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Tri-Village Buzz

APRIL 2019 Issue 217

Visit: www.wasalake.com/buzz

Seasons Change

Winter fades
Spring beats back it's icy grip
Mother earth stirs from restless sleep
It's too late to weatherstrip

White turns brown then green
Wild flowers bud and bloom
Rainbow colours spread across meadows and hillsides
Natures costume

A chorus erupts from song birds
Nesting rodents return
Crows and magpies dance in aerial joust
Pine cones fall, needles gather
A new season to grouse

Retreating snow exposes mushy deposits left by pets
Dodging turds on the trail slows the pace
Pathway users clean up after Fiddo
If not, it's your disgrace.

submitted by Nowell Berg

Wasa Country Quilters Guild Celebrating 20 Years!!

submitted by Gayle Andrews

"Scraps of Our Lives" Quilt Show May 10 & 11

What began in 1998 by 3 creative ladies, blossomed into *The Wasa Country Quilters Guild* and is still going strong today with 17 current members! The founding members, June Clubley, Andrea Konschuh, Junne Clarke and Lorraine Colton, began meeting in Andrea's basement in Skookumchuk to quilt. Soon, 5 others joined their group and the camaraderie, quilting and ideas flowed!

In 1999, having outgrown the basement and needing more space, the Wasa Recreation Society donated space in the Wasa Community Centre.

continued on page 9



Hello and happy spring neighbours!

The Tri-Village Kids Club is ramping up for another year of youth oriented events and community building activities. We are pleased to announce our upcoming 2nd Annual Pancake Breakfast & Easter Egg Hunt at the Wasa Community Hall from 9am to 12pm on Saturday April 20. All community members are welcome! We are looking forward to a beautiful spring day filled with fun for everyone! There will be balloon animals, face painting.

games, crafts & activities for all ages. We are planning a planter raffle draw (tickets available starting April 1st), yummy pancake breakfast, and maybe even a visit from the Easter Bunny!

The TVKC is also considering some new fundraising ideas including a community calendar and a community cookbook. We are looking for feedback from the community on these types of fundraising initiatives, so please email us at trivillagekidsclub@yahoo.ca.

Don't forget! We are looking to expand our group – If you have ideas or would like to see more youth oriented events and programming in our local area, please get in touch with us! We are in need of new members, volunteers and planners to help our club operate. Many hands make light work as they say! We try to meet monthly, so get in touch and join us at our next meeting. We are all about meeting and making friends, old and new, building family, community togetherness and strengthening local roots.

Once again we would like to make a special thanks to all of our supporters and contributors who have volunteered, sponsored and attended our past events, and look forward to seeing more bright and smiling faces in the coming months!

--The Tri-Village Kids Club

Where does the Easter Bunny get his eggs? From Eggplants.



Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- ☐ All users are required to wear "gym shoes" no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!



For Gym Schedule Please Contact:

- Sonia Blackwell at 250.421.3019 or
- Rod at 250.422.3253

We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.

YM HOURS AND INFO

Donate your pop cans & liquor bottles (no dairy please), to the Wasa & District Lions Club to help with their scholarship fund. Please call Val @ 250.422.3499 to make arrangements for drop off at the **Lions Grounds**



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April Quotes:

"Again the blackbirds sings; the streams Wake, laughing, from their winter dreams, And tremble in the April showers The tassels of the maple flowers." ~ John Greenleaf Whittier

"Winter's done and April's in the skies, Earth, look up with laughter in your eyes!" - Charles GD Roberts



Glenn Johnson 250.489.4213 www.kootenaykwikprint.com

Wasa & District Historical Assoc. & Memorial Garden Group

submitted by Sherry Shields

"A gush of bird-song, a patter of dew, a cloud, and a rainbow's warning, Suddenly sunshine and perfect blue-- An April day in the morning. ..."

When visiting the garden please use the vases for flower arrangements. Flowers placed on the Memorial plaque or Columbarium marble will leave stains. The stains are difficult and time consuming to remove.

2019 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels \$1000.00 + engraving

Bottom Row - \$900.00 + engraving

UNIT 2 Columbarium (new)

Niche cost - \$1100.00 + engraving

Niche engraving - \$275.00

Memorial Plague - \$300.00

Contact info:

Pat Walkley @ 250.422.3530 or pwalkley@shaw.ca



~ There are no goodbyes. Wherever you'll be, you'll be in my heart. Ghandi ~

Springtime is the land awakening.

The March winds are the morning yawn.

Lewis Grizzard

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By Area E Director Jane Walter

Area E Budget Highlights

The average residential taxpayer in Electoral Area E will notice a 4.9% decrease in their taxes this year.

Highlights:

- The tax decrease works out to approximately \$16 on the average \$335,000 residential assessment.
- Projects will starting 2019 at St. Mary Lake Park
- 21% overall tax decrease for Area E Parks, with fewer improvements planned for 2019
- 1% increase in the Wasa, TaTa Creek, and Skookumchuk Mosquito Control Parcel Tax (was decreased a total of 17.5% between 2016 and 2018)
- Further improvements to Cherry Creek Falls Park (fire safety, general safety, toilets)

Flood Preparedness Information:

With Spring coming and the increased chances of overland flooding, this is the time to make sure you are prepared, especially if your property is located in the flood plain.

If you are experiencing large scale flooding, your first call should be 1-800-663-3456. This number is staffed 24/7 and activates local emergency program personnel.

I attended the Warmer Drier Summer Conditions Conference

The discussion was focused on Agriculture. - Impacts from Climate Changes. They focused on four discussions:

- 1. Improving water management (e.g. irrigating efficiently)
- 2. Increasing Wild Fire Risk
- 3. Increasing Variability of Weather Conditions
- 4. Hydrology, Increasing risk of Spring Flooding. They also discussed how to capture the overflow and store, so they would have to use during the summer.

There is a small fund that is available for the three regions. There will be further discussions on how they can help and how to deliver their information. I will keep you up to date.

I hope everyone has a good month, if you have any questions or concerns, please call me or send me a email.

Jane Walters: 250.427.2577 or director.walter@rdek.bc.ca



Do you know the names of the three wise monkeys? They are: Mizaru (See no evil), Mikazaru (Kikazaru – Hear no evil), and Mazaru (Iwazaru – Speak no evil).

The fourth wise monkey is called Shizaru (Do no evil).

The names of all the continents end with the letter they start with.

Eskimos use refrigerators to keep food from freezing.

Do you have any interesting trivia to share? Something silly? outrageous? never heard of? Submit your "brain bits" to the Buzz for everyone to enjoy:)



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Today as I put this article together, it is March 17, St. Patricks Day. I gave a copy of the following to my Irish friend, Mary Mackniak. She told me she cried and cried when she read it. This is the Ireland I remember when I grew up in Fermanagh, 60 plus years ago. *"Memories*" are the second chance of happiness"

I decided, as I have Irish ancestry, to relate to you a few experiences and thoughts from my Uncle John's experience in 1940 on a trip to Ireland. At the time he was stationed in England during WW2 and wrote of his impressions of Ireland.Life has changed, not only in Canada but in Ireland during the last 79-80 years.

IRELAND-two weeks in fairy land

I landed in Belfast in Dec. of 1940, disembarking in the morning. A cabbie driving an old carriage and horse hailed me and when I turned him down, I thought I heard him muttering a curse. I then took a taxi to the train station and talked to the driver all the way there. The pleasant Irish broque, friendliness and the camaraderie, impressed me. It warmed my heart and almost made me think I was home again in Canada.

Then the train journey - but, the whole of my first two days were so filled with new and happy impressions that It's impossible for me to talk coherently of them. So I won't!



Glimpses of linen, just out of Belfast, lying bleaching on the green, green grass of the truly Emerald Isle, and the rabbits in the pastures, scurrying for cover as the train passed, and in the distance I saw some men cutting peat. I was later corrected and found it is called 'turf' in Ireland. Road crossings where I saw my first donkeys and horses pulling two wheeled carts, never a team, but one horse or donkey to a cart.

And finally I arrived at my destination in County Fermanagh, and was met by old, old friends. How different this was to where I saw them last at a flag stop down in the Kootenays!

Then in the days following, my first drive through Fermanagh, bits of Mayo, Leitrim, Donegal, all the northwestern countries:- the donkey carts, the little stone homes of the farmers, the winding Irish lanes the buttercups, the gorse, (flowering yellow prickly bush), the pocket handkerchief fields, the corncrakes calling, and all the birds; and a copper beach against a background of green - you can't talk about these things in sentences.

Everything in Ireland impressed me as being so small, even smaller than England, the little two wheeled carts, the donkeys, the pocket handkerchief fields, the little bits of hills, mountains they call them there and tiny lakes. I almost thought one evening when I was walking in the hills of Donegal that I might see the little people, a banshee or a leprechaun, sitting on a rock, or more likely peering around from the shelter of one at me.

And here again I felt I was living in history, not the dry dull history of the school books, but the stories my father told me of the 'old land' and that I read in tattered volumes from our library. I was shown the forts on the knolls. These forts comprised of a group of oak trees, surrounded by a mound and a ditch, and are said to be strongholds of the ancient Irish kings. Also, I believe, though I am not sure, here are many of the barrows, the king's gravesperhaps. I thought in one of these was buried Cuchullin, the sons of Uisnach, Queen Maev, or even the fair Deirdre.

Wasa Community Church



Everybody dies. That's the way things are. We have our lives here, but they don't last. We know they don't. Sometimes we're surprised at when lives are taken away. They can be gone any minute. Sometimes they've lasted a long time, and are finally ready to be taken away, but even those lives are often still greatly missed. Death is not something we usually like. Thinking of how we also must pass away one day

isn't something we necessarily find pleasant. Maybe we're afraid of death. Maybe we're not afraid, we're just hoping it's not slow or painful. I think of Jesus, who knew how He was going to die. How it would be one of the worst ways to suffer: Crucifixion. There was so much dread the night before He died that, in His stress, He started sweating drops of blood. He asked His Father if there could be any other way. However, He then said, "Nevertheless, not my will, but yours, be done" (Luke 22:42b). It may not have been the way Jesus wanted things to go, but He knew the outcome would be worth it. He took all of our sins upon His perfect self and was sacrificed on the cross on our behalf.

None of what Jesus did through His death would be complete without His resurrection. He rose from the dead, and in doing so, demonstrated His power over death. If we choose to believe in Jesus and His death and resurrection, God will forgive us our sins because of the punishment Jesus went through on our behalf, but also, after we die, He will raise us up from the dead to eternal life with Him in heaven. He not only has the power to do so, but also the reliability. He keeps all His promises. He will not forget you if you put your faith in Him. He will follow through in allowing you into heaven.

Death can be a scary thought. However, Jesus has power over death. We don't quite know how we're going to pass away, or how our lives on this earth will turn out. There's going to be both good and bad, but if our trust is in Jesus, we don't have to fear what this earth throws at us because we know that, afterward, when we die, because Jesus was raised from the dead, we will also be raised from the dead. There will be a resurrection once we die.

"In God I trust; I shall not be afraid. What can man do to me?" (Psalm 56:11)

- Pastor Jon Malpass, Wasa Community Church (service Sundays @ 10:30am), (250) 464-4419





The **WASA RECREATION SOCIETY'S** main objective is to generate funds to keep the Wasa Hall running. Wasa Recreation Society members meet in the basement of the Wasa Hall in the Quilters Room on the last Tuesday of each month. Everyone is invited to attend. Listed below are some of the user groups and contacts:

- Hall Rentals and Information Karen Markus 250.422.3514
 Bonnie Meena 250.422.3795
- Gym-Sonia Blackwell 250.422.9201
 Rod 250.422.3253
- TOPS Susan 250.422.3510
- Library-JudyMdPhee 250.422.3766
- Quilter's Club Linda Sungaard 778.524.4456
 In addition, BINGO's are held on the 2nd
 Tuesday of each month at the Wasa Hall.
 Early bird starts at 6:30 p.m. and regular at 6:45 p.m.



Wasa Community Library

Open Tuesday 11:00 am to 1:00 pm or by appointment (call Marg Burrin @ 250.422.3565

submitted by Judy McPhee

Located in the basement of the Wasa Hall

Open Tuesdays. 11:00 a.m.-1:00 p.m. or by appointment (call Marg Burrin at 250-422-3565)

"Not for ourselves alone are we born"

Marcus Tullius Cicero

How true! In our community, in our families and amongst our friends: each of us are born to support each other, to help, to volunteer our talents and time, to make a better world, to be a friend, to improve our community.

I would particularly like to thank Marg Burrin, head library lady and Rose Smith for their diligence and their time and expertise running the library for many years and also for selecting interesting books to feature on the table in our library.

Thank you Marg and Rose.

THIS MONTH

Marg is featuring two more books, both by Barack Obama.

"THE AUDACITY OF HOPE" published in 2006

A methodical and concise book, full of thoughts and ideas to help pull Americans together for a better world, the integrity of American politics, as well as leaving behind a legacy to make our children's lives better.

"BARACK OBAMA--IN HIS OWN WORDS" published in 2007

If you like quotes, this is the book to read.

It is a book of Barack's quotes from 1995-2006, penned by him and contained in his many speeches and writings on many topics and countries. A golden jewel of quotes.!

Our library now has four of the Obama books.

"Becoming" by Michelle Obama, published in 2018 "Dreams From My Father" first edition, 1995 "The Audacity of Hope"

"In His Own Words"

Stories are for sharing information, relating history, entertainment and for gaining insight and wisdom in life, as it was, or is now happening.

Interested in flying stories??

Two entertaining books are:

"ALTIMETER RISING"

by Alan MacNutt with Norman Avery

50 years in the cockpit, 67 different types of aircraft, stories galore on his life as a pilot.

"LAND HERE YOU BET!" by Sunny Fader and Edward (Ted) Huntley

The true adventures of a fledgling bush pilot in Alaska and British Columbia in the early 1950's. The book is the story of Ted's life as a pilot and the colourful characters he met.

Assisted by author and writer, Alan, they collaborated together on the writing of this book.

And on a different topic;

"VOYAGES OF HOPE"

The Saga of the Bride Ships, circa 1862, landing in Victoria B.C.

Woman leaving England to sail to Canada to marry men they did not know.

Much like Danny Butler's book (brother of Rea Tagg) on the bride ships from France to Eastern Canada. (forgot the title). We have it in our library. Please ask Marg if you wish to read it.

"We cannot live only for ourselves. A thousand fibres connect us with our fellow men;

And among those fibres, are sympathetic threads, our actions run as causes, and they come back to us as effects." Herman Melville

That, fellow residents of the TVB area, explains our communities and the kindness of volunteers over the years, making our TVB area a great place to live.

Judy







Arla & Rod Monteith took our Buzz to Hawaii in January ... for a relaxing holiday on the Island of Maui.

And here Arla & Rod are again with our Buzz, in February, in front of the Big Buddha on the island of Koh Samui, Thailand.



Email your photos with "The Buzz". Your picture will be featured in the current issue of the Buzz and your name will go into a draw for the "2019 Where do you take Your Buzz" contest. Email: trivillagebuzz@gmail.com

Sarah and Sherry Shields took the buzz on their trip to visit family in Spain. Took a reading break in a cathedral in Narbonne, France. The stained glass in the cathedrals is amazing.





Carl & Livia Collier took their Buzz on a cruise at Ft. Lauderdale from March 9-16 with stops at Cozumel, Costa Maya, Belize and Key West.

When do monkeys fall from the sky?
During Ape-ril showers!!

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"Scraps of Our Lives" continued

With a start-up donation of \$500 from The Lion's Club for building supplies, the quilter's husbands were called in to build a room in the community centre basement. Norm Clubley built all the quilting and cutting tables. Within three years, the group outgrew this room! Husbands to the rescue again and the room expanded to its current size, storage cabinets were built and new flooring installed, all paid for by the Guild. This room is still well utilized by the Quilters and other community groups.

The camaraderie that began in Andria's basement continues in Wasa! The Guild meets yearround every Tuesday from 10-4 happily cutting and stitching! This supportive group continues to share ideas and information, teach new techniques, and generally chat and entertain ideas to help solve all the world's problems! Our current members come from Wasa, Ta Ta Creek, Kimberley, Cranbrook, Skookumchuk and Fairmont. Two of the original members, June Clubley and Karin Weir, continue to be valuable mentors to the group. The Guild also plans and attends a 3-day annual quilting retreat in the area for a concerted effort at quilting with a little recreation on the side! New members are always welcome to this group!

The Wasa Quilters have always been a supportive group of the Wasa Community Pancake Breakfasts held each Saturday during the summer months. In fact, the inspiration for these fundraising breakfasts began with 2 of the founding members and their husbands, the Clubley's and the Konschuh's! The Lion's Club quickly took over to attend to the logistics and another tradition continues to this day!

Using funds generated from the pancake breakfasts, guild fees and the occasional quilt raffle, the Wasa Country Quilters continue to support the surrounding communities. The Wasa Recreation Society, Children's Wish Fund, Cranbrook Hospital Mammogram Fund, Kimberley Food Bank, Ladies Transition Home, Cranbrook and Christmas Hampers for Wasa Families have been some of the recipients of our donations over the years. We also annually contribute a quilt to the Lion's Club for raffle, and supply baking to the Wasa community bingos and fundraising dinners.

Want to see what this industrious group of gals have been up to?? Come to their **Quilt Show**

Friday, May 10, 11 – 7 and Saturday, May 11, 11-4. Wasa Community Centre, main hall. Held every 3 years, this is their 5th quilt show. Admission by donation, light lunch and coffee/tea for purchase. Vendors will be in attendance. Raffle tickets will be available for the "Flowers for My Wedding Ring" quilt designed by Judy Niemeyer, sewn by The Wasa Country Quilters and quilted by Bev Patkau. (see picture). Draw date in September. The most recent show in 2016 generated \$1600 donated to the Red Cross for the Fort McMurray fires.

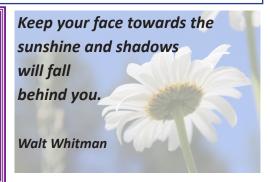


Questions? Contact Linda Sundgaard, Wasa 778-524-4456 or Gayle Andrews, Ta Ta Creek 250-422-3095

Spring is here! Clean out your attic, clean out your basement, clean out your garage!

The 6th annual Wasa Lions Garage sale looking for gently used items you no longer have space for or use!

> Call Sharon (250)417-7654 Val (250)422-3499 or Gail 250 422-3539



1. Miracle Cleaner

Cleans everything from stove, oven, baking pans, stainless steel even the handles on your white refrigerator.

¼ c baking soda and enough peroxide to make a paste. Rub paste into stain with fingertips or a sponge until stain is removed. Rinse with water.



2. Grease stains on Kitchen Cabinets (my nemesis (x))

Start with a tablespoon of baking soda, 1/2 tablespoon of dish soap, and 1/2 tablespoon of water. Mix it all up in a small bowl to make a paste. Use a microfiber cloth with the paste. Rub paste in with a circular pattern. Once spot is gone rinse area with a clean cloth. Use dry microfiber cloth to dry area. This paste can also be used on your handles and knobs.

3. Stop fighting moss (This ones for ME!)

It's a waste of time to try year after year to eliminate moss from your lawn. Moss killer only turns moss black and still leaves you with the job of having to rake it up anyway and reseed.

Either learn to love moss and live with it (remember, it is a much valued plant in Japanese gardens) or change the conditions that cause moss to grow in the first place — poor drainage, low-light levels and acidic soil. Add lime to make the soil less acidic, aerate and add sand to make it more porous and better-draining. And increase the amount of sunlight the area gets by selectively removing branches shading trees or shrubs.

If you believe it will work out, you'll see opportunities. If you believe it won't, you will see obstacles. – Wayne Dyer

Have you got a helpful hint you would like to share? Email: trivillagebuzz@gmail.com Subject: Helpful Hint



Diana Perih passed away in her home in Wasa on March 12, 2019 at the at the of 68. Diana will be remembered and sadly missed by her sons Stephen (Sonja) and Chris, her family, many friends and neighbours and her 2 loyal and faithful companions: Abby

and Saddie. She was a member of the Wasa Quilters Guild, former treasurer of the Tri-Village Buzz newsletter and employee of the Kimberley Medical Centre. A Celebration of Diana's life will be held in Wasa this August. Diana's family wish to extend their heartfelt appreciation for the kindness and well wishes of friends and neighbours.

Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or have plans for Surgery?

The Lions may be able to assist with a 3-month loan of Medical Equipment.

For loan information or equipment donations to the Cupboard

Contact: Sharon 250.422.3227 or Val 250.422.3499

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From the Ashram

Words of Wisdom



In the Pursuit of the true Self

"An adventure to be followed" - Part 2

In the previous article, we clearly stated that the real "you" as Pure and Unlimited Consciousness is covered by five main layers or sheaths. Since we are in pursuit of our True Self, it becomes capital to experience the clear distinction between our True Self and these coverings. Remember that you cannot be what you are observing since the observer is not what he is observing.

From the most exterior moving inward, the coverings of the Self are as follows:

1- the Physical Body, 2- the Emotional Body, 3- the Mind or Intellect, 4- the Superior Mind, 5-the Supramental Consciousness (Pure Awareness).

First covering of the Self: the Physical Body

The covering made of matter - the body of flesh - is called "Annamaya Kosha". If you want to attain Self-Realization, you need to learn how to extract your consciousness from the fault of identifying itself with the body. There is a constant residual atmosphere of fear in the bodies of most ordinary human beings, and this fear doesn't come from the mind, but from the body itself. The feeling of being even slightly fearful is then maintained by the ego-mind which is constantly afraid of disappearing.

The art of dissociating "you" as "consciousness" from any kind of fear, especially the fear coming from the body, is essential if you want your consciousness to be able to use your body without being held hostage by it.

From the point of view of our

inquiry about the true nature of the Self, it is important for you to realize that no matter what you can observe about your body, it cannot be you because you can dissociate your consciousness from it. For example, you can see that you have two legs, two feet, two arms and two hands. They are neither you nor a part of you, they are part of your body. The true "you" remains constantly able to observe your body. You cannot be what you are observing, so we can assert that as an observer, your body is added to you... and even if you have the wrong perception that it is you, it's not! The identification to your body has been transmitted to you by your surrounding from the moment you were born and for any other ordinary human being, you are only recognizable through your body. Everybody thinks that you are the body, so you've ended up believing it too, but you are not! Remember that if you lose one arm, then you are not less yourself as the observer. It is still you with a body, only now it has one arm missing.

Having a desirable body in our modern society has become a true addiction. This image of having the perfect body, forever young, in order to be forever loved, appreciated and recognized through that body, has been so promoted and exaggerated that it has given birth to psychological diseases and imbalance such as depression, bulimia and anorexia. The number of human beings who don't accept their physical body because they don't find it beautiful or graceful enough is growing. We live in a world of illusion, where appearances are worth everything.

Because of that, your body tends to be stressed. It can

either be relaxed or it can be tense and, depending on what kind of mental and psychological atmosphere is within you, your body will immediately react by constricting or relaxing. This is not only valid for human beings; it is the same for all animals.

Your physical body is animated by a covering made of vitality (emotions), called "Pranamaya Kosha". As soon as you relax your body, you get in touch with the Body of vitality, which is the link between your physical body (Annamaya Kosha) and your mind (Manomaya Kosha).

Believing that you are the body is an illusion since you, as Pure Consciousness, are the One using a physical body to express yourself in the physical world. When your body will cease to function, you will survive this transition as what you really are, a Pure Unlimited Consciousness. You have been deceived by the illusion of being a physical body, and the next article will uncover how much you are not your emotions either by studying Emotional Body called "Pranamaya Kosha".

May this Adventure of the Pursuit of your True Self be a great Instrument of Liberation for you and those you love around you.

Warmly yours in the Lord.

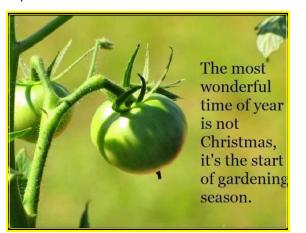
Venerable Gurudev Hamsah Nandatha Adi Vajra Shambhasalem Ashram, Wasa, BC, Canada

Wenerable Gurudev Hamsah Nandatha has withdrawn from regular public teachings to intensify his prayers and meditations for the world. To be notified of occasional lectures, you can request to be added to our emailing list. Visits of the Ashram are by appointment only.

For more information, please contact the Ashram at ashram@adivajra.ca or (250) 422-9327

Garden Facts & Fables

I love gardening - as do so many others in our communities. And I love learning new things about old favourites. So with garden season fast approaching, I thought I would share some tidbits. I invite everyone to submit their own experiences and wisdom.



Snapdragon
flowers resemble
a dragon, and if you
squeeze the sides,
the dragon's mouth
will appear to open
and close.

From a botanical standpoint, avocados and pumpkins are fruits, not vegetables, because they bear the plants' seeds. Rhubarb, on the other hand, is a vegetable.

Growing up, we planted our entire vegetable garden on the long weekend in May; rows of beans, peas, tomatoes, beets, carrots, and more. As spring turned to summer and we began to harvest those vegetables, the rows were left empty and soon filled with weeds. I've since learned that succession planting is the key to a non-stop harvest, especially in small gardens where space is limited. Succession planting is simply the act of planting one crop after another in the same garden space.

During the 1600s, tulips were so valuable in Holland that their bulbs were worth more than gold. The craze was called tulip mania, or tulipomania, and caused the crash of the Dutch economy. Tulips can continue to grow as much as an inch per day after being cut.

Tomato Tips:

Use 1 tsp. of Epsom salts to 5 cups of warm water, put the mixture in a spray bottle for easy use.

Spray your plants from first sight of blooms and repeat once a month.

The Magnesium Sulfate gives tomato plants a much larger yield, and your plants will be healthier and stronger.

You can also add a tsp of Epsom salt to the bottom of each hole before planting your seeds for faster germination.

Works for peppers too.

Insects
can't stand
plants such as
garlic, onions, chives
and chrysanthemums.
Grow these plants
around the garden
to help repel
insects.



Herbs that require full sun (6+ hours a day): basil, caraway, dill, marjoram, oregano, rosemary, sage, thyme.

Herbs that require partial sun/shade: bay, chervil, chives, coriander, mint, parsley, tarragon.

Fun fact: Ancient Greeks and Romans thought basil would only grow if you screamed wild curses and shouted while sowing the seeds.

Nature gives to every time and season some beauties of its own.

Charles Dickens

RDEK Postpones Wasa OCP Amendment Looking to Add Mapping of Environmentally Sensitive Areas

The Regional District of East Kootenay Board is postponing its amendment of the Wasa and Area OCP that would include the addition of Environmentally Sensitive Area (ESA) Development Permits.

Already having an approved OCP for Wasa, Skookumchuck, TaTa Creek and the surrounding area, the RDEK has been looking at introducing the ESA Development Permits, but the community has since responded and isn't in favour of the district's current guidelines.

"Part of the way we do guidelines is we identify areas that are of some significance from an environmental perspective be it habitat, plants, or water and we map that," Rob Gay told Summit 107, Board Chair of the RDEK. "What that mapping does is gives our staff, if and when somebody wants to develop on that property, it puts the flag up to say there's something environmentally sensitive on that area."

Setting out to map properties and land in the Wasa and Area OCP, both Cori Barraclough and Katey Kirkconnell presented to the RDEK Board Friday voicing their opposition to the mapping

and asking that the bylaw not proceed to public hearing until the necessary issues are resolved.



"They're concerned about the quality of our mapping and have been working with us for about two years to work on that so I think that's getting better. The other thing they chastised us for was poor communication, they don't know about these meetings and whatnot, so we got blasted on that," added Gay. "I think we as directors took a look and said well obviously we're not connecting, we're not understanding each other, let's step back a bit."

The RDEK Board voted on a motion from director Mike Sosnowski that would postpone the bylaw process to allow staff to work out any specifics and continue consultation with the community before proceeding.

Potentially pushing back the process by another month or two, the OCP amendment will eventually come back to the RDEK for first reading and an eventual public hearing.

Gay said they've learned lessons from past OCP processes and want to ensure they are clearly understanding the public's concerns before making the amendment.

"I don't know how much our plan will change but certainly we'll understand the residents a lot better than we do now because clearly now we don't understand."

Sosnowski told the RDEK that they have been accused of not listening to the public, so by going back and doing their due diligence, they eliminate any further accusations of not educating the public on the topic.

Gay added that its difficult waters to tread through as most everyone fundamentally agrees they want to preserve the environment but when any government policy affects their own property, there is always opposition.

"This one of the methods we have (ESA Development Permits) but as soon as you drill down, well not in my backyard, this is hard and it takes us a while to work with people and get that. The principle of protecting our environment, every plan we do everybody agrees to, so it's how to do it is the hard part."

The bylaw is expected back before RDEK in the coming months following additional public consultation with the affected residents.

- Bradley Jones



Dale Gray

Phone: 250.422.3638 Cell: 250.421.1746 email: dale58@shaw.ca Box 245 Wasa, BC V0B 2K0

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HELP STARTS HERE.....

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Gramma's Carrot Cake

2 cups all-purpose flour

2 cups sugar 2 teaspoons ground cinnamon

1 teaspoon baking soda

1/2 teaspoon salt

3 large eggs, room temperature

1-1/2 cups canola oil

2 cups finely grated carrots

1 teaspoon vanilla extract

1 cup well-drained crushed pineapple

1 cup sweetened shredded coconut 1 cup chopped nuts CREAM CHEESE FROSTING: 6 ounces cream cheese, softened 6 tablespoons butter, softened

3 cups confectioners' sugar

1 teaspoon vanilla extract Additional chopped nuts

Directions

In a large bowl, combine the flour, sugar, cinnamon, baking soda and salt. Add the eggs, oil, carrots and vanilla; beat until combined. Stir in pineapple, coconut and nuts. Pour into a greased 13x9-in. baking pan. Bake at 350° for 50-60 minutes or until a toothpick inserted in the center comes out clean. Cool on a wire rack.

For frosting, beat cream cheese and butter in a small bowl until fluffy. Add the confectioners' sugar and vanilla; beat until smooth. Frost cake. Sprinkle with additional nuts. Store in the refrigerator.

Test Kitchen Tips

Get more depth of flavor when you toast the nuts. Learn how to here. Grate your carrots fast with a food processor!

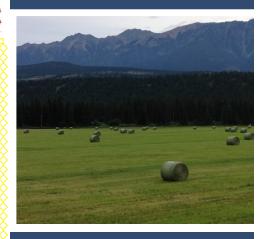
When is the letter "A" like a flower? When a bee (B) comes after it.



Sherry Shields discovered this while in Spain. So the next time we complain about our fuel price..... \$1.404 Euro = \$2.117 Canadian

HAY FOR SALE

Please call Mike to make arrangements 250.420.1660



LA LANTZ FARMS

Winter's done & April's in the skies, Earth, look up with laughter in your

Charles GD Roberts

VOLUNTEER OPPORTUNITIES WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We may be able to help with that!



Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out.

- Wasa & District Lions Club
- TriVillage Buzz Newsletter
- Wasa Recreational Society
- Bingo
- Armchair Traveller
- Wasa Gym
- Wasa & District historical Association & Memorial Garden Group

.....are a few of the areas that would welcome new members.

Step up, step out, expand your horizons. We would love to see you!

"Volunteering is a work of heart"



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Wasa and District Lions Club - Serving Wasa and Area since 1976

• Wasa Lake Land Improvement District

• Wasa Community Library

Wasa Pancake Breakfasts

• TriVillage Kids Club

submitted by Terry Marvel

Lion's Roar: Well, after a very chilly February, we now have a new hope of spring arriving. May the green of St. Patrick's day extend itself to the area. I think we're all a little tired of seeing white and brown. With spring, brings new hopes for the Lion's Club to expand our membership. Some members of the community have approached me and asked how to become a Lion. Don't wait to

be asked! Just approach any Lion member and let us do the rest. We always like to see new faces. We would like to welcome Jack and Lois Morrison to our club as they were inducted at our District Governor visit March 4th. Not all inductions are done with such fanfare, but always with dignity and protocol.

With spring on it's way comes the usual clean-ups around the Lion's grounds as well as our annual highways clean-up. We are also faced with a challenge in the country kitchen regarding a new floor. When we have a work party, everyone is welcome! Due to our aging membership, we always like to see younger, stronger help.

Our sincere condolences to the family and many friends of Diana Perih. She will be sadly missed by the entire community.

One final comment: Keep your pants rolled up or you may end up with wet ones! Have a great and fruitful spring!

Lions Pete Vereshagen Memorial Rink Report

The rink and the children's skating area was prepared in late November and operated from December to early March. It was a season of changing weather from a milder December and January to an extremely cold February and early March. At times the thaw and freeze was quite frustrating, flood one night and loose it the next day. It was well used locally and on several occasions by clubs, teams and school groups from Cranbrook and Kimberley.

The following helpers need to be recognized, for without the volunteer help, the rink would not operate.

Murray Blackburn, Darren Krell, Eric Sungaard, Ron Brooks, Ron Gall, J. C. McPhee, Garth Olafson, Alex Jenson, Stan Kneller, Cleave Koswan, Richard Carrier, Laurie Kay, Rob Pelley. Apologies for anyone not mentioned.

At times many others helped shoveling snow and operating the snow blower. Snow this season was not a major problem, but their help was appreciated. Thanks also to Cody Canning, Jon Bissett and anyone else who offered their help but were unable to join us at the required times.

The new safety screen worked well and received many compliments. Lighting was reduced but was ample for night skating. Zamboni training was organized for three sessions with Brett Clark from the Kimberley Arena but fell through due to the mild weather, an emergency in Kimberley and another cancellation. Eric, Garth and Cleave however, with some help from our experienced operators, Darren, J. C. and Stan, got the job done. It was a new approach to rink operation this year. The work was shared on a weekly basis and for the first time was quite successful, although we had to scramble to cover for the last two weeks of unexpected operation.

Recommendations can be suggested and will be considered.

Laurie Kay

Don't Let Your Bird Feeder Become a Bear Feeder

After a day like today, who can doubt spring is on the way?! As I sit here writing this, there is not a cloud in the sky and my thermometer tells me it plus 10 - WOW! I know we are all ready a new season. But keep in mind, with every season comes a few challenges - and maybe spring more than most.

Bears will be coming out of hibernation. And they will be hungry.



So what can we do to keep human / bear interaction at a minimum? And I say 'minimum' because we do live in the amazing Rockies and we do have wildlife all around us. But we also need to stay safe. So take a look around your vard and make a note of what should be changed to accomplish that. Spring is the time of year when natural foods for bears are scarcest, and as a result bears will often seek accessible food in people's back yards.

Bears can be amazingly agile creatures and can reach what you may think is inaccessible to them. Err on the side of caution - remove the attractant altogether.

- Take down bird feeders, rake up and dispose of bird seed on the ground and store remaining bird seed indoors.
- Keep garbage cans inside until the morning of trash pickup.
- Keep your barbecue grill clean by burning off any food residue, disposing of wrappers and cleaning the grilling area after use; if possible, store grills inside when they're not in use.
- Store pet and livestock food inside, and clean up any uneaten food.
- Keep small livestock behind a fence or in a secure building, especially at night.
- Keep dumpster lids closed and locked.
- Keep outbuilding and garage doors closed.

Being proactive means bears (and any other wildlife) do not begin to equate your yard with a free meal. This will reduce the risk of repeat visits and reduce the possibility of problem / aggressive behaviour.

Stay safe, my friends, and keep our wildlife wild.

www.wmtw.com/article/dont-fall-victim-take-in-feeders...

How to Avoid Ticks This Year

Ticks like to hang out in shady, moist areas on the tips of long grasses and their golden opportunity to find a meal arrives when the grass is disturbed by wind or legs brushing past.

- Wear lightly-colored clothing and long sleeves.
- Use DEET-type insect repellent, similar to ones used for mosquitoes.
- Put clothes into dryer for an hour when you return from a walk.
- Shower to remove ticks that haven't attached.
- Search hidden areas like armpits, behind the knee and in the hair for ticks The best way to remove a tick is to grab it with a pair of tweezers as close to the skin as possible, and pull straight up without twisting

Many of you have a story, adventure or life stories about people you know in our area that happened in years past and you are eager to share so that the history is not lost. I would like to include them in the "Following the Trails of Yesterday" page. Please phone me if you would like to contribute to the column at 250-422-3766 or email me at -- judymcphee9@gmail.com



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Following the Trails continued

One day I climbed Nock Ninny and from there had a wonderful view of that fairy country. The wee bit fields, all set anyway, and so different from the wire enclosed sections and half sections of Canada, the windy Irish lanes going apparently nowhere, just winding along, upper Lock Erne with its many islands and the little homesteads on them. I lay there and dreamed for an hour.



Another day we climbed Nock Mor, really more like a butte or a stretch of badlands than anything else, and there I wandered for hours, scaring the rabbits and the black faced sheep which abounded, investigating the caves. It was so lonely and wild out there. I could almost imagine I might meet some of the warriors of old chasing the stag or wolf. I think that country is exactly now as then except for the black faced sheep which have taken the place of the wilder game.

I saw Enniskellen Cathedral, the tatters of the flags of the two regiments that Enniskellen produced -- (the only city in the empire that has produced two famous regiments). On my trip I saw thousands of swans, that nest on its countless islands, royal game and much more.

The primroses, the gorse, the turfbogs, the barefoot children, the pretty girls with their beautiful complexions, a man driving an old horse or a herd of cows along the road and tipping his hat as the gentry passed, all these require a painters brush, not a writer's pen to describe.

We met a man named John Jo, coming back from the fair, inebriated and driving a herd of cattle. He would not get out of the way because of the high hedges on either side of the road. "It's a grand day, sir, can you spare a cigarette sir?" and we could! "and if you see 'Donaldson's' place, please stop and tell them you saw John Jo and he'll be home by nightfall."

Another day we went on a long drive through Donegal, wild Donegal, up to Letteraenny, and on to Londonderry or rather Derry as it is called. I saw the walls which were held against King James' men until good King Williams came sailing up the river to relieve the distressed city. I was shown through the old cathedral, part of whose walls form the walls of the city, and still bear the cannon marks from the siege. The old organist talked of it as though it was yesterday. The long, long memories of the Irish!

At lunch with friends I remarked about the bitterness and how close it was to the surface of peoples feelings. And after we had been through Derry Cathedral, I could understand it a little bit. And it's not a long memory of happiness there, but of old wrongs, old grievances, and perhaps a bit of old loyalties, and of old loves that had gone wrong.

It is hard for me to write of Ireland, land of my forbears, land of song, land of weeping and of laughter, of unforgiving wrongs and of dauntless courage. All the stories of the little people are true, I know. And when I go back I may actually see them, dancing some night, on the green hills, moonlit in "ould" Ireland.

An Irish Blessing -- one version

"May the road rise to meet you and the wind be always at your back,
May the sun shine warm on your face and the rains fall softly on your fields
And until we meet again
May God hold you gently in the palm of his hand."

attributed to St. Patrick

For the last two TVB issues, I have been putting out a request for your stories; either yours or your family stories. Most everyone has a story to tell, an experience or event in life--you or your families life--recently or long ago. Do think about what story you can share and let me know.

250-422-3766



Columbia Basin Trust hosting transboundary conference on Columbia River

Discuss the future of the Columbia River at the conference in Kimberley.

Columbia Basin Trust is hosting the *Columbia Basin Transboundary Conference: One River, One Future*, at the Kimberley Conference Centre from September 12 to 14, 2019. Online registration is now open at transboundaryriverconference. org. The cost to attend is \$199.

The international conference will address key issues related to the future of the Columbia River, its ecosystem, management, and international implications. It is co-hosted by Columbia Basin Trust (the Trust) and Northwest Power and Conservation Council (the Council).



"With a conference focus on collaboration, culture, and conversation, attendees will explore a wide range of contemporary topics related to the Columbia River," said Rick Jensen, Chair, Board of Directors Columbia Basin Trust and conference co-chair in a press release. "Our aim is for participants to have discussions and learn from one another, and advance our collective approach to being stewards of the river that binds us."

Wasa Volunteer Fire Prevention and Suppression Spring Update

Now that spring is here, summer is just around the corner! Now is the time to prepare for another hot, dry summer and the chance of wildfire. Last fall the Wasa Community Assessment Report and Wildfire Hazard was prepared and released (available on the homepage of www.wasalake.ca) and our committee has continued to meet over the winter to discuss how the recommendations will be carried out over the next few years. Further updates will be published in future issues of the Buzz and Wasa Community Facebook Page.

In preparation for fire season, many residents have already equipped their properties with 275 gal water storage units, obtained free from the local pulpmill. However, the water storage cube is no use all by itself; water cubes have to be set up with a reliable gas powered pump, hoses, nozzles, and fittings.

We recommend the following equipment, which will cost around \$850 new, - a small investment considering how important it is to be prepared for fire:

- Honda Utility 2" pump which will move up to 620 Liters per minute \$540 (incl taxes)
- 2. Suction hose with gate valve, clear smooth PVC and couplers \$60
- 3. 100' Standard 1 ½ inch fire hose \$200
- 4. Couplers, fittings and nozzle \$50

Cheaper systems can be devised if you are a handy type of guy and can find secondhand stuff, but be careful not to sacrifice reliability and compatibility. Please contact any member of our operations committee for advice or help setting up your system.

Bill Walkley larchrd@gmail.com, Mike Gall mikejohngall@gmail.com, Lyle Zaksauskas zaksauskasl@shaw.ca Contact Sharon Prinz at prinzs@shaw.ca to view her system which is all set up and ready to go with everything listed above.

submitted by Kathy Mccauley



We are looking for volunteers! How would you like to try your hand at submitting one of the following? Fun page, History Bytes (or similar), Articles of interest. Or would you rather be "on staff" as our Item Coordinator?

Email: trivillagebuzz@gmail.com or call Lori @ 250.417.1570



A day in the park

Can you spot the 5 differences between these two pictures?





opot the Difference Vorksheets www.allkidsnetwork.com
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Easter

L	P	G	S	В	Α	Α	N	Υ	S	0	F	R	Α
R	P	T	R	N	P	L	Υ	Α	Н	0	D	U	Ε
Н	0	Y	N	L	Р	0	N	D	Н	С	N	R	Α
С	Ε	D	T	U	D	Υ	N	N	L	C	I	Α	S
R	Υ	N	Ε	Α	Н	I	U	U	Ε	Н	F	Υ	Т
Α	Н	Α	В	I	0	Υ	В	S	N	0	G	Ε	Ε
М	S	C	S	C	S	G	С	T	Α	С	Υ	C	R
U	D	M	В	Α	Ε	N	N	C	C	0	N	Ε	М
Α	Ι	Ι	С	U	Н	I	Ε	I	G	L	Н	Α	S
R	Α	В	В	I	Т	R	0	0	Υ	Α	0	R	C
F	S	T	T	Е	T	P	R	I	В	Т	Α	Н	Ε
N	Α	U	Н	0	Α	S	S	G	G	Ε	Α	0	D
Н	0	L	Ι	D	Α	Υ	С	T	S	T	Ε	P	Ι
R	L	N	D	М	В	Α	S	K	E	T	Р	E	Υ

RABBIT MARCH SPRING CANDY SUNDAY CHOCOLATE EGGS FIND HUNT HOLIDAY BUNNY BASKET HOP EASTER

Search the puzzle for the words shown in the word list. Circle each word that you find until you find all of the words in the whole puzzle!



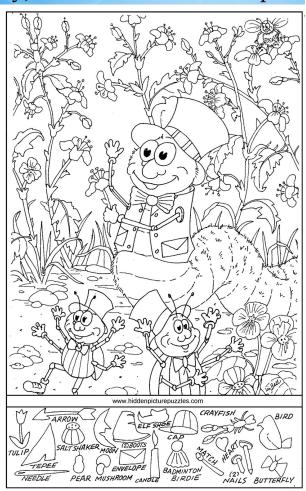
Spring Word Scramble



NIAR
AESETR
CHRAM
TFRBLTEYU
IETK
UTLIP
DBIRS
RNWIOAB
EEGRN
NSPUORGIT
EFOSRWL
SBSMLOO
AMRW
SANESO
DASYI
ILARP
SASRG
AMY
HNNUEISS
INCPIC

Free Printable Word Scramble www.AllFreePrintable.com

Want something fun to do with your spare time? We are looking for a new "Fun Page" submitter



APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April Fools	2	3	4	5	6 National Tartan Day
7 Church 10:30 a.m.	8	BINGO 6:30 Early 6:45 Regular	10	11 WLLID AGM	12	13
14 Church 10:30 a.m.	15	16 Wasa Lions Club Mtg	17	18	19	TVKC Pancake / Easter
21 Easter Church Service 10:30 a.m.	22	Take a Chance Day	24	25	26	27
28 Church 10:30 a.m.	29	30				

BINGO 6:30 pm Church Service 10:30 am Rec Society 7:00 pm Lions 7:00 pm Quilters 10 am - 4 pm Library Tuesdays 11 am - 1 pm TOPS Fri 8:30 am Weigh in & Mtg. 9 -10 am Armchair Traveller 7:30 pm

Special Events and Days Down the Road

- April 11th WLLID AGM
- April 20th TVKC Pancake Breakfast
- May 10 11 Quilt Show
- June 8-9th Wasa Triatholon
- August Diana Perih Celebration of Life

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