



WASA COMMUNITY HALL CELEBRATES 25 YEARS

Happy Birthday Wasa Community Hall!

In May of 1988 the community of Wasa received the building permit to build a Community Hall. And here we are 25 years later with this great facility that is so much a part of our community.

With the hard work of many volunteers and the BC Government's Legacy Fund the building started. There were many key contributors, volunteers and businesses that made this dream for a community come true.

It would be impossible to list the names of all the volunteers that have passed through the doors of this community hall and if it were possible the list would be the length of the community hall itself! Some of us are still here; still volunteering, some have moved on, some have passed and some are just plain ole worn out.

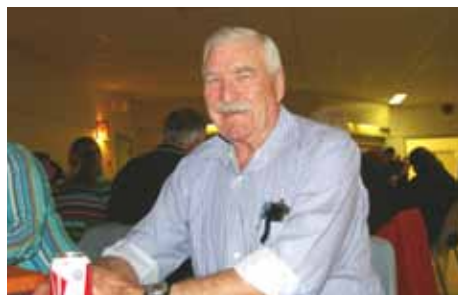
On October 19, the community and friends of Wasa celebrated 25 years of the community hall being a focal point of activities in the community.

A spaghetti dinner was prepared by members of the Wasa Recreation Society. The homemade spaghetti sauce wasn't the only thing we all enjoyed. It was social time; sharing memories, seeing friends we haven't seen for awhile; enjoying a few tunes and even having a dance or two. We have all participated in an event or activity at the hall.

We were very fortunate to be entertained by the music of the Bunkhouse Boys - our local favorite, and Sage Grass - who have roots right here in Wasa. Thank you to both bands - you were great!

The Wasa Recreation Society Committee (WRS) would like to thank the community for their continued support received throughout the year in keeping this community hall such a wonderful venue.

From the WRS Spaghetti Dinner organizing group - Orlena Campbell, Karen Markus, Ursula Kaufmann, Pat Walkey, Sandy Kay, Lorraine Colton and Jane Gendron, we would like to thank you all for making this such a fun and successful event.



Rod Monteith and Barry Holden above. These two gentlemen were instrumental in the development of the Wasa Community Hall concept.

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Orlena Campbell, Sandy Kay, Ursula Kaufmann. These 3 ladies are the longest standing active members of the Wasa Recreation Committee. Sandy Kay only just retired in May after many, many years.

**GREAT JOB!
AND
WELL DONE!!**





SENIORS WANTED

Are you over 55, energetic and like to meet people, then the BC Seniors Games Society is looking for YOU!! Every year thousands of seniors gather at a provincial location to celebrate and participate in sports and games. The sports registry is very diversified while the games registry ranges from cribbage to whist. Every year the east Kootenays send a strong contingent of athletes and games participants. The games normally take place in mid August or early September and are extremely well received in the area that hosts the extravaganza. The sports categories are normally separated into age variations of 55+, 60+, 65+, 70+ and then escalate in 10 year increments. Meetings are held quarterly (not mandatory attendance) at the seniors' hall in Cranbrook and registration for the annual games must be submitted by June 1st. If a large number of participants have entered one specific event, a play down may be required. The games are marginally competitive, highly entertaining and very well organized. A complete list of the activities will be printed in future editions as well as upcoming locations for the games. There are monies in the coffers to aid local senior activity centers on improving their facilities. (i.e. carpet bowling equipment, pickle ball equipment or tennis court upgrades- just to name a few possibilities) The aid is based on the number of participants in a particular area and distributed accordingly. If the Tri Village area were to increase their registration numbers, then the Senior games committee would allocate a certain amount of funding to our area to support our seniors and their activities. There is a yearly games fee of \$15.00 which is only to be paid if the participant is attending the games themselves. I can personally vouch for these games as I have attended two of them myself as an ice curler and have very fond memories for each of the years that I attended. It is very important for our seniors to stay as active as possible and I believe that the BC Senior Games provide an inspirational outlet to achieve fitness and mental awareness. With the ever increasing global numbers of our senior population, there seems to be a strong push by governments to acclimate the senior population to the availability of activities that these folks can enjoy and conquer. The healthier and active lifestyles that seniors opt for will supposedly help reduce hospital and medical care and instill those funds back into the hands of the healthy senior population. If you cannot

attend these games, I urge all of our senior readers to stay active, discover an activity (if you haven't already) and enjoy some of the best years of your life. **AN IDLE MIND AND AN IDLE BODY CREATE A CONDUIT THAT ALLOWS ACCOMPLISHMENTS TO SUCCUMB TO FAILURES.** For further information please contact myself at mcarelli52@gmail.com and I will answer any questions that I can and if I cannot answer your questions, I will pass them on to those that can.

ICE SHAVINGS

The Ice enter the month of November playing steady, aggressive hockey and, at time of publication, currently sit in 6th place in the Eastern Conference with a 6-5-2 record far surpassing their start to the 2012/13 campaign. Coach McGill has a very good feel for the esprit de corps of the team and will continuously tinker with the line up over the course of the year to achieve maximum success, as was proven during last years' second half run when he led the boys to one of the best records in the league over that span. Draft year sensation Sam Reinhart continues to lead the team offensively amassing 7 goals and 16 assists good for 23 points and second place in league scoring. Line mate Jaedon Descheneau has contributed 9 goals and 10 assists (19 points) which is good for 8th place in league scoring. Veteran defense man Jagger Dirk anchors the blue line corps while the crease is solidly defended by the steady MacKenzie Skapski. The team continually strives to improve their defensive zone coverage as is shown by their solid 3rd place showing in goals against average in the Eastern Conference. There are 8 home games to choose from in the month of November, so plan wisely, pick a game or two to attend and cheer the locals on.

DYNAMITER DYNAMICS

The Nitros currently sit atop the Eddie Mountain division of the KIJHL with a 9-3-1 record. While only have played 4 games, goalie Tyson Brouwer is in 3rd place in overall league standings with a goals against average of 1.92 and save percentage of .924. Regular starting goaltender Jeremy Mousseau has struggled a little bit out of the starting gate comprising a goals against average of 2.66 and save percentage of under .900. There is varied play on the special teams units as the power play is performing at a mediocre 16% clip while the penalty killing squad sits in 2nd place in league stats with an

88% kill average. Offensively the team is led by the veteran tandem of Jared Marchi (18 points) and Jason Richter (13 points) while newcomer Brandon Bognadek (12 points) has been a pleasant surprise. Darren Martin and Bryce Perpelitz bolster a formidable rear guard unit. The Nitros have 5 home games in November to choose from to attend and cheer the Blasters on. November is a very busy month for local junior action and both of our representatives in the WHL and the KIJHL would love to see your derrieres occupying some seats at the Cranbrook Western Financial Place and the Kimberley Coliseum respectively. Go Teams!

Announcing New NHL "Pick-The-Winning-Team Contest"

The Tri Village Buzz is proud to announce the introduction of the first free NHL monthly pick the winner contest. The rules are simple. Each month we will list a schedule of Saturday games (normally played mid-month) and your duty, as a faithful reader, will be to pick the winning team of each particular game. When you have dissected the games religiously and know the winners, **then you are to e-mail your picks, along with your first and last names and phone number to mcarelli52@gmail.com. For those of you who do not have access to a computer, you can phone me at 250 422-3298.** There will be a handsome prize dug up from the TVB coffers to be presented to the winner at the end of the regular season. Sorry but Staff members of TVB are ineligible to submit entries for this particular contest.

November 16 Games

Buffalo @ Toronto

N Y Rangers @ Montreal

Pittsburgh@ New Jersey

Detroit@ N Y Islanders

Carolina@ St. Louis

Chicago@ Nashville

Tampa Bay @ Phoenix

Florida@ Colorado

Edmonton@ Calgary

Good luck to all participants.

This is your paper and we thrive on local sports. If you have any quips, anecdotes or any suggestions on how to improve our format, we would love to hear from you. See you all next month!



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(pking753@gmail.com)

or go to:

www.wasalake.com/buzz

Tri-Village Buzz Newsletter

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2013 WASA LIONS



Merry Christmas

Advance Tickets Only

Saturday, November 16th

9:00 am

\$30.00 each

limit 6 tickets per person

Wasa Community Hall

Christmas Dinner & Dance

- **Saturday, December 7th, 2013**
- **Doors Open at 5:30 p.m.**
- **Cocktails at 6:00 p.m.**
- **Dinner at 7:00 p.m.**
Prime Rib & Turkey
- **Dance at 9:00 p.m.**
DJ: Keon

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Ice Schedule

Sun, Nov. 3	vs	Tri Cities
Tue, Nov. 5	vs	Calgary
Fri, Nov. 8	vs	Red Deer
Sat, Nov. 9	vs	Spokane
Tue, Nov. 19	vs	Everett
Fri, Nov. 22	vs	Brandon
Sat, Nov. 23	vs	Brandon
Sat, Nov. 30	vs	Edmonton

Dynamiter Schedule

Sat, Nov. 2	vs	Creston
Fri, Nov. 8	vs	Revelstoke
Sat, Nov. 9	vs	Kamloops
Fri, Nov. 15	vs	Creston
Fri, Nov. 22	vs	Castlegar

Tammy Jean Hollett

My Apologies... Tammy Hollett was born on February 8, 1962 not February 6th.

Feb 8, 1962 - Sept 12, 2013



Wasa Community Church Presents:

& Adult Christmas & Dinner Theatre



Friday, December 13th, 2013
6:30 p.m. at Wasa Community Hall
Tickets \$20.00 each - contact
Pastor Gary 250.422.3344

After expenses are met, the proceeds will be
donated to Wasa Community Church
and to the Wasa Community Hall.

WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

Submitted by Naomi Miller

Stage three of the Flood Disaster Funding paperwork has been submitted for the needed repairs on the south bank of Cameron Pond. The next regular meeting of the WLLID is scheduled for 7:00 p.m. on Monday, November 18th at the Wasa Hall.



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For More Information Contact:

Susan: 250.422.3510

Irene: 250.422.3686

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www.tops.org

Thank you

*The family of Frances West would like to thank
Family and friends for the condolences
and warm wishes for the loss of
a Wife, Mom, Grandma, Nan Nan and Sister
and a Best Friend that you could have asked for.*

*We would also like to thank everyone
for the food and goodies that were dropped off at the house
and for all the family and friends who shared Frances special day with us.*

*Thank you from the bottom of our hearts:
The Wests - Donald (Joker), Bob, Chuck and Patty
Margret and Harvey Johnson
Barry and Stacey Gould and Family
Mike and Robyn Gould and Family
Bobbie-Jo and Del Swanson and Family
Duane Johnson Edye Kermack*



*We also send our deepest condolences to the Hollett Family for their loss of a
wife and mother. Our thoughts and prayers are with you.*

From the Wests.



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Official Community Plan

The Wasa and area planning process is winding down. However, if you have any comments or concerns you can call me at 250-427-2577 or Michele Bates at 1-888-478-7335 or email www.rdek.bc.ca.

We are hoping to have a Public Hearing in January 2014. I would like to thank all of the people that came to the meetings or mailed in their comments. Their input is what created the community plan.

Wasa Recreation Society

I would like to congratulate the Wasa Rec. Society for all of their hard work in maintaining the beautiful hall. On Friday, October 18th the community celebrated the Wasa Hall's 25th Anniversary. Many of the people that attended the fantastic Spaghetti Dinner had been residents of the community since and worked on the construction of the hall. This hall is such a vital part of Wasa, especially since the closure of the school. I really appreciate the efforts of all of the volunteers that have worked on the hall in the past and in the present.

Home Based Business Regulations

The Bylaw proposing to regulate Home Based Business has gone to Public Hearing. This Bylaw should make it easier for people to start new home based businesses.

Cherry Creek Falls

Cherry Creek Falls has been designated an Electoral Area E Regional Park.

Memorandum of Understanding for a new Broadband Committee

The Broadband committee will collaborate to develop a vision for a broadband network through out the Columbia Basin. The committee will consist of representatives from Regional District of East Kootenay, Regional District of Central Kootenay, Columbia Shuswap Regional District, Regional District of Kootenay Boundary, Ktunaxa Nation Council and Village of Valemout.

Signage Requested

The RDEK has asked the Ministry of Transportation and Infrastructure (MOTI) to install signage at locations where wildlife carcasses are disposed of. These locations are not currently posted. The purpose of the signs is to alert the public and minimize the risk of human/wildlife interaction at these sites.

Norm Walter Bench

The St. Mary's Rural Residents Association donated a bench in Norm Walter's memory. The bench is located at the Avery Lake Access Park. My family and I were very honored with this presentation. Norm left a very large imprint throughout the area.

Have a safe and happy month.

Jane Walter, RDEK Director,

Phone: 250-427-2577

Email: s.janewalter@gmail.com

Pet's Place



Pixie

Pixie is eighteen months old and lives with us and Molly (featured recently). Pixie has gone from being a crazy kitten to a more mature, haughty cat as you can probably tell by her photo. Pixie loves to hunt so is well suited to living in the Kootenays. She often shares her spoils with

us, often without heads - eugh!! Pixie and Molly are good pals but Pixie gets a tad fed up with Molly carrying her around by the scruff of the neck. Why she does not retaliate and use her claws we do not know. However, their relationship, and the absence of other cats to show Pixie the way, means that she loves every dog that visits and she shows no fear. It's funny to watch the bigger dogs with her as she weaves in and out of their legs, purring all the while. Pixie does love human company and will wake us up in the morning when she feels it is time for breakfast.

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News From the Pews

By Pastor Gary Semenyna



We have just finished our Thanksgiving Season, but this month I want to remind you to continue to be thankful. This month we need to be thankful to those who have served our Country in the war efforts. Many have given their lives so that we can enjoy the freedoms that we have in this great land of ours. Others have gone to different countries to help them attain the same rights and freedoms that we now enjoy. But it all has come at a cost, and may we never forget those who have willingly served our nation. Can I encourage you to go

visit a veteran that you know and personally thank them for the sacrifice they have made on your behalf. Be a participant in one

of the Remembrance Day Services and once again be thankful for what we have as a nation. Wear the "Poppy" with pride!

For those who are wondering, we want to let you know about our Adult Christmas Dinner Theatre that will be on Friday, December 13th at 6:30 p.m. at the Wasa Community Hall. This year the drama is "The Gift of

the Magi" which is based on the short story by O. Henry, and the drama is written by Mark Bedell.

The tickets are \$20.00 per person and you can call me at 250.422.3344 (Wasa Community Church) to reserve your spot at this Dinner Theatre. If I am not in, leave a message with your name and number and I will get back to you. After expenses are met, the proceeds from the Dinner Theatre will be split between the Wasa Community Church and the Wasa Community Hall. Consider this your invitation to come out and enjoy

...After expenses are met, the proceeds from the Dinner Theatre will be split between the Wasa Community Church and the Wasa Community Hall...

a night of great food, a number of laughs from the drama and to connect with others from the community.

Our Church Service starts at 10:30 a.m. and all are welcome to come and check us out. For those ladies interested in a Bible Study, there is one scheduled on Monday's at 1:00 pm, and will be at the Church. If you are interested give Patsy a call at 422-9226.

If any of you have any spiritual questions please feel free to give me a call at 250 422-3344.

Pastor Gary Semenyna



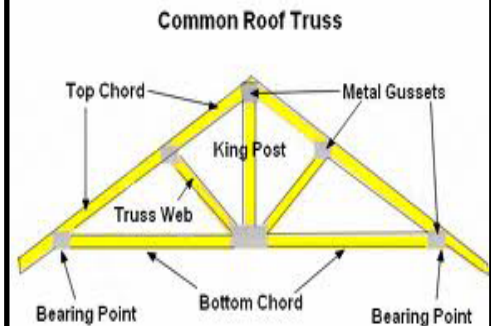
Ken and Helen Maine would like to thank
Slim Pickens and Wasa area
for supporting our
Grand-daughter and daughter-in-law
in their fight against cancer.
Gratefully Appreciated

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The Historical Society and Memorial Garden Committee

BOUQUET OF THANKS

The summer of 2013 is almost a distant memory and before all recollection evaporates I must send a 'Bouquet of Thanks' to all my favorite Memorial Garden helpers. Without their dedicated loving care this beautifully peaceful place would not be quite so welcoming. Areas like the Memorial Garden take many willing hands to keep it nicely maintained. So let's send this little 'Bouquet of Thanks' to our lady gardeners **Orlena Campbell, Andrea Konschuh, Rhonda Douglas, Sonia Stienwand, Jeannette Abbott, Coralie Kittle, Pat Walkey, Sibell Robinson, Bev Falkiner and also Naomi Miller** for her organization skills. Excellent job everyone! There must also be a special mention of **JC McPhee, Don Konschuh and Bev Rauch** because those guys just never ever quit. We appreciate all who from time to time offer some help, you know who you are, many thanks!



If you haven't as yet visited the Memorial Garden then be sure to add it to your bucket list for next season. We enjoy many very positive compliments - so call in, after all it is your space too. The location for those who don't know is at the end of Schoolhouse Road.

Thanks one and all for supporting Sally's dream it is such an important addition to our area.

Sandy Kay,
for The Historical Society and Memorial Garden Committee



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Where do you take...

YOUR BUZZ ?

Only 1 month left - contest ends in December!



During a recent trip to Las Vegas, Darlene Davis takes a moment to pose for a photo in front of "John Mull's Road Kill Grill". This legendary grill was featured on the TV show Diners, Drive-Ins and Dives where the barbecued ribs and baked beans are the absolute best! Sorry Fanny... but yes, the baked beans are even better than yours.

Winner will be announced in February 2014!

- Send me a photo of you in your travels pictured with the Tri-Village Buzz.
- Include a brief description of where you went and the names of the people in the photo.
- I'll publish all photos received.
- The name of the person sending me the photo will be entered in a draw for a \$50.00 Gift Certificate redeemable at any one of the advertisers (of your choice) advertised in 2013 in the Tri-Village Buzz.
- The draw will take place December 2013.
- One winner will be drawn, enter as many times as you like (one photo per destination please).
- Open to all readers of the Tri-Village Buzz.

email: trivillagebuzz@gmail.com



Glenn Johnson
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Wasa Community Church

~ Pastor Gary Semenyna ~
office: 250.422.3344
home: 250.422.9226



Sunday
Worship Service
10:30 am

Thursday
Bible Study
7:00 pm.

The Lions Den

Submitted by Kathy Miles-Boue

LIONS CLUB VISIT

At the October 15th dinner meeting, the Wasa & District Lions were happy to have 5 members of the Invermere Lions Club join us for dinner. In the past, there was Hot Potato that was passed among the Clubs in Area E. The Club that had it in their possession had to put in a donation amount for each member in their club and do so at each meeting until they were able to pass it on to another club. This encouraged the Clubs in our district to visit with each other, giving the members an opportunity to exchange ideas for fund raising, increasing memberships, etc. Due to the distances between groups, however, this inter-club visiting became an issue, especially in the winter times. The Invermere Lions Club has encouraged us to begin these visits again. We look forward to seeing our fellow members from the Golden Lions Club sometime soon and thank the Invermere members for helping us realize that these visits are an important part of being a member of Lions International.

LIONS CHRISTMAS DINNER AND DANCE

This annual event takes place on Saturday, December 7th. Tickets go on sale Saturday, November 16th at 9:00 am in the Wasa Community Hall. The Lions are excited about hosting this fun event and the fact that it is one of our main fund raisers makes it even better! Not only do you get an opportunity to have a great meal and visit with your neighbours and community members, you have a chance to win one of the many prizes generously donated by many area businesses and residents. You also get a chance to help out the Kimberley Helping Hands Food Bank by donating food items. The Lions are proud to have the opportunity to put on such a popular event and we look forward to a fun night.

CHRISTMAS LIGHT-UP CONTEST

Mark Sunday, December 15th between 6 PM and 8 PM on your calendars and set up a reminder! The judges will be doing a tour of the area and will determine the winners of this annual contest. The three winners will be announced in the February edition of the Tri-Village Buzz. As well as the small monetary award (first prize is \$100, second prize is \$60 and third prize is \$40), they will retain bragging rights on their displays until the next contest. Thank you to everyone with their Christmas lights on for making our area a cheery, festive place to be during the holiday season.

NEW MEMBERS

The Wasa & District Lions Club are delighted to announce that we have three new members! At our October 15th dinner meeting, President Marilyn did an induction ceremony and the Club welcomed Dana Gold, Linda Gold and Steve Wilson. The Lions Club is excited about the opportunity for three new members to assist us in all that we do and look forward to working with them. Welcome Dana! Welcome Linda! Welcome Steve!

WASA COMMUNITY HALL

The Wasa Lions Club would like to thank the Wasa Recreational Society for organizing the Spaghetti Dinner on October 19th. It was a great way to acknowledge the 25 years the Wasa Community Hall has been a part of our lives as it is indeed a place that gives meaning to the word Community. For 25 years, the Hall has brought together many people for events both happy and sad. The Rec Society is to be commended for their hard work in keeping it well-maintained and fully equipped. We are the envy of many small communities and the Lions Club wants to send a big shout out to everyone who has helped with the Hall over the years! What a wonderful legacy!

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Do you use your mind or are you used by your mind?

Have you ever taken a moment to observe what is going on in your head or to stop and ponder why you think what you are thinking about right now? Do you make the decision to think or are you compelled to think in your own unique way? If you pay even the slightest attention to what is going on in your head, you will quickly realize that no matter what you think about, it is always somehow imposed upon you. You may think that you think freely according to your own will, but have you ever tried to not think at all? What would you experience if you weren't having all these thoughts arising one after another in your head throughout the day?

This is the very reason why we are so interested in practicing Meditation at the Ashram. The experiences of great Yogi Masters throughout millennia have proven that beyond the thought process, there is another level of existence that is called "Pure Consciousness" or a "Pure State of Being".

In your mind, the "you" that you are is the result of all the past memories that you've acquired since birth and even from other lives. In the mind, what are you? Nothing more than your physical body, your personal and partial memories and an image of yourself, a mere reflection of yourself which you call "me", meaning your personality, your ego; that's it! But beyond your mind, the true "you" is not your physical body, nor your memories or your ego as a

personality, but it is Pure Freedom, a pure Consciousness freed from all limitations regarding time, space and causality, which is called your "Essential Presence" or "Central Being", referred as the "Atman" in the Sanskrit Sacred Scriptures.

If you observe what is going on in your head, it is easy to verify that you don't think freely as you are always the unconscious follower of thoughts that pop-up without having been invited or consciously "ordered" by you. One of the most important observations in yoga is to realize that you don't use your mind but you are used by it. All the thoughts that rise in your conscious mind have been triggered by emotions and impressions coming from your past. You think the way you think mostly because you want to protect yourself from the possible return of painful experiences that you've had in the past. No matter what you think of, even the slightest thought, it is always because of your past, not because of the present. Since everything that is thought in your head is based upon past impressions, can you be sure that what you are thinking about right now corresponds to the reality of the present moment? Knowing that every moment is absolutely unique and has never happened before, how do you intend to respond perfectly to the present situation if everything going on in your head stems from the past? In simpler terms, how do you evaluate your present situation? Is it based upon the past, or can you go beyond the mind, by eliminating the past and seeing the world as it really is for the first time.

These are very interesting questions for which the answer can become an inner experience discovered through a more and more extensive observation of your mind, not as a "victim" of your thoughts and emotions but as an increasingly quiet and vigilant Witness of your own way of thinking in your own world. In doing so, you will soon experience the Reality of the Real World which, by the way, has nothing to do with the way you have thought the world until now.

May all this logical and pragmatic reflection make you eager to use your mind rather than be used by it. Be careful, the mind is tricky; it is the master of all illusions! My beloved Guru used to say: "Don't believe everything that pops up in your head!" and He was so right!

With blessing and love to all of you!
Warmly yours in the Lord.

OM OM OM

Gurudev Hamsah Nandatha
Adi Vajra Shambhaslem Ashram,
Wasa, BC, Canada

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which is a road map
to Self-Realization.
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book and its author, visit
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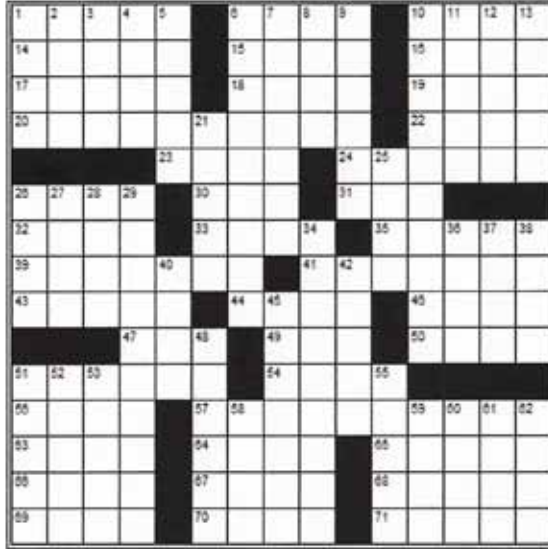




"MARIO'S FUN PAGE"

Answers Page 11

Crossword



DOWN

- ACROSS**
- Noodles
 - Assist in crime
 - Bucket
 - Electronic letters
 - Identical
 - Sea eagle
 - French for "Queen"
 - Narrow opening
 - Poop
 - Beneath
 - Walking stick
 - Small slender gull
 - Found at the end of a pencil
 - Sharp intake of breath
 - And so forth
 - 16 1/2 feet
 - Dwarf buffalo
 - Weight loss plan
 - Flexible
 - A member of the Cosa Nostra
 - Corridor
 - African antelope
 - An aromatic ointment
 - Not pre-recorded
 - New Zealand parrot
 - Floral necklace
 - 1 1 1 1
 - Extreme cruelty
 - Dregs
 - False god
 - Utility
 - Essence
 - Corporate image
 - Creepy
 - Backside
 - Nobleman
 - Wear away

- South American country
- Ends a prayer
- Told
- Prong
- Watchful
- Claim
- Equilibrium
- Send forth
- Leash
- Indiscretion
- Tapestry
- Absurd

- Pariah
- Requires
- Somersault
- Contest
- A Freudian stage
- Couch
- Analgesic
- Treble
- Identical or fraternal
- Possess
- Visual organs
- Poems

- French farewell
- Lively tempo
- Talisman
- Rope fiber
- Love intensely
- Drench
- Slumber
- Fly high
- Roman emperor
- God of love
- On the left or right
- Views

Why don't the Calgary Flames drink tea?

Because the Edmonton Oilers have all of the cups!

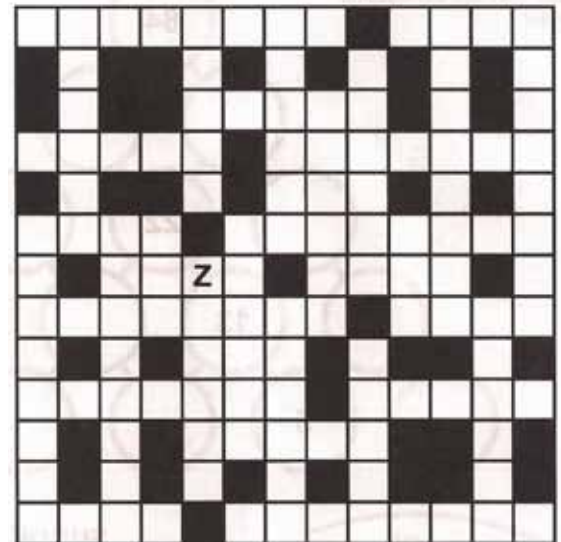


Sudoku

6		8			
		4	6		
	3	7			5
	7				3
		2	8		9
	5		9	1	2
	2			8	
4					7
	6	8			2
					1

		4			
	8				4
3			7		
	3	9		8	
	5		6	9	
		1			2
9		5			2
			8		3
	4	6			8

Wordfit



Can you fit all of the listed words into the grid? One letter is already in place.

3 Letters

ALE
IRK
RIG
SAD

5 Letters

DODGE
ESSAY
LATEX
OATHS
SEVEN
THETA

6 Letters

AZALEA
BEETLE
BEFORE
CANKER
NESTLE
THESIS
TURBOT
ZEALOT

8 Letters

ABSOLUTE
AFRICANS
ASBESTOS
FISHBONE
MARMOSET
RECYCLED
RESETTLE
SERGEANT

4 Letters

DEBT
EASY
FEAR
FIZZ
FROM
ORAL

7 Letters

BUCKLES
SUNBEAM

Find a Word

B A O N T L P O S E O T A M O T C H
A K O G I O Y E N A S E M R A P V I
C E C S A S M O P S U S C R T S H I
O C A A T I L A K P H S T E E N M Z
N B S E J O S M T R E I A V F O E U
G A R O V Y R A I O C R I G Z I S C
O S T O N B E M T H S L O Z E L M C
A A R L O E P R O N O A A N S O O H
T P L I L M P K E K A R U N I C O I
C R S M I A E A C T E L O C R C R N
H I C A V H P A L L N I P U E O H I
E C I L E P L I L A N O S G N R S G
E O L A O B L A E O J T M A G B U O
S T R S I F E E B D N U O R G E M U
E T A P L P B L A S P A R A G U S D
S A G S R E P P E P A N A N A B E A
S P I N A C H G R E E N O L I V E S

ARTICHOKE HEARTS
ASIAGO
ASPARAGUS
BACON
BANANA PEPPERS
BASIL
BELL PEPPERS
BLACK OLIVES
BROCCOLI

CRUST
EGGPLANT
FETA
GARLIC
GOAT CHEESE
GOUDA
GREEN OLIVES
GROUND BEEF
HAM

JALAPENOS
MONTEREY JACK
MOZZARELLA
MUSHROOMS
OLIVE OIL
ONIONS
OYSTERS
PARMESAN
PEPPERONI

PROVOLONE
RICOTTA
SALAMI
SAUSAGE
SHRIMP
SPINACH
TOMATO SAUCE
TOMATOES
ZUCCHINI



T. O. P. S.

Submitted by Arla Monteith

A Tidbit from Wasa TOPS...

Stepping Up to Success

TOPS International President Barb Cady shared a parable with us and I would like to share it with you as I feel it epitomizes TOPS.

It goes something like this:

"A rancher owned an old mule. One day, the mule wandered through the field and fell into an abandoned well. Soon the rancher heard the mule braying.

After assessing the situation, the rancher realized he did not have the tools to hoist the mule up and decided to fill in the hole. He called his neighbours and enlisted their help to haul and shovel dirt to get the old mule out of the well.

Initially the mule was hysterical! But as the ranchers and neighbours continued shoveling and the dirt hit his back, a thought struck him. Every time a load of dirt landed on his back he should shake it off and step up. "Shake it off and step up, shake it off and step up, shake it off and step up!", he repeated to himself with each shovelful.

It wasn't long before the old mule, battered and exhausted, stepped triumphantly over the wall of the well! What he thought would be his undoing turned out to be what saved him. It wasn't easy, but he did what needed to be done with the help and support of others."

The journey to a healthier lifestyle has its challenges. But we, at Wasa TOPS, are refusing to give up. We are resolving to shake off our mistakes. By accepting help, support and encouragement from our TOPS chapter, we are "shaking it off and stepping up" until we reach our goals. We are Stepping Up to Success!

Affordable way to learn about healthy choices and gain the support of others trying to make good choices.

Zucchini Coconut Loaf

1 egg
½ cup vegetable oil
1 cup white sugar
1 cup grated zucchini
½ tsp vanilla extract
1½ cups all purpose flour
½ tsp baking powder

1 tsp baking soda
½ tsp salt
¾ tsp ground cinnamon
½ tsp ground nutmeg
½ cup flaked coconut
½ cup chopped walnuts
½ cup currants or raisins

Preheat oven to 350°. Grease one 9x5x3 loaf pan

In small pan boil one cup water, add currants or raisins and boil for 2 min. Drain.

In mixing bowl beat egg, oil and sugar. Stir in zucchini and vanilla.

In another bowl measure flour, baking powder, soda, salt, cinnamon, nutmeg, coconut, walnuts and currants or raisins. Stir to combine thoroughly. Pour all at once over batter in mixing bowl. Stir to moisten. Turn into greased loaf pan.

Bake at 350° for 1 hour until an inserted toothpick comes out clean. Cool in pan 10 minutes before turning out on rack.

Fanny's Favorites

ANSWERS

P	A	S	T	A	A	B	E	T	P	A	I	L
E	M	A	I	L	S	A	M	E	E	R	N	E
R	E	I	N	E	S	L	I	T	C	R	A	P
U	N	D	E	R	N	E	A	T	H	C	A	N
			T	E	R	N	E	R	A	S	E	R
G	A	S	P	E	T	C	R	O	D			
A	N	O	A	D	I	E	T	L	I	T	H	E
M	A	F	I	O	S	O	H	A	L	L	W	A
E	L	A	N	D	N	A	R	D	L	I	V	E
		K	E	A	L	E	I	O	N	E	S	
S	A	D	I	S	M	L	E	E	S			
I	D	O	L		U	S	E	F	U	L	N	E
S	O	U	L		L	O	G	O	E	E	R	I
A	R	S	E		E	A	R	L	E	R	O	D
L	E	E	R		T	R	O	D	P	O	S	E

6	7	1	5	8	3	2	9	4
8	5	9	4	6	2	1	7	3
2	3	4	7	9	1	5	8	6
9	2	7	1	5	4	6	3	8
1	4	6	2	3	8	7	5	9
3	8	5	6	7	9	4	1	2
7	9	2	3	1	6	8	4	5
4	1	3	8	2	5	9	6	7
5	6	8	9	4	7	3	2	1

5	7	9	4	1	2	6	3	8
1	8	2	6	9	3	7	4	5
3	4	6	5	7	8	2	9	1
4	3	1	9	2	7	8	5	6
2	5	7	8	3	6	9	1	4
9	6	8	1	4	5	3	2	7
8	9	3	7	5	4	1	6	2
6	1	5	2	8	9	4	7	3
7	2	4	3	6	1	5	8	9

A	B	S	O	L	U	T	E	F	R	O	M
E		A	H	C	E					A	
F			T	H	E	T	A	S		R	
D	O	D	G	E		S	U	N	B	E	A
R			X		I	R	K		T	O	
F	E	A	R		A	S	B	E	S	T	O
I		F	I	Z	Z		O	R	A	L	E
S	E	R	G	E	A	N	T		D	E	B
H		I		A	L	E				E	
B	U	C	K	L	E	S		S	E	V	E
O		A		O	A	T	H	S			T
N		N		T		L		A			L
E	A	S				R	E	C			E

HISTORY BYTES

BY NAOMI MILLER



Forest Fire Lookout Jobs

BC Forest Services celebrated its 100th anniversary in 2012. Between 1920 and 1990 they posted men in lookouts atop 320 different mountain peaks. Plus, Parks Canada operated a few more in Revelstoke, Kootenay Yoho, Banff and Jasper National Parks. These summer jobs were much sought after by university students and outdoor enthusiasts willing to spend time away from families during the summer. The seasons' work would begin with clearing trails to the lookouts, repairing buildings, establishing communication with headquarters, packing in supplies for the dry season, plus creating new trails nearby. Each tower was different but had a viewing room with prescribed maps, binoculars and / or telescope, and initially a telephone, later a two way radio. The fellow manning the site slept in a small cabin nearby. Each man was expected to pack in supplies and bring his own water, often from a distant stream.

Details of a lookout at Moyie Mountain established in 1923 to span the gap between Baker and Casey Lookouts, records the initial cost as \$1,029.00. They needed 37 miles of telephone wire to connect to Cranbrook. Moyie Mountain Lookout was rebuilt in 1925 for \$1, 247.00. The abandoned lookout burned in the early 1980's.

Research on this topic was prompted when Touchstones Nelson published "Landscape Lost: Forestry and Life on the Duncan River" using diary and pictures by Bob Wallace. Bob lived in Shutty Bench north of Kaslo. His pictures were rescued from a garbage dump after his death in 1996 and taken to the museum in Nelson. When the item first appeared as a web page there were almost 100 of his 300 pictures displayed. Recently the BOB WALLACE item has been pared to four years

at Bear Creek with 28 pictures. Bob served on established lookouts for three summers then was assigned the task of building a new lookout at Bear Creek above the Duncan River. The spring of 1942 saw him join Sandy Masson who had served at a nearby lookout, Lavona. The two had to begin by checking boats and boathouses below their respective assigned spots. Then they cleared a path to Bear Creek summit and ordered supplies for the new tower and cabin. They even built a raft large enough to bring in horses for dragging logs up to the site. The trees were cut by hand as portable chain saws were not yet available. The horses had to be fed, so small meadows were hurriedly corralled with branches. Timber used to build the new cabin was not quite uniform in size. The tower and small cupola adjacent was hurriedly finished with a wooden ladder before thunderstorm season commenced. By this time the river was flooding. Bob and Sandy were advised to use dynamite to clear log jams so their skinny river boats could get 35 miles down to Lardo on Kootenay Lake. The steamer SS Moyie brought up supplies to Lardo twice a week in the days before a road was carved north from Kaslo.

After a hectic first summer Wallace became familiar with his site. He was an old hand at making the best of whatever food was supplied. Bob enjoyed picking and eating wild strawberries, thimble berries, raspberries and the prized huckleberries. The canned goods or dry mixes could be cooked on a small wood stove in his cabin. Down at the river he caught the occasional trout. His faithful dog alerted him to a grouse or two. For two of his six summers on this posting his wife Irene lived in a cabin beside the boat houses at Healy Landing. A lookout man knew when he could visit and when to hurry back to the summit to watch for any puff of smoke. Each trainee was equipped with fire suppression tools

needed to deal with a smouldering lightening strike within walking distance.

The most dramatic entry in Bob's diary recorded a tense few minutes when an old male grizzly appeared where he was cutting wood. The bear approached slowly, curious as to who this character was. Laddie, the dog had been sleeping in the sun. The bear shuffled closer. Laddie made a forward leap between the front legs and under the belly of the grizzly, rolled and bit the bear's testicles, then retreated. The bear actually cried in pain then about faced and headed back into the bush.

Each posting was slightly different as access to the trailhead might be by truck, boat, horseback or foot. Sometimes it may have seemed lonely. Each man came away suntanned and fit from their exercise and generally having done a comfortable self evaluation. Perhaps they knew that their reporting at the right moment prevented or limited fire damage.

To celebrate their centenary BC Forest Service decided to save five lookouts and keep them in good order for hikers and tourists to view. Mt. Buchanan, accessible by regular vehicle, above Kaslo was chosen for the Kootenay area.

*Look into the garden,
where the grass was green;
Covered by the snowflakes,
not a blade is seen.
Now the bare black bushes
all look soft and white.
Every twig is laden,
what a pretty sight!*



Jim Large

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Get the Girls to do it!

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- ✓ Gardening
- ✓ Yard Care
- ✓ Indoor/Outdoor Painting
- ✓ House & Pet Sitting
- ✓ Home Security Checks
- ✓ Storage Organization



250-581-0780

sarahlshields@gmail.com

The **Wasa Recreation Society's** main objective is to generate funds to keep the Wasa Hall running. Wasa Recreation Society members meet in the basement of the Wasa Hall in the Quilters Room on the last Tuesday of each month. Everyone is invited to attend.

Listed below are some of the user groups and contacts:

- Hall Rentals and Information
Karen Markus 250.422.3514
Lorraine Colton 250.422.3640
- Gym
Sonia Blackwell 250.422.9201
- TOPS
Susan 250.422.3510
- Library
Brenda Rauch
250.422.3335

In addition, BINGO's are held on the second Tuesday of each month at the Wasa Hall. Early bird starts at 6:45 pm and regular at 7:00 pm.

Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign- in desk
- ☐ All users are required to wear "gym shoes" - no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!

In the morning 7:30 am to 8:30 am...
Mondays, Wednesdays and Fridays
10 am to 11 am Mondays and Wednesdays
Contact: Sonia Blackwell 250.422.9201



We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.



GYM HOURS AND INFO



**Property
Guys.com**

ID# 166060

6260 Wolf Creek Road,
Wasa BC



PROPERTY DETAILS

3 Beds

2 Baths

Age: 30

Levels: 2

Space: 2,000 sq. ft. (186 m²)

Flooring: Carpet, Hardwood, Linoleum

Foundation: Poured concrete

Heat Method: Baseboard

Heat Energy: Electricity, Wood

Zoning: RS1

Lot Size: 2,090,880 sq.ft./48.00 ac (194,243 m²)

Watersource: Natural Resource, Well

\$1,600,000

SELLER NAME

Doug Ross

SELLER PHONE

250-422-9272



**Property
Guys.com**

ID# 166061

Buck Crescent,
Wasa BC



PROPERTY DETAILS

Beds N/A

Baths N/A

Zoning: R1

Watersource: Well

\$165,000

SELLER NAME

Doug Ross

SELLER PHONE

250-422-9272

PropertyGuys.com

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On Tuesday, October 22nd, fifteen members of the Happy Gang met at the Wasa Church at 1:00 p.m. for a short meeting chaired by Margie M. Plans were made for the Christmas get together. All were in favor of going to the Heritage Inn in Cranbrook on Sunday, December 15th at 1:00 p.m. providing the Heritage agrees. A small gift is to be brought by each person for a game of "take and steal".

The next meeting was scheduled for Tuesday, November 19th at 1:00 p.m. Coffee and goodies will be provided and a game of card Bingo will be played.

The 50/50 draw at October's meeting was won by Bolko. Birthday greetings were sung to Dave, Marge and Hank.

\$100.00 will be given to the Wasa Church for providing the facilities for our activities and plans to donate to the food bank at the November meeting were made.

The meeting wrapped up with coffee, cake and visiting. Eleven members took part in 5 pin bowling. The winners were Rudy, Ruth, Grace and Bolko.

The afternoon was enjoyed by all - come and join us seniors!

Give Brenda a call at 250.422.3548

Wouldn't it be great if we could put ourselves in the dryer for 10 minutes; come out wrinkle-free and 3 sizes smaller?



Dispelling Bat Myths

October 7, 2013

Are bats really blind? Do they want to suck your blood? These are some of the questions that Educators around the Columbia Basin are answering. Just in time for Halloween, dynamic and skilled Educators from the Kootenay Community Bat Project (KCBP) are providing programs on bats for youth.

"Bats are actually very shy, clean creatures" says Juliet Craig, Coordinating Biologist for the KCBP. "There are so many myths about bats. They are extremely beneficial in eating nocturnal flying insects including mosquitoes, and cycling nutrients from wetlands to upland forests".

Through a partnership with the KCBP and Wild Voices for Kids, Educators are able to provide free school programs to teach children about the amazing worlds of bats including their unique features, their role in ecosystems, and our local bat species. Students will get a virtual tour of bats from around the world, eavesdrop on their echolocation calls, and explore current issues in bat conservation.

"Half of the bat species in BC are at risk" says Craig. "With the approach of White Nose Syndrome, a disease that has been decimating bat populations in eastern North America, it is more important than ever to get communities involved in bat conservation, including our youth."

Funded by the Columbia Basin Trust, the KCBP approaches bat conservation in a number of ways including assisting land owners with bat issues, promoting the Annual Bat Count to monitor populations, and promoting the installation of bat-houses. To date, the KCBP has provided almost 500 visits to local residents, and identified over 350 roost sites for seven bat species.

To find out more about the Kootenay Community Bat Project, visit www.kootenaybats.com or contact 1-855-9BC-BATS. Teachers can book a school program through Wild Voices for Kids at cbeen.org/wvfk/teachers/.

Juliet Craig is a Registered Professional Biologist with Silverwing Ecological Consulting.



Bat Educators: Bat educators ready to share their knowledge and enthusiasm for bats.



Cluster of rare Townsend's big-eared bats.

November 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.					1	2 DYNAMITERS HOCKEY
3 Church Daylight Savings Time ends 	4	5 Lions Meeting	6	7	8 ICE HOCKEY DYNAMITERS HOCKEY	9 ICE HOCKEY DYNAMITERS HOCKEY
ICE HOCKEY	Ladies Bible Study 1 pm	ICE HOCKEY				
10 Church	11 Remembrance Day 	12 BINGO	13	14	15 DYNAMITERS HOCKEY	16 Lions Christmas Dinner and Dance Tickets on Sale 9:00 am at Wasa Hall
17 Church	18 Cut off for Dec. Newsletter Ladies Bible Study 1 pm WLLID MTG 7 pm Wasa Hall	19 Lions Meeting Seniors Mtg 1 pm ICE HOCKEY	20	21	22 ICE HOCKEY DYNAMITERS HOCKEY	23 ICE HOCKEY
24 Church	25 Ladies Bible Study 1 pm	26	27	28	29	30 ICE HOCKEY

LEGEND

Church Service 10:30 am
Gym (M,W,F 7:30-8:30am
& 10-11 M,W)
BINGO 6:45pm
Rec Society 7:00 pm
Lions 7:00 pm

- Library Tues 11am - 1pm
and Wed 6:30pm - 8:30 pm
- TOPS Wed 6:30 pm
- Quilters Tues 10am to 4pm



Special Events and Days Down the Road

- December is the last month for "Where do you take your Buzz" Contest - send in your photos!
- Saturday, December 7th
Wasa Lions Christmas Dinner & Dance
- Friday, December 13th
Christmas Dinner Theatre
- Saturday, December 15th (6-8 p.m.)
Lions Christmas Light-Up
- No Newsletter January 2014
- OCP Public Hearing - TBA
January 2014

NUMBERS AT A GLANCE

Chase Saddle and Leather.....250.427.5517
Clay Excavating & Trucking.....250.422.3330
Custom Cut Lumber.....250.422.9337
Doug & Fran Ross (Prop Sale)...250.422.9272
Econobuilt.....250.421.7813
Hi Heat Insulating.....250.422.3457
HD Railings.....250.422.3457
Kootenay Kwik Print.....250.489.4213
Kootenay Monument Installations....422.3414
Mardis Lumber.....250.422.9229
Slim Pickens Gas & Goods.....250.422.9271
The Girls (Sharon & Sarah).....250.581.0780
TOPS.....250.422.3510/422.3686
Post Office.....250.422.3122
Victim Services.....250.427.5621
Wasa Community Church.....250.422.3344
Wasa Hall.....250.422.3514/422.3640
Wasa Lake Truss.....250.422.3618
Wasa Lions (President).....250.422.3210