



Tri-Village Buzz



September 2014 Issue 172

VISIT: [WWW.WASALAKE.COM / BUZZ](http://WWW.WASALAKE.COM/BUZZ)

THE PETER VERESHAGEN MEMORIAL ARENA RINK BOARDS INSTALLED

A huge thank you to the many volunteers that were out over the past week to install the rink boards around our new skating rink.

Over 40 boards will adorn and protect the sides of the communities new skating rink. Over the last few years the boards were purchased by residents, businesses and people just wanting to help out. All proceeds went into the construction of the rink.

With the help of many volunteers, the tireless Wasa Lions Club, grants, donations and proceeds from the boards - the Peter Vershagen Memorial Arena is now a reality and the rink will serve as a reminder of what a great community we live in! Thank you!!



*Happy
September*



Franks n' Thanks

Saturday, Sept 6th
3:00 p.m. to 6:30 p.m.
Wasa Lions Grounds

Everyone Welcome!

No Charge for Food or
Non-Alcohol Beverages

Due to the rising
insurance costs
and liquor licensing
requirements alcohol
beverages will not be
served.

Check out the Skating Rink



INSIDE THIS ISSUE

Sports Den	2
WLLID	4
Wasa Memorial Garden	5
News from The Pews	6
RDEK	7
Mario's Fun Page	8
Ashram Words of Wisdom	9
History Bytes	11
Calendar	12



Welcome back sports aficionados as we start working our way into fall like symptoms from the beautiful DRY summer that we have been experiencing. It has been a season of triumphs and defeats as we ponder back to a few historic moments of this past summer. Germany wins World Cup of soccer, Rory McElroy wins British Open (that's golf for you casual observers) and creates new buzz in the golf world as he also captures the PGA title to hold onto two of the grand slam crown jewels of golf and looks to supplant Tiger as the game's hottest attraction. The Toronto Blue Jays continue their annual swoon song in the month of August and leave Canadians asking the perennial question, "What happened?" They continue to tease us in the first few months of the season and then bolt for the cellar of the division with a collapse worthy of that of the Roman Empire. As Tiberius once said "The basement of futility is a far easier place to reach than the mountain of success". Canada had two (that's right-2) tennis players in the finals at Wimbledon and (of course) failed in each, giving Canada more hope of mediocrity in the future. The tennis world is laden with future stars and we, as Canadians, are justifiably proud and honored to have 2 of the brightest ones. Canada, for the first time ever, reached the finals of the women's world cup of rugby (yes Martha there is such an event) and lost to the power and brick house (and they are built as such) Brits. Attaining such a feat is proof positive that Canadian women have shed the image of politeness and fragility to that of bestiality and sadism-good on them. As Blackburnus once said, "The sport of women's rugby is a far better sport to watch than men's rugby because of the beauty of a behemoth plow lady far outweighing that of a monstrous farm hand".

Wasa Lakers Final Update 2014

The once heralded Wasa Lakers slo-pitch team finished the KSPL season in a respectable 5th place position, never having reached the potential of their glory year(s) of 2013. The on again off again toggle switch that was once in the proverbial on and full throttle position was seemingly stuck in the neutral position for most of the year and found itself more in the off position than the on position. The once well lubricated machine that once purred with a beautiful hum on all 8 cylinders was now sputtering along at a hiccup pace. Coach Master "B" tried to find gorilla glue cohesion among the players available for his

line ups but could not find the right combo platter for his liking. When stall worth outfielder GK went down with an undisclosed injury from jogging into the dugout from the outfield, the wind seemingly departed the Lakers' sails and drifted into obscurity. Despite a late season resurgence that punched their ticket into the playoffs, the Lakers mind set and brain trust was still not confident going into playoff battles with their warriors. As the stars lined up and the moons appeared glowingly on the horizons, the Lakers drew the TB led New Kids for their first (and only) playoff game. Having left the professionally run and well balanced Lakers to form a team of his own, TB proved to be a one man wrecking crew as his unlimited potential was unleashed and wreaked havoc on the unsuspecting Laker squad. A 1 run loss to the young upstarts was a fitting end to the 2014 season as the team's managerial skills and scouting prowess are going to be put to the test in the off season to find the right balance and winning formulae for the 2015 campaign. After the last game of the year, coach MB gathered his troops and voiced "If you are willing to examine failure, and to look not just at your outward physical performance, but your internal workings, too, losing can be valuable." The team looked stunned!! Looking at our contorted facial expressions, he then said, "Listen before you talk, if the heart is empty, the mind doesn't matter". Combining age, athleticism, ability, team work and beverage partaking can often be overlooked in the formation and grand overtures of team cohesiveness. President, GM, coach and assistant CMO will be scouring the other KSPL rosters trying to lure some raw talent away from powerhouse units and insert them into the local's den and mold them into Laker Blue all stars. A full season from RG and MG might just prove to be the impetus needed to propel the Big Blue Machine to further heights. The return of JF will definitely insert a level of confidence into an already inspired superior sex line up. A disrupted season on the behalf of RF hindered the once unstoppable projectile and turned the launching pad gazelle into a sloth toad badger. Another solid season on behalf of JG and WF would definitely be a stellar interpretation and translate into a fun filled, winning season. The Lakers held their annual invitational tournament July 11-13, once again claiming the most sportsmanlike team award for the second year in a row. The team is quite honored to be bestowed with

such an honor as it is inspired and dedicated to Wasa's late great ballplayer and all around good guy MM. One of the tournament's highlights was the outstanding, non controversial and perfect umpiring job in the finals by JB and MC. (can't beat perfection) The team had recently just completed their 3rd annual golf tournament and a fun filled afternoon was had by all attendees. Team super awesome backed their name up with a one stroke victory over team testosterone and team "best looking". The team of SS (minnow), TLC, the Master of his domain, and the Fabulous One were full value for the money. The 4 male dominated team of TT sheepishly accepted second place while generously?? accepting defeat to the hands of a team consisting of 2 members of the superior sex. WP took home the best dressed and color co-ordinated outfit while SS led the men's haberdashery charge with his chameleon belt of many colors. Prior to the golf extravaganza, the team did their turn at the Wasa Lions pancake breakfast and would like to throw out shout outs to KA, PM and SM for the additional help and support in helping make the breakfast a huge splash.

A great orator (maybe it was MB in another life) once said that all good things have to eventually come to an end and on a rather sad note on my behalf, I am regretfully signing off on a 3 year run of monthly writing for the TVB's Sports Den. Your gracious editor has granted me space in future issues for twice-a-year ranting and raving sessions in which I will continue to share my asinine views on the wacky world of Wasa wonderments. I thank the readers for all their encouraging comments and have immensely enjoyed my time writing for you. My hiatus will have seemed to be short lived as I'm looking forward to articling for you in March. Have a great remainder of summer, fall and winter. See ya all next year!

"The journey through life is woven with quilt like patterns that can only be solved by the delicate art of brilliant thought making and sound judgements. If you are unsure which square to step on next, stop, ponder, choose carefully and remember "Life's too frickin short to do all these steps-jump in head first and pay the consequences later!!"

For a complete list of all of MB's great quotes, just go to mbgreatquotes@lakerball.ca

Thank you
Mario Carelli



TRI- VILLAGE BUZZ NEWS TEAM

Editor / Advertising

Wendy Davis

250.422.3060

trivillagebuzz@gmail.com

Treasurer

Diana Perih

250.422.3504

Email Coordinator

Patti King

250.422.3007

pkings753@gmail.com

Item Coordinator

Vacant

Folders

Helen and Ken Maine

Vi Cockell

Article Submitters

Mario Carelli

Vi Cockell

Wilma Harding

Laurie Kay

Sandy Kay

Karen Markus

Judy McPhee

Kathy Miles-Boue

Naomi Miller

Ven. Gurudev Hamsah Nandatha

Gary Semenyna

Jane Walter



Advertising Rates Per Issue

1 column width.....\$15.00

or \$60.00 / 5 issues

or \$120.00 / 10 issues

2 column width.....\$25.00

3 column width.....\$35.00

Full Page.....\$45.00

Supply your own page..\$20.00

(1 Column width = 2.5")

For more information or to place an
ad, please contact **Wendy Davis**

250.422.3060 or

trivillagebuzz@gmail.com

To receive a newsletter

by e-mail contact **Patti King**

(pkings753@gmail.com)

or go to: www.wasalake.com/buzz

Tri-Village Buzz Newsletter

Box 169

Wasa, BC V0B 2K0

Labour Day Moving Sale

Saturday, August 30th

Sunday August 31st and

Monday Sept 1st

From 9:00 a.m. to 6 p.m.

Howie and Virginia West

4214 Torrent Rd.

(Up towards Larchwood lake)

250-422-3449

- Tools • Household Items
- Winch • Freezer
- Wine Making Equipment
- and much more!



JIM LARGE

PROJECT MANAGER

- New Construction and Design
- HPO New Home Warranty Program
- Renovations and Repairs
- Insurance Restorations
- Property Management

250.421.7813

Box 265 WASA, BC VoB 2K0



TAKE OFF POUNDS SENSIBLY

T. O. P. S.

TAKE OFF POUNDS SENSIBLY

Every Wednesday

6:30 pm - 8:00 pm

Wasa Community Hall

For More Information Contact:

Susan: 250.422.3510

Irene: 250.422.3686

1.800.932.8677 (Toll Free)

www.tops.org

2nd Annual Ta Ta Creek Golf Tournament

Submitted by: Joseph Bannenberg

The 2nd Annual Ta Ta Creek Golf tournament took place on July 22nd. A little earlier than last year.

More than 20 people headed out to Coys Par 3 Golf Course at Fairmont Hot Springs. After a few weeks of tropical temperatures, we could have used some rain, but not this day! It was raining when the first flight teed off, but later on it turned out to be a beautiful evening.

This year we welcomed two youth players: Jake Schaefer and Taylor Atkins. They accompanied their grandmother and grandfather.

The game resulted in a draw. Stuart Clow and Harry Brown had to play off. Stuart was the one who took the cup home. Jake won first prize for youth! Congratulations to you both.

Thanks to the staff at Coys for serving an excellent dinner (steak, ribs and chicken) and not to forget their delicious chocolate cheese cake!

The fairways were in good shape, despite the hot and dry weather and like always, the flowers were blooming in vibrant colors. Even when you don't shoot a par, this is a wonderful place to be.

I hope to see you all again next year.



WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

Submitted by Laurie Kay

Wasa Lake Land Improvement Water Quality Update

Following the procedures set out by Interior Health and the B.C. Center for Disease Control, trustees have been monitoring the level of E. coli bacteria during July and August. Six sites were selected for sampling: Main Beach, Campers Beach and four lake access points that were close to where septic fields and a well head were under water during the floods of 2012 and 2013. A total of eight samples were taken at two week intervals. To date all results have indicated there are "no water quality issues" with numbers less than or equal to 5 E. coli / 100ml. The presence of E. coli is the most appropriate indicator of fecal contamination in fresh recreational water. Recreational waters may be contaminated with fecal material from sewerage systems, humans, animals and storm run off. Results can be found under www.interiorhealth.ca under Recreational Water Beach Water Quality.

Please keep in mind that our sampling does not meet the Health Canada guidelines of the number of consecutive samples, taken during a set period with a certain E. coli level required for an action to be taken.

The WLLID does not have the authority to make premature public announcements about lake water quality. Interior Health receives all results and if consistent high E. coli levels were reported then IHA would follow up with more testing, an announcement and recommendations. WLLID can only say that at this time the results are good.

The WLLID appreciates Interior Health's support in working with us to monitor the water quality of Wasa Lake.

On Going Lake Testing

Twice each month, between ice break up and ice return the lake is checked for clarity, oxygen levels and temperature at a site near the south end at approximately 50 feet.

Temperature and oxygen levels are an indication of the health of a lake and since taking measurements over a 10 year period there have not been any unusual changes that would lead us to believe that the health of the lake is deteriorating. There has been, however a notable increase in aquatic plant growth and a build up of sand bars, one in the north and one at mid lake. Fortunately, our lake flushes out each year as the lake level rises and drops an average of 8 vertical feet. This action is important to the future health of Wasa Lake.

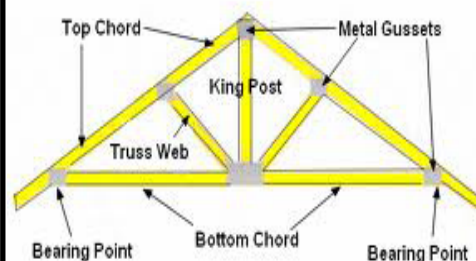
WASA LAKE TRUSS

250.422.3618

"No Job Too Big or Too Small"

▪ House ▪ Attic ▪ Shop ▪ Shed

Common Roof Truss



- Design Services and Engineered Drawings
- Short Lead Times
- 27 Years Experience in the Industry

**CALL TODAY
FOR YOUR QUOTE:
250.422.3618**

**KOOTENAY
KWIK
PRINT**
& Copy Centre

Glenn Johnson
250.489.4213
www.kootenaykwikprint.com

DAN CHASE

250.427.5517



824-6 AVENUE
KIMBERLEY, BC
V1A 2W3

toechase@shaw.ca
www.chasesaddle.com

- custom saddles, tack and repairs
- custom products also include bags and belts

CHASE SADDLE AND LEATHER



1. Leaves missing from tree
2. Boys lip missing
3. Boy missing a freckle
4. Heel missing from shoe
5. Ball moved
6. Dog has extra spot
7. Dog tag missing
8. Extra flower on bush
9. Boys sleeve darker colour
10. Boy missing an ear

8	7	9	4	6	1	2	3	5
2	6	1	8	5	3	7	9	4
3	4	5	7	9	2	6	8	1
7	8	4	6	3	9	1	5	2
5	1	3	2	7	4	8	6	9
9	2	6	5	1	8	4	7	3
4	3	7	1	8	5	9	2	6
1	9	8	3	2	6	5	4	7
6	5	2	9	4	7	3	1	8

ANSWERS



It seems a little sad to think the Summer of 2014 is winding down, however, it has been a very positive one for the Memorial Garden.

Our new plantings are doing well. We had more bugs to deal with than we usually do but in spite of these pesky invaders our garden grows!

I see some of you have taken advantage of the vases. I hope others will also please just give them a try. The new vessels are actually designed for fresh flowers but there have been a couple of little silk bouquets left. We will leave them in place at the Memorial Garden until they become faded or unwelcoming then they will be removed by our volunteers. Should you wish to place some fresh flowers for your loved ones but you might be wondering about water there is a tap at the waterwheel. Please feel free to fill a vases then put it in the spot you want.

As promised the list of our Summer caretakers. The Society appreciates their willingness to help but I am the one who especially feels grateful! They are such pros! I didn't even receive any urgent calls which means things sailed along beautifully. The Memorial Garden Committee along with the Historical Society wishes to send out a large bouquet of THANKS to: Andrea Konschuh, Sonia Steinwand, Sandy Jensen, Heather Jensen,

Theresa Carelli, Judy McPhee, Mitsuko Tippet, Anne Miguel, Arla Monteith. Those names are for the weekly duties but we also thank Sharon Prinz, 'The Girls', Sharon and Sarah, Bruce and Pat Walkey who allowed their names to be on 'THE JUST INCASE' list. You are all great, THANK YOU VERY MUCH!!!!

Susanne Ashmore has been lovingly rejuvenating the ornamental grasses at her home over the Summer preparing them for fall planting. Thanks Susanne! With all these names to add to our Wall of Appreciation and Thanks you'll agree that the list is growing quite long but, how great is that!!

Wednesday September 10, 2014 at 10:00 a.m. the annual AGM for the Historical Society and Memorial Garden Committee will be held in the Quilter's Room at the Wasa Community Hall, everyone one is so welcome. Perhaps you need to know something in particular or you may have ideas or you wish to share, whatever the reason for attending we look forward to seeing you.

One of our long suffering volunteers, Bev Rauch has not been his usual fighting fit self this Summer. We hope things will improve for you soon Bev, and we want you to know you are appreciated, loved and deeply cared about. We send good wishes to you and your family as you journey back.

Until we chat again enjoy a beautiful Fall.
Chow,
Sandy Kay

CHEESY BEEF STUFFED TOMATOES

- | | |
|---------------------------------|----------------------------|
| 2 Tbsp olive oil | ½ cup dry white wine |
| 1 small onion (finely chopped) | 6 large tomatoes (8 oz ea) |
| 3 Tbsp fresh thyme leaves | 3 oz Gruyere cheese - |
| 1 clove garlic (finely chopped) | - ¾ cup grated |
| 1 lb lean ground beef | Salt & Pepper |

1. Heat broiler and position 6 in below heat source. Line a large rimmed baking sheet with foil.
2. Heat oil in large skillet, add onion and ¼ tsp salt & pepper. Cook 8-10 minutes until golden brown, stir in thyme and cook for 1 minute.
3. Add beef to skillet, cook until brown and beef is crumbly approx 6 to 8 minutes. Add wine and simmer, stirring occasionally until nearly evaporated.
4. While onion and beef mixture is cooking, using a sharp knife and working on an angle, remove the tomatoes stem, leaving a 2 in wide opening in the tomatoe. With a spoon, scoop out most of the seeds and pulp without breaking the skin and transfer tomatoes to the prepared baking sheet.
5. Divide meat mixture among the tomatoes and top with the cheese. Broil until the cheese melts and is beginning to brown - 2 to 3 minutes.
6. Serve with Arugula salad if desired

*A tomatoe in the hand is worth two on the vine!
and if at first you don't succeed, order Pizza!*

Fanny's Favorites



We could not have wished for anything more...perhaps cooler weather. We wish to thank the Community for dropping off food and baking. Christa and Alfred Etzel, Pat Walkey and Carol Canning for doing all the chores in the kitchen.

A great thank you to Struan Robertson and Laurie Kay for delivering good speeches and keeping everything well organized. Thank you to all the Wasa Lions for their support and lovely BQ.

Hans would of approved off his celebration of life and now he is free, leaving behind many good stories.

The Kaufmann Family

The representatives for the Wasa and area Columbia Basin Trust (CBT) grant fund are: Marilyn Bowen, Kathy Miles-Boue and June Clubley. For questions or inquiries please contact: **Marilyn Bowen at 250.422.3210 or Cell 250.489.9586.**

Applications are available at Slim Pickens Gas & Goods.



PET'S PLACE

Aaron, Alecia & Tucker



Congratulations to Tucker and to our daughter Alecia and our new son-in-law Aaron who were married this summer! Send me your pet photos and a brief description to: trivillagebuzz@gmail.com

Christian & Garry Verigin

250.422.9231

6112 WASA LAKE PARK DRIVE
WASA, BC V0B 2K0



Wasa Memorial Garden



Wasa Memorial Garden has something for every soul who should be remembered or needs a final resting place.

There is a Columbarium with Niches large enough to hold two sets of cremains or the option to purchase a memorial plaque in honor of your loved ones.

Check out the space at the end of Schoolhouse Road in Wasa.

Call Bev Rauch at 250.422.3335 for information

News From the Pews

By Pastor Gary Semenyna



Many times people have asked what I do for a living and I tell them that I am a pastor of a Church. Then the next question that usually comes out of their mouth is "How large of a Church do you pastor?" There have been a few times that I have responded by saying, "It is about 1200 people, but 1170 don't show up on Sunday mornings." (I am guessing that the year round population of Wasa, Ta Ta Creek, Skookumchuck, and area is about 1200.)

Now some of you have only come through the doors of Wasa Community Church whether it is for a funeral, memorial or Christmas Eve Service, but others have not come because of different reasons. Some may think that "Religion" had been shoved down their throats as a child so they do not want any part of that anymore. To that, I would agree, I as a pastor don't even like religion! But having a relationship with God is different than practicing religion. May I suggest to you to come to Church and find out what the Word of God is saying about having a relationship with God rather than just following a religion.

I have heard some even say that the roof of the Church would fall in if they ever stepped into the building. That makes me wonder if they think that God is mad at them, or that they may feel a little bit guilty over something they have done in the past and think that God would not be able to forgive them. I will guarantee you that if you choose to come the roof will not fall down on you, and that you can find forgiveness for what is bothering you.

CH _ CH What's Missing? Consider this an open invitation to come and check us out. If any of you have questions about life, death, heaven, hell, or whatever, then give me a call at 250 422-3344, and I would be glad to visit with you and answer them.

By the way, for all those who have said "Yah, I have been meaning to come" we start our worship service at 10:30 a.m. on Sunday morning. I am praying that the next time someone asks me how large the church is, that I can say, "It is about 1200 people but 1150 don't show up on Sunday mornings."

HD Railings

"The Aluminum Deck Railing Specialists"



OVER 8 MILES OF EXPERIENCE

Harold Hazelaar
Ph 250.422.3457

www.hdrailings.ca
sales@hdrailings.ca

PANCAKE BREAKFAST

I would like to thank Karen Markus, Orlena Campbell, and Sharon Prinz for the contributions they have made to the Wasa Pancake Breakfasts. These ladies have organized the breakfasts and purchased all of the supplies for the entire summer. I would also like to thank all of the volunteers that gave up a Saturday morning to serve the breakfasts. There were many different groups from the Wasa area that took their turn to provide and serve the fantastic breakfasts. The revenue from the breakfasts will be divided evenly between all participating groups.

REGIONAL SUSTAINABILITY STRATEGY

The Regional Sustainability Strategy will provide the RDEK with a long range planning tool. This will help with future planning and priority setting process.

ZONING AMENDMENTS

Zoning Amendment Bylaw 2527 was adopted and will enable the development of the Wasa Post Office on the Price property.

Zoning Amendment Bylaw 2528 was adopted and will allow for the subdivision of one lot on 2014 Moan Road.

DEVELOPMENT VARIANCE APPLICATION

An application was made to waive the Electoral Area E Zoning and Floodplain Management Bylaw requirement of minimal usable site area for a proposed two parcel subdivision on Elm Road in Wasa. The application was denied because the property was not large enough for two lots.

DISCRETIONARY GRANT IN AID

The WLLID received \$1,500. for the Hansen Channel clean up. The RDEK and WLLID shared the costs for this project as it could help control future flooding and assist with mosquito control.

I hope that everyone has a safe and happy month.

Jane Walter,
RDEK Director,

Phone: 250-427-2577 Email: s.janewalter@gmail.com

The **WASA RECREATION SOCIETY'S** main objective is to generate funds to keep the Wasa Hall running. Wasa Recreation Society members meet in the basement of the Wasa Hall in the Quilters Room on the last Tuesday of each month. Everyone is invited to attend.

Listed below are some of the user groups and contacts:

- Hall Rentals and Information
Karen Markus 250.422.3514
Lorraine Colton 250.422.3640
- Gym
Sonia Blackwell 250.422.9201
- TOPS
Susan 250.422.3510
- Library
Brenda Rauch
250.422.3335

In addition, BINGO's are held on the second Tuesday of each month at the Wasa Hall. Early bird starts at 6:45 pm and regular at 7:00 pm.

Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign- in desk
- ☐ All users are required to wear "gym shoes" - no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!

In the morning 7:30 am to 8:30 am...
Mondays, Wednesdays and Fridays
10 am to 11 am Mondays and Wednesdays
Contact: Sonia Blackwell 250.422.9201



We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.

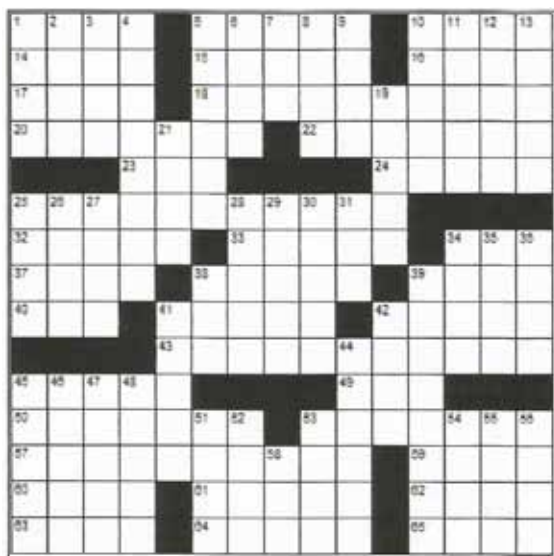


GYM HOURS AND INFO

Crossword

ACROSS

1. Among
5. Stairs
10. Gambit
14. Mongolian desert
15. Leg bone
16. Wander
17. Anagram of "Sire"
18. Insubordinate
20. Hopelessness
22. Spire
23. And so forth
24. Donkeys
25. Vulnerable
32. Earthquake
33. Noblemen
34. Neither
37. Sea eagle
38. Attempted
39. Dad
40. Soak
41. Nigerian monetary unit
42. Of a pelvic bone
43. In the same manner
45. Scrawny one
49. Mesh
50. More difficult
53. Witness
57. A diplomat of the highest rank
59. Reasonable
60. Retain
61. Astound
62. Hawaiian strings
63. Being
64. Increased
65. In order to prevent



DOWN

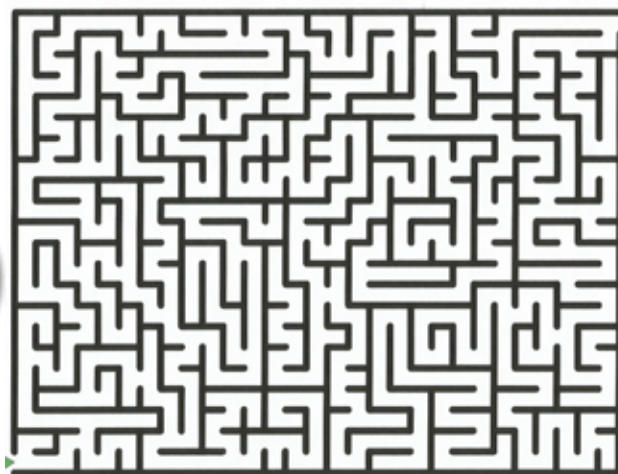
1. Matured
2. Not less
3. Nile bird
4. Disseminate
5. Unbending
6. Layer
7. Diminish
8. Desserts
9. Sodium chloride
10. Jimmies
11. Eyelets
12. Small egg
13. Affirmatives
19. Conducts
21. "Smallest" particle
25. Applications
26. Roman emperor
27. Engine knock
28. Creepy
29. A marker of stones
30. Delicacy
31. A late time of life
34. Found on a finger
35. Iridescent gem
36. Risqué
38. Little bit
39. More than enough
41. Approaches
42. Frosts
44. Anagram of "Binder"
45. Investment
46. Arrives
47. Yokels
48. Slack-jawed
51. Brother of Jacob
52. Incline
53. Exude
54. Garden tool
55. Contends
56. At one time (archaic)
58. Dip lightly

Find a Word (Moods & Emotions)

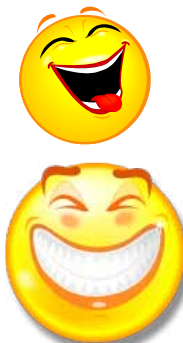
E A R R O G A N T S T E R G E R
C M B M T D D L B S U L A X R Y
I O R I A R U E U D U O U A G R
T U I L T F A O R F U B V D R R
N R G N Y T L N T A E B E R I O
A N S O D A E E Q R C T I S E W
R F J M E I R R A U E S A O F N
F U C J E F F N E S I R P R U S
L L O G G E T F N Y L L O J G S
U E N R A P P R E C I A T I V E
F N F U R O T M O R O S E R Y H
N V I M T H L U F E E L G A R A
R I D P U Z Z L E D A N G E R P
O O E Y O S U O I R U C T F O P
C U N M L A C H E E R F U L S Y
S S T S U G S I D S S E N D A S

ANGER	EDGY	GRUMPY	OUTRAGE
APPRECIATIVE	ENVOIOUS	HAPPY	PUZZLED
ARROGANT	EXUBERANT	HOPE	REGRET
BITTER	FEAR	INDIFFERENT	SADNESS
CALM	FRANTIC	JEALOUS	SCARED
CHEERFUL	FRETFUL	JOLLY	SCORNFUL
CONFIDENT	GLAD	JOYFUL	SORRY
CURIOUS	GLEEFUL	MOROSE	SURPRISE
DISGUST	GRATEFUL	MOURNFUL	TRANQUIL
DUBIOUS	GRIEF	NERVOUS	WORRY

Maze



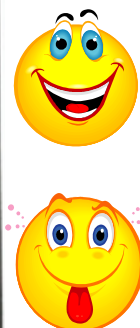
Can You Spot 10 Differences?



What do you call a mushroom who buys everyone drinks and is always the life of the party?
A fun-gi!

Sudoku

		9			2		5
						9	4
3			7		6		
	8	4		3			
		3	2	7	4		
					8		7
			1	8	5	9	
					6	5	
6							1





Do not get tense, worried or anxious It doesn't help!

No matter what is happening to you or what you think is going to happen to you, you will never get out of it with tension, worry or anxiety. Try to remain aware of the danger of your tendency of seeing the glass as half empty. The human mind originates from the animal kingdom where you can easily be eaten by something bigger than you. For your mind, the worst outcome is always lurking around the corner. So, it is an instrument essentially made to detect what can harm or destroy you. You should sincerely contemplate how you let your mind use you rather than being the one using it!

In the practice of Yoga, our Guru (Spiritual Teacher) quickly teaches us how important it is to differentiate between one's mind and one's consciousness. Within the mind are contained all the memories and impressions you have recorded since birth and also those from previous lives. All these impressions are still alive within you in the forms of emotion and desire. From these arises within you what you would like to get or to do and what you don't want to get or to do!

It is more or less through these unconscious memories that you tend to react rather than act. Your mind solely works through an automatic process of comparison, confusing what is with what was. It superimposes impressions coming from the past upon the reality of what is. Then, as a result, you no longer receive news, rather you receive good or bad news; a situation does not simply happen, it happens with the added qualification of good or bad, favorable or unfavorable. But according to what? According to what you like or dislike, what you want or don't want. This all takes place without realizing that no matter what you prefer, things just happen; situations only unfold according to previous causes and it cannot be otherwise.

So, accept what is as it is first. Then, put forth the effort to not want something different, since what has happened cannot be changed anyhow. From there, try to see if you can improve the situation within the context of this very moment or if it needs more time and a deeper level of reflection before you can move forward. No matter what, you should always remain at peace with what is. If this is too difficult due to the influence of your emotions, then do not act; take a deep breath, quiet down, don't talk, don't make any decisions, and wait until your inner atmosphere is clear. A good decision is always accompanied by a peaceful and balanced mind originating from a non-egoistic point of view of the situation.

I hope these vastly proven recommendations from Yogic Practice will help you obtain a happier life and a better outcome in harmonizing unexpected situations.

With Love and Blessing to all of you on the Path of Life.
Warmly with you in the Lord!

OM OM OM

Venerable Gurudev Hamsah Nandatha

Adi Vajra Shambhasalem Ashram, Wasa, BC Canada

Venerable Gurudev Hamsah Nandatha published a book entitled, **In the Presence of Truth**. Discovering the Being Within, which is a roadmap to Self-Realization. To learn more about this wonderful book and its author, visit www.inthepresenceoftruth.com.

Ashram Mantra Yoga and Meditation sessions
begin September 5th at 7 p.m.
For more info call **250-422-9327**

Hints From Vi

By Vi Cockell



Hello to you all. Wow! What a great summer and no bugs and everyone you meet has a great tan!

1. Put a dry towel in a wet load to reduce the drying time. This really works, I've been doing it for years
2. Lots of Cherry Tomatoes? Here is an easy way to slice a bunch of them. Place the tomatoes between two plastic lids like a sandwich. Using a long knife slice through them all at once.
3. A fast way to make a grilled cheese sandwich, just flip it on it's side.
4. WD 40 can be used to remove crayons from any surface.
5. When filling your car with gas, hold down the trigger half way. You'll get more gas and less air in your tank. .

Till next time and enjoy the rest of the summer!

Get the Girls to do it!

Let us help with:

- ✓ House Cleaning
- ✓ Gardening
- ✓ Yard Care
- ✓ Indoor/Outdoor Painting
- ✓ House & Pet Sitting
- ✓ Home Security Checks
- ✓ Storage Organization



250-581-0780

sarahlshields@gmail.com



KOOTENAY MONUMENT INSTALLATIONS

Granite & Bronze Memorials,
Dedication Plaques,
Benches, Memorial Walls,
Gravesite Restorations,
Sales & Installations

**IN-HOME CONSULTATION
OR VISIT OUR SHOWROOM**

6379 HIGHWAY 95A
TA TA CREEK, BC

250.422.3414
1-800-477-9996

myra@kootenaymonument.ca

Hi Heat Insulating.com

★ DENSE PAC CELLULOSE APPLICATION ★
as efficient as spray foam, less costly and
100 % environmentally friendly

★ UPGRADE ATTICS AND WALLS ★

★ FIBREGLASS BATTS ★ SPRAY FOAM ★



Office: 250.422.3457 • Cell: 250.342.7656
Email: sales@hiheatinsulating.com • Web: hiheatinsulating.com

Where do you take... **YOUR BUZZ ?**

SEND ME YOUR PHOTO

- Send me a photo of you in your travels pictured with the Tri-Village Buzz.
- Include a brief description of where you went and the names of the people in the photo.
- I'll publish all photos received.
- The name of the person sending me the photo will be entered in a draw for a \$50.00 Gift Certificate redeemable at any one of the advertisers (of your choice) advertised in 2014 in the Tri-Village Buzz.
- The draw will take place December 2014.
- One winner will be drawn, enter as many times as you like (one photo per destination please).
- Open to all readers of the Tri-Village Buzz.

Email: trivillagebuzz@gmail.com

Tandem Dump Truck
and
Loader Backhoe
available
for loading & hauling



EXCAVATING
TRENCHING
TRUCKING

CLAY TIPPETT
250.422.3330

Clean fill occasionally available

HISTORY BYTES

BY NAOMI MILLER



THE MCVITTIE HOUSE

The McVittie house is now open to the public! Because the builder, T. T. McVittie was the first surveyor here in the Kootenays, the house was adopted in 1993 by the British Columbia Land Surveyors Association. The group paid for the heritage home to be moved from the south end of Riverside Avenue to the corner near the Perry Creek Waterwheel at Fort Steele. They then proceeded with restoration using volunteer labour. Their members scraped down to original wallpaper, had it duplicated, and professionally applied to walls and ceilings. The artistic fireplace, which fell apart despite careful moving, is now replaced. The rooms are tastefully furnished circa 1900. Now a volunteer interpreter may sit in the drawing room in comparatively cool comfort due to the many layers of siding over the original log cabin.

Renovation began in 1998 with 12 BCCLA volunteers, 1999 – 8, -2000-12. In 2001 they invited wives and families so 40 pairs of hands worked well. One week each summer was their volunteer time. A few wives came to do paint removal followed by applying old style paint. The guys repaired stoves, did plumbing in the bathroom, refinished the floors, rebuilt cupboards and drawers, replaced steps outside, groomed walkways and many other jobs. (In 2011 member's time and energy was spent on the David Thompson Brigade following the rivers to the sea. Two canoes manned by the North American Land Surveyors made it from Invermere to the mouth of the Columbia River.) A few shrubs and a garden are planned to replicate the surrounds that won high praise from locals when Mrs. McVittie cultivated it.

Thomas Thane Mc Vittie was born and educated in Ontario. He passed examinations to become a Provincial Land Surveyor then Dominion Land surveyor. Tom worked several seasons with his

brother Archie doing railway and townsite plotting as the C.P. Rail lines crept across the prairies from Winnipeg to Calgary. He then registered in British Columbia where he obtained contracts to map out mining claims and townsites. His major projects included Fort Steele, Kimberley, Wardner, Marysville, Fernie and Moyie townsites plus Mining Divisions, the Kootenay Central Railway.....but none in Cranbrook. He settled in Galbraith's Ferry before the Mounties arrived. Before the Mounties left Sam Steele recommended McVittie become Justice of the Peace to work with the BC Constable O. G. Dennis. When Tom resigned just prior to his death he had served longer than any other J. P. in eastern British Columbia. Mr. McVittie also served as School Trustee and Church Warden. He was secretary of the Fort Steele Mining Association which grew into a Board of Trade. In his busiest times he had a Chinese houseboy to care for his meals and housekeeping. Then Robert Galbraith introduced Tom to his niece Anna in Oneida, New York. Tom resigned from the school board, added more rooms to his cozy log cabin and went to claim his bride in November 1899.

Their home had a real bathtub with hot and cold running water. It is not known whether his home obtained water via a long pipe from a point up Wild Horse Creek or if this was a connection with the community pumping system from the first water tower very close to the McVittie House.

Mr. and Mrs. McVittie entertained frequently. She played the piano and he sang with good voice. They subscribed to magazines and newspapers, read current books, and played card games. Their only child, born in October 1900, lived only a few days. Tom's brother Harry worked at Fort Steele while Archie and family came to the new community of Cranbrook. The two Mrs. McVitties had a good natured competition displaying their flowers and vegetables at annual fall fairs. (Anna

would pay local children to gather horse droppings from the street to enrich the garden soil).

After 1904, Fort Steele lost many citizens as businesses moved to Cranbrook, Kimberley, or Fernie. The spur railway arrived at the Fort in 1912 and was completed north to Golden in 1915. Dr. Watt moved to Elko and died in 1914. When Anna fell ill Tom took her to Victoria for medical attention. She died June 25th, 1914 and was buried in Ross Bay Cemetery. Tom returned to his home here and carried on as patriotically as possible when WW I broke out. He was invited to visit his sister in Edmonton early in 1918. He died there on March, 25, 1918, aged 63, and was buried in Edmonton. His home was later occupied by caring individuals until after Fort Steele became a provincial heritage park. The highway cut the townsite in half when the 1964 bridge was installed. The McVittie House sat lonely until the happy adoption by BC Land Surveyors. Thank you to the various surveyors who have done this restoration led by John Armstrong of Cranbrook and Robert Allen of Sechelt. BC Land Surveyors plan a gala opening July 11, 2015 when McVittie's Office will be fully restored.

Wasa Community Church

~ Pastor Gary Semenyna ~

office: 250.422.3344

home: 250.422.9226

Sunday
Worship Service
10:30 am

Thursday
Bible Study
7:00 pm.



September 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Franks n' Thanks 
Garage Sale Howie & Virginia West 4214 Torrent Rd		Lions Meeting 7 p.m.			Yoga & Meditation 7 pm Ashram	
7 Church	8	9	10	11	12	13
		BINGO 6:30 Early Bird 6:45 Regular	AGM Wasa Historical Society 10 a.m.		Yoga & Meditation 7 pm Ashram	
14 Church	15	16	17	18	19	20
		Lions Meeting 7 p.m.			Yoga & Meditation 7 pm Ashram	
21 Church	22 Cut off for September Newsletter	23	24	25	26	27
					Yoga & Meditation 7 pm Ashram	
28 Church	29	30				
We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.						

- LEGEND**
- Church Service 10:30 am
 - Gym (M,W,F 7:30-8:30 am & 10-11 M,W)
 - BINGO 6:45 p.m.
 - Rec Society 7:00 p.m.
 - Lions 7:00 p.m.
 - Library Tues. 11 am - 1 pm and Wed 6:30 pm -8:00 pm
 - TOPS Wed 6:30 pm
 - Quilters Tues. 10 am to 4 pm

Special Events and Days Down the Road

- Monday, October 13th
Thanksgiving

The sun's away
And the bird estranged;
The wind has dropped,
And the sky's deranged;
Summer has stopped.

-Robert Browning-

NUMBERS AT A GLANCE

CBT Contact Marilyn Bowen.....250.422.3210
Chase Saddle and Leather.....250.427.5517
Clay Tippet Excavating Hauling.250.422.3330
Econobuilt.....250.421.7813
Hi Heat Insulating.....250.422.3457
HD Railings.....250.422.3457
Kootenay Kwik Print.....250.489.4213
Kootenay Monument Installations....422.3414
Slim Pickens Gas & Goods.....250.422.9271
The Girls.....250.581.0780
TOPS.....250.422.3510/422.3686
Post Office.....250.422.3122
Victim Services.....250.427.5621
Wasa Community Church.....250.422.3344
Wasa Hall.....250.422.3514/422.3640
Wasa Lake Truss.....250.422.3618
Wasa Memorial Garden (Bev Rauch).422.3335