FREE MONTHLY PUBLICATION



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Tri-Village Buzz

February 2019 Issue 215

Visit: www.wasalake.com/buzz

The Retiring and Congenial Wendy Davis

by Nowell Berg

Long-time Tri-Village Buzz editor, Wendy Davis, steps away from the newsletter. She took over the Buzz in January 2011 and published over 80 monthly editions.

Her approach was for the Buzz to be a positive reflection of the community, not a place to dish dirt on people. "She took her role of editor seriously and always endeavored to ensure the Buzz retained a fair, unbiased perspective view of community issues," said Helen Kelly.

Wendy expanded the committee who produced the newsletter. Before the end of the first year, she had recruited Dianna Perih to be treasurer and look after bookkeeping. Sherry Shields was added to handle invoicing advertisers. Another 10 or so people joined to help with writing stories and articles, deal with the email list and making sure deadlines were met.

Regarding her recruitment, Shields said Wendy approached her saying, "Hey Sherry do you think you could help with invoicing. It will take very little time and I sure would appreciate the help." Sherry added, "Thank you Wendy for the gentle nudge."

When it came to actually sitting down in front of the computer and producing the newsletter, it was all Wendy. She spent over 60 hours per month giving up parties, family gatherings and special events to make sure the Buzz went out within the first few days of each published month, for 8 years.

Said Judy McPhee, "She is a very dedicated volunteer. It takes hours of work to put out the Buzz." Following up on that, Dianna Perih said, "To me she was amazing the way she gave so freely of her time. She did such a good job."

Community input was a big part of Wendy's philosophy. Any given month there were 15 plus submissions from individuals, local groups and politicians along with 12 to 14 local advertisers.

Wendy was always "amazed" at how the community responded to the Buzz

including seniors writing columns and stories and sending email. "People came up to me and said how much they looked forward to reading the Buzz each month," she said. Under Wendy's guidance, the Buzz became a way for people to find out about events and activities as well as stay in-touch with the community.

Over the years there have been many stand out stories and events. For Davis the biggest stories were the floods of 2012 and 2013. Extra high water always creates community concern. Recently, the May 2017 fire on Aspen Road that destroyed two homes, and could have been much worse, showed how emergency response is in our local hands and how we need to work together for the safety of all.





FOLLOWING THE TRAILS OF Westerd



By Judy McPhee

THE SHOOTOUT AT THE BECHTEL FERRY

BY BOB JAMIESON, Nov. 2018

rancher at Ta Ta Creek beside the Kootenay River

On August 24, 1945, Charles L. Bechtel, age 66, was killed by the BC Provincial Police just south of my ranch. I have heard multiple stories about the event from various neighbours and friends. I just recently was able to find some actual formal records of the event. It was a WESTERN STYLE SHOOTOUT, BUT WITH SAD ORIGINS AND SADDER CONSEQUENCES.

In the 1940's there was still a wagon road, also used by vehicles in that era; that ran along the west side of the Kootenay River by my ranch and by the old barn in the picture. Charles Bechtel was living in a small house just above the ferry that was used in that era to get from Cherry Creek across to North Bummers Flats. You can still see the pilings in the river on both sides of the river and the remains of an old cabin at the ferry site, 400 m south of the old house and barn. It was a very nice place to live, and still would be, with a grand view of the Kootenay River and the Rockies, a site for a small garden, a small creek by the house and good grazing on the river bottom. What remains now is one old crabapple tree, a few domestic shrubs, the remains of a house, and an old log barn with the roof gone but the walls still standing.

Bechtel was a bachelor, 66 years old, retired, living alone and running the ferry which at that point saw very little use. He also did road maintenance on the Wasa /Ft. Steele road, across from his home. He was born in Burford, ON. in 1879. He apparently worked as a camp cook in AB. in the late 1800's. He was well educated and became a justice of the peace at one point, and was a poll clerk in elections in the early 1940's.

The description below is based on information by Peter Woods in The Kootenay Ripples, our local history book and from the police report on the incident. That report is preserved in the Kimberley Heritage Museum. The information below in quotes i.e."xxx" is from that report.

FRIDAY AUG. 17, 1945 Frank Biddlecombe was riding by on the old stage coach road that goes south to north across the property. He claimed that he was threatened by Bechtel with an axe. Bechtel accused him of stealing his property (or having cows on Bechtel property according to another source). He reported the incident to the BC Provincial Police in Kimberley. BIddlecombe felt he was "dangerously insane."

SAT. AUG. 18. Police visited the Bechtel farm and found him barricaded in his cabin. After a conversation

through the open window it was obvious that Bechtel was having hallucinations. "Further, he refused to open the door and informed the police he had a gun and would use it".

WED. AUG. 21 The police returned a few days later. " After an unsuccessful attempt to get him to come out of the barricaded cabin, a tear gas projectile was thrown in, but Bechtel, carrying a rifle managed to escape through the door into the surrounding bush where an unsuccessful search was made for him until dark.

There is another wrinkle in this story described by Peter Woods in the Kootenay Ripples History Book. "Two young brothers witnessed some of the event that occurred on this day. The oldest is now 74 years old with a clear memory of what he had seen". (This was recorded in 2002 and he would now be 90 years old).



The barn where the shootout occurred.

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.FOLLOWING THE TRAILS, continued:

"These boys, on horseback, met with the four BC Provincial Policeman in a police car and were asked if they had seen Mr. Bechtel. The boys told them that they had just spoken to him and obtained permission to cross his meadow with the cattle they were herding. Boys being curious boys ran back on foot to see what was going on. Two policeman were standing on either side of the door and when Bechtel would not open the door, tear gas was shot into a window. The door burst open and Bechtel ran towards where the boys were watching on a hillside from behind some bushes. Bechtel was carrying a rifle pointed upwards and he was not firing the gun. He was coming toward the boys and they scampered away, leaving the scene. Little is known for certain what happened next. The boys never did hear any gunfire but Bechtel was shot in the stomach and taken to the Kimberley Hospital where he died)" (This was a few days later, as indicated below)

THURS. AUG. 22. "Early the next morning, with police reinforcements from Cranbrook, the search resumed and Bechtel was found in his barn, a building about 15 feet square, made of heavy logs with only a door and small window, which made it quite dark inside. He was waiting for them, and tear gas thrown into the barn immediately drew two shots, one of which narrowly missed Sergeant W.J. MacKay.

More tear gas was discharged, and after the smoke cleared away, the police were preparing to rush the building when Bechtel fired through the window striking Corporal F. Slater in the left side, hitting and discharging his revolver, which backfired causing a dirty ragged wound about two inches in diameter. To effect the retreat of the wounded man, several shots were fired into the barn as Slater was assisted to a car and driven to the Kimberley Hospital. A guard was placed and about noon the following day, Bechtel came out of the barn unarmed and taken into custody.

Found to be suffering from a gunshot wound above the left hip, he was taken to Kimberley Hospital, where, owing to his weakened condition and complications resulting from the wound, he died the next morning. Corporal Slater was in hospital for some days, but early treatment hastened his eventual recovery. At the coroner's inquest the jury absolved the police of all blame in their hazardous duty of effecting the lawful arrest of a person mentally ill and dangerous to be at large".

Thus ended the last great shootout in the Kootenay's. In reality it was just an attempt by the police to help an old man with mental issues that went seriously wrong. There is no record of exactly how many shots were fired. I have looked at the barn logs and though there are lots of holes from wood worms in the logs, there are no obvious bullet holes. It sounds like the bullet that hit Corporal Slater actually hit his revolver, in its holster, rather than hitting the officer himself. He likely cocked his pistol, than put it back in its holster without uncocking the pistol and when the bullet hit the pistol, it went off, wounding him in the leg. Forgetting to uncock the pistol in this circumstance is understandable.

This account, from the police record for that year, suggests that they drove to the cabin in a police car. The wagon road running north to south along the Kootenay River apparently was usable by vehicles in that era; likely from the Hanson ferry road (now River Road) a few miles across flat ground to the north. Today the wagon road has almost disappeared in most areas. Changes in the Kootenay River channel have removed about .5 km. of the old route. The Bechtel home site is now a hike of a couple km. from any road around there. (It is on private land, now belonging to Leslie Axelrod. The ferry site is now on land that is part of the "Cherry Creek Conservation Area" where only foot access is allowed).

The information behind this story was located by Marie Stang of the Kimberley Heritage Museum, who found the police record of the event and the reporting of the story in the local Daily Bulletin paper a few days later. The information from Pete Woods is located on page 42 in the Kootenay Ripples History Book. Shane and Harold Brown who grew up here on the ranch shared some recollections from their childhood. Pete Lum was the first person who mentioned it to me many years ago. One of these brothers who was mentioned in Pete Woods recollection of the story came by my place many years ago and told me his version of the story. Unfortunately, I did not get his name, and now Pete Woods is gone. This part of the story likely occurred, based on the Police report, on Aug. 21, 1945, a day before the shooting occurred.

SOURCES

Police report from 1945 on the event.

There are many more items in Bob's article, i.e. police reports, pictures, picture of the front page of the Daily Bulletin, Aug 24, 1945, an article about the incident and a map of the area. If anyone wants me to email them to you to look at, please email me at judymcphee9@gmail.com

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Congenial Wendy Davis continued



The Wasa Official Community Plan (OCP) produced significant concern among residents. Wendy felt it was important for the Buzz not to advocate a position but to report on what residents were saying at the Public Hearings. The failed move to disband the Wasa Lake Land Improvement District (WLLID) was also an important community story during her tenure.

While controversial topics were covered, Wendy insisted they were done in a respectful civilized manner. She wasn't willing to publish personal attacks nor rude, salacious or explicit material.

Along with Davis's departure, long-time Treasurer Dianna Perih, writer Naomi Miller, History Bytes, and contributor Mario Carellis' Fun page will all be missed as they retire from the Buzz. Thank you for your generous contributions to the

newsletter and the community.

"During her time as editor, Wendy turned the TriVillage Buzz into a very appealing newspaper capturing the passion and activities of the community. Along with her very pleasant and professional personality she was a great asset to the community newspaper," said Karen Markus.

As a volunteer Editor, Davis said it was "the best time of her life." If she had to do it over again, "absolutely," she said.

Despite freeing up many hours per month, Davis has a full schedule planned around scrap booking, gardening, three prized goats and a new grandchild. And, there's always Jack! "Both Jack and her [Wendy] have been very community oriented citizens for the betterment of the community," said McPhee.

Wendy wishes Lori Vandette, who has taken over as the new editor, all the best in her approach to managing and editing future editions of the Tri-Village Buzz.

All Buzz contributors and the Wasa community want to thank Wendy for her generous 8-year volunteer commitment to the Tri-Village Buzz.

The Wasa Recreation
Society's main objective is
to generate funds to keep
the Wasa Hall running. Wasa
Recreation Society members
meet in the basement of the
Wasa Hall in the Quilters
Room on the last Tuesday
of each month. Everyone
is invited to attend. Listed
below are some of the user

 Hall Rentals and Information

groups and contacts:

Karen Markus 250.422.3514

Bonnie Meena 250.422.3795

 Gym - Sonia Blackwell 250.422.9201

Rod 250.422.3253

- TOPS Susan 250.422.3510
- Library Judy McPhee 250.422.3766

In addition, BINGO's are held on the **2nd Tuesday of each month** at the Wasa Hall. Early bird starts at 6:30 p.m. and regular at 6:45 p.m.





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Item Coordinator Vacant

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Judy McPhee
Laurence Kay
Sherry Shields
Loree Duczek
Clay Tippett
Ven. Gurudev Hamsah Nandatha
Jane Walter
Bryon Kernaghan
Mario Carelli

Fun February Fact:

February was added to the Rman calendar in 713 BC. The length of the month changed over time and, at one time, it had as few as 23 days. When Julius Caesar remade the Roman calendar, the month was assigned 28 days during normal years and 29 days during leap years which occurred every four years.



Glenn Johnson 250.489.4213 www.kootenaykwikprint.com



"Oops, I goofed! Not understanding the terminology of mining, I incorrectly made mistakes in writing up Len Hunt's life story in "Following the Trails of Yesterday", Dec./18 issue. Please note the following.

- 1. His father Jim worked for the Meadowbrook Dairy, not Marysville Dairy. I am only familiar with the Marysville Dairy where we received milk in the 1960's.
- 2. In 1956, Len went to work in the "OPERATION'S Department at Cominco, not the Services Dept.
- 3. When Len came home from his welding course in Vancouver, he worked as a welder not Certified welder. For the last 15 years of his career, he was one of the supervisors in the MAINTENANCE Dept., not the welding Dept. Sincere apologies, Len.

Sincerely, Judy McPhee



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go to: www.wasalake.com/buzz

Tri-Village Buzz Newsletter Box 169 Wasa, BC V0B 2K0



Editor's Corner

In the words of former editor Wendy Davis: Welcome to my

first edition of your newsletter!

Thank you Wendy, for all of your hours of tutoring me in the creation of this community connection.

If readers have special greetings or announcements, please let me know by the 15th of each month, and your announcement will be placed, depending on space availability. As in the past, fees will be charged for ads, announcements, etc. that generate revenue.

If you have any ideas or suggestions, please let me know.

Here's to many more successful years!

Lori

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Wasa Community Church



"Greater love has no one than this, that someone lay down his life for his friends" (John 15:13).

I feel like love is a hard thing to define. What is love? You could go straight for the Sunday school answer: "God is

love!" It's true, but it almost feels like a cheat answer. You could head for the love chapter, 1 Corinthians 13, and read out the list of what love is: patient, kind, etc. There are a bunch of different types of love: romantic love, brotherly love, unconditional love. If I'm thinking of defining love, the question I would ask is, "If you love a spouse, or if you love a child, or a parent, or a sibling, or a friend, don't you want what's best for them?" People often make wrong decisions, and something that was done for the betterment of the loved one may not always work out for their betterment, but if it was done because the best was desired for them, I would call that acting out of love. Is it wrong for me to define love as wanting what's best for someone, and acting out of love as doing what you think is best for them? I'm not sure, but that's the way I see it. It's not always about giving people what they want. If a 4-year old wants to run around with a knife, a loving parent wants to stop that from happening. It's not best for the child to run around with a knife. They could hurt themselves. If you think of the classic 'jump-infront-of-a-bullet-to-save-my-best-friend,' they might not have wanted you to die, perhaps thinking it should have been them instead, but you loved them, so you did what was best for them. You saved them (as long as the guy only had one bullet).

I think of the disciple Peter, who tried to defend Jesus with the sword so that He wouldn't be arrested. He didn't want Jesus to die. Love is not always about what the person wants. It's about doing what's best for them. Peter, along with every one of us humans, was sinful. Guilty of death and then separation from God. However, Jesus, as the only One who was not sinful, took that punishment upon Himself. He took death when He was crucified, and then He was separated from the Father. He laid down His life for us all because He loved us and wanted what was best for us. Then He rose again and made the way for us to be accepted into heaven. If we admit we are sinful, choosing to turn from our sinful path and believe in Jesus and what He's done for us, then He will forgive our sins fully and we will be allowed to live in His heavenly presence forever. All because Jesus chose to do what was best for us and laid down His life.

- Pastor Jon Malpass, Wasa Community Church (service Sundays @ 10:30am), (250) 464-4419

THE WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

The WLLID is again asking the residents of Wasa to send us their email addresses. Email is a simple and cost effective way for the WLLID to communicate with property owners in a timely manner. Contact the WLLID secretary at wllid@shaw.ca

Mark your calendars for:

 The Annual General Meeting of the Wasa Lake Land Improvement District on Sunday April 17th, 2019 at 7:00pm at the Wasa Community Hall.

The Trustees of the Wasa Lake Land Improvement District



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To all the people and businesses that donated gifts to our Lions Christmas Raffle!



We sadly announce the passing of Thressa Ann Carelli on December 19, 2018. Thressa was born November 12, 1950 in Langley, BC

Thressa finally succumbed to brain cancer, and passed peacefully at Joseph Creek Village from the disease of which she so gallantly fought for the past 4 years.

Thressa was an active member in the local golfing, curling and softball fraternity and made many friends along her journey here in the East Kootenays. She will be missed by all the lives that she has touched in the Wasa, Kimberley and Cranbrook area as well as the lower mainland.

Thressa and Mario moved to Wasa in 2004, staked their claim on Cameron Pond, amassed a gathering of loyal friends and were living their dream. They would like to thank all these friends and Thressa and Mario's families for the support, well wishes and prayers that they have received over the course of the past 4 years while Thressa struggled with her illness.

Thressa is survived by her husband, Mario; her daughter, Coral Yurkin; her son, Jay Colley; granddaughter Kyla Yurkin and grandson, Oliver Yurkin. She also leaves behind Mario's daughter Megan Carelli, grandsons Xander and Vinnie Carelli and her sisters; Adeline, Rosie, Karen and Sheila as well as brothers Larry and Fred.

May your next journey be as fulfilling as the one that you left behind. We will always all love you.

A celebration of life to be held at the Kimberley Curling Club, Sunday, January 27, 2019. 2pm - 5pm.



Another chapter unfolds in my life.... Thank you all for the journey that we experienced with each and every one of you!

Heart hugs from all of us at the Buzz

1. Inexpensive Cleaner

Bargain hair shampoo! It won't break **Helpful Hints** the bank, but it will break up greasy stains. One stain that's easy to clean - "Ring" around the collar. Run a thin line of shampoo on the inside

By Sherry Shields In Memory of Vi Cockell



neckband. Rub in gently, let sit and rinse. Launder as usual.

2. Hydrogen Peroxide

Toothbrush disinfect – clean toothbrush then soak in hydrogen peroxide to kill bacteria.

Remove organic stains (sweat, blood, wine, coffee). Mix 1 part detergent with 2 parts hydrogen peroxide and apply to stains. Peroxide can bleach darker coloured fabrics so use caution. For armpit stains apply to stain let soak for 60 minutes; rinse in cold water.

3. VICKS Vapo Rub

Coughs – rub generously on feet and cover with socks to help minimize

Sore muscles – rub generously on sore muscles Head Ache – rub a small amount on your temple and forehead.

Fun FACT – February is named for the Latin word februum which means purification.

STORIES, STORIES, STORIES

Many of you have a story, adventure or life stories about people you know in our area that happened in years past and you are eager to share so that the history is not lost.

The Kootenay Ripples History Book, published in 2002 is an excellent resource for the life, people and places in our area. Copies are still available from Pat Walkey. She can be reached at 250- 422-3530.

I am appealing to you for help as there are probably many more historical happenings and a need to write on the history of places not recorded in the history book. I would like to include them in the "Following the Trails of Yesterday " page.

Please phone me if you would like to contribute to the column at 250-422-3766 or email me at -- judymcphee9@ gmail.com

Thank you, Judy

Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or have plans for Surgery? The Lions may be able to assist with a 3-month loan of Medical Equipment. For loan information or equipment donations to the Cupboard Contact: Sharon 250.422.3227 or Val 250.422.3499

Tri-Village Buzz

FEBRUARY 2019

ISSUE 215

Your health can determine your housing needs

by Clay Tippett

Research for this article, along the one in the December Buzz, began with a brainstorming session with three Wasa area folks well experienced in health care: Gail Lamb, Val Dymitriw and Sharon Prince and was augmented with traditional research. They itemized the most common types of diseases and medical conditions that in their experience caused the greatest changes in people's lives, including the need to engage home care assistance or move into a senior's home with an appropriate level of support. I'm grateful for the sharing of their wisdom and research and their eagerness to help.

The purpose of the research is to develop a survey to determine the potential housing needs of seniors living in the Tri-Village area. The survey is being jointly sponsored by the Wasa District Lions Club and the Tri-Village Buzz. It is hoped that the results will provide a factual basis for community discussion about developing opportunities to stay in our local area as we age.

Sudden health events

Other than the newly normal aches and stiffness, life in the grey lane can generally flow quite pleasantly, until abruptly it doesn't.

A stroke that occurs when others are around to react, and paramedics arrive quickly, can result in few or no negative consequences. Sadly, sometimes fortuitous things don't happen and a person is left with a body that doesn't work properly; nothing is ever the same again. The chronic version of strokes known as TIAs or ministrokes can be just as debilitating over time.

Heart attacks sometimes start with commonly recognized symptoms and the medical response can be timely and successful. Other times symptoms can be subtle, are misinterpreted or ignored, and significant damage results.

Many of us are sure we are just as agile and strong as when we were twenty and can get away taking the same physical risks we always did. Accidents and falling are for others. Until life-changing events happen to us. When things do go wrong, casts, braces, wheelchairs, walkers and physical assistance can become a part of daily living. Regular Canadian homes are generally not built to accommodate these devices and people. We can all deal with inconvenience on a temporary basis. But if the long term prognosis is poor, one's well-planned life can be unexpectedly and permanently changed.

Chronic health conditions

Diabetes – Many organs of the body can be negatively affected by diabetes including the eyes, heart, nerves, blood vessels and kidneys. This increased risk of damage can mean a higher chance of lessened mobility and independence.

Eye disease – Living in the country, not being able to drive any more is a recipe for instant dependency. Losing vision even partially makes everyday tasks and hobbies more difficult. Severe blindness for a previously sighted person just adds to the complex changes that come with ageing.

COPD or chronic obstructive pulmonary disease is chronic inflammatory lung disease causing reduced airflow to the lungs. The most direct result is loss of ability to do normal activities from lack of breath. Additionally, it can lead directly to problems with your heart, and add to the risk of diabetes and osteoporosis.

Chronic kidney disease, once it progresses, can require dialysis to survive. Living close enough to health care facilities to receive the regular three times weekly treatment is mandated.

Nervous system disorders: MS, Parkinson's, ALS. Each of these disorders, while having different symptoms and time lines to their eventual outcomes, generally lead to severe restriction of mobility as the disease progresses.

Cognition disabilities: Alzheimer's/ Dementia. When we can't find our keys many of us are immediately convinced that it's the beginning of the well-known descent to loss of memory and eventual institutionalization. Happily, in many cases, folks who can't find their keys at 60 are still living independent lives in their 80s and still can't find their keys.

While not as absolute as the need for dialysis, these chronic conditions generally require regular access to health care to ensure that the negative effects are as controlled as possible. This medical system dependency is in addition to the need re-evaluating ones housing.

Social situation, economic stress and personal habits

Poverty, poor diet, isolation, alcoholism, drug abuse and cigarette smoking, singly or in combination, can result in negative health outcomes. Long term coping with these conditions can mean that you need assistance and appropriate housing as your health deteriorates.

The survey

The seniors' survey will be distributed in March 2019 in paper form and will also be available online. More





By Area E Director Jane Walter

The RDEK Board members Committee lists have been completed. I am on these committees:

- Canadian Columbia Review Local Government Committee
- Columbia Basin Regional Advisory Committee (both of these committees are dealing with the Columbia Basin River Treaties)
- Kootenay Booth We take this booth to the UBCM Trade Show where we encourage people to come to our areas.
- Key City Theater helping with the upgrades
- Solid Waste Management Plan Review Advisory Committee (central)
- Municipal Insurance Association
- RDEK Survey

Please take time to do the survey on how you feel about the garbage and recycling process in our areas. Loree has sent out a message about this survey, if you do not get her emails you can also go to the rdek.bc.ca and look for the survey there. Solid Waste impacts every household in our area.

I have been contacted by some of the WLLID Board members about concerns of setbacks on a property for buildings and the septic fields. The setbacks which is part of the Wasa Official Community Plan and also the regulations in regards to the septic fields for new or remodeled dwellings. I have asked the staff to write a explanation of the set backs and septic regulations. This information will follow this article.

There was quite a few activities in Wasa during the month of December, that I attended and was able to help the organizations. The Lion's Christmas dinner and dance, The Tri Village Kids Club (breakfast with Santa) and the Lions Winter fest.

I want to thank the groups for holding these events. I also want to thank all of the people that volunteered at these events Without the volunteers these events could not be held. I hope everyone has a good month. If you have any questions or concerns Please call me or email me.

Set Backs & Septic Regulations: For this month's article, I thought it might be helpful to provide an overview of some of the particulars with regard to the process when a single family dwelling is constructed.



One of the important things to keep in mind is that there is no "one size fits all" as a property's location, size and zoning will be unique to each application. Having said that, the following information may be useful with regard to the zoning regulations and building permit process.

The zoning regulations for Area E do not contain any direct limitations on the size of a residence that can be constructed. The zoning regulations contain limits on building height, percentage of parcel coverage, setbacks from property lines, etc., but no cap on the amount of internal floor space or the number of bedrooms. If a building permit application meets RDEK bylaws then the RDEK must issue the permit. If the building permit application did not meet RDEK bylaws and a variance was needed, then the applicant must undertake a development variance permit application process.

When it comes to septic systems, there are two steps that have to be satisfied. Prior to the issuance of a building permit, the RDEK has to have received assurance from a Registered Onsite Wastewater Practitioner (ROWP) that they have been engaged on the project and that:

- (a) They will be installing an approved septic system that will meet the anticipated occupancy of the proposed dwelling; or,
- (b) That the existing septic system is designed to adequately meet the needs of the anticipated occupancy load.

Once that assurance has been received (and all other conditions of the permit application are satisfied), the building permit can be issued. Before the homeowner can receive an occupancy permit, the RDEK must receive a copy of the approved Interior Health filing forms if a new system has been installed or an existing system has been altered. The occupancy permit will not be issued until the RDEK has received the copy of these registered and approved Interior Health forms.

If anyone has questions about the zoning regulations in Area E, the conditions for issuance of building permits, or even very specific questions about their property or proposal, the staff at the RDEK are always happy to help. compiled by Loree Duczek

What? Winter Fest 2018

by Nowell Berg

Over 300 Wasa and area residents, women, men and children, showed up at the Wasa community grounds for fun, food and fantastic weather for the Winter Festival.

Many participants commented on the amazing weather, mostly sunny and warm on Saturday, December 30th. Several long-time residents said they had never seen such warm temperatures at the end of the year. Indeed, last year's event took place with lots of snow and a lot colder temperatures.



Thanks to Lions volunteers the ice rink easily hosted a game of hockey. Mostly children and a couple of adults slapped the biscuit into the basket. The no-hockey rink saw wee tykes learning to take their first steps / strides on the ice.



Not to be outdone, curling made an appearance offering sand filled red and blue jugs to throw down the ice hoping to stop close to or land on the centre button.

Thanks to more Lions, hot soup, beef on a bun, hot dogs and smokies nourished attendees who also enjoyed coffee and hot chocolate. Several dozen delicious muffins were spotted at the condiments table. Taste buds not far away.

Many thanks to Sherry, Ron, Sarah and Sharon for keeping the bannock hot and fresh. Sherry said they do this yearly in honour of her father, Peter Vereshagen, who started the bannock tradition years ago.



Everyone, young and old, enjoyed a wagon ride provided by the folks at Ft. Steele.

It was a great afternoon for meeting friends, old and new, watching families enjoy the outdoors and renewing our community spirit.

Thanks for all the volunteers who made this a fun event.





The December Buzz reaches new heights at the 450 metre level of the tallest tower in the world, the **Skytree Tower in Tokyo Japan**.

Photo by Clay Tippett

Email your photos with "The Buzz". Your picture will be featured in the current issue of the Buzz and your name will go into a draw for the "2019 Where do you take Your Buzz" contest. Email: trivillagebuzz@gmail.com

From the Ashram

Words of Wisdom



Silencing your mind to

destroy stress Stress is not at all a modern disease. We often wrongly think that stress is related to our modern way of life, but stress has always been part of all human lives, just as it's been a part of the life of every animal on this planet. Stress and fear are the same. Even though, as a human, you're not afraid of being eaten by a bigger animal, you are stressed for a myriad of other mental and emotional reasons. Stress does not exist outside of yourself, it only exists within you. Stress is defined as pressure or tension exerted on a material object. In the same way, stress is a feeling of pressure and tension exerted upon our waking consciousness. Stress is then a state of mental or emotional strain or tension resulting from adverse or demanding circumstances. Yet all of this stress only exists in your head, in your mind, and in the story devised by your very specific way of perceiving your personal, individual reality through the delirium of the

If you faint and become unconscious or if you fall into a deep sleep, then stress disappears. It does not exist anymore for the very reason that in those states, there is no mind, no attachment, and no worries concocted by your mind. It is then very easy to conclude that if stress only exists in your mind, and that it does not exist when there is no mind, it means that mind and stress are the same.

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More precisely, it is the mind activity which creates stress and suffering. When you are stressed and tense, you lose the ability to face life's challenges. You also develop a greater tendency to pessimistically deform reality because you are more dependent on the negative sides of things expressed by the mind. Rather than undergoing stress by making it an integral part of your life, it is far more interesting to destroy the very source of stress by gradually silencing the thinking process that causes that stress. When we say that the mind is stress, or that the mind is stressing, it is because the mind is constantly creating oppositional thoughts, associations of ideas, opinions and more or less comfortable certitudes which are all so disconnected from the reality that they put you in a position of contradiction which exerts a constant pressure upon your inner atmosphere.

In order to get rid of stress, one must reduce the cause of stress by learning how to silence the mind.

You cannot silence the constant producer of thoughts by new thoughts. Thoughts exist because of our dependence upon our past and future. "What have I done?" or "what will I do?" It's easy to realize that stress exists because we mentally travel on a timeline... regretting the past or being worried about the future. We do not stress here and now; we only stress because we are not here and now.

So if you want to silence your own mind, you absolutely need to come back here and now where you are. No matter what you are doing, simply focus on where you are with what is surrounding you at this very moment. You will then easily realize that "here and now' there is no reason for you to be stressed and that you can allow yourself to be quiet and secure. When you are here and now, even for two or three minutes at a time (as often as possible), stress vanishes like magic. And it is then easy to become the witness of all the craziness created by your mind and the absurdity which does not exist here and now where you are. By coming back here, now, in the simple reality of the moment where you are, it is like taking a vacation from all mental reasons for stress and it is so pleasant and so relaxing. This exercise is essential to your inner freedom. "Think less, Be more!!!" That is the motto of a true Yogi of our modern times. May this short teaching bring you many occasions to silence your own mind in order to destroy all causes of stress. Through this way of being... may happiness, tranquility and serenity be a part of your daily activities.

Warmly with you from the bottom of my heart. I wish each of you an excellent and happy New Year 2019. Om Om Om

Venerable Gurudev Hamsah Nandatha Adi Vajra Shambhasalem Ashram, Wasa, BC, Canada

Venerable Gurudev Hamsah Nandatha has withdrawn from regular public teachings to intensify his prayers and meditations for the world. However, you can be notified of occasional lectures by requesting to be on our emailing list. Visits of the Ashram are by appointment only.

For more information, please contact the Ashram at ashram@adivajra.ca or (250) 422-9327.

WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

DANGER THIN ICE!

by Kathy Mccauley

There are areas on the lake that are more prone than others to thin ice, particularly when the ice is first formed and when it starts to melt in the spring. There has already been at least one incident where skaters have fallen through the ice. Sources say there are several springs flowing into the lake that contribute to soft ice. Please know where you are going and be very cautious!

FIRESMART COMMUNITY ASSESSMENT REPORT

Last fall, a Firesmart Community Assessment Report was released which explains not only the area wildfire hazard, but also potential trouble spots on private properties. Most importantly, it states what individuals and the whole community can do to reduce fire danger. The report has been posted on the Wasa Community Facebook page and our homepage at www.wasalake.ca

The Wasa Volunteer Fire Prevention and Suppression initiative (WVFPS) is currently busy gathering a contact list of people so they can create a phone tree call-out system in the event of fire. If you are interested in being on this list, or helping in any way, please email waterer@shaw.ca

The next regular board meeting will be held at 7 PM on February 18 at our office in the basement of the Wasa Community Hall. Everyone is welcome to attend. Check the website at www. wasalake.ca to confirm the schedule and download the agenda. **WLLID TRUSTEES**

Did You Know?

- Preserved footprints of three tyrannosaurs, all heading in the same direction, were discovered near Tumbler Ridge in 2011, marking the first time the footprints of more than one tyrannosaur have been found close together. Scientists speculate the prints suggest the predator may have hunted in groups.
- The Canadian record for greatest rainfall in one day 489 mm was set in Ucluelet on Oct. 6, 1967. The record still stands.
- Whistler is named after the hoary marmot, a rodent nicknamed "whistler" because it gives a sharp piercing whistle to warn of danger.

Do you have any interesting trivia to share? Something silly? outrageous? never heard of? Submit your "brain bits" to the Buzz for everyone to enjoy:)

Where Have All the Turtles Gone? by Bryon Kernaghan

When I first moved to Wasa area, almost forty years ago, one thing that I enjoyed was the sightings of our turtles around the lake. Many times I would stop the car and get them off the roads, where they were in danger of being run over. As the years have gone by, there have been less and less of the pretty little critters and I've always wondered why. I thought, maybe the water they live in had become a bit polluted, or the vehicles were taking more than their toll. In any event, now it's very unusual to go through the warm part of the year and even see one or two and, of course, that's sad for all of us. I was mystified.

After watching a USA Conservation report, I think the answer is now out there. Turtles have become the favourite 'fast food' of various predators, crows and ravens included. Western Painted Turtles are threatened by shoreline development, intensive recreational use, road mortality, and nest predation by raccoons, other predators, and/or free-roaming pets. Painted Turtles require very specific freshwater habitats that are threatened by rapid urban development.

So next time you see one of these disappearring critters, give him the right of way - help him along.



WASA COMMUNITY LIBRARY

Open Tuesday 11:00 am to 1:00 pm or by appointment (call Marg Burrin @ 250.422.3565)

Located in the basement of the Wasa Hall

Submitted by Judy McPhee

WE HAVE THREE INTERESTING NEW BOOKS IN OUR LIBRARY

BELONGING by Michelle Obama

Three million books sold the first two weeks of issue. It is an excellent read. Michelle writes about her life from the early years of growing up in Chicago with her brother, Craig and her parents, Fraser and Marian Robinson, who stressed education and intellectual development - to her last walk out of the White House on Jan. 20, 2017 with her family accompanying Donald and Melania and family to the inauguration ceremony.

EDUCATED by Tara Westover

This is a heart wrenching and inspirational book about her life. Growing up in Idaho with Mormon parents, six siblings and only a few grades of education, Tara was encouraged by her older brother to further her education.

She homeschooled herself to receive the equivalent of a high school education and went on to Bingham University in Utah, Cambridge University in England and Harvard University in Massachusetts, receiving her PhD.

REDEMPTION by Yvonne Harris

A tragic story of love and redemption. It is based on true historical events on the Oregon Trail, the Dover Pass and the Fraser River in B.C. from 1846- 1858.

Another "hard to put down" book you will learn from and reflect on.

A quote by John Dewey

"I believe finally that education must be conceived as a continuing reconstruction of experience; that the process and the goal of education are one and the same."





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A snowflake is winter's butterfly



BE AN ARMCHAIR TRAVELLER

By Kathy Mccauley



THE ARMCHAIR TRAVELLER IS **BACK AGAIN IN 2019**!

All presentations begin at 7:30 PM at the Wasa Community Hall.

JANUARY 31st THURSDAY

BALTIC by Alex and Heather Jensen

The arts and culture of Poland, Baltic States and St Petersburg, including history and accounts of the Russian occupation

FEBRUARY 14th THURSDAY

ZIHUATANEJO by Nowell Berg

Lots to see in Pacific coastal old town of Zihuatanejo, Mexico

FEBRUARY 28th THURSDAY

ADVENTURES IN TRUMPLAND Gerry by Warner

MARCH 14th THURSDAY

SCOTLAND by Cliff Youngs

On the Whisky Trail through Islay, Highlands, and Speyside

MARCH 28th THURSDAY

A TASTE OF ASIA by Sharon Prinz

From Singapore to Hong Kong with Thailand, Cambodia, Vietnam and China in between.

Please join us for great shows, a visit wth your neighbours and refreshments! Admission by Donation - All proceeds donated to the upkeep of the Community Hall.

HELP STARTS HERE... HELP **STARTS** HERE.....

VICTIM SERVICES 250.427.5621 Call Anytime 24/7



Carrot Soup

A simple yet luxurious carrot soup recipe topped with fresh chives that takes just 10 minutes to prepare. Go on, let your hob do all the work tonight...

- 2tbsp olive oil
- 600g (1 1/4lb) carrots, chopped or grated
- 2 onions, chopped
- 2 stalks of celery, chopped
- 1 1/2l (48 fl oz) chicken stock
- 100ml (3 1/2 fl oz) whipping cream
- Chives, snipped, to serve

Heat the olive oil in a large saucepan over a medium heat. Add the carrots, onions and celery, and fry for about 5 minutes. Add the stock, bring to the boil and simmer gently for 25 minutes, or until tender.

Remove the soup from the heat and leave to cool slightly before blending until

Whip the cream until it forms soft peaks. Ladle the hot soup into teacups and spoon 1 tbsp whipped cream on each. As the soup heats the cream, it will smooth out on the top. Sprinkle with snipped chives and celery salt.

The soup can be made up to 2 days in advance. Serve topped with freshly whipped cream.

WE ARE HIRING Join the Lantz Farms Team!

Seasonal Farm Work & Equipment Operators Lantz Farms, Highway 93/95 Wasa, BC

Send your resume to: lantzfarmsbc@gmail.com Deadline: March 15, 2019



Cranbrook · Kimberley HOSPICE SOCIETY

20-23rd Avenue South, Cranbrook, B.C. V1C5V1 Phone: (250) 417.2019 Fax: (250) 417.2046: Toll Free #: 1.855.417.2019 Email: hospice1@telus.net Website: www.ckhospice.com

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> Call 250.417.2019 Toll Free 1.855.417.2019



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The Klone

Wasa and District Lions Club Serving Wasa and Area since 1976 By Laurie Kay

Outdoor Rinks

The warm weather has made it difficult to have the rink always available for use. We flood for a few nights and lose the ice a few days later. Hats off to the maintenance teams who have worked hard to give us ice to date. Let's have some colder weather, but not too cold. A plan to upgrade the rink lighting system is in the works. There are some safety issues that must be addressed and more energy and cost efficient lights will be installed.

Winter Fest 2019

Great Crowd, Great Weather, Great Food, Great Fun, Great Help, Great Success

Thanks: Cory Munro- 3 years of supplying fire wood. Fort Steele- wagon rides and baked goodies. The Bannock Gals and Guy. Bridge- free use of tent. All those who donated on the day. Lions, Kids Club and the many residents who helped.

Wasa Volunteer Fire Protection

The Lions have approved the use of part of the old kids games area for the storage of the fire wagon and equipment. It is a central place, with great water supply and will be secured. You can't say no the fire safety.

Work in Progress.

The kitchen floor after many years with B. C. Parks and nearly 40 with the Lions has to be replaced, probably following the last pancake breakfast this Fall. The kitchen is a valuable facility for Wasa and beyond that needs to be always available for use. Col. Basin Trust Community Grants have been submitted.

The section of torn weathered netting on the ball field will also be replaced this spring. Thanks to the Ball Team for installing.

Membership

It has been difficult to coordinate a Lions induction meeting with the schedule of our prospective new members. They are busy and love to travel, but we will get together.

Meetings

The Wasa Pub is willing to open for us on the third Tues. of each month for a private dinner meeting. They are usually closed on Tuesdays. Thanks for the offer.



The Selkirk Secondary Sports School Class made good use of the Rink in January.

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The Wasa Lions would like to thank everyone for joining us at the 5th annual Winterfest. Thank you to all the volunteers who made this day a success.

A special thanks to The Vereshagen Family for the Bannock, Fort Steele Horse drawn wagon,



Fort Steele Bakery, Cory Munro for the fire wood, and **Bridge Interiors** for the Tent.

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www.wasagasandfood.com

Safety guidelines and things you need to know:

- ☐ Minimum of 2 people in the Gym at all times
- ☐ All users must sign in with date and time
- ☐ All users must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- ☐ All users are required to wear "gym shoes" no street shoes permitted
- ☐ All users must use the safety key on the Walking Machines
- ☐ Cost is a loonie or twoonie
- ☐ Have fun and be safe!

For Gym Schedule Please Contact:

- Sonia Blackwell at 250.422.9201 or
- Rod at 250.422.3253

We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.

submitted by - Sherry Shields

Winter is a quiet peaceful time at the garden, at times covered with a blanket of snow.

Reminder:

When visiting the garden please keep gate closed.



2019 Columbarium Niche & Plaque Costs

UNIT 1 Columbarium

Upper levels \$1000.00 + engraving

Botton Row - \$900.00 + engraving

UNIT 2 Columbarium (new)

Niche cost - \$1100.00 + engraving

Niche engraving - \$275.00

Memorial Plague - \$300.00

3YM HOURS AND

Z

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Contact info:

Pat Walkley @ 250.422.3530 or pwalkley@shaw.ca

~Just whisper my name in your

heart and I will be there~

Who can tell me where this gem is found?



Columbia RELEASE NEWS RELEASE

STUDENTS "DO AND LEARN" IN THEIR WILD BACKYARDS



Environmental education programs have immediate and long-lasting effects

With patches of snow on the ground, it's a day for jackets and hoods up to protect ears from the cold. It's Wednesday, November 14, 2018, and a group of ninth graders is traipsing across an abandoned hay field outside Cranbrook with loppers and shovels in hand. The kids have taken tree cuttings, known as live stakes—of willow, cottonwood and more—and are planting some now and leaving some to plant next spring. The goal: to help restore the field into a functioning wetland.

This group is doing its final project after participating in Know Your Watershed, an environmental education program Columbia Basin Trust developed in partnership with Wildsight. Not only are the students learning what makes a healthy watershed—one of the program's goals—but the tree-planting day also ties into what they've been studying in biology class.

This is the fifth year teacher Dawn Hildebrandt has taken advantage of the free program for her students—and she says the students are always overwhelmingly positive about the experience. "Over the years, when we get back together in the classroom, almost every kid has something to say, because they actually participated in everything. It's not a watch and learn—it's a do and learn."

Renewed Partnerships

To increase opportunities like these, the Trust is renewing its commitment to environmental education programs in the region, with nearly \$1.3 million over the next three years. It's one of the ways the Trust is delivering on its Environment Strategic Plan goal to engage Basin residents in learning about the Basin's diverse landscapes, waterways and ecosystems, and how to care for them.

"We're partnering with the Columbia Basin Environmental Education Network and Wildsight to engage students through in-class studies, outdoor experiences and in-depth projects to build their personal connections with nature," said Johnny Strilaeff, Trust President and Chief Executive Officer. "The more that Columbia Basin residents of all ages know about the outdoors and spend time in it, the more they will take care of it now and in the future." The funding will support three things.

First is the Trust's Know Your Watershed program, delivered by Wildsight, which helps grade nine students in the Basin understand where their water comes from, how it is used and where it goes after it's used. Last school year alone, this program reached 1,300 students.

Second are the four Education in the Wild programs run by Wildsight,



which teach about 3,600 students a year about the ecology of their "wild backyards." Activities include dipnetting for bugs, discovering the web of life on the forest floor, examining snow crystals and following animal tracks in the snow.

Third is the Columbia Basin Environmental Education Network (CBEEN), which encourages environmental stewardship and sustainability in the Basin by supporting environmental educators. In the past year alone, CBEEN has provided a variety of training opportunities and resources to 750 educators. CBEEN also runs the Wild Voices for Kids program, which teaches about 5,000 students a year about the environment, natural history and culture of the Basin

Read the full story here: https:// stories.ourtrust.org/students-do-andlearn-in-their-wild-backyards/

The BUZZ needs you!

The new year brings a lot of new changes and we are looking for volunteers!

Howwouldyoulike to tryyour hand at submitting one of the following?

- Fun page
- · History Bytes (or similar)
- Articles of interest

Or would you rather be "on staff" as our Item Coordinator?

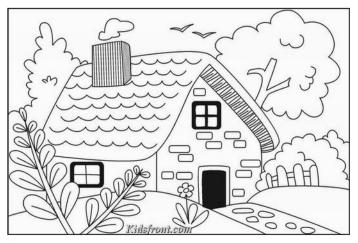
Email: trivillagebuzz@gmail.com or call Lori @ 250.417.1570



Donate your pop cans & liquor bottles (no dairy please), to the Wasa & District Lions Club to help with their scholarship fund. Please call Vall @ 250.422.3499 to make arrangements for drop off at the Lions Grounds

So much of who we are is where we have been.

William Langewiesche





What do you call a very small Valentine? A valentiny

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Want something fun to do with your spare time? We are looking for a new "Fun Page" submitter!



THE FUTURE OF WASTE IN THE EAST KOOTENAY

Posted on Friday, January 11, 2019 By Robyn Duncan Posted in: Sustainable Communities, Wildsight

Do you want community composting? More reuse centres in our region? If you live in the Regional District of the East Kootenay (RDEK), **now is the time to have your voice heard.**

The RDEK is working on a new 10-year plan for waste management and is looking to hear from you. While municipalities manage the garbage pick-up and transportation to transfer stations, the regional district is responsible for long-term waste management services in our region, including transfer stations, landfills and recycling centres. They could also be the ones to bring community composting systems to our communities, add recycling door to door pick-up services and increase the number of reuse stores at our



door-to-door pick-up services and increase the number of reuse stores at our transfer stations.

Worldwide, we are experiencing a waste crisis. We read about the overwhelming issue of plastic, the floating islands made from plastic waste and see images of wildlife, like whales, turtles and birds, who are dying from eating plastic. Added to that, climate change is already bringing climate weirding to our everyday lives. By managing waste differently, we can reduce GHG emission levels while waste is breaking down, particularly with organics. Read more on the state of plastic in Canada in a recent CBC MarketPlace investigation.

Now is the perfect time to make long-term commitments in the RDEK to invest in community composting, more reuse centres at transfer stations and to increase the range of recycling accepted in our region. After recent community compost pilot projects in the Elk Valley and Columbia Valley, there was a lot of support for long-term implementation. But, we need collaboration between the regional district and municipalities to make a centralized system a reality.

Adding in new waste management systems would also reduce the stress on our landfills. The Elk Valley landfill is phasing out and waste will now be trucked to the central landfill in Fort Steele, which has an estimated lifespan of 100 remaining years. By increasing waste diversion, we could lessen the load and increase the lifespan of this landfill. Read more about the central landfill here: https://wildsight.ca/blog/2018/01/09/waste-and-diversion-in-the-east-kootenay-part-ii-the-landfill/

Take a minute to let the Regional District know that you want to see our communities invest in waste diversion like community composting.

While significant improvements have taken place and efforts are constantly being made to improve waste diversion, as of 2015, 10% of materials were recycled, 23% were diverted and 67% were landfilled in the RDEK. Glass, one of the more commonly recycled materials in the yellow bins, is often crushed and buried in the landfill. Despite the high energy inputs required to make glass and the ease of recycling it, the global marketplace has shifted and low demand means the glass goes to the dump rather than being reused. Read more on the state of recycling in the RDEK here: https://wildsight.ca/blog/2017/11/12/waste-and-diversion-in-the-east-kootenay-part-i-recycling/.

You have until February 25 to have your say in the future of waste management in the RDEK. **Please** take a minute to support more waste diversion in our communities!

FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Church 10:30 a.m.	4	5 Wasa Lions Mtg 7 p.m. Wasa Hall	6	7	8	9
10 Church 10:30 a.m.	11	BINGO 6:30 Early 6:45 Regular	13	14 Valentines Day Armchair Traveller	15	16
17 Church 10:30 a.m.	WLLID mtg 7 p.m.	Wasa Lions Mtg 7 p.m. Wasa Hall	20 Love Your Pet Day	21	22	23
24 Church 10:30 a.m.	25	26	27	28 Armchair Traveller		

• Church Service 10:45 am

BINGO 6:30 p.m. Lions 7:00 p.m.

Rec Society 7:00 p.m.Quilters 10am - 4pm

Library Tuesdays 11am - 1 pm

TOPS Fri 8:30 a.m. Weigh in & Mtg. 9 -10 a.m.

Armchair Traveller 7:30 pm

Special Events and Days Down the Road.

- Jan 31st Armchair TravellerBaltic by Alex and Heather Jensen
- Feb 14th Armchair Traveller
- Zihuatenejo by Nowell Berg
- Feb 28th Armchair Traveller
 Adventures in Trumpland by Gerry Warner
- March 14th Armchair Traveller
 Scotland by Cliff Youngs
- March 28th Armchair Traveller
 A Taste of Asia by Sharon Prinz
- June 8-9th Wasa Triatholon

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