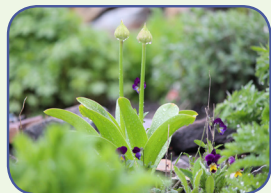




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FREE MONTHLY PUBLICATION

# TRI-VILLAGE BUZZ

March 2020 Issue 227

Visit: [www.wasalake.com/buzz](http://www.wasalake.com/buzz)

## WANTED

### ***Reports of dead bats and winter bat sightings***

#### ***Public help is essential for bat disease monitoring***

BC bats are threatened by disease, and researchers continue to ask the public for help. White-nose syndrome (WNS), a fungal disease responsible for the death of millions of bats in eastern North America, is spreading on the west coast.



The Yuma Myotis (pictured) and Fringed Myotis are two western bat species now affected by white-nose syndrome. Photo – D. Neal, Wikimedia Commons

Confirmed to the west and east of the Cascade Mountains in Washington State, just 150 km south of the BC-US border, the presence of the fungus is very worrisome for the health of our bat populations. The disease has near 100% mortality for some species of bats exposed to the fungus, including the familiar Little Brown Myotis. Although devastating for bats, WNS does not affect humans.

Tracking the spread of the disease relies on public assistance. "Detection of WNS in BC is challenging because our bats appear to hibernate in small groups across the province" says Leigh Anne Isaac, coordinating biologist with the Kootenay Community Bat Project (KCBP). "To monitor the spread of the disease, we need more eyes on the ground. Outdoor enthusiasts and homeowners with roosts on their property may be the first to find evidence of trouble."

Signs of the disease include unusual bat activity in winter and the appearance of dead bats outdoors as they succumb to the effects of WNS. "We are encouraging the public to report dead bats or any sightings of winter bat activity to the KCBP toll-free phone number, website, or email below. Bat carcasses will be submitted for testing for white-nose syndrome and would



A Silver-haired Bat hibernates in a woodshed in Victoria. Photo – Habitat Acquisition Trust

continued on page 15

In December 2016 my neighbor and friend Vi Cockell passed away. Vi was the original submitter for Helpful Hints. In her honor I continued writing the Helpful Hints article for the Trivillage Buzz. With reservations I have decided to retire my position as the Helpful Hint contributor. *This will be my final Helpful Hints.*

## Helpful Hints



By Sherry Shields  
In Memory of Vi Cockell

### Ashes

#### 1. Amend Your Soil

If you have acidic soil, you can amend it with wood ash to raise its pH. Because wood ash is about 70 percent calcium carbonate, it will do the same thing lime does, but even more quickly because its particle size is so much smaller.

#### 2. Clean Up Stains on the Driveway

You can remove oil stains from your asphalt or concrete driveway with ashes from your fireplace. Sprinkle the ashes on top of a stain, let them sit for several hours to absorb the oil, then sweep it all away with a broom.

#### 3. Polish Metal

Wood ash is a mild abrasive, so if you mix it with a little water to make a paste, you can polish up silver and other metals.

#### 4. Remove Skunk Stink

If your pet has ever had a run-in with a skunk, you know how hard it is to get rid of the stench! Because fireplace ashes absorb odors, you can use them to get your pet smelling better, faster. Just rub ashes into your pet's fur to absorb the smell.

#### 5. Clean Up Soot (I use on my glass stove door - works AMAZING)

In the same way that a wood-ash paste can remove tarnish, it can be used to removed soot from your fireplace doors. Simply mix ashes and a little water into a paste, then use it as a mild abrasive to get that glass shiny and clean again.

***"What we call the beginning is often the end. And to make an end is to make a beginning. The end is where we start from."***

***T.S. Eliot***

Will my end be someone's beginning? Do you have any hints you would like to share? I hope someone new will volunteer to take over this article.

Email: [trivillagebuzz@gmail.com](mailto:trivillagebuzz@gmail.com) Subject: Helpful Hint

***This is Helpful Hints from Sherry Shields in memory of VI Cockell signing off.***

For me personally, as editor of the Buzz, Sherry will be greatly missed. Always so faithful to send in her submission to Helpful Hints on time, all the time. Contributing wonderfully useful information every time. Thank you, Sherry, for your faithfulness. You will be missed. But as you've said - now an opportunity has presented itself for someone new to join our team.

*"Don't ever question the value of volunteers. Noah's Ark was built by volunteers; the Titanic was built by professionals."*

Dave Gynn

Do your little bit of good, wherever you are; it is those little bits of good put together that overwhelm the world.

*Volunteers do not necessarily have the time; they just have the heart.*



## TRI- VILLAGE BUZZ NEWS TEAM

### Editor

Lori Vandette  
250.417.1570  
trivillagebuzz@gmail.com

### Treasurer

Helen Kelly  
250.919.9490

### Invoice Coordinator

### Website Coordinator

Clay Tippet

### Article Submitters

Kathy McCauley  
Nowell Berg  
Linda Sundgaard  
Judy McPhee  
Sherry Shields  
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## ARMCHAIR TRAVELLER 2020

Join us for a show night out and visit with your friends and neighbours! Coffee and treats will be served.

All shows start at 7:30 at the Wasa Community Hall.

Your kind donations will be used to help support other community activities.

### March 5 YUKON HO! by Cliff and Avy Youngs

Enjoy the best shots and stories from several trips to the Land of the Midnight Sun

### March 12 ANTARCTICA by Percy Davis

Percy Davis has travelled the world and presented multiple travelogues. Antarctica is one of his favourite places.

### March 19 IRAN by Alex and Heather Jensen



The Jensens are back to tell us about their recent trip to the "most dangerous place in the world". But it was also their most interesting travel to date!

## Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or have plans for Surgery?  
The Lions may be able to assist with a 3-month loan of Medical Equipment. For loan information or equipment donations to the Cupboard

Contact: Sharon 250.422.3227  
or Val 250.422.3499



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## Wasa & District Historical Assoc. & Memorial Garden Group

submitted by Sherry Shields



**2019 Columbarium Niche & Plaque Costs**  
**UNIT 1 Columbarium**  
 Upper levels - \$1000.00 + engraving  
 Bottom Row - \$900.00 + engraving  
**UNIT 2 Columbarium (new)**  
 Niche cost - \$1100.00 + engraving  
 Niche Engraving - \$275.00  
 Memorial Plaque - \$300.00  
**Contact:** Pat Walkey  
 250-422-3530 or pwalkey@shaw.ca

### KOOTENAY RIPPLES

History of Wasa / TaTa Creek / Skookumchuk

There are a few books still available for sale @ \$50 each

Contact Pat Walkey @ 250 422-3530 or pwalkey@shaw.ca

'What's wrong with Murphy?' asked Father Green. 'I don't know, Father. Yesterday he swallowed a spoon and he hasn't stirred since,' said Mrs Murphy.

Many of you have a story, adventure or life stories about people you know in our area that happened in years past and you are eager to share so that the history is not lost. I would like to include them in the "Following the Trails of Yesterday" page. Please phone me if you would like to contribute to the column at 250-422-3766 or email me at -- judymcphee9@gmail.com--



## HAY FOR SALE

Please call Mike to make arrangements

250.420.1660



**LANTZ FARM**

### Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- ☐ All users are required to wear "gym shoes" - no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!



For Gym Schedule Please Contact:

- Sonia Blackwell at 250.421.3019 or
- Rod at 250.422.3253



We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.

**GYM HOURS AND INFO**



The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is have a Community Hall that is viable for events and recreation of the community. Through fund raising, volunteering and rentals we are able to have an economical community hall for our community. The Recreation Society meets the last Tuesday of each month at 7:00 in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- Hall Rentals and Information:  
Karen Markus 250.422.3514  
Bonnie Meena 250.422.3795
- Gym-Sonia Blackwell  
250.421.3019, Rod  
250.422.3253
- TOPS - Susan 778.524.0012
  - Library-Judy McPhee  
250.422.3766
- Quilter's Club - Linda Sungaard  
778.524.4456
- In addition, BINGO's are held the **2<sup>nd</sup> Tuesday of the month** - 6 months of the year, at the Wasa Hall. See details in the calendar. Early bird starts at 6:30 p.m. and regular at 6:45 p.m.
- And TKC coffee is held the **2<sup>nd</sup> Wednesday** of each month



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## Wasa Community Church

### What does the word 'Christian' mean?



I'm thinking of the word 'Christian' and its origins, along with what it means to be a Christian, and I think a good place to start is with what the Greek word actually means. Historically, the first place people were called Christians was in Antioch, an ancient Greek city in modern day Antakya, Turkey. Acts 11:36 plainly says, "... in Antioch the disciples were first called Christians." If you look at that word in its original Greek form, it's 'Christianous,' which means followers of Christ. Since 'disciple' basically means a follower of someone, at that moment in time, they started being called a more specific name, letting people know that they follow Christ Jesus. Although many people adopt the term 'Christian' to describe themselves, whether by family relation, religious affiliation or for other reasons, the term, in its truest sense, is defined by those who follow the ways of Jesus Christ, which are taught in the Bible. However, one can dig a little deeper into the word.

You can't have the word 'Christian' without the word 'Christ,' a name that means exactly the same thing as 'Messiah.' The One anointed to save Israel, His chosen people. One of the main disciples of Jesus, Peter, said to Him, "You are the Christ, the Son of the living God" (Matthew 16:16b). Two verses later, Jesus declared Peter as the rock on which He will build His church, which will (and still does) consist of all Christians worldwide, and be recognized as the chosen people that He came to save. Therefore, if a Christian is a disciple of Jesus, a Christian would share that conviction with the foundational disciple of Jesus, Peter: That Jesus is the Son of the living God and that He is the Christ, the One who came to save His chosen people (which was originally Israel, but now includes Christians of all nations). A Christian is someone who believes that Jesus is the Christ, the Saviour. He became human, living a perfect life (unlike anyone else – all of us others are guilty of sin) and died on the cross to pay for the sin we've committed. Then afterward, on the third day, He rose from the dead. If anyone acknowledges they are a sinner, and makes the decision to turn from sin and follow Jesus, believing that He is the Christ, the Saviour who died for them and rose again to save everyone from the punishment of being separated from Him and His goodness forever, they are allowed into heaven. To be a Christian means to be a follower of Christ Jesus, and to be a follower of Christ Jesus means to believe that Jesus is the Christ. Otherwise, why the word 'Christian?' Why not the word 'Jesusian?' To the Christian, Jesus is the Saviour, and what a Saviour He is! Giving up His sinless life to save sinful lives.

- Pastor Jon Malpass, Wasa Community Church  
(services Sunday @ 10:30am), (250) 464-4419



## The Lions Den

**Wasa and District Lions Club - Serving Wasa and Area since 1976**  
submitted by Terry Marvel

Well, we now have another octogenarian in our club. Laurie Kay was the object of a bit of a celebration at our February social meeting. He was presented with an ice cream cake decorated appropriately along with champagne. Our Lion's club would not be what it is without his tireless searching for grants from every available source.

The meeting also saw another new member join our ranks. Welcome Toni!

It is a rather slow period for the Lion's this time of year, but that does not mean that we are idle! We are always looking for ways to better serve our community. We are excited about our Lion's Garage Sale which will be held May 16th instead of the Father's Day weekend. We also plan to have a larger presence at the annual Wasa Lake Triathlon this year. We will be much more involved with the function than simply parking of cars. It will take most of our members as well as any community members that we can get to make the weekend a success. Wish us luck!

As spring us just around the corner, here's hoping you coped with the winter well. Bring on the robins! And as always, we continue to look for new members and local volunteers to help with our projects. Contact any Lion's member for information

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### Changes to Wasa Recreation Society Tuesday Monthly Bingo.

At the January monthly meeting of the Wasa Recreation Society it was decided to only have 6 monthly bingos a year. As profits, attendance and volunteers have declined in the past two years we felt it was not in the best interest of the hall financially to carry out monthly bingos 12 months of the year.

Bingos will now be held, still the 2nd Tuesday of these designated months: May, June, July, August, September and December.

Please mark your calendars and support the hall during these months. Bingos will begin at the same time: 6:30 Early Bird, 6:45 Regular Bingo.

**2020 bingo dates will be May 12, June 9, July 14, August 11, September 8 and December 8.**

*What's Irish and comes out during March?*

*Paddy O'Furniture*

*What do you get when you cross poison ivy with a four leaf clover?*

*A rash of good luck*

*Why do leprechauns wear shamrocks?*

*Real rocks are too heavy!*

### Correction to February Wasa Winter Festival article.

The Bannock is a tribute to Sherry Shield's dad, Pete Vereshagen. Sherry (Vereshagen) Shields, along with family members and Lions volunteers, make the bannock. Sherry's mom @ 86 still comes down each year and mixes up the dough. The Vereshagen family enjoys making the bannock each year and seeing how their tasty treats are appreciated.





# WASA COMMUNITY LIBRARY



Open Tuesday 11:00 am to 1:00 pm or by appointment (call Marg Burrin @ 250.422.3565 or Rose Smith @ 250.422.3088)

submitted by Judy McPhee

LIFE IS LIKE RIDING A BICYCLE. TO KEEP YOUR BALANCE, YOU MUST KEEP MOVING

-Albert Einstein

In life it is best to keep moving and keep reading.

As spring approaches and the days are lighter, we are outside more. There is still lots of time to read a few more books before gardening season.

This month I have a variety of books to recommend.

**I MARRIED THE KLONDIKE** by Laura B. Berton

Many of you have read her son, Pierre Burton's books. Laura writes of life in Dawson City, B.C. during her 25 years there from 1907-1932.

Who would believe they had lavish parties most every week in residents and community venues. There were Canadians from many different provinces as well as people from every state in the union and many countries. Despite the drabness of the buildings, homes and cabins it was a very social town and full of character. Entertainment was plentiful with a fancy dance hall, a government house where many parties were held, visiting back and forth between homes and bars in the hotels. There were rousing political meetings. Winter activities included sleighing, snowshoeing and skating, in temperatures which went down to minus 51 degrees.

A wonderfully entertaining book full of surprises about life in Dawson City.

**DRIFTWOOD VALLEY.** by Theodora C. Stanwell-Fletcher

Continuing with books about life living up north, this book is a three year journal, 1937-39 and 1941 in the wilderness of Northern Central B.C. Theodora and her husband J. went by horseback from Hazelton B.C., erected a cabin on Lake Tetana and studied the life of the wild animals and the flora as they passed through the four seasons of each year.



**ALFRED HITCHCOCK-- A BRIEF DARKNESS**

For Alfred Hitchcock fans, this book includes 28 short stories to 'while away' 28 nights!

**INDIAN CAPTIVE** by Lois Lenski

A story based on the capture of a young girl, Mary Jemison in 1758 in Pennsylvania by the Seneca tribe of the Iroquois. She lived most of her life with them in what is now the State of NY. At the age of 80, she recounted her memories to James Severn, MD and it was first published in 1824. In a rewrite of previous books, Lois Lenski did intensive research in the writing of this amazing story. This story only deals with Mary's childhood.

Two books of short stories:

**THE WORLD'S 50 BEST SHORT NOVELS- VOL.2**  
**SIX GREAT MODERN SHORT NOVELS**

These two books are for those who like good stories and have limited time to relax with a book.

For those of us who are aging, a new book has just been recommended to me. Hopefully it is available at a bookstore or perhaps in town at the library.

**SUCCESSFUL AGING**--a Neuroscientist Explores the Power and Potential of Our Lives--by Daniel J. Levitin

Do come and visit the library any Tuesday morning---- 11-1 pm.

**FOR CHILDREN:** We have a number of Shel Silverstein books as well as an excellent selection of children and teen books.

In life it is best to keep moving and keep reading!

*Life is like making tea! Boil your ego -  
evaporate your worries - dilute your sorrows -  
filter your mistakes -  
and get a taste of happiness....*



## Words of Wisdom



### Destroying the weight of your past - the true poison of your life, part 4

There is a True Self, an independent "YOU" always present behind your mind, thoughts and emotions, who is the only One able to experience reality in a peaceful and harmonious way. The closer you get to your ultimate inner state, the freer and happier you become, no matter the circumstances of life. So, we continue here with some practical knowledge to help you experience a life free from the despotic thought process and negative past impressions called "Samskaras" or emotions.

Thinking is not at all being. It is only an identification with what has been learned in the past. Thinking is superimposing your past upon the present reality with an emotional point of view. This way of living in your mind constantly deforms the serenity of the facts and our unity with life as a whole.

The state of pure lucidity, harmony and oneness with the objective reality is called "Sattva", meaning balance or equilibrium. It is the ability to see the facts as they are without any emotional perturbation. It is total adhesion to the facts in which there are no reactions of denial or rejection. What is, "is", that's it! Emotions are the polar opposite of "Sattva" since emotions constantly prolong life in the alternation between pleasure and pain, agreeable and disagreeable, duality and unity, through what you like and want and what you dislike and refuse. Through emotions, life is experienced as duality in the form of "me", "I" and "mine" versus all which is not me, I or mine. Emotions keep us imprisoned in our tiny

personal world composed of very egoistic and limited conceptions, opinions and certitudes which alienate us in the hope that the world should correspond to our world.

When the world corresponds to your world, you feel happy and secure. But when the world does not correspond to yours, you feel unhappy, frustrated and afraid. If your car starts right away when you turn the ignition key, you naturally find it normal because it corresponds to your expectation. If, on the contrary, your car doesn't start, then, through your emotions, you immediately feel that the whole process is working against you, against what you expected. In the former example, your reaction of contentment when your car starts normally comes from old past impressions in which everything went smoothly as planned and then, it should continue like that. The latter example, in which you have the feeling of being unjustly treated because of your malfunctioning car, also comes from your past in which so many things went wrong that you absolutely don't want to happen again.

With emotions, everything is always pleasant or unpleasant, happy or unhappy, with you or against you. When the outcome of a situation happens according to what you expect, you are happy. But you simultaneously feel that behind even a glimpse of happiness exists the possibility of its opposite which can thwart your plans at any moment. Every emotion possesses its opposite. For any agreeable emotion exists a disagreeable one. Even when you are experiencing a pleasant emotion, at the same time, the unconscious strength of its opposite coexists. So, you strive your entire life to obtain pleasant

emotions and avoid unpleasant emotions at all cost. Pleasant emotions are those that fulfill your desires. Unpleasant emotions are those that thwart your desires. In the world of emotion, there is no place for Sattva, the natural inner harmonious state composed of calm, peace, joy and balance. In the world of emotion, there is no place for "being"... there is no "you", the true "you", the free "you", as the sense of pure being disappears immediately... you disappear completely, swallowed and digested by your emotions, until you become entirely ignorant of yourself. In the world of emotion, there is only room for the "doing"; doing something, no matter what it is... anything to get more pleasant emotions and avoid emotions of suffering at all cost. This is why, to achieve Self-Realization, it is so capital to eliminate all emotions until not even one single root of them is left.

In our next article, we will take this further and discuss the way to replace emotions with sentiments in order to be at peace with the vagaries of life.

May all that is good and harmonious be always with you.

With Love and Blessings.

Om, Om, Om

**H. H. Gurudev Hamsah Nandatha**  
**Adi Vajra Shambhaslem Ashram**

**The Venerable Gurudev Hamsah Nandatha has withdrawn from regular public teachings to intensify his prayers and meditations for the world. However, you can be notified of occasional lectures by requesting to be added to our emailing list. Visits of the Ashram are by appointment only.**

**For more information, please contact the Ashram at [ashram@adivajra.ca](mailto:ashram@adivajra.ca) or (250) 422-9327.**

## VOLUNTEER OPPORTUNITIES WITHIN THE COMMUNITY

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that! Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out.

- Wasa & District Lions Club
- TriVillage Buzz Newsletter
- Wasa Recreational Society
- Bingo
- Wasa Lake Land Improvement
- Armchair Traveller
- Wasa & District Historical Association & Memorial Garden Group
- Wasa Community Library
- Tri-Village Kids Club
- Wasa Gym
- Wasa Pancake Breakfast

are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

**"Volunteering is a work of heart"**

## Wasa TOPS

Friday mornings downstairs

Wasa Community Hall

Weigh-in 8:30 - 9:00 am

Meeting 9 - 10 am

Everyone welcome - Contacts:

Susan 778-524-0012

or Irene 250-422-3686



**TAKE OFF POUNDS  
SENSIBLY**

## Welcome Neighbors & Visitors



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**Winter: Contact store for hours**

**[www.wasagasandfood.com](http://www.wasagasandfood.com)**



## WLLID Testing Well

### Damaged

(submitted by WLLID)

The WLLID found out, on 17 February, that a water well used for gauging the lake level was severely damaged sometime in the last six weeks.



The well, located at the north end of Ponderosa Road, was struck with great force from the lake-side foreshore and bent over at a considerable angle.

Damage to the pipe is extensive. WLLID is examining repair options.

Whoever struck the well-casing will have extensive damage to their vehicle.

Anyone who knows something about this event should contact the WLLID at [admin@wasalake.ca](mailto:admin@wasalake.ca).



Donate your pop cans & liquor bottles (no dairy please), to the Wasa & District Lions Club to help with their scholarship fund. Please call Val @ 250.422.3499 to make arrangements for drop off at the Lions Grounds



## Shepherd's Pie Potato Bowls

4 lrg russet potatoes (3 lbs)      1/4 cup whole milk  
 4 tblsp unsalted butter plus 1 tblsp melted butter  
 1/4 cup sour cream      Kosher salt & freshly ground blk pepper  
 1/4 cup chopped fresh chives      1 small carrot, chopped  
 12 ozs ground beef chuck      2 tblsp Worcestershire sauce  
 1 tblsp tomato paste      1 tsp fresh thyme leaves  
 1/3 cup frozen peas, thawed



Prick the potatoes all over with a fork and brush them with 1 tablespoon melted butter. Put on a microwave-safe plate and microwave, flipping halfway, until fork tender, about 20 minutes. (Alternately, bake in the oven at 400 degrees F on a baking sheet until cooked through and fork tender, about 1 hour.) Let cool slightly.

Cut a 1/4-inch-thick slice off the top of each potato. Carefully scoop out the flesh into a medium bowl and mash with the milk, sour cream, 2 tablespoons butter and 1 teaspoon salt using a fork or potato masher. Fold in the chives. Put the potato bowls on a baking sheet.

Preheat the oven to 400 degrees F. Meanwhile, melt 1 tablespoon butter in a large skillet over medium heat. Add the carrots and cook, stirring occasionally, until softened and lightly browned, 5 to 6 minutes. Add the beef and cook, breaking it up with a wooden spoon, until cooked through, about 4 minutes. Stir in the Worcestershire, tomato paste, thyme, 1/2 teaspoon salt and 1 cup water and bring to a boil, and then reduce heat and cook until the beef and carrots are coated in sauce with a little extra sitting on the bottom of the pan, about 1 minute. Stir in the peas until heated through, 1 to 2 minutes more.

Spoon the beef mixture into the potato bowls. Spoon or pipe the mashed potatoes on top of the beef mixture and bake until heated through and the potatoes brown on top, about 15 minutes. Cut the remaining tablespoon of butter into 4 slices and top each potato with one.

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It's not enough to notice  
the beautiful flowers  
as you walk past them.  
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for their soft petals,  
feel their essence,  
remember what it  
is to grow.



Christy Ann Martine

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Obituary of Laurie Elizabeth Frangos  
FRANGOS, Laurie Elizabeth (nee Green)

Ta Ta Creek, British Columbia

December 6, 1959 - January 2, 2020

***"Grief is the price we pay for love." - Queen Elizabeth II***



It is with broken hearts that the family announces the passing of Laurie Elizabeth Frangos in the early morning hours of January 2, 2020. After enduring a fall, Laurie succumbed to subsequent complications while wrapped in the arms of George, her partner and beloved husband of 36 years. Proud of her "army-brat" upbringing, Laurie was "made in Texas and born in Ottawa" after the family's return from their posting at Fort Sam Houston in San Antonio, Texas. Calling many cities home, Laurie would eventually meet her soul mate while attending Fanshawe College in London, Ontario. After graduating from the Travel and Tourism Program (1981), they would soon marry and migrate west to pursue their land of hope and dreams.

As a proud Canadian, following in the footsteps of family generations past, Laurie pursued a rewarding career as a public servant with the Government of Canada. Her bounty of politeness and charm left indelible prints on the special friendships she made and nurtured throughout life. This was also evident with the friendships forged while working at Veteran's Affairs Canada and the Canada Revenue Agency. Laurie was a sports enthusiast at heart who enjoyed watching and playing baseball, basketball, curling and golf. Garnering trophies in curling and golf, her last achievement included sharing first place honours in 2016 at the Annual Ta Ta Creek Golf Tournament in BC. And if Trivial Pursuit were a sport, the mantle would have grown a lot more crowded. Laurie also commanded a knowledge of geography second to none which complemented her passion for travel. Laurie and her sister Cathie were kindred spirits who, upon retirement a few years ago, spent much time together enjoying common interests and the Rocky Mountain scenery in the East Kootenays. She also enjoyed spending quality time with her sister-in-law, being the "sister" Marianne never had. Laurie's daily To-Do List was short and sweet: treat others with kindness, always say "Thank You", and spread as much love as possible to the animals that surround us.

The family wishes to express gratitude to the routine caregivers throughout her life (Dr. Ken Cody, Calgary, AB; Dr. Ryan Lunge & Dr. Remington, Kimberley, BC) as well as First Responders who honoured their duty on New Year's Eve morning and New Year's Day. Special thanks to Levi Leyenhorst (and his colleagues) of the High Acuity Response Team in Cranbrook, BC.

Laurie lived her life with grace, gentleness, fairness, integrity, and generosity of the heart. Those were the qualities instilled in her by her parents, LCol Edward "Ted" Green, MD (d: June 1990) and Elizabeth Green (d: May 2013) and witnessed by her father-in-law Philip Frangos (d: Feb 2007). It is also in those ways that she will be fondly remembered by: her sister Cathie White (Bryant) and niece Shannon Key; her mother-in-law Georgina Frangos; her brother-in-law John Frangos (Radmila), nephew Phil Frangos, niece Sonya Rizzo (Phil), grandniece Alexa Rizzo and grandnephew Chase Rizzo; her sister-in-law Marianne Hansen and niece Beth Hansen. There are numerous aunts, uncles, cousins, members of the extended family and friends throughout Canada and the US who were also touched by Laurie's grace.

A memorial service will be held in London, Ontario on March 15, 2020. If friends so desire, donations may be made to your local SPCA.

***"Life is a mixture of pain and love, matched only by the resilience of its visitors." - George Frangos***

## Kootenay Dirt Riders Crown Land License of Occupation.

There was as a referral sent to the RDEK board from Forest, Land, Natural Resource Operations and Rural Development (Recreation Officer) When the applicant spoke to the Board meeting January they had stated that they had talked to the residents within their applied area, so I then voted to support the application. I have now received many calls and emails where I have learned that there *had not been any* communication to the residents.

I asked the Board to rescind the Boards decision from January - I also listed many of the concerns that I had received.

The Board voted to not to rescind the previous months decision. The Board members that voted to rescind the motion were Stan Doehle Area B, Gerry Taft Invermere, Gerry Wilkie Area G and myself.

If you have concerns, ***please contact the Recreation Officer Lisa Cox*** at Front Counter Cranbrook BC 250-426-1766.

## Mosquito Control

The mosquito control tax will be staying the same amount this year as it has been. Presently I am trying to build a surplus so when we have high water years, we can continue the program longer.

I hope everyone has good month. If you have any concerns or questions please call me at 250-427-2577 or email me at [s.janewalter@gmail.com](mailto:s.janewalter@gmail.com).

Thanks  
Jane Walter



**Dale Gray**

Phone: 250.422.3638

Cell: 250.421.1746

email: [dale58@shaw.ca](mailto:dale58@shaw.ca)

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## *News from the Wasa Quilter's Block #2*

It is March now and we are busy getting ready to sew our Charity Quilt, Chugach Pines by Bear Paw Productions. Every year we try to donate a quilt to a charity of our choice for our Community or in our area. This year the Wasa Recreation Society was selected - we really want the hall to continue operating.

A tip and trick we want to share this month is a way to tell your fabric apart from lights, mediums and darks. Today this method can apply to quilting and decorating with fabrics in your home, take a cell phone or camera, lay out your fabrics in the order you think they appear from light to dark then take a picture, go to your editing and select B&W, (on iPhone it is the second icon from the right) pick B&W - slide the bar in the grayscale, you can then see the different shades of your fabric right away. Is this clear as mud!!! This tip can help you pick out your fabric when you are shopping for a quilt or decorating your house, pillows, walls, bed covers anything you want to coordinate.



This month our members are working on the Charity Quilt plus individuals are working on the The Canadian Quilts challenge 52 Blocks in 52 Weeks, and a border quilt that was selected by the group. Other projects being created are an applique wall hanging and baby quilts, a Log Cabin quilt, plus a mystery quilt and some paper piecing; this is just a taste of the creativity of our group.

Various members are also participating in these upcoming events: baking for the bingo in April

- a quilt show at the United Church in Cranbrook, April 7-9
- Quilt Retreats in, Bull River, Osoyoss, Sylvan Lake, Alberta
- and then we have Birthdays - a member makes a cake for that special quilter.

May 2nd brings the East Kootenay Quilt Conference, hosted by Cranbrook.

June is the Canadian Quilters Conference in Edmonton. Busy, Busy, Busy - it is tough managing time to create that special quilt for your family and friends but the ideas keep on flowing.

For any further information or questions you can contact:

Judy Peterson - 250 427-5585

Gayle Andrews - 250 422-3095



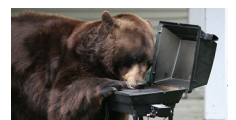
### **Bear with us - Spring Brings Them Back**

We may soon see our favourite bruins wandering our yards again. And for the first couple of weeks, they will be in a confused state. Torpor — the state of reduced bodily activity that occurs during hibernation — is not restful. By the time they emerge, hibernating animals are often sleep-deprived: Most expend huge bursts of energy to arouse themselves occasionally in the winter so their body temperatures don't dip too low. This back-and-forth is exhausting, and hibernators do it with little to no food and water. By winter's end, some have shed more than half their body weight. When they eventually emerge, many times they want a quick, easy meal, opting for plants, berries and insects. If there is not enough to eat they may go looking for sustenance elsewhere that includes where people live. What can we do to keep both them and us safe?

- Do not leave pet food outside
- Clean up around your bird feeders
- Spray garbage areas with disinfectants regularly to reduce odors that attract bears

Lock up garbage cans & dumpsters

Keep your barbecues clean



<https://www.gardeningknowhow.com/plant-problems/pests/animals/bear-control.htm>

<https://www.krem.com/article/news/bears-come-out-of-hibernation-hungry-and-in-search-of-food/438672173>

<https://www.nytimes.com/2017/03/24/science/hibernation-spring-bears-bees-bats-arctic-squirrels.html>





# **FOLLOWING THE TRAILS OF**

*Yesterday*

submitted by Judy McPhee

## **POETRY WITH A MESSAGE**

submitted by Judy McPhee

During the 1910's to the 1950's many members of my family learned to memorize poetry in school- often reciting them to me when I was younger. One March day, I arrived at my friends home (he was over 80) and out of the blue he remembered a poem he learned as a lad of 8 or 9. I rushed grandpa Gienow into his home after his recitation to write it down. The next day he could not remember a word. Since then I have loved poems with a MESSAGE.

I pass on a few of my favourite 'best loved poems.'

### **GRANDMOTHERS OLD ARMCHAIR**

*Unknown*

MY GRANDMOTHER, she, at the age of eighty-three,  
One day in May was taken ill and died;  
And after she was dead the will of course was read  
By a lawyer as we all stood side by side.  
To my brother, it was found, she had left a  
hundred pound,  
The same unto my sister, I declare;  
But when it came to me the lawyer said, "I see  
She has left to you her old armchair."

Chorus:

How they tittered, how they chaffed,  
How my brother and sister laughed,  
When they heard the lawyer declare  
Granny'd only left to me her old armchair.

I thought it hardly fair, still I said I did not care,  
And in the evening took the chair away.  
My brother at me laughed, the lawyer at me chaffed,  
And said, "It will come useful, John, some day  
When you settle down in life,  
Find some girl to be your wife,  
You'll find it very handy, I declare;  
On a cold and frosty night,  
When the fire is burning bright,  
You can sit in your old armchair."

What the lawyer said was true,  
For in a year or two,  
Strange to say, I settled down in married life.  
I first a girl did court and then the ring I bought,  
Took her to the church, and then she was my wife.

Now the dear girl and me

Are happy as can be  
And when my work is over, I declare,  
I ne'er abroad would roam,  
But each night I'd stay at home,  
And be seated in my old armchair.

One night the chair fell down.  
When I picked it up I found  
The seat had fallen out upon the floor,  
And there before my eyes  
I saw to my surprise,  
A lot of notes, ten thousand pounds or more.  
When my brother heard of this,  
The poor fellow, I confess,  
Went nearly wild with rage and tore his hair.  
But I only laughed at him,  
And I said unto him: "Jim,  
Don't you wish you had the old armchair?"

No more they tittered, no more they chaffed,  
No more my brother and my sister laughed,  
When they heard the lawyer declare  
Granny'd only left to me her old armchair.



## **WANTED - Reports of dead bats and winter bat sightings** continued.....

provide the earliest indication of the presence of the disease in BC” says Isaac. Reports of winter bat activity will help focus research, monitoring and protection efforts.

While bats are generally hibernating out of sight this time of year, not every winter bat sighting signals disaster. Bats often hibernate by themselves in a woodpile or basement entryway. If possible, these sleeping bats should be left alone – keep your distance, snap a photo, and report to the KCBP. If you must move a bat, visit [www.bcbats.ca](http://www.bcbats.ca) for advice. Remember to never touch a bat with your bare hands.

Bats are also occasionally spotted flying on relatively warm winter days or evenings. Healthy bats may wake up to drink or even eat, if insects are active. Enjoy these sightings, and remember to let us know when and where winter bat activity was observed and weather conditions during that time.

If you find a dead bat, report it to the KCBP ([www.bcbats.ca](http://www.bcbats.ca), [kootenay@bcbats.ca](mailto:kootenay@bcbats.ca), or 1-855-922-2287 ext. 14) as soon as possible for further information. Never touch a dead bat with your bare hands. Please note that if you or your pet has been in direct contact with the bat you will need further information regarding the risk of rabies to you and your pet.

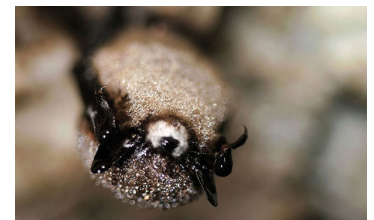
Currently there are no treatments for White-nose syndrome. However, mitigating other threats to bat populations and preserving and restoring bat habitat may provide bat populations with the resilience to rebound. This is where the KCBP and the general public can help. Funded by the Columbia Basin Trust, Habitat Conservation Trust Foundation, the Forest Enhancement Society of BC, the Province of BC, the Habitat Stewardship Program, and the Regional District of the East and Central Kootenays (via their respective local conservation funds), the KCBP works with the Kootenay residents and local governments on public outreach activities, public reports of roosting bats in buildings, the Annual BC Bat Count, and developing bat-friendly communities.

To contact the Kootenay Community Bat Project, see [www.bcbats.ca](http://www.bcbats.ca), email [kootenay@bcbats.ca](mailto:kootenay@bcbats.ca) or call 1-855-922-2287 ext. 14.

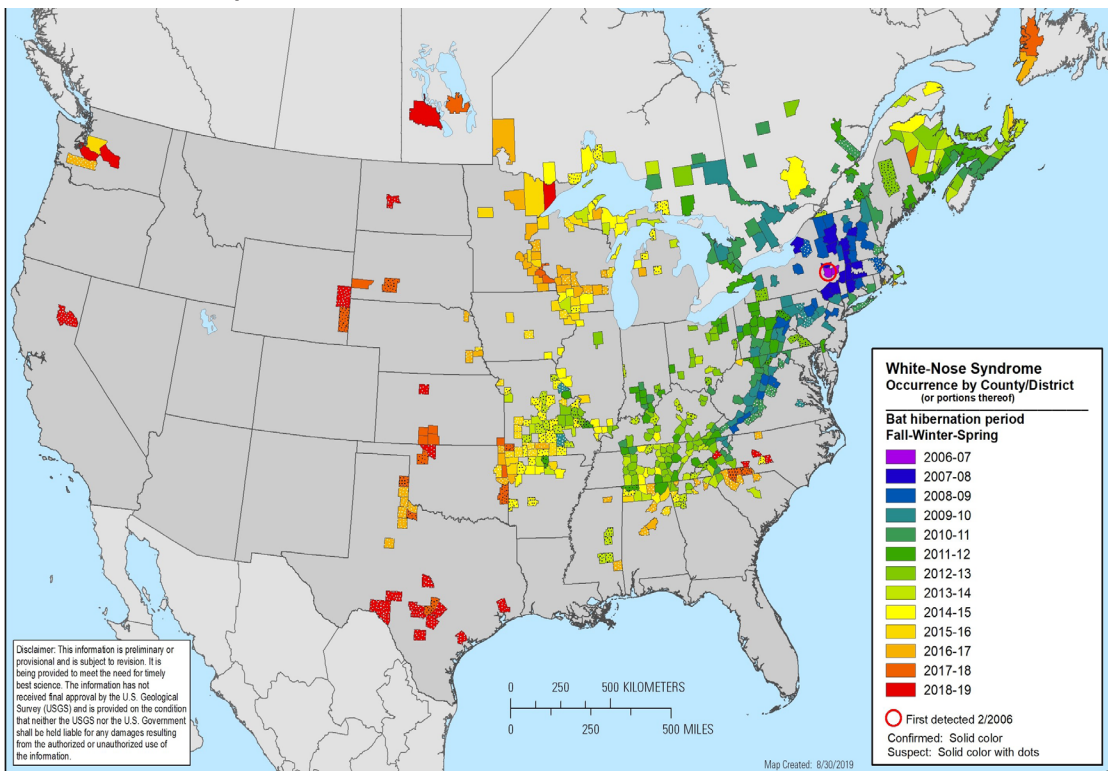


Contact: Leigh Anne Isaac,  
Coordinating Biologist, Kootenay Community Bat Project

250-919-1436  
[kootenay@bcbats.ca](mailto:kootenay@bcbats.ca)



Little Brown Myotis with WNS  
– photo by Alan Hicks, New York State Department of Environmental Conservation - A hibernating Little Brown Bat showing visible signs of the fungus.



Citation: White-nose syndrome occurrence map - by year (2019). Data Last Updated: 8/30/2019. Available at: <https://www.whitenosesyndrome.org/static-nose/wms-spread-maps>

Map: White-nose syndrome occurrence map – by year (2020). Data last uploaded 8/30/2019. Available at <https://www.whitenosesyndrome.org/where-is-wns>



# Flanders Forge

by Nowell Berg (photos by NBerg)



He received his first knife at 11-years old, a Christmas present. After a lot of practice using it while fishing, his skill with the blade became accurate and nimble. It would become part of his life.

Troy Flanders, who grew up on on Moan Road, started his path toward knife making by becoming a journeyman welder, now

27 years and counting. He was part of the very first grade-one class to attend school at Wasa (1977/78).

At one of his first jobs welding in Kelowna (1997), he brought a railway spike to work. "The old welder there said, you can make a knife out of that," recalled Troy. He looked around and found the tools he would need and made his first knife from that piece of rusted steel. "It doesn't make a very good knife, but that's where I got started."

In the beginning his knife making was a "hobby", but after 17 years steady welding he took the next step forward. "I said, I'm going into business."

And, he did. In 2016, he started the forge here at Wasa. "Its been going great." Since then he's not only welded but crafted "a couple hundred knives."

With a fully equipment welding shop and forge, Troy welds on a range of projects and sharpens whatever blade you have, but custom design and crafting knives is what he's enthused about. "Its really good, I really enjoy it."

Blades are forged from high carbon steel, at 1500 degrees F. Troy pounds the white hot metal into shape using a 1914 power hammer called the Little Giant. A great piece of working industrial machinery. Once the blade shape and size is done, then begins the meticulous sharpening. Troy finishes it to your exact specifications. He crafts several blade styles, including Damascus, mirror finish and forged look.



Handles are made from wood, antler, leather, micarta composite linen and G-10 fiberglass. Very durable, stylish and a natural fit with the owners grasp.

The largest knife he's crafted had a 12 inch blade. Add in the handle and it totaled 17 inches. "It was a lot of work."

How long does it take to make a knife? "Depending on the handle material, size of the blade, size of the knife, if its going to be etched or engraved, personalized with peoples name. It can be 20 to 40 hours per knife." Currently, the wait list for a knife is "6 months max". He's got three (3) knives on the go, with another five (5) on the wait list.



His future plan is to look at teaching the craft of knife making. He's had a few inquires, but needs to look at how that would work with the business.

You can check out Troy's craftsmanship and see great photos on the website, <https://www.flandersforge.com/> or Facebook @flandersforgecanada.

A custom order form is on the website. Fill it out, sending along a \$50 eTransfer and your on the list to receive a custom designed handcrafted personalized knife and leather case.

Troy found his creative passion when he discovered knife making and the deft handling of the sharp blade. Beware, his knives are keen razors. I've still got bandages on my fingers.





Presentations begin at **7:30 p.m.**  
at the Wasa Community Hall

**Feb 27 SAFARI IN TANZANIA** by John Przeczek  
Surviving boat troubles in croc and hippo infested waters

**March 5 YUKON HO!** by Cliff and Avy Youngs  
Enjoy the best shots and stories from several trips to the Land of the Midnight Sun

**March 12 ANTARCTICA** by Percy Davis  
Percy Davis has travelled the world and presented multiple travelogues. Antarctica is one of his favourite places.

**March 19 IRAN** by Alex and Heather Jensen  
The Jensens are back to tell us about their recent trip to the "most dangerous place in the world". But it was also their most interesting travel to date!

Please come out to enjoy the show and visit with friends and neighbours.

Admission by Donation  
(all proceeds go back into the community)

**Spring Cleaning  
is in the air!**



**Gently Used**

items accepted for the  
**Wasa Lions Garage Sale**  
**New Date May 16/2020**

Contact

Val 250 422-3499

Sharon 250 417-7654

Gail 250 422-3539

No clothing please

**The BUZZ needs you!**

We are looking for volunteers! How would you like to try your hand at submitting one of the following? Fun page, History Bytes (or similar), Articles of interest. Email: [trivillagebuzz@gmail.com](mailto:trivillagebuzz@gmail.com) or call Lori @ 250.417.1570

### **Wasa Recreation Annual General Meeting**

The Wasa Recreation will hold its Annual General Meeting Tuesday, March 31, 2020 at 7:00 pm in the meeting room at the Wasa Community Hall.

Elections for our Executive will take place. Positions open this year are:

Treasurer, Bingo Coordinator and Bingo Concession Coordinator.

The Wasa Recreation Society is always in need of volunteers for our bingo nights.

## Garden Facts & Fables

Wow, I can't believe spring is actually around the corner! Sometimes through the winter, we wonder if it will ever arrive. And now its time to get busy planning out what will be planted where. What will be started early, (if you have a greenhouse). I would really love to hear from other gardeners in the area - what do you love to plant? Is there something new you want to try this year? Where do you buy your seeds? Bulbs? Plants? Talk to me!

March is Here

Lenore Heirick

When the bare gray boughs creak and bend,  
when the tall trees toss like wild

When there is a roaring around the  
chimney, that frightens every small child

When the clouds in the sky rush swiftly  
past in shapes that you would fear

Then there cannot be the slightest doubt  
March, wild March is here!

### Attract Mason Bees:

Few strategies for keeping our environment healthy are as interesting, simple and fun as raising mason bees, tiny insects that are gaining popularity with gardeners and farmers alike. What's more, encouraging wild mason bees to your slice of earth – no matter how small or urban – could help counter negative effects of declining honey bee colonies. Some experts even believe that continuing to build up wild bee populations, and managing them to work more extensively as orchard or field pollinators, could be an important step in ensuring that some of our most nutritious foods, like almonds, melons, and blueberries, continue to be readily available, high in quality, and affordable.

So, what is a mason bee? And how is it different than the European honey bee, known and loved by all for putting honey on our biscuits? For starters, mason bees don't make honey. But they do pack a punch with their pollination skills, making it possible for plants to set seed and reproduce, for fruit trees and berry canes to increase their yield, and for flower landscapes to burst with color. They are extraordinary pollinators – just 250-300 females can pollinate an entire acre of apples or cherries – and are often touted as being more efficient than honey bees. Of the roughly 150 mason bee types in North America, most are native. Also, many types of mason bees occur naturally over wide geographic regions, so it's possible you have some flitting about your backyard already. With a few supplies and some knowledge in hand, you could easily start propagating your own population of these native pollinators.

by Judy Beaudette <https://www.ecolandscaping.org/>

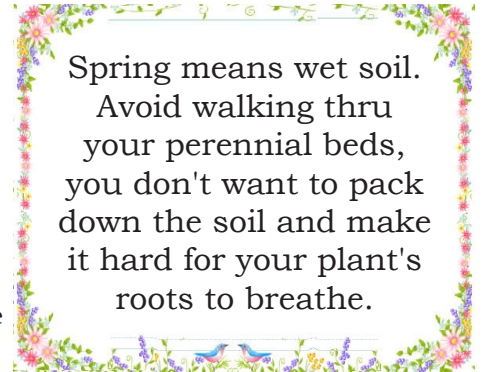
What's in a  
name?

That which we  
call a rose, by  
any other name  
would smell as  
sweet.

Shakespeare



Spring means wet soil.  
Avoid walking thru  
your perennial beds,  
you don't want to pack  
down the soil and make  
it hard for your plant's  
roots to breathe.



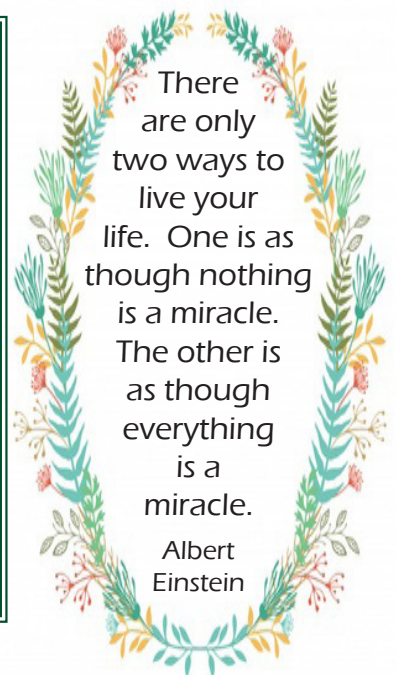
And speaking of names;  
have you noticed how any  
one plant can be known by  
numerous different names?

For example - bachelor's  
button. Also known as  
*cornflower*, *bluebottle*,  
*boutonniere* or *hurtsickle*,  
the scientific name of  
the Bachelor's Button is  
*Centaurea cyanus*

And that is why a lot of  
gardeners refer to their  
garden plants by their latin  
names, especially if they are  
selling or trading seeds.

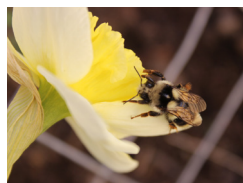
There  
are only  
two ways to  
live your  
life. One is as  
though nothing  
is a miracle.  
The other is  
as though  
everything  
is a  
miracle.

Albert  
Einstein

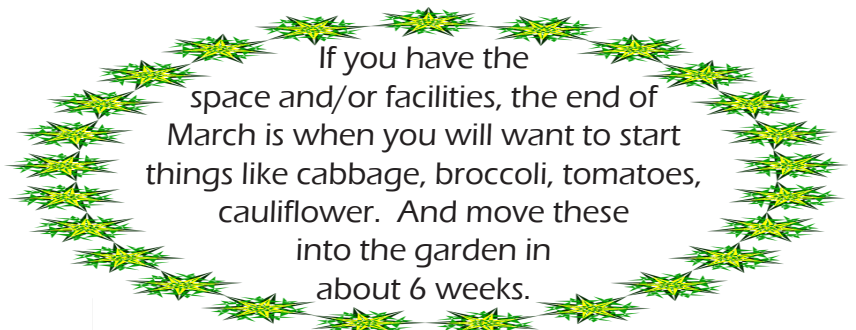


### Lent Lily

One of the flowers most associated with March is the narcissus (wild daffodil). Named after the boy in Greek mythology, who was changed into a flower. Narcissus is also known as Lent Lily because it blooms in early spring and the blooms usually drop before Easter. It is the main daffodil species of Britain



If you have the  
space and/or facilities, the end of  
March is when you will want to start  
things like cabbage, broccoli, tomatoes,  
cauliflower. And move these  
into the garden in  
about 6 weeks.





	7			3			1	
1	3	9		8	2		6	
6							8	
7		2						1
			9		4			
8						9		6
	8							5
	5		1	4		2	9	7
	1			9			3	

## Scrambled St. Patrick's Day



How many of these St. Patrick's Day words and phrases can you unscramble?

1. ahMcir \_\_\_\_\_
2. dogo kucl \_\_\_\_\_
3. oabniw \_\_\_\_\_
4. enrge \_\_\_\_\_
5. cmhrakos \_\_\_\_\_
6. pto fo dglo \_\_\_\_\_
7. evlorc \_\_\_\_\_
8. rpha \_\_\_\_\_
9. leardnl \_\_\_\_\_
10. camgi \_\_\_\_\_
11. rogaen \_\_\_\_\_
12. iswh \_\_\_\_\_
13. eadcn \_\_\_\_\_
14. aumclpeeh \_\_\_\_\_
15. gpmni \_\_\_\_\_
16. tasni \_\_\_\_\_
17. igj \_\_\_\_\_
18. cramh \_\_\_\_\_
19. aapedr \_\_\_\_\_
20. reBnaly otnSe \_\_\_\_\_



How many words did you unscramble?

1 - 5 words - Lucky the Leprechaun outsmarted you!  
 6 - 10 words - You're a chip off the old Blarney Stone!  
 11 - 15 words - You're clever as a leprechaun!  
 16 - 19 words - You've won a four-leaf clover!  
 20 words - You win all the gold at the end of the rainbow!

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## St. Patrick's Day Word Search

Search for the words hidden up, down, left and right.



M J P X N H T N P W S X X K Z Q S  
 G F V U U K T F S H W I N H I A I  
 U N J N H R X H X R P H F K G D I  
 E X I U J H D N A L E R I W H O M  
 D P G F B K K G V B W A L U C K J  
 U Q B N F Y L H I X S E B S F Q Y  
 B A T W Z T F U V D H B M I E Q R  
 L N P I P S S M X C A W X L A I I  
 I P O L M M Z J K H Q Q X D N N A  
 N M T U B P X B H H R N Y D Z W F  
 W N A V Y W E G C C X F Y Z C R N  
 Q T T U K T H J R D D S G R E E N  
 J Q O T R C A L A U F V D H S B I  
 P C Z C P I M P M T E N A W E T S  
 J K C O R M A H S C L O V E R P I  
 D O V O T E U N U A H C E R P E L  
 P U M K V Y U D M W R F U O M Z M

CLOVER

GREEN

LEPRECHAUN

POTATO

DUBLIN

IRELAND

LUCK

SHAMROCK

FAIRY

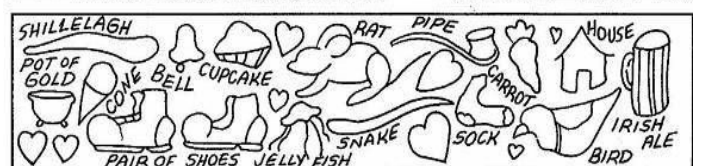
JIG

MARCH

STEW



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# March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>  Dr. Seuss Day	<b>3</b> Quilters 10-4	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b> Church 10:30 a.m.	<b>9</b> 	<b>10</b>	<b>11</b>  Coffee & Play	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b> Church 10:30 a.m.	<b>16</b> 	<b>17</b>	<b>18</b>	<b>19</b>  Let's Laugh Day	<b>20</b>	<b>21</b>
<b>22</b> Church 10:30 a.m.	<b>23</b>	<b>24</b> 	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b> Church 10:30 a.m.	<b>30</b>  Take a Walk in the Park Day	<b>31</b> Wasa Rec Society AGM				

## LEGEND

Church Service 10:30 am  
Rec Society 7:00 pm  
Quilters 10 am - 4 pm  
Library Tuesdays 11 am - 1 pm  
TOPS Fri 8:30 am Weigh in & Mtg. 9 -10 am  
Armchair Traveller 7:30 pm



## Special Events and Days Down the Road

- March 5 - Armchair Traveller - Yukon
- March 12 - Armchair Traveller - Antarctica
- March 19 - Armchair Traveller - Iran
- March 31 - Wasa Rec Society AGM
- May 12 - Bingo, 6:30 p.m.
- June 9 - Bingo, 6:30 p.m.
- July 14 - Bingo, 6:30 p.m.
- August 11 - Bingo, 6:30 p.m.
- September 8 - Bingo, 6:30 p.m.
- December 8 - Bingo, 6:30 p.m.

## NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....	250.422.9327
BC Wildfire.....*5555....or.....	1.800.663.5555
Brunos Plumbing.....	250.342.5105
Catamount Contracting.....	250.422.3694
Conservation - Emergency.....	1.877.952.7277
Cranbrook/Kimberley Hospice.....	250.417.2020
Econobuilt.....	250.421.7813
<b>EMERGENCY.....</b>	<b>1.800.663.5555 (*5555)</b>
Hi Heat Insulating.....	250.422.3457
HD Railings.....	250.422.3457
Kootenay Kwik Print.....	250.489.4213
Kootenay Monument Installations.....	422.3414
Lantz Farm (Hay).....	250.420.1660
Rascal Dock Systems.....	250.421.1746
TOPS.....	778.524.0012....422.3686
Wasa Hall.....	250.422.3514.....422.3795
Wasa Hardware & Building Ctr....	250.422.3123
Wasa Lake Gas & Food.....	250.422.9271
Wasa Lions Med Eqp...250.422.3227..	422.3499
Wasa Lions Trail Donations.....	250.422.3773
Wasa Memorial Garden (Pat Walkey)..	422.3530
Wasa Post Office.....	250.422.3122