



FREE MONTHLY PUBLICATION

TRI-VILLAGE BUZZ

February 2021 ISSUE 236

Visit: www.wasalake.com/buzzsu

From the Earth to the Oven

Not everyone who ends up in the arts learns their chosen path as a child. My introduction to pottery came at age 24, when I was an industrial photographer at Alcan in Kitimat. My job entailed photographing broken welds and dirty machinery, for the most part. It paid extremely well, but having studied photography at the Northern Alberta Institute of Technology for two years earlier, I had focused mainly on the creativity. My job had little of that.

So I looked in the local paper and a night school course in pottery was being offered at the high school. I signed up, and truly enjoyed it, even though for my final project after three months was to make a great big bowl. It became an eggcup, and who needs an eggcup?



My job was quite demanding so I didn't continue with the pottery, vowing to get back to it when I could. Needless to say life got in the way, and I spent about 27 years as a newspaper editor among other things when I left Alcan.

When I said goodbye to newspapers for good in 1997 and we moved to North Vancouver, I started a landscaping design and construction company. On Christmas morning that year I found an envelope in my stocking. Unbeknownst to me my wife's old elementary school, about a 15-minute walk away, had been converted into a school for the handicapped and a small arts centre. She had signed me up for classes, and sat there smirking at me as I read the registration form. "You've been talking about this for 25 years, so shut up and go."



So I did. The teacher was Louisa Leibman, an amazing potter from South Africa. I took classes with her for 10 years, learning throwing and hand-building techniques, different types of firing, including low and high temperatures, and raku. We fired with electric, wood and gas kilns.

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WHEN THE MOON HITS YOUR EYE

submitted by Barry Morvai

Happy belated New Year to all fellow celestial observers. I, for one, am very happy to see the back side of 2020, and am looking forward to a new year of moon viewing. The best part is, I was gifted a new telescope for Christmas and am very excited to see the night sky.....in a whole new light....so to speak.

So with January out of the way, let's review what we have to look forward to for February.

February's sky is kinda quiet. The new moon will occur on the 11th. Hopefully we get some clear skies around this time to view galaxies and star clusters.

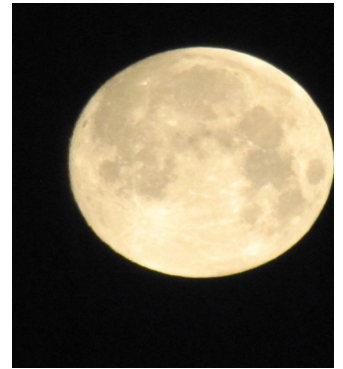
The full moon will land on the 27th. North American natives referred to this moon as the "snow moon" due to the heaviest snows would fall around this time. "Hunger moon" was another name since harsh weather made hunting difficult. the almanac says "bald eagle moon" "Bear moon", "Groundhog moon", and "Raccoon moon". A lot of animals involved there eh

The dark side of the waxing moon always points in its direction of travel around the Earth--eastward.

I never looked at it that way before.....so for those of you who know more about the zodiacal signs in the sky, the moon will be in the Gemini constellation on the evening of the 23rd. this will give an opportunity to view Castor and Pollox, the Gemini "twins"

Although February did not offer a lot of viewing (more experienced viewers will call me out on that one),

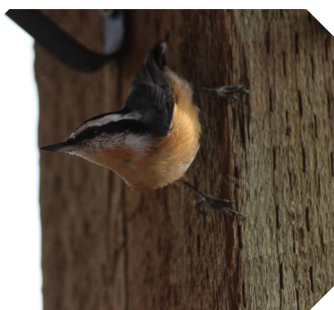
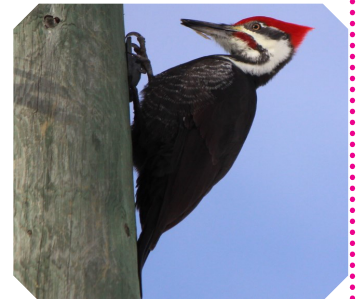
I'm pretty sure March will be better.....and warmer 😊, cause standing outside for hours on end when its minus 20 is really hard on my old bones....so stay warm and enjoy your viewing.



Bird's Eye View:



I love watching the birds in my yard. And I am always amazed at the diversity of our feathered friends in this area! While the collared doves are definitely the most common, we can also be treated to a glimpse of nuthatches, chickadees, flickers, downy woodpeckers, hairy woodpeckers, pileated woodpeckers, pine siskins, blue jays, stellar jays, clark's nutcrackers, gray-crowned rosy finches, chipping sparrows And that's just in my backyard!! What's in yours?





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CALLING ALL ARTISTS - YOUNG & OLD!!

Tri-Village Buzz is partnering with the Wasa Lions to produce a cookbook that will compile all of the recipes published over the last 10+ years. This is a fundraiser for the two organizations and we need **your** support!!

'Buzzing in the Kitchen' will need a front cover!! I want to see our community's artistic abilities :) Open to all suggestions; but it will have to incorporate the Buzz bee.



Winner will receive a free cookbook and a \$25 gift certificate to one of our advertisers! I am excited about this project - let's see what you have!!

Contest will end March 31st, 2021

email your entry to trivillagebuzz@gmail.com

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To receive a newsletter by e-mail contact the Tri-Village Buzz @
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www.wasalake.com/buzz
Tri-Village Buzz Newsletter
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Wasa, BC V0B 2K0

VOLUNTEER OPPORTUNITIES WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that! Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out.

*Wasa & District Lions Club

*Wasa Recreational Society

*TriVillage Buzz Newsletter

*Wasa Community Library

*Wasa Lake Land Improvement

*Wasa & District Historical Association/Garden Group

*Bingo

*Armchair Traveler

* Wasa Gym

*Tri-Village Kids Club

*Wasa Pancake Breakfast

are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

"Volunteering is a work of heart"

Many of you have a story, adventure or life story about people you know in our area, that happened in years past and you are eager to share, so that the history is not lost. I would like to include them in the "Following the Trails of Yesterday" page. Please phone me if you would like to contribute to the column at 250.422.3766 or email me at -- judymcphee9@gmail.com --

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and their place in our hearts

I would like to revive an old favourite!
Send me pics of your 'fur babies' and a bit of a
story of how they came to be in your heart.



Moscato is my baby! When we first moved here I started looking for a cat. So I contacted some rescue organizations, letting them know I was looking for a siamese kitten to adopt. And I got a call from the Tobacco Valley Animal Shelter in Eureka. So away I went. I didn't have a pet carrier, so I brought an old birdcage - yes my little one came home in a birdcage! It certainly made the border guards take a second look, lol. I didn't just end up with a lovely siamese - I ended up with a Burman. Such a beautiful girl!! She has my heart!



The Lions Den

Wasa & District Lions Club – Serving Wasa & Area since 1976

Lion's Roar

submitted by Terry Marvel

Welcome to the present submission from the Lion's Roar. What a ride we're having! At least, the weather has been cooperating. The Lion's held our annual Christmas Light-up tour this year and decided no monetary prizes would be handed out, due to our scant ability to raise funds so we thought we would share the three best decorated homes in the area, and let us say: it was not an easy choice! There were many well-lit places. We chose Kelly Moritz, Ken and Gina Johnson and Brent and Bev McGinnis as the three finalists.



We haven't been able to do much else due to the Covid 19 situation. We've even had to pause our twice-monthly meetings. We've lost a few members due to relocation: Best of luck to Kerry and Bev on your new adventure. You'll be missed!

We are currently attempting to raise funds via the Columbia Basin Trust to repair the top boards on the rink, replace the roofing on half of the eating area at the kitchen facility and possibly install soffitting on the ceiling of the whole area to brighten it up and make it cleaner.



Spring is coming and hopefully with it, a better way of life for everyone. So get out and enjoy the rest of the winter!

From the Earth to the Oven continued from pg 1

After 10 year in North Van, Cathie and I bought a 10-acre farm in Spallumcheen in the North Okanagan, just outside Armstrong. The previous owner was a furniture maker, who built a 25x45-foot straw bale building. That became the home of Hecate Farm Pottery, named for the Greek Goddess of the Crossroads, Hecate, and the time I spent working for the Department of Fisheries on Hecate Strait south of Prince Rupert.

I hung out my shingle and started teaching, as well as selling pottery. At one point I challenged some local artists to get out of their comfort zone and try painting their own artistic style with underglazes, on pottery I had made and bisqued. That really took off, and from there I branched out to offer Pinot and Pottery to several women's groups, and offered pottery pieces to several of the community groups raising funds for worthy causes.

Last October a friend of ours in Kimberley, John Stafford, emailed me to explain they were having a hard time getting any pottery for their annual show and sale. He asked if I would be interested. I thought about that for all of three seconds before saying "yes!" A couple of weeks later we came to Kimberley with some pots and stayed at the Riverside RV Park, the most beautiful park we have ever stayed in.

After spending four days looking around the community we went home, and over the winter made the decision to move to Kimberley. At the end of a three-day visit John saw a house for sale in Townsite so we arranged a showing, made an offer and the next morning owned the beautiful old house.

Once again, the Kimberley Arts Council and Centre 64 have been extremely supportive and helped promote my Christmas sales out of our garage at 530 Trail St. In the spring I will have my kiln wired into the garage, and depending on what happens with the pandemic, I can start teaching again with a portable wheel that can be used in the yard.

Making pottery has a Zen-like aspect to it, because you have to clear your mind and focus exclusively on what your hands and creative juices are doing. It can be addictive, in a very good way. I guess I never got over my childhood penchant for playing in the mud.

My thanks to Lois for her support, and maybe I'll see some you in the spring.



Hecate Farm Pottery

Al Price

250.432.0897

hecatefarm@gmail.com

Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent injury? or have plans for surgery?

The Lions may be able to assist with a 3-month loan of Medical Equipment. For loan information or equipment donations to the Cupboard, contact: Sharon @ 250.417.7654 or Val @ 250.422.3499

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RECIPES ... RECIPES ... RECIPES ... RECIPES

There have been numerous recipe submissions over the life of the Buzz. And we are looking at compiling those into a cookbook for a Wasa Lions/Buzz fundraiser.

What was your favourite recipe?

Submit your vote for a chance to win a gift certificate to a Wasa Advertiser. And feel free to submit a favourite recipe from your home to be included in the publication!!



Buzzing in the Kitchen



Wasa Community Church

I don't have to tell you this, because of course you already know, but times are tough. This lockdown is a hard thing to try to get through. Although certainly, even within the last 80 years, this world has been through much worse global events, for so many of us, this pandemic is the worst global event we've been through. It doesn't always help us feel any better to know that, "Things have been worse!" It's still bad.

Once we get through this, though, we will have our freedoms back. Once this virus gets under control, we'll be able to go back to living how we were before, not being restricted. However, others around the world didn't have freedom to begin with, and won't have it after this either. So I just want to remind and encourage you to be thankful for what we have, because we are very blessed to live where we do. We are so blessed to live in Canada. Especially here in the Wasa/TaTa Creek/Skookumchuck area, in such a beautiful place, in the midst of the Rockies and Purcells, where even during the lockdown, we have freedom to go out and walk in nature.

I know even after the lockdown, things aren't going to be perfect. This country is not a perfect country. No country is. No government leader is perfect, either. Nevertheless, we are so much better off than so many other places, and though we can't ignore the bad, let's not let it overcome the good. As the old hymn says, "Count Your Blessings." Let us not forget to be thankful.

Pastor Jon Malpass, Wasa Community Church, (250) 464-4419

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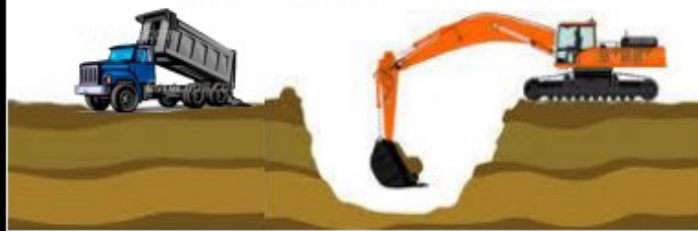
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Never doubt that a small group of thoughtful, committed people can change the world. Indeed. It is the only thing that ever has.

Avocado Alfredo Pasta

- 12 oz. spaghetti, cooked, reserving 1/2 cup pasta water
- 2 avocados, pitted and scooped
- 1 clove garlic, chopped
- 1/4 c. fresh parsley leaves
- 2 tbsp. heavy cream
- 1 tbsp. lemon juice
- 1/2 c. freshly grated parmesan, plus more for serving
- Kosher salt

Freshly ground black pepper

In a blender, combine the avocado, garlic, parsley, heavy cream, lemon juice, and Parmesan. Season with salt and pepper. Add 1 1/4 cups water and pulse until smooth.

In a large skillet, toss the alfredo sauce with the cooked spaghetti. Add 1/4 cup reserved pasta water or water. Heat over medium until warm, adding more pasta water or water, if necessary. Serve topped with more parmesan and black pepper.



Thank You!

On behalf of the Wasa and District Lions Club I wish to express our heartfelt gratitude to the Wasa community, our seasonal friends and visitors for their generous donations to our scholarship fund. Your contributions of recyclable bottles and cans has kept our scholarship fund healthy in this difficult Covid time.

Lion Val - Wasa and District Lions Club

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Water Hub

The WLLID has been a member of Living Lakes Canada (LLC) for many years. LLC is establishing a Water Hub for the East Kootenay. It went live on the internet in mid-December.

The Water Hub, <https://waterhub.livinglakescanada.ca/>, is very much in its infancy and will house a collection of publicly accessible data-sets covering various aspects of water from elevation levels to numerous quality metrics. Participating groups will soon begin adding their specific datasets to the Hub, including the WLLID.

WLLID is participating in the Water Hub. WLLID has collected water elevation data for the lake and Kootenay River since 1996. At some point in the next year, WLLID will upload its daily water data making it available, not only to Wasa residents, but anyone wishing to conduct environmental research. WLLID will not be giving away the data to anyone or any group. WLLID will retain ownership and control of the data placed with the Water Hub.

Water Test

The WLLID conducted a water test of Wasa on 19th November. A second water sample was drawn from Cameron Pond on the same day. WLLID took this action in order to establish a baseline of data showing the chemical and mineral composition of the water from both samples.

Results from the test, for both locations, are overwhelmingly positive. Full details and the CARO Analytical Services report can be found on the WLLID website, www.wasalake.ca.

All of the parameters tested fall below the Provincial Government guidelines for water quality, except one item.

Readers of the reports will note one red number in the Microbiological Parameters section. Total Coliforms for Wasa tested at 39, which is above regulatory limits. The number for Cameron Pond was 8, which is also above regulatory limits, which is a maximum acceptable concentration (MAC) of zero (0). However, the key component of coliforms is the E. coli number, which in both cases, came in at < 1 / 100 mL of water for both locations. WLLID will continue to investigate the high coliform number.

For comparison, the E. coli numbers at public beaches around Wasa were < 5 /100 mL this past summer.

The Cameron Pond water sample was also tested for herbicides, particularly Glyphosate, a chemical compound found in such products as Round-Up. The Core Report shows the presence of Glyphosate at a concentration of <0.050 mg/L. This is well below the regulatory MAC of 0.28 mg/L. The water in Cameron Pond does not have high levels of either E. coli or herbicides. Full details of the Cameron Pond water test can be found on the website.

Wasa water was not tested for herbicides.

The CARO Analytical Services report for both the Wasa and Cameron Pond water samples can be found on the WLLID website, wasalake.ca. Any questions can be directed to admin@wasalake.ca.



photo submitted by Nowell Berg 



Back to the Present

Only the mind creates this notion of past and future and yet there is nothing like it in reality. You have never been in the past. You have never been in the future. You are only stuck in the present moment. Since there is no past and no future, there is no present moment either... there is only a timeless presence called "consciousness". This assertion is mind blowing when you think about it, because we constantly measure our existence in keeping with its duration and what we can do during a given lapse of time.

Everything you think, everything you do, gives you the appearance of an existing timeline. Einstein's general theory of relativity established time as a physical dynamic force, being part of space-time, but this very conception of time is also very relative since it is only a way to fractionate eternity to make it fit our equations.

You have certainly heard about the concept of "the present moment" so wonderfully described by Eckhart Tolle, who is an expert, a great teacher in spreading awareness and freedom from the mental illusion of time. Past, present and future refer only to the one experiencing duration. Without any consciousness witnessing and experiencing time, there is no time at all... everything becomes timeless, eternal, and immortal.

Since we are not all physicists, we are likely not interested in time in terms of its interaction with space, but in terms of how we make time drive our lives. It is true that time plays an important part of our daily schedule and it is the cause of a lot of

stress. The duration of life, or life expectancy, hoping, aging, regretting, doing all sorts of things according to a certain time, before it is too late, etc. creates a tremendous amount of tension in the mind of any human being. We create time and we become the victim of our own creation. Time is elusive and relative; it is not the same for you as it is for a bird, a plant or a rock.

The quantum jump here is to understand that time, space and all that we believe to be so real is in fact only happening within yourself because you, as conscience, are present to make it so. If your body is an extension of your brain, then your brain is an extension of your conscience as a waking state and your conscience is an extension of your consciousness as pure presence of awareness.

There is thus an ordinary consciousness and an awakened consciousness. The ordinary consciousness consumes time and is dependent upon it according to the duration of the life of the body of flesh, whereas the awakened consciousness has no beginning and no end, it is timeless. Being everything, it doesn't need to be anything in particular. The awakened consciousness is always present and free from any limitation, but it is masked by the false impression of being only an ordinary consciousness, limited by time and space as a body and mind. The belief of being limited by time and space comes with the wrong idea that we are only made of matter through our physical appearance. This illusion can be dissipated by practicing the return to the present moment, which makes you experience what you are beyond the

inclinations of your mind and your body.

The closer you get to your pure state of consciousness, the more unaffected by time and space you become, since consciousness is immaterial and timeless. In order to experience the state of pure consciousness, one needs to willingly withdraw from any attraction to the past and the future by remaining still and neutral in the present moment and thus without any projections towards the future or regrets towards the past. This action is called "meditation" since it is a willing return to the present state of witness consciousness.

It is possible for anyone to start training to return to the present, especially when adversity or stressful situations arise, and this, in order to handle the relativity of life without the deforming and perturbing veil of emotions.

Breathe deep two or three times, decide to "go back to the present instant" with no remorse for the past or projection towards the future, and let your entire presence settle down until you feel lighter and freer. In the present moment you become supra-physical, supramental and you realize that there is no need for you to stress or to be afraid anymore. You will then feel that, with peacefulness, the outcome of any situation is always liberating.

May each of you *go back to the present moment* as often as possible for your benefit and for the benefit of all those who share life with you.

With love and blessings,

Venerable Gurudev Hamsah Nandatha

Adi Vajra Shambhasalem Ashram

Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Sherry Shields

Our Community Garden is always looking for volunteers.

If interested in volunteering at the garden or you would like to share a memory relating to the garden call Sherry Shields @ 250-919-7887 © or email slshields27@gmail.com.

Among a scattering of pine needles and Creeping Kinnikinnick resides a Happy Face; a tribute placed in memory of Sally who was instrumental in the creation of our Memorial Garden.



Story by Juergen Keller

Sally Diefenbach (aka Bubbles to her grandchildren) was a big part of the community and also the creation of the memorial garden. Sally always liked the Happy Face and when she was diagnosed with Cancer the Happy Face became her symbol for life, to fight the cancer and remain positive and most of all make people smile. She had one on the hood and doors of her little yellow Chevy truck, it was included in cards and letters and it was the theme of her Live Wake. She had vests made for the family and even had buttons made up with a smiley face on them.

Special consideration was given to Dustin Keller to have the happy face placed in the garden.

2019 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels - \$1000.00 + engraving

Bottom Row - \$900.00 + engraving

UNIT 2 Columbarium (new)

Niche cost - \$1100.00 + engraving

Niche Engraving - \$275.00

Memorial Plaque - \$300.00

(engraving costs are subject to change)

Contact info:

Pat Walkey @ 250 422-3530 or
pwalkey@shaw.ca.

*Let me not pray
to be sheltered from dangers,
but to be **fearless** in facing them.*

~ Rabindranath Tagore ~

Let courage carry you.



KOOTENAY RIPPLES

There are a few books remaining for sale.

\$50.00/ea

Contact Pat Walkey @ 250 422-3530 or
pwalkey@shaw.ca.



Donate your pop cans & liquor bottles (no dairy please), to the Wasa & District Lions Club to help with their scholarship fund. Please call Val @ 250.422.3499 to make arrangements for drop off at the Lions Grounds.

Tips & Tricks

Send yours to:
trivillagebuzz@gmail.com

** Keep an empty soda bottles handy, in case you need a hot water bottle. Just fill it up with hot water, wrap in a towel and there you go!

** If you place bay leaves in all your kitchen drawers and in the flour and sugar containers, you will keep any crawling critters away.

** To keep your pizza crust crispy, try placing the cheese on before the sauce.

WASA & DISTRICT LIONS PETE VERESHAGEN MEMORIAL RINK

submitted by Marilyn Bowen

The Wasa & District Lions Pete Vereshagen Memorial Rink was officially opened on December 16, 2014. The rink was funded from the B.C. Provincial Government's community Recreation program, Columbia Basin Trust funding through its Community Development Fund, as well as Wasa Lions fundraising.

Our Wasa Rink originated at the Wasa Campground and was managed and maintained for a number of years by Pete Vereshagen. Up at 3:00 am to flood and again at 5:00am and 7:00 am to make sure the surface was in great shape for the locals to use. A lot of the work was done by hand with the help of the Parks truck and fire hose.

The construction of the rink was completed over a period of months in 2014. With the help of many volunteers putting in approximately 4000 hours of volunteering and Western Recreation Ltd. the rink was ready for use in the winter of 2014/2015.

The boards surrounding the rink were supported by individuals by a donation to the club to help with maintenance. With the help of the RDEK the Lions acquired a Zamboni to help with the flooding of the rink surface. This has made the work involved to flood a much easier process.

We currently run the rink with volunteers from the Lions as well as the community. Many thanks to all the volunteers in helping to keep the rink in the great condition it is in. If you would like to help with the rink, please contact the Wasa Lions.

This facility is for use by one and all free of charge. Donations would be greatly appreciated to help with maintenance, and can be sent by mail to Box 10 Wasa, BC V0B 2K0, or to any Lions member.

THANKS AGAIN FOR YOUR CONTINUED SUPPORT

The happiest people I know are those that lose themselves in the service of others - Gordon B. Hinckley

HAY FOR SALE

Please call Mike to make arrangements

250.420.1660



**LANTZ
FARMS**

Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time
- All users must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" – no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



GYM HOURS AND INFO

For Gym Schedule
please contact:
Sonia Blackwell at
250.421.3019 or
Rod at 250.422.3253



We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.

Ronald Jacob Bruce Harder

August 26, 1935 - January 12, 2021

Ron was born in Saskatoon, Saskatchewan, the seventh of eleven children (three boys and eight girls) to Jacob and Josephine. The first six born were girls so his parents were relieved to get a boy. He grew up in Saskatoon until the age of eight and then the family moved to the west coast settling in the Vancouver area in 1944. He lived there until 1950 before moving to Oliver, BC where he began his electrician's training. In 1953, he moved to Dundurn, Saskatchewan, living on a farm with his Uncle Jeff and Aunt Mim and became the youngest in Saskatchewan to obtain his electrician's ticket at the age of 18. He then moved back to the Okanagan wiring towns and building churches with his father throughout the BC interior. At the age of 23 he got a job as an electrician at the pulp and paper mill in Ocean Falls, BC. He enjoyed his time continuing his trade and also serving as a volunteer for the fire department. He then moved to work at the Banff Springs hotel for two seasons. He then got a job on the DEW (Distant Early Warning) Line in the Canadian Arctic. He greatly enjoyed his time in the arctic amongst the polar bears and vast tundra. After five years on the DEW line he moved to Alberta and became an electrician at the Chateau Lake Louise. It was there he met Beatrice Lemire who was a switchboard operator at the Chateau. Ron and Beatrice married in Calgary in 1968 and in 1970 moved to Pincher Creek to begin work at the Shell Waterton gas plant. He worked there for 25 years retiring in 1995. He spent many summers at their cabin on Wasa Lake, BC and then moved to Red Deer in 2018 to the Timberstone Mews where they made many great friendships with the residents and joined the Deer Park Alliance Church. Ron always enjoyed a game of cribbage, doing puzzles and had a great interest in trains. He was able to fix and repair anything whether it be electrical, plumbing or carpentry. He always enjoyed watching his sons in their various sports and was always supportive in all of their activities and his kind and gentle nature will be greatly missed.

He was pre-deceased by his parents Jacob and Josephine, siblings Pearl, Dorothy, Ethel, Hazel, Harold and is survived by siblings Shirley, Velma, Emelie, Joy and George. Also survived by many nieces and nephews.

He is survived by his wife Beatrice, sons Ron Jr. (Dianne) and Russell (Tara) and grandsons Boughen and Jet.

A formal service will be held later in the year once physical distancing regulations have been lifted.



Where
do you
take your
Buzz?



Email your photos with "The Buzz". Your picture will be featured in the current issue of the Buzz and your name will go into a draw for the "2021 Where do you take Your Buzz" contest.

Email: trivillagebuzz@gmail.com

“

Volunteering is the ultimate exercise in democracy. You vote in elections once a year but when you volunteer, you vote every day about the kind of community you want to live in.

ANONYMOUS



Editors corner:

Where do I begin? Since I took over the editor position of the Tri-Village Buzz two years ago, a lot has happened. I experienced a huge learning curve in how to publish a small newsletter – and the reviews and feedback have been awesome! I really, really appreciate the support I have received from community members. It is a ‘job’ I thoroughly enjoy!

Even before I took over, I know Wendy struggled with committed volunteers for things like submissions to the kids fun page, recipe submissions, etc. And that struggle has continued for me. We have had individuals step down from positions for a variety of reasons; just tired and need to move on, for health reasons, left the community. Every reason valid.

But the concerns arise when there is no one willing to step into those vacant positions, bringing ‘new blood’, as it were. And as editor, filling in those ‘blanks’ becomes my responsibility. Which is not outside my skill set, or abilities. But the name of the newsletter is TRI-VILLAGE BUZZ, not Lori’s Buzz. And the Newsletter will only survive if it is a community effort, reflecting community ideas, concerns, talents, events, news.

The positions available are:

Treasurer: this individual keeps our books balanced, makes sure our expenses (which are very few) are paid, donations registered, etc. This really only takes a couple of hours a month, at the very most.

Invoice coordinator: this individual keeps track of when ads come up for renewal and checks in with the vendors to see if they want to continue – and then invoices them. This is a position that can easily be combined with the Treasurer, or kept separate, but with great communication between the two.

Helpful Hints: this individual submits an article every month covering helpful hints topics. You can be creative and match the hints to the seasons, specific products, etc. You can make this your own! and have a bit of fun with it.

Fun Page: this individual submits puzzles, word searches, etc. every month. Another opportunity to be creative and make it your own. I have been told there are a number of adults that enjoy this page a lot! so it would be a shame to see it disappear from the Newsletter.

Recipes: this can be a collaborative effort from every member of the community. A recipe that reflects each holiday season, something your family loves, your go-to on a busy evening

Main Article: This is someone I could count on to make regular submissions of local information, infamous residents, community history and so on that will often be used as the front page story. Ideally, it would mean monthly submissions, but even every second month, it would be so helpful!!

At one time the Buzz had regular sports articles, book reviews, history ‘bytes’ and I would love to see more diversity in our monthly newsletter.

As you can see, no one position is overly burdensome. But at this point in time, I am doing it all. As well as putting the newsletter together and getting it to the printer, picking it up and getting it to the post office, all before the end of each month.

I am reaching out to community members to help fill a need for the buzz. A plea, if you will. I love the fact that this newspaper has been around for 15 years and would like to see it continue, but as I had stated, this is a community paper.

I can do things you cannot, you can do things I cannot, together we can do great things

Mother Teresa

Every successful individual knows that his or her achievement depends on a community of persons working together



Paul Ryan

Garden Facts & Fables

I don't know about anyone else - but my little portable greenhouses are set up in my living room, lights, trays and heating mats ready to go. Now I just have to decide; which tomato and pepper varieties am I starting? How many flowers do I pre-start? What have you already prepped for the next growing season? I would love to hear your ideas!!

The thistle is Scotland's national flower! The Vikings had a hard time getting through the vast patches of thistle when they invaded Scotland hundreds of years ago, so the Scots were able to escape. They later honored the plant by naming it their national flower.

*The February sunshine steepers
your boughs and tints the buds
and swells the leaves within.*

William Cullen Bryant

Have you ever seen?



Winged Beans: The unique angled shape earned it the name four-cornered beans or four-angled beans. It's quite an underrated vegetable because it's nutritious and most of the plant parts are edible.

Black Radish: The black skin and the white flesh is a striking contrast, giving a dish an interesting color and texture. This will make an intriguing change in both your vegetable garden and dishes.



Chayote: Chayote is a gourd vegetable variety with a slightly different structure. It is a pear-shaped vegetable but lacks the numerous seeds found in its counterparts. It has a single, large and flattened pit which is edible.

Does Music Help Plants Grow? Here's the Research:

It's generally well-accepted that music affects plant growth and health and we also know why:

Certain sound frequencies stimulate the movement of cytoplasm in the plants' cells, which boosts metabolism and, therefore, growth.

Sound also influences the opening and closing of stomata – the tiny pores that act like primitive lungs on plants. Music helps a stoma stay open for longer, thus taking in more air and growing faster.

Some sound frequencies activate genes that speed up plant growth.

Further research on the type of music for plants and sound frequency concluded to the following results:

Classical music made plants grow better, bushier, and greener, with healthier stems.

Jazz music also accelerated growth and made plants fuller.

Heavy metal music, together with new age and **Celtic tunes** increase both plant mass AND fruit taste.

Country and western music for plants had no effects on development.

Noisy rock music damages plants in the same way excess water or heavy winds do.

<https://youhadmeatgardening.com/best-music-for-plants/#:~:text=It%E2%80%99s%20generally%20well-accepted%20that%20music%20affects%20plant%20growth,frequencies%20activate%20genes%20that%20speed%20up%20plant%20growth.>



Advice From a Garden

Cultivate lasting friendships
Sow seeds of kindness
Listen to sage advice
Don't let the little things bug you
Be outstanding in your field
Take thyme for yourself
No vining!

**"Your Mind is a Garden,
Your Thoughts are the Seeds.
You can grow Flowers
or you can grow weeds..."**

WHAT TO DO NOW

The time is nearing when you can begin to start seeds. Now is the time to check everything and make sure it's all in working order. Be sure you have the supplies you need, the seeds you need, and make sure your grow lights are functioning too.

Take the time to organize your seeds and put them in order from the seeds you'll start first all the way down to those which should be direct sowed.

Do You Know Your Weather Lore Rhymes? ANSWERS

If the rooster crows on going to bed, you may rise with a ... **watery head**

January wet, ... **no wine you get**

Red sky at night, sailor's delight. Red sky in morning, sailor's ... **warning**

If the sun shines on Groundhog Day ... **have half the fuel & half the hay**

When ladybugs swarm, expect ... **a day that's warm**

A dry May and a leaking June make the farmer ... **whistle a merry tune**

See how high the hornet's nest ... **'twill tell how high the snow will rest**

When windows won't open and the salt clogs the shaker, the weather will ... **favor the umbrella maker**

If snow begins at midday, ... **expect a foot of it to lay**

Mackerel scales and **slippery snails** make tall ships carry low sails.

*Volunteers are
unpaid
not because
they are
worthless,
but because
they are
priceless ...
anonymous*

It is interesting to find that February, March and November are month twins! This means that these three months always start on the same day as the week unless February has a Leap Year. Also in Leap Years, February has a month twin of August.

Welcome Neighbours & Visitors

Groceries

Ice Cream

Fast Food

Cold Beer

Wine & Spirits

Lotto!

Wasa Lake Gas & Food

250.422.9271

Groceries ~ Ice Cream ~ Fast Food

Cold Beer ~ Wine & Spirits

Recreational Gear

Lotto ~ ATM

Gas & Diesel ~ Propane

Wash Bay

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Contact store for hours



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COYOTE SNAPSHOT



The coyote (*Canis latrans*) is a member of the dog family (*Canidae*) and is

closely related to both the wolf and the domestic dog. The coyote's range has increased since the arrival of Europeans and the reduction in wolf populations. Unlike wolves, coyotes are well-adapted to living close to human settlements. Coyotes are efficient hunters and can help control rodent populations.

Coyote reports can increase slightly during coyote breeding season which begins in February. While coyotes generally do not attack humans, they pose a threat to small pets - both dogs and cats. They will also eat in home gardens especially if they see fruits and berries. Please do not let your dogs out alone or on the walking trail unleashed, have your dog on a leash (you should anyway that's what's posted at the entrance on the waking trails)

A lone coyote (known as the Scout of the pack) may have your dog chase him and then somewhere in the distance the pack waits your dog. Then the outcome is tragic as they can & will attack/kill your and eat your pet. Your dog is the dinner. Just be aware it happens.

*Coyote breeding typically peaks in late January and early March, the gestation period averages 58 to 63 days.

Male coyotes can become more aggressive during this time of year, the long and short of it all is that coyotes always pose a risk to your dog (and other small pets such as cats).

All coyote encounters that are aggressive in nature or show a lack of fear of people and pets should be reported to the Conservation Officer Service at 1-877-952-7277. These reports can be viewed on WildSafeBC's Wildlife Alert Reporting Program.

<https://wildsafebc.com/species/coyote/>

The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events and recreation of the community. Through fund-raising, volunteering and rentals, we are able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- **Hall Rentals and Information:** Karen Markus 250.422.3514 or Bonnie Meena 250.422.3795
- **Gym:** Sonia Blackwell 250.421.3019 or Rod 250.422.3253
- **TOPS:** Susan 778.524.0012
- **Library:** Judy McPhee 250.422.3766
- **Quilter's Club:** Linda Sungaard 778.524.4456
- In addition, BINGOs are held the 2nd tuesday of the month - 6 months of the year, at the Wasa Hall. See details in the calendar. Early bird starts at 6:30 p.m. & regular at 6:45 p.m.
- TKC coffee is held the 2nd wednesday of each month



Dale Gray

Phone: 250.422.3638

Cell: 250.421.1746

email: dale58@shaw.ca

Box 245 Wasa, BC V0B 2K0

DOCK SYSTEMS



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RDEK NEWS

RDEK NEWS



By Area E Director Jane Walter

Area E's 2020 Volunteer of the Year is Larry Gould.

Larry has contributed to the Wasa and Area for many years, I cannot list everything that he has contributed but I will list a few of the activities.

Larry has brought his equipment to many fires and helped to put the fires out, he has donated wood to the Lion's Club for many of their projects, he has worked at Pancake breakfasts. I believe that when Larry hears that someone needs help he shows up to help.



Thank You Larry for everything you do for the community.

Normally we honor our volunteer of the year at Area E's Town Hall Meeting. We were not able to hold the meeting because of Covid. When we get back to normal times we will have a meeting where we can give Larry the Honor he deserves.

The RDEK office is still closed because of Covid-19. The staff are still working so if you have any questions or want to apply for a application call or email the office 250-489-2791 or www.rdek.bc.ca

Zoom meetings are helping us maintain the safe distancing, so we have been able to continue doing our committee meeting and Board meetings.

If you have any questions or concerns Please call me at 250-427-2577 or email me at s.janewalter@gmail.com

Best Wishes for 2021. Please keep supporting the local businesses and Stay safe.
Jane Walter



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of others
only to
discover
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a **difference**
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ellie braun-haley



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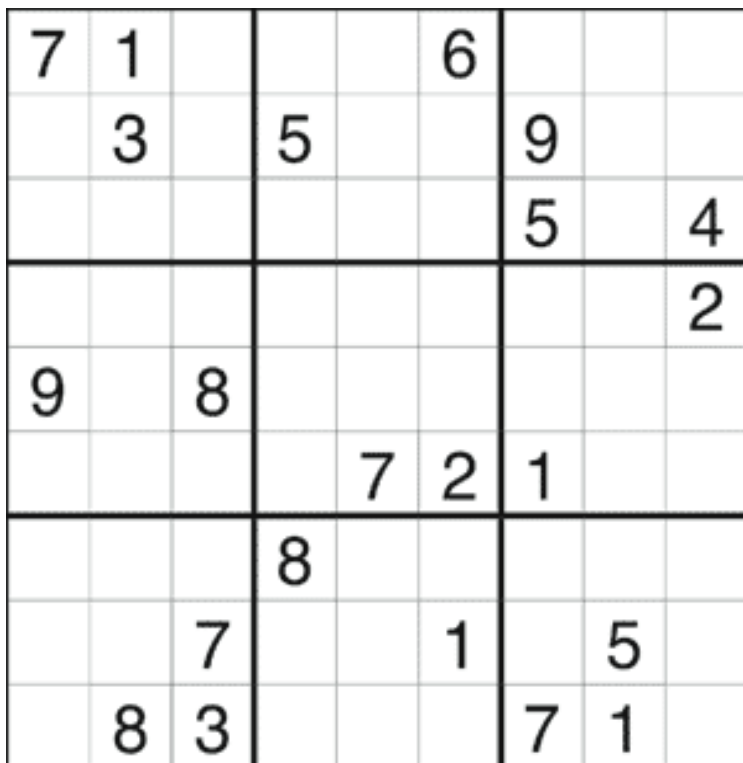
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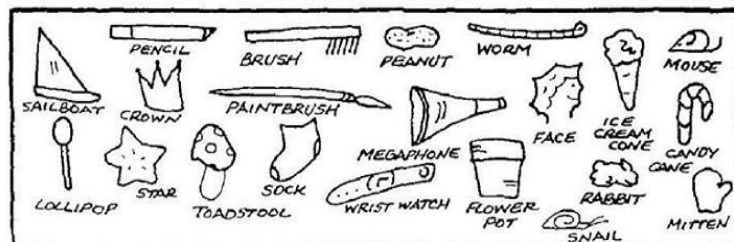
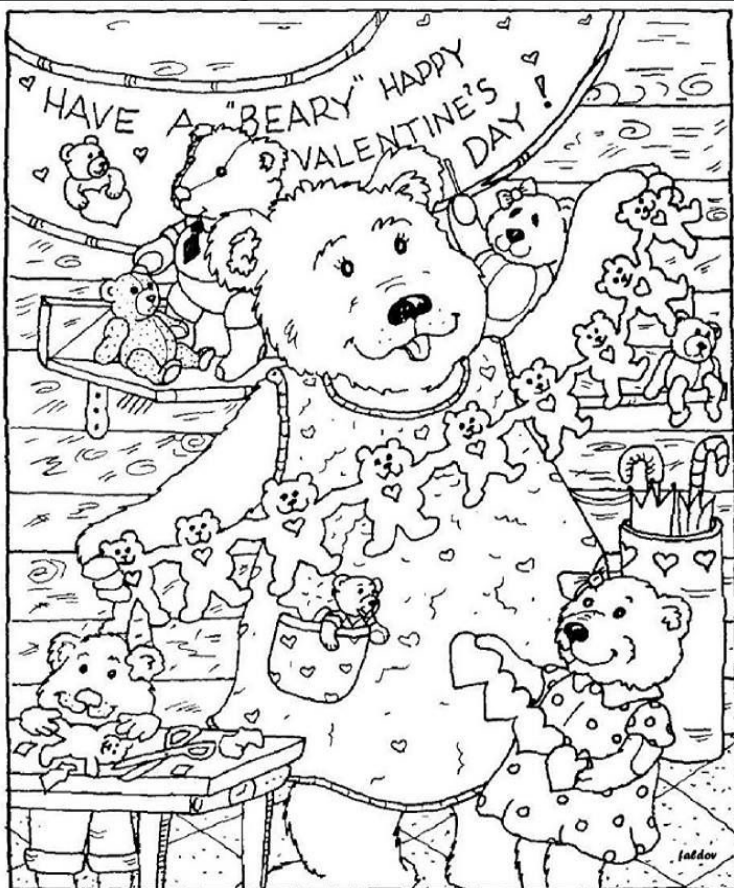


VALENTINE'S DAY

♥ WORD SEARCH ♥

Q Q R N F U R Z F K Y M F X D E L C L D
R Z C U C E P N R A I R A L I I H E Q R
Y W F H R I G L O X L S A O O O P X N G
F D K I G U H D H D B L S U C W Q U R U
F H M U W B V B R D F I I O R P E D C O
C D I B X S T T Z N T B L N G B Y R O Y
A G G A S W Y B J Q E A R O L T E Y S E
K S P Q W E Q X R M T F T U S O D F D V
E F A L M E W S I E S X A W O W V S J O
L T N M G T T N R W R T Z B C Z I E M L
O V X J D H E W E B O U Q U E T R O T I
V R W L H E G J Q B D I I L V Y O N R T
E M D P R A E N I T N E L A V P M E A K
I L I E J R Y V Z V L U W A S R A J E J
N N Y Q R T S R M P E U C A M N N B H V
K B T W K E O S R E I W G J Y P C O G I
M Z E Z S M N G F W N Y A W I G E B Y Q
X T E O J W U T V B U D X O Y D N A C I
W V R P C G V H G I F T H X G I N M Y Y
M C V J J N R Z H U F M U I K Q E V E R

ADMIRER	BE MINE	BOUQUET
CANDY	CHOCOLATE	CUPID
FALL IN LOVE	FEBRUARY	FLOWERS
GIFT	HEART	HUG
I LOVE YOU	KISS	LOVE
PINK	RED	ROMANCE
ROSES	SWEETHEART	VALENTINE



ANIMAL WORD SCRAMBLE



1. earbve _____
2. uagrc0 _____
3. lwaurs _____
4. utrlte _____
5. lgroali _____
6. occriolde _____
7. luffboa _____
8. grite _____
9. osmopus _____
10. oirocsrnhe _____
11. lrtoalgai _____
12. penheatl _____
13. macle _____
14. lworvenie _____
15. yoctoe _____
16. riefgaf _____
17. myoekn _____
18. nkaoaogr _____
19. nccoaro _____
20. daaakrvr _____





Wasa Community Library



(call Marg Burrin @ 250-422-3565 or Rose Smith @ 250-422-3088)

We close for summer and Christmas holidays submitted by Judy McPhee

During this period of time when there is the possibility of "Co-vid entering our community, the library will be open BY APPOINTMENT ONLY.

Masks will be required by all patrons using the library, at this time.

PLEASE PHONE Marg Burrin for an appointment. 250-533-3565

Thank you



How many hearts can you find in this issue? There should be a dozen



Email the trivillagebuzz@gmail.com and let me know where you found each one.

I will make a draw from all the entries and you could win a gift certificate from one of our advertisers!

WHAT DOES VOLUNTEERING MEAN TO YOU?

What comes to mind when you hear the word "volunteer?" According to Merriam Webster, a volunteer is "a person who expresses a willingness to undertake a service."

You do not volunteer for the pursuit of a monetary prize or recognition. You volunteer because the optimist inside you, perhaps the idealist, spies a glimmer of hope. You understand that you are helping. You see that your time is worth it. You believe that you are capable of inciting change and making progress. In some way, large or small, you are capable of doing good. Social responsibility is often a driving force when it comes to volunteerism. Empathy and awareness simply come along with the territory.

Most of the time, to volunteer means that you are working side by side with others. This connects you to other human beings as you are working toward a common goal. You are connected with the community. You are connected with the problem as well as the solution. You are connected to a process – a process in which you believe. Through your actions and involvement, you are benefitting others as well as yourself.

Find a Passion

Is there a cause that excites you? Is there something happening in your local community or overseas that breaks your heart? Find something that evokes an emotional response within you. Identify your goals and interests. What excites you? What pulls at your heartstrings? Awaken your passions and your heart by volunteering for something that is meaningful to you.

Consider Your Talents









What special skills or talents do you bring to the table? Are you a strong communicator? Do you work well with your hands? Are you creative? Do you like to study laws and policies? Consider if you want to use the same skill set you use during the workday when you volunteer. Perhaps you want to go in a completely different direction.

Honor the Commitment

Volunteers are busy people. They often have jobs, families and obligations to tend to. You are volunteering on your own time, but be sure to not overextend yourself to the extent that you will let someone down or not fulfill expectations. Do something that matters. You are choosing to use time to work for something. Be sure to give it your best shot!

<https://lotsahelpinghands.com/blog/volunteer-means/>

February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 	3	4 	5	6
7 Church 10:30 am	8	9	10 Yoga 6pm 	11 	12	13
14 Church 10:30 am 	15	16	17 Yoga 6pm	18	19 	20
21 Church 10:30 am	22	23	24 Yoga 6pm	25 	26	27 
28 Church 10:30 am						

LEGEND

Church Service 10:30 am Lions 7 pm
 Rec Society 7 pm Quilters 10 - 4
 Library; tuesdays 11 - 1 Bingo 6:30 pm
 Armchair Traveller 7:30 pm
 Tops; friday 9 am

**SPECIAL
EVENTS**

and Days Down the Road

- Wednesdays @ 6 pm; Yoga

Wildsight Winter Speaker Series

- February 10th - Propagating Plants
- February 24th - Backyard Composting
- March 10th - Human & Wildlife Coexistence
- March 24th - Swallow Identification

NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....250.422.9327
 BC Wildfire.....*5555.....or.....1.800.663.5555
 Brunos Plumbing.....250.342.5105
 Catamount Contracting.....250.422.3694
 Conservation - Emergency.....1.877.952.7277
 Cranbrook/Kimberley Hospice.....250.417.2021
 Econobuilt.....250.421.7813
EMERGENCY.....1.800.663.5555 (*5555)
 Hi Heat Insulating.....250.422.3457
 HD Railings.....250.422.3457
 Kootenay Kwik Print.....250.489.4213
 Kootenay Monument Installations.....422.3414
 Lantz Farm (Hay).....250.420.1660
 Rascal Dock Systems.....250.421.1746
 TOPS.....778.524.0012.....422.3686
 Wasa Country Pub & Grill250.422.3381
 Wasa Hall.....250.422.3514.....422.3795
 Wasa Hardware & Building Ctr.....250.422.3123
 Wasa Lake Gas & Food.....250.422.9271
 Wasa Lions Med Eqp...250.422.3231.....422.3499
 Wasa Lions Trail Donations.....250.422.3773
 Wasa Memorial Garden (Pat Walkey).....422.3530
 Wasa Post Office.....250.422.3122

