hours

Wasa 2023



Please join us for

### Show & Tell

Saturday, MAY 13 2023 11 AM to 2 PM

at the

FIRESMART
DEMONSTRATION SITE
Corner of Wasa Lake Park
Drive and School Rd

Free hot dogs and drinks plus a free rose for the 1st dozen moms!

Meet the FIRESMART mascot



Hosted by Wasa Volunteer Fire Prevention & Suppression

Firesmart, Intelifeu and associated marks are trademarks of the Canadian Interagency Forest Fire Centre.

#### DO YOU REMEMBER .....



the dock at Bummer's flats (1968)

TO THE PARTY.

the steamwheeler on the s.w. kootenay (1968)? photos courtesy of Columbia Basin Trust archives

### Wasa Lake Park Drive Cleanup

May 12@1pm

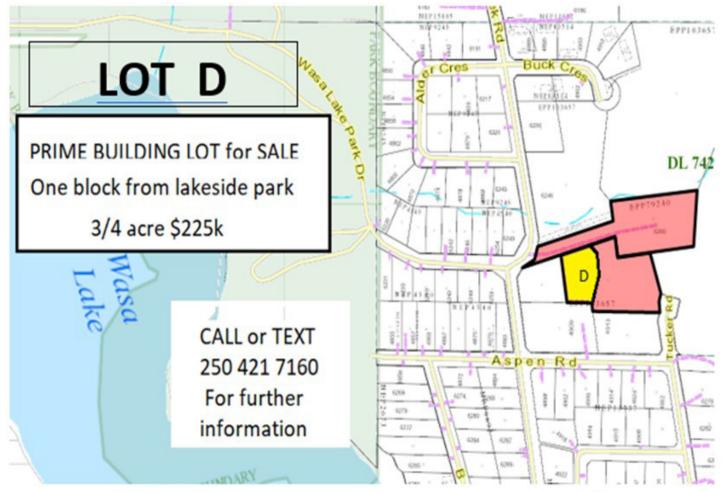
#### Meet at the Boat launch



Join the

Wasa Lake Land Improvement Trustees
in

Keeping our community clean.









Saturday & Sunday **WASA WARRIOR** 

**Saturday** 

Super-Sprint Triathlon **Sprint Triathlon TriKids** 

**Sunday** 

**Standard Triathlon** Standard Aquabike

### PROUD SPONSORS















































www.rmevents.com



# Spring Cleaning time!



Wasa Lions Club is accepting Clean,
Gently Used Donations
For the Upcoming Yard Sale



Please contact Sharon @ 250 417-7654 prinzsharon@gmail.com

No clothing or TVs accepted

0000000000000000000

### WASA VOLUNTEER FIRE PREVENTION & SUPPRESSION

submitted by Kathy McCauley

Every year, the Wasa Volunteer Fire Prevention and Suppression committee hosts a community event as one of the requirements for the renewal of our status as an official FireSmart Community. Our events have usually been formal workshops held at the Wasa Hall along with hands-on work or equipment demonstrations.

This year, we're trying something different and opting for a less formal activity with no sitting down! On Saturday May 13, the committee members will be at the FireSmart Demonstration Site, corner of Wasa Lake Park Drive and School Road, from 11 am to 2 pm for a Show and Tell, welcoming all comers with hot dogs and drinks. It's an OPEN HOUSE... minus the house.

The provincial FireSmart program mascot, EMBER, the wily little fox, will also be on hand to welcome visitors by dishing out treats to the kids and a free rose to the first dozen moms who attend. (Remember, Mother's Day is the following day!)

Oh, and incidentally... in addition to free hot dogs, drinks, goodies, and roses, we might have a few FireSmart brochures handy just in case anyone wants to know more about how to reduce the wildfire hazard on their property. There will also be a few experts there in case you have any questions. We're keeping our fingers crossed for good weather on May 13th, and looking forward to greeting many residents and visitors to the site! Hopefully, our neighbours at Lazy Lake, TaTa Creek, and Skookumchuck Prairie will join us too.

See you on May 13th!

Wasa Volunteer Fire Prevention and Suppression

PS: Community Water trailer is ready for the fire season. Check the Who To Call list in this Buzz to see what to do in case of fire in Wasa. For more general information about FireSmart, Google www. firesmartbc.ca or www.wasafire.weebly.com



### Spring

Spring appears in whispers and hushed tones, as the bellowing winter bows away.

Drowsy flowers come to attention, waking from their sleepyawning; with heads turned upward towards the sun - I watch with anticipation as... The concert begins.

### Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



For Gym Schedule please contact: Sonia Blackwell at 250.421.3019 or Rod at 250.422.3253

Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.



### Wasa Community Church



I'd sure love it if everything in life went by without pain or sadness. However, this life has much of that to throw at us. Personal sickness. Broken relationships. Loneliness. Losing people very dear to us. The list goes on. We face many difficulties. Sometimes crippling hardships that seem impossible to get over. Maybe things that a person will never fully get over. Whether

we like it or not, we go through hard times. That's the way it is, but amidst the pain and sadness, there is someone who sees us in our lows, who understands what we go though and who can bring us comfort in our distress.

When we think of Jesus, we usually associate Him with the cross that He died on, and the claim that He rose from the dead also most likely comes to mind. That's good, because those are the most important things He did. That's something every person needed because in order to be allowed into heaven, God requires nothing less than being totally perfect. Even if we try to be our very best, we've already failed to be perfect, since we've already done wrong in our lives (and actually have been sinful even before we were born, since the first man, Adam, sinned (*Romans 5:12-21*)). That's why we all needed God to come down to earth, becoming human, as Jesus Christ, to live His life perfectly and give that life up on the cross, dying the death that every imperfect person deserved (*Romans 6:23*). Now that He has died and rose again, if anyone acknowledges they are sinful, deciding to turn from their sinful ways and believe in Jesus and what He has done, they will be allowed into heaven to live in the presence of God after they die.

It is quite something to think of what Jesus went through to make that all possible. He was beaten and mocked. He was scourged. Nails were put through His hands and feet. The night before, He was so stressed about what was going to happen to Him that as He was praying, He began to sweat drops of blood. Then one of His disciples, someone very close to Him, betrayed Him. You see, even though He was God, He still encountered immense hardships. He felt all the physical pain. He went through great emotional stress. He lived facing the same obstacles that this world throws at us. Therefore, He knows what we go through in life. He gets it and He is there to be sought during rough circumstances. He is available to bring comfort and peace in times of sorrow and pain. Our difficult circumstances may change and they may not, but no matter how things turn out, in Christ there is a place of refuge and comfort to be found. If you trust Him, you will find that He will not let you down (*Psalm 62:8*).

Pastor Jon Malpass, Wasa Community Church, (250) 464-4419

### The Farmer's Almanac says ....

Canada will tend to be drier in eastern areas and wetter in central and western parts of the country. Temperatures will largely be near or above normal, but the chill may hold on longer across the Northwest Territories.

Across Canada, while the Northwest Territories are expected to be cooler than normal, the rest of the country will see near- or above-normal temperatures.

In just about everywhere except Atlantic Canada, where there will be a little less rain than usual, Canadians can expect above-normal precipitation throughout the month of May, which means the arrival of quite a few showers to help to get the green things growing.

# From the Ashram

### Words of Wisdom



## The Power of the Prayer taught by Jesus of Nazareth Part 2

This fantastic subject of the Powerful Prayer offered by Jesus to His disciples will require several fascinating articles to come. As we saw in the previous article, after teaching us how not to pray, Jesus gives the most classic prayer in the history of mankind. In the Essene books, it is called the Prayer of the Son to the Father, not the Lord's Prayer. What is the Essene interpretation? In order to better re-immerse ourselves in it, let's re-read it entirely; then we will outline the secrets contained in this sublime Prayer of Opening to the Divine. Remember that this fundamental "Our Father" prayer was given at the request of Jesus' disciples who asked, "Lord, teach us to pray" (*Luke 11:1*).

Our father who art in heaven,
Hallowed be thy name,
Thy kingdom come,
Thy will be done on earth as in heaven.
Give us this day our daily bread.
Forgive us our trespasses, as we forgive
Those who have offended us.
And don't let us enter into temptation,
But deliver us from evil.
Amen

#### "Our father"

These are the two most beautiful words ever spoken in the history of Man. They express the Nature of Divinity and man's place in the universe better than the thousands of theological books written over centuries; in fact, they announce the Fatherhood of God and the Brotherhood of Man, and they establish the relationship that exists between God and Man. These words constitute the simplest and clearest theological system, and its validity is eternal. They represent the rejection of complicated dogmas and theologies, and everything that divides Men. They are the refutation

of all false theories based on the superiority of one race over others. of one class or religion over others. They represent an absolute rejection of all errors committed by men, who have deviated from the law that established the Fatherhood of God and the Brotherhood of Men. The powerful words "Our Father" provide a measuring stick by which to tell right from wrong, and to recognize the tree by its fruit. If the tree does not create harmony between Man and his Brothers, Woman and her Sisters, then it is good to burn. These words help us to know what systems of thought and movement are in harmony with the eternal principle of the Fatherhood of God and the Brotherhood of men.

In saying "Our Father", Jesus directly proclaims the great (and only) valid dogma of the Unity of the Divine, the Unity of God, Who is One and the Same for all and Who surpasses all religious supremacy. It is this evidence of the Unity of the Divine for all that we regularly celebrate in our Ashram, remembering that the God perceived or conceived of on our Earth is not and cannot be superior nor inferior to the God who would be perceived or conceived of by another civilization on another planet of the starry cosmos.

"Our Father" expresses the most beautiful relationship that can exist between the Creator and Man. In order to understand the meaning of these words, we must remember what they meant when they were first spoken in the East. The relationship between father and son was very different than what it has become today. In our current materialistic and artificial civilization, the family unit is no longer what it was in past times. The average modern family is not an organic unit, but a temporary meeting place for the different members of the family, who see each other once or twice a day while all carrying out different activities with different interests. The

organic and dynamic unity of the family as it existed in the past has disintegrated in recent centuries with the introduction of technological civilization. The family has lost its spiritual, moral, intellectual, and material unity; it has become Godless, automatic and mechanical. just as our entire culture has. The inner harmony that once existed in the family group has nearly vanished. In ancient times, the family was a true unit, including economically. The Bible shows us members of the family working and living together, meeting the basic needs of life together, studying the moral and spiritual traditions of the nation together. The sons learned from their fathers, they worked and lived alongside them. Every day, in the house, in the garden or in the fields, the sons learned something new, whether from the material, moral, intellectual, or spiritual standpoint. The Christ, Jesus, bears witness to the reality of the Eternal Father through His great father-son metaphor.

Nowadays, it is important to emphasize in equal measure that Mary, the Mother of Jesus, was "the Divine Mother", having even been called the "Mother of God". So, for the feminists or defenders of one gender over another, it is good to remember that the Patriarchy and Matriarchy are perfectly balanced in the Christian Tradition. Thus, when the great Essene Master Jesus expressed the Nature of Divinity and the relationship of Man with the Creator, he resorted to the word "Father". And by this, He built the figure of the Spiritual Father, the cosmic Father, the Father to all.

We'll see next time why Jesus goes on to say "Our Father who art in heaven".

May the Lord bless us all.
With Love and Prayers to each of you.
Sincerely yours.

H.H. Gurudev Hamsah Nandatha

16 - ISSUE 261 - May 2023 - TRI-VILLAGE BUZZ

### YOU ARE WELCOME TO



@ Wasa Community Church

Saturday, May 6th, 2023 1:00 pm - 3:00 pm

Suggested Donation of \$5.00 per person

Everyone Welcome



### **Bearspray - Fact & Fiction**

One misconception about the use of bear spray is the illustration of extending your arm straight out at right angles to your body to spray. This goes against bear behaviour and the EPA guidelines. Bears charge on all fours, low to the ground and running to gain speed. When you aim the spray, it needs to be at a downward 45 degree angle, to distribute the spray towards and around the bear. You don't want to shoot the spray over the bear's head. Going outward of 25-35 feet, you're getting a cloud with a diameter of about 8 feet, so it's quite wide. You want to get the mass of that spray out where they'll inhale it and it will get in their eyes,

so you want to aim it more downward at 45 degrees.

Another misconception is that you can use pepper spray in place of bear spray. You cannot. Pepper spray contains a different formulation that is weaker and not as effective. And there's the issue of volume - you will not find a large enough can of pepper spray to give you the coverage you may need or the distance to keep you safe.

Though bear spray is labelled a repellent, you cannot use it on your clothes, etc. in order to deter a bear from coming too close. It also is not useful to spray it around a campsite with the hope it will keep bears from coming in. It simply does not work this way.

#### Tips:

- If you are travelling in a group, more than one person should be carrying bear spray.
- Keep it within reach.
- Know how to disperse bear spray. First, you need to depress the actuator tab for a burst of spray. Aim at the face and eyes of a bear. Depress the actuator tab long enough to create a barrier of spray between you and the bear. Stop to evaluate the impact of wind and other factors and adjust your aim if needed before spraying again.
- Use an approved spray. Check the expiry date. Buy a spray that reaches a minimum of 25 feet and last for 6 seconds.
- If you come across a carcass in the wild that you should move along quickly. It may be one that a bear is heading toward or protecting for a later meal.
- Know the area you're heading into, what kind of wildlife you may encounter, etc.

https://gearjunkie.com/hunting/bear-spray-myths-tips



We wanted to let you know about a change to the BC Building Code that will be implemented on May 1, 2023.

This change will require all new homes built in the province to meet Step 3 of the BC Energy Step Code. Currently, the RDEK is in Step 2. To comply with the BC Energy Step Code, builders must do an energy model at the design phase and conduct on-site testing to demonstrate

that both their design and the constructed building meet the requirements of the standard. These building code changes enable 20% better energy efficiency over the base 2018 BC building code and provide an opt-in Zero Carbon Step Code.

To learn more about these changes, visit the BC Energy Step Code page on our website - https://www.rdek.bc.ca/departments/development\_services/building/bc\_energy\_step\_code

For questions, please contact:

Kenley Barros



Building Supervisor RBO kbarros@rdek.bc.ca (250) 489-2791





### TRI-VILLAGE BUZZ NEWS TEAM

#### **Editor**

Lori Vandette - 250.417.1570 trivillagebuzz@gmail.com

### Treasurer/Invoice Coordinator Norma Williams

#### **Website Coordinator**

Clay Tippett

#### **Article Submitters**

Kate Kelly
Terry Marvel
Nowell Berg
Kathy McCauley

Nicky Popowich
Jane Walters
Jon Malpass

Ven. Gurudev Hamsah Nandatha

### **Advertising Rates Per Issue**

Wasa, BC V0B 2K0





### **IN WASA**

# WHO DO YOU CALL?

In a fire emergency, first call BC Wildfire 1-800-663-5555 or \*5555 on a cell phone.

Then call these Wasa volunteers until someone answers.

Mike Gall 250-417-9422 Lyle Zaksauskas 250-421-2650 Bill Walkley 250-427-1049 Sharon Prinz 250-417-7654 Darcy Tagg 250-417-6617 Kathy McCauley 250-427-6637

The people listed are members of the Wasa Volunteer Fire Prevention and Suppression committee. In the event of fire, they will arrange to activate the community water trailer and call others with water trailers to help.

The aim is to prevent fire from spreading, NOT to put out house fires.

The community water trailer is only available mid-April to mid-October. It does not operate during freeze-up months.

### May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MOTHER GOOSE DAY	Wasa Lion's Mtg 7 pm	3	4	5	6
Church 10:30 am	8	9	WLLID's Mtg 7 pm	11	12 LIMERICK DAY	13
Church 10:30 am	15	<b>16</b> Wasa Lion's Mtg 7 pm	17	18	19	20
Church 10:30 am	Oictoria	23	24	25	26	27
Church 10:30 am	29	30	31  Happy Smile Day			

REEND

Church Service 10:30 a.m. Lions 7 p.m.

Quilters 10 - 4 Tops; friday 9 a.m.

Lion's meetings 1st & 3rd Tuesday of every month



-		•
1	Ashram Meditation & Yoga	
	BC Wildfire*5555or	
LANCE	Catamount Contracting	
Ž,	Conservation - Emergency	
٩I	Cranbrook/Kimberley Hospice	
닖	Econobuilt	
ΨĮ.	EMERGENCY1.800.6	
⋖ı	Hi Heat Insulating	
⊢'	HD Railings	
AT	Kootenay Kwik Print	
ึง	Kootenay Monument Installation	
ERS	Lantz Farm (Hay)	
	Rascal Dock Systems	
UMB	TOPS778.524.0012. Wasa Country Pub & Grill	
5.		
Z	Wasa Hardware & Building Ctr	
	Wasa Hardware & Building Ctr Wasa Lake Gas & Food	
	Wasa Lions Med Eqp250.417-7 Wasa Lions Trail Donations	
- 1	Wasa Lions Trail Donations Wasa Memorial Garden (Pat Wal	
- 1	•	• •
Q	Wasa Post Office	250.422.3122