

Tri-Village Buzz

June 2017 Issue 200

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NEXT NEWSLETTER **AUGUST 2017**

Local Heroes Contain Wasa Fire



Mardis Fire Crew: Tyson Clive (L), Sandy Campbell, Harvey Johnson, Larry Gould and Glenn Cottle by Nowell Berg

On the morning of May 5th, two homes on Aspen Road at Wasa were completely destroyed by fire. Nothing remained but charred metal, tin roofs, burnt out vehicles and a stone chimney.

If not for the quick reaction of Larry Gould, owner of Mardis Forest Products, to dispatch the mills fire crew and water pump truck the damage would have been far greater. Gould gives all the credit to the fire crew which is made up of Tyson Clive, Sandy Campbell, Harvey Johnson and Glenn Cottle.

When Clive and Campbell arrived shortly after 7:00 am with the pumper truck, the two homes were completely engulfed in flames. "We worked to contain the fire and stop it from spreading," said Clive. Johnson and Cottle had arrived minutes earlier with Gould.

The fire crew were able to hose down a third home in time to prevent it from bursting into flames. The west wall of that home was charred and smoking. It wouldn't have been long before it caught fire. Later, Gould said he looked inside the garage and saw that "all of the tools hanging on the wall were melted."

At one point, the fire crew put a pump in the lake and strung a two inch hose 800 feet all the way to the fire site. Johnson stayed all night hosing down hot spots and making sure the fire did not flare up again. A major disaster was averted due to the hard work of the Mardis fire crew.

The action of these local heroes and neighbours helped prevent the fire from spreading to the other twelve homes in the NE area of the lake between Aspen Road and Wasa Lake Park Drive.

Commander of the Kimberley RCMP Detachment, Sgt. Chris Newell, reports the fire is "not deemed suspicious." He also said the fire's cause is unknown and not likely to be determined because there is "no evidence left behind after a fire burns itself out."

In the past, RDEK Area E Director, Jane Walter, has tried to get the RDEK to install a volunteer fire department at Wasa. The last time she went to Wasa residents asking for volunteers there were not enough people willing to be firefighters.

Travis Abbey, RDEK Emergency Services Coordinator, said the issue of fire protection in rural areas like Wasa is complex and costly.

areas like Wasa is complex and costly. Serving Skookumchuck, TA TA CREEK AND WASA



Make sure your cigarette butts are out!

With the dry hot weather it won't take much to start a fire. Make sure your cigarette butts are properly extinguished before discarding them.

Trail courtesy

Remember to use a bell to warn fellow trail users when approaching. Pick up after your pet and don't litter!!

Send your suggestions for "Courtesy and Common Sense" by email to:

trivillagebuzz@gmail.com

ELIMINATE BAZARDS

- Keep space heaters away from anything that can burn Store all Rammable materials away from beat
- Don'Y let trash accumulate in attic, basement or garage
- Don't run extension cords behind rugs or curtain
- · Use fuses, circuit breakers and appliances with UL (Underwriters Laboratory) seal only • Don't overload circuits

FIRE PREVENTION Keep operational fire extinguishers handy

+ install and maintain smoke detectors **BEVELOP ESCAPE PLAN**

Develop and memorize escape route

- Assign responsibility for evacuating infants, elderly and infirm
- · Choose meeting place outside home
- . Keys must be easily accessible
- Hold frequent fire drilts
- Test every cloor, be sure there's no fire on the other side . Know two ways out

DURING A FIRE

 Leave personal belongings behind Don't go back for any reason + If clothing catches fire stop, drop and roll In dense smoke crawl on floor to nearest ear





FOLLOWING THE TRAILS OF

Bv Judv McPhee

"Heaven is not gained by a single bound; But we build the ladder by which we rise From the lowly earth to the vaulted skies, And mount it's summit round and round."

From "Gradatim" by J.G.

RENE F. FARWIG

Holland 1819-1888

Rene, of Poplar Road, Wasa, B.C. is a man who has lived in 5 countries, speaks three languages fluently and is an accomplished ski racer. He became the Bolivian National Ski Champion, four years in a row. This gualified him to be a participant in the Slalom Races in the 1956 Olympics in Cortina, Italy. As a "one man team" representing Bolivia, he trained for five months with French, German. Italian and Austrian skiers, hitchhiked rides around the countries and learning, at the same time, about their cultures.

He placed in the top 30 skiers in the first race out of four in the Olympics and unfortunately hit a tree during the second race. Helmets were not worn in those days. He was in a coma for five days. missed the rest of the races and recovered. He was asked to participate in the University World Ski Championships in Zakopane, Poland a month and a half later. Rene WON A GOLD MEDAL and is very proud of it.

Rene was born in the small town of Atella, Spain outside of Valencia in September 1935.

He is the child of Hans G. Farwig, an Electrical Engineer from Halle, Germany and Maria (Guellen) Farwig of Cochabama, Bolivia. Maria met Hans when she was 14 and married him at 18. Rene had two older brothers. William and Hans who helped him as he was growing up. The family had moved in 1931 from Bolivia to Halle, Germany and to Spain in 1934 where his father opened a fruit and export business.

His father died in 1939 during the Civil War in Spain, (1936-1939) from consequences related to his service in the military. His mother was considered of German Nationality so she had the good fortune of receiving a monthly pension as a widow of a fallen soldier. His father had received a gold pistol from Franco for his services before he died.

Maria and the boys moved from Spain to the boys grandparents home in Halle, Germany. The boys went to school there and Rene was a favourite student of the teacher. Cigarettes were in short supply and most weeks Rene would bring one cigarette, absconded from his moms package to his teacher. Just before the Americans took over Halle, Rene and Wiliam liked to go up to the attic



Rene Farwig carrying the flag in the 1956 Olympics

of their three story apartment house and observe the invading soldiers through binoculars. They were seen by them and an artillery shell was fired, hit their apartment and left a large gaping hole in the side of it. Fortunately everyone else was outside or in the bomb shelter. Escaping death, they very quickly ran outside. In the next few days another bomb made a big crater in their garden, 30 feet wide by 10 feet deep. It was evident that Rene and his brother instigated the attacks. For entertainment. Rene and his brothers built a cave under the crater.

Difficult Times

When the war ended, Germany was divided into four zones. Halle belonged to the Americans but only for a few months. The Americans departed, and the Russians took over.

The family home of Rene's grandparents was in shambles. No windows or doors.

Rene's mother packed two suitcases and left with the boys. Unfortunately, one suitcase full of their valuables fell off the truck they were in and it was lost. Maria convinced the Russian Commandant at the border that she was of Bolivian nationality. The family was able to go to Kevelaer, Germany near the Dutch border where they spent a year in a "Displaced Persons Camp".

Finally, they could travel to Munich in the American zone to another "Displaced Persons Camp" with about 15,000 people in it. Rene was always cruising around looking for food and useful items for his family.

esterd

People lined up for breakfast. Their tin cup filled with lumpy gruel with no milk or sugar was not very appetizing for breakfast.

After a miserable two years in camps, they were allowed to go to Morges, Switzerland to await their approval to go home. Here they enjoyed fresh fruit, vegetables and plentiful meals. It was a happy time for Rene. He met a lad who took him sailing. They often sailed to France, ate lunch and returned. Only once did they have to be rescued by the Swiss Coast Guard. This was the beginning of Rene's love of sailing. You will see him sailing his blue sailboat on Wasa Lake this summer.

Another move by the family to Genoa, Switzerland to await transport to Bolivia, compliments of the Bolivian Red Cross. They finally went by ship along with 3,000 other immigrants crammed in.

Upon arriving they went to La Pas, Bolivia where his mother received a job in the bank.

As Maria came from a wealthy family and she had German connections, she secured a scholarship for each of her boys to attend a German Catholic School. She sold some of her jewelry to help with living expenses.

Rene and the nuns were not a good fit! Often in trouble, Rene's hands were whipped with a small strap. He used to rub onions on them before the beatings so they would swell up and he would be sent home-"sick". Bad points accumulated and he had to go to school on Saturdays as punishment. His mother thought he had school on Saturdays!

At 14, his skiing career commenced. He began alpine skiing at Chacaltaya. At 17,000 feet, it was hard to acclimatize himself so that he could navigate the slopes. He raced in about 60 races a year in Argentina, Chile and Columbia, excelling in them. He beat American and European racers and even beat Stein Erikson.

This is when he was chosen to be a "one man team" in the '56 Olympics.

Shortly after this he was invited to the "Federation International Skiing Cup" (F.I.S.) events in the States and met his future bride, Jeanne Stevens,



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WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

By Annelise McRae

WLLID Annual General Meeting

The WLLID AGM was held on Wednesday, April 26th with a small number in attendance. An informative slide show was presented by Trustees Nowell and Laurie on various lake issues such as past flooding and the growing native aquatic milfoil in the lake. Reports presented at the meeting are available on the WLLID website at www.wasalake.ca.

Lake Testing

Initial lake testing has been done and results indicate a healthy lake with all tests falling within normal range. Ecoli testing will begin in June and the WLLID is working to get nitrogen and phosphorus testing set up for this season as well, as these are important indicators of the health of the lake.

Native Aquatic Milfoil

In an effort to get accurate information on the location, size, density and rate of growth of the native milfoil growing in the lake, the WLLID has passed a motion to contract VAST resources to undertake an aerial (drone) survey of the lake this spring and also in August. Photos will be taken and put together to create a full aerial map of the lake. With more accurate information about the milfoil we will be in a better position to make decisions about what steps might be useful to take in order to manage the milfoil so lake users can continue to enjoy the lake as they do now. We also have been in touch with and are hopeful that the Milfoil Program Supervisor from Christina Lake will come to Wasa to view our milfoil patches and offer some advice.

Electronic Data Logger

As previously mentioned, the WLLID is looking at installing an electronic data logger which would provide an accurate and consistent way to monitor lake levels throughout the year. We are awaiting a final detailed quote from VAST Resources, the contractor who would install the logger for us. Further details to come next month.

Boating on Wasa Lake

A boating meeting was held on May 20th at the Lions outdoor kitchen, organized by Jane Walter, our RDEK Area E representative. Two trustees attended the meeting which proved to be a valuable forum for discussing safe boating practices on the lake. A committee is forming around this and the WLLID will have representation on the committee, as we support safe boating practices and wish to see all users of the lake continue to enjoy safe fun whether it be swimming or on a watercraft of any kind.

Last but not least, at the board's regular meeting held May 23rd, Sharon Prinz was elected chairperson for the 2017-2018 term. Congratulations Sharon! WLLID meetings are open to the public and all citizens are welcome and encouraged to participate. Our next meeting is scheduled for Monday, June 19th at 7 pm at the Wasa Hall.

WASA RECREATION SOCIETY

The Wasa Recreation Society would like to send a big thank you to Naomi Miller who was a driving force behind the Armchair Traveller. Thanks Naomi, a great job done this year on lining up some great Armchair Traveller sessions.

_WASA RECREATION SOCIETY

By Karen Markus

Rene Farwig

Continued from Page 2

a school teacher. They were married in 1957 and they went back to live in various places in Bolivia. Their first child , Karin was born there.

With no foreseeable future in Bolivia, they moved to Denver, CO. He worked in electronics briefly and realized his first love, career wise, was in skiing.

In 1965, his knowledge, expertise and experience helped him rise from a skier to ski instructor to ski director to Manager of Mt. Hood Ski Resort in Oregon and Marmot Basin in Jasper. He worked at seven ski hills during his 40 year career.

After winning the Gold Medal in Poland in 1956, Rene, at a banquet, sat beside Archbishop Krakow Wytojla who became Pope John Paul 11 from 1978-2005. Rene, being a "one man team", interested the Pope. The Pope wanted to speak Spanish with him and to find out more about Bolivia. He was most interested in how a blond haired man came from Bolivia-and skied. When Pope John Paul 11 came to Edmonton in 1982, the board of the ski hill found out Rene had met him. Rene was asked to write a letter to the Pope and he did. The Pope requested an R.&R. day and Rene arranged with the board to update a cabin in the mountains near the ski hill at considerable expense. Unfortunately, the weather fogged in and the helicopter could not land. Rene was then invited by the Pope to a banquet in Edmonton instead. He sat beside him engaging in a lively, interesting conversation, The wine flowed freely and many cigars were smoked by the guests.

Jeanne and Rene's first child, Karin was hit by a car the first week of kindergarten in Denver. The trauma of her death and many moves building his career led to Jeanne and Rene's divorce in Hood River. The divorce was hard on their two other children, Renee and Steven. Good News! Rene and his wife, Danella are great friends with Jeanne and have visited each other often over the years. I enjoy Jeanne's friendship also.

Life continued and Rene met his wife to be, Danella in 1989 in Vancouver.

After retiring from Sunshine in 2009, they chose to semi-retire at Poplar Road, Wasa.

Danella is a very capable manager of the "The Mountain Spirit Resort" in Kimberley.

Age does not deter Rene from skiing. He has taught skiing at the Kimberley Ski Hill for the last seven years. He won a Seniors slalom event at Norquay a few years ago and he paints watercolours of scenery and mountains, sails in the summer, gardens, attends to the house and reads. He is physically fit, mentally alert and socially active. A good representation of his mindset.

To his five grandchildren, Shane, Leigh, Graham Josh and Isabel, some of his advice to them is to keep the communication lines open with people. Plan a little. If one plan does not work, try another. Be compassionate and be true to yourself and others.

At almost 82 years of life, Rene is grateful to have had the opportunity to have lived in five countries, experienced many different cultures, meeting people from all over the world, and making a contribution to the ski industry. He is grateful for his family, the friendships he has made and the Wasa Church.

"It is a good thing to put your experiences of life to work for worthwhile projects."





Wasa Country Pul & Mrill FATHER'S DAY BUFFET Sunday, June 18th

Served from 4:00 p.m. to 8 p.m.

Pork Ribs Baked Potato Vegetables and Salad Dinner Roll and Dessert Tea or Coffee Drink Special: Pint of Beer \$5.50 Bottled Beer \$5.00



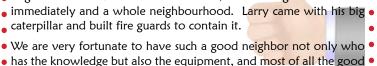
Phone 250.422.3381

Minors welcome until 8:00 p.m. must be accompanied by a parent or guardian

Bruno's Plumbing Service



Gould at Mardis Lumber for his quick action and unselfish donation
of his water truck and pumps and manpower to once again provide
assistance in a scary fire situation. Had it not been for Larry, his crew
Harvey Johnson, Tyson Clive, Sandy Campbell and Glenn Cottle and
the other water truck from EAC, the fire at Wasa last week could
have consumed more homes.
Last summer the same happened on Skookumchuck prairie when
a grass fire took off across the flats, threatening three homes



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. . . .

• will to jump in and help. Helenn Hannah

Continued from Cover Local Heroes Contain Wasa Fires

"The biggest challenge in a smaller rural area like [Wasa] is the volunteer base. No matter what kind of money you throw at a fire department you still need a solid volunteer base to manage that program," he said.

Even if there are enough people who would participate as volunteer firefighters, the cost for equipment, a building and training would greatly exceed \$500,000 which directly impacts the level of taxes. "It's a double edge sword with the cost piece and the volunteer piece," said Abbey.

"Its a tricky one for us because we [RDEK] don't staff a full-time wildfire expert and we'd probably struggle with rural tax payers to staff a full-time position," added Abbey. He went on to say, "If there's anything that costs additional money from private property owners that's the first stumbling block."

Abbey recommends private property owners familiarize themselves with the Fire Smart plan which will help "mitigate risk" of fire damage to homes. If a home owner plans on replacing the roof, then use tin or asphalt shingles not cedar shakes. Keep the vegetation cleared and controlled a full 10 meters (30 feet) around the home which "does an enormous amount to reduce fire risk."

Information on Fire Smart can be found on the BC Wild Fire website, http://www. bcwildfire.ca/Prevention/firesmart.htm.

For Wasa residents with large Ponderosa pine trees the best thing is to prune them at least 3 meters up from the ground. This will reduce the opportunity for fire to climb into the tree crowns. If you are planting trees, Abbey recommends deciduous leaf baring trees because they hold more water and do not catch fire as easy as pine trees.

Abbey said that if Wasa residents are serious about a fire department they should bring a request to Area E Director Jane Walter. She would then take the communities request to the RDEK Emergency Planning Department. Once that happens, then "We'll look at it and try to come up with some rationale to make it work," he said.

If the Wasa community wants to pay more in taxes and has the volunteers, then a local fire department could potentially happen. However, with the small number of permanent residents living at Wasa its highly probable a volunteer fire department won't happen.

In the end, its up to property owners to be prepared as best they can for the eventuality of fire.







By Area E Director Jane Walter

Variance Application

The RDEK Board has approved an application for a Development Variance for Gwinner's Country Butcher in Meodowbrook. The Development Variance Permit will allow the enclosed area currently used for the home based business to expand beyond the present limit of 150 m² to 296 m². This will bring into conformity the existing micro - abattoir and butcher shop and will allow for an expansion to the building.

Discussion about Fire Protection

After two homes were recently destroyed by fire, I have been asked if Wasa and Area could have fire protection.

I am planning a community and area meeting to discuss requirements if the RDEK were to support a volunteer fire department. Other options can also be discussed.

I have not set a date yet , but I am hoping to hold the meeting during the last week of June.

Flooding

Thankfully, this year we have not experienced flooding in Wasa. However, if you have water in your basement, please call 1-888-663-3456 to start the process for assistance.

Bush Parties - Wolf Creek Road

I have received many complaints about bush parties taking place up Wolf Creek Road. Neighbors were left with the cleanup and have even had to put out fires carelessly left burning. I would have thought these party goers would have more sense and knowledge than to put the entire community at such risk.

Residents and I met with the RCMP to discuss the situation and residents are understandably upset over the garbage that was left and the fires left burning. If anyone knows the identity of any of the party goers, please ask them to pick up their garbage and make sure the fires are out.



Bottles, cans, smashed glass, fire crackers and condoms was some of the garbage left from the bush parties.

Pancake Breakfasts

Please remember to support the pancake breakfasts this year. The Lion's will also be holding a Pancake Breakfast and Garage Sale on Saturday, June 17th and we hope to see you there!

I hope you all have a good month. Jane Walter, Area E Director email: S.janewalter@gmail.com / phone: 250-427-2577



News From the Pews By Pastor Paul Brandon

A Christian world view includes an understanding that God put Adam in the Garden of Eden to tend and keep it. To expand on that view by extension God expects us to be good keepers of our environment as well.

I wasn't much of an environmentalist until recently. Oh sure, I didn't liter and I didn't throw cigarette butts out the window (back in the days when I smoked). I didn't throw pop cans out the window for others to pick up, I wasn't a tree hugger but I still didn't think of myself as an environmentalist. But some things have happened the last few weeks that have changed my mind.

Grad parties have been held up on Wolf Creek Forestry Road up above our house. It's not just one or two. It's been every week-end and over a hundred teens each time. Last week five of us went up there and spent three hours cleaning up their mess. We filled about ten buckets and about five large plastic bags with their garbage. We found condoms, hundreds maybe thousands of nails left after burning pallets, lots of butts and paper.

Last week my neighbor and I went up to try to stop yet another grad party. My neighbor was taking pictures of vehicles and was physically assaulted. (I saw it with my own eyes). A group of teens, one was the assaulter who did apologize by the way, but they were determined that they had a right to be there and that they would clean up their mess.

I went back up on Sunday and in addition to the afore mentioned articles also found hundreds of cans.

This has got to stop! We are having a meeting this afternoon (May 18th) to see what can be done.

I drive my ATV up there a lot and I feel that this land, that is for public use, has been violated. I also feel that those teens that so recklessly discarded their waste should be forced to clean it up. They said they would but evidently had no intention

of doing so.

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LOW FAT DIP

Fanny's Favorítes

For vegetables or baked potatoes. In a blender combine: 2 Tbsp low fat Miracle Whip ½ cup 1% cottage cheese ½ cup plain yogurt To add flavour add any or all of the following: lemon juice, garlic, green onions, herbs, dijon mustard dill, taco spice for mexican flavour. This dip will last for 1 week in the refrigerator.

GREEK SALAD DRESSING

Combine & mix well: ¼ cup red wine vinegar 1 tsp dried basil ½ tsp salt

3⁄4 cup olive oil 1⁄2 tsp dried oregano Dash pepper



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Farewell to

Dean and Frica

Buchignani and

wishing you much

happiness in your

new adventure!

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I hate it when I'm singing a song and the artist gets the words wrong.

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Helpoful Hints In Memory of Vi Cockell By Sherry Shields

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My spring planting in May was swayed by the LOW snow on the mountains.

1. Tips for June gardening: Plant in your garden all of the warm vegetables including corn, beans, pepper plants, egg plants and tomato plants as soon as possible.

Strawberry Plants: Allow one or two runners to develop from the most productive plants.

- 2. Mechanical Repairs: Always ask for your old parts back. "This way you'll know they have been changed and can check to see if they're worn."
- 3. Summer weather is approaching remember to protect yourself. Sunscreen wears off. Put it on again if you stay out in the sun for more than 2 hours and after you swim or do things that make you sweat.

Of all the things you wear - your expression is the most important.

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Some minor signs of wear and tear but these are pretty insignificant.

Tires likely have one more season before they will need replacing.

This is a lot of vehicle for the price and definitely worth a look.

I am open to near offers from serious potential buyers but no low ball offers please.

Call 250-421-7160 for more information

CORNER

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FOR RENT - AUGUST 1st IN WASA 1 Bedroom mobile home on large lot in Wasa. \$500. per month plus Hydro. Damage deposit and references required. Call 250-919-3798

Advertise personal items here **FREE** email: trivillagebuzz@gmail

Wasa Memorial Garden has something for every soul who should be remembered or needs a final resting place.

There is a Columbarium with Niches large enough to hold two sets of cremains or the option to purchase a memorial plaque in honor of your loved ones.

Check out the space at the end of Schoolhouse Road in Wasa. Call Bev Rauch at 250.422.3335 or Pat Walkey at 250.422.3530 for information





The Sleeping Nun and the Lady's Leg

Many of the residents on the west side of Wasa Lake were or still are Kimberley residents. Those of us on Ponderosa enjoy the changing scenes on the Rockies. In winter the profile of a female wearing a stiff brimmed habit (which was uniform for members of Roman Catholic sisterhoods until about 1965), justifies the name Sleeping Nun. Below her is a slash of snow which could be imagined as her leg. One of the first things I was told when we moved to Wasa was that locals had created informal pools to bet on the date that the snow would be gone from The Lady's Leg. Alex Caldwell pointed to that leg and declared his favorite date was late in July.

Many candid neighbors admitted the simplest way to remember a date for their guess was to choose a birthday or anniversary. When they congregated for a bocci game or barbeque and checked for snow up there the one with the presumed date of melt was awarded a case of beer. But Bill Walkley tells of the serious consideration taken annually when his father Richard (the butcher) had Uncle Ivan Smyth out for his birthday August 12th. Ivan would declare either "Still snow" or "Bare" then the binoculars would come out. If he was correct Richard would solemnly present him with a bottle of beer. If Ivan lost he would hand Richard one!

Dr.Askey has been trying to find out why the peak next to the Sleeping Nun is called Bill Nye. The closest answer is the discovery of an 1880's legend set near Cranbrook in Sussex, England, home of Cranbrook's Colonel Baker. Bill Nye was a Highwayman/Robber. Likely MLA Baker gave the name when he visited the voters at the Estella Mine! Then Dr Askey described the scramble, many years ago, when he climbed over the ridge to The Lady's Leg, carrying ski gear, changed and skied then hiked back to the Estella road.

The C.Anderson family have watched Lady's Leg for 3 generations and had skiers in two. Chuck's sons did the brutal climb up a scree slide, along a goat trail along a ridge, then hiked on or beside the snow to the top of Lady's Leg, skied

down, removed skis and hiked the trail in reverse. They opted to go on July 1st weekend. In 2015 grandson Brandon and neighbor Eric Jensen skied and were watched through a spotting scope set up on the beach. Mrs. Robin Dixon upheld the honor of the dePfyffer family when she scrambled up the scree and skied down. She estimated that it took an hour and a half to reach the snow and mere minutes to fly down the hill. Then it is a long walk to leave the tempting snow and hike over the shoulder and down to the Estella road where a vehicle awaits.

A "newer" member of the watchers on Ponderosa Road is Garry Nolan who built here in the '70s. He was the first to bring in fill before building his home, raising the house and garage above highest flood levels. He has paid attention to the time of last viewing of snow on the Lady's Leg and states that it is always in August.

In 2016 Julie Holmes decided to try her luck on a weekend. Her neighbor Chris Perih drove her up around noon, left her and promised to come back later. Julie estimated she would take four hours. She carried a 158 cm / 3 1/2 ft. snowboard which proved somewhat awkward to pack up to the snowfield. She enjoyed the slide down the snow patch then headed back but mistook the direction. She found herself in a tree belt as light was fading and realized she was likely in the wrong gully. Windfalls made walking difficult. Her cell phone was dead. Finally she found a flat spot, lay down preparing to sleep, then heard a call. A Few steps further she came out on a side road behind the Estella site. Her driver was there and she was safely home shortly after midnight.

Some readers have been watching the Lady's Leg for years. Maybe a few more will join our ranks this summer. It has been a fun hobby for me!



Donate your pop cans and liquor bottles (no dairy please) to the Wasa and District Lions Club to help with their scholarship fund. Please call Val at 250-422-3499 to make arrangements for drop-off at the Lions Grounds.





Photos from July 20, 2013 when Jack Davis, Chad Davis and Lori Jenks climbed the Lady's Leg



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9

WASA PANCAKE BREAKFAST and MARKET Every Saturday



Rain or Shine The Wasa Pancake Breakfast will take place every Saturday from July 1nd to September 2nd, 2017 at the Wasa Lions Picnic Grounds

Pancake Breakfast

from

8:30 a.m. to 11:00 a.m.

Breakfast includes:

Pancakes

Scrambled Eggs

- Sausages
- Juice or Coffee

Large \$6.00 / Small \$5.00

Just Coffee/Juice \$1.00

Market

from 9:00 a.m. to 11:00 a.m. Come out and visit the vendors • Home Baking • Crafts • Gently Use Items • Jewelry

Vendor Tables No Charge

2017 Pancake Breakfast Schedule

| July 1 | TOPS | August 5 | Wasa Lions Club |
|---------|------------------------|-----------|------------------------------|
| July 8 | Historical Society | August 12 | Wasa Ball Team |
| July 15 | Wasa Community Library | August 19 | Wasa Lions Club |
| July 22 | Wasa Community Church | August 26 | Wasa Country Quilters |
| July 29 | Recreation Society | Sept 2 | Kimberely Refugee Relocation |

Wasa Country Market and Pancake Breakfast Committee:

Karen Markus / Jim Hill

Bonnie Meena

Val Dmytriw



WHAT IS FENTANYL AND WHY HAS IT BECOME A PROBLEM?



East Kootenay

By Dean Nicholson Executive Director for East Kootenay Addictions

Fentanyl is a drug that belongs to the class of drugs known as opioids. Opioids are drugs that help block pain signals in the body by binding to the body's natural opioid (pain) receptors. Fentanyl is one of the most powerful opioids available, meaning that it binds very effectively with the pain receptors and at a lower dose than other opioids. A sharp increase in overdose deaths right across the country has been blamed on Fentanyl and B.C. has been particularly hard hit. By the end of August 2016 there were over 300 overdose deaths linked to Fentanyl with Fentanyl-related overdoses accounting for 60% of all overdose deaths.

Some people use opioids for non-medical reasons because the drug can produce a relaxed, dream-like high. Unfortunately, the body develops a tolerance to opioids relatively quickly so users have to increase their dose to get the high they are seeking. But while users are getting their 'high' the drug is also binding to their pain receptors. As soon as the opioid starts to wear off, not only does the user lose the high, but they start experiencing very unpleasant withdrawal symptoms including intense body, bone and organ pain. The withdrawal symptoms are so intense that users quickly try to get another dose of the drug to stop the withdrawal. With Fentanyl, this shift from using to



get high to using to avoid withdrawal can happen in a matter of months.

Over the past decade, as efforts were made to limit pharmaceutical opioids becoming available for street use, Illicit drug labs began producing illicit Fentanyl. These illicit pills are particularly deadly because the actual amount of Fentanyl in any pill can vary widely, from none at all, to high levels. For the drug user, this meant they could not predict how much of a high they would get each time they used, which increased the risk of overdose.

Furthermore, in the last decade opioid medications began to be used as a recreational drug by younger and less experienced drug users. Younger recreational users were generally not used to withdrawal or physical discomfort from their drug use. These young people were both less prepared for an overdose experience and less willing to go through withdrawal to get off of Fentanyl once they became dependent.

And lastly, Fentanyl is being mixed with non-opioid drugs and sold to unsuspecting users. In B.C., a significant portion of the overdose deaths in which Fentanyl was involved, occurred with people who had bought stimulants, primarily cocaine, and did not realize they were taking Fentanyl.

What can be done to reduce the risks that Fentanyl poses? Ongoing education about the risk of opioid use, and the risk of unintentional opioid use through tainted drugs is important. Also important is the broad distribution of Naloxone kits. Free Naloxone kits are also available at all EKASS offices, Public Health offices, ANKORS and other locations in the area.

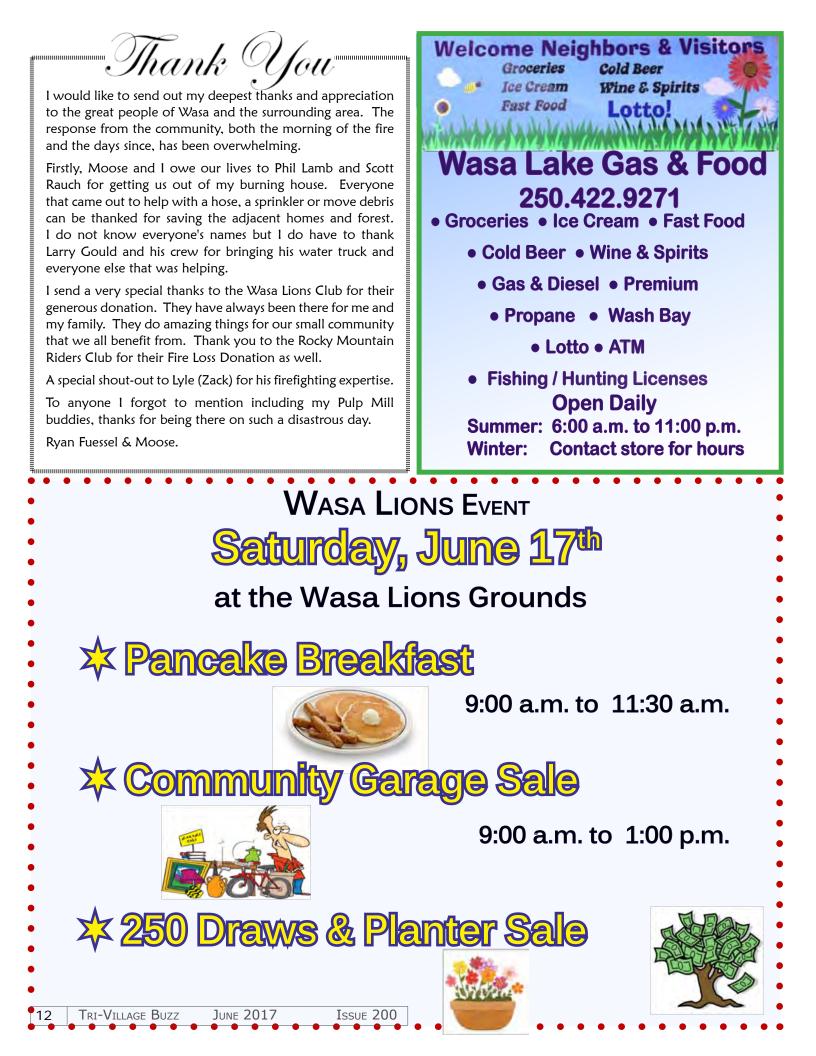
For more information, please contact Dean Nicholson or Jen Driscoll at 250-489-4344. Or you can contact Gary Dalton, Michelle Shewell, or Polly Sutherland at ANKORS 250-426-3383 email: anlkorseast14@gmail.com



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> > 11





- THE SCHEDULE -Trikids Triathlons Saturday, 10 am to 12:30 pm Adult Triathlons Sunday, 8 am to 1 pm

The event needs many volunteers to make it a fun experience for the participants and safe for everyone. Please be part of the action by visiting www.rmevents.com or emailing wasavolunteer@gmail.com or by calling 250-427-8748.

RM Events would like to thank the Wasa Community, The Wasa Recreation Society, the Wasa Lions Club, Kootenay Park Services and BC Parks for providing this very special opportunity. Issue 200 JUNE 2017 TRI-VILLAGE BUZZ 13



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14 TRI-VILLAGE BUZZ

Z JUNE 2017

WASA COMMUNITY LIBRARY Hours: Tues. 11 a.m. - 1 p.m. Summer Closure: June 14th - 1:00 p.m Reopens: September 12th - 11:00 a.m.

SUBMITTED BY JUDY MCPHEE

Marg Burin, 250-422-3565 well be glad to arrange a time for you to go to the library if these times are not convenient.

The thing you must absolutely know is the location of our community library. It is DOWNSTAIRS IN THE WASA HALL, beside the quilters room and the gym.

Will you be hungry for knowledge, entertainment and relaxation during the summer?

I suggest four autobiographies by HELEN FORRESTER.

In sequence they are:

TWO PENCE TO CROSS MERCY
 BY THE WATERS OF LIVERPOOL

2. LIVERPOOL MISS 4. LIME STREET AT TWO

Each book, a gripping autobiography story about her families survival after her fathers bankruptcy during the 1929 stock market crash. Helen, with amazing recall relates her struggle and her parents struggle to look after seven children. Deprivation, starvation and grief were experienced by the family from 1929 and up to and including the war years. These books were an eyeopener of life in Britain during this terrible time in history. I am glad I read them.

LADY RANCHER

By Gertrude Minor Roger

If you know Barry Minor, you will want to read this intriguing autobiography by his mother. She relates her life as a ranchers wife on the Minor family ranch in the Sandhills area of Saskatchewan. Starting with her courtship to John Minor, her marriage to him and later their purchase of one of the three biggest ranches in North America in the Chilco area of B.C.

Her style of writing makes for an entertaining read as well as learning about the hard work, trials and joys of running a cattle ranch.

It concludes with the death of John in a plane crash, her struggles to run the ranch after his death and her move back to Saskatchewan.

Marg, Brenda, Rose, Lyn and I wish you a delightful summer with hopes you take time to relax.

RU77?

Where do you take...

So Helen's sister Anne and her husband Graham

200



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"Pete from the Creek" was on a long solo backpacking tour when he posed with the Buzz on the Island of Crete, Greece. Nearly 5 months and his travels took him to Egypt, Turkey, Greece back to Canada than again to Greece, Austria, Slovakia, Czech Republic and Hungary. Wow...bet he has some stories to tell!!

ISSUE 200



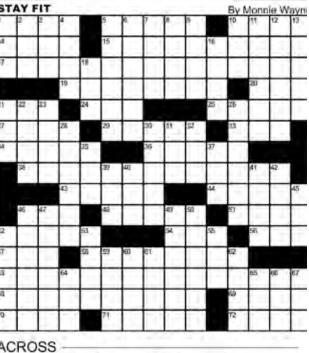
came to visit for a glorious month. We enjoyed touring and covered 4500 kms of this beautiful place we call home.

The picture was

taken at Frank

Slide which was a poignant reminder of how nature is the boss, with maybe a little help from the coal mining industry! Anne and Graham met some of our friends, enjoyed food and drink at the Wasa Pub and saw more bears and other wildlife in 4 weeks than some people see in a year. It was an awesome trip that they won't forget and they will be returning when they can.





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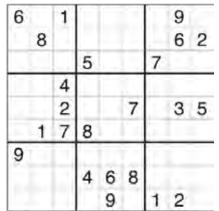
58) Fighting back

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ISSUE 200 **JUNE 2017**

TRI-VILLAGE BUZZ

15

44) Where to go to win at li 46) Historic introduction? 48) Common prayer starter 51) Cold War-era alliance



Saint John and the Cosmic Fire

Welcome to the Summer Solstice Celebration at the Adi Vajra Shambhasalem Ashram, Saturday, June 24, 2017, at 6 pm

June 23, Saint John's Eve, is the eve of the Feast Day of Saint John the Baptist. The Gospel of Luke (Luke 1:36, 56-57) states that John was born about six months before Jesus; therefore, the feast of Saint John the Baptist was set on June 24, six months before Christmas Eve. This feast day is one of the very few saints' days that commemorate the anniversary of the birth, rather than the death, of the Saint being honored.

The Feast of Saint John the Baptist closely coincides with the June solstice, also referred to as Midsummer in the Northern hemisphere. The Christian holy day is celebrated on June 24.

John the Baptist, also known as John the Baptizer, was a Jewish itinerant preacher in the early first century AD. John used baptism as the central symbol or sacrament of his messianic movement. Most scholars agree that John baptized Jesus. The Initiatic Tradition recognizes Baptism as a sacrament to be a visible symbol of the Reality of the Divine, as well as a means by which God enacts His Grace. The English word "sacrament" is derived indirectly from the Ecclesiastical Latin "sacrāmentum", from Latin "sacrō" ("hallow, consecrate"), and "sacer" ("sacred, holy"). This in turn is derived from the Greek New Testament word "mysterion". The "spiritual mysteries" are always revealed to the aspirant through a rite of initiation.

Saint John the Baptist told a large crowd that had gathered where he was baptizing, "I indeed baptize you with water unto repentance, but He who is coming after me is mightier than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and Fire."

The Celebration of St. John is the reminder of the holy Baptism by Fire from the Universal Christ, and it is then a rite of purification and renewal. This Sacred Fire is a means of Sanctification that is less material but more efficient than water since it symbolizes the Intervention of the Divine and His Holy Spirit purifying the consciousness of those who surrender to Him.

In India and Tibet, the lighting of this Sacred Fire during summer solstice is also revered as a process of Purification and Enlightenment since Fire is the carrier of Light. When it is

<u>Words of Wisdom</u>

used for a rite that fosters spiritual evolution, then Fire is attributed to the Divine Power of Enlightenment, the great destroyer of illusions, aberrations and false identifications. Fire is associated with light, and also with Awakening and Supreme Knowledge. In the Buddhist Tradition, it is said that the Fire of Knowledge destroys the darkness of ignorance. Since fire and light are at the very origin of the expansion of the universe, then Spiritual Fire is also viewed as the Transmitter of the Revelation of the True Nature of the Divine. This Celestial Fire is referred to as Cosmic Fire or the Original Power of Enlightenment or Awakening of the Human Consciousness.

In some Buddhist, Indian and Christian traditions, the aspirant to Divine Realization carries with him a few pieces of dry wood, symbolizing his sins, flaws and past negative karmic actions, vowing to never do wrong again. The aspirant then throws his pieces of wood into the fire before jumping over the Sacred Fire for total purification. The aspirant promises to himself that he will live his life with purity, righteous conduct, and without sin.

Many important secret Initiatic Orders consider Fire as a symbol of Initiation and Knowledge that removes the veils of ignorance. In India or Tibet, receiving the Spiritual Fire through an Initiation from an Enlightened Master is considered as one of the greatest initiations on the Path of Light.

The Celebration of Cosmic Fire or St. John's Celebration is recognized by all Enlightened Masters as one of the most beautiful opportunities to let go of the past and to make a fresh new start on one's Spiritual Quest.

Following centuries of the Lineage of the Lotus, at the Ashram we have been practicing this unique Celebration for decades with great respect for all of the Faces of God around the world. Experiencing the ritual of the Cosmic Fire of the summer solstice in a Spiritual Sacred place, such as the Ashram here in Wasa, British Columbia, is very auspicious for anyone who attends it with simplicity and aspiration for a better life.

Remember that all traditions are always welcome at the Ashram!

The symbolic Sacred Fire that will be ignited at the Ashram on Saturday, June 24, 2017 at 6 pm corresponds to a very important initiatic rite of dissolution of all negative karmic forces that are the potential carrier of fructifying germs of suffering in the heart of man. Being



nearby or jumping over this Holy Fire is said to eliminate all negative conditions, thus promoting a beneficial renewal in one's life.

Thus, we are very happy to invite the entirety of our vast community of the Kootenay to join us for this amazing sacred evening, to be held outdoors in our Spiritual Mandala (Holy Circle) of Meditation and Mantra Yoga Practice. Not knowing what the weather will be, we advise you to bring a warm jacket or a blanket to keep warm by day's end. Some hot chai tea and Prasad (blessed) cookies will be offered to the participants in order for them to absorb the Divine Energy of this wonderful evening. Please arrive before 5:45 pm to take your place before the beginning of the Celebration. (Please do not bring your dog to the Ashram to avoid problems with ours; thank you!)

May the upcoming summer season warm your heart, your life and all those who are dear to you.

In the joy of meeting you around the Mandala of Cosmic Fire, receive our Love and Blessing on the Path of Light.

Warmly yours!

Venerable Gurudev Hamsah Nandatha

Adi Vajra Shambhasalem Ashram, Wasa, BC Canada

Venerable Gurudev Hamsah Nandatha published a book entitled In the Presence of Truth. Discovering the Being Within, which is a roadmap to Self-Realization. To learn more about this wonderful book and its author, visit www.inthepresenceoftruth.com..

Venerable Gurudev Hamsah Nandatha greets all seekers and aspirants on the Path of Light every Thursday at 7 pm as he offers an enlightening and practical Teaching for everyone to use in their daily lives. All are welcome. Please arrive early as the Teaching begins promptly at 7 pm. If you are coming for the first time or for more info, call 250-422-9327.



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ISSUE 200

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| 11 Adults 8 am-1pm | 12 | 13 BINGO | 14 Library closes for summer | 15 | 16 | Lions Event 9am - 1pm | | | |
| 18 Happy Father's Day! | 19 | 6:30 Early Bird 6:45 Regular | 21 | Teaching at the Ashram 7 p.m. | 23 • New Moon | 9 am-11:30 am 24 | | | |
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