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# Tri-Village Buzz



March 2015 Issue 177

VISIT: [WWW.WASALAKE.COM / BUZZ](http://WWW.WASALAKE.COM/BUZZ)

## Fire Safety

**... the time to think about it is *NOW!***

*Now is the time to start thinking about Fire Safety in and around your home and in the community. We in the Tri-Village area are especially vulnerable as **WE HAVE NO FIRE PROTECTION!!***

*Over the next few months the Tri-Village Buzz will be focusing on Fire Safety and providing tips on what you can do to protect yourself and your property.*

### The Rural Reality

Wildland forest fires are capable of spreading at an astonishing rate. Crowning forest fires often spread at up to 5.5 km per hour, with spotting as far as 2 km ahead. Wind blown grass fires can spread up to 8.5 km per hour.

In BC, an average of 48% of all wildfires are caused by human activity. Wildfire is also a natural phenomenon. Nearly 54% of BC's wildfires are caused by lightning strikes. Over the last several centuries, large areas of BC have been burned over repeatedly.

Over the last 10 years, on average over 2,500 wildfires were started in BC each year consuming over 25,000 ha of forested land annually. Thousands of families were recently evacuated from their communities and hundreds of homes destroyed.

Wasa and area is near a forested region and sooner or later we will have to contend with the spread of a

wildfire. The best protection against loss, damage or injury due to wildfire is prevention.

Properly preparing your home and community doesn't guarantee that you will not incur fire damage, but it does reduce the risks.

### Any kind of vegetation is combustible.

Mature trees, shrubs, grass, even your woodpile are all potential fuels and can easily ignite (increasing the chance of building ignition and loss.) Managing the space around your house and buildings is of prime importance.

### Do you have a cleared zone around your house and buildings?

The first 10 metres of space around your home is your **"First Priority"**. It's the most critical area to consider for fire protection. A good fuel free space gives a chance to save your home from advancing fire.

#### What to do?

Remove any shrubs, trees, deadfall or woodpiles from this area and keep your grass mowed and watered.

### Your Second Priority zone

From 10 to 30 metres out from your home is the second priority zone. In this zone, you need to reduce fuels by thinning and pruning so that combustion cannot be supported.

#### What to do?

Remove trees and debris that can spread fire upwards to become a

fast spreading crown fire. Space trees so that the crowns of individual trees are 3-6 metres apart.

Remove or reduce the number of evergreen trees in the area. Evergreens such as pine and spruce are much more combustible than deciduous trees. Aspen, poplar and birch all have very low flammability rates.

### Third Priority Zone

The third priority zone begins 30 metres from any structure and extends to a distance of 100 metres and beyond. The idea here is not to remove all combustible fuels from the forest, but to thin the area so fires will be of low intensity and more easily extinguished.

#### What to do?

Thin or reduce shrubs and trees that make up the under story, retain fire resistant deciduous trees, space trees 3-6 metres between crowns) to reduce the potential for a crowning fire.

These are simple economical steps we can all take to create a FireSmart home, community or business site. For these actions to be effective, they must be maintained.

This information was provided by "The Home Owners FireSmart Manual, BC Edition  
<http://www.embc.gov.bc.ca/ofc/interface/pdf/homeowner-firesmart.pdf>



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*A man's children and his garden  
both reflect the amount of weeding  
done during the growing season.*

## WASA COMMUNITY LIBRARY



Hours: Tues. 11 am - 1 pm &  
Wed. 6:30 pm - 8 pm

SUBMITTED BY JUDY MCPHEE

Does anyone want to count the books in our library?

I believe we have between 3,000 and 4,000 books, but NO WESTERN BOOKS or books with stories of farm life in Canada. For readers like Bev Rauch who thrives on Western books, we need donations in this category.

We have many books of light entertainment. An interesting book available in the library is: *"The Colony of Unrequited Dreams"* by Wayne Johnston. It is an enlightening, splendid novel on 20<sup>th</sup> century Newfoundland based on an autobiography. It gave me a great insight into the life, geography and people of Newfoundland ---I could easily imagine the sights and smells and sounds of Newfoundland!

In 2009 we had the opportunity to experience the actual taste of Newfoundland with Sandy and Laurie Kay's Armchair Traveller presentation.

On Wednesday, February 25<sup>th</sup> the Library hosted "THE ANTARCTICA " by Susanne Weissenberger and organized by Gary and Patsy Semenyna.

Happy spring reading and dreaming from the Library staff.

***"Go confidently in the direction of your dreams. Live the life you've imagined"***

Henry David Thoreau via Dick Williams - an avid Lazy Lake reader (1927-Dec 2014)

The **WASA RECREATION SOCIETY'S** main objective is to generate funds to keep the Wasa Hall running. Wasa Recreation Society members meet in the basement of the Wasa Hall in the Quilters Room on the last Tuesday of each month. Everyone is invited to attend.

Listed below are some of the user groups and contacts:

- Hall Rentals and Information  
Karen Markus 250.422.3514  
Lorraine Colton 250.422.3640
- Gym  
Sonia Blackwell 250.422.9201
- TOPS  
Susan 250.422.3510
- Library  
Brenda Rauch  
250.422.3335

In addition, BINGO's are held on the second Tuesday of each month at the Wasa Hall. Early bird starts at 6:45 pm and regular at 7:00 pm.

### Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign-in desk
- ☐ All users are required to wear "gym shoes" - no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!

*In the morning 7:30 am to 8:30 am...*  
Mondays, Wednesdays and Fridays  
10 am to 11 am Mondays and Wednesdays  
Contact: Sonia Blackwell 250.422.9201



*We're open to suggestions, give us a call  
if you know 2 or more people that would  
like to attend at a time not indicated.*



**GYM HOURS AND INFO**



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For more information or to place an

ad, please contact **Wendy Davis**

**250.422.3060 or**

**trivillagebuzz@gmail.com**

To receive a newsletter

by e-mail contact **Patti King**

**(trivillagebuzz@gmail.com)**

**or go to: [www.wasalake.com/buzz](http://www.wasalake.com/buzz)**

Tri-Village Buzz Newsletter

Box 169 Wasa, BC V0B 2K0

## UPDATING TRI-VILLAGE BUZZ EMAIL LIST

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**if you wish to continue  
receiving the newsletter  
by email**

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✓ House & Pet Sitting

✓ Home Security Checks

✓ Storage Organization



## 250-581-0780

**sarahlshields@gmail.com**

## Hints From Vi

By Vi Cockell



Hello Readers! How about this weather - just great don't you agree?

1. To prevent SOS Pads from rusting, store in an aluminum tart mold.
2. Use a bread tab to hold your spot on a roll of tape.
3. Yikes!! A plastic bag melts on your toaster or toaster oven. Apply nail polish remover on a cloth and rub the melted plastic away. Make sure the oven is cool before you use the toaster.
4. When approaching a door - look for the hinges. If you see the hinges - PULL. If you don't see the hinges - PUSH. This tip can help avoid some embarrassing moments.
5. If your dog is eating too fast try putting a ball in his bowl. The dog will be forced to move the ball around to get to his food while in the meantime chewing his food.

In closing, did you know that a sleeping bull is also known as a bulldozer?

## WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

By Laurie Kay

### Annual General Meeting Wed. Apr. 29th

The Annual General Meeting will be held at the Wasa Community Hall at 7:00 PM on Wednesday, April 29<sup>th</sup>. Besides the usual reporting procedures, there will be an election for three trustee positions. Two positions will be for three years and one position will be for a one year term. As our Elections Procedures Policy states, written nominations must be submitted to the administrative officer 2 weeks prior to the election date. For further information, consult the Elections Procedures Policy at [www.wasalake.ca](http://www.wasalake.ca) or contact the administrative officer at [admin@wasalake.ca](mailto:admin@wasalake.ca)

### Non-Resident Advocate Position

The WLLID Board of Directors is looking for someone to act as a liaison officer between the Board and property owners whose principal residence is outside British Columbia.

To be eligible to serve in this position, one must own property within the WLLID boundary but have his/her principal residence outside BC.

The person filling this position will be expected to assist the Board in maintaining communication with non-resident property owners on matters involving the WLLID. He/she would also be expected to act as a spokesperson to the WLLID on such matters.

Eligible property owners are invited to apply in writing, outlining his/her qualifications, objectives for the position and any other information deemed relevant.

Initially the term of the position will be for one (1) year, renewable. As this is a voluntary position there will be no remuneration or reimbursement of expenses, unless exceptional circumstances arise.

Applications will be accepted by email or letter. The email address is: [admin@wasalake.ca](mailto:admin@wasalake.ca). The mailing address is: Box 133 Wasa BC, V0B 2K0. The deadline for applications is 2015 March 31.

For further information please contact the Board via email or by letter.

### Taxes May Now Be Paid by Electronic Funds Transfer (EFT)

Residents may arrange through their bank to pay WLLID taxes through Electronic Funds Transfer (EFT) instead of by check. If you are interested in this alternative to mailing a check, ask your bank about the procedure and then contact the administrative officer at: [admin@wasalake.ca](mailto:admin@wasalake.ca) for the rest of the information you will require.

### Oxygen/Temperature Meter Purchased

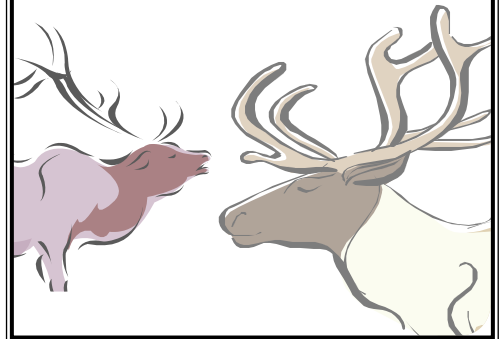
WLLID has purchased a handheld dissolved oxygen and temperature meter. The device will not only improve speed and ease of water testing, but will also provide automatic data storage. Testing is done twice each month between breakup and ice-over. Temperature and oxygen readings are indicators of lake water changes that may be occurring. Any irregular fluctuations outside of the usual numbers would lead to further investigations. The WLLID thanks the B.C. Lake Stewardship Society for the free use of their meter for the past 4 years. It has now been recalled for use elsewhere. Residents interested in accompanying a trustee in doing lake tests and try out the new meter are invited to call Laurie Kay at 250-422-3288.

### Non-Invasive Native Milfoil Update

As mentioned last month, Wasa Lake is one of several highly used lakes in the East Kootenay scheduled for aquatic invasive species assessment in 2015 through partnership with East and Central Kootenay Invasive Plant Councils, Columbia Basin Trust, and FLNRO. However, only INVASIVE AQUATIC PLANTS that pose a risk to aquatic species and the environment will be considered for further monitoring and treatment. More news to come!

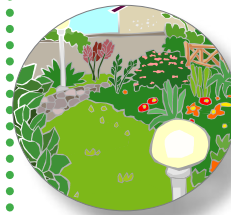
## Antler BUYER

Contact: Rick Stanyer  
250-422-3444



### WASA MEMORIAL GARDEN

Submitted By Sandy Kay



Days are getting longer, birds are singing stronger and the Memorial Garden plans are moving forward. It is indeed nice to be thinking about Spring even though winter was pretty much a non event this year, not that I'm complaining.

A general meeting of the Memorial Garden Committee will be held on March 25<sup>th</sup> at 10:00 a.m. in the Wasa Community Hall. We will be discussing the needs for the coming season as well as our 'FRIENDS' project. Please attend if you have an interest, ideas, some free time or just want to know more. We welcome you!

For more information call Sandy Kay @ 250 422 3288 or Bev Rauch @ 250 422 3335.

If you've never been thrilled to the very edges of your soul by a flower in spring bloom, maybe your soul has never been in bloom.



## News From the Pews

By Pastor Gary Semenyna



Well the calendar says March and some of us may be wondering where winter was this year... not that I was complaining! Spring is in the air and it is great to see the Canada Geese flying around honking their horns. I love this time of year and mostly because of the Easter Season. Christmas is the celebration of the Birth of Jesus Christ and Easter is the celebration of His death and resurrection. With His death and resurrection, Jesus was able to pay for our sins and now we can come back to Him and have a relationship with Him if we recognize that we are sinners and ask for forgiveness.

I love the Easter Season because of the reminder of new life. Just as the grass and flowers awaken after the winter season, we can experience new life with a relationship with God. If you have any spiritual question please feel free to contact me at 250-422-3344 or 422-9226.

**We are planning on having a Spaghetti Supper on Friday, March 27<sup>th</sup> at the Church from 5:00 p.m. to 7:00 p.m.** The cost of the meal is by donation of your choice with proceeds going to a Church in Alberta that is looking to build a home for their Pastor Couple. The couple are presently living in the basement of the Church and they have 6 children under the age of 11. This couple is with Village Missions which is the same church organization that Wasa Community Church is presently associated with. If you would like a good spaghetti feed, give us a call so that we can prepare an adequate amount of food. If you are not sure about coming, you are still more than welcome to come even if you did not call ahead. We hope to see you there.

### CAULIFLOWER PIZZA CRUST

- 2 cups Cauliflower, fresh, grated
- 1 large egg
- 1 tsp Oregano, dried
- ½ tsp Garlic Powder
- ¼ cup Mozza cheese, low fat, shredded

1. Preheat oven to 375° Line pizza pan or cookie sheet with parchment paper and set aside.
2. Put the cauliflower into a bowl and microwave, without water, until soft, about 6-7 minutes. Stop halfway through to stir.
3. Combine remaining ingredients in a bowl. Mix well and stir in cooked cauliflower
4. Use your hands to form dough into a crust. Spread dough on parchment paper to an even layer (approx 8 inches). Make sure there are no thin spots where it may crack.
5. Bake in oven until the crust is firm and lightly browned about 10-13 minutes.
6. Cool crust and spread with pizza toppings and bake for 100-15 minutes.

Tip: Use a food processor for cauliflower to save time,

### GARLIC ROASTED CAULIFLOWER

- |                                       |                       |
|---------------------------------------|-----------------------|
| 6 cups Cauliflower cut into florets   | 2 Tbsp Olive Oil      |
| 1 Tbsp Garlic chopped                 | ½ tsp Pepper          |
| ¼ tsp Salt                            | ¼ cup Parsley chopped |
| ¼ cup Mozza cheese, low fat, shredded |                       |

1. Preheat oven to 500° Line a pan with parchment paper.
2. Toss Cauliflower with olive oil, garlic, pepper and salt. Place on pan.
3. Roast for 15 min, stirring half way through. Cook until cauliflower is golden and tender.
4. Sprinkle with chopped parsley and serve

## Fanny's Favorites



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## the Armchair Traveller

By Gary and Patsy Semenyna

The first Armchair Traveller of the Season was a presentation by Janice Strong titled "Earth, Wind, Fire, and Water." Janice was able to show us many breath taking pictures of the area and then we had a science lesson along with it. The evening was very enjoyable and we had many comments of thanks for starting this up again.

The second Armchair Traveller took us to the Antarctica with Susanne Wiesenberger presenting. Susanne is a professional photographer and the pictures were of course of highest quality. An enjoyable time was had by all in attendance.

We have two more Armchair Traveller presentations scheduled for the month of March. On Wednesday, March 11th we will be travelling to Italy and then on Wednesday, March 25th we finish off in the Galapagos Islands. The presentations are at the Wasa Community Hall and start at 7:30 p.m. Any donations received are given to the Hall.

You are more than welcome to come and share the evenings with friends and neighbours. We do have a coffee time after the presentations so consider this your invite to come be a part of this time of great travelling to places we otherwise could not go to.

## The Lions Den

SUBMITTED BY KATHY MILES-BOUE

Spring has come early this year, it seems and so keeping ice on the rink has been a bit of a challenge. Our volunteers have taken advantage of the few cold nights we have had lately to flood the rink and try to give us a skating surface as long as they can. We appreciate their efforts and want to say a big community thank you!

### Fun Days May 30<sup>th</sup>

Wasa Fun Days is coming up soon. It's a great family event with games, food and refreshments. One of the popular events at Fun Days is the planter draw. If you would like to build a planter to donate (or buy a planter to donate), please let us know. As well, if you would like to volunteer a couple of hours to help out during this event, we would appreciate it. Many hands make light work and you would be helping out a great cause.

### Annual Dog Walk - May 31<sup>st</sup>

The Annual Dog Walk will be held on Sunday, May 31st. It is one of the few events where three of our local Lions Clubs all work together to raise money for the Lions International Guide Dog Fund. (100% of the funds raised go directly towards providing Dog Guides at no cost to Canadians with disabilities).

Please note that the Wasa & District Lions Club can be contacted at P.O. Box 10, Wasa, B.C. V0B 2K0 or by e-mail at: [wasalions@gmail.com](mailto:wasalions@gmail.com).

### Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or Have plans for Surgery?

The Lions may be able to assist with a 3-month loan of Medical Equipment.

For loan information or equipment donations to the Cupboard

Contact: Sharon 250-422-3227 or Val 250-422-3499

## Wasa Community Church

~ Pastor Gary Semenyna ~

office: 250.422.3344

home: 250.422.9226

Sunday

Worship Service

10:30 am

Thursday

Bible Study

7:00 pm.



## PET'S PLACE



These 3 Golden Retrievers spent most of the day watching their owner Deb finish up some of her Christmas Baking. Oh! What they would have given for just one little taste!

Send your pet photos to:  
[trivillagebuzz@gmail.com](mailto:trivillagebuzz@gmail.com)



TAKE OFF POUNDS SENSIBLY

**T. O. P. S.**

TAKE OFF POUNDS SENSIBLY

Every Wednesday

6:30 pm - 8:00 pm

Wasa Community Hall

**For More Information Contact:**

Susan: 250.422.3510

Irene: 250.422.3686

**1.800.932.8677 (Toll Free)**

**[www.tops.org](http://www.tops.org)**



## COLUMBIA BASIN FUNDING

The Columbia Basin Organization has provided funding for many projects for the East Kootenay Region. Our Area E has been very fortunate over the years.

### Columbia Basin Community Initiative Fund

For several years we have received funding for the Community Initiatives Fund and will continue this year. The organizations that have applied for funding will be making presentations for their request at the Wasa Hall on Wednesday, April 8th at 7:00 p.m.

### East Kootenay Community Directed Funds

The RDEK Board sent a letter to the ALR Commission requesting the reinstatement of the RDEK's Area A and Area E ALR Delegation Agreements as both of the agreements have expired.

### Central East Kootenay Community Directed Funds

Columbia Basin has given the Central East Kootenay Area \$2,000,000. for a three year period: 2014, 2015, and 2016. The East Kootenay Area consists of RDEK Area B, Area C, Area E and the City of Cranbrook and the City of Kimberley. The Committee includes RDEK Board members from these Area's as well representatives from the two native councils and community members from each area. The committee has given some grants out this month. The recipients are:

#### Access Guardian Program

This will provide a second Natural Resource Officer for the Kootenai Area for a one year period as a pilot project at a cost not to exceed \$75,000. Subject to confirmation that this will free up additional Crown Land Management and enforcement resources in the remainder of Central Sub region.

## Wasa Memorial Garden



Wasa Memorial Garden has something for every soul who should be remembered or needs a final resting place.

There is a Columbarium with Niches large enough to hold two sets of cremains or the option to purchase a memorial plaque in honor of your loved ones.

Check out the space at the end of Schoolhouse Road in Wasa.

Call Bev Rauch at 250.422.3335 for information

## East Kootenay Invasive Plant Control.

Received a grant for \$50,000. for 2015 and 2016 to implement the work plan presented to the committee, with an emphasis on education and enforcement components. The second year is subject to a successful program and evaluation after the first year.

### Doctor Recruitment

The East Kootenay Division of Family Practice "A GP for Me" program will be given \$20,000. per year for 2015 and 2016. This was given due to the shortage of doctors experienced by many of our local residents.

### Agricultural Plan

There will be a meeting held with the Central East Kootenay stakeholders to discuss sub regional priorities. A grant may be made available depending on the outcome of the meeting.

### Volunteer of the Year and Town Hall Meeting

A Town Hall Meeting including the Volunteer of the Year recognition will be held this spring. I hope that you will be able to attend and hear what the RDEK has been doing this year. This is also the time to come if you have any questions that you want answered.

I hope everyone has a safe and happy month.

Jane Walter, RDEK Area E Director

Phone 250-427-2577

Email [s.janewalter@gmail.com](mailto:s.janewalter@gmail.com)

*Christian & Garry Verigin*

250.422.9271

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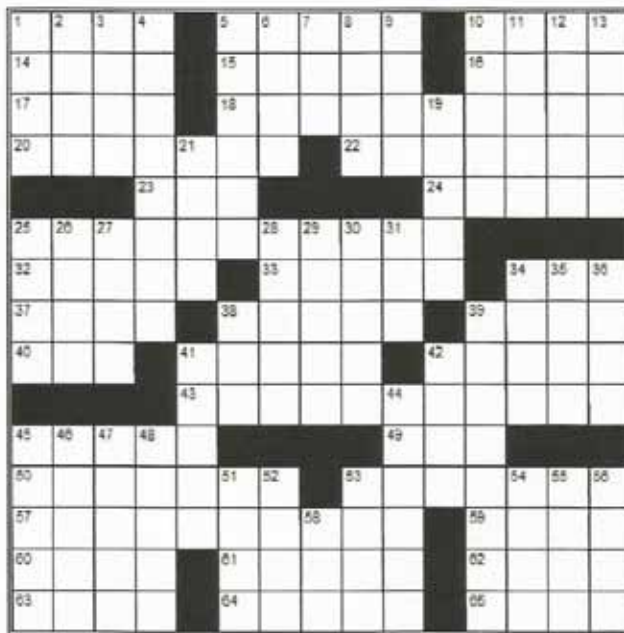
# Crossword

Answers Page 13

# "MARIO'S FUN PAGE"

## ACROSS

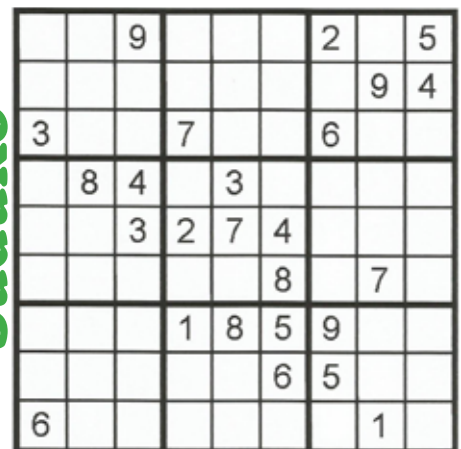
1. Relating to urine
5. Shame
10. Use a beeper
14. Start over
15. Papal court
16. Region
17. Appear
18. Sin
20. A connector between devices
22. Streaked
23. Arrive (abbrev.)
24. Donkeys
25. Hostilities
32. Stream
33. Santa's helpers
34. 52 in Roman numerals
37. Gentle
38. Fool
39. What we eat



## DOWN

- |                        |                            |                               |
|------------------------|----------------------------|-------------------------------|
| 1. Constellation bear  | 21. Journey                | 42. Storage cylinder          |
| 2. Marsh plant         | 25. Highest point          | 44. Pill                      |
| 3. Notion              | 26. Smile                  | 45. Decrease                  |
| 4. Likened             | 27. Mousses                | 46. Chocolate-flavored coffee |
| 5. They play roles     | 28. Marsh plant            | 47. Bring upon oneself        |
| 6. Prickle             | 29. Site of the Trojan War | 48. Slides                    |
| 7. Genus of macaws     | 30. Convex molding         | 51. Lease                     |
| 8. Transgressions      | 31. Mesh                   | 52. Winter precipitation      |
| 9. Where the sun rises | 34. Diving bird            | 53. Convenience               |
| 10. City in France     | 35. Greek letter           | 54. False god                 |
| 11. Districts          | 36. Bucolic                | 55. 10 10 10 10               |
| 12. "Beau ____"        | 38. Charged particle       | 56. Being                     |
| 13. Relieves           | 39. Explanatory note       | 58. Foot digit                |
| 19. Lawn cover         | 41. Pondered               |                               |

## Sudoku



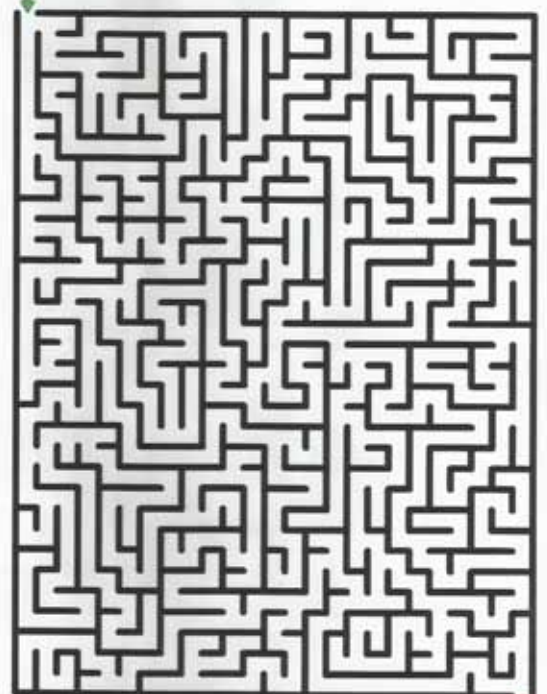
## Spot 12 Differences

Find and circle all of the words that are hidden in the grid.  
The remaining 34 letters spell a secret message.

S A S S E N N I U G E V E N T S P  
I Y A D I L O H N T Y Y P A E P O  
C T H I S T O R Y R A R P K G O T  
I L S O D A B R E A D A A I R H A  
S C O K L H T N E E T N E V E S T  
U C I V N V H D E R S O I D E I O  
M E I C E U A C O N A I T L N B E  
E L C H E R A N R I E S E K B F S  
G T H T A L S H R A F S C F E U F  
A I R P R A E E C T M I I E F E D  
T C I G I A L B S E R M B T S G H  
I C S N N A D A R E R D H T Y A O  
R R T R N I F I M A E P I C E B L  
E O I D E L C I T N T V E K A B Y  
H S A S E E L N R I A I R L R A D  
E S N B H N B O A L O O T L C A  
S H A M R O C K U D C N R N Y Y Y

BEER  
BELFAST  
BISHOP  
CABBAGE  
CELEBRATION  
CELTIC CROSS  
CHRISTIAN  
CLOVER  
CORK  
CORNEB BEEF  
DANCING  
DUBLIN  
EVENTS  
FEAST DAY  
FESTIVAL  
GREEN  
GUINNESS  
HERITAGE  
HISTORY  
HOLIDAY  
HOLY DAY  
IRELAND  
IRISH  
LEPRECHAUN  
LIMERICK  
MARCH  
MISSIONARY  
MUSIC  
PARADE  
PATRON SAINT  
POTATOES  
SEVENTEENTH  
SHAMROCK  
SNAKES  
SODA BREAD  
TRADITION  
YEARLY

## Maze







## What is the Reason for your Existence?

Being so occupied and often even “preoccupied” in our daily lives, it is easy to forget our peculiar position in this world. If you crashed on a desert island and survived, the first thing you would attempt is to remember who you are, where you came from and where you are now, in order to find your way back to where you belong. Our life is a similar situation, the only difference being that we don’t remember who we were before arriving, where we came from, or where we will go after this life. We guess, we hope, we expect, we even convince ourselves of what is going to happen to us after this life, but since nobody really comes back from death to tell us about it, most humans remain obsessed by their mundane and egoistical occupations, acting as if their precarious lives were more important than discovering the reason for existence. Some people think it’s impossible to know the answers to these capital questions, and others simply opt for a comforting belief system, hoping they have bet on the best one to secure their future after life.

All of this is not enough for a genuine Seeker of Truth. Seeking for Truth means being determined to experience the reality of one’s own True Nature beyond all appearances of this life in the relative world. Such a Seeker of Truth is called a “Yogi”. A Yogi is the one seeking a direct experience of his pure Self in this relative world and in the ultimate Reality, beyond time, space, matter, and causality.

It seems a very ambitious goal, but for someone who realizes the impossibility of living any longer without at least trying to find the reason for existence, the Ultimate Goal becomes an amazing inner Adventure in pursuit of one’s own true Face.

In order to discover the Reason for Existence, someone must first discover the true Nature of his own presence beyond the physical body, beyond his past, beyond his own mind. To do so, the Yogi will constantly remain the impersonal witness of everything he or she can observe, and will make a clear distinction between what he is as a Conscious Observer and what he is able to observe

as an object of his attention. Since we cannot be what we observe, the attention must be turned toward the very Nature of the Observer through an intense meditation practice. Who is the One observing this life? Who is the One using this physical body? Who is the One having these emotions and these thoughts? This observation must continue until the answer becomes a very intimate Experience, more truthful and evident than any intellectual words or definitions.

From there, it becomes clear that the reason for existence is Self-Discovery, in order to be able to comprehend not only this relative world, but what sustains it, what exists beyond it, and which we often refer to as God or the Absolute.

This brief reflection on our position in this precarious life can help us realize that there is more than a mundane life to be experienced during this incarnation. This is in fact the reason for our Ashram here in Wasa, since an Ashram is a platform of Self-Transformation through specific Yogic Disciplines, in order to draw closer to what we really are beyond what we think we are. The very Reason for Existence is Self-Realization, also called “Spiritual Liberation” from ignorance and suffering. It is possible and we can achieve it; so if we can do it, we must do it.

May all of you develop the passion for discovering the very Reason for your own Existence.

With Blessing and Love on the Path of Light.

Warmly yours in the Divine.

OM OM OM

Venerable Gurudev Hamsah Nandatha

Adi Vajra Shambhasalem Ashram, Wasa, BC Canada

Venerable Gurudev Hamsah Nandatha published a book entitled, *In the Presence of Truth. Discovering the Being Within*, which is a roadmap to Self-Realization. To learn more about this wonderful book and its author, visit: [www.inthepresenceoftruth.com](http://www.inthepresenceoftruth.com).

There will be no Meditation and Teaching sessions in March. For more info call **250-422-9327**

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# HISTORY BYTES

## BY NAOMI MILLER



### ALBERT HOMES

The Liz and Louie Holmes family moved from Saskatchewan to Cranbrook in 1941. Albert was in Grade 3, Maxine Grade 1 and Wes a babe in arms. Their house was where the Days Inn hotel now stands. From an early age Albert loved horses. He was soon accompanying Bill and Hilda Sissons on rides up Mount Baker to gather wild horses. One of his favorite horses, Tarzan, was given to him as a colt by Hilda. In the late 40s' he spent some fun time racing as a jockey at Moir Park. At 16 years old he got a job for C.P Rail as Callboy. This job meant that he had to walk to the homes of employees with no telephone, to give them the time they should appear for shift. In winter Albert would drive the family horse Pronto pulling a cutter to do these calls. Sometimes Pronto got tired of waiting and headed back home. Albert then had to find a home with a phone, call his brother Wes who would go out to catch Pronto as he trotted down Kootenay Street heading for the barn. During the fall Albert began helping harvest Christmas trees. At the age of 20, Albert married his childhood sweetheart, Deanie Alward. Before saying "I do" Deanie graduated with the first class out of Mount Baker Secondary in 1951, then worked in a bank.

In 1954 Albert and Deanie built a service station called Holmes Esso. It was located where Joey's Only stands today. They followed by building Holmes Motel next door where Chevron is today. Albert sold the gas station, went back to work on the Railway and Deanie ran the Motel until their fourth child was born. The motel was sold in 1958. Albert purchased water trucks which were rented out during the construction of the Elko to Eureka Highway. While working for the CPR Albert joined the Masonic Lodge, Kinsmen and the Legion. He left the railway in 1972 after 26 years as brakeman so he could develop the ranch at Fort Steele he had purchased a couple of years earlier. At Fort

Steele the family had to revert to pioneer life before electric power or a phone line came to Holmes Road. That meant kerosene lamps, hot baths in a washtub or cold baths in a creek, wood burning stove, using the outhouse, treadle sewing machine, milking cows and separating the cream, keeping many chickens, turkeys and pigs and a very large potato patch. Horses were kept in great shape pulling the hay wagon to feed the many cows in the winter (when the tractor wouldn't start and there was no plug in). The kids had to help with clearing land for hay, hand picking rocks, manually moving irrigation pipe twice a day, harvesting 3 crops of hay and fixing fences. The six kids went to Cranbrook schools by bus.

Albert Holmes was involved with the Christmas tree business from the time the family arrived in the Kootenays. He started dragging cut trees, then cutting trees, to being wholesale buyer for Wilks and Kahn and later becoming a partner in Rocky Mountain Christmas Trees. During peak years up to 360,000 trees were shipped from fort Steele to places like Mexico City, Hawaii, California and Vancouver. He assisted in the development of Wilks-Kahn subdivision even building some of the homes there. A deep friendship grew between Albert and the Kahn family. Albert and Deanie decided to fly from Cranbrook to Vancouver for Mark Kahn's bar Mitzvah. When the plane touched down in Kelowna Albert wanted to get off. The stewardess told him he would not get his money refunded and he said, "That don't matter. I'll pay to get off." After lots of convincing he stayed on but returned via train through Seattle to Bonners Ferry. Someone had to drive to fetch them home. But he never took Deanie to Hawaii because he wouldn't fly and she was afraid of water travel.

He tried a Trail Riding business, which gave him an excuse to buy horses. They had a Horseman's Supply store for a while. The special horses in Albert's life were

Pronto then Tarzan, Cisco, Twister, Dawn, Ben and Brewster. Albert assisted with the Wycliffe Rodeo each summer. The ranch was turned over to son Bill when they bought a ranch in Nanton. Later they came back to build a new home on their property near Fort Steele Cemetery. Albert and Deanie had the sad task of burying their eldest daughter Patricia, killed in an accident in 1988. Fort Steele Cemetery was administered by staff at the Heritage Town until the provincial government abdicated that role. A public notice in 2002 invited locals to attend a meeting indicating willingness to become volunteer managers of that historic Cemetery. Albert attended that first meeting and became a director of the Fort Steele Cemetery Society when charitable society status was achieved in 2003. He participated in every major Clean Up Day, took charge when trees were blown down in a windstorm, supervised the fencing around the old section, clearing and grooming of the previously dormant 6 acres. He donated land for a Parking lot and a road along the east side.

The Holmes moved into Cranbrook a few years ago as well purchased a condo in Nanton. They wanted to be close to as many of their family as possible. They made frequent trips between Cranbrook and Fort Steele. They always cut a few Christmas trees giving them to family, friends and Nanton church. Albert died January 3, 2015 a few weeks before their 62<sup>nd</sup> anniversary. This loving family man left his wife, daughters Marilyn, Gail, Leah and Maxine, son Bill, fifteen grandchildren and six great grandchildren.

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## The Columbia Basin Community Initiatives Fund representing Wasa, Ta Ta Creek and Skookumchuck

### NEED YOUR HELP!

We have funds available to help with:

- ADULT EDUCATION COURSES - Do you want to take a course of some kind?
- SCHOLARSHIPS - Are you graduating and want to continue your schooling?
- LOCAL GROUPS - Does your group need help with a project?
- LOCAL ACTIVITIES - Do you want to plan an event for the Tri Village area?

All reasonable requests will be considered. Applications for these funds are available at Slim Pickens.

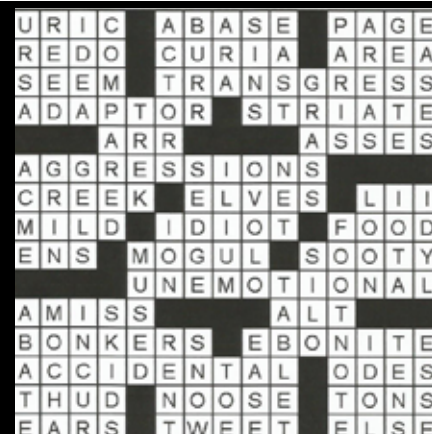
Representatives for the Wasa and area are:

Marilyn Bowen, Kathy Miles-Boue and June Clubley.

For questions or inquiries please contact:

**Marilyn Bowen at 250.422.3210**

**or Cell 250.489.9586.**



8	7	9	4	6	1	2	3	5
2	6	1	8	5	3	7	9	4
3	4	5	7	9	2	6	8	1
7	8	4	6	3	9	1	5	2
5	1	3	2	7	4	8	6	9
9	2	6	5	1	8	4	7	3
4	3	7	1	8	5	9	2	6
1	9	8	3	2	6	5	4	7
6	5	2	9	4	7	3	1	8

ANSWERS

1. Front leg of cat missing 2. Musical note by bird is missing 3. Stamp on letter in bag missing 4. Cats whisker missing 5. Tag on cats collar missing 6. Feather on bird head missing 7. Grass by mailbox leg missing 8. Toe on left shoe colored in 9. One flower moved 10. Bottom button on shirt moved down 11. Right shoe lace moved 12. Rolled up paper is longer

Where do you take...

## YOUR BUZZ ?



Sandy & Bill Wilson taken on the beach at the Breezes Resort at Jibacoa, Cuba on January 18th 2015. Had a wonderful time in the sun for two weeks. Made many new and old friends.

Where do you take...

## YOUR BUZZ ?



Jim and Melinda Howard enjoyed 2 splendid weeks in Varadero, Cuba. Melinda caught this "Wahoo", but couldn't reel it in.... poor Jimmy had to finish the job!



**Saturday, May 30<sup>th</sup>**  
**at the**  
**Lions Ground**  
**during**  
**Wasa Fun Day**

Spring is here! Clean out your attic, clean out your basement, clean out your garage!

The 4th annual Wasa Lions Garage sale looking for gently used items you no longer have space for or use!

Call: Sharon (250)422-3227 or  
Val (250)422-3499.





# March 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Church	<b>2</b>	<b>3</b>  Lions Meeting 7 p.m.	<b>4</b>	<b>5</b>	<b>6</b>  RDEK Board Mtg No teaching at the Ashram	<b>7</b>
<b>8</b> Church  Daylight Savings	<b>9</b>	<b>10</b>  BINGO 6:30 Early Bird 6:45 Regular	<b>11</b>   Armchair Traveller	<b>12</b>	<b>13</b>  No teaching at the Ashram	<b>14</b>
<b>15</b> Church	<b>16</b>	<b>17</b>  Lions Meeting 7 p.m.	<b>18</b> Cut off for April Newsletter	<b>19</b>	<b>20</b> Spring Begins 	<b>21</b>  No teaching at the Ashram
<b>22</b> Church	<b>23</b>	<b>24</b>	<b>25</b> Memorial Garden Comm Mtg. 10 a.m. Wasa Rec Society Mtg 7:00 pm  Armchair Traveller	<b>26</b>	<b>27</b>  Spaghetti Dinner Wasa No teaching at the Ashram	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b> Deadline for WLLID Non-Resident Advocate Position Applications	We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.			

- LEGEND**
- Church Service 10:30 am
  - Gym (M,W,F 7:30-8:30 am & 10-11 M,W)
  - BINGO 6:45 p.m.
  - Rec Society 7:00 p.m.
  - Lions 7:00 p.m.
  - Library Tues. 11 am - 1 pm and Wed 6:30 pm -8:00 pm
  - TOPS Wed 6:30 pm
  - Quilters Tues. 10 am to 4 pm

## Special Events and Days Down the Road

- Wednesday, April 8, 2015  
CBT Comm Initiatives Fund grant request presentations
- Wednesday, April 29, 2015  
WLLID Annual General Meeting
- Saturday, May 30, 2015  
Wasa Fun Day & Garage Sale
- Sunday, May 31, 2015  
Annual Dog Walk
- Email [trivillagebuzz@gmail.com](mailto:trivillagebuzz@gmail.com) if you wish to continue receiving the newsletter by email

## NUMBERS AT A GLANCE

- Antlers for Sale.....250.422-3444
- Ashram Meditation & Yoga.....250.422.9327
- CBT Contact Marilyn Bowen.....250.422.3210
- Econobuilt.....250.421.7813
- Hi Heat Insulating.....250.422.3457
- HD Railings.....250.422.3457
- Kootenay Kwik Print.....250.489.4213
- Kootenay Monument Installations....422.3414
- Lantz Farms (Hay for Sale).....250.420.1660
- Slim Pickens Gas & Goods.....250.422.9271
- The Girls.....250.581.0780
- TOPS.....250.422.3510/422.3686
- Post Office.....250.422.3122
- Victim Services.....250.427.5621
- Wasa Community Church.....250.422.3344
- Wasa Hall.....250.422.3514/422.3640
- Wasa Lions Med Equip.....422.3227/422.3499
- Wasa Memorial Garden (Bev Rauch).422.3335