



TRI-VILLAGE BUZZ



February 2026 ISSUE 288 Visit: www.wasalake.com

FREE MONTHLY PUBLICATION

Wasa & District 4-H Club



CANADA
4-H British Columbia

The Wasa and District 4-H Club has been around for quite some time, and in fact, it is the oldest registered club in the East Kootenays! My name is Nancy Day and this year I am the Club Reporter. I like 4-H because I really like spending time with my animals and learning more about how to care for them. It is a lot of fun.

This year the club has 15 members (2 Cloverbuds, 9 Juniors and 4 Seniors). Our club has a lot of different projects – small engines, crafts, clothing,

horse, swine and beef cattle. We will have steers and swine for sale at the Annual 4-H Show and Sale in the end of May, so stay tuned for updates and you can come and check out all our projects, animals, and hard work. We also have other events planned, like Public Speaking in March and our Rally Day in April. We have already had lots of meetings and had our beef weigh-day in November. Our next meeting will be in February. We are really excited about our projects this year.



If you would like to know more about our club or want to sponsor, donate, or purchase an animal you can send an e-mail to wasa.district4h@gmail.com

4H HISTORY

The 4-H movement began in the US at the turn of the 20th century; the first similar club in Canada was organized in Roland, Manitoba, in 1913, and the concept quickly swept through the settled agricultural regions of the country. As the movement spread across Canada, national agencies (eg, the railways, the federal Department of Agriculture) became involved, helping, for example, to sponsor a national judging competition in connection with the Royal Agricultural Winter Fair in Toronto. By 1930 the need for a national organization to help sponsor and co-ordinate the program across Canada became apparent, and in January 1931 the Canadian Council on Boys and Girls Clubs was organized. In Canada the name "Boys and Girls Clubs" was used until 1952, when the name 4-H, used in the US and many other countries, was adopted.

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Serving Skookumchuk, Ta Ta Creek and Wasa Lake



TOPS SPOT

submitted by - Pat Cope

Moderation involves finding balance in your habits and choices, allowing for enjoyment without excess, and fostering a healthier relationship with food, work, and life.

Key Strategies for Practicing Moderation

Avoid Deprivation: Instead of cutting out foods or activities completely, allow yourself to enjoy them in moderation. This prevents obsessive thoughts about what you can't have and promotes a healthier mindset towards food and lifestyle choices.

Mindful Eating: Engage fully with your meals by savoring each bite. Slow down and appreciate the flavors and textures, which can help you recognize when you are full and prevent overeating.

Set Boundaries: Create clear boundaries in your work and personal life. Avoid long hours without breaks and prioritize time for relaxation and hobbies. This balance helps prevent burnout and promotes overall well-being.

Pursue Passions: Engage in activities that bring you joy and fulfillment. When your life is rich with meaning, you are less likely to indulge in extremes as a distraction from negative feelings.

Plan and Prepare: Take time to plan your meals and activities. This preparation helps you make healthier choices and avoid impulsive decisions that can lead to excess.

Change Your Mindset: Shift your thinking from an all or nothing approach to one that embraces flexibility. Allow yourself to enjoy treats without guilt, understanding that moderation is key to a sustainable lifestyle.

Self Awareness: Reflect on your hunger and cravings before eating. Reflect on your Ask yourself if you are truly hungry or if you are eating out of boredom or stress. This awareness can help you make more conscious choices.

Engage in Moderate Exercise: Instead of extreme workouts, find physical activities you enjoy and incorporate them into your routine. Listen to your body and adjust your activity level as needed.

By implementing these strategies, you can cultivate a balanced approach to life that promotes well-being and joy without falling into extremes. Moderation is a skill that can be developed over time, leading to a more fulfilling and sustainable lifestyle.

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Discarded fishing line can kill wildlife in silence, trapping birds, turtles, and otters before they ever see the danger. A single strand can wrap around herons or ducks and leave them unable to swim or feed. It takes centuries to break down but only seconds to pick up.

STRANGEST FACTS



FOR IMMEDIATE RELEASE
January 5, 2026

Regional District of East Kootenay Launches Rural Transfer Station Optimization Project

The Regional District of East Kootenay (RDEK) Board of Directors has requested that a report be prepared that presents potential options to optimize and modernize the rural transfer station system.

This is a brand new project, and no decisions have been made. The RDEK will be seeking feedback from the public on how the rural transfer stations are used and what services are important to those who use them. This project will support key goals from the Solid Waste Management Plan, including: encouraging waste diversion, reducing the amount of waste sent to landfill, and identifying opportunities to improve recycling and diversion services.

“Our rural transfer station system has remained largely unchanged since it was first established over 20 years ago,” says Jamie Davies, General Manager of Operations. “Starting this project will give us an opportunity to take a look at all aspects of the system and optimize the transfer stations to better suit our residents,” continues Davies.

There will be several opportunities throughout the process for the public to share feedback and provide input. A public survey will launch on January 13, and a project page will be hosted at engage.rdek.bc.ca/RuralTransferStations.

Rural transfer stations are located throughout the Columbia Valley and Central sub-regions. There are currently 15 rural transfer stations, all of which accept household garbage and provide Yellow Bins. Some locations also accept yard and garden waste, scrap metal, and wood waste.

The RDEK encourages all residents and users of the rural transfer stations to take part in this project and stay informed by following along at engage.rdek.bc.ca/RuralTransferStations

-30-

Media Contact: Jamie Davies, General Manager of Operations
250-489-2791 or 1-888-478-7335



Thank You Wasa!

The Wasa and District Lions Club members and volunteers would like to thank everyone in our community and surrounding area who attended another highly successful Christmas Dinner, Dance and Raffle held on December 6th, 2025, at the Wasa Community Hall.

Our gratitude goes out to everyone in the community who purchased tickets and attended the event. With your enthusiastic support of this event, we completely sold out of dinner and raffle tickets!

Also, with many generous donations from numerous individuals and community businesses, we were able to raffle an amazing array of wonderful prizes. We are aware that some individuals were unable to purchase raffle tickets at the event as they sold out quickly. The reason this occurred is that the number of tickets we are authorized to sell is strictly limited by our Gaming Licence issued by the BC Gaming Policy and Enforcement Branch for this event. As the saying goes, "the early bird gets the worm"!

Thank you again for your support of the Wasa and District Lions Club Community Assistance Fund. We look forward to seeing you again next year!

Submitted by Shannon Reynolds

Wasa and District Lions Club

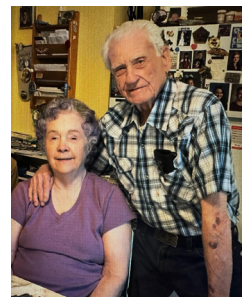


Happy Anniversary Helen & Ken Maine ~January 14th, 2026

Wishing you the best of good health. You are so loved by so many all over, and many many of us in Wasa.

You are the best neighbours ever.

Love & big hugs from your families ~children, grandchildren, great-grandchildren, siblings...and all of us in Wasa and area who love ya dearly. submitted by~Patti & Jim King



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February

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and starlit nights,
Good books and cozy hours,
Time for friends,
and heartfelt sharing,
Dreams of springtime flowers...
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The simple little gifts we count
Among life's
precious things.

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Local Curling Team Qualifies for Nationals!

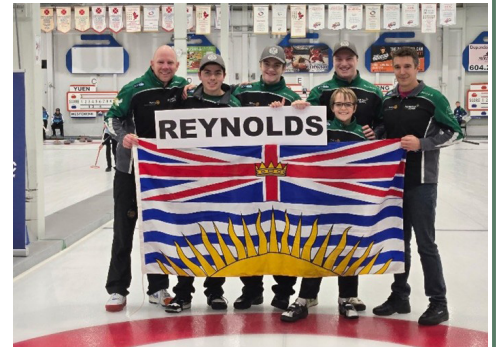
submitted by Shannon Reynolds

As you may have heard, over the Christmas Holiday, Team Reynolds, a local U18 boys curling team which represents the East Kootenay Region, including Wasa, won the **Curl BC U18 Boys Provincial Championship** held recently in Richmond BC. Members of the Team reside in Wasa, Kimberley, Fernie and Cranbrook. Team Reynolds consists of:

- Matthew Reynolds – Skip (Wasa),
- Sam Carson – Third (Fernie),
- Jasper Tersmette – Second (Kimberley),
- Kyle Scott – Lead (Kimberley), and
- Julian Arndt – Alternate (Cranbrook)

These athletes are guided by their dedicated volunteer coaches, Blair Jarvis and Steve Tersmette.

This team of talented young athletes has achieved something truly remarkable. As **Provincial Champions** they have earned the honour of representing British Columbia at the **Curling Canada National U18 Curling Championships**, scheduled for February 8-14, 2026, at the McIntyre Curling Club in Timmins, Ontario. In addition to their hard work on the ice, this team has also been recognized on multiple occasions for their fair play and good sportsmanship.



4H HISTORY continued

The Canada 4-H Council combines private and government efforts and resources and offers a forum for national discussion and exchange of information as well as many national programs for 4-H members and for their leaders.

The object (of these competitions) is to train the heads and hands of the boys and girls; to give them broad and big hearts; to improve their health by giving them an interest in outdoor life; and to encourage on the part of all British Columbia citizens, a stronger and more intelligent interest in agriculture.

Such was the goal of the 4-H movement when it started in 1914 in British Columbia. During this first year, over 200 young people between the ages of 10 and 18 were involved in competitions sponsored by the Department of Agriculture. Originally the program focused on potatoes as a project but was expanded later that year to include poultry in order to interest more youth and to widen the influence of progressive farming practices on the BC farming community.

In the 1970s and 80s, non-agricultural 4-H projects including crafts, environment, and outdoor living, were introduced as more non-farm youth joined the 4-H Program.

Today, almost 3,000 young people between the ages of 6 and 21, together with thousands of volunteer leaders, families, alumni and sponsors, make up the 4-H Program in British Columbia. Horse, beef and sheep projects are the most popular, however, increasingly more members are enrolling in projects such as dog, rabbit, swine, llama, Cloverbuds and others! There are abundant opportunities for both members and leaders - travel, training and education, scholarships, ambassadorship, fun and friendships. 4-H is cross-generational! Many former members whose parents were club leaders, become leaders themselves as their children enter the 4-H program.

Evolution of the 4-H Logo



<https://thecanadianencyclopedia.ca/en/article/4-h-clubs>

<https://www.4hbc.ca/4-h-history>



After time away, the WLLID Board is back meeting and preparing for the 2026 water season.

On 15 January, the snow pack at Floe Lake (in the upper Kootenay Park) was 148% above the 30-year average. The snow pack at Floe Lake accounts for almost 80% of the summer water level at Wasa.

While it's still four months away from Spring freshet, this snow pack suggests a water year ahead that will exceed that of last year. Good news for water lovers.

We will release a 2026 summer peak water forecast on June first.

As far as the ice goes, there was almost 100% coverage on November 30th, which is about two weeks later than normal. Then an ice melt began on 12 December with almost 100% open water by the 17th.

Slush began forming on 24 December.



Wasa open water 17 Dec 2025



Wasa open water + slush + party platforms 24 Dec 2025

Long-time residents said they couldn't remember a time when there was open water on Christmas Day.

Full ice cover returned 28th December. The mostly smooth clear ice provided excellent skating over the holiday season.

Its very interesting to observe the

lake bottom through clear ice. What becomes apparent is the amount of scarring on the soft bottom, particularly in the shallow areas.

On 16th January, the estimate ice thickness was 4 inches or 10cm. The forecast for colder weather will firm up the ice and again make it great for gliding on blades.

Up-coming in 2026, WLLID is planing for the second annual Water Day. We are targeting July 25th. More details in early June.

The return of the Shoreline Clean-up was a great success last October. Trustees plan for a September 2026 clean-up. Details on the website closer to the event.

Hired by the WLLID Board to evaluate potential risks to Wasa's water quality, Larratt Aquatic is working to complete the final report on its findings. WLLID expects to receive the report by early Spring. We hope to have the researchers present their findings in an online webinar. When a date is confirmed, it will be on the website and sent out through the newsletter. The full report will be available online.

Key parameters covered in the Larratt study include deep water sediment and E. coli tests, shallow lake bottom sediment gathering, video showing the impact large boats have on the soft bottom, and cyanobacteria, algae and zebra mussel testing.

During 2026, the Board will create several ways for WLLID taxpayers to provide feedback on the organizations mandate, scope of water testing and monitoring and how they feel about its activities. We also want to hear what taxpayers think about the future of the WLLID.

Check the website, www.wasalake.ca, for more information and details on all these projects and water related issues.

If you would like to volunteer for water testing (late May to mid-September 2026), other WLLID activities, or you just want to raise a concern or tell us about your best experience at Wasa, please email admin@wasalake.ca.

Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Kate Kelly

Although the days of winter are slowly getting longer, it certainly feels contradictory with the dreary skies, cold winds and icy walks around the Memorial Garden but we see the footprints and know you are visiting. The Memorial Garden is where warmth exists even on the coldest of dark winter days. Come and see...

Please watch the community Facebook pages for info on our annual spring clean-up. We're always in need of volunteers! If you're interested in volunteering, please contact Sherry Shields via email at: slshields27@gmail.com

We continue to look for new members in our Wasa and District Historical Association & Memorial Garden Group. Did you know that it's only \$5/per person for a lifetime membership? Having a large 'membership' helps us apply for government grant monies which keep our garden looking great. We kindly ask that Wasa residents (both recreational & permanent) to consider a \$5/per person lifetime membership. Please contact Judy Reimer at mjreimer@shaw.ca or by phone 250-422-3343 to join. Thank you for your consideration!



"February is the border between Winter and spring...
~ T. Guillemets



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Memorial Plaque - \$350
(Engraving costs are subject to change)

Contact info:
Pat Walkey @ 250.422.3530 or
pwalkey@shaw.ca



January 6, 2026
FOR IMMEDIATE RELEASE

RDEK Seeks Nominations for 2026 Electoral Area Volunteers of the Year

The Regional District of East Kootenay is currently seeking nominations for the 2026 Electoral Area Volunteers of the Year.

“Volunteers are the heart of our communities, and they are all around us. Is someone close to you making a positive change for those around them? These are the individuals or couples that the RDEK wants to celebrate,” says RDEK Board Chair Rob Gay. “Please take a moment and nominate a volunteer who lives in your electoral area, as honouring the people who make a difference in our region is so important.”

Nomination forms are now available and, as it has in past years, the Regional District will be honouring one outstanding volunteer or couple from each of its six Electoral Areas.

Nominees must be residents of an Electoral Area (outside of incorporated municipalities) and make voluntary contributions to the spirit, culture or people of the community.

Nomination forms can be filled out on engage.rdek.bc.ca/volunteer and can also be picked up at the Cranbrook and Columbia Valley RDEK offices.

The deadline for nominations is 12:00 pm on February 2, 2026.

- 30 -

For More Information:	Rob Gay RDEK Board Chair 250-489-4242	Nathan Siemens Communications Coordinator 250-489-2791
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Hints by Vi

I had the privilege of meeting Vi only a few times before she passed away in February 2016. Vi contributed monthly to the Tri Village Buzz and her column was always one of my favourites. I hope I can do this sweet and lively little lady justice.



1. To get the last bit out of bottles (not wine, obviously) such as ketchup, shampoo etc, make sure the lid is tightly closed, hold the bottle upside down and swing in small circles. The liquid inside will go down into the neck, meaning you can get more out.
2. Dishwasher rinse aid is good for all chrome / stainless steel surfaces wipe on and then wipe off.
3. Coffee grounds are magic. They are an excellent fertilizer and a systemic pesticide that is non-toxic to humans and pets. Let them cool and sprinkle around your plants and windows.
4. Don't throw out used butter wrappers, fold them in half (the buttery side in of course) and put them in your fridge. Next time you need to grease a pan, just grab your pre-buttered wrapper and coat the pan.

Have a great month everyone!

Golden – Cranbrook Route

Runs: Tuesdays and Thursdays. The bus leaves Golden at 8:00am, Invermere (hospital) at 9:20am, Invermere (Chamber of Commerce) at 9:25am, and arrives in Cranbrook at approximately 11:15am with stops at a number of health facilities by request. The return schedule departs the East Kootenay Regional Hospital at 3:00pm and arrives in Invermere at 5:00pm and Golden at 6:30pm.

To book your space: Contact 1-877-343-2461 Option 1 or direct 250-364-3262 at least 24 hours in advance to book your seat.

SUDOKU *answer on page 23*

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		8				1		

Want to learn to Quilt?

Looking to advance your skills or learn a new one? Join the Wasa Country Quilters Group and learn with a talented group of quilters!

We meet every Tuesday from 10-4 in our own space in the basement of the hall. Drop in any Tuesday! We'd be more than happy to show you the endless possibilities in this creative atmosphere! No previous experience required.

Call Gayle Andrews 250-422-3095 for more info

pageboards.org



“RUSTY” Memories

by Rusty Brewer



Anyone care for some Wasa history?

Machines and Dreams ***

Some of you may remember a few of the goofy things I did as a kid. My fascination began at a very early age.

It all started when I used to go with Dad over to Bill Leask's shop. That was the go to place for anything mechanical. The first visit there was amazing. Bill (nicknamed Calija) showed me his perpetual motion machine he was working on. It was a frame about the size of a pool table ... filled with all sorts of pulleys, belts, gears, sprockets and chains. It was a marvelous machine. You spun a big wheel to get it going..it would run and run ... clanking and clattering.

Later, I talked to Dad about it. My 5 year old brain didn't understand this machine.

Dad explained that nobody had ever made a machine that would actually provide perpetual motion ... but people figured that Calija was close to making it a reality. Every time we went there Bill would let me try his machine. As my young mind studied this contraption I started to think that Bill was probably one of the smartest men in the whole world. I decided I would also like to build machines. Turns out that was a crazy decision

My first machine was of course a wooden airplane! I built it from old boards in the tail dagger style. It had wheels under the wings. I needed the wheels so I could fly it off the roof of our house. Mom got wind of my plan and strictly forbade me to try it. However one day she was out riding fence for the Forestry so I knew I had time to fly my plane off the roof. It would be a glorious flight and she would never know!

Well I tried and tried to drag that plane up on the roof with a rope. It was too heavy to lift so I had to take it apart and lift it in two sections. After nailing it back together I blocked the wheels and mounted my winged wonder. My heart raced as I jerked the block out from the wheels! The plane went slithering down the roof ... and promptly nose dived straight into the earth. There was no flight ...

I didn't need the runway I had cleared. What I did need was a rag to soak up the blood from my nose as I surveyed the wreckage of my wonderful airplane. Oh my did I catch hell from Mom when she got home

The next machine was a motorized scooter I dreamed up. All wood with a peddle start motor out of a washing machine. A handcrafted wooden rear wheel and whatever I could find at the dump to make the handle bars and front wheel. That one made it about 10 feet before the finely crafted front end fell off. Mom made me put the motor back on the washing machine so that ended my scooter dream!

The next machine was my wooden copy of a front engine dragster I saw in a magazine ... minus the motor. I had a plan ...

Up on Lewis Creek hill there was a small creek that ran across the face of the hill. There was a nice smooth path beside it. I used to drag that heavy cart up that path, sit on my race car and fly down the hill ... for about 100 feet. That wasn't good enough.

I spent hours dragging boards from down by the sawdust piles all the way up that hill. I ended up with a long ramp that would give me the blinding speed I needed to get to the bottom! Low and behold - it actually worked! I spent many hours pulling that cart up that hill and grinning as I rode it back down! That ramp stood up there for many years, long after I got tired of my race kart

The next machine of note was a French made moped that I bought from Don Holland for \$20. He couldn't get it to run but I thought I could. I peddled it home to our place up Wolf Creek. That stupid thing ... I peddled it up and down the gravel road for months. Had it all apart many times. It just wouldn't start. I even got Garry Dekker to pull me behind his Ford Falcon. That was a mistake. I tied the rope around the forks. I hit some rocks with the front wheel and over I went! Garry kept going for a bit and drug me and the bike quite away. Finally one day - and I still don't know why - it started as I was peddling it. It was amazing!

“RUSTY” Memories continued

It started and ran a few times after that then quit for good. I ended up selling it to an old mechanic who worked for Jennings Ranch for \$20. The crafty old devil knew the gas tank had rust in it. He cleaned the tank, got it running and sold it for \$100.

The next machine was the infamous “Bush Buggy”. A fellow named Chester used to live in a shack beside Queenie’s house. He cut the cab off a 1946 Dodge half ton. Cut a couple feet off the frame and bolted the rear end solid to the frame. All it had was a seat and a steering wheel. I paid him \$40 for it.

I terrorized Wasa with that damn thing. Got in lots of trouble. I found a place by the Husky where I could fly thru the ditch and jump across a good portion of the highway. I did it many times until..one day a cop in a ghost car came along. I jumped the highway right in front of him. Oops ... I saw him whip around and come after me. I sort of chuckled. There was no way some ol car was going to catch my powerful race buggy! Little did I know a 427 cu in Caprice was way way faster than my 6 cylinder flathead Dodge was. He finally forced me into a ditch - where I got stuck.

Ouch - 17 charges. That was the end of my roaming around in my buggy. I continued to drive it around the yard and up back. The back broke off the seat.

One day I decided that my 3 month old brother should experience a burnout. I held him all wrapped in a blanket, revved the motor up, dumped the clutch. He immediately squirted out of the crook of my arm and fell thru the frame rails onto the ground. It made me sick as I looked back and saw him laying in the dirt. I ran back and picked him up - pulled the blanket back and there he was ... with a big grin on his face.

I never drove that buggy again.

There were many vehicles after that. I may ... or may not have borrowed the neighbours tractor battery a few times to get them running. Lol ... I fessed up about that 30 years later

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KALE SOUP

- 1 lb mild Italian sausage
- 1 medium onion, finely chopped
- 6 cloves garlic, minced
- 1 tsp smoked paprika
- 4 cups cubed potatoes
- 7 cups chicken or vegetable broth
- 1 cup whipping cream
- ½ tsp black pepper
- 6 cups kale, torn into bite size pieces

In a large soup pot over medium-high heat, crumble the sausage into the pot. Cook & stir until lightly browned, about 10 minutes. Add onion & garlic, stirring & cooking for 5 minutes until onions are translucent & garlic is fragrant.

Add the paprika, potatoes, broth & cream. Bring to a boil. Reduce heat to low & simmer until potatoes are tender, about 30 minutes. Season with black pepper. Stir in kale; simmer until kale is tender, 10 to 15 minutes. Serve sprinkled with parmesan cheese if desired.

Its a New Day; the Choice is Yours

It's quiet. It's early. My coffee is hot. The sky is still black. The world is still asleep. The day is coming. In a few moments the day will arrive. It will roar down the track with the rising of the sun. The stillness of the dawn will be exchanged for the noise of the day. The calm of solitude will be replaced by the pounding pace of the human race. The refuge of the early morning will be invaded by decisions to be made and deadlines to be met. For the next twelve hours I will be exposed to the day's demands. It is now that I must make a choice. Because of Calvary, I'm free to choose. And so I choose.

I choose love. No occasion justifies hatred; no injustice warrants bitterness. I choose love. Today I will love God and what God loves.

I choose joy. I will invite my God to be the God of circumstance. I will refuse the temptation to be cynical... the tool of the lazy thinker. I will refuse to see people as anything less than human beings, created by God. I will refuse to see any problem as anything less than an opportunity to see God.

I choose peace. I will live forgiven. I will forgive so that I may live.

I choose patience. I will overlook the inconveniences of the world. Instead of cursing the one who takes my place, I'll invite Him to do so. Rather than complain that the wait is too long, I will thank God for a moment to pray. Instead of clinching my fist at new assignments, I will face them with joy and courage.

I choose kindness. I will be kind to the poor, for they are alone. Kind to the rich, for they are afraid. And kind to the unkind, for such is how God has treated me.

I choose goodness. I will go without a dollar before I take a dishonest one. I will be overlooked before I will boast. I will confess before I will accuse. I choose goodness.

I choose faithfulness. Today I will keep my promises. My debtors will not regret their trust. My associates will not question my word. My wife will not question my love. And my children will never fear that their father will not come home.

I choose gentleness. Nothing is won by force. I choose to be gentle. If I raise my voice, may it be only in praise. If I clench my fist, may it be only in prayer. If I make a demand, may it be only of myself.

I choose self-control. I am a spiritual being. After this body is dead, my spirit will soar. I refuse to let what will rot, rule the eternal. I choose self-control. I will be drunk only by joy. I will be impassioned only by my faith. I will be influenced only by God. I will be taught only by Christ. I choose self-control.

Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. To these I commit my day. If I succeed, I will give thanks. If I fail, I will seek His grace. And then, when this day is done, I will place my head on my pillow and rest.

Excerpted from *Let the Journey Begin* by Max Lucado © Thomas Nelson.

Originally published in *When God Whispers Your Name* by Max Lucado © Thomas Nelson

<https://maxlucado.com/new-day-choice/>

The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fund-raising, volunteering & rentals, we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- **Hall Rentals & Information:** Karen Markus 250.422.3514
- **Gym:** Sonia Blackwell 50.421.3019
or Rod 250.422.3253
- **TOPS:** Nicky Popowich (250) 422-9248
or Sonia Blackwell (250) 421-3019
- **Quilter's Club:** Gayle Andrews 250-422-3095



The Lions Den Lions Roar

Wasa & District Lions Club – Serving Wasa & Area since 1976

submitted by Terry Marvel

It's been two months since the last Buzz edition and I still cannot complain about the weather. What are we supposed to talk about if not the weather? Crazy! Some of the trees and shrubbery think it's time to start budding out. I hope they don't get a shock. On the positive side though, the snow pack on the mountains is said to be above normal. That's a good thing!

As we all are aware of, I'm sure, is the fact that the Wasa Lion's annual Winterfest has had to be postponed due to the lack of snow and ice. It will resume sometime later in the year, weather permitting. The rink continues to be used when the temperature permits. Check the Wasa Facebook page for updates.

The Annual Dinner and Dance and raffle sponsored by the Wasa Lions was held on December 6th and was a rousing success. We cannot thank the many donors of the fantastic prizes enough. The dinner was delicious, catered by Auntie Barbs catering and the music was toe-tapping good by Lili the DJ. This is the Lion's biggest fundraiser of the year, and this year was no disappointment. We thank the community for their generous support in this venture.


The Christmas Light-up was held again this year where we look at all the beautiful lighting around the area and reward the best three with a cash prize. The winners were Andrew Keiver, Alex Jensen and the Wasa Motel. These were but three of the many great displays around Wasa, TaTa Creek and Skookumchuck Prairie. Thanks to everyone that put so much work into the Christmas spirit.

The Wasa Lions Club is going to be 50 years old this year! Although there are few, if any founding members left, the club has remained active all these years in no small part due to the support of the community. We continue to serve the area with all our amenities and programs. As always, we are constantly welcoming new members of all ages to join. Our meetings are the first and third Tuesdays of every month. Contact any Lions Member for an invitation to a meeting.

We are currently working toward having our bathroom facility and the front of the kitchen eating building having Hardiboard siding installed on them for a Fire Smart exterior. We are also working toward repairing the bad boards on the baseball field bleachers and paint and upgrade for the stage in the eating area for the pancake breakfasts.

And don't forget about our recycle program! We accept any and all refundable cans and bottles. It is another way we raise funds for our Scholarship program and Lions Grounds maintenance. Thanks to the volunteers that sort the containers and the people that transport them to the depot.


Have a wonderful February and may the weather hold!




**Lions
RECYCLE
For Sight**

Wasa & District Lions Club
Recycling program
250 417-7654

**BOOKS BY
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Equipment is loaned free of charge on a temporary basis for up to 3 months.



The Rural Transfer Stations Optimization Project's public survey is now live. The survey will run until February 9 and we encourage all residents to take a few minutes to fill it out. This is a brand new review

– no decisions have been made. During this project, there will be many opportunities for the public to provide their input and feedback and these responses will help guide future decisions. The RDEK Board of Directors has requested that a report be prepared that presents potential options to optimize and modernize our rural transfer station system. In order to effectively do that, all perspectives need to be considered. So we will be seeking feedback from the public on how the rural transfer stations are used and what services are important to those who use them.

This project aims to meet objectives from the Solid Waste Management Plan (SWMP) including:

- Ensuring our system encourages waste diversion
- Minimize the amount of waste being landfilled
- Seek opportunities to enhance recycling and diversion opportunities

Learn more about the project HERE: <https://engage.rdek.bc.ca/ruraltransferstations>

Take the survey HERE: <https://engage.rdek.bc.ca/rural-transfer-stations-survey-2026>

AN OPPORTUNITY TO SERVE YOUR COMMUNITY

Wasa Lions is a fun way to give back to your community.

It's About Fundraising

- Annual Christmas Dinner/Dance/Raffle
- Yard Sale/ Pancake Breakfasts
- Bottle Recycling
- Gran Fondo/ Triathlon
- Lions Grounds Rental



It's About Giving

- Wasa Lions Path/Skating Rink
- Tennis & Basketball Courts
- Pickleball Courts
- Ball Diamond Scholarships
- We Care We Serve community funding
- Medical Loan Cupboard
- Eyeglass & Hearing Aid Recycling



It's About Fun & Socializing

A Great Reason to become a Lion!
For Information call 250 422-3210



BC Lake Stewardship and Monitoring Program BCLSS

Good water quality is important for aquatic life and wildlife that rely on lakes for food and habitat, and to

people, who use lakes for drinking water, fishing, boating, swimming, other recreational uses, and for the natural beauty they offer. There is an increasing need for individuals and groups throughout the province to take on a greater role in stewardship activities and water quality monitoring as citizen scientists. Collection of lake data by citizen scientists is important for the protection of lake water quality. Volunteer-collected data provides valuable baseline and background information, that helps us examine and understand what is happening in aquatic environments and observe long term trends.

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February, March, April

At the Wasa Community Hall

By Donation

Sponsored by the Wasa Recreation Society and the Tri Village Volunteers

All are Welcome. Coffee with old friends. Meet new ones.

For more information contact: Jan Barbeau, mobile (250) 201 4226, email jarbeau60@gmail.com



wildsight

How is it that five years after the provincial government committed to implementing BC's old growth strategic review, the most valuable and at-risk old growth is still being logged? From improperly aged stands to road-building through protected areas, our latest blog explores flaws in BC's deferral system that led to several local ancient stands being logged when they should have been protected. Read the full article here:

https://wildsight.ca/2025/11/19/why-old-forests-are-still-being-logged-in-one-of-bcs-most-endangered-ecosystems/?fbclid=IwY2xjawPc8QhleHRuA2FibQIxMQBicmlkETFiZTNLR1IEVTZDZVvrZkZHc3J0YwZhcHBfaWQQMjlyMDM5MTc4ODIwM-Dg5MgABHvUA1ZQCXQloMvBQZdsmhksDuu1iTQ97FaCx4zWWs3DLFjvDkBJYqSV3x9q_aem_k9pZ3iLimW_qL2118Z6t4A



Wasa Lake TRIATHLON

JUNE 14th

The Wasa Lake Triathlon is an annual event (over 30 years!) held at the stunning Wasa Lake Provincial Park in the East Kootenay, British Columbia.

Our events include Trikids, Standard Triathlon, Sprint Triathlon, Super Sprint Triathlon, Standard Team, Aquabike (1500m swim+40km bike).



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The invention of the shovel was a ground breaking discovery.
But the invention of the broom was the one that truly swept the nation.
The invention of corduroy pillowcases really made headlines
The invention of the clock was right on time
The invention of the telephone was a good call
It was the invention of the wheel that really got things rolling

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THE FULL MOONS OF 2026



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BUCK MOON
JULY 29



SNOW MOON
FEB. 1



STURGEON MOON
AUG. 28



WORM MOON
MARCH 3



HARVEST MOON
SEPT. 26



PINK MOON
APRIL 1



HUNTER'S MOON
OCT. 26



FLOWER MOON
MAY 1



BEAVER MOON*
NOV. 24



BLUE MOON
MAY 31



COLD MOON*
DEC. 23



STRAWBERRY MOON
JUNE 29



* = Supermoon
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FOR IMMEDIATE RELEASE

January 6, 2026

Applications Now Open for 2026/2027 ReDi Grants Funding

Applications for Resident Directed Grants (ReDi Grants) are now being accepted for 2026/2027.

“Now that the application window is open, we’d like to help ensure all eligible applicants are familiar with the program guidelines and aware of the application deadline, as late applications won’t be accepted,” says Regional District of East Kootenay (RDEK) Community Services Coordinator Sandra Haley.

Applications must be submitted online at engage.rdek.bc.ca/redi. The application deadline is **Monday, February 9, at 4:00 pm.**

ReDi Grants support projects that benefit the broad community and are open to registered non-profit organizations, First Nations, registered schools and local governments.

“In addition to the application portal, the webpage includes the timelines for this year’s program, a list of previously approved projects and other key information,” adds Haley.

Redi Grants are funded by Columbia Basin Trust and administered by the RDEK.

For more information, contact the RDEK or visit engage.rdek.bc.ca/redi. To learn more about the Trust’s work, programs and grants, visit www.ourtrust.org.

- 30 -

Media Contact:

Sandra Haley, Community Services Coordinator
Regional District of East Kootenay
250-489-2791 or 1-888-478-7335

Effects of Litter on Our Beaches

There was a community Shoreline Clean Up last fall, to clean up what the summer left behind. Which should be nothing – considering the litter bins situated around our lake and the prominent ‘no smoking’ signs at the entrances. But humans are lazy creatures and messy, sometimes toxic items are left where they’re dropped. Litter on lake beaches harms wildlife through entanglement and ingestion, degrades water quality and habitats by releasing toxins and reducing oxygen, and negatively impacts tourism and recreation by making areas unsightly and unsafe, with plastic breaking down into persistent, harmful microplastics that enter the food web.

Effects on Wildlife & Ecosystems:



- **Entanglement & Ingestion:** Animals get trapped in larger debris like ropes or mistake small plastics for food, leading to injury, starvation, and death.
- **Chemical Pollution:** Plastics absorb toxins and leach harmful chemicals, which can disrupt endocrine systems and harm aquatic life. Cigarette butts on beaches are a major pollutant, introducing harmful chemicals (nicotine, heavy metals, carcinogens) and non-biodegradable plastic (cellulose acetate) into marine ecosystems, breaking down into toxic microplastics that poison marine life, cause starvation, and contaminate food chains. They are the most littered item globally, posing risks to wildlife and humans, requiring better management and cleanup efforts to mitigate severe environmental damage. A single butt can release thousands of microplastic particles and enough toxins to kill a small fish in a liter of water.
- **Microplastics:** Litter breaks down into tiny microplastics, which are ingested by small organisms, moving up the food chain and potentially into humans. Cigarette filters are plastic (cellulose acetate) that don't biodegrade but break down into tiny microplastic fibers, entering the food web.
- **Wildlife Harm:** Animals mistake butts for food, leading to internal poisoning, malnutrition, and starvation; they can also get entangled.



- **Habitat Degradation:** Accumulated trash alters habitat structure, reduces light penetration, and depletes oxygen, harming aquatic life.
- **Ecosystem Disruption:** Chemicals and microplastics harm marine plants and animals, impacting entire ecosystems and potentially bioaccumulating up the food chain.

Effects on Water & Environment:

- **Reduced Oxygen:** Decaying organic litter consumes oxygen, creating "dead zones".
- **Toxic Release:** Plastics and other debris release pollutants and microplastics, contaminating water and sediment.

Effects on Humans & Economy:

- **Aesthetic & Recreational Loss:** Polluted beaches are less enjoyable and less attractive for visitors.
- **Tourism & Economic Impact:** Litter can decrease tourism, impacting local economies.
- **Health Concerns:** Toxins and bacteria from litter can pose health risks to people.

continued on pg 19

Effects of Litter on our Beaches

continued

Common Litter Items:

- Single-use plastics (bottles, packaging)
- Cigarette filters
- Fishing gear
- Wet wipes

Litter is a persistent problem, especially plastics, which don't disappear but fragment, making cleanup difficult and necessitating broad action.

We can do better. Pay attention to signage around the lake. We can pick up after ourselves. Carry a small trash bag with you on your beach visits. Practice 'pack it in and pack it out'. I challenge you to make this fall's Shoreline Clean Up the 'cleanest' ever!



What do bears have to do with native bees?

Bears were a part of the largest nutrient input cycle to habitats. Damming of rivers and killing of bears have reduced nutrient cycles in upland habitats.

Black bears increase flowering plant abundance, especially of fleshy fruit producing plants, that bees collect pollen and nectar from



Bears rip up burrows and ant nests exposing soils for annual plants to establish and bees to nest.



We have to be the bears in our gardens to make better habitat.


See "Natural Habitats and Wildlife Gardening" by S. McCoshum for more.



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Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" – no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



GYM HOURS AND INFO



For Gym Schedule please contact:
Sonia Blackwell at 250.421.3019 or
Rod at 250.422.3253

Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.



EAST KOOTENAY
INVASIVE SPECIES
COUNCIL

New year, fresh starts and plenty of chances to keep invasive species out of the East Kootenays.

Whether you're a resolutions person, a "soft goals" person, or firmly in the I'll just try my best category, we're inviting you to make an Eco-Resolution with us for 2026. Small actions add up, and when we do them together, the impact is huge.

Looking for inspiration? Here are a few easy, invasive-smart ways to kick off the year:

Report What You See

Spotted something suspicious? Snap a photo and report it through Report Invasives BC. Early detection is one of the most powerful tools we have!

Clean Before You Go (and After You Come Back)

Brush dirt and seeds off boots, bikes, boats, and gear - because invasive hitchhikers are sneaky like that.

Get to Know Your Neighbours (the Plant Kind)

Learn a few common native and invasive plants in your area. Knowing what's "normal" makes it easier to spot what doesn't belong.

Plant with Purpose

Choose native plants for gardens and restoration projects, and help pollinators (and ecosystems) thrive.

Be Kind, Be Curious!

Conversations about invasive species management can be tricky. Let's lead with curiosity, respect, and the shared goal of healthy landscapes.

Here's to a year of noticing more, wasting less, pulling weeds, sharing knowledge, and celebrating every small win along the way.

Recent headlines have brought Glyphosate, a widely used herbicide, back into public debate. An article, titled, Decades-old study on common weed killer retracted after journal editor says Monsanto may have helped write it, written by Sarah Ritchie at the Canadian Press and posted on December 5, 2025 states a decades-old study claiming Glyphosate was safe for humans was recently retracted after the journal's editor cited evidence that Monsanto may have influenced the study's conclusions. Another article titled, Lheidli T'enneh First Nation bans herbicide use across north-central B.C., written by Andrew Kurjata at CBC News and posted on November 25, 2025 states the Lheidli T'enneh First Nation has announced a complete ban on herbicide use across its traditional territories in north-central B.C., focusing particularly on Glyphosate use in forestry. The ban comes in response to concerns about Glyphosate's impacts on wildlife, biodiversity, and human health. Environmentalists and researchers have also raised questions about large-scale forest spraying, which may have long-term effects on ecosystems and wildfire vulnerability.

At EKISC, management decisions prioritize environmental stewardship. Herbicides are just one tool in a much larger toolbox that includes manual removal, cultural control, and biocontrol, and Glyphosate is the final tool we turn to. We only use herbicides where other approaches are ineffective or not feasible, and all applications follow strict regulations, including buffer zones and signage, to protect people, animals, and the environment.

If you have questions, comments, or concerns about Glyphosate use in the East Kootenays, we encourage you to fill out the survey below - our Executive Director will follow up with you directly.

https://docs.google.com/forms/d/e/1FAIpQLSejRI9mWfpjn_k9hufrxJO_RzwrwKOxy2Lfs9sgQ64_S8kgFQ/viewform?pli=1



Change the World, Send out Good Vibes!

Open a newspaper, turn on the television, check your phone's news feed and all you see are wars, disasters, economic crises, violence, scandals, diseases, and climate change. Day after day, the news seems to feed only on drama and failure. Through repeated exposure, this view of the world becomes deeply ingrained in the collective consciousness. It shapes our thoughts, influences our emotions, and alters our perception of reality.

The result is clear to see: a general climate of defeatism and pessimism takes hold. Fear becomes familiar, stress becomes constant, and anxiety becomes almost normal. Many feel powerless in the face of a world they perceive as increasingly bleak, uncontrollable, and doomed to decline. Yet this view is neither complete nor accurate.

Indeed, while bad news dominates the media, billions of positive acts are performed every day on Earth, which go largely unnoticed. People care for others, they help, support, listen, comfort, create, teach, heal, protect, cultivate, and repair. These are simple gestures, sometimes invisible, but imbued with immense power. They do not make the headlines, yet they constitute the true living fabric of humanity.

From a vibrational point of view, this news disproportion has serious consequences. By focusing almost exclusively on the negative, the world is obscured by

a dense emotional field of fear, tension, anxiety, and discouragement. This collective inner atmosphere acts like a fog that prevents us from seeing solutions, creative impulses, and possibilities for transformation. The more we feed this climate, the stronger it seems to become. It is therefore essential to respond. Not by denying the difficulties or taking refuge in artificial naivety, but by consciously choosing where we place our attention. Everyone has real power: that of their vision, their inner attitude, and the vibrational quality they emit on a daily basis.

Changing the world always starts on a very simple scale: where we live, with the people around us, in our families, our neighborhoods, our workplaces, and our everyday relationships. Every constructive thought, every kind word, every act done with clarity and heart subtly changes the atmosphere around us. These changes are sometimes imperceptible at the time, but their accumulation creates profound and lasting effects.

Adopting an enthusiastic outlook on life is not escapism, it is an act of courage. It means refusing to be trapped in a fixed and fatalistic view of reality. It means reminding ourselves, again and again, that every difficult situation is by nature temporary. Nothing is immutable. Personal history and collective history both demonstrate that crises, however intense, always eventually transform, giving way to new equilibriums.

Proving this to oneself is fundamental. Every human being can observe in their own life that the trials they endured yesterday no longer define the present. With hindsight, what seemed insurmountable often becomes a memory, a lesson, or even a turning point toward something better. The problem eventually becomes obsolete.

Sending out good vibes is therefore not just a matter of superficial optimism. It is an inner responsibility. It is choosing not to amplify the prevailing fear, but to become a point of stability, clarity, and momentum. It is deciding that, despite the alarming news, our presence in the world will contribute to enlightenment rather than darkness.

If everyone, at their own level, takes this direction, then the global vibrational landscape begins to change. Slowly but surely. The world does not only need external reforms; it needs human beings who remember their power of inner transformation.

Changing the world begins today, here, now. Through a broader perspective, more conscious speech, and more just actions. Sending out good vibrations is not a luxury: it is a necessity to breathe new life, meaning, and hope into our common humanity. Be active and triumphant! With much love to each and every one of you!

OM OM OM

Venerable Gurudev Hamsah Nandatha

101 Fun Activities

For Kids That Don't Involve Screen Time

- | | | |
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| <ul style="list-style-type: none"> <input type="checkbox"/> Go on a Bug Hunt <input type="checkbox"/> Measure a tree <input type="checkbox"/> Plant some seeds <input type="checkbox"/> Make a secret code <input type="checkbox"/> Create a time capsule <input type="checkbox"/> Make marshmallows <input type="checkbox"/> Create a collage out of magazines <input type="checkbox"/> Make paper people <input type="checkbox"/> Read a book <input type="checkbox"/> Run around the garden 10 times <input type="checkbox"/> Make bubble mix and blow bubbles <input type="checkbox"/> Have a treasure hunt <input type="checkbox"/> Make a bird feeder <input type="checkbox"/> Learn a new instrument <input type="checkbox"/> Have a treasure hunt <input type="checkbox"/> Write a Haiku <input type="checkbox"/> Draw on the sidewalk with chalk <input type="checkbox"/> Create a weather station <input type="checkbox"/> Make slime <input type="checkbox"/> Dress up <input type="checkbox"/> Draw a fun factory <input type="checkbox"/> Make a paper airplane that flies <input type="checkbox"/> Design paper airplanes <input type="checkbox"/> Have a scavenger hunt <input type="checkbox"/> Make garden perfume <input type="checkbox"/> Jump on the trampoline 100 times <input type="checkbox"/> Draw a comic book <input type="checkbox"/> Paint a picture <input type="checkbox"/> Have an arm wrestling match <input type="checkbox"/> Make finger or sock puppets <input type="checkbox"/> Do some colouring <input type="checkbox"/> Play hopscotch <input type="checkbox"/> Make honeycomb <input type="checkbox"/> Go on a nature hunt | <ul style="list-style-type: none"> <input type="checkbox"/> Plant some seeds <input type="checkbox"/> Sort out your toys <input type="checkbox"/> Draw your town <input type="checkbox"/> Create a play <input type="checkbox"/> Make sun shadows <input type="checkbox"/> Do some birdwatching <input type="checkbox"/> Play a game of Beggar My Neighbour <input type="checkbox"/> Photograph a rainbow of things <input type="checkbox"/> Make a Fortune Teller <input type="checkbox"/> Create a fairy garden <input type="checkbox"/> Make pizza dough <input type="checkbox"/> Build a card house <input type="checkbox"/> Bake some cookies <input type="checkbox"/> Play Paper, Scissors, Stone <input type="checkbox"/> Make a family newspaper <input type="checkbox"/> Make jelly/jello <input type="checkbox"/> Brush or walk the dog <input type="checkbox"/> Learn a magic trick <input type="checkbox"/> Make a marble run <input type="checkbox"/> Play solitaire <input type="checkbox"/> Try blow art <input type="checkbox"/> Create a self-portrait <input type="checkbox"/> Write a short story in 100 words <input type="checkbox"/> Build a new Lego creation <input type="checkbox"/> Make a flick book <input type="checkbox"/> Learn a card trick <input type="checkbox"/> Go for a bike or scooter ride <input type="checkbox"/> Make a smoothie <input type="checkbox"/> Fly a kite <input type="checkbox"/> Play marbles <input type="checkbox"/> Tidy your room <input type="checkbox"/> Make mudpies <input type="checkbox"/> Write a letter | <ul style="list-style-type: none"> <input type="checkbox"/> Make a musical instrument <input type="checkbox"/> Go on a sound hunt <input type="checkbox"/> Do 25 star jumps or burpees <input type="checkbox"/> Make play dough <input type="checkbox"/> Paint a rock <input type="checkbox"/> Sort out your LEGO <input type="checkbox"/> Make some soup <input type="checkbox"/> Sing some songs <input type="checkbox"/> Go on an alphabet hunt <input type="checkbox"/> Make ice pops <input type="checkbox"/> Fold napkins into fun shapes <input type="checkbox"/> Skip 100 times <input type="checkbox"/> Write in an ancient language <input type="checkbox"/> Interview your grandparents <input type="checkbox"/> Make invisible ink <input type="checkbox"/> Create a fairy catalogue <input type="checkbox"/> Make up a new dance <input type="checkbox"/> Make a miniature book <input type="checkbox"/> Make s'mores <input type="checkbox"/> Listen to a podcast or story <input type="checkbox"/> Build an obstacle course <input type="checkbox"/> Learn to sew <input type="checkbox"/> Play hopscotch <input type="checkbox"/> Do some gardening <input type="checkbox"/> Wash the car <input type="checkbox"/> Make lemonade <input type="checkbox"/> Draw your family tree <input type="checkbox"/> Help make dinner <input type="checkbox"/> Draw around your hands <input type="checkbox"/> Make gingerbread men <input type="checkbox"/> Build a den or fort <input type="checkbox"/> Make a sun catcher <input type="checkbox"/> Have a disco <input type="checkbox"/> Look at old photo albums |
|---|--|--|





**TRI-VILLAGE BUZZ
NEWS TEAM**

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Most coyote conflicts are avoidable through proactivity, modification of human behavior, and responsible animal guardianship.

**COYOTE MATING SEASON FACTS
& COEXISTENCE TIPS**

- Coyotes often mate for life and are highly devoted parents.
- Coyotes live as individuals, as mated pairs, or in family groups.
- Coyotes DON'T become more aggressive this time of year. They will, however, protect their family and homes.
- You might see and hear coyotes more frequently as they vocalize to claim territory and partners. This is not cause for concern.
- Coyotes naturally avoid humans. Bold behavior is unusual and often stems from habituation caused by intentional or unintentional feeding, the presence of dogs, or the protection of their den and family.
- Although free-roaming pets are more likely to be harmed by automobiles than by wildlife, coyotes may occasionally view cats and small dogs as potential prey and larger dogs as threats.
- Coyotes DON'T lure dogs; that would put them at risk. If chased, a coyote will retreat to their family for safety, where they may defend themselves. This is a response to a loose dog chasing wildlife, not luring.
- Pets should be supervised, especially at dawn and dusk, and kept in a secure yard.

Coyotes are the most persecuted animals in North America, with over 500,000 killed annually. Indiscriminate killing disrupts families and fails to permanently reduce populations or prevent conflicts.

*"While it is February one can taste the full joys of anticipation
Spring stands at the gate with her finger on the latch."*

— Patience Strong

*The February sunshine steeps your boughs and
tints the buds and swells the leaves within.*
William Cullen Bryant

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Tri-Village Buzz Newsletter

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February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 	3 Wasa Lion's Mtg 7 pm	4	5	6	7
8 Church 10:30 am	9 	10	11 WLLID Mtg 7 pm	12	13	
15 Church 10:30 am March submissions due!	16 	17  Wasa Lion's Mtg 7 pm	18 Wasa Coffee Social 1-3 pm	19	20	21
22 Church 10:30 am	23	24 	25	26 	27	28
1 Church 10:30 am	2	3  Wasa Lion's Mtg 7 pm	4	5	6 	7


LEGEND

Church Service 10:30 a.m. Lions 7 p.m.
 Quilters 10 - 4 Tops; wednesday 9 a.m.
 Lion's meetings 1st & 3rd Tuesday of every month





NUMBERS AT A GLANCE

- Ashram Meditation & Yoga.....250.422.9327
- BC Wildfire..... *5555.....or1.800.663.5555
- Catamount Contracting.....250.422.3694
- Conservation - Emergency.....1.877.952.7277
- Cranbrook/Kimberley Hospice.....250.417.2026
- Econobuilt.....250.421.7813
- EMERGENCY.....1.800.663.5555 (*5555)**
- Hi Heat Insulating.....250.422.3457
- HD Railings.....250.422.3457
- Kootenay Kwik Print.....250.489.4213
- Kootenay Monument Installations.....422.3414
- Lantz Farm (Hay).....250.420.1660
- Rascal Dock Systems.....250.421.1746
- TOPS.....Nicky Popowich..... (250) 422-9248
- Wasa Country Pub & Grill250.422.3381
- Wasa Hall.....250.422.3514.....422.3795
- Wasa Hardware & Building Ctr.....250.422.3123
- Wasa Lake Gas & Food.....250.422.9271
- Wasa Lions Med Eqp...250.417-7654.....793.9491
- Wasa Lions Trail Donations.....250.417-7654
- Wasa Memorial Garden (Sherri Shields).....email-
- Wasa Post Office.....250.422.3122



SPECIAL EVENTS *and Days Down the Road*

- TOPS every Wednesday morning at the Wasa Hall. Weigh in at 9 - 9:30 AM - mtg 9:30 to 10:30
- Pickleball - every Monday & Wednesday 9 - 12, in the Community Hall
- Next WLLID Board mtg Feb 11th

DESIGN | PRINT | COPY
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