



FREE MONTHLY PUBLICATION

TRI-VILLAGE BUZZ

June 2024 ISSUE 272

Visit: www.wasalake.com

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PLEASE NOTE:

There is no July edition
of the Buzz

LITTER LASTS THIS LONG

CIGARETTE BUTTS.....1-5 YEARS
ALUMINUM CANS.....80-100 YEARS
ORANGE PEELS.....UP TO 2 YEARS
PLASTIC BAGS.....10-20 YEARS
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PLASTIC BOTTLES.....INDEFINITELY

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WHAT HAPPENS WHEN A COMMUNITY COMES TOGETHER !!

When community members noticed the results of vandalism in the forest, it didn't take long for a group of volunteers to get organized to deal with the mess.

With the start of Reeve Bateman offering a trailer for 1 pm Sat Ap 27 2024, and Patti King taking on the idea, "Lets do this." they reached out on the Wasa Community facebook page and poof it all turned out to be a great day.



Community volunteers went out to this location in the forest somewhere near the dump but in the woods.

What you see is a huge mess caused by some vandals destruction of a homeless camp. This horrible mess got cleaned up

with just people showing up to help.

The group ended up with 5 trucks, and a couple of trailers of refuse to be dealt with responsibly ... and some awesome people. Very good workers just grabbed the supplies we donated ... rakes and shovels and boom ... Done! THANK YOU beautiful people



You made it a beautiful forest area again.

The only thing left are the carcasses of abandoned vehicles, which should be removed due to the environmental impact they have. A few flatdecks, or even the ability to tow them the short distance to the dump would take care of this.

Serving Skookumchuk, Ta Ta Creek and Wasa Lake



TOPS SPOT

submitted by - Norma Williams

The Coolest Item on the Menu at the Moment is . . . Cabbage?

The new culinary darling of chefs everywhere is ... drumroll, please ... the lowly cabbage! It has found it's time to shine! In this age of inflation and increasing food costs, chefs are still able to make a decent profit when they create dishes containing cabbage. This solid, supporting player has risen to a starring role in some creative restaurants across the country.

A lot of people don't automatically go for cabbage when they see it on a menu - it's humble, like a potato. Well, it is one of the most commonly found vegetables on the planet. Russia eats the most, and China grows the most. Fancy dishes that cast cabbage in a leading role have been popular on the coasts for some time, but they're now making their way onto menus across the country.

"It's like bacon was in the 1990s," said chef Michael Stoltzfus, who has two cabbage dishes on his menu in New Orleans.

Cabbage is just the latest celebrity in a family of hardy crucifers that help chefs and diners through the colder months when local produce is scarce. Arugula, kale and cauliflower have each had their star turn, but brussels sprouts, the modern menu darling that a chef started pan roasting with bacon, is perhaps the biggest of them all.

Cabbage has the advantage of being especially cheap and bountiful, with a long shelf life — a single head seems to last forever in the refrigerator. Its meteoric rise has been by the interest in all things fermented and gut-friendly.

We think it was domesticated somewhere in Europe, around 1000 BC. So, cabbage has spent an eternity as the workhorse of the stir-fry and the quiet companion to endless pulled pork sandwiches. About 1/3 of grocery shoppers buy cabbage – and oddly enough, people earning over \$100,000 a year bought more cabbage than those earning under \$25,000.

As we all know, cooked cabbage is often criticized for its pungent, unpleasant odour and taste. It can make your house smell like a flophouse from 1800. Odours develop when cabbage is cooked and hydrogen sulfide gas is produced. But don't despair! There are many ways to eat cabbage – raw or cooked. Creating a nutritious dish with cabbage will benefit your digestive health, is anti-inflammatory, great for heart health, anti cancer (evidence suggests), and a good source of fiber., calcium, magnesium and potassium. It also contains Vitamin C (a cup meets your daily requirement and contains just 33 calories).

Whether it is green, red, white, Savoy, Napa or Bok Choy, cabbage is really good for you and tends to be pretty easy on the pocketbook as well. Give it a try!

Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time & must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" – no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



**For Gym Schedule
please contact:
Sonia Blackwell at
250.421.3019 or
Rod at 250.422.3253**



Let's get the most out of our gym. If a group of at least 3 people are interested in using the gym other than Mon-Wed-Fri 8-9 am, when a group already goes, or evenings, & willing to commit for at least 3 months, contact Sonia with the time & she will arrange a key & let others know the time for more to be able to go too.

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Interrupt the Downward Spiral - Thomas Kinrade

Anxiety is an out of control thought pattern. It settles over the mind like a severe weather system, spewing thunderclouds and casting lightning bolts. Life feels like an airplane in a tailspin. It feeds on *what-ifs* and *worst-case scenarios*.

The economy is sliding into a bear market. I'll lose my health. I'll lose my job. I'll lose it all. How will I survive on unemployment?

Down. Down. Down. Don't give in to this thought pattern. It's a sinkhole. Don't catastrophize your way into quicksand. Take a deep breath and then...

1. **Pray about it.** At the first hint of an anxious thought, Take the thought captive. Don't tolerate the devil, not even for a second. Lasso the anxious thought with a word of prayer. Lord, there is an intruder at the door! Please take over!

2. **Identify the culprit.** Generalities are not permitted. None of this: "I'm worried." Get specific: Lord, I'm worried about the layoffs at work. Now, that's better. But even more detailed: I'm worried that I will lose my job. Will I be able to find more work? Will we have to move? Specificity disarms anxiety.

3. **Take a reality check.** Is this a legitimate concern? Or is this a vague, ill-defined, rumor-fed possibility? They say layoffs are inevitable. Who are they?

4. **Take an action step.** Assuming the concern is legitimate, what can you do? Make a list of two or three steps you can Resist the urge to try to solve everything immediately.

5. **Ask: "Can God solve this?"** Is this challenge within his skill set? Is he overwhelmed by this setback? Are the angels pounding on the door of heaven trying to convince him to come out of hiding? Is he resisting?

I can't handle this challenge It is too great. I don't know what to do! I'm stumped, stuck, and stalled out.

No...I don't think so either. God is never baffled or belittled. Take the problem to him.

Reflect on this verse: "No weapon formed against you shall prosper, and every tongue which rises against you in judgment, You shall condemn. This is the heritage of the servants of the Lord, and their righteousness is from Me, says the Lord" (Isaiah 54:17).

And, pray it through:

Lord, Thank you that "before a word is on my tongue you, Lord, know it completely" (Psalm 139:4). Thank you that there are no surprises with you. Help me find deep comfort in the fact that you are unshockable and nothing is too great, too terrible, too large, or too heavy for you. Help me see the problems that I face today in light of how big you are. Amen.

© Max Lucado (adapted from *Anxious for Nothing*, Thomas Nelson, 2017)

WASA LIONS YARD SALE

June 29/24 8:30-1:30pm

Wasa Lions Grounds



Please contact 250 417-7654 if you have items you would like to donate to the Wasa Lions.

We are looking for new or gently used, clean, working items!

No clothing or TVs please.

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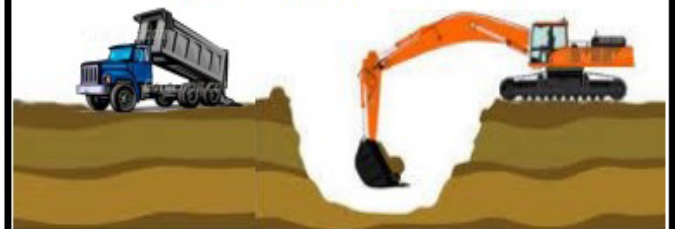
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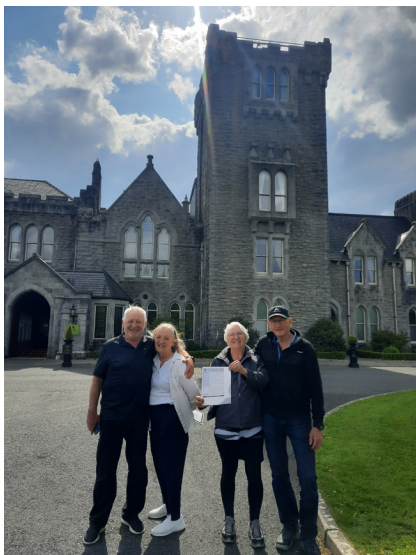
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Bus: 250.422.3694

Cell: 250.417.9728

Box 181 Wasa, BC V0B 2K0





Get your submissions in for your chance to win a \$50 gift certificate to one of our amazing Tri-Village Buzz advertisers! Where do you take your Buzz?

Take a photo of you with the Buzz and email your travel stories to me. Your picture will be featured in the current issue of the Buzz "2024 Where Do You Take Your Buzz contest". Email: trivillagebuzz@gmail.com



Alex and Heather Jensen and Linda and Eric Sundgaard were at Kilronan Castle in Ireland

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250 417-7654



WLLID Clarification

In the May issue of the Buzz, the WLLID confused a point of local history in providing a submission to the RDEK regarding Bylaw's 3245 and 3246. For details, please see last month's Buzz. Back in June of 2011, the RDEK received an application for what has become known as the Ford sub-division. According to Jane Walter, RDEK Area E Director, "The Ford application was defeated at the June 2011 RDEK board meeting with 6 board directors in favour and 8 opposed. The main reason for this decision was the need for a new updated [Wasa] Official Community Plan." Director Walter goes on to further clarify. "In the WLLID article, the Trustees incorrectly reversed the dates. Interior Health's 2007 proposal predated the 2011 Ford application. The Ford application did not trigger Interior Health's proposal."

The proposal Director Walter refers to is an Interior Health best practices policy that rural land should not be subdivided into parcels less than 1 hectare (2.47 acres). Their rationale is based on the negative impact septic fields can have on a local aquifer, particularly in concentrated numbers. This confusion over local history is the responsibility of the WLLID Board.



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Wasa Community Hall – News update



Anyone who enjoys home ownership knows the flip side of the equation, building repairs, and updates. The same responsibilities apply to the Wasa Community Hall and its board

members.

So far in 2024, with help from community volunteers we have repaired a cracked septic line, updated fire exit signs, taken care of rodent problems, patched up drywall and roof leaks, and dealt with toilet repair and installation.

Creating Resiliency for Our Community

This spring our Board decided to embark on a vital facility upgrade. We have applied for a Columbia Basin Trust SMART GRANT. Smart Grants address Climate Change adaptation through Renewable Energy & Improvements to Buildings or Property. After over 40 years of operation the hall's exterior siding needs replacing, extra insulation will make the building more comfortable, and at the same time the windows should be upgraded.

To do this work, we have asked for a grant of \$100,000.00. If successful, three quarters of the total grant will be covered by CBT, the remainder will be the responsibility of the society. To raise funds, we are planning some events a 50/50 draw, bingos, book sales, Wasa Country Breakfast participation, and a spaghetti dinner.

The Columbia Basin Trust is truly a white knight for non-profits in the Columbia Basin. This 2024 SMART GRANT is a progression of a previous CBT grant in 2020 to install solar panels. The installation of these panels has decreased our heating costs making a major difference in operating the hall. The cumulation aspect of these grants are important because the hall is a venue for all levels of government to hold elections, assembly of emergency service personnel for urgent situations, town hall meetings of local government, information sessions for government lead business. (fire, drought, flood, forest management).

In addition, at a community level the hall provides a facility for local events such as fundraising opportunities, community celebrations, craft fairs, quilt shows, and swap meets. It provides a space for weekly and monthly activities for yoga, pickleball, tai chi, quilting, the gym, a coffee social, the Lions Club and the Wasa Lake Land Improvement District. It is also the location for local family celebrations and for visitors to the area.

We will keep you updated as we await news about this CBT funding opportunity and our fundraising events.

For clarification, residents of Wasa and surrounding area partially support the Hall and Lions Grounds through a Facilitates Tax. You will see this item on your yearly tax notice. The hall's mandatory insurance of almost \$10,000.00 takes up most of the hall's portion of the Facilities Tax each year.

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Wasa Lions Grounds Rentals
Contact Person: Linda Gold @ 250 421-6302



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FIRE!

IN WASA

WHO DO YOU CALL?

In a fire emergency, first call BC
Wildfire 1-800-663-5555 or *5555 on a
cell phone.

Then call these Wasa volunteers until
someone answers.

Mike Gall 250-417-9422
Lyle Zaksauskas 250-421-2650
Sharon Prinz 250-417-7654
Kathy McCauley 250-427-6637

The people listed are members of the Wasa
Volunteer Fire Prevention and Suppression
committee. In the event of fire, they will
arrange to activate the community water
trailer and call others with water trailers to
help.

The aim is to prevent fire from
spreading, NOT to put out house fires.

The community water trailer is only available
mid-April to mid-October. It does not operate
during freeze-up months.



The Lions Den Lions Roar

Wasa & District Lions Club – Serving Wasa & Area since 1976

submitted by Terry Marvel

We have not been too busy yet this year, but the summer is quickly approaching with our annual Garage Sale.

We held an impromptu pancake breakfast for the Girl Guides of Western Canada and the Northwestern U.S. that were camping at the Provincial Campground for a Nite Trek weekend. We were treated with Girl Guides cookies for our efforts. A successful endeavor.

In the upcoming months there will be the usual Pancake Breakfasts on Saturdays beginning June 29th. Be sure to attend to support the various groups in the area that share the profits of them.

Be sure to contact Sharon Prinz (250-417-7654) if you have gently used items to be sold at our Garage Sale. Don't miss this event as there are always lots of items that you probably can't live without, as well as crafts.

As always, we thank everyone that contributes cans and bottles to our recycling program that goes toward our scholarship fund and general maintenance of the grounds.

Please be extra careful with fires this summer and be Firesmart!

Have a great and safe summer. See ya in the August issue.

Local lakes among noisiest in Western Canada: Wasa is at #2?

Read the article here:

<https://www.e-know.ca/regions/east-kootenay/local-lakes-among-noisiest-in-western-canada-report/>

AN OPPORTUNITY TO SERVE YOUR COMMUNITY

Wasa Lions is a fun way to give back to your community.

It's About Fundraising

- Annual Christmas Dinner/Dance/Raffle
- Yard Sale/ Pancake Breakfasts
- Bottle Recycling
- Gran Fondo/ Triathlon
- Lions Grounds Rental



It's About Giving

- Wasa Lions Path/Skating Rink
- Tennis & Basketball Courts
- Pickleball Courts
- Ball Diamond
- Scholarships
- We Care We Serve community funding
- Medical Loan Cupboard
- Eyeglass & Hearing Aid Recycling



It's About Fun & Socializing

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WASA LIONS MEDICAL LOAN CUPBOARD

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WASA COUNTRY BREAKFAST 2024

Wasa Lions Picnic Grounds

Every Saturday

From Jun 29 to August 31

Pancake Breakfast

8:30 am to 11:00 am

Breakfast includes:

**Pancakes, Mixed Berries,
Scrambled Eggs, Sausages
Juice or Coffee**

Large \$10.00 Small \$8.00

Just Juice / Coffee \$2.00

Coffee on at 8:00 am

Vendors set up for free

**Come out and enjoy a great breakfast
served by our local community groups.**



Music Every Weekend



Wasa and District Historical Assoc. & Memorial Garden Group

submitted by - Kate Kelly

As we enter into the warm days of summer, the water has been turned on and June will see the garden volunteers begin their duties. Thank you to all who have volunteered to help keep the garden looking its best... A big thank you to Jeanette Abbot for donating her time for her annual cleaning of our columbariums. Jeanette has taken up this task every year since the garden's opening. Thank you also to Charlie Vereshagen for your check and repair of the waterwheel – which is now up and running! We are currently in need of a volunteer or two to lend a hand with some weeding. If you can spare a bit of time please contact Sherry Shields via email at: slshields27@gmail.com If you enjoy gardening & have been looking for a way to connect with neighbors in the community volunteering in the Memorial Garden is a great place to start!



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2024 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels - \$1000.00 + engraving

Bottom Row – \$900.00 + engraving

UNIT 2 Columbarium (new)

Niche cost - \$1100.00 + engraving

Niche Engraving - \$290.00+tax

Memorial Plaque - \$300.00

(Engraving costs are subject to change)

Contact info:

Pat Walkey @ 250 422-3530 or

The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is to have a Community Hall that is viable for events & recreation of the community. Thru fund-raising, volunteering & rentals, we're able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 p.m., in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

• **Hall Rentals & Information:**

Karen Markus 250.422.3514

• **Gym:**

Sonia Blackwell 250.421.3019

or Rod 250.422.3253

• **TOPS:**

Heidi Wright 250-919-3675

• **Library:**

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VOLUNTEER WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. Take a look at the list below and call existing members to see where you can help out.

Wasa & District Lions Club, Wasa Recreational Society, Tri-Village Buzz Newsletter, Wasa Gym, Wasa Lake Land Improvement, Wasa Pancake Breakfast, Wasa & District Historical Association/Garden Group are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

Volunteering is a work of heart."

Annual Prohibition on Sale of Fireworks in Rural RDEK Now in Effect

A reminder the annual prohibition on the sale of fireworks in the rural areas of the RDEK is now on and the sale of fireworks in Electoral Areas A, B, C, E, F & G by businesses or individuals is not permitted. The annual ban runs May 1 to October 1 each year. It relates ONLY to the sale of fireworks as the RDEK does not have the ability to regulate the use of fireworks. The use of fireworks in rural areas is governed by Provincial restrictions, which prohibit the use of fireworks anytime there is a CATEGORY 2 Open Burning Ban in place.

Category 3 fire prohibitions to start in Southeast Fire Centre

Effective at 12 p.m. (noon) PDT on Friday, May 17, 2024, Category 3 open burning will be prohibited throughout the Southeast Fire Centre, which includes the Rocky Mountain Natural Resource District and the Selkirk Natural Resource District.

The BC Wildfire Service is implementing this prohibition to help prevent wildfires caused by Category 3 open burning and to protect public safety. This prohibition will remain in place until 12 p.m. (noon) PDT on October 28, 2024, or until the Order is rescinded.

OLD CROW, NEW WORLD

Written By Jeff Pew

TO RESTORE OR RECYCLE IN THE AGE OF RECONCILIATION? A HISTORIC HIGHWAY-SIDE LANDMARK AWAITS ITS FATE.

https://www.thetrenchmag.com/stories/skookumchuck-landmark?fbclid=IwZxh0bgNhZW0CMTEAAR0SN9BPXqQOHWYf3tK5K3EqXp12f005ao34kX1DH7KHZTPhSFu_5rimSIE_aem_AeAlQjGa7LMIKKsMzqd2sx0NuXheXQnYGcTXhM1S-glcjnkjRANFD_xLqKjxZ6yEvCtIgTE3wFJnrURFMpZqymJT9X



Want to learn to Quilt?

Looking to advance your skills or learn a new one? Join the Wasa Country Quilters Group and learn with a talented group of quilters!

We meet every Tuesday from 10-4 in our own space in the basement of the hall. Drop in any Tuesday! We'd be more than happy to show you the endless possibilities in this creative atmosphere! No previous experience required.

Call Gayle Andrews
250-422-3095 for more info



Unarmed —
Carved 65 years before sports teams names had to be changed and colonialist statues were defiled or torn down, Old Crow went on up. His missing arm is in safekeeping though. Jeff Pew Photo





WASA VOLUNTEER FIRE PREVENTION & SUPPRESSION

submitted by Kathy McCauley

Saturday, May 11, 2024 was the grand opening of the FireSmart™ Demonstration Site on the corner of Wasa Lake Park Drive and School Road!

The event marked the culmination of years of effort; volunteers began the applications and planning process in the summer of 2020

and have since installed an information kiosk, interpretive signage, bench, and mini fire station/book house. Site preparation involved cleaning up pine needles and woody debris, levelling and gravel, and trimming and thinning of brush and trees. Improvements will continue and site maintenance will be ongoing.

The opening celebration occurred on a beautiful sunny day and over a hundred residents and visitors came out to learn about FireSmart principles and practices, and to partake of barbecued burgers and franks, drinks, and a special celebratory cake. Area E Director, Jane Walter, always a solid supporter of the project, did the honour of cutting the ribbon.

It was a fun event! We hope that people will return to the site to check out the latest fire news posted on the kiosk, help themselves to FireSmart brochures from the very cute "fire station" book house, and to read the interpretive signage.

As always, we thank our corporate sponsors, without whom none of the work could have been achieved: Columbia Basin Trust, BC Hydro,

FireSmart Canada, and Regional District of East Kootenay. Thank you to Kevin Bradley, Cleave Koswan, Sherry Walkley, and Jason Sakundiak for help with set up/take down, and chef's duties.

Sincere thanks to all who have supported our FireSmart projects from the Wasa Volunteer Fire Prevention and Suppression committee: Bill Walkley, Lyle Zaksauskas, Sharon Prinz, Jane Walter, Mike Gall, and Kathy McCauley.

Keep your fingers crossed for a wildfire-free summer!

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Canadian Interagency Fire Centre.

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@Wasa Lions Grounds
Supporting the Wasa Lions & the Wasa Recreation Society

A life is like a garden. Perfect moments can be had, but not preserved, except in memory.

Leonard Nimoy

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WELLS - WHERE ARE THEY?

While it is not a requirement, residents with domestic wells in BC are strongly encouraged to ensure their well is registered. A domestic well is one where the water is used for household purposes in a private dwelling. Household purposes include drinking water, food preparation, cleaning, fire prevention, providing water for animals or poultry kept as pets or for household use, and a small garden (not exceeding 1000 m²).

Registering your well means it will be entered into a provincial database called GWELLS (Groundwater Wells and Aquifer). It will create a record of water use / demand within aquifers and can help ensure existing wells are considered in decision making during times of water scarcity. The issue of water supply and demand is raised more and more now, particularly given the lower snowpack years and drought conditions we've been experiencing in BC. Having a record of domestic wells is an important piece of the puzzle in trying to understand existing demand.

Wells that were drilled after February 29, 2016 are required to be registered. However prior to that date, it was voluntary for well drillers to submit well records. If your well was drilled prior to February 29, 2016, it is an easy process to get it registered. You simply complete a Domestic Well Registration Form, which is available here: www.groundwater.gov.bc.ca. You will be asked to provide contact information along with property and well-related details including a location map. Once the form is completed, you submit it by email to groundwater@gov.bc.ca. Before Submitting:

- Ensure your well is used for domestic purposes only.
- Complete all required information.
- Attach a sketch or map depicting where the well is located on the property.
- Provide any supporting documentation (e.g., well construction report) if available.
- Sign the well registration form.

If you are unsure whether your well has been registered, you can search the GWELLS database using your well tag, ID plate number, street address, city or owner name here: <https://apps.nrs.gov.bc.ca/gwells/>. You can also use the map and zoom in to find your property visually on this page. You can also contact Front Counter BC, email groundwater@gov.bc.ca for help searching for wells, or reach out to the Regional Groundwater Contact for the "South Natural Resource Area" (which is the area that covers the East Kootenay) at 250-490-8200.



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Are you interested in First Aid
Training?

The Wasa Lions Club is
sponsoring a 4 hour Basic First
Aid CPR A Course for up to 10
community members.

Date to be determined.
Contact 250 417-7654 for
further information.



Cranbrook♥Kimberley
HOSPICE SOCIETY

127C Kootenay St. N. Cranbrook, B.C.
V1C 3T5

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Fax: (250) 417.2046

Toll Free: 1.855.417.2019

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of Canada





With summer fast approaching, WLLID Trustees and volunteers continue testing and monitoring lake water and Kootenay River levels.

Freshet on the river started during the second week of May and several days later water started, slowly, rising in the lake. As of 24 May, the lake water was at 766.74 masl (meters above sea level).

On the same day, the Floe Lake snow pack was at 22.53 inches of snow water equivalent, which is 85% of normal. Over 80% of the Wasa water level is driven by the snow water equivalent at Floe Lake. The future of Floe Lake snow pack will have a big impact on the future of Wasa water.

In late April, Trustees spent several hours repairing water level gauges at Wasa and on the Kootenay. The river gauge was vandalized with a meter long section removed from the pole. It costs \$73 + tax + shipping to replace one gauge. At the lake, the gauge was straightened after being bent several summers ago.

E. coli testing began on 8 May. The first batch of results are shown below.

Location	E. coli per 100 ml	IH designation
Pine Beach	<5	Acceptable
Main Beach	<5	Acceptable
Horseshoe Beach	<5	Acceptable
Campers Beach	15	Acceptable
Cedar Beach	<5	Acceptable
Spruce Beach	<5	Acceptable

WLLID volunteers collect water samples every Wednesday and submit them to Interior Health who conduct analysis and post the results on their website. Search using Wasa and filter for beaches. [<https://services.interiorhealth.ca/publichealthprotection/watersamples.aspx>]. Weekly E. coli testing will continue until mid-September. Additional on-water testing for dissolved oxygen, temperature and clarity has begun and will continue until late October.

Volunteers who want to help the water testing crew can join a training session on **Saturday 8 June**. The event starts at 11am and will last one hour. Please email admin@wasalake.ca to register. Location varies depending on water level. You will learn various testing procedures including how to take a Secchi reading to determine water clarity. Hands on work with the YSI Pro-Solo digital water testing equipment will cover its basic functions, along with reading and recording the dissolved oxygen (do) and water temperature numbers.

Water testing is very basic. If you can operate your smart phone, you can handle the testing equipment.

Another project WLLID would like help with is maintaining and updating the website (wasalake.ca). The Board would like to eventually get the website to a place where residents will find daily and weekly results from monitoring water levels and testing. If you have a knack for website stuff and would like to help out, please drop us an email: admin@wasalake.ca.

The Board continues to monitor the status of the proposed sub-division on the large 10 hectare piece of land in the SE area (Wasa Lake Park Drive and Lazy Lake Road). The Board's detailed position on this was published in May's Buzz. We are concerned with the proposed number of homes and the impact a substantial number of septic systems will have on the aquifer and quality of water in the lake.

We urge all residents to maintain their septic systems, and, if possible, up-grade to a modern system.

We also urge residents to register their water well with the provincial government, particularly wells that were in place before February 2016. According to the government, "registering your domestic well helps to ensure your use is considered in decision making and during times of water scarcity."

If you have experienced changes in your water well, please send an email. Address above.

Here is the well registration link:

[<https://www2.gov.bc.ca/gov/content/environment/air-land-water/water/groundwater-wells-aquifers/groundwater-wells/information-for-property-owners/well-records-registration/domestic-well-registration>]

Starting June 29th, WLLID Trustees will be in attendance at the Saturday morning pancake breakfast's. Residents are welcome to stop by and chat about their concerns, get answers to water questions and tell us about the best experience you've ever had at Wasa. Trustees want to hear from you about what makes Wasa a special place and how it can be preserved for future generations. ***Be aware of how your actions impact the lake, positively and negatively.*** Have a safe and fun summer.



Don't Let Secularism Kill Your Relationship with God: Governments Seek to Disconnect Humans from Their Right to Be "Spiritual."

In an increasingly secular world, where governments and institutions tend to separate religion from the public sphere, it is crucial to protect one's personal connection with God or with one's spirituality. Secularism, which aims to guarantee the neutrality of the state regarding religious beliefs, has become a threat to free religious practices and the overt expression of an intimate relationship with the Divine. It is essential to understand how to maintain and deepen this relationship despite these societal trends.

Secularism and Religious Freedom

Secularism is a fundamental principle in many countries, aimed at ensuring the equality of citizens, whether they are believers or not. However, the implementation of secularism has also been used to relegate religion to the private sphere, far from the public arena. This can create challenges for those who seek to live their faith fully and openly on a daily basis. Secularism should not restrict nor hinder individual or collective religious practices. So-called "social-liberal" globalist governments have turned faith into superstition and do everything in their power to marginalize or minimize the importance of faith and spirituality in public life.

The Challenge of Maintaining a Personal Relationship with God

In the face of these challenges, it is crucial to cultivate one's personal relationship with God, or with one's own Spiritual Essence.

Here are some points to consider to help preserve this connection:

Inner Freedom

It's important to recognize that spirituality is a personal, inner matter. Even in secular environments, everyone has the right to cultivate their faith and spirituality in their own minds and hearts.

The Personal Search

Engage in a personal search for Truth and meaning. Read texts on the Spiritual Quest, meditate, or pray according to your tradition. This personal process often strengthens your relationship with the Divine.

Faith Communities

Join Spiritual Communities that share your beliefs. Universal fellowship and mutual support can strengthen your spiritual commitment, even in a secular context.

Tolerance and Respect

Respect the convictions of others and defend the right to Religious Freedom for all. Realize that God is "ONE" and the Same for all! Be convinced of the Unity of all the Faces of God on this Earth and in the Universe. A truly respectful secular society will recognize the diversity of religious beliefs and practices around a single Divine Force.

Balance Between Secularism and Spirituality

Without high spiritual values, declining morality and ethics always lead society into social chaos and civil war as moral bearings and a sense of the common good are lost, giving way to division and conflict. Spiritual values contribute to social cohesion and peace by fostering respect, compassion and justice, which are essential for maintaining order and stability within communities.

It's essential to remember that the relationship with God or with the "Spiritual" doesn't have to be primarily personal; spirituality is in the nature

of sharing ethical and moral values between and among people. It transcends politics and laws. So, even in an increasingly secular world, it's vital to maintain and cultivate a deep connection with the Divine within ourselves. By preserving this inner dimension, everyone can find peace and fulfillment in their Faith, to create a society where Love, Respect, Harmony and Good Manners are shared with all.

Do not allow secularism distance you from your relationship with God. Rather, make of your spirituality an Inner Force that guides and enriches your life. And don't let the principle of secularism marginalize or ostracize you, even if everyone has the freedom not to believe, according to their own conscience. Never be ashamed to have Faith in the Divine and to share it with the ones you love in order to support them in their challenges!

In our Ashram called "Adi Vajra Shambhasalem Ashram", in Wasa, British Columbia, Canada, our community prays every day, not only for the happiness of our region but also for that of the whole world!

Never be ashamed of your Faith in God! Keep it alive in your Heart! Never deny your Faith, for it is the guarantor of your Respect and Love for all your Brothers and Sisters on this Earth.



Don't divide God, and don't let secularism divide you, for in God we are all One.

Peace be with you, always! You are never alone, for God watches over you!

With Love and Brotherhood in God!

OM OM OM

H.H. Gurudev Hamsah Nandatha
Adi Vajra Shambhasalem Ashram

June 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Church 10:30 am	3	4 Wasa Lion's Mtg 7 pm	5	6 	7	8 
9 Church 10:30 am	10	11 	12 WLLID Board Mtg 7 pm	13 	14	15
16 Church 10:30 am 	17	18 Wasa Lion's Mtg 7 pm	19	20	21 	22
23/30 Church 10:30 am	24	25 Rec Society Mtg 7 pm	26	27 	28 	29

GREAT NEWS - WASA LAKE IS BACK ON THE MAP!!

The Community Connector Bus Will Now Pick Up Wasa Residents bound for Cranbrook Tuesdays and Thursdays at 10:30 at Gas Station - Return from Cranbrook Hospital, 3 pm Tuesdays and Thursdays stopping at the Gas station 3:30. This bus continues up to Golden if you need. **Price is \$2.50 each way.** Medical patients have first priority. If there is room, others can ride this bus. phone 250.427.7400 to book your ride.



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"Kind hearts are the gardens,
Kind thoughts are the roots,
Kind words are the flowers,
Kind deeds are the fruits,
Take care of your garden
And keep out the weeds,
Fill it with sunshine,
Kind words, and Kind deeds."
— Henry Wadsworth Longfellow

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 Wasa Lion's Mtg 7 pm	3	4	5 	6
7 Church 10:30 am	8	9 	10 WLLID Board Mtg 7 pm	11	12	13 
14 Church 10:30 am	15	16 Wasa Lion's Mtg 7 pm	17	18	19	20 
21 Church 10:30 am 	22	23	24 	25	26	27 
28 Church 10:30 am	29	30 Rec Society Mtg 7 pm 	31			

LEGEND

Church Service 10:30 a.m. Lions 7 p.m.
Quilters 10 - 4 Tops; friday 9 a.m.
Lion's meetings 1st & 3rd Tuesday of every month



SPECIAL EVENTS

and Days Down the Road

- TOPS every Friday morning at the Wasa Hall. Weigh in at 9 - 9:30 AM - mtg 9:30 to 10:30
- Pickleball - every Monday & Wednesday 9 - 12, in the Community Hall
- WLLID board mtg June 3rd 7 p.m.
- First Pancake breakfast of the season June 29th

WILDLIFE IN DISTRESS? Call

Little Mittens Rescue: 250.939.8085
or Northern Lights:
250.877.1181
or Kim Balcom: 250.602.9693



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Econobuilt.....250.421.7813
EMERGENCY.....1.800.663.5555 (*5555)
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HD Railings.....250.422.3457
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Kootenay Monument Installations.....422.3414
Lantz Farm (Hay).....250.420.1660
Rascal Dock Systems.....250.421.1746
TOPS.....250.919.3675
Wasa Country Pub & Grill250.422.3381
Wasa Hall.....250.422.3514.....422.3795
Wasa Hardware & Building Ctr.....250.422.3123
Wasa Lake Gas & Food.....250.422.9272
Wasa Lions Med Eqp...250.417-7654.....793.9491
Wasa Lions Trail Donations.....250.417-7654
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