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FREE MONTHLY PUBLICATION

TRI-VILLAGE BUZZ

April 2020 Issue 228

Visit: www.wasalake.com/buzzsu

The Ponderosa: A Wasa Story

by Nowell Berg

Part 1

Sometime in the spring of 1840, one Ponderosa pine seed, enveloped by a thin organic sail pod, floats on the wind carried far from its parent. Catching a gust, reaching a height high above the tree tops, gravity eventually propels it to a resting place. The seed falls into the needles, leaves, soil and sand just above the foreshore on the west side of Wasa, a few hundred metres North of Hansen's channel. Once known as Blind Snipe channel.

At germination, the seeds life-energy erupts sending shoots in both vertical directions. The young sprout manages to survive growing seven and a half centimeters (3 in.) tall in the first year while generating a sixty-one centimeter (24 in.) taproot below ground.

Year after year, the pine drives the central shaft deep into the sandy gravelly soil. The root ball provides the foundation on which will tower, over 170 years in the future, a massive 11 tonne (25,000 lb.) Ponderosa pine, the top unseen high above where the wind breathes.

The Ponderosa embraces mother earth claiming new territory for its journey to the father.

In a time before the Ktunaxa's ancestors made their way into this part of the East Kootenay, the majestic and mighty Ponderosa occupied the territory carpeting the valley floor and mountain sides. Over 10,000 years, it plays a central part in the forests symphony.

The Ktunaxa call the Ponderosa pine, *himu*.

To English settlers, its *Pinus ponderosa*. Latin for heavy, weighty, significant. People call it by many names: bull pine, black-jack pine and western yellow pine. It also goes by nicknames like long-leafed pine, red pine and pondo.



continued on pg. 2

The Ponderosa: A Wasa Story continued



Unafraid to strike its head on the ceiling of the sky, these towering forest sentinels provide homes and sustenance to many life forms, small and large. Seeds, cones, needles, sap, wood and bark supply a buffet to animals, birds, insects, larvae and fungi. Fallen comrades continue filtering the rain and nourishing the land.

With a stroke of mighty wings, the magnificent bald-eagle launches from Ponderosa spires gliding out over the lake suddenly plunging downward lance sharp diamond hard talons slice through the glassy surface snatching a fresh catch, of Sushi.

The Ktunaxa cultivate many uses for the ponderosa. The inner bark provides medicinal ingredients and, during a short time in Spring, becomes a sweet treat. Seeds turn into snacks. Needles steeped for tea, the long green ones braided together then woven into small baskets or dolls eventually drying beige.

The massive trunks become dugout canoes. The pitch waterproofs moccasins and other items. Mixed with bear grease, the ointment soothes inflamed eyes and sores. In times of food emergencies, boiled young reddish-brown cones provide nourishment.

A Ktunaxa summer camp, Yakikats, was located at Wasa lake. Wasa means horsetail rush, a long slender green stem with a small brownish head that grows in standing water. As a place, the Ktunaxa call Wasa, ?aqnis. When the Chief and warriors venture East through the Rockies

to the prairie grassland taking one of twenty-six known routes, the women and children lodge at Yakikats.

At the tender age of six-years (1846) and barely three centimeters (1 in.) in diameter, the Ponderosa and the vast coniferous forest watch the U.S. and British draw a line on a map.

The trees and Ktunaxa ignore it.

End Part 1 – Part 2 next month

When do gorillas fall from the sky?

During Ape-ri! showers.



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The Buzz Needs You

In order for our paper to grow with the community, we are looking for volunteer submitters to accomplish this goal ... and you'll have fun doing it :) I know I do!

We have opening for an invoice coordinator, helpful hints writer, as well as a 'fun page' submitter. There is always a need for community related stories and I know these are out there.

If you would like to be a part of the community paper, please feel free to email the Buzz at trivillagebuzz@gmail.com, with your ideas and/or suggestions.

I am excited to see what's out there



Dale Gray

Phone: 250.422.3638

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email: dale58@shaw.ca

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WASA LAKE LAND IMPROVEMENT DISTRICT



NOTICE OF 50th ANNIVERSARY ANNUAL GENERAL MEETING

Thursday, April 9, 2020 at 7:00 PM

WASA COMMUNITY HALL

The Wasa Lake Land Improvement District received its Letters Patent on August 5th, 1969 and we are celebrating our 50th year of operation tonight! Join us for coffee and anniversary cake!

PURPOSE OF ANNUAL GENERAL MEETING (AGM)

Opportunity for board to present audited financial statements and report on the activities of the past year, for land owners to discuss activities and ask questions, and the election of trustees to available positions

VOTER ELIGIBILITY

- Canadian citizen over the age of 18
- Property-owner within the Improvement District boundary (your name must be on the property title)
- BC resident for past 6 months. You will be asked to present your driver's license or health care card for identification when you register for voting.

NOMINATIONS FOR TRUSTEE

Nominations for trustee must be submitted in writing to admin@wasalake.ca or Box 133 Wasa BC by midnight **March 26th**. People who are eligible to vote are also eligible to run for trustee.

The agenda and financial statements will be available at www.wasalake.ca prior to the meeting. For more information, please contact admin@wasalake.ca



News from the Wasa Quilter's Block

Spring is in the air, the geese are flying, trees are budding out and we are ready for a busy time. The Charity Quilt is close to the finishing quilter (Longarm Quilter), she is not the same as an arm wrestler but someone that wrestles with the quilt and a machine to design special motifs to hold the quilt top, batting and backing together. Sneak Preview of some trees in the quilt.



Colour thoughts and 10 questions one might ask oneself when building a quilt with love.

1. What feeling does this colour invoke and why?
2. Who in your life embodies this colour?
3. Which shade of this colour is your favourite?
4. Recall a memory associated with this colour?
5. What texture do you associate with this colour?
6. Name a song or sound this colour invokes?
7. Do you wear or decorate with this colour?
8. Is this colour represented in your fabrics (stash)?
9. How often do you use this colour in your quilts or home?
10. Do you avoid using this colour or a shade of this colour?

On completing the second Colour Theory Challenge these questions were answered by all in the quilt group. February we welcomed a new member and we hope to encourage others to join us for a creative time on Tuesdays.

Differences bring new ideas as demonstrated in two different projects made with the same lesson taught on Colour Theory 1.



Events are drawing near:

Quilt Show at the United Church, Cranbrook April 6-9

Quilt Retreats - postponed until further notice.

East Kootenay Quilt Conference - May 2 at St. Eugene Mission.

Wasa Country Quilters Open House in Saturday May 30th, 10:00am - 3:00pm at Wasa Community Hall

Please come and check us out for a meet and greet.

For any further information or questions you can contact Judy Peterson - 250 427-5585 Gayle Andrews- 250 422-3095

"Every great dream begins with a dreamer. Always remember you have within you the strength, the patience and the passion to reach for the stars, to change the world."

Harriet Tubman

"Do more than belong: participate. Do more than care: help. Do more than believe: practice. Do more than be fair: be kind. Do more than forgive: forget. Do more than dream: work."

William Arthur Ward

Wasa Community Church



We make plans, we have expectations, but really, we never know what tomorrow holds. Sometimes it goes exactly how we thought it would, and sometimes we're hit with surprises. Sometimes things go great, and sometimes we are suddenly faced with terrible realities. There's not even assurance that another day is coming tomorrow. A life can end anytime. However, as we look at the Easter story, what comes into focus is One who will bring assurance of a life after death to all who put their faith in Him.

With every human being a sinner, and nobody worthy of giving their life for mankind due to their guilt, God Himself, the Creator of all things, stepped in, becoming human. He was called Jesus, a name meaning 'God is salvation,' and He followed through with that, taking the punishment for all of us sinners in the world who deserved death and separation from God. He was crucified. As Easter Sunday goes, though, it's not about celebrating the crucifixion. It's about celebrating the resurrection! Jesus rose again on the third day. There was life after death. In similar fashion, if we repent of our sin and believe in Jesus being Lord and what He's done as the Saviour who died for our sins and rose again, then there will be eternal life for us after we die. We will be forgiven for all the wrong we've done or will ever do. Therefore, we'll be saved from our sin and its eternal consequences, which brings truth to the name Jesus: 'God is salvation.'

If you've been promised eternal life in heaven because you've placed your faith in Jesus, He will not break His promise. Hebrews 10:23 says, "Let us hold fast the confession of our hope without wavering, for he who promised is faithful." When the God who created all that exists, who has power over all of it, is also a God who never breaks His promise, you can rest assured that He will see your resurrection to life in heaven through. In our day to day lives, unpredictable things happen. We never truly know what tomorrow will hold, but if our faith is in Christ Jesus, then at least we have comfort in knowing that our future is with the Lord in heaven, so that we can face whatever this world throws at us. No matter what happens here, we are assured of there, all because Jesus died for our sins, rose again and we believed Him.

Pastor Jon Malpass, Wasa Community Church
(services Sunday @ 10:30am), (250) 464-4419

Many of you have a story, adventure, or life stories about people you know in our area, that happened in years past. And you are eager to share so that the history is not lost. I would like to include them in the "Following the Trails of Yesterday" page. Please phone me if you would like to contribute to the column at 250.422.3766 or email me at -- judymcphee9@gmail.com --



Donate your pop cans & liquor bottles (no dairy please), to the Wasa & District Lions Club to help with their scholarship fund. Please call Val @ 250.422.3499 to make arrangements for drop off at the Lions Grounds

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Greetings to all, and YAY for spring!

Unfortunately due to recent events with COVID-19 we have decided to cancel this year's Easter Egg Hunt & Pancake Breakfast. This is not a decision made lightly by our group, however with new "social distancing" and events and programs being cancelled around the country,

we feel that this is the best course of action at this time, for the safety of our guests, volunteers, and community.

We will also be postponing future "Coffee & Play" events as well as our AGM until further notice.

We would like to extend our thoughts and thanks to this amazing community for your support during these strange times, and look forward to resuming normal activities as soon as possible.

Our planter raffle will still take place and we will draw 2 names on Saturday April 11 at 11:00am, and will contact and make arrangements to deliver prizes to the winners. Tickets are \$2.00/each and can be purchased at the Gas Station & Post Office, or you can get in touch with one of the ladies and purchase tickets that way as well.

If you'd like to get a hold of us please look us up on Facebook at facebook.com/trivillagekidsclub or send an email to trivillagekidsclub@yahoo.com

The Tri-Village Kids Club: Kate Cooledge, Jessie Dare, Kacey Day, Lena Diesel, & Tanya Munro

1 1/4 cups low-fat buttermilk
1 disk refrigerated or homemade pie dough
1 1/4 cups granulated sugar
1 tablespoon fresh lemon juice
1/4 teaspoon freshly grated nutmeg
Confectioners' sugar, for dusting

2 large eggs, separated
1 stick unsalted butter, melted
3 tablespoons all-purpose flour
1/4 tsp finely grated lemon zest
1/4 teaspoon salt



Let the buttermilk and eggs come to room temperature 1 hour before making the filling. Preheat the oven to 350 degrees F. Ease the dough into a 9-inch deep-dish pie plate and crimp as desired. Pierce all over with a fork. Line the dough with foil, then fill with pie weights or dried beans. Bake until the edges are golden, about 20 minutes. Remove the parchment and weights and continue baking until lightly golden all over, about 10 more minutes. Let cool completely on a rack.

Make the filling: Beat the butter and sugar in a stand mixer fitted with the whisk attachment (or use a hand mixer) on medium-high speed until combined, about 1 minute. Add the egg yolks and beat until pale and thick, about 1 minute. Reduce the mixer speed to medium low; add the flour, lemon juice, lemon zest, nutmeg and salt and beat until just incorporated. Increase the speed to medium high and slowly pour in the buttermilk. Scrape down the sides of the bowl and continue beating until combined. Transfer to a large bowl.

Clean the mixer and whisk attachment. Add the egg whites and beat on medium-high speed until stiff peaks form, about 4 minutes. Fold the egg whites into the yolk mixture in three additions until no white streaks remain. Pour the filling into the prepared crust. Transfer to a baking sheet and bake until golden and set around the edges (the center will still jiggle), 45 to 50 minutes, rotating the pie halfway through. Let cool on a rack. Dust with confectioners' sugar before serving.

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FOLLOWING THE TRAILS OF

Yesterday

In keeping with the theme of farms and ranches in Canada, I found this interesting memory from a seventy plus year old lady describing her 43 years on a farm in Alberta. It is found in the book 'ALBERTA GOLDEN JUBILEE ANTHOLOGY' published in 1955.

AN OLD-TIMER REMEMBERS

Arriving in Calgary, June 22, 1911 on the Coronation Day of King George V and Queen Mary, the streets and hotels were full so we got back on the train and headed north, found a homestead and settled in.

It wasn't long on the farm until I tried duck-hunting. Wild ducks settled in a slough surrounded by high grain north of us. I borrowed a shotgun- never used one before - sneaked through the grain and managed to kill two ducks.

During my 43 years on the farms I lived on, I had many experiences.

I helped dig wells and cellars; I helped build and shingle buildings, and paint them inside and out. I cut, raked and bucked prairie and slough hay (there's a difference), and helped with the stacking. I've driven the binder. I have stooked; and bound sheaves with their own stems, so they stayed "put". I've broken horses, led, rode and worked with them. I have milked cows. I hand fed calves, lambs and a colt. I have raised quite a few motherless chickens and turkey's. I've sheared sheep and washed and carded the wool and quilted about 40 quilts-light in weight and very warm. I've made my own soap (it was very good and lasted along time.). I've used a horse to snake in Poplar and Willow poles, up to 6 inches in diameter for fire wood. I've picked roots when we broke the land, piled and burned them. It's rather fun seeing a new field in the making: you usually pick the roots two or three times while it's being disked and harrowed. I took care of range cattle.



Most Alberta woman like me have cut lots of wood with a cross-cut saw, a buck-saw or axe and cut up roots - a hard task but they yielded long-lasting firewood.

I have picked blueberries, chokecherries and strawberries by the pailfull. For the blueberries and chokecherries, Alberta woman used home-made jam-tin pickers with nails on one side and a handle on the other. We cleaned the berries by letting the wind blow out the trash and leaves. We also used to get lots of wild gooseberries as well. Most years I picked twenty to thirty quarts of gooseberries. I would often read while stemming them and get rested up at the same time.

I helped put out prairie fires with a wet gunny sack dipped occasionally in a pail of water carried along, or in some ditch or slough along the way. I saw a real prairie fire on Christmas day - about 1914 or 1915, I think. There was no snow, just a patch here and there.

My first Alberta baby was a neighbours. One dark night in her three-room shack, I was waiting in the main room when the Doctor came out, putting the baby in my arms and saying "here's your new baby" and left. The new mother had 4 or 5 other children. It was my job to help the new mother and help her children.

We watched the wild creatures around, mostly prairie chickens and partridge chicks.

FOLLOWING THE TRAILS OF continued

We found them in the tall grass, petting them till they closed their eyes and putting them down in the grass. All the while the mothers frantically clucking, scolding and limping around to get our attention. Such dramas relieved the loneliness, and somehow renewed, I would get back to berry picking.

I did quite a bit of fancy-work, made a hobby of photography and collected stamps. I have about 2,000 stamps.

I did all my own housework and raised my children at the same time as doing work on the farm and enjoyed my hobbies.

You say no one person could have done all this. Well I did and most of us 'old Timers' can say the same. Today, I am over seventy. I would not have missed being a farm wife for anything.

Written by "Seventy"

NOTE

Farms were scattered around our communities of Wasa, Ta Ta Creek and Skookumchuk in the 1860's. The Barraclough's ranch in Skookumchuk was written up in the September, 2019 edition of TVB - Titled "LIFE ON THE RANGE".

My grandfather used to say that once in your life you need a doctor, a lawyer, a policeman, and a preacher. But everyday, three times a day, you need a farmer.

Brenda Schoepp - farmer

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NEW DATE!! NEW DATE!!!

Spring Cleaning Time!

WASA LIONS' COMMUNITY GARAGE SALE



Saturday May 16 9:00 am-1:00 pm

Wasa Lions Grounds

***Contact Val @ 422-3499, Sharon @417-7654 or Gail @ 250 422-3539
to book a table space***

***Please contact if you have items you would like to
donate to the Wasa Lions.***

***We are looking for new or gently used, clean, working items!
No clothing please.***

Clean out those things you don't use or need!!!

Road Group

If you would like a group format concerning our road conditions, please email: wasagr422@shaw.ca Send your questions, suggestions, experiences and we will see them forwarded to our elected officials and other appropriate persons.



submitted by WLLID
photo by Nowell berg

Improvement District trustees and staff are sticking close to home due to corona virus travel restrictions! (From left to right are Nowell Berg, Phil Godsave, Kathy McCauley, Ged Kelly, and Sharon Prinz)



50th ANNIVERSARY GENERAL MEETING APRIL 9 at 7:30 pm at Wasa Community Hall

2020 is a special year for the Land Improvement District. It is the 50th year since the organization was formed and the trustees invite you to join them for coffee and anniversary cake at their April 9th Annual General Meeting.

Besides cake, your trustees will offer you a review of the past year's activities; their reports include the results of lake and river water monitoring, communication, taxes, and water quality testing throughout the summer.

Nominations for trustee positions must be submitted and accepted in writing by midnight March 26 to admin@wasalake.ca If you are eligible to vote (see the full page ad in this issue of the Buzz), you are eligible to serve as trustee.

SPRINGTIME MELT REMINDERS

On a different topic, water will soon be flowing so remember to make sure culverts are unobstructed and water does not pool and flood yours or your neighbour's driveway. Also, ensure water from your roof is directed away from your home and remove any accumulated snowbanks from near your house.

The next regular board meeting will be held April 2nd at 7 PM at the Wasa Community Hall. Since last minute changes do sometimes occur, check the website www.wasalake.ca to confirm the schedule and download the agenda.

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The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is have a Community Hall that is viable for events and recreation of the community. Through fund raising, volunteering and rentals we are able to have an economical community hall for our community. The Recreation Society meets the last Wednesday of each month at 7:00 in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- Hall Rentals and Information: Karen Markus 250.422.3514 Bonnie Meena 250.422.3795
- Gym-Sonia Blackwell 250.421.3019, Rod 250.422.3253
 - TOPS Fridays 9 am - Susan 778.524.0012
 - Library-Judy McPhee 250.422.3766
- Quilter's Club Tuesdays 10-4 - Linda Sungaard 778.524.4456
- Check the monthly calendar for BINGO's dates on the **2nd Tuesday of each month** at the Wasa Hall.
- Early bird starts at 6:30 p.m. and regular at 6:45 p.m.

COVID -19 Precautions

The RDEK had a emergency teleconference call where we discussed what our procedures will be if there is a need.

1. We will have to rethink how we will handle public meetings. For example we have always had a public meeting where the applicants who have requested funds through the Columbia Basin Community Initiatives.
2. Keeping the staff of the RDEK safe (allowing them to work from home)

These are just a few of the possible changes to come if needed. The RDEK will post any changes if there are changes.

Please follow the procedures to keep you and your families safe.

TATA Creek Dirt Bike Trail Referral

I have received several emails and calls about this application, so I have asked MLA Doug Clovechok to hold a public meeting with staff from Ministry of FLNR:EX for the residents to relay their concerns. This will be postponed until the COVID-19 situation has been controlled.

Lisa Cox has sent out some information about the referral. She is still taking feedback, all of the information will be considered where reasonable. Lisa also stresses that no decisions has been made regarding the trail, and there is no current time line for a decision. I will keep you posted when I learn more.

Lazy Lake Water Control

Funding for upgrades to Lazy Lake Water Level Control for \$20,000 has been approved. The current diversion structure has become inefficient and sections of the piping requires replacement

If you have any questions please call me at 250-427-2577 or email me at s.janewalter@gmail.com

I hope everyone has a good month. Please be safe and follow all of the COVID-19 precautions.

Thanks, Jane Walter

Wasa & District Historical Assoc. & Memorial Garden Group

submitted by Sherry Shields

2019 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels - \$1000.00 +
engraving

Bottom Row - \$900.00 +
engraving

UNIT 2 Columbarium (new)

Niche cost - \$1100.00 +
engraving

Niche Engraving - \$275.00

Memorial Plaque - \$300.00

Contact: Pat Walkey

250-422-3530 or

pwalkey@shaw.ca

Our Community Garden is always looking for volunteers.

Spring clean up, flower box planting, summer time weekly care.

*If interested in being on our volunteer list please call Sherry Shields @
250-422-3371 or 250-919-7887*



*And spring arose on the garden fair. Like
the spirit of Love felt everywhere
And each flower and herb on earth's dark
breast. Rose from the dreams of it's
wintry rest*

Percy Bysshe Shelley

KOOTENAY RIPPLES

History of Wasa/Ta Ta Creek/
Skookumchuk. There are a few
books still available for sale.

\$50.00

Contact Pat Walkey @ 250 422-
3530 or pwalkey@shaw.ca.

Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- ☐ All users are required to wear "gym shoes" - no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!



GYM HOURS AND INFO

For Gym Schedule Please Contact:

- Sonia Blackwell at 250.421.3019 or
- Rod at 250.422.3253



We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.

HAY FOR SALE

Please call Mike to make arrangements

250.420.1660



LANTZ FARMS

WASA VOLUNTEER FIRE PREVENTION and SUPPRESSION UPDATES

NOW is the time to start planning for the 2020 fire season!

The 2019 fire season was generally uneventful and it gave property-owners a chance to get ahead of the game. Many Wasa residents invested in property-protection systems by installing water cubes and pumps, and gutter-mounted sprinklers. A number of people began to Firesmart their properties by removing combustible surface materials, pruning trees, and disposing of fallen pine needles. All of these actions help tremendously in reducing the risk of wildfire spreading throughout the community.

Now that the winter's hiatus has passed, it's time to pick up where we left off in 2019. It will soon be time to get your water cube and pump, or portable water trailer out of storage to set up for the summer season.

The Wasa Volunteer Fire Prevention and Suppression board will also be picking up where we left off in the fall, namely, continuing the construction of the shelter for the community water trailer at the Lions Grounds, strategizing ways to stop wildfire from spreading if it threatens the community, and coordinating Firesmart educational events. We are pleased to announce that the work achieved in 2019 qualified Wasa as a "Firesmart Community", a designation awarded to communities across the country that have fulfilled criteria determined by FireSmart Canada.

Watch the Buzz, our website, and the Wasa Community Facebook page for announcements of work bees and other events as dates are confirmed.

In 2020, we are once again able to offer WASP Gutter-mounted Sprinkler systems for sale at a lower price than you will find them in any retail store. Go to www.wasfire.com to find out more about these systems which are used by Wildfire fighters to protect homes from flying embers.

More information about our local program, plus Firesmart tips and resources, are all available at <https://wasafire.weebly.com>. If you have questions, or would like to purchase a WASP kit, email kathyemccauley@gmail.com



Garden Facts & Fables

April Garden Tasks:

- Divide and replant perennials
- Plant new perennials
- Direct sow leafy vegetables outside
- Fertilize your lawn
- Remove any coverings you put on plants last fall

Always be prepared for frost :). Take a walk around your property and check for fallen branches, etc. that need to be cleaned up. If you have left old flowers, etc. in your garden for winter interest, don't clean those up just yet. You want to make sure any pollinators that have overwintered in your garden have had a chance to warm up and get moving. Now is also a good time to plan new garden beds, wink, wink.

It's spring fever.

That is what the name of it is. And when you've got it, you want—oh, you don't quite know what it is you do want, but it just fairly makes your heart ache, you want it so!

Mark Twain

Plants really do respond to sound

Talking to plants to help them grow is a well-known old wives' tale, but studies have shown vibration (like music, or perhaps even the sweet sound of your voice) can affect plant growth. Plus, the Myth Busters (in an admittedly not-so-scientific study), compared a silent greenhouse to one where they piped in a voice soundtrack, and found that plants in the latter grew more.

Some of your favorite fruits are actually in the rose family.

Apples, pears, peaches, cherries, raspberries, strawberries, and more are rosaceae, making them cousins to the long-stemmed Valentine's Day variety.

In my garden there is a large place for sentiment. My garden of flowers is also my garden of thoughts and dreams. The thoughts grow as freely as the flowers, and the dreams are as beautiful.

Abram L Urban

Tips for Growing Tomatoes!

1. **Don't Crowd Seedlings:** give seedlings plenty of room to branch out. Thin the seedlings to one strong plant per cell or small pot. Snip the weaker, smaller seedlings in favor of the best grower.
2. **Provide Lots of Light:** seedlings need strong, direct light. Use grow lights to offset the limited light available in winter/spring.
3. **Turn a Fan on:** plants need to move and sway in the breeze to develop strong stems. That happens naturally outdoors, but if you start your seedlings inside, you need to provide some type of air circulation.
4. **Preheat the Garden Soil:** tomatoes love heat. They won't really start to grow until both the soil and air temperatures remain warm. You can speed things up in the soil by covering the planting area with black or red plastic a couple of weeks before you intend to plant.
5. **Bury the Stems:** plant your tomato plants deeper than they come in the pot, all the way up to the top few leaves - either upright, or sideways. When planted this way, tomatoes are able to develop roots all along their stems. And more roots make for a stronger plant.
6. **Mulch Tomatoes AFTER the Soil has Warmed:**
7. **Remove the Bottom Leaves:** after your tomato plants reach about 3 feet tall, remove the leaves from the bottom foot of the stem. These are the oldest leaves, and they are usually the first leaves to develop fungus problems.
8. **Pinch & Prune for More Tomatoes:** pinch and remove suckers that develop in the crotch joint of two branches. They won't bear fruit and will take energy away from the rest of the plant. Be careful not to trim too many leaves - the plant needs them for photosynthesizing.
9. **Water Regularly:** water deeply and regularly (about an inch a week) while the fruits are developing. Irregular watering —missing a week and trying to make up for it—leads to blossom end rot (a calcium deficiency) and cracking and splitting



Wasa Community Library

The library is open Tuesdays. 11:00 - 1:00 or by appointment
(call Marg Burrin @ 250-422-3565 or Rose Smith @ 250-422-3088)



We close for summer and Christmas holidays submitted by Judy McPhee

REMINISCING, THE FAMILY FARM AND RANCHES IN CANADA

...so okay, it's a great crop and perfect harvest weather and we should be happy....but looking at it realistically, Thomas,NEXT year could be disastrous...can't you see that?

Old time people raised on a farm or ranch remember their early roots.

The time of coal oil and kerosine lamps, getting water from the well, collecting wood for the wood stove, making fudge in the cast iron fry pan, trading eggs and butter for flour, the Democrat and Bennett buggy. Sleights, buggies and horses used for conveyance, spinning their wool, making their clothes, Eaton's catalogues, rolled in a ball and rubbed smooth!! the scarcity of rain many a year and plenty of rain other years. The impassible roads, life without electricity in the early years, the joys, triumphs, heartbreaks and hardships. But, in looking back, many of them would not trade farming life for another route in life.

Those of us who have grandparents and great grandparents who lived on farms and ranches have many stories to pass on to our descendants.

We have a few books in our library encompassing many farm and ranch stories.

REMEMBERING THE FARM

by Allan Anderson (1977)

A book you will enjoy.

Allan travelled 15,000 miles throughout Canada interviewing and talking to farm and ranch people. He gathered 1,557 stories. From his vast collection" he included a broad spectrum of 168 stories for his book 'Remembering The Farm.'

LETTERS FROM A LADY RANCHER

by Monica Hopkins (1982)

In 1900 at the age of 16, Monique met Billie Hopkin's on a ship going to Canada with her parents.



The family was going to her father's new job as a minister in Montreal. For many years they were opposed to marriage to Billie,

finally succumbed and agreed to the marriage when she was 24. They did not think their daughter would make a good rancher in the 'wilds of Canada.'

They were married in England in 1909, and immediately went to Billie's homestead near Priddis, AB. which he had improved for his bride, Monique. Together they worked at developing the horse breeding ranch that Billie had started in 1902.

This book is a two year diary of letters from 1909-1911, written to a friend in New Zealand about her everyday life as a horse ranchers wife.

Billie picked his location perfectly as today it is still horse ranching country. The log home is gone but Fish Creek still winds through the property they owned.

THE WIDDICOMBES OF CANADA

Samuel Branch 1857-1990

by Florence Widdicombe

An Informative book on the families life farming in Manitoba beginning in 1882,

It captures the spirit of the families life in rural Manitoba in a place called Balmirino, near Birtle, MB. on the East Pelly Trail.

Very well written with many photographs. A great guide if you want to record your family history.

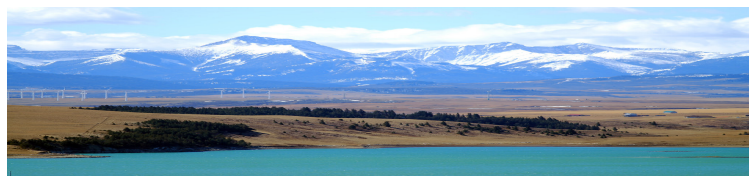
And for the young and teenagers:

THOROUGHbred-Ashleigh's Dream

by Joanna Campbell

Ashleigh's life on a horse ranch, her injury falling off a horse and ultimate triumph.

The labours of farm families are the most potent factor in developing this great country of Canada.



*THE FARMER IS THE ONLY MAN IN OUR COMMUNITY
WHO BUYS EVERYTHING AT RETAIL, SELLS
EVERYTHING AT WHOLESALE AND PAYS THE FREIGHT
BOTH WAYS.*

John F. Kennedy



GERICK SPORTS
Wasa Lake
TRIATHLON



NEW!
WASA WARRIOR
Earn your Wasa Shield
-Tri x2 (Sprint & Standard)

JUNE 13-14, 2020

SCHEDULE

Saturday & Sunday

NEW WASA WARRIOR

Saturday

8am Sprint Triathlon

NEW 8am Sprint Duathlon

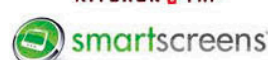
11:30am TriKids

Sunday

8am Standard Triathlon

NEW 8am Standard Duathlon

PROUD SPONSORS



www.rmevents.com

I was asked to make information about COVID-19 front page news. As you can see, I did not. Not because I don't take the concerns seriously, but I truly want this paper to be something the Community can look forward to for interesting articles, fun information and a way to connect to the Community.

I do not want to be another outlet for bias or fear-mongering, etc. There is a lot of information coming at us, on an hourly basis, concerning this virus. Constant coverage on TV, newspapers, social media, emails from anyone you've ever had any business with over the last five years

That being said, it is worth mentioning some facts:

The virus is thought to spread mainly from person-to-person - between people who are in close contact with one another (within about 6 feet) & through respiratory droplets produced when an infected person coughs or sneezes. People are thought to be most contagious when they are most symptomatic (the sickest). Some spread might be possible before people show symptoms; there have been reports of this occurring with this new coronavirus, but this is not thought to be the main way the virus spreads.

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

This is why we are being asked to:

- practice social distancing
- wash your hands often, and for the length of time it takes you to sing 'happy birthday' twice
- avoid touching your face with unwashed hands
- disinfect common surfaces often, with a strong antibacterial solution

The following symptoms may appear 2-14 days after exposure.*

Fever

Cough

Shortness of breath

If you develop emergency warning signs for COVID-19 get medical attention **immediately**.
Emergency warning signs include*:

Difficulty breathing or shortness of breath - Persistent pain or pressure in the chest

New confusion or inability to arouse - Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning. Some people may be at higher risk of getting very sick from this illness. This includes: older adults & people who have serious underlying medical conditions like heart disease, diabetes, lung disease.

We hear alot about how much the virus has spread, but people have and will continue to recover.

How can we help those in isolation? Without in-person contact? Let's reach out to those beyond our social circle, those who don't know who to reach out to for help.

- delivering groceries
- walking their dog
- use technology to keep them company
- outdoor chores
- drop off an encouraging note

If you *need* help, call me. If you *can* help, call me. We can find a way to match your need with someone's ability to help. Neighbours helping neighbours.



Destroying the weight of your past, the true poison of your life – Part 4

Let's continue on `Samskarakshaya`, the destruction of the falsifying power of emotions. Emotions always refer to your past as being positive or negative, whereas a "sentiment" refers to a peaceful and objective perception of the present, without emotions or superimpositions from the past. A sentiment is a direct perception without any rejection, denial or refusal regarding the facts.

Understand that any ordinary mental human being (remember that I use the word "mental" here to refer to the reflective mind's activity of any ordinary human being), through his emotions, becomes the victim of his own accumulation of karmic memories which force him to react like a robot rather than acting according to a non-falsified reality.

Samskarakshaya is a yogic inner work that leads to the destruction of one's subjective world of emotional suffering and duality in order to enter the real world of objective reality and unity. To succeed in this indispensable inner work – this should never be ignored in one's Sadhana practice – one needs to be perfectly aware of the malignant and obscure power of emotions over one's own consciousness. In other words, you will decide to begin the work of destroying your emotions only when you truly realize how sick of them you are!

Samskarakshaya is the awakening of the progressive awareness of the presence of emotions. The most important emotion of all is always the one you can be aware of at this very moment. The practice of conscious attention and observation towards emotions must be repeated every day for a specific period of time dedicated solely to this work. Samyama meditation, or neutralization of emotions, is practiced daily at our

ashram. The Sadhak, or spiritual seeker of the Atman, engaging himself in this practice should never give up until the very last Samskara has been made completely neutral and unnecessary to the point of totally disappearing. When the reservoir of the unconscious (Chitta) has been emptied from all Samskaras and Vasanas, then the consciousness of the Sadhak is constantly established in the pure and direct intelligence (Buddhi) of the superior mind called "Vijnanamaya Kosha".

This new state of presence creates a drastic change in one's level of awareness as compared to the ordinary activity of the mind, ceaselessly entangling thoughts, emotions and desires. In the superior intelligence (Buddhi) of Vijnanamaya Kosha, there is no place to compare the present with the past since everything is viewed and perceived exactly as it is without the veil of the past. For such a Yogi, life is brand-new at every moment. How could it be otherwise since nothing happens exactly the same twice in all of creation?

Samyama meditation is always transmitted from master to disciple, so the disciple can follow the practice according to the advice of his Guru in order to avoid any discouragement along the way. All of the initiates of our Initiatic Order of the Knights of the Golden Lotus receive the guidance of this specific training leading to Samskarakshaya, and I carefully accompany them during this crossing through the forest of their unconscious. All those who follow the Guru's instructions with care succeed in their quest for a life, free from the poison of emotions.

Vasanakshaya: In Sanskrit the word "Vasana", like Samskara, refers to a behavioral tendency or karmic imprint that influences the present behavior

of a person. It is made of past impressions... active impressions coming from the past that influence the present consciousness according to past (life) perceptions.

Vasanas, more specifically, imply all desires, expectations, frustrations or demands regarding something one considers to be missing from the present and that one wants to obtain immediately with avidity or greed. Vasanas are the very cause of our externalization, dispersion and constant alienation toward the future. When you think of something or long for something, it creates a tendency, an orientation of your will, or an inclination that provokes irresistible egoistic reactions. A Vasana (desire) always denotes the latent energy imprinted in the unconscious according to previous experiences. The accumulation in the subtle body of these habitual tendencies is known to predispose people to certain abnormal patterns of behavior in the present regarding expected future outcomes aimed at fulfilling the sense of "me" as ego-mind or personality.

We will deepen this topic in our next article to help you obtain a clearer picture of your present way of being and your ability to improve your own well-being

With Love and Blessings in the Lord.

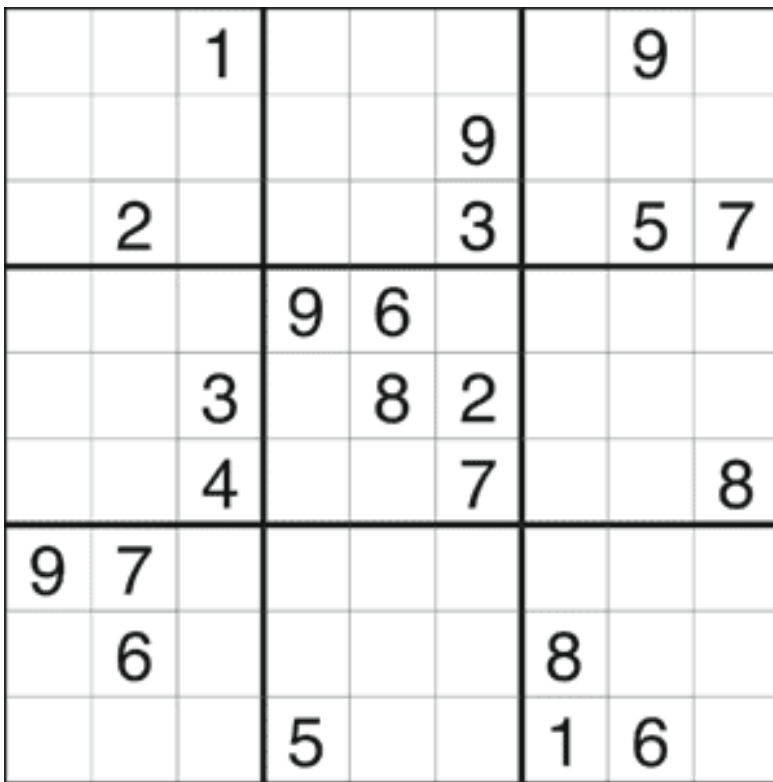
Warmly yours

OM OM OM

H.H. Gurudev Hamsah Nandatha

Adi Vajra Shambhasalem Ashram

The Venerable Gurudev Hamsah Nandatha has withdrawn from regular public teachings to intensify his prayers and meditations for the world. However, you can be notified of occasional lectures by requesting to be added to our emailing list. Visits of the Ashram are by appointment only. For more information, please contact the Ashram at ashram@adivajra.ca or 250) 422-9327.



What stays in the corner yet can travel all over the world? A stamp.

How do we know that the ocean is friendly? It waves!

What do you call a droid that takes the long way around? R2 detour.

April Word Search Puzzle

T S N I G E B L L A B E S A B
D H E W N A M E O F T H E P M
O I Y A D I R F D O O G N H T
H A A R P R I L M A Y A A R H
T A D M H T N O M H T R U O F
A V S I O E C O M E I B M D F
U R L N O N M A Y E P O H I G
R R O G O D D F S S O R I T N
U T O U E T L H E L I D N E I
S A F P M O E O B F T A H R T
E G L S W E E T P E A Y D E N
R E I E E K G O D D E S S T A
B I R D S M I G R A T E O S L
F S P R I N G R E V O S S A P
L P A L M S U N D A Y O V E E

APHRODITE
APRIL FOOL'S DAY
ARBOR DAY
ARIES
BASEBALL BEGINS
BIRDS MIGRATE
BLOOM
DAISY
DIAMOND
EASTER

FLOWERS
FOURTH MONTH
GOOD FRIDAY
PALM SUNDAY
PASSOVER
PLANTING
SPRING
SWEET PEA
TAURUS
WARMING UP

Want something fun to do with your spare time?

We are looking for a new "Fun Page" submitter

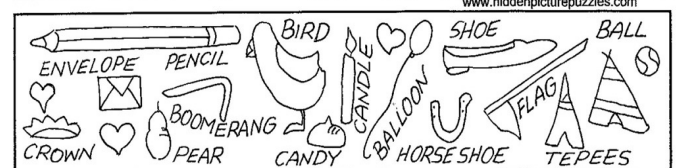
Name: _____ Date: _____
Spring Word Scramble



1. NIAR _____
2. AESETR _____
3. CHRAM _____
4. TFRBLTEYU _____
5. IETK _____
6. UTLIP _____
7. DBIRS _____
8. RNWIOAB _____
9. EEGRN _____
10. NSPUORGIT _____
11. EFOSRWL _____
12. SBSMLOO _____
13. AMRW _____
14. SANESO _____
15. DASYI _____
16. ILARP _____
17. SASRG _____
18. AMY _____
19. HNNUEISS _____
20. INCPIC _____



www.hiddenpicturepuzzles.com



April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 	2	3	4
5 Church 10:30 a.m.	6	7 	8	9	10 Good Friday 	11
12 Church 10:30 a.m. Easter Sunday	13 	14  Quilters 10-4	15	16	17 Tops 9 a.m.	18
19 Church 10:30 a.m.	20	21 Quilters 10-4	22 	23	24 Tops 9 a.m.	25 Wasa Lions hwy cleanup
26 Church 10:30 a.m.	27	28 Quilters 10-4	29	30 	1 Tops 9 a.m.	2

LEGEND.

Church Service 10:30 am BINGO 6 early bird
Rec Society 7:00 pm 6:30 pm
Lions 7:00 pm Quilters 10 am - 4 pm
Library Tuesdays 11 am - 1 pm
TOPS Fri 9 am Weigh in & Mtg. 9:30 - 10:30 am
Armchair Traveller 7:30 pm

Special Events and Days Down the Road

- Bingo - Second Tuesday in May, June, July, August, September & December
- Second Wednesday - Coffee & Play cancelled until further notice
- April 9th - **WLLID AGM**
- April 25th - Wasa Lion's hwy cleanup, you do not have to be a Lion's member to take part in this productive event!
- Lion's events/meetings cancelled until further notice

NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....	250.422.9327
BC Wildfire*	5555 ...or.. 1.800.663.5555
Brunos Plumbing.....	250.342.5105
Catamount Contracting.....	250.422.3694
Cranbrook/Kimberley Hospice...	250.417.2020
Conservation - Emergency ...	1.877.952.7277
Econobuilt.....	250.421.7813
EMERGENCY.....	1.800.663.5555 (*5555)
Hi Heat Insulating.....	250.422.3457
HD Railings.....	250.422.3457
Kootenay Kwik Print.....	250.489.4213
Kootenay Monument Installations....	422.3414
Lantz Farm (Hay).....	250.420.1660
Rascal Dock Systems.....	250.421.1746
TOPS.....	778.524.0012.....422.3686
Wasa Hall.....	250.422.3514.....422.3795
Wasa Hardware & Building Ctr...	250.422.3123
Wasa Lake Gas & Food.....	250.422.9271
Wasa Lions Med Eqp.	250.417.7654..422.3499
Wasa Lions Trail Donations.....	250.422.3773
Wasa Memorial Garden (Pat Walkey)	422.3530
Wasa Post Office.....	250.422.3122

