



FREE MONTHLY PUBLICATION

TRI-VILLAGE BUZZ

April 2024 ISSUE 270

Visit: www.wasalake.com

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Looking Forward to Another Drought Year?

Remember last summer? Super-hot days, no rain, forest fires all around us, concerns about the water levels in our wells? This year is likely to be a repeat - if we're lucky.

Knowing this, we have a responsibility to do everything we can to limit our water use to essentials. All of us - permanent and seasonal residents alike.

And a creative way we can do that is to downsize or eliminate our lawns to reduce our water usage. Some alternatives are:

- Native plants
- Ornamental grasses
- Wildflower meadow
- Drought-friendly grasses
 - Tall fescue and fine fescue
 - Buffalograss
- Ground covers
 - Sedum
 - Creeping thyme
 - Dutch white clover



Native plants vary from region to region - some of ours are maiden-hair fern, kinnikinnick, nodding onion, pacific bleeding heart, sitka columbine, woolly sunflower, yarrow, satin flower and shooting star.

Wildflowers thrive in nutrient-poor, sandy soils exposed to a lot of sun. Planting a wildflower meadow can transform your dry lawn into a gorgeous, colorful field — and you can ditch the mowing, fertilizing, and harsh chemicals. An additional bonus is the benefit to the pollinators. Pollinator gardens not only can provide nectar for butterflies and other insects, but also will help to support the caterpillar stage of butterflies and moths if you add their native host plants.

Native host plants are the plants where butterflies and moths lay their eggs. They're important because those plants are what a new caterpillar will start to eat after it has hatched.

Plants produce food for birds that sip nectar, harvest berries and munch on insects. And native plants offer more than food—they provide important habitat year-round.

If you don't want to lose the green lawn look, tall fescues and buffalograss have you covered. In addition to saving you from constant watering, they'll reduce your carbon footprint:

continued on pg 3

LITTER LASTS THIS LONG

CIGARETTE BUTTS.....1-5 YEARS
ALUMINUM CANS.....80-100 YEARS
ORANGE PEELS.....UP TO 2 YEARS
PLASTIC BAGS.....10-20 YEARS
GLASS BOTTLES.....1 MILLION YEARS
TIN CANS.....50 YEARS
WOOL SOCKS.....1-5 YEARS
PLASTIC BOTTLES.....INDEFINITELY

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Editor's Corner

Apparently we had a very controversial topic in last month's Buzz. Which resulted in me receiving a phone call from a very irate member of SD6, demanding to know who submitted the article. I had promised anonymity - and will continue that policy with the identity of the caller.

Needless to say, I was taken by surprise at some of their statements and accusations. I apologized profusely for any misunderstandings of information published in the Tri-Village Buzz and stated I would be happy to publish their rebuttal. At this time I have received no other communication from them.

Going forward, however, there will be no further statements published in the Buzz that do not have legitimate sources to back up the "facts". I genuinely strive to make this Newsletter a source of community information, to entertain, inform, and educate. And I will be more vigilante to that end in the future.



Just a quick reminder that the RDEK will be implementing updates to its Building Bylaw and application process starting next month.

Two of the updates include an additional stage of inspection and an amended fee structure. Starting April 1, 2024, there will be an excavation and footings inspection prior to concrete placement.

Additionally, a non-refundable fee will be required at the time of application submission. This cost will be deducted from the total building permit fee once the application is approved. The goal is to partially recover the costs for incomplete applications, applications that cannot be approved, or applications that are cancelled prior to issuance.

For more information on these updates, contact: Kenley Barros, RDEK Building Supervisor

(250) 489-2791

kbarros@rdek.bc.ca

Thanks, and have a great day,

Lindsay

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Lotto ~ **ATM**

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VOLUNTEER WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. Take a look at the list below and call existing members to see where you can help out.

Wasa & District Lions Club, Wasa Recreational Society, Tri-Village Buzz Newsletter, Wasa Gym, Wasa Lake Land Improvement, Wasa Pancake Breakfast, Wasa & District Historical Association/ Garden Group are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

Volunteering is a work of heart."

continued from page 1 - You won't have to mow as often or use as much fertilizer and herbicide. For a low-maintenance, plant-filled lawn, ground covers give you the best of grass without the hassle of mowing and constant watering. With drought-tolerant ground cover plants, you'll still need to water, but not nearly as frequently as with turfgrasses.

There is also the alternative of a no-plant option; pea gravel, decomposed granite, etc. Not recommended as it increases the area temperatures, whereas plants will lower area temps.

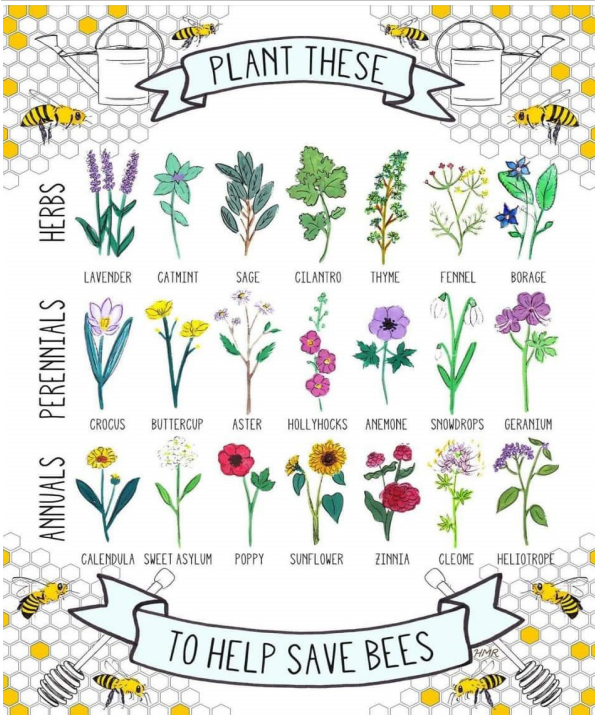
Personally, we are in the process of transforming our front lawn into a “pollinator paradise”. Our plans include a pond, flower beds, mini-rock gardens, deciduous trees, seating areas to stop “and smell the roses”. It’s a project for sure! But I discovered last year that our current ‘pond garden’, with its established plantings (well mulched) took far less watering than the lawn. And bloomed until the snow fell. With the added bonus of being able to watch birds, bees, and butterflies enjoy the area as well.

We all have a responsibility to keep the ecosystem healthy, conserve water, and encourage pollinators (without them we perish). Every. One. Of. Us.

<https://lawnlove.com/blog/drought-tolerant-grass-alternatives>

Reasons to Plant Native:

- Supports the entire native ecosystem which evolved with those native plants
- Reverses the rapid decline of insects/birds/mammals by providing them with the native plants that they recognize and live off of
- The baby birds are starving! native plants support the caterpillars and insects to feed baby birds. The baby birds do not eat seeds or nectar from feeders. Don't kill the butterflies! Butterflies need specific host plants and trees to reproduce. And fallen leaves to survive the winter.
- Native plants increase biodiversity, help prevent soil erosion and help manage storm water
- Easy care, doesn't need or want fertilizer, no pampering necessary! Re-seeds naturally.
- The “cost” of a traditional turf lawn in time, energy and treatments which are ultimately harmful to our ecology, creating runoff problems and killing important insect populations - bugs that we ultimately need to survive.



Instead of:	Plant:
Baby's breath	filigan russian sage, german statice, sea lavender, pearly everlasting
Bachelor buttons	blue flax, nodding onion, purple cone-flower, showy daisy
Butterfly bush	blue elderberry, lewis mock orange, meyer lilac, red flowering currant
Cypress spurge	cushion spurge, wood spurge, yellow ice plant, lance or broad leave stonecrop
English holly	red elderberry, oregan grape
English ivy	boston ivy, western honeysuckle
Foxglove	larkspur, monkshood, liatris, beardtongue
Mountain bluet	clustered bellflower, nodding onion, sea lavender, wild bergamot
Russian olive	blue elderberry, pacific ninebark, wolf wil-low, scoulers willow
Tamarisk	birch leaf spirea, smoke bush

Spring Cleaning time!



**Wasa Lions Club is accepting Clean, Gently
Used Donations
For the Upcoming Yard Sale.**



Please contact
Sharon @ 250 417-7654
prinzsharon@gmail.com

No clothing or TVs accepted

Four new in-depth projects receive support from Columbia Basin Trust

Making changes to ecosystems in the Columbia Basin takes time, which is why four organizations are undertaking long-term projects to create significant, positive impacts. These projects are being supported by Columbia Basin Trust.

“Large-scale projects of this size can make big differences when it comes to ecological health and native biodiversity,” said Johnny Strilaeff, President and CEO, Columbia Basin Trust. “Maintaining, improving, enhancing, restoring—these are some of the goals when it comes to taking care of the vital landscapes and waterscapes that make up this region’s natural spaces.”

This latest intake of the Ecosystem Enhancement Program is providing nearly \$2 million for four projects from around the Basin. To date, the program has supported 31 projects with \$16.6 million since 2017. See all projects at ourtrust.org/eep.

In addition, the Trust is providing \$257,000 for four smaller-scale and shorter-term projects—also prioritizing on-the-ground action—that intend to improve ecological health and native biodiversity. Here are the latest recipients:

Natural processes to return to Bummers Flats

In the 1970s, Ducks Unlimited Canada (DUC) enhanced Bummers Flats near Fort Steele to stabilize water levels to improve waterfowl breeding habitat. Alongside partners like ʔaḡam, The Nature Trust of British Columbia (NTBC) and the Province of BC, the organization is now taking a further step by re-activating the natural flooding of the Kootenay River within the Bummers Flats Conservation Area Complex, managed by DUC, NTBC and the Province. Activities include removing dikes and ditches and re-establishing natural inlets and outlets to the river. The five-year project will positively impact ecosystems along the river, improving habitat for species like the Columbia spotted frog and the at-risk northern leopard frog.



“The project vision is to return Bummers Flats to a naturalized, self-sustaining ecosystem, driven by natural flood pulses and processes,” said Matthew Wilson, Head of Conservation Programs. “Dynamic processes will create a mosaic of wetland habitats with varying characteristics, enhancing the landscapes for many native species, including plants, invertebrates, amphibians, birds and mammals.”

Bighorn sheep and others get better room to roam

Rocky Mountain bighorn sheep, Rocky Mountain elk, white-tailed deer, mule deer and American badger—all these species and many more rely on the habitat contained in the Bull River Grassland Corridor and surrounding conservation land complex, located in the East Kootenay. To enhance this important Nature Trust of British Columbia (NTBC) Conservation Area and wildlife corridor, NTBC is undertaking a five-year project to restore 28 hectares of dry open forest and grasslands. Activities include thinning the forest, creating wildlife trees and controlling invasive plants.

“Forest thinning will seek to mimic historic, fire-maintained conditions, increasing the quantity and quality of the forage available for ungulates and improving sightlines to support free movement and avoidance of predators,” said Michelle Daniel, Senior Field Operations Coordinator. “It will also restore areas of native plant diversity and habitat for a variety of wildlife that depend on dry, open forests.”

For additional projects please visit: <https://ourtrust.org/enhancements-focus-on-ecosystem-health/#:~:text=Bummer%20Flats%20near%20Fort%20Steele,to%20re%2Destablish%20wetland%20habitats.&text=Making%20changes%20to%20ecosystems%20in,to%20create%20significant%2C%20positive%20impacts>.



WLLID Board Report

WLLID is mandated to monitor the quantity and quality of water at Wasa. The up coming water season will start in late May or early June when freshet begins. The snow pillow at Flow Lake is currently 82% of normal, which is similar to that of last year.

Ice off is late this year compared to 2023.

If you would like to volunteer for the water crew that conducts weekly testing, then please drop an email to admin@wasalake.ca.

The next WLLID Board meeting is April 3, 7pm at the hall. Meetings are open to the public.



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Wasa & District Lions Club
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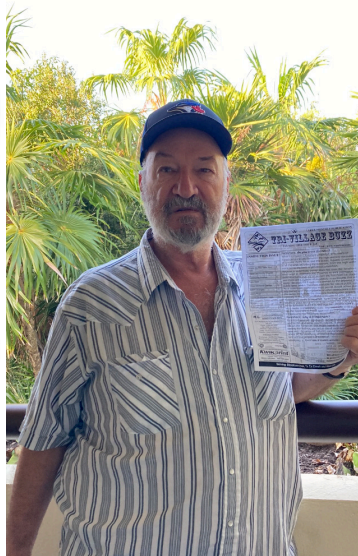
6379 HIGHWAY 95A
TA TA CREEK, bc

250.422.3414
1.800.477.9996

info@kootenaymonument.ca



Sonia and Rick Blackwell
enjoyed their trip to Cancun,
Mexico so much the first
time they had to go back!



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Northern Lights:

250.877.1181

or Kim Balcom: 250.602.9693





Are you interested in First Aid
Training?

*May 5/ 24 noon to 4 pm
@Wasa Lions Grounds*

The Wasa Lions Club is
sponsoring a 4 hour Basic
First Aid CPR A Course for
up to 10 community
members.

Contact 250 417-7654
for further information and
registration.



Wasa Community Church

'A Friend Beyond the End'

I was struck the other day while preparing for one of my sermons at something I noticed in the last letter Paul wrote, what we call 2nd Timothy. He's writing about how one of his fellow workers has completely abandoned him and how others were away on missions. It is thought, traditionally, that he was executed not long after writing this letter, being beheaded under the reign of terror that Nero brought to the people. The tone of his letter suggests he knew this was coming. He was writing to Timothy to come and visit him, perhaps bringing along Mark if he could. We never find out whether they make it to him or not. However, what struck me, was that one person still remains with him. Paul writes, ***"Do your best to come to me soon. For Demas, in love with this present world, has deserted me and gone to Thessalonica. Crescens has gone to Galatia, Titus to Dalmatia. Luke alone is with me"*** (2 Timothy 4:9-11a ESV). There is a possible strategic reason for Luke, the writer of the 3rd Gospel in our New Testament, as well as the book of Acts, to be the one remaining with him, as he was a physician likely able to help an aging Paul. However, under the threat of Nero's persecution, while others like Demas ran, Luke stuck with Paul until what seems to be his end. A picture of true brotherhood and care.

There's a Proverb (18:34) that says, ***"A man of many companions may come to ruin, but there is a friend who sticks closer than a brother."*** What happens when the goodbyes roll in? What happens when friendships break? What happens if every person close to you is gone? Well, in Christ, there is a better friend than even Luke. Christ says, ***"Greater love has no one than this, that someone lay down his life for his friends"*** (John 15:13), and that's what Christ did in the greatest way. The punishment that we deserved because of our sin, He took upon Himself. He died for our sin, He rose again and He paved the way for us to be forgiven, justified and to enter eternal life, not by working our way there, but through genuinely trusting in His Lordship, death and resurrection. We come to God through repentant faith rather than incompletable deeds. He makes the way attainable. Plus, before the array of heaven, while we're still here on the earth, whether we have few friends or many, He remains by our side always. Let me conclude by simply sharing two psalms:

34:18 – ***The Lord is near to the brokenhearted and saves the crushed in spirit.***

145:18 – ***The Lord is near to all who call on him, to all who call on him in truth.***

May you cherish the imminence of the Greatest of Friends.

Pastor Jon Malpass, Wasa Community Church, (250) 464-4419

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Support Local Scholarships &
Lions Grounds Maintenance





Wayne Donald Meena

September 16, 1946 - January 11, 2024

Wayne passed away peacefully at the Cranbrook Regional Hospital after a short battle with lung cancer.

He will be deeply missed by his wife of 53 years Bonnie, his children Gerald Meena and Candy Afonso (Glen), grandchildren Steven Phillips, Janis Larson (Austin), Alex Afonso (fur babies), Tianna Kozub (Yuri), Skye Hewer (Tyson), Trinaty Mariash (Garrison) and Thomas Meena, great-grandchildren Jaelin, Aviana & Violet Larson, Kannan & Olivia Sinhart and Hudson Pirz, as well as numerous nieces and nephews.

He was predeceased by his parents Tom and Anne Meena, brothers Earl & Armand Meena, and grandson Christian Mariash-Meena.

Wayne's family would like to thank the Emergency & 2nd Floor Doctors and Nurses for their care during his stay. Thanks to his Family Doctors Dr. H. Buchar & Dr. K. Shope for taking care of him throughout the years.

Please join the family in Wayne's Celebration of Life.

Where: Wasa Community Hall

When: April 20, 2024@ 2pm

Please stay and reminisce about Wayne there will be Snacks and Refreshments to follow.



**The Lions Den
Lions Roar**

Wasa & District Lions Club – Serving Wasa & Area since 1976

submitted by Terry Marvel

I do believe spring has sprung to a certain degree. The swans and geese are back and looking for open water and there have been sightings of robins, the sure signs that warmer weather is on it's way. Maybe not quite shorts weather yet (I still have my long johns handy ha ha), but time to get those seeds started for planting outside soon.

The Lions have not been too busy as of yet, but there are things in the works. The annual Highway Cleanup is to be held April 20th, weather dependent, and all members of the community are welcome to participate. Wear good walking shoes or boots and gloves. High Vis vests, pickers and bags are provided. Meet at the Lion's Grounds at 10:00. More people, less work! The area is from the north turnout garbage cans to the church turnoff. Come out and enjoy the spring!

The Wasa Lions are hosting a first aid course May 5, 2024 at the Lions Grounds. It is a CPR course for up to 10 community members. Phone 250-417-7654 to register. It is a good basic course that could save someone's life.

As always, the Lions are happy to take your recyclable bottles and cans for our scholarship fund and maintenance costs. No garbage please!

We are looking into solar panels to be installed at the Grounds to help offset the costs of maintaining the grounds. A CBT grant will be applied for to cover some of the cost.

A possible spaghetti dinner was proposed for later this year. More on this next issue.

And that's a wrap for the month of April 2024. Have a great month and don't forget, the Lions are always looking for more members for the greatest service club in the world.

Wasa Lake User Traffic Study Update

As you may be aware, during the summer of 2023, Living Lakes Canada received a grant through the RDEK Area E Discretionary Grant-in-Aid program to conduct a user traffic survey on Wasa Lake. The purpose of the report was to gain a better understanding of lake usage, including the volume and types of watercraft using the lake.

The Wasa Lake User Traffic Survey has been shared with RDEK's Wasa / Ta Ta Creek / Skookumchuck email group. It was also shared with the Board under correspondence as part of the March Electoral Area Services Committee Agenda.

For those who are not on the email group and would like to review the report, a copy can be viewed on the RDEK's website. Here are the steps:

- Go to www.rdek.bc.ca, go to the Meetings/Minutes tab and choose Agendas & Minutes from the dropdown menu
- Scroll down and click on Electoral Area Services Committee under the Past Meetings tab at the bottom of the page
- Click on the March 7th Meeting

You'll see the report on item 6.4 under Correspondence. If you have any questions or concerns call me at 250-427-2577 or email me at s.janewalter@gmail.com

Thank You, Jane Walter



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Have you ever met a funny sewing machine?
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Wasa Lions Grounds Rentals

Contact Person: Linda Gold @ 250 421-6302



2024 Drought and Water Management Workshops

The Ministry of Agriculture and Food is working with the Ministry of Water, Land, and Resource Stewardship to improve our communications with producers about how we can best prepare for drought and how water management decisions are made during drought conditions.

The Province is hosting upwards of 30 in-person and online information sessions throughout B.C. from February to May 2024. Locations and dates are updated regularly, please check this page often for updated information: <https://www2.gov.bc.ca/gov/content/industry/agriculture-seafood/agricultural-land-and-environment/water/drought-in-agriculture/2024-drought-and-water-management-workshops>

Two types of workshops are being offered:

Agricultural Water Management Workshops: this series aims to assist producers in optimizing irrigation systems, explore options for on-farm water storage and get tips for using and managing water on your farm, especially during times of water scarcity. Delivered by certified irrigation designers, these workshops aim to provide producers with the tools and information they need to improve their on-farm water use.

Decoding Drought Management Engagement Sessions: this series is designed to improve awareness of the supports available to producers to prepare for and reduce the impacts of drought and to build understanding within the agriculture sector about B.C.'s legislative framework for water management including regulatory tools and decision-making under the Water Sustainability Act (WSA). Workshops will be co-delivered by staff from the ministries of Agriculture and Food, and Water, Land and Resource Stewardship.



WASA VOLUNTEER FIRE PREVENTION & SUPPRESSION

submitted by Kathy McCauley

Fire season 2024 is just around the corner and the time to prepare is NOW!

The Firesmart Board held their first meeting of the year on March 14 and we have already set things in motion for the upcoming spring and summer. The community water trailer will be operational by mid-April so if you spot a fire, call any of the numbers listed on the WHO TO CALL brochure. These important brochures are available in every Buzz and at the Wasa Post Office and Hardware Store.



It's time for home-owners to continue working to reduce wildfire hazards on their property by trimming trees, cleaning up dead pine needles, and junk/brush piles in their yards. The most effective ways to reduce the fire hazards are actually easy; simply eliminate flammable materials on the ground and reduce the density and proximity of trees and brush to your home. If there is enough interest, free chipper service can be arranged to haul away all your woody debris as you clean up your property. Let us know if you want it!

Mark Saturday, May 11, 2024 on your calendars for Wasa Community Wildfire Preparedness Day. The Firesmart Board will host a free barbeque at the Demonstration Lot on the corner of Wasa Lake Park Drive and School Road. Learn more about how to Firesmart your home and check out our brand new interpretive signage.

To download the Firesmart Homeowner's Manual or for more general information, go to any of these websites www.wasa-fire.weebly.com and www.firesmartbc.ca

To contact the local Firesmart Board email kathyemccauley@gmail.com

We are grateful to the Regional District of East Kootenay, Columbia Basin Trust, and Firesmart Canada for their on-going support and guidance.



**BRITISH COLUMBIA
FireSmart**

GREAT NEWS - WASA LAKE IS BACK ON THE MAP!!

The Community Connector Bus Will Now Pick Up Wasa Residents bound for Cranbrook Tuesdays and Thursdays at 10:30 at Gas Station - Return from Cranbrook Hospital, 3 pm Tuesdays and Thursdays stopping at the Gas station 3:30. This bus continues up to Golden if you need. **Price is \$2.50 each way.** Medical patients have first priority. If there is room, others can ride this bus.

Phone 250.427.7400 to Book your ride.

FIRE!

IN WASA

WHO DO YOU CALL?

In a fire emergency, first call BC
Wildfire 1-800-663-5555 or *5555 on a
cell phone.

Then call these Wasa volunteers until
someone answers.

Mike Gail 250-417-9422
Lyle Zaksauskas 250-421-2650
Bill Walkley 250-427-1049
Sharon Prinz 250-417-7654
Kathy McCauley 250-427-6637

The people listed are members of the Wasa
Volunteer Fire Prevention and Suppression
committee. In the event of fire, they will
arrange to activate the community water
trailer and call others with water trailers to
help.

The aim is to prevent fire from
spreading, **NOT** to put out house fires.

The community water trailer is only available
mid-April to mid-October. It does not operate
during freeze-up months



TOPS SPOT

submitted by - Sonia Blackwell

Loosing as little as 20 pounds can make a significant difference to your health. Houston surgical specialists have found 25 surprising benefits of weight loss.

Losing weight can have a positive impact on nearly every aspect of a persons life.

- 1) More energy- weight requires the body to use a lot of energy. Energy levels can skyrocket with weight loss.
- 2) Fewer headaches or migraines, a lot may notice these symptoms slowly vanish as they drop pounds.
- 3) Stress may disappear- Foods with high fat, sugar and salt, especially processed carbs can trigger high levels of cortisol (the stress hormone)
- 4) Balanced mood- Exercise tells the brain to release feel good chemicals like endorphins leading to a more balanced mood and positive attitude.
- 5) Work gets easier- when you feed your body the right vitamins and minerals, this could improve cognitive function making jobs seem a lot less overwhelming.
- 6) Better immune system- Added weight puts a lot of stress on immunity. Loosing weight helps support the immune system and improves overall health.
- 7) Clearer skin- High sugar foods and simple carbs put the kidneys and liver through a lot of stress. Improving diet takes pressure off the body's filtration system which means clearer skin and healthier hair.
- 8) Better sleep- After losing weight people tend to sleep throughout the entire night and experience higher quality sleep.
- 9) Food starts to taste better- Salty foods desensitize flavour receptors on the tongue. With healthier diet, foods will taste much better.
- 10) New found respect- When people make a decision to lose weight, they usually experience a new found respect for themselves. Respect translates into other relationships. They tend to socialize more.
- 11) Improved organizational skills- Monitoring physical activity and eating behaviour helps home organiza-tional skills.
- 12) Learning to cook- Adapting a healthy diet requires cooking. As people lose weight, they'll learn new reci-pes and new techniques in the kitchen.
- 13) Mental clarity- Unhealthy amounts of salt and sugar can screw up the brain chemistry leading to fog. This tends to vanish as people lose weight.
- 14) Improved sex drive- Weight loss boosts testosterone production leading to better libido.
- 15) Daily tasks get easier- Benefits of weight loss impact every part of life. Sitting, standing, going up the stairs, these are all immensely easier with less weight.
- 16) Better memory- The brain requires adequate vitamins and minerals to function. When people lose weight they tend to consume better foods with higher antioxidant levels resulting in improved memory capabilities.
- 17) Reduced need for prescription medications- Better overall health means reduced need for blood pres-sure, cholesterol, diabetes or mental health medications.
- 18) Exploring new goals- Losing weight changes lives. Some people may feel compelled to explore new career paths or make big life decisions.
- 19) Balanced hormones- At a moderate weight, the thyroid can function more efficiently which promotes bal-anced hormones.
- 20) Reduced joint pain- Less weight means less stress and inflammation on the knees, elbows and hips.
- 21) Enjoying new activities- The benefits of weight loss aren't restricted to physical health alone, losing weight opens up a new world of activities that were previously impossible.
- 22) Turning down junk food- The body will crave healthy food instead of chips, candy and other junk food. After losing weight people tend to turn down the birthday cake and fries.
- 23) Less sweating- The body sweats a whole lot less with less weight.
- 24) Less doctor appointments- Improved cardiovascular health means less doctor appointments.
- 25) Reduced hunger- When people feed their bodies healthy food full of nutrients, they are less likely to feel hungry throughout the day. Less weight also means the body requires less calories to function properly.

Since my weight loss I have found these benefits to be true. I eat healthier, I'm no longer on medications, have more energy, can do more exercise and outdoor activities and I have a more positive attitude and out-look on life.

**AN OPPORTUNITY TO SERVE
YOUR COMMUNITY**

Wasa Lions is a fun way to give back to your community.

It's About Fundraising

- Annual Christmas Dinner/Dance/Raffle
- Yard Sale/ Pancake Breakfasts
- Bottle Recycling
- Gran Fondo/ Triathlon
- Lions Grounds Rental



It's About Giving

- Wasa Lions Path/Skating Rink
- Tennis & Basketball Courts
- Pickleball Courts
- Ball Diamond
- Scholarships
- We Care We Serve community funding
- Medical Loan Cupboard
- Eyeglass & Hearing Aid Recycling



It's About Fun & Socializing

A Great Reason to become a Lion!
For Information call 250 422-3210

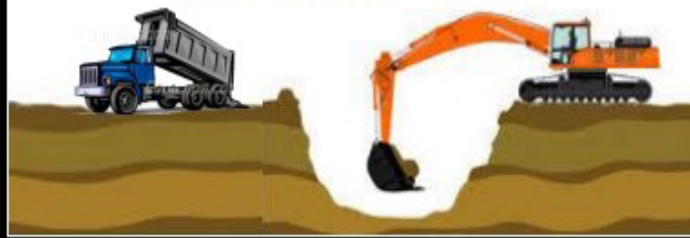
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Wasa Hall Library Room

1 hour Focused \$100
2 hour Full \$150

Call or text
778-866-8477

Book by email

DarleneTLChealingHands@gmail.com

Just LIQUID SPORTS WASA LAKE Triathlon

JUNE 9th

Join us at the beautiful Wasa Lake Provincial Park in Cranbrook, B.C. at the base of Rocky Mountains, in June for the Wasa Lake Triathlon & Events, powered by Just Liquid Sports. This event is held annually on the 2nd weekend in June. This year, we're proud to be a Youth BC Games Qualifier Event.



PROUD SPONSORS



Register @ www.rmevents.com

Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" – no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



For Gym Schedule please contact:
Sonia Blackwell at 250.421.3019 or
Rod at 250.422.3253

Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.

GYM HOURS AND INFO

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Contacts?

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Trinda 250 793-9491

Jocelyn 250 505-4752

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Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Kate Kelly

The Garden is still rather damp but as it begins to dry, we will be looking for volunteers for the Spring Clean. Please watch the Wasa Facebook Groups for a date. As well, we are still in need of a couple of volunteers to fill the summer schedule. If you enjoy gardening & have been looking for a way to connect with neighbors in the community, please contact Sherry Shields at her email address: slshields27@gmail.com



2023 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels - \$1000.00 + engraving

Bottom Row - \$900.00 + engraving

UNIT 2 Columbarium (new)

Niche cost - \$1100.00 + engraving

Niche Engraving - \$275.00

Memorial Plaque - \$300.00

(Engraving costs are subject to change)

Contact info:

Pat Walkey @ 250 422-3530 or

pwalkey@shaw.ca



April showers bring May flowers

~unknown



Church bulletin board

The following appeared in church bulletins or were announced at church services.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

The church will host an evening of fine dining, super entertainment and gracious hostility.

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

At the evening service tonight, the sermon topic will be 'What is Hell?' Come early and listen to our choir practice.

Don't let worry kill you off – let the Church help.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

Miss Charlene Mason sang 'I will not pass this way again', giving obvious pleasure to the congregation.

This evening at 7pm there will be hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.

For those of you who have children and don't know it, we have a nursery downstairs.

Low Self-Esteem Support Group will meet Thursday at 7pm. Please use the back door.

The Rector will preach his farewell message, after which the choir will sing 'Break Forth Into Joy'.

The Associate Minister unveiled the church's new tithing campaign slogan last Sunday: 'I Upped My Pledge – Up Yours.'

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

This being Easter Sunday, we will ask Mrs Lewis to come forward and lay an egg on the altar.

Potluck supper Sunday at 5pm – prayer and medication to follow.

Compiled by Max Bowen

COFFEE SOCIAL

Wasa Community Hall

Thursday, April 18, 2024

1:00 pm to 3:00 pm



**Come out and enjoy a
coffee and treats
with friends and neighbours
of the community**



Hosted by Wasa Community Hall and Tri-Village Volunteers

*Spring appears in whispers and hushed tones,
as the bellowing winter bows away.
Drowsy flowers come to attention,
waking from their sleep- yawning;
with heads turned upward towards the sun-*

unknown

13
APR

Prizes

*Face
Painting*

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MICHAEL**

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darleneTLChealinghandse@gmail.com

TIME

2:00-

6:00PM

TICKETS

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\$25/

FAMILY

LOCATION

WASA

COMMUNITY

HALL

YOU ARE WELCOME TO



Join Us

FOR A



*Spring Tea
and Bake Sale*

@ Wasa Community Church

Saturday, May 5th, 2024

1:00 pm – 3:00 pm

Suggested donation of \$5.00 per person

Everyone Welcome

Put your name in for a gift basket / door prize!

*"Spring is here!", said the bumblebee. "How do you know?" said the old Oak tree.
"I just saw a daffodil, dancing with a fairy on a windy hill!"*



The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fund-raising, volunteering & rentals, we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

• **Hall Rentals & Information:**

Karen Markus 250.422.3514 or
Jane Gendron 250-421-2535

• **Gym:**

Sonia Blackwell 250.421.3019 or
Rod 250.422.3253

• **TOPS:**

Heidi Wright 250-919-3675

• **Library:**

Rose Smith 250-422-3088

• **Quilter's Club:**

Gayle Andrews 250-422-3095

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Encouraging Positive Critical Skepticism to Combat Media Propaganda

A Call for Collective and Individual Discernment

As we started to study in the previous article, today's fast-paced media landscape and the prevalence of propaganda poses a significant threat to both the integrity of information and the health of democracy. Media outlets, more often intentionally or more rarely inadvertently, become vehicles for spreading biased narratives and misinformation in order to shape public opinion and influence political discourse. In response to this challenge, encouraging critical skepticism among media consumers is paramount. As seekers of truth, we must explore the importance of critical skepticism in combating media propaganda and try to outline strategies to promote informed and discerning media consumption.

Understanding Media Propaganda

Media propaganda involves the dissemination of biased or misleading information with the intent to manipulate public opinion or advance a particular globalist agenda. This can take various forms, including selective reporting, distortion of facts, and the use of emotionally charged language or imagery to sway audiences. Propaganda often seeks to evoke strong emotional responses knowing full well that, when you are emotional, you are no longer lucid or aware that you are being manipulated by hatred or fear.... and with this, the media is able to reinforce existing biases, making it particularly insidious and difficult to detect.

The Role of Critical Skepticism

Critical skepticism empowers individuals to question and analyze information critically, rather than accepting it at face value. By cultivating a healthy positive skepticism toward media narratives, consumers can become more resilient to propaganda and better

equipped to discern fact from fiction. Positive critical skepticism encourages active engagement with media content, prompting individuals to seek out diverse perspectives, corroborate information with multiple sources, and evaluate the credibility and motives of media outlets. Just look at how much they've tried to make you believe in compulsory vaccination with no respect for individual freedom, how much they've tried to make you believe that the war in Ukraine is the fault of the "evil Russians", and how much they've tried to make you believe that education on "sexual adult practices and tendencies" to young children between 4 and 10 years of age should be part of the school curriculum, when these subjects are neither age-appropriate nor necessary for learning to read, write or count.

Strategies for Promoting Critical Skepticism

Media Literacy Education: Literacy... what is it? It is the ability to understand how information is produced and valued as well as how it is used in creating new knowledge and participating ethically in communities of learning. So, incorporating "media literacy education" into school curricula and community programs can equip individuals with the skills to navigate the complex media landscape effectively. By teaching positive critical thinking skills, source evaluation techniques, and media literacy principles, educators can empower students to become discerning media consumers and avoid being manipulated by false or propagandist information.

Fact-Checking Initiatives: What are you 100% sure of and not just 99%? Fact-checking plays a crucial role in verifying the accuracy of media content and debunking false or misleading information. Supporting and promoting reputable fact-checking initiatives can help counteract the spread of propaganda and promote accountability among media outlets. Journalists and citizens alike should know and remem-

ber that reporting a fact has nothing to do with reporting an opinion. It's a shame that most of the so-called fact-checking organizations are themselves corrupt and divert people from the facts in order to direct them toward propagandistic opinions as in the case of "Wokism". It is then interesting to find out what the agenda is behind such mass manipulation.

Encouragement of Diverse Media Consumption: Encouraging individuals to diversify their media consumption habits by seeking out alternative sources and perspectives can help mitigate the influence of propaganda. Exposing oneself to a range of viewpoints fosters a more nuanced understanding of complex issues and reduces susceptibility to manipulation.

Remember well and always, the harm that the media has played in vaccine propaganda and the destruction of the ethical values of our societies by increasingly seeking to impose a supposedly "liberal" single perverse and ostracizing thought toward those who oppose it. Always remember that the role of journalists must be to inform on the facts and never to give an interpretation of the facts based on their distorting politicized opinions paid for by the financial and political powers that be.

By promoting positive critical thinking skills, supporting fact-checking initiatives, and encouraging diverse free media consumption, we can empower individuals to resist manipulation and uphold the principles of truth, transparency, and accountability in media discourse. By embracing a positive critical skepticism, we can collectively combat media propaganda and foster a more informed and democratic society.

With Love and Blessings in the Lord.
Warmly.

OM OM OM

H.H. Gurudev Hamsah Nandatha
Adi Vajra Shambhasalem Ashram



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As you're getting ready to burn brush piles this spring, we ask that you be mindful of the critters that may have made that pile home for the winter. Please try and do a thorough and cautious look over. In the photo below you can see a dark hole, that's where a black bear family group was hibernating. The only reason the people found out was because they were going to burn it and saw the bear come and go a couple times while her cubs were still inside. Please check before burning as you don't know who might still be in there.

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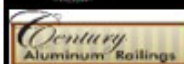
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Want to learn to Quilt?

Looking to advance your skills or learn a new one? Join the Wasa Country Quilters Group and learn with a talented group of quilters! We meet every Tuesday from 10-4 in our own space in the basement of the hall. Drop in any Tuesday! We'd be more than happy to show you the endless possibilities in this creative atmosphere!

No previous experience required.

Call Gayle Andrews
250-422-3095
for more info



April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  	2 Wasa Lion's Mtg 7 pm	3 WLLID Board Mtg 7 pm	4	5	6
7 Church 10:30 am	8 	9	10 Drought Management Workshop	11 	12	13
14 Church 10:30 am	15 	16 Wasa Lion's Mtg 7 pm	17	18 Coffee Social! 1-3 pm	19 	20 Lions Hwy Cleanup 10a.m.
21 Church 10:30 am	22 	23 	24	25	26	27
28 Church 10:30 am	29	30 				

LEGEND

Church Service 10:30 a.m. Lions 7 p.m.
Quilters 10 - 4 Tops; friday 9 a.m.
Lion's meetings 1st & 3rd Tuesday of every month



SPECIAL EVENTS

and Days Down the Road

- TOPS every Friday morning at the Wasa Hall. Weigh in at 9 - 9:30 AM - mtg 9:30 to 10:30
- Pickleball - every Monday & Wednesday 9 - 12, in the Community Hall
- WLLID board mtg April 3rd 7 p.m.
- Lion's Highway Cleanup, April 20th 10a.m.
- Lion's First Aid Course May 5th
- Community Wildfire Preparedness Day May 11th

NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....	250.422.9327
BC Wildfire..... *5555.....or	1.800.663.5555
Catamount Contracting.....	250.422.3694
Conservation - Emergency.....	1.877.952.7277
Cranbrook/Kimberley Hospice.....	250.417.2024
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Wasa Hall.....	250.422.3514.....422.3795
Wasa Hardware & Building Ctr.....	250.422.3123
Wasa Lake Gas & Food.....	250.422.9271
Wasa Lions Med Eqp...250.417-7654.....	793.9491
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Wasa Memorial Garden (Sherri Shields).....	email-
Wasa Post Office.....	250.422.3122

